

HEALTH AND FITNESS CLUB MANAGEMENT SYSTEM REPORT

I. Requirements (Unstructured Text)

1. Application User:

- The users will be organized into 3 different types, which are **members**, **trainers** and **administrative staff**.
- Users will have to **register and log in** using a **unique email** and a **password**.
- Users will also have to provide information, such as **their name**, **DOB**, **address (address, city, province, postal code)**, and **contact details (phone)**.

2. Club Members:

- Each member should have a unique identifier.
- Members' profiles should include personal information (name, DOB, contact details...), and health metrics (height, weight, heart rate...).
- Each member may have several fitness goals.
- Each member may take multiple classes.

3. Administrative Staff

- Administrative staff are the ones who manage the club. Staff will have access to a lot of information.
- Staff will have their information such as DOB, address, contact details, and their managers.
- Staff can organize events, such as workshops, and classes.
- Staff should keep track of fitness equipment maintenance.

4. Events

- Everything that happens in a club will be an event. There can even be workshops and more.
- Each event will have its description, start date, end date.
- Each event will have one main head organizer and many other people to help organize the event.

5. Rooms:

- There are rooms in the clubs.
- The Rooms will have their name, purposes, and capacity.

6. Trainers:

- A trainer can have more than 1 certificate.
- Trainer will also have to provide their SIN number, for billing purposes.
- Trainers can manage multiple personal training sessions.
- Each trainer can teach multiple classes.

7. Personal Training Sessions:

- Each personal training session may have multiple exercises, and each member can choose to have multiple personal training sessions with different trainers.
- Each trainer can have multiple sessions to train members, but each session has only one member and one trainer (since it is a personal training session).

8. Financial transactions and billing:

- Every payment record includes details of the transactions, such as payment methods, member accounts, amounts, status, and payment date.
- The system manages billing for services like membership fees.

9. Membership plan

- Each plan will have a plan name, description, duration, price and the benefits that the plan offers

10. Member subscription:

- Each member can subscribe to plans to receive benefits
- Each subscription will have a start and end date
- Each subscription will have a price as well.
- Each member can have only one subscription.

11. Loyalty Program:

- There are loyalty programs members can take part in.
- Members can participate in the loyalty program to earn or redeem points to get discounts, gift cards, free events, etc.

12. Equipment:

- There is equipment at the gyms that need to be maintained.
- Equipment will have their name, type, purchase date and purchase price.
- Equipment has to be maintained in order to be in good condition

13. Exercises:

- There are exercises in the app that members can choose, to keep track of their progress.
- User will create
- It will have properties such as name, calories burned, duration, dates and description.

14. Member fitness goal:

- Members can have multiple fitness goals.

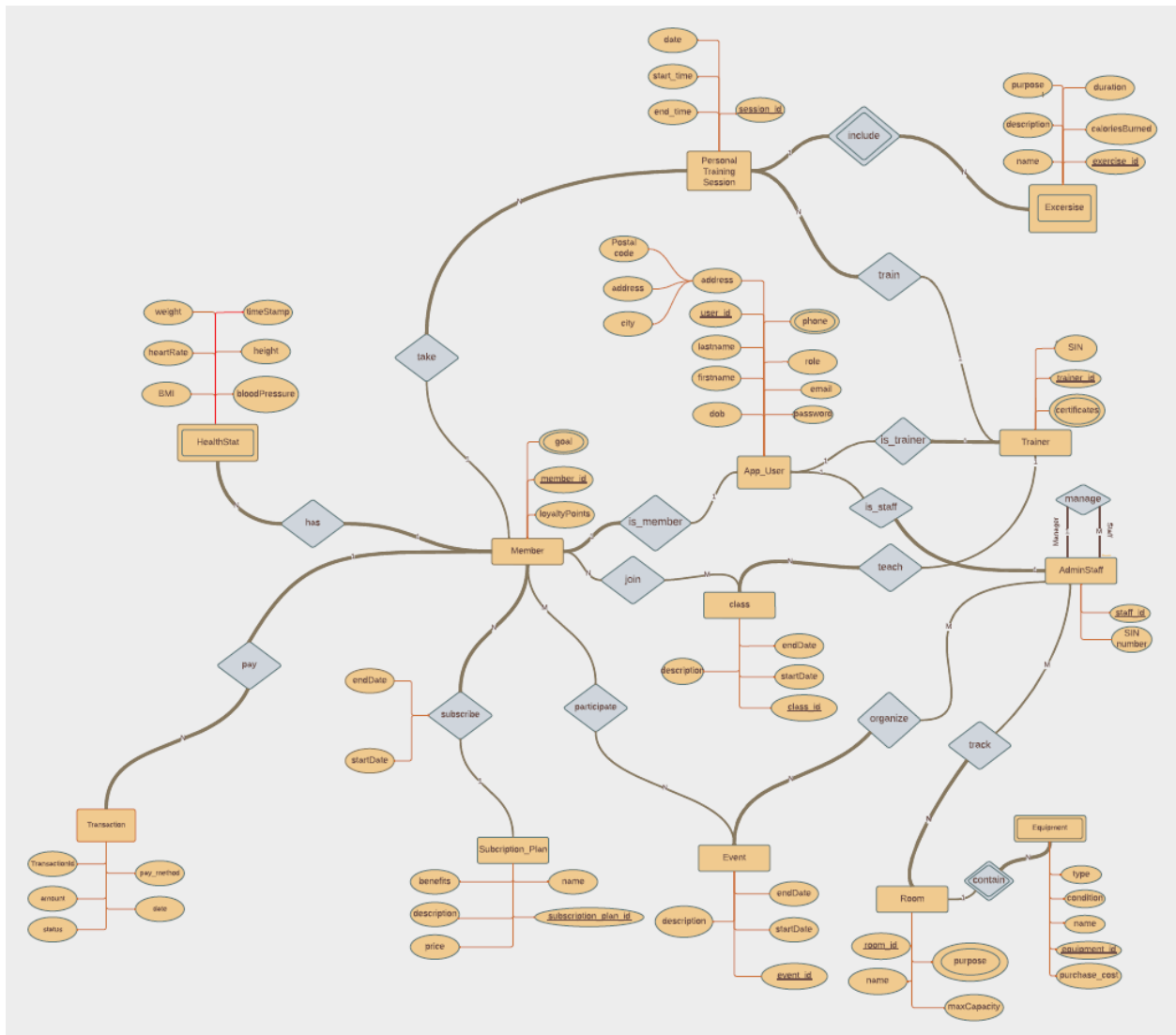
15. Dashboard:

