Advanced Excel Shortcuts Reference Sheet

Alt + H + E + F: Clear formats only

Ctrl + Alt + V then F: Paste formulas only

Ctrl + 9: Hide selected rows

Ctrl + 0: Hide selected columns

Ctrl + Shift + + then R (or C): Insert entire row (or column)

Ctrl +]: Trace dependents (go to cells that use this one)

Alt + H + O + R: Rename sheet

Alt + H + O + M: Move or copy sheet

Shift + F11: Insert new worksheet

Ctrl + ': Copy value from cell above

Ctrl + Shift + ': Copy formula from cell above

Ctrl + D: Fill down from the cell above

Ctrl + R: Fill right from the cell to the left

Ctrl + ;: Insert current date

Ctrl + Shift + ;: Insert current time

Alt + H + O + I: Auto-fit column width

Alt + H + O + A: Auto-fit row height

Alt + =: AutoSum