

Solitude A Return To The Self Anthony Storr

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Solitude: A Return to the Self: Anthony Storr ...

Storr, an Oxford professor of psychology (a Jungian from what I can gather) discusses solitude, its benefits, some of its perils, and its basic impact on the human mind. For Storr, solitude is an important part of a healthy human life, though it plays different roles for different people.

Solitude: A Return to the Self by Anthony Storr

Solitude: A Return to the Self – Anthony Storr Posted on 04/12/2018 03/05/2019 Author elif Solitude was a book I'd discovered while I was wandering around books in one of my favourite bookshops in London.

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Solitude: A Return to the Self. New York, Free Press, 1988; HarperCollins, 1989. This is an essential book for the psychology of solitude.

Storr, Anthony. Solitude: A Return to the Self. - Hermitary

Storr's celebration of creative solitude is a counterbalance to the chorus of self-help books extolling interpersonal relationships. This British psychotherapist links the capacity to be alone with sel

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Anthony Storr contrasts the significance of human relationships with the power of solitude in this engaging look at the nature of solitude. The importance of the impersonal part of the human condition and its value for creativity and life is the message of Storr's thoughtful meditation and exegesis.

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