Read session 11.1, 11.2, 11.3, 11.4, 11.5, 11.6, 11.8, 11.9, 11.12 of the following book:
https://drive.google.com/open?id=1S1f_krK63QLamUvte2CmYeMoPylgwW7B

And then answer the following questions:
- What is nested list?

  A nested list is a list that appears as an element in another list

- Can a list store both integers and strings in it?

  Yes