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The Art of Fermentation, which is essentially a cookbook, was a New York Times bestseller! In addition to this prestigious accolade, it also won the 2013 James Beard Foundation Book Award. The reason for this is not only the depth of analysis the author goes into – it is also his writing style.

Book - The Art of Fermentation: An In-Depth Guide

The Art of Fermentation is the most comprehensive guide to do-it-yourself home fermentation ever published. Sandor Ellix Katz presents the concepts and processes behind fermentation in ways that are simple enough to guide listeners through their first experience making sauerkraut or yogurt, and in-depth enough to provide greater understanding and insight for experienced practitioners.

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