- Health stats (Exercises done, calories burned, weight changes, ...).
- The information for the dashboard can be queried in the database

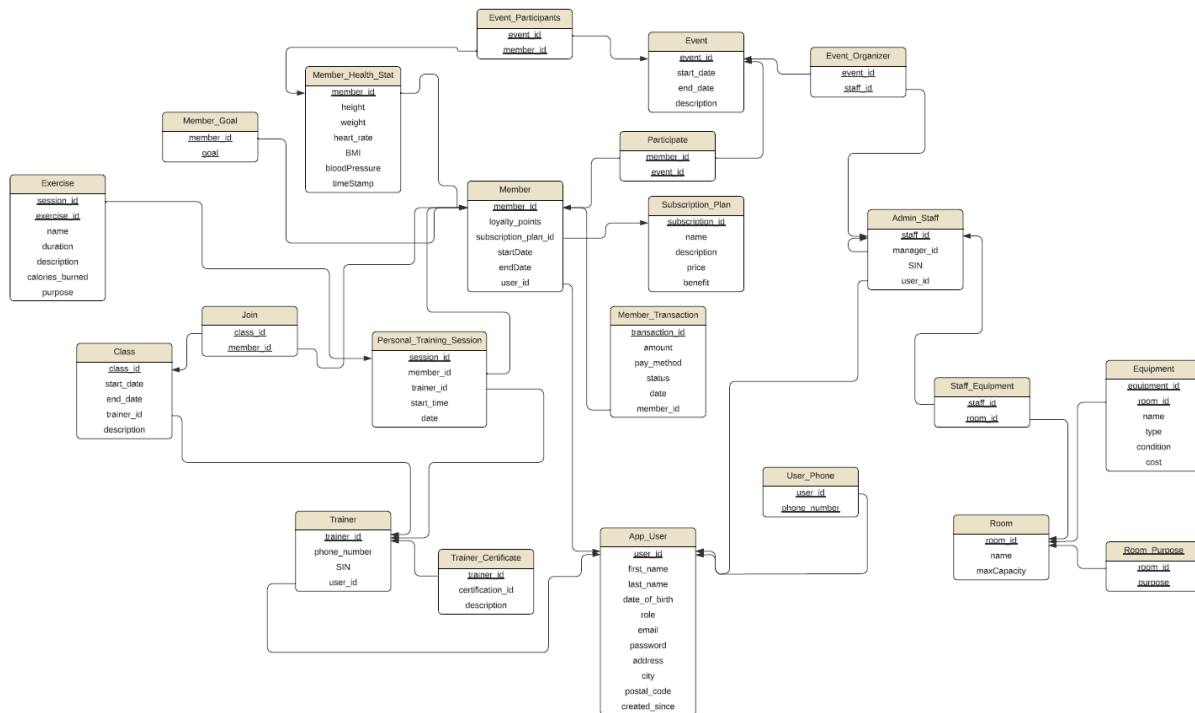
16. Class:

- Each class can have multiple members, and each member can take multiple classes.
- Each class can only have one trainer.

II. Creating an ER model



III. Converting the ER model into a database structure



IV. Normalization

Decomposition to 2NF:

- Identify any partial dependencies in the relation

- Member_Goal** (member_id, goal_id, description) has the primary key as a combination of "member_id" and "goal_id".

This table is already in 2NF since each "description" is dependent on the entire primary key "(member_id, goal_id)" and not on "member_id" or "goal_id" alone.

