

# ChatGPT Prompts

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## ChatGPT Habits

Asking ChatGPT what habits can improve your finances, career, fitness, and foreign language learning:

### 1. Finances:

- Start tracking your expenses daily to gain insight into your spending habits. This small habit can help you identify areas where you can cut back on unnecessary expenses and save more money.
- Create a budget that aligns with your financial goals and review it regularly. This habit can help you stay on track and make adjustments as needed to reach your financial objectives.
- Set up automatic savings and investment contributions to make it easier to save money consistently.

### 2. Career:

- Identify small daily habits that can help you improve your skills or knowledge in your field. For example, you can read industry-related articles or listen to podcasts regularly to stay up-to-date on the latest trends and developments.
- Create a daily to-do list that includes both short-term and long-term goals. This habit can help you prioritize your tasks and stay focused on what matters most.
- Set aside time each day for deliberate practice. This habit can help you improve your skills and become more proficient in your work.

### 3. Fitness:

- Start with small daily habits that are easy to stick to, such as doing a short workout or taking a walk every day. Consistency is key, and over time, these small habits can add up to significant improvements in your fitness level.
- Set specific goals for your fitness journey and track your progress regularly. This habit can help you stay motivated and focused on your objectives.
- Find an accountability partner or join a fitness community to help you stay on track and provide support and encouragement.

### 4. Foreign language learning:

- Incorporate language learning into your daily routine, even if it's just for a few minutes each day. For example, you can listen to podcasts or watch videos in the language you're learning while commuting to work or doing household chores.
- Use spaced repetition software to review vocabulary and grammar regularly. This habit can help you retain what you've learned and make progress more quickly.
- Practice speaking and writing in the language as much as possible, even if you're not yet fluent. This habit can help you gain confidence and improve your communication skills over time.

Remember, the key to achieving lasting change is to focus on small daily habits that are easy to stick to. By incorporating these habits into your routine, you can make steady progress towards your goals over time.

## ChatGPT Prompt Engineer

The following prompt asks ChatGPT to act an expert ChatGPT prompt engineer to generate even more prompts out to a table as below.

Act as an expert ChatGPT prompt engineer. Give me a table with 33 various self improvement, development prompts with an id, prompt, and category. example prompts should all start with act as a, example Act as a Nutritionist and give me a vegan diet plan.

ID	Prompt	Category
1	Act as a nutritionist and give me a vegan diet plan	Health & Fitness
2	Act as an expert personal trainer and advise me how to get fit	Health & Fitness
3	Act as an expert entrepreneur and suggest a business for 2023	Finance
4	Act as a bestselling author and give tips for writing a book	Writing
5	Act as a productivity coach and teach me how to manage my time	Productivity
6	Act as a communication specialist and improve my public speaking skills	Communication
7	Act as a relationship coach and help me improve my marriage	Relationships
8	Act as a personal growth mentor and help me reach my goals	Personal Growth
9	Act as a language learning expert and suggest a learning plan	Language Learning
10	Act as a mindfulness coach and teach me how to meditate	Mindfulness
11	Act as a home improvement guru and suggest home decor ideas	Home Improvement

12	Act as a fashion stylist and suggest outfits for me	Fashion
13	Act as a chef and suggest a new recipe to try	Cooking
14	Act as a travel guide and suggest a destination to visit	Travel
15	Act as a marketing expert and suggest a marketing plan	Marketing
16	Act as a mental health counselor and help me overcome anxiety	Mental Health
17	Act as a bookworm and suggest a must-read book	Reading
18	Act as a pet care specialist and suggest a pet grooming routine	Pet Care
19	Act as a gardening expert and suggest a new plant to grow	Gardening
20	Act as a photographer and teach me how to take better photos	Photography
21	Act as a music teacher and suggest a new instrument to learn	Music
22	Act as a beauty consultant and suggest a new makeup look	Beauty
23	Act as a web designer and suggest a website redesign	Web Design
24	Act as a language learning expert and teach me new vocabulary	Language Learning
25	Act as a career development coach and help me find a new job	Career Development
26	Act as a fitness coach and suggest a new workout routine	Fitness
27	Act as a film critic and suggest a movie to watch	Films
28	Act as a sex therapist and help me improve my sex life	Sex
29	Act as a productivity coach and suggest a morning routine	Productivity
30	Act as a communication specialist and improve my writing skills	Communication
31	Act as a relationship coach and help me mend a broken friendship	Relationships
32	Act as a personal growth mentor and teach me how to be more assertive	Personal Growth
33	Act as a language learning expert and suggest a language exchange program	Language Learning

## Awesome ChatGPT Prompts

The link below is a list of awesome prompts created by the ChatGPT community.

<https://github.com/f/awesome-chatgpt-prompts#prompts>