She Comes First The Thinking Mans Guide To Pleasuring A Woman Ian Kerner

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She Comes First The Thinking

She Comes First: The Thinking Man's Guide to Pleasuring a Woman (Kerner) [lan Kerner] on Amazon.com. *FREE* shipping on qualifying offers. As women everywhere will attest, men are ill-cliterate. Most guys know more about what's under the hood of a car than under the hood of a clitoris. But in the world of She Comes First

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Most Helpful Customer Reviews. This book She Comes First: The Thinking Man's Guide to Pleasuring a Woman by Ian Kerner, PhD should be required reading for all men. Kerner, who admits suffering from pre-mature ejaculation, went on an odyssey to discover how he could satisfy his women lovers.

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She Comes First: The Thinking Man's Guide to Pleasuring a ...

About Ian Kerner. Ian Kerner is a nationally-recognized sexuality counselor and New York Times best-selling author of numerous books including the ever-popular She Comes First (Harper Collins). He writes a well known column for CNN and can often be seen on the TODAY Show and the Dr. Oz Show amongst others.

She Comes First: The Thinking Man's Guide to Pleasuring a ...

She Comes First: The Thinking Man's Guide to Pleasuring a Woman. According to Ian Kerner, clinical sexologist and evangelist of the female orgasm, oral sex has long been deemed an optional aspect of foreplay, but, in fact, it's coreplay -- simply the best way for leading a woman through the entire process of sexual response.

She Comes First: The Thinking Man's Guide to Pleasuring a ...

Review. She Comes First is first and foremost an instruction manual for cunnilingus, as well as an argument for why this is the most effective way to pleasure a woman. Still, there are also chapters on incorporating manual stimulation (a very important complement to cunnilingus), transitioning to intercourse and practical information on safe sex,...

She Comes First: The Thinking Man's Guide to Pleasuring a ...

How one man's enduring obsession with pleasing women orally led to a mind-numbingly thorough how-to guide. Thirty-seven and diminutive, but boyishly handsome, he's a sex therapist who has written She Comes First: The Thinking Man's Guide to Pleasuring a Woman, a Chilton's manual for cunnilingus.

A cunnilingus how-to guide - She Comes First: The Thinking ...

"Every man's must-read. Tell your guy to put down the remote and pick up She Comes First."
—Cosmopolitan Ian Kerner offers a radical new philosophy for pleasuring women in She Comes First—an essential guidebook to oral sex from the author of Be Honest—You're Not That Into Him Either. The New York Times praises Kerner's "cool sense of humor and an obsessive desire to inform ...

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She Comes First: The Thinking Man's Guide to Pleasuring a ...

She comes first. The outer lips From woman to woman, and often on the same woman, no two lipsare analogous to the male scrotum, and both were formed from the are the same. Some lips are narrow; others wide; some curl inward, same embryonic tissue. Although sensitive to touch, the outer lips others flare outward.

She comes first - SlideShare

She Comes First, by Ian Kerner, is a witty, well-researched and revealing guide to bringing a woman to orgasm every time through cunnilingus. Oral sex has long been regarded as foreplay, a mere prelude to intercourse; now, Ian Kerner ushers in a new sexual era where it can be the focus of sexual "coreplay".

She Comes First: The Thinking Man's Guide to Pleasuring a ...

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The title of this book, She Comes First Summary, is a pun. Now look back at the title and read the subtitle once again: "The Thinking Man's Guide to Pleasuring a Woman." Yes, that's exactly what lan Kerner's book is all about.

She Comes First PDF Summary - Ian Kerner | 12min Blog

She Comes First: The Thinking Man's Guide to Pleasuring a Woman, by Ian Kerner, Audiobook Trailer "Every man's must-read. Tell your guy to put down the remote and pick up She Comes First."

She Comes First: The Thinking Man's Guide to Pleasuring a Woman, by Ian Kerner, Audiobook Trailer

This dark question emerges from the pages of She Comes First: The Thinking Man's Guide to Pleasuring a Woman, a new book that promises to "solve the mystery of female satisfaction." The ...

The murky aims of She Comes First. - slate.com

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Once the listener of She Comes First gets past the author's nonchalant tone of speaking about such a difficult subject, there is so much to learn. I think everything is in this book- somewhere, which brings me to my only problem.

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"Every man's must-read. Tell your guy to put down the remote and pick up She Comes First."
—Cosmopolitan Ian Kerner offers a radical new philosophy for pleasuring women in She Comes First—an essential guidebook to oral sex from the author of Be Honest—You're Not That Into Him Either. The New York Times praises Kerner's "cool sense of humor and an obsessive desire to

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