- Equipment** (equipment_id, room_id, name, type, condition, cost) has the primary key as a combination of "equipment_id" and "room_id".

This table is already in 2NF since each "name", "type", "condition", "cost" are dependent on the entire primary key "(equipment_id, room_id)" and not on "equipment_id" or "room_id" alone.

- Exercise** (session_id, exercise_id, name, description, duration, caloriesBurned, purpose) has the primary key as a combination of "session_id" and "exercise_id".

This table is already in 2NF since each "name", "duration", "description", "caloriesBurned", "purpose" are dependent on the entire primary key "(session_id, exercise_id)" and not on "session_id" or "exercise_id" alone.

Decomposition to 3NF:

- Identify any transitive dependencies in the 2NF relations

- Exercise** (session_id, exercise_id, name, description, duration, caloriesBurned, purpose) has the primary key as a combination of "session_id" and "exercise_id".

Below are transitive dependencies:

name -> caloriesBurned, purpose is a transitive dependency as “name” indirectly determines “caloriesBurned” and “purpose”

2. **Subscription_Plan** (subscription_id, name, description, price, benefit) has a primary key of “subscription_id”

Below are transitive dependencies:

name -> price, benefit is a transitive dependency as “name” indirectly determines “price” and “benefit”

- **Decompose the 2NF relations into the 3NF relations.**

1. Decompose table **Exercise**:

Exercise: {session_id, exercise_id} -> {name, description, duration}

Exercise_Name: name -> {caloriesBurned, purpose}

New relation: name -> {caloriesBurned, purpose}

2. Decompose table **Subscription_Plan**:

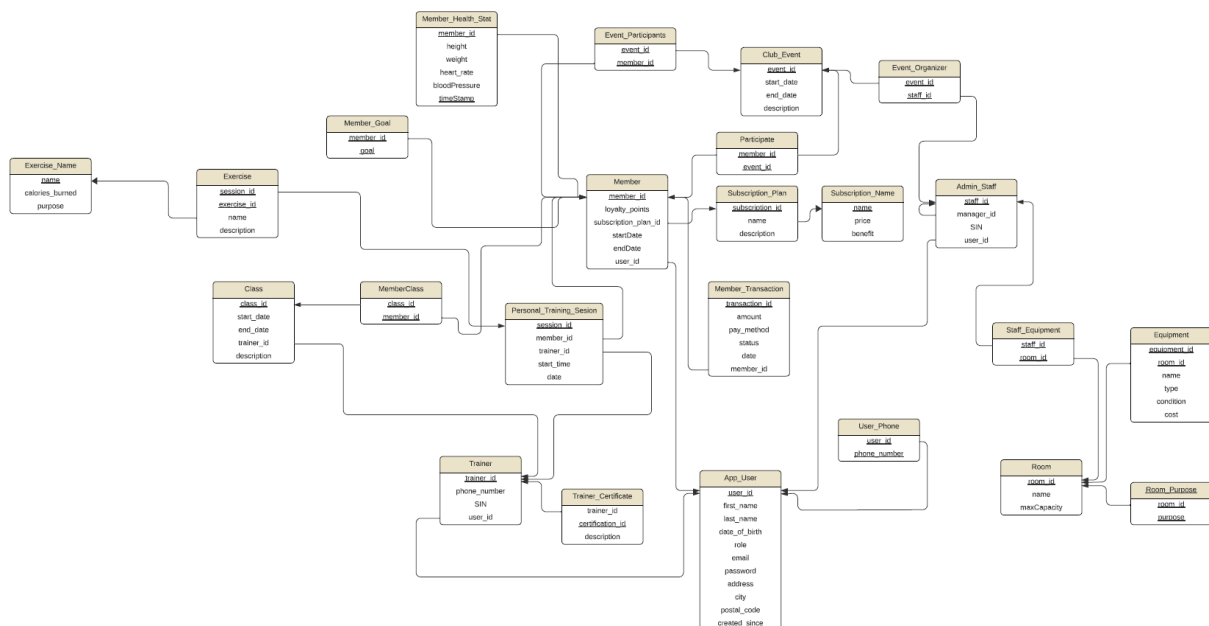
Subscription_Plan: subscription_id -> name, description

Subscription_Name: name -> {price, benefit}

New relation: name -> {price, benefit}

For all other tables, they are already in 3NF, as none of the attributes in the tables depend on other non-key attributes.

