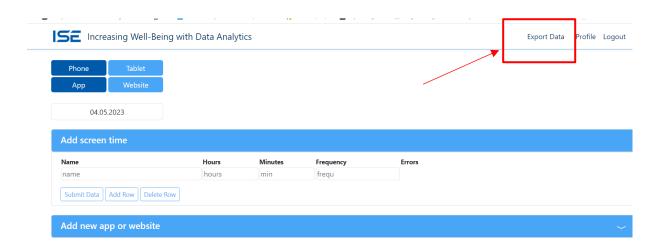
Calculation of Average Screen Time

To export your data, click the "Export Data" button



Import your data into R:

Take just your app data, because the web browser time has your website data already included:

Calculate the sum for each day:

summe = aggregate(df\$time_spent, list(df\$date), sum)

Calculate the total mean of you Screen_time:

mean(summe\$x) # In seconds

mean(summe\$x)/60 # In minutes