

35%

Information and Communication Technology (e.g., Laptop, Tablet and Smartphone) Usage - ICT Usage

How often did you experience the following situations in your work / studies today?

I completed a lot of work with ICT.

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

I worked fast with ICT.

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

I learned new ICT skills and abilities.

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

I used a broad set of ICT skills and abilities.

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

I solved complex problems with ICT.

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

Where there negative aspects to your ICT usage?

I gave in to interruptions and distractions caused by ICT (e.g., social media, WhatsApp messages).

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

I experienced major troubles or hassles with ICT (e.g. distracting notifications).

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

I had troubles dealing with how I had planned to use ICT and how I actually used ICT.

formr-test-run

never

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|

extremely often

Continue

t-Gr4WsmXj () (https://formr.org/run/formr-test-run)

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▶▶ (https://formr.org/run/formr-test-run/monkey-bar/click-next-in-run)