V. Redrawing the database structure



VI. Writing DDL commands

DROP TABLE IF EXISTS Exercise;

DROP TABLE IF EXISTS Exercise_Name;

DROP TABLE IF EXISTS Personal_Training_Session;

DROP TABLE IF EXISTS Participate;

DROP TABLE IF EXISTS Event_Organizer;

DROP TABLE IF EXISTS Event_Participant;

DROP TABLE IF EXISTS Member_Health_Stat;

DROP TABLE IF EXISTS Club_Event;

DROP TABLE IF EXISTS Member_Goal;

DROP TABLE IF EXISTS Member_Class;

DROP TABLE IF EXISTS Class;

DROP TABLE IF EXISTS Member_Transaction;

DROP TABLE IF EXISTS Staff_Equipment;

DROP TABLE IF EXISTS Admin_Staff;

DROP TABLE IF EXISTS Trainer_Certificate;

DROP TABLE IF EXISTS Trainer;

DROP TABLE IF EXISTS Equipment;

DROP TABLE IF EXISTS Room_Purpose;

DROP TABLE IF EXISTS Room;

DROP TABLE IF EXISTS Member;

DROP TABLE IF EXISTS Subscription_Plan;

DROP TABLE IF EXISTS Subscription_Name;

DROP TABLE IF EXISTS User_Phone;

DROP TABLE IF EXISTS App_User;

```
CREATE TABLE App_User(  
    user_id SERIAL PRIMARY KEY,  
    first_name VARCHAR(255) NOT NULL,  
    last_name VARCHAR(255) NOT NULL,  
    date_of_birth DATE,  
    role VARCHAR(255) NOT NULL,  
    email VARCHAR(255) NOT NULL UNIQUE,  
    password VARCHAR(255) NOT NULL,  
    address VARCHAR(255),  
    city VARCHAR(255),  
    postal_code VARCHAR(255),  
    created_since timestamp DEFAULT CURRENT_TIMESTAMP  
);
```

```
CREATE TABLE User_Phone(  
    user_id INT,  
    phone_number VARCHAR(10),  
    PRIMARY KEY (user_id, phone_number),  
    FOREIGN KEY (user_id) REFERENCES App_User(user_id)  
);
```

```
CREATE TABLE Subscription_Name(  
    name VARCHAR(255) PRIMARY KEY,  
    price FLOAT(2) NOT NULL,  
    benefit TEXT NOT NULL
```

);

```
CREATE TABLE Subscription_Plan(  
    subscription_id SERIAL PRIMARY KEY,  
    name VARCHAR(255) NOT NULL,  
    description TEXT,  
    FOREIGN KEY (name) REFERENCES Subscription_Name(name)  
);
```

```
CREATE TABLE Member(  
    member_id SERIAL PRIMARY KEY,  
    loyalty_points INT,  
    subscription_id INT,  
    start_date DATE,  
    end_date DATE,  
    user_id INT,  
    FOREIGN KEY (user_id) REFERENCES App_User(user_id)  
);
```

```
CREATE TABLE Room(  
    room_id SERIAL PRIMARY KEY,  
    name VARCHAR(255) NOT NULL,  
    maxCapacity INT NOT NULL  
);
```

```
CREATE TABLE Room_Purpose(  
    room_id INT ,
```



```
purpose VARCHAR(255) NOT NULL,  
  
PRIMARY KEY (room_id, purpose),  
  
FOREIGN KEY (room_id) REFERENCES Room(room_id)  
);
```

```
CREATE TABLE Equipment(  
  
equipment_id SERIAL,  
  
room_id INT,  
  
name VARCHAR(255) NOT NULL,  
  
type VARCHAR(255) NOT NULL,  
  
condition VARCHAR(255) NOT NULL,  
  
cost FLOAT(2) NOT NULL  
);
```

```
CREATE TABLE Trainer(  
  
trainer_id SERIAL PRIMARY KEY,  
  
user_id INT,  
  
SIN VARCHAR(9) NOT NULL,  
  
FOREIGN KEY (user_id) REFERENCES App_User(user_id)  
);
```

```
CREATE TABLE Trainer_Certificate(  
  
trainer_id INT,  
  
certificate_id SERIAL,  
  
description TEXT,  
  
PRIMARY KEY (certificate_id),  
  
FOREIGN KEY (trainer_id) REFERENCES Trainer(trainer_id)
```

