

0%

**i Go ahead.** You can test the study daily\_survey now.



# Welcome to the daily survey. Please fill out the survey below.

## Subjective Well-Being

The following words describe different kinds of feelings and perception. Read every word and mark the intensity on the scale. You have the choice between five gradations. Please indicate how you felt today. German translations are provided in parantheses.

active (aktiv) not at all 

1	2	3	4	5
---	---	---	---	---

 extremely

distressed (bekümmert) not at all 

1	2	3	4	5
---	---	---	---	---

 extremely

excited (freudig erregt) not at all 

1	2	3	4	5
---	---	---	---	---

 extremely

irritable (gereizt) not at all 

1	2	3	4	5
---	---	---	---	---

 extremely

enthusiastic (begeistert) not at all 

1	2	3	4	5
---	---	---	---	---

 extremely

nervous (nervös) not at all 

1	2	3	4	5
---	---	---	---	---

 extremely

0%

inspired (angeregt)

not at all

1	2	3	4	5
---	---	---	---	---

extremely

jittery (durcheinander)

not at all

1	2	3	4	5
---	---	---	---	---

extremely

determined (entschlossen)

not at all

1	2	3	4	5
---	---	---	---	---

extremely

upset (verärgert)

not at all

1	2	3	4	5
---	---	---	---	---

extremely

[Continue](#)