

The Addicted Brain Why We Abuse Drugs Alcohol And Nicotine
Michael Kuhar

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The Addicted Brain Why We

What do we get addicted to things? The answer lies in the brain, and in particular, in how it responds to spikes in a chemical called dopamine.

Why Do We Get Addicted to Things? - Live Science

Why we love our phones so much might be related to our basic yearnings as human beings, explains a scholar, who is also a pastor.

3 reasons why we are addicted to smartphones

What's A Milk Addicted Kid? These are kids who still rely on fluid milk as a major protein and calorie source, well past the age of twelve months, when weaning off breast or formula – as the bulk of daily calories and protein – is typically under way.

The Milk Addicted Kid: Your Kid's Brain On Dairy ...

All drugs of abuse, from nicotine to heroin, cause a particularly powerful surge of dopamine in the nucleus accumbens. The likelihood that the use of a drug or participation in a rewarding activity will lead to addiction is directly linked to the speed with which it promotes dopamine release, the intensity of that release, and the reliability of that release.

How addiction hijacks the brain - Harvard Health

Why our brain needs sleep, and what happens if we don't get enough of it

Why our brain needs sleep, and what happens if we don't ...

Because of the complexity of this viewer question, three of CNNHealth's expert doctors are offering advice. Last week, Diet and Fitness expert Dr. Melina Jampolis had ideas for gaining weight in a ...

How long does it take for a once-addicted brain to heal ...

Many people don't understand why or how other people become addicted to drugs. They may mistakenly think that those who use drugs lack moral principles or willpower and that they could stop their drug use simply by choosing to. In reality, drug addiction is a complex disease, and quitting usually takes more than good intentions or a strong will.

Addiction Science | National Institute on Drug Abuse (NIDA)

Humans are the only animal that experience chronic stress and anxiety. Read this article to learn why we worry and what to do about it.

The Evolution of Anxiety: Why We Worry and What to Do About It

Many people don't understand why or how other people become addicted to drugs. They may mistakenly think that those who use drugs lack moral principles or willpower and that they could stop their drug use simply by choosing to.

DrugFacts: Understanding Drug Use and Addiction | National ...

We all know Janhvi Kapoor is a pro at keeping fit. Even before she actually started her Bollywood career, she was noticed by the paparazzi out and about going to the gym.

Actress Janhvi Kapoor is addicted to working out. Here is why!

Drugs affect three primary areas of the brain: The brain stem is in charge of all the functions our body needs to stay alive—breathing, moving blood, and digesting food. It also links the brain with the spinal cord, which runs down the back and moves muscles and limbs as well as lets the brain know what's happening to the body.

Brain and Addiction | NIDA for Teens

Addiction is a brain disorder characterized by compulsive engagement in rewarding stimuli despite adverse consequences. Despite the involvement of a number of psychosocial factors, a biological process – one which is induced by repeated exposure to an addictive stimulus – is the core

pathology that drives the development and maintenance of an addiction.

Addiction - Wikipedia

David L. Weiner specializes in the biology of human irrationality. His work has been featured on CNN, ABC, Fox, WGN and NPR. This website is devoted to revealing the reasons why apparently normal people do the stupid things they do...and allowing you to determine via quizzes where you stand on the scales of three subconscious drives that may be the cause of irrational actions.

BRAINTRICKS*

More than a decade after the first iPhone was released, it suddenly dawned on us that we could be addicted to our smartphones. We'd certainly developed quite the habit: Almost 50 percent of people ...

Smartphone and Internet Addiction: The Definitive WIRED ...

What is "brain hacking"? Tech insiders on why you should care. Silicon Valley is engineering your phone, apps and social media to get you hooked, says a former Google product manager.

What is "brain hacking"? Tech insiders on why you should ...

Why People Start Smoking and Why It's Hard to Stop Why do people start smoking? Most smokers started when they were teens. Those who have friends and/or parents who smoke are more likely to start smoking than those who don't.

Why People Start Using Tobacco, and Why It's Hard to Stop

close What To Expect. Seeking addiction treatment can feel overwhelming. We know the struggle, which is why we're uniquely qualified to help. Your call is confidential, and there's no pressure to commit to treatment until you're ready. As a voluntary facility, we're here to help you heal -- on your terms.

Xanax Addiction | Why is Xanax Such An Addictive Drug?

Researchers have found an imbalance in the brain chemistry of young people addicted to smartphones and the internet, according to a study presented today at the annual meeting of the Radiological ...

Smartphone addiction creates imbalance in brain, study ...

Addiction is a condition in which a person engages in the use of a substance or in a behavior for which the rewarding effects provide a compelling incentive to repeatedly pursue the behavior ...

Addiction | Psychology Today

Studies show that more than 50 percent of people suffer from chronic pain disorders in the years following a brain injury. Headaches and neuropathic (nerve-related) pain is most commonly from injury to the head and neck.

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