

# PLANNER 2024

**Nome**

**Contato**

**Signo**

**Ascendente**

**Lua**



# 2024

## Janeiro

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1 Ano Novo

## Fevereiro

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

12 Carnaval  
13 Carnaval  
14 Carnaval

## Março

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

29 Sexta-Feira Santa  
29 Paixão de Cristo

## Abril

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

21 Dia de Tiradentes

## Maio

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

1 Dia do Trabalho  
30 Corpus Christi

## Junho

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Julho

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

9 Revolução Constitucionalista

## Agosto

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

15 N. Sra da Babilônia

## Setembro

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

7 Independência do Brasil

## Outubro

S	T	Q	Q	S	S	D
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

12 Nossa Senhora Aparecida  
15 Dia do Professor  
28 Dia do Servidor Público

## Novembro

S	T	Q	Q	S	S	D
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

2 Dia de Finados  
4 Aniversário  
15 Proclamação da República  
20 Consciência Negra

## Dezembro

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

25 Natal

# 2025

Janeiro							
S	T	Q	Q	S	S	D	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

1 Ano Novo

Fevereiro							
S	T	Q	Q	S	S	D	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28			

Março							
S	T	Q	Q	S	S	D	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							
3	Carnaval						
4	Carnaval						
5	Carnaval						

Abril							
S	T	Q	Q	S	S	D	
		1	2	3	4	5	6
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

18 Sexta-Feira Santa  
18 Paixão de Cristo  
21 Dia de Tiradentes

Maio							
S	T	Q	Q	S	S	D	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

1 Dia do Trabalho

Junho							
S	T	Q	Q	S	S	D	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							
19	Corpus Christi						

Julho							
S	T	Q	Q	S	S	D	
		1	2	3	4	5	6
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

9 Revolução Constitucionalista

Agosto							
S	T	Q	Q	S	S	D	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

15 N. Sra da Babilônia

Setembro							
S	T	Q	Q	S	S	D	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30						

7 Independência do Brasil

Outubro							
S	T	Q	Q	S	S	D	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

12 Nossa Senhora Aparecida  
15 Dia do Professor  
28 Dia do Servidor Público

Novembro							
S	T	Q	Q	S	S	D	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

2 Dia de Finados  
4 Aniversário  
15 Proclamação da República  
20 Consciência Negra

Dezembro							
S	T	Q	Q	S	S	D	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					

25 Natal

PROJETOS

Prazo final

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Etapas

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Prazo final

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Etapas

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Etapas

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# HORÁRIOS

	Segunda	Terça	Quarta	Quinta	Sexta
08:00					
09:00					
10:00					
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15:00					
16:00					
17:00					
18:00					
19:00					
20:00					

