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Teaching Yoga Exploring The Teacher

Mainly geared toward Yoga teachers, I find this book to be quite useful for Yoga students as well, giving them an inside view on what Yoga teachers experience. Even if I hadn't taken a Yoga teacher training program, as a Yoga student of 12 years, I found this book extremely useful from the student angle as well.

Teaching Yoga: Exploring the Teacher-Student Relationship ...

Teaching yoga gives much insight into some of the ethical and operational dilemnas yoga teachers face. I absolutely recommend reading it for anyone considering teaching yoga....and probably rereading again after teaching yoga for a year or more as a reminder.

Teaching Yoga: Exploring the Teacher-Student Relationship ...

Teaching Yoga: Exploring the Teacher-Student Relationship - Kindle edition by Donna Farhi. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading Teaching Yoga: Exploring the Teacher-Student Relationship.

Teaching Yoga: Exploring the Teacher-Student Relationship ...

Teaching Yoga explores with depth and compassion a variety of topics both practical and philosophical, including how to create healthy boundaries, the student-teacher relationship, how to create physical and emotional safety for the student, what is a reasonable class size, how much a class should cost, and how to conduct the business of teaching while upholding the integrity of yoga as a philosophy, a science, and an art.

Teaching Yoga: Exploring the Teacher-Student Relationship ...

Drawing on decades of experience in training yoga teachers, Donna Farhi offers the first book to set professional standards for yoga teachers. Teaching Yoga explores with depth and compassion a variety of topics both practical and philosophical, including how to create healthy boundaries; the student-teacher relationship (including whether a ...

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Drawing on decades of experience training yoga teachers and cowriting the California Yoga Teachers Association (CYTA) code of ethics, Donna Farhi offers the first book to set professional standards for teaching yoga. Teaching Yoga explores with depth and compassion a variety of topics both practical and philosophical, including how to create healthy boundaries; the student-teacher relationship ...

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