BeatBox

Group 5 – Design Thinking and Electronic Prototyping

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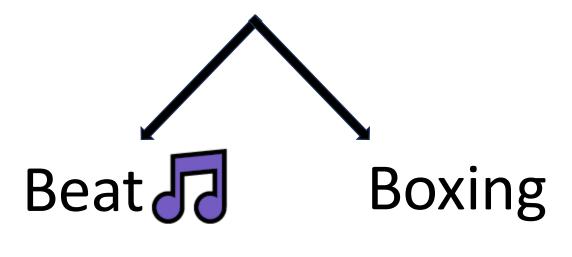
OUTLINE



DESIGN CONCEPT



BeatBox



Intended Users:

- People who are interested in boxing, especially beginners
- People who need to engage more in physical activities

Problem: More than **80**% of adolescents and **27**% of adults do not meet the recommended levels of physical

activity. [1]

Why?

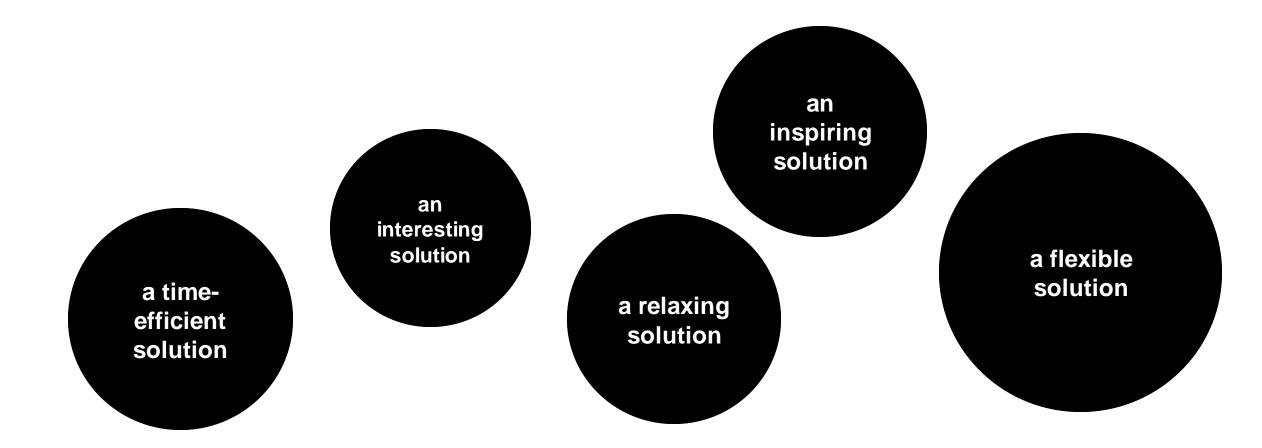
difficult to incorporate exercise into daily routine

increased screen time lack of interest in physical activities.

academic pressures

work and family responsibilities

How to address the problems?

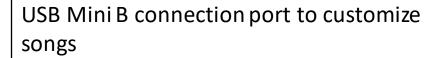


BeatBox has all the attributes.



11L x 6W x 4.36H dimension, easy to carry

Speaker to play songs and button to change songs. LED provides visual effects.



Number of punches: 39
Maximum velocity: 5.16 m/s
Workout session: 171 s

Can measure statistics: velocity, frequency, session length







<u>Link to</u> <u>external</u> <u>media</u>

Other device that aid boxing on the market and their problems:



Reflex ball: Require extreme accuracy → not suitable for beginners

Other device that aid boxing on the market and their problems:



Punching pad/bag: Require certain experience/strength to avoid wrist injury

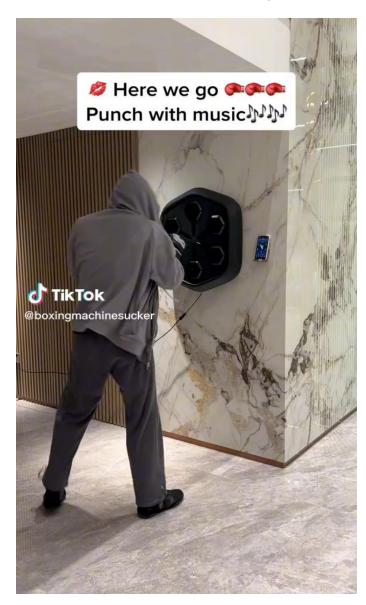
→ not suitable for beginners



BeatBox is an injury-free device, suitable for beginners of all ages

DESIGN PROCESS

I. Idea exploration





- Too big and heavy
- Few real benefits
- Easily lead to broken, accidents

Link to external media



- Safer
- Still play music
- Smaller and compact
- Real benefits



II. Technical study



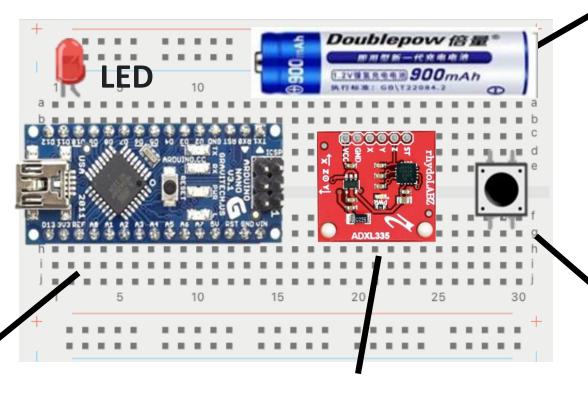
Speaker CMS-28528N-L152B

- + Diameter: 28mm
- + Minimum voltage 4V

Arduino Nano

- + Compact
- + Work with Mini-
- B USB cable2

An 84x56mm breadboard acts as a base



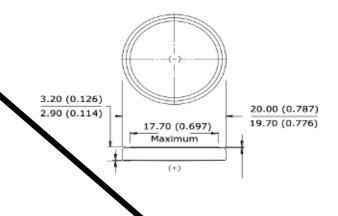
Battery (addition)

- 1.2v 900mAh

AAA rechargeable battery

CR2032 battery holder

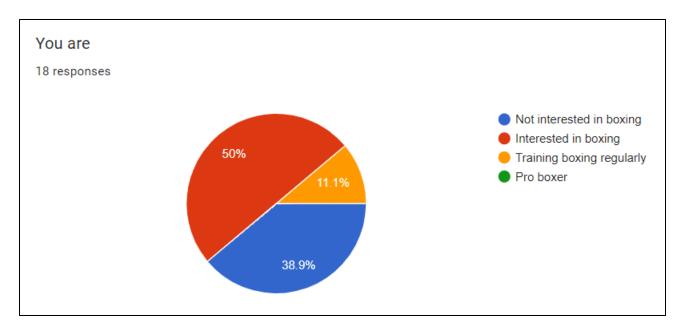
- + 3V
- + 51x32x6mm

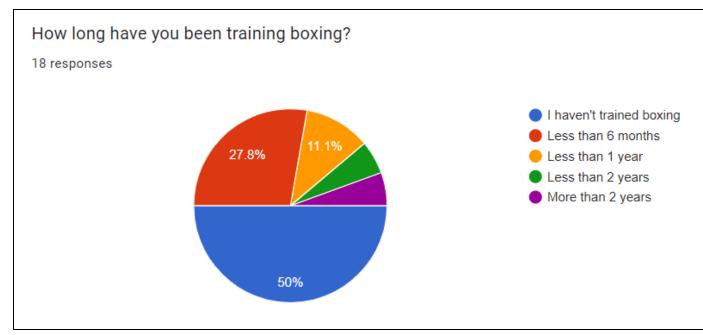


Accelerometer ADXL335

- + Measure acceleration resulting from motion
- => Convert into velocity
- + Output unit: mV/g