PROJETOS

Prazo final

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Etapas

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Prazo final

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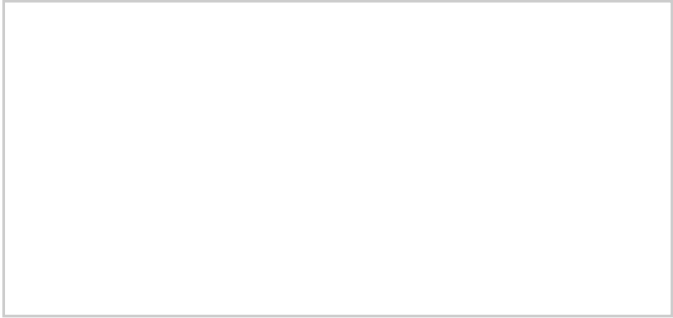
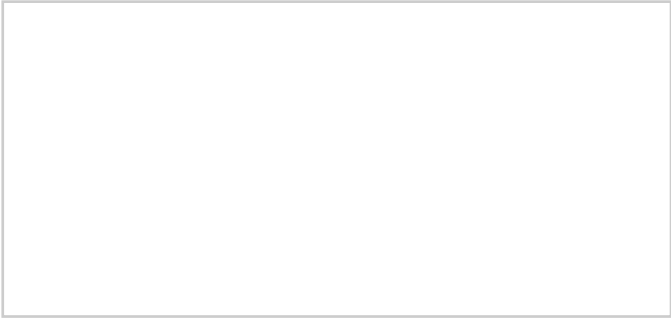
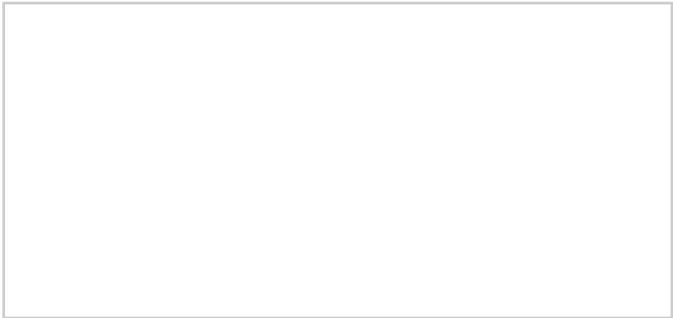
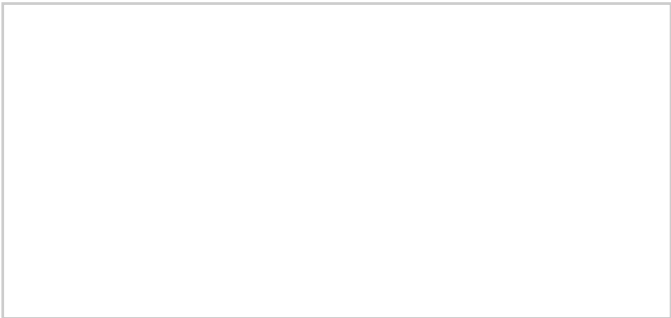