);

```
CREATE TABLE Admin_Staff(  
    staff_id SERIAL PRIMARY KEY,  
    manager_id INT,  
    user_id INT,  
    SIN VARCHAR(9) NOT NULL,  
    FOREIGN KEY (user_id) REFERENCES App_User(user_id),  
    FOREIGN KEY (manager_id) REFERENCES Admin_Staff(staff_id)  
);
```

```
CREATE TABLE Staff_Equipment(  
    staff_id INT,  
    room_id INT,  
    PRIMARY KEY (staff_id, room_id),  
    FOREIGN KEY (staff_id) REFERENCES Admin_Staff(staff_id),  
    FOREIGN KEY (room_id) REFERENCES Room(room_id)  
);
```

```
CREATE TABLE Member_Transaction(  
    transaction_id SERIAL PRIMARY KEY,  
    amount FLOAT(2) NOT NULL,  
    pay_method VARCHAR(255) NOT NULL,  
    status VARCHAR(255) NOT NULL,  
    date DATE NOT NULL,  
    member_id INT  
);
```

```
CREATE TABLE Class(  
    class_id SERIAL PRIMARY KEY,  
    start_date DATE NOT NULL,  
    end_date DATE NOT NULL,  
    trainer_id INT,  
    description TEXT,  
    FOREIGN KEY (trainer_id) REFERENCES Trainer(trainer_id)  
);
```

```
CREATE TABLE Member_Class(  
    class_id INT,  
    member_id INT,  
    PRIMARY KEY (class_id, member_id),  
    FOREIGN KEY (class_id) REFERENCES Class(class_id),  
    FOREIGN KEY (member_id) REFERENCES Member(member_id)  
);
```

```
CREATE TABLE Member_Goal(  
    member_id INT,  
    goal_id TEXT,  
    PRIMARY KEY (member_id, goal_id),  
    FOREIGN KEY (member_id) REFERENCES Member(member_id)  
);
```

```
CREATE TABLE Club_Event(  
    
```

```
event_id SERIAL PRIMARY KEY,  
start_date DATE NOT NULL,  
end_date DATE NOT NULL,  
description TEXT  
);
```

```
CREATE TABLE Member_Health_Stat(  
    member_id INT,  
    height FLOAT(2) NOT NULL,  
    weight FLOAT(2) NOT NULL,  
    heart_rate INT NOT NULL,  
    blood_pressure INT NOT NULL,  
    timestamp timestamp DEFAULT CURRENT_TIMESTAMP,  
    PRIMARY KEY (member_id, timestamp)  
);
```

```
CREATE TABLE Event_Participant(  
    event_id INT,  
    member_id INT,  
    PRIMARY KEY (event_id, member_id),  
    FOREIGN KEY (event_id) REFERENCES Club_Event(event_id),  
    FOREIGN KEY (member_id) REFERENCES Member(member_id)  
);
```

```
CREATE TABLE Event_Organizer(  
    event_id INT,  
    staff_id INT,
```

```
PRIMARY KEY (event_id, staff_id),  
  
FOREIGN KEY (event_id) REFERENCES Club_Event(event_id),  
  
FOREIGN KEY (staff_id) REFERENCES Admin_Staff(staff_id)  
);
```

```
CREATE TABLE Participate(  
  
    member_id INT,  
  
    event_id INT,  
  
    PRIMARY KEY (member_id, event_id),  
  
    FOREIGN KEY (member_id) REFERENCES Member(member_id),  
  
    FOREIGN KEY (event_id) REFERENCES Club_Event(event_id)  
);
```

```
CREATE TABLE Personal_Training_Session(  
  
    session_id SERIAL PRIMARY KEY,  
  
    member_id INT,  
  
    trainer_id INT,  
  
    start_time TIME NOT NULL,  
  
    date DATE NOT NULL,  
  
  
  
    FOREIGN KEY (member_id) REFERENCES Member(member_id),  
  
    FOREIGN KEY (trainer_id) REFERENCES Trainer(trainer_id)  
);
```

```
CREATE TABLE Exercise_Name(  
  
    name VARCHAR(255) PRIMARY KEY,  
  
    calories_burned FLOAT(2) NOT NULL,
```

```
    purpose TEXT NOT NULL
);

CREATE TABLE Exercise(
    session_id INT,
    exercise_id INT,
    name VARCHAR(255) NOT NULL,
    duration_in_seconds INT,
    FOREIGN KEY (name) REFERENCES Exercise_Name(name)
);
```

VII. Writing DML commands

```
TRUNCATE TABLE Exercise CASCADE;

TRUNCATE TABLE Exercise_Name CASCADE;

TRUNCATE TABLE Personal_Training_Session CASCADE;

TRUNCATE TABLE Participate CASCADE;

TRUNCATE TABLE Event_Organizer CASCADE;

TRUNCATE TABLE Event_Participant CASCADE;

TRUNCATE TABLE Member_Health_Stat CASCADE;

TRUNCATE TABLE Club_Event CASCADE;

TRUNCATE TABLE Member_Goal CASCADE;

TRUNCATE TABLE Member_Class CASCADE;

TRUNCATE TABLE Class CASCADE;

TRUNCATE TABLE Member_Transaction CASCADE;

TRUNCATE TABLE Staff_Equipment CASCADE;

TRUNCATE TABLE Admin_Staff CASCADE;

TRUNCATE TABLE Trainer_Certificate CASCADE;
```

TRUNCATE TABLE Trainer CASCADE;

TRUNCATE TABLE Equipment CASCADE;

TRUNCATE TABLE Room_Purpose CASCADE;

TRUNCATE TABLE Room CASCADE;

TRUNCATE TABLE Member CASCADE;

TRUNCATE TABLE Subscription_Plan CASCADE;

TRUNCATE TABLE Subscription_Name CASCADE;

TRUNCATE TABLE User_Phone CASCADE;

TRUNCATE TABLE App_User CASCADE;

INSERT INTO App_User (first_name, last_name, date_of_birth, role, email, password,
address, city, postal_code)

VALUES

('Tung', 'Tran', DATE '2077-05-16', 'Staff', 'tung@tran.com', '123456789', '1234 Five St',
'City', 'N7T8N9'),

