



## Tutorial 4 : Gradient descent and theoretical properties

**Exercise 1** (Unproved proposition). Given a  $C^2$  function  $f$ . Prove that the following statements are equivalent:

1.  $f$  is  $L$ -smooth.
2. For any  $x \in \mathbb{R}^d$ ,  $\|\nabla^2 f\|_{\text{op}} \leq L$  where  $\|\cdot\|_{\text{op}}$  of a symmetric matrix is defined by:

$$\|\mathbf{A}\| = \max_{i=1,\dots,n} |\lambda_i(\mathbf{A})| \quad (\lambda_i \text{ is the } i\text{th eigenvalue of } \mathbf{A}).$$

3.  $-L\mathbf{I} \preceq \nabla^2 f(x) \preceq L\mathbf{I}, \forall x \in \mathbb{R}^n$ .

**Exercise 2** (Chebyshev polynomials). For a given  $n \in \mathbb{N}$ , the Chebyshev polynomial of the first kind is given as the polynomial  $T_n$  such that:

$$T_n(\cos \theta) = \cos(n\theta).$$

Answer the following questions:

1. Prove that  $T_n$  can be defined alternatively as:

$$\begin{aligned} T_0(x) &= 1, \\ T_1(x) &= x, \\ T_{n+1}(x) &= 2xT_n(x) - T_{n-1}(x). \end{aligned}$$

2. Consider  $f(x) = \frac{1}{2^{n-1}}T_n(x)$ . Prove that the leading coefficient of  $f(x)$  is 1.
3. Prove that  $\max_{x \in [-1,1]} |f(x)| = \frac{1}{2^{n-1}}$ .
4. Prove that for any polynomial  $P$  of degree  $n$  whose leading term is 1,  $\max_{x \in [-1,1]} |f(x)| \geq \frac{1}{2^{n-1}}$ . Hint: Assume a “bad” polynomial  $\omega$  exists: Consider the function  $g = f - \omega$ . What is the degree of  $g$ ? And what is the lower-bound of the number of roots of  $g$ ?

**Exercise 3** (Worst quadratic function). The function that we used to prove the lower-bound of first-order methods is actually quadratic. To understand more about this function, consider a slightly more simple function:

$$f_k(x) = \frac{1}{2} \left[ x_1^2 + \sum_{i=1}^{k-1} (x_i - x_{i+1})^2 + x_k^2 \right] = \frac{1}{2} x^\top \mathbf{A}_k x.$$

Answer the following question:

1. Prove that  $\mathbf{A}_k$  takes the following form:

$$\mathbf{A}_k = \left( \begin{array}{c|c} \begin{pmatrix} 2 & -1 & 0 & & \\ -1 & 2 & -1 & & 0 \\ 0 & -1 & 2 & & \\ \cdots & & & \ddots & \\ 0 & & & -1 & 2 & -1 \\ & & & 0 & -1 & 2 \end{pmatrix} & \mathbf{0}_{k \times (n-k)} \\ \hline \mathbf{0}_{(n-k) \times k} & \mathbf{0}_{(n-k) \times (n-k)} \end{array} \right)$$

2. Prove that  $\mathbf{A}_k$  has  $(n - k)$  zero eigenvalues and  $k$  positive eigenvalues given by:

$$2 - 2 \cos \left( \frac{\pi j}{k+1} \right) = 4 \sin^2 \left( \frac{j\pi}{2(k+1)} \right), \quad j = 1, \dots, k$$

Hint: You might want to use the fact that the sequence  $x_0 = 1, x_1 = 2 \cos(\theta), x_{k+1} = 2 \cos(\theta)x_k - x_{k-1}$ , then  $x_k = \frac{\sin((k+1)\theta)}{\sin(\theta)}$ .

3. Is the function  $\mu$ -strongly convex ( $\mu > 0$ )? If yes, for which value of  $\mu$ .
4. Is the function  $L$ -smooth? If yes, for which value of  $L$ .
5. What are the minimizer of the function  $f_k, k = 1, \dots, n$ ?
6. For a function  $f$  that is  $\mu$ -strongly convex and  $L$ -smooth, remind that we have linear convergence of  $f$ , i.e.,

$$f(x_k) - f(x^*) \leq O \left( \left( 1 - \frac{\mu}{L} \right)^k \right)$$

Does this contradict the lower-bound that we establish in the lecture?