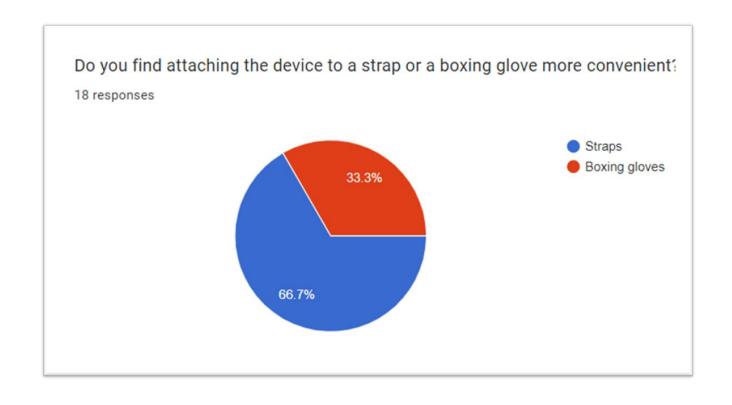
Pushbutton



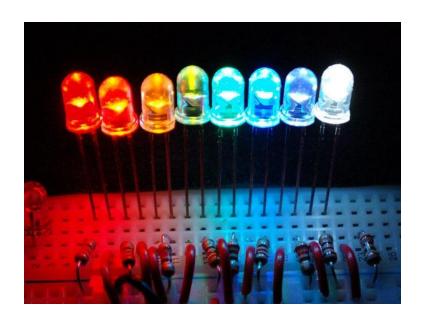


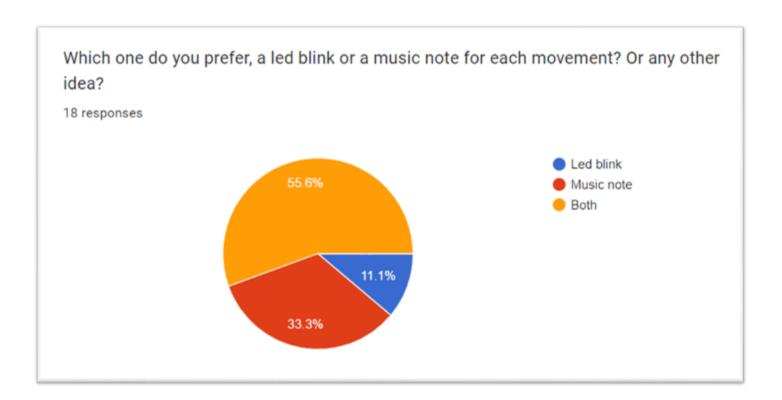
Boxing gloves → Velcro straps





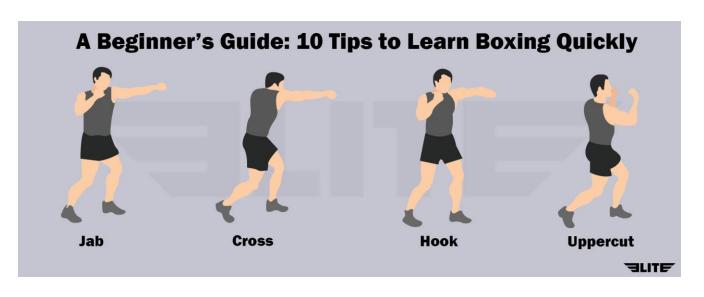


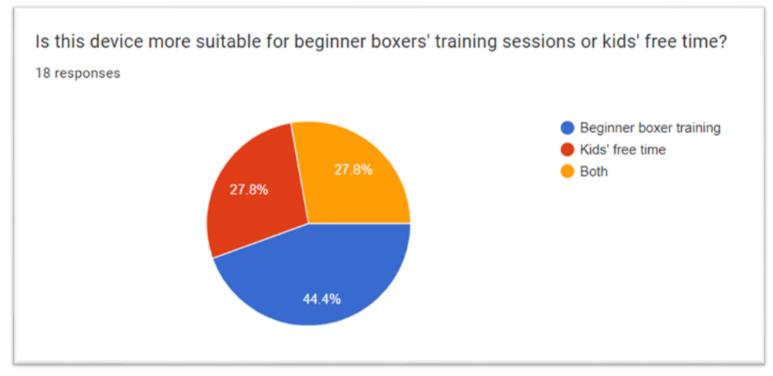




• Just music notes → both LED and music notes

• Kid's toy → beginner's device

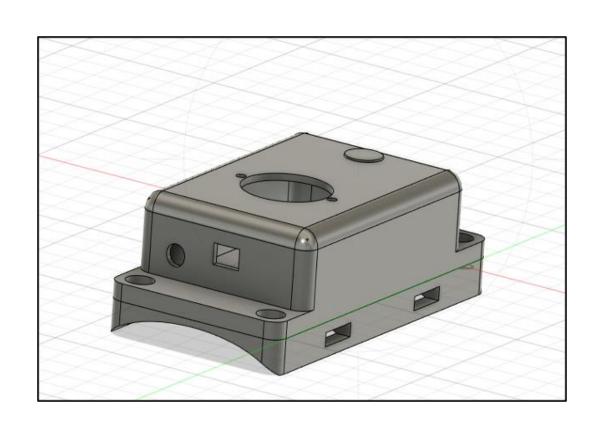


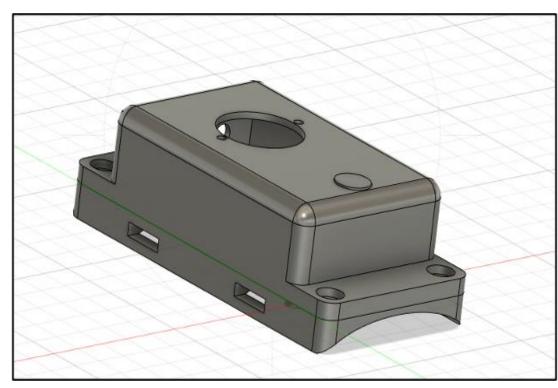


IV. Iterations with sketches and prototype

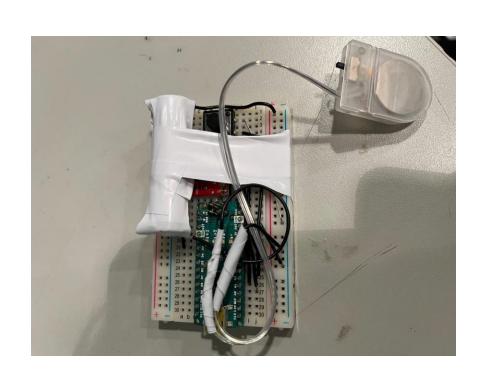


IV. Iterations with sketches and prototype





IV. Iterations with sketches and prototype





DEMO

Can

Entertainment:

- + Play a note in a song
- + Light the LED
- + Customize the song

Productivity:

- Show user's statistics:
 - + Number of punches
 - + Maximum velocity
 - + Workout session time

Cannot

- Enable two hands
- Use another battery
- Not easy access to the statistics
- Customize the song requires programming
- Not stable when having strong punch

THEEND

Thank you for your attention!

Reference

• [1] "The Global Status Report on physical activity 2022," World Health Organization, https://www.who.int/teams/health-promotion/physical-activity/global-status-report-on-physical-activity-2022 (accessed Nov. 19, 2023).