

*Smile At Fear Awakening The True Heart Of Bravery Chogyam
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Smile at Fear - Shambhala Publications

Smile at Fear Quotes. When people are embarrassed by themselves, there is no fearlessness involved. However, if someone is willing to look at himself or herself, to explore and practice wakefulness on the spot, he or she is a warrior. "Warrior" — Chögyam Trungpa , Smile at Fear:

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Book review: Smile At Fear: Awakening the True Heart of Bravery (Chogyam Trungpa Rinpoche) ... urging the reader to conquer fear not through suppression or macho posturing, but instead through embracing and understanding fear and its sources, which is the real battle. ... (the teachings are always relevant). Smile At Fear is a book that should ...

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