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Interview With Gill Hasson. Gill Hasson is a teacher, trainer and writer, based in Brighton. Her expertise is in the areas of confidence and self esteem, communication skills, assertiveness and resilience. She also teaches accredited courses on the subjects of mentoring and counselling skills.

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Gill Hasson. As well as delivering adult education courses in personal development, she is an associate tutor for the University of Sussex where she teaches career and personal development and academic study skills. Gill Hasson is the author of Mindfulness: Be mindful. Live in the moment works with people from diverse backgrounds and situations.

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Gill Hasson. Gill Hasson is a teacher, trainer and writer. She has 20 years experience in the area of personal development. She is the author of 'Mindfulness: Be Mindful. Live in the Moment' and 'How To Deal with Difficult People'.

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