<u>Professional Disposition Worksheet</u>

Element(s)	Elaboration	Example of Disposition	Share How to Exhibit
			This Disposition (If
			you haven't already)
Proactive	With initiative, self-starter, independent	When no one in the group wanted to share their idea or start the group out.	This can see in a group environment in my class as the first time meeting up with the group, it is awkward at first and no one want to start out talking at all. So, I proactively reach out first and start the conversation and make the tension in the air subsize and make it more comfortable.
Self-Directed	Self-motivated, determined, independent	Working on the project during an internship.	I show self-direct disposition when it comes to my internship. I always have a mentor with me when it comes to track my progress of work and how I am going to tackle on that day. With my mentor is out for being sick, I was self-directing myself to complete the task that my mentor wanted to complete and make my own progress on the project while he was gone for a while.
Passionate	With conviction, strong commitment, compelled	When learning a new skill that I do not know.	This disposition was display in internship, where I must code in a language that I never touch on. Showing my passionate of learning, I was able to demonstrate and show how passionate I am to learn that I will go to

			learn something by
			myself for the
Professional	Using discretion, acting	During an interview for	I exhibit this through
Professional	ethically, being astute about	the internship.	my internship interview
	a situation	the internship.	as it was a casual
	a situation		interview with the
			director of the IT where
			my internship take
			place. I acted
			professional and
			greeted him, speak in
			formal tone, and dress
			professionally and treat
			the interview like a
			serious interview rather
			a casual one.
Responsible	Using judgement, action with	Volunteering at the food	This deposition was
·	discretion, acting	pantry.	shown through it was
	appropriately		my responsibility and
			judgement to help the
			community in Corvallis
			and people at OSU to
			guide them through the
			course of how the food
			pantry work and keep
			them on track with
A doubtold	Flovible agile adjust in	Morking at the library	everyone else.
Adaptable	Flexible, agile, adjust in response to change	Working at the library when operation changes	I exhibit this through the library job I have.
	response to change	during the pandemic.	When the pandemic hit,
		during the particilitie.	the library changes their
			operation from in-
			person to online, and I
			have to adapt to the
			new way we were
			operating and help out
			navigate to the service
			as we were learning the
			new way of doing it for
			a short-term.
Collaborative	Team player, willing to work	Working in team during	I exhibit this through a
	with others	a group project for a	class project to build
		class.	UX of your choice, and
			we must work in group
			with people in class we
			didn't know. I display
			my collaborative as I listen and try to do the
			work that the team
			needed me and change
			anything if the team
		l	anything if the team

			give feedback on my section of work.
Responsive	Respectful, reacting quickly and positively	ULAing for a computer science class when it comes to responding to student request.	I exhibit this behavior when it comes to concern or questions directing towards me, I show that I am responsive to them by responsive within the 24 hours window when they send that message to me.
Meticulous	Attentive to detail, thorough, accurate	When writing a document for a project for class.	I display this deposition was during class when we must write a long project report to see our progress. I was being meticulous in detail and write down very step and even the small detail that people don't think to include in their document, so that anyone who read the report can recreate the step I took to design my project.
Inventive	Exploratory, looking beyond simple solutions	Homework assignment for coding.	I exert the inventive when it comes to coding for homework. The homework has a simple solution to code the assignment, but I exert this skill and go out of my own way to find another alternative way that we can get to the same solution, but in a different way from everybody else.