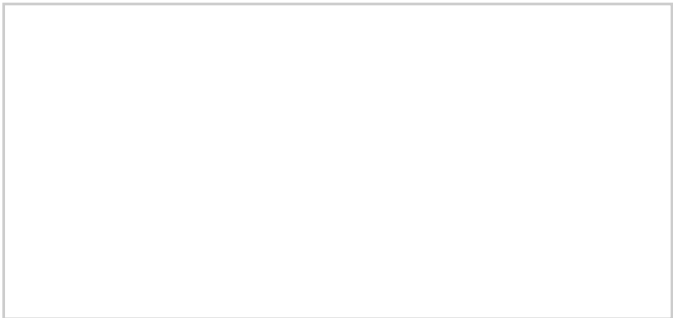
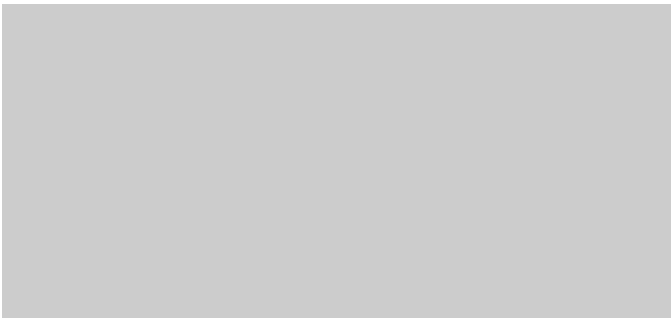
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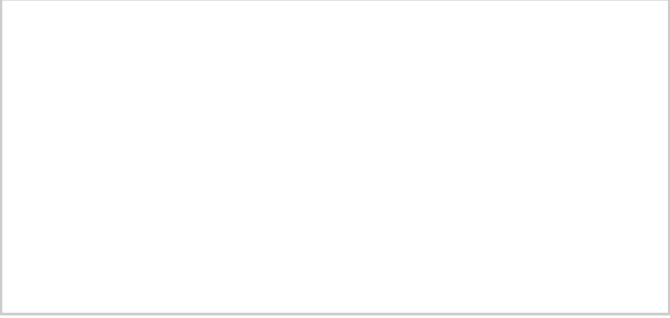
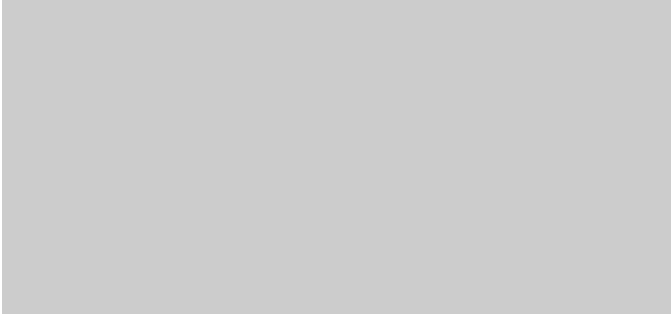
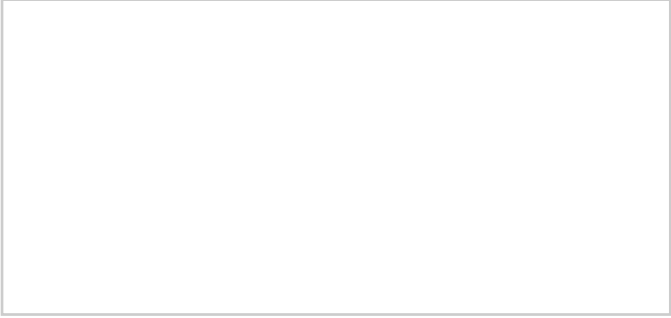
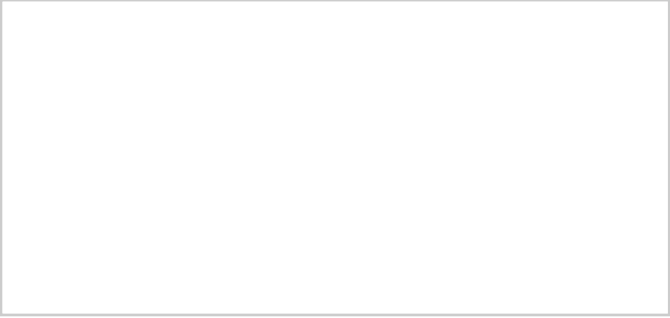
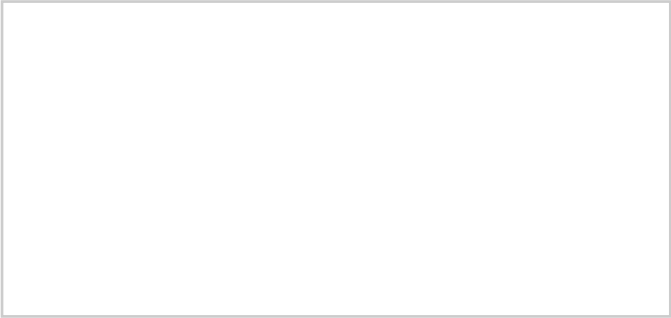
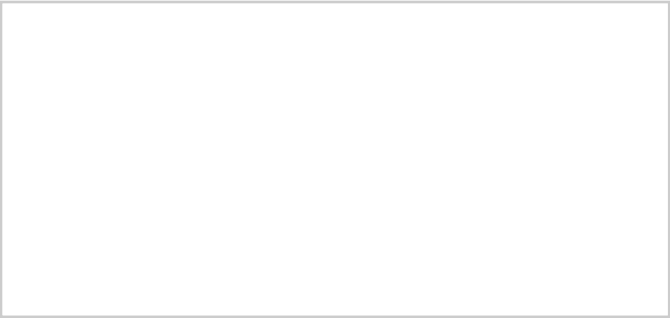
# HORÁRIOS

