

***No Drama Discipline The Whole Brain Way To Calm Chaos And
Nurture Your Childs Developing Mind Daniel J Siegel***

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No Drama Discipline The Whole

A graduate of Harvard Medical School, Dr. Siegel is the author of several books, including the New York Times bestsellers *Brainstorm*, *Mind*, and, with Tina Payne Bryson, *The Whole-Brain Child* and *No-Drama Discipline*.

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The pioneering experts behind the bestselling *The Whole-Brain Child* now explore the ultimate child-raising challenge: discipline. Highlighting the fascinating link between a child's neurological development and the way a parent reacts to misbehavior, *No-Drama Discipline* provides an effective, compassionate road map for dealing with tantrums, tensions, and tears—without causing a scene.

Dr. Dan Siegel - Books - No Drama Discipline

No-Drama Discipline is one of the best parenting books I have read. Gone are the days of spanking, time-outs and other distancing, damaging methods of discipline. While those ways often escalate the tears, anger, frustration (parents' and kids'), the tools presented in this book are calming, connecting and life-changing.

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