('Truc', 'Le', DATE '2021-05-14', 'Staff', 'truc@le.com', '456789123', '5678 Fue St', 'City',
'E7U3O5'),

('Anthony', 'Lincoln', DATE '1875-06-09', 'Staff', 'anthony.lincoln@example.com',
'anthony123', '987 Lark St', 'City', '12345'),

('Alina', 'Mann', DATE '1798-03-15', 'Staff', 'alina.mann@example.com', 'alina123', '789
Odd St', 'City', '67890'),

('Matthew', 'Taylor', DATE '1987-07-20', 'Staff', 'matthew.taylor@example.com',
'passwordjkl', '741 Cedar St', 'City', '97531')

;

INSERT INTO App_User (first_name, last_name, date_of_birth, role, email, password,
address, city, postal_code)

VALUES

('John', 'Doe', DATE '1990-01-01', 'Member', 'john.doe@example.com', 'password123',
'123 Main St', 'City', '12345'),

('Jane', 'Smith', DATE '1995-02-15', 'Member', 'jane.smith@example.com', 'password456',
'456 Elm St', 'City', '67890'),

('Michael', 'Johnson', DATE '1985-03-30', 'Member', 'michael.johnson@example.com',
'password789', '789 Oak St', 'City', '54321'),

('Emily', 'Brown', DATE '1992-04-10', 'Member', 'emily.brown@example.com',
'passwordabc', '321 Pine St', 'City', '09876'),

('David', 'Wilson', DATE '1988-05-25', 'Member', 'david.wilson@example.com',
'passworddef', '654 Maple St', 'City', '13579')

;

INSERT INTO App_User (first_name, last_name, date_of_birth, role, email, password,
address, city, postal_code)

VALUES

('Jew', 'Trainer', DATE '1990-01-01', 'Trainer', 'jew.trainer@example.com', 'password123',
'123 Main St', 'City', '12345'),

('Doe', 'Trainer', DATE '1995-02-15', 'Trainer', 'doe.trainer@example.com', 'password456',
'456 Elm St', 'City', '67890'),

('Olivia', 'Martinez', DATE '1994-08-12', 'Trainer', 'olivia.martinez@example.com',
'passwordmno', '852 Walnut St', 'City', '86420'),

('Daniel', 'Harris', DATE '1989-09-28', 'Trainer', 'daniel.harris@example.com',
'passwordpqr', '963 Pineapple St', 'City', '75319'),

('Sophia', 'Clark', DATE '1991-10-08', 'Trainer', 'sophia.clark@example.com', 'passwordstu',
'159 Orange St', 'City', '95173')

;

INSERT INTO User_Phone (user_id, phone_number) VALUES

(1, '1234567890'),

(2, '1234567891'),

(3, '1234567892'),

(4, '1234567893'),

(5, '1234567894'),


```
(6, '1234567895'),  
(7, '1234567896'),  
(8, '1234567897'),  
(9, '1234567898'),  
(10, '1234567899'),  
(11, '1234567809'),  
(12, '1234567819'),  
(13, '1234567829'),  
(14, '1234567839'),  
(15, '1234567849')  
;
```

```
INSERT INTO Subscription_Name (name, price, benefit) VALUES  
( 'Basic', 19.99, 'Access to gym and basic classes'),  
( 'Premium', 29.99, 'Access to gym, all classes, and sauna'),  
( 'Gold', 39.99, 'All club facilities with free personal training session'),  
( 'Platinum', 49.99, 'All club facilities, unlimited personal training, and nutrition plans'),  
( 'Diamond', 59.99, 'All club benefits plus guest access and special discounts')  
;
```

```
INSERT INTO Subscription_Plan (name, description) VALUES  
( 'Basic', 'This is a basic subscription plan'),  
( 'Premium', 'This is a premium subscription plan'),  
( 'Gold', 'This is a gold subscription plan'),  
( 'Platinum', 'This is a platinum subscription plan'),  
( 'Diamond', 'This is a diamond subscription plan')  
;
```

```
INSERT INTO Member (loyalty_points, subscription_id, start_date, end_date, user_id)
VALUES
```

```
(100, 1, '2021-01-01', '2022-01-01', 6),
```

```
(200, 2, '2021-02-01', '2022-02-01', 7),
```

```
(300, 3, '2021-03-01', '2022-03-01', 8),
```

```
(400, 4, '2021-04-01', '2022-04-01', 9),
```

```
(500, 5, '2021-05-01', '2022-05-01', 10)
```

```
;
```

```
INSERT INTO Room (name, maxCapacity) VALUES
```

```
('Aerobics Room', 25),
```

```
('Spin Room', 20),
```

```
('Yoga Studio', 15),
```

```
('Weight Room', 50),
```

```
('Cardio Room', 30)
```

```
;
```

```
INSERT INTO Room_Purpose (room_id, purpose) VALUES
```

```
(1, 'Group Fitness Classes'),
```

```
(2, 'Cycling Classes'),
```

```
(3, 'Yoga and Meditation'),
```

```
(4, 'Strength Training'),
```

```
(5, 'Treadmills and Ellipticals')
```

```
;
```

```
INSERT INTO Equipment (room_id, name, type, condition, cost) VALUES
```

```
(1, 'Treadmill', 'Cardio', 'New', 6000.00),  
(2, 'Stationary Bike', 'Cardio', 'Used', 1500.00),  
(3, 'Yoga Mat', 'Accessory', 'New', 50.00),  
(4, 'Dumbbell Set', 'Weights', 'Used', 750.00),  
(5, 'Rowing Machine', 'Cardio', 'New', 1200.00)  
;
```

```
INSERT INTO Trainer (user_id, SIN) VALUES
```

```
(11, '123456789'),  
(12, '987654321'),  
(13, '234567891'),  
(14, '876543219'),  
(15, '345678912')  
;
```

```
INSERT INTO Trainer_Certificate (trainer_id, description) VALUES
```

```
(1, 'Certified Personal Trainer'),  
(2, 'Certified Nutrition Specialist'),  
(3, 'Certified Yoga Instructor'),  
(4, 'Certified Strength and Conditioning Specialist'),  
(5, 'Certified Group Fitness Instructor')  
;
```

```
INSERT INTO Admin_Staff (manager_id, user_id, SIN) VALUES
```

```
(NULL, 3, '123123123'),  
(1, 4, '321321321'),  
(1, 2, '213213213'),
```