	Segunda	Terça	Quarta	Quinta	Sexta
08:00					
09:00					
10:00					
11:00					
12:00					
13:00					
14:00					
15:00					
16:00					
17:00					
18:00					
19:00					
20:00					

# Organização







# Janeiro

Cada novo começo traz consigo a oportunidade de crescer, aprender e se tornar uma versão ainda melhor de si mesmo!

Luís Gama

## Semana 0

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

## 2 Ter

[illegible]

# 1 Seg - Ano Novo

[illegible]

### 3 Qua

[illegible]


Three rows of empty circles, each row containing seven circles, for handwriting practice.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

# Janeiro

O sucesso é a soma de pequenos esforços repetidos dia após dia.

## Charles Darwin

## Semana 1

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

**9 Ter**

[illegible]


## 8 Seg - Aniversário de Bidu

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

## 10 Qua

[illegible]

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Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the letters 'a' and 'c' in.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

# Janeiro

A educação é a arma mais poderosa que você pode usar para mudar o mundo.

# Nelson Mandela

## Semana 2

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in a grid, intended for tracing or dot-marker writing. The dots are organized into 10 rows and 20 columns.

**16 Ter**

[illegible]

**15 Seg**

[illegible]

## 17 Qua

[illegible]

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S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

# Janeiro

O verdadeiro sucesso não é o dinheiro, é a liberdade.

# Mahatma Gandhi

## Semana 3

**22**      **Seg**

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The entire sheet is designed for practicing letter formation and alignment.[illegible]

**23** Ter

[illegible]

24 Qua

[illegible]



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S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

# Janeiro

Se você quer algo que nunca teve, precisa fazer algo que nunca fez.

# Thomas Jefferson

## Semana 4

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. The first set of lines is at the top, followed by four more sets. Below each set of primary lines is a corresponding set of dotted lines for tracing practice. The dotted lines are arranged in a grid pattern, with each row of dots aligned with a set of primary lines. The entire sheet is designed to help children learn to write their names and practice basic handwriting skills.

**30 Ter**

[illegible]

## 29 Seg

[illegible]

**31** Qua

[illegible]

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# 2

[illegible][illegible]

4

[illegible][illegible]

<b>S</b>	<b>T</b>	<b>Q</b>	<b>Q</b>	<b>S</b>	<b>S</b>	<b>D</b>
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

# Fevereiro

A simplicidade é a suprema sofisticação.

## Leonardo da Vinci

## Semana 5

## 5 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small circle. The entire sheet is set against a background of light gray dashed lines.[illegible]

6 Ter


## 7 Qua

[illegible][illegible]

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Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, and is positioned between two horizontal lines.

<b>S</b>	<b>T</b>	<b>Q</b>	<b>Q</b>	<b>S</b>	<b>S</b>	<b>D</b>
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

[illegible][illegible][illegible][illegible]

# Fevereiro

A coisa mais importante é nunca parar de questionar.

Olavo de Carvalho

## Semana 6

## 13 Ter - Carnaval

[illegible]

## 12 Seg - Carnaval

[illegible]


## 14 Qua - Carnaval

[illegible]

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each circle having a thin black outline.

<b>S</b>	<b>T</b>	<b>Q</b>	<b>Q</b>	<b>S</b>	<b>S</b>	<b>D</b>
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

## 15

[illegible]

## 16

[illegible]

## 17

[illegible]

## 18

[illegible]

# Fevereiro

A felicidade não é algo pronto. Ela vem das suas próprias ações.

## Dalai Lama

## Semana 7

[illegible]

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**20**      **Ter**

[illegible]

## 19 Seg

[illegible]

21 Qua

[illegible]



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Three rows of empty circles for handwriting practice. Each row contains seven circles, spaced evenly across the page.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

# Fevereiro

Não tenha medo de desistir do bom para buscar o ótimo.

## Steve Jobs

## Semana 8


## 26 Seg

Handwriting practice paper with five sets of three horizontal lines (top, middle, bottom) and a dotted line. Each set has a circle on the top line for letter formation. The first set is pre-filled with the letter 'a'.

**27** Ter

## 28 Qua

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Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

[illegible][illegible][illegible][illegible]

# Março

A criatividade é a inteligência se divertindo.

# Albert Einstein

## Semana 9


This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

## 4 Seg

**5 Ter**

## 6 Qua

## Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## 7 Qui

## 8 Sex

**9 Sáb**

## 10 Dom

# Março

Transforme desafios em triunfos; sua resiliência é a chave para o sucesso.

# Greta Thunberg

## Semana 10

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small circle. The entire sheet is enclosed in a rectangular border.

12 Ter


**11 Seg**

## 13 Qua

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Three rows of empty circles for handwriting practice, each row containing six circles.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# Março

O conhecimento é poder.

## Francis Bacon

## Semana 11

**18 Seg**

This image shows a handwriting practice sheet. It features five sets of horizontal lines for writing practice. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. To the left of each set is a large circle, likely intended for practicing the formation of capital letters. The first four sets are preceded by a circle, while the fifth set is not. The circles are positioned at the start of each line set, and the lines extend across the width of the page.

