# Swimming To Antarctica Tales Of A Long Distance Swimmer Lynne Cox

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### **Swimming To Antarctica Tales Of**

Swimming to Antarctica: Tales of a Long-Distance Swimmer [Lynne Cox] on Amazon.com. \*FREE\* shipping on qualifying offers. Now in paperback, with photos and maps added especially for this new edition, here is the acclaimed life story of a woman whose drive and determination inspire everyone she touches. Lynne Cox started swimming almost as soon as she could walk.

#### Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

Swimming to Antarctica By Lynne Cox 323 Pages Swimming to Antarctica is an absolutely amazing book. It's incredibly inspirational. Lynne takes you on a journey starting in New Hampshire when she was merely twelve years old and shows you some of her most amazing swims.

#### Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

I just finished reading the autobiography of Lynne Cox - Swimming to Antarctica: Tales of a Long-Distance Swimmer. She is a remarkable athlete with an incredible ability to swim long distances and withstand hours in freezing water.

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# Full E-book Swimming to Antarctica: Tales of a Long ...

LYNNE COX has set records all over the world for open-water swimming. She was named a Los Angeles Times Woman of the Year, inducted into the International Swimming Hall of Fame, and honored with a lifetime achievement award from the University of California, Santa Barbara. She is the author of Swimming to Antarctica, which won an Alex Award.

#### Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

• At age fourteen, she swam twenty-six miles from Catalina Island to the California mainland.• At ages fifteen and sixteen, she broke the men's and women's world records for swimming the English Channel—a thirty-three-mile crossing in nine hours, thirty-six minutes.• At eighteen, she swam the twenty-mile Cook Strait between North and South Islands of New Zealand, was caught on a ...

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#### Swimming to Antarctica: tales of a long-distance swimmer...

Cox, one of the world's leading long-distance swimmers, has been a risk-taker ever since she was nine and chose the freezing water of a New Hampshire pool in a storm over getting out and doing

#### Nonfiction Book Review: SWIMMING TO ANTARCTICA: Tales of a ...

Swimming to Antarctica: Tales of a Long-Distance Swimmer (Alex Awards (Awards)) ... There is plenty in Swimming to Antarctica to encourage even non-swimmers to work hard to achieve the seemingly impossible, but Cox, a skilled and highly readable writer, sticks to the swimming, leading the reader by example. For thrills and inspiration, it's ...

#### Amazon.com: Swimming to Antarctica: Tales of a Long ...

It would be a mistake to think that Cox's new autobiography, Swimming to Antarctica: Tales of a Long-Distance Swimmer, is of interest only to swimmers. In fact, the book has more in common with heroic literature of the ancient world like Beowulf and The Odyssey than with the typical athlete's success story. Like those ancient heroes, Cox isn't ...

# Swimming to Antarctica by Lynne Cox - Review | BookPage

LYNNE COX has set records all over the world for open-water swimming. She was named a Los Angeles Times Woman of the Year, inducted into the International Swimming Hall of Fame, and honored with a lifetime achievement award from the University of California, Santa Barbara. She is the author of Swimming to Antarctica, which won an Alex Award. She lives in Los Alamitos, California.

# Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

In between those accomplishments. she became the first to swim the Strait of Magellan. narrowly escaped a shark attack off the Cape of Good Hope. and was cheered across the twenty-mile Cook Strait of New Zealand by dolphins. She even swam a mile in the Antarctic. ... About For Books Swimming to Antarctica: Tales of a Long-Distance Swimmer ...

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The information about Swimming to Antarctica shown above was first featured in "The BookBrowse Review" - BookBrowse's online-magazine that keeps our members abreast of notable and high-profile books publishing in the coming weeks. In most cases, the reviews are necessarily limited to those that were available to us ahead of publication.

#### Summary and reviews of Swimming to Antarctica by Lynne Cox

About Swimming to Antarctica • At age fourteen, she swam twenty-six miles from Catalina Island to the California mainland. • At ages fifteen and sixteen, she broke the men's and women's world records for swimming the English Channel—a thirty-three-mile crossing in nine hours, thirty-six minutes.

#### Swimming to Antarctica - Penguin Random House

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Lynne Cox (born 1957 in Boston, Massachusetts) is an American long-distance open-water swimmer, writer and speaker. She is best known for being the first person to swim between the United States and the Soviet Union, in the Bering Strait, a feat which has been recognized for easing the Cold War tensions between US President Ronald Reagan and Soviet leader Mikhail Gorbachev.

# Lynne Cox - Wikipedia

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