(2, 1, '132132132'),

(3, 5, '231231231')

;

INSERT INTO Staff_Equipment (staff_id, room_id) VALUES

(1, 1),

(2, 2),

(3, 3),

(4, 4),

(5, 5)

;

INSERT INTO Member_Transaction (amount, pay_method, status, date, member_id) VALUES

(19.99, 'Credit Card', 'Completed', '2021-01-01', 1),

(29.99, 'Debit Card', 'Completed', '2021-02-01', 2),

(39.99, 'Credit Card', 'Pending', '2021-03-01', 3),

(49.99, 'Cash', 'Completed', '2021-04-01', 4),

(59.99, 'Check', 'Cancelled', '2021-05-01', 5)

;

INSERT INTO Class (start_date, end_date, trainer_id, description) VALUES

('2021-06-01', '2021-06-30', 1, 'Body Pump'),

('2021-07-01', '2021-07-31', 2, 'Cycling'),

('2021-08-01', '2021-08-31', 3, 'HIIT'),

('2021-09-01', '2021-09-30', 4, 'Yoga'),

('2021-10-01', '2021-10-31', 5, 'Zumba')

;

```
INSERT INTO Member_Class (class_id, member_id) VALUES
```

```
(1, 1),
```

```
(2, 2),
```

```
(3, 3),
```

```
(4, 4),
```

```
(5, 5)
```

```
;
```

```
INSERT INTO Member_Goal (member_id, goal_id) VALUES
```

```
(1, 'Weight Loss'),
```

```
(2, 'Muscle Gain'),
```

```
(3, 'Flexibility'),
```

```
(4, 'Endurance'),
```

```
(5, 'Wellness')
```

```
;
```

```
INSERT INTO Club_Event (start_date, end_date, description) VALUES
```

```
('2021-11-01', '2021-11-02', 'Marathon Prep Workshop'),
```

```
('2021-12-01', '2021-12-02', 'Healthy Eating Seminar'),
```

```
('2022-01-01', '2022-01-02', 'New Year Fitness Challenge'),
```

```
('2022-02-01', '2022-02-02', 'Valentine Day Couples Yoga'),
```

```
('2022-03-01', '2022-03-02', 'Spring Into Fitness Bootcamp')
```

```
;
```

```
INSERT INTO Member_Health_Stat (member_id, height, weight, heart_rate,  
blood_pressure) VALUES
```

```
(1, 1.75, 75.0, 60, 120),  
(2, 1.80, 80.0, 65, 121),  
(3, 1.65, 65.0, 70, 122),  
(4, 1.70, 70.0, 75, 123),  
(5, 1.85, 85.0, 80, 124)  
;
```

```
INSERT INTO Event_Participant (event_id, member_id) VALUES  
(1, 1),  
(2, 2),  
(3, 3),  
(4, 4),  
(5, 5)  
;
```

```
INSERT INTO Event_Organizer (event_id, staff_id) VALUES  
(1, 1),  
(2, 2),  
(3, 3),  
(4, 4),  
(5, 5)  
;
```

```
INSERT INTO Participate (member_id, event_id) VALUES  
(1, 1),  
(2, 2),  
(3, 3),
```

(4, 4),

(5, 5)

;

INSERT INTO Personal_Training_Session(member_id, trainer_id, start_time, date)

VALUES

(1, 1, TIME '10:00:00', DATE '2021-05-14'),

(2, 1, TIME '11:00:00', DATE '2021-05-14'),

(3, 1, TIME '12:00:00', DATE '2021-05-14'),

(4, 1, TIME '13:00:00', DATE '2021-05-14'),

(5, 1, TIME '14:00:00', DATE '2021-05-14')

;

INSERT INTO Exercise_Name (name, calories_burned, purpose) VALUES

('Push-up', 100, 'Strength'),

('Sit-up', 150, 'Core Stability'),

('Squat', 200, 'Lower Body Strength'),

('Burpee', 250, 'Full Body Conditioning'),

('Plank', 50, 'Core Endurance')

;

INSERT INTO Exercise (session_id, exercise_id, name, duration_in_seconds) VALUES

(1, 1, 'Push-up', 60),

(2, 2, 'Sit-up', 90),

(3, 3, 'Squat', 120),

(4, 4, 'Burpee', 30),

(5, 5, 'Plank', 180)

;

VIII. Writing SQL commands for testing

-- Retrieve all staffs and their details

```
SELECT
    au.user_id,
    au.first_name,
    au.last_name,
    ast.staff_id,
    ast.SIN,
    ast.manager_id
FROM App_User au
JOIN Admin_Staff ast ON au.user_id = ast.user_id;
```

-- Retrieve all members and their details

```
SELECT
    au.user_id,
    au.first_name,
    au.last_name,
    m.member_id,
    m.loyalty_points,
    m.subscription_id
FROM App_User au
JOIN Member m ON au.user_id = m.user_id;
```

-- Retrieve all trainers and their details

```
SELECT
```



```
    au.user_id,  
    au.first_name,  
    au.last_name,  
    t.trainer_id,  
    t.SIN  
FROM App_User au  
JOIN Trainer t ON au.user_id = t.user_id;
```

-- List all personal training sessions with their corresponding member and trainer details

```
SELECT  
    p.session_id,  
    p.date,  
    m.member_id,  
    t.trainer_id  
FROM Personal_Training_Session p  
JOIN Member m ON p.member_id = m.member_id  
JOIN Trainer t ON p.trainer_id = t.trainer_id;
```

-- Retrieve all Personal Training Sessions and the Exercises included in each session

```
SELECT  
    pts.session_id,  
    pts.start_time,  
    pts.date,  
    e.name,  
    e.duration_in_seconds,  
    en.calories_burned,  
    en.purpose
```

```
FROM Personal_Training_Session pts
```

```
LEFT JOIN Exercise e ON pts.session_id = e.session_id
```

```
LEFT JOIN Exercise_Name en ON e.name = en.name;
```

```
-- Retrieve all classes along with the assigned trainer's information
```

```
SELECT
```

```
    c.class_id,
```

```
    c.description,
```

```
    t.trainer_id,
```

```
    t.SIN
```

```
FROM Class c
```

```
JOIN Trainer t ON c.trainer_id=t.trainer_id;
```

```
-- Retrieve all Equipment and their respective room details
```

```
SELECT
```

```
    e.equipment_id,
```

```
    e.name,
```

```
    e.type,
```

```
    e.condition,
```

```
    e.cost,
```

```
    r.name AS room_name,
```

```
    r.maxCapacity
```

```
FROM Equipment e
```

```
LEFT JOIN Room r ON e.room_id = r.room_id;
```

```
-- Retrieve all Events and their participants
```

```
SELECT
```

```
    ev.event_id,  
    ev.description,  
    ep.member_id  
FROM Club_Event ev  
LEFT JOIN Event_Participant ep ON ev.event_id = ep.event_id;
```

-- Get the phone numbers of all app users

```
SELECT  
    a.first_name,  
    a.last_name,  
    u.phone_number  
FROM App_User a  
JOIN User_Phone u ON a.user_id = u.user_id;
```

-- Count the number of members subscribed to each subscription plan

```
SELECT  
    s.name,  
    COUNT(m.subscription_id) AS Number_Of_Members  
FROM Subscription_Plan s  
JOIN Member m ON s.subscription_id = m.subscription_id  
GROUP by s.name;
```

-- Find all trainers and the number of personal training sessions they have conducted

```
SELECT  
    t.trainer_id,  
    COUNT(p.session_id) AS Number_Of_Sessions  
FROM Trainer t
```

```
LEFT JOIN Personal_Training_Session p ON t.trainer_id = p.trainer_id  
GROUP BY t.trainer_id;
```

-- Select all members who have not participated in any event

```
SELECT  
    m.member_id  
FROM Member m  
LEFT JOIN Event_Participant e ON m.member_id = e.member_id  
WHERE e.event_id IS NULL;
```

-- Retrieve the latest health statistics for each member

```
SELECT  
    member_id,  
    MAX(timestamp) AS Lastest_Time  
FROM Member_Health_Stat  
GROUP BY member_id;
```

-- Find the total revenue generated from the subscription plans

```
SELECT  
    SUM(t.amount) AS Total_Revenue  
FROM Member_Transaction t
```

-- List all exercise names along with their calories burned and purpose

```
SELECT  
    e.name,  
    e.calories_burned,  
    e.purpose
```

```
FROM Exercise_Name e;
```