**19 Ter**

## 20 Qua



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S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# Março

O tempo é o melhor juiz de tudo.

Sócrates

## Semana 12

## 25 Seg

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

**26**      **Ter**

**27** Qua

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\_\_\_\_\_

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# Abril

A única coisa necessária para o triunfo do mal é que os homens bons não façam nada.

## Edmund Burke

## Semana 13

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into seven rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

## 2 Ter

**1 Seg** - Aniversário de Carol Correa

### 3 Qua

# Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## 4 Qui

## 5 Sex

**6 Sáb**

## 7 Dom

# Abril

A verdadeira medida de um homem não é como ele se comporta em momentos de conforto e conveniência, mas como ele se mantém em tempos de controvérsia e desafio.

Martin Luther King Jr.

## Semana 14

## 8 Seg

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The entire sheet is designed for practicing letter formation and alignment.


9 Ter

## 10 Qua

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## 11 Qui

## 12 Sex

**13 Sáb**

## 14 Dom

# Abril

Você não é derrotado quando perde. Você é derrotado quando desiste.

Angela Davis

## Semana 15

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into seven rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

**16 Ter**

**15 Seg**

## 17 Qua



[illegible]

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

[illegible][illegible][illegible][illegible]

# Abril

O único lugar onde o sucesso vem antes do trabalho é no dicionário.

# Vidal Sassoon

## Semana 16

**22**      **Seg**

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The entire sheet is designed for practicing letter formation and alignment.

**23** Ter

24 Qua

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# Abril

Aquele que não sabe nada não pode entender nada.

# Albert Einstein


## Semana 17

**29**      **Seg**

**30 Ter**

# 1 Qua - Dia do Trabalho

---

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the number 1 in each.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

[illegible][illegible][illegible][illegible]

# Maio

Não importa quão difícil a vida possa parecer, há sempre uma razão para continuar.

# Harriet Beecher Stowe

## Semana 18

## 6 Seg

## 7 Ter

## 8 Qua - Aniversário De Namoro : Moção

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row starting on a horizontal line.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

[illegible][illegible][illegible][illegible]

# Maio

A vida pode ser difícil, mas é a nossa determinação que a torna valiosa.

# Jordan Peterson

## Semana 19

[illegible]

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• • • • •

• • • • •

• • • • •

• • • • •

• • • • •

14 Ter

## 13 Seg

## 15 Qua





# Maio

A vida é uma jornada, e cada passo é uma oportunidade para aprender e crescer.

## Maya Angelou


## Semana 20

**20 Seg**

**21** Ter

22 Qua

---

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the letters 'a' and 'c' in.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

[illegible][illegible]

## This image shows a single page of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

# Maio

A vida pode ser bela, mesmo em meio às dificuldades.

## Helen Keller

## Semana 21

[illegible][illegible]

28 Ter

## 27 Seg

## 29 Qua

---

Three rows of empty circles for handwriting practice, each row containing seven circles.

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

[illegible][illegible][illegible][illegible]

# Junho

Não se preocupe com as falhas do passado, foque nas oportunidades do futuro.

# Thomas Edison

## Semana 22

### 3 Seg

This image shows a handwriting practice sheet. It features five rows of primary lines (top, middle, and bottom lines) and five rows of dotted lines for tracing. Each row is preceded by a large circle, likely for a starting point or a letter 'O'. The lines are evenly spaced and extend across the width of the page.


## 4 Ter

## 5 Qua

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row of circles separated by a horizontal line.

<b>S</b>	<b>T</b>	<b>Q</b>	<b>Q</b>	<b>S</b>	<b>S</b>	<b>D</b>	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

## 6 Qui

## 7 Sex

**8 Sáb**

## 9 Dom

# Junho

O sol sempre nasce novamente depois da noite mais escura.

## Emily Bronte

## Semana 23

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

11 Ter

**10**    **Seg** - Aniversário de José

## 12 Qua



---

Three rows of empty circles for handwriting practice, each row containing seven circles.

S	T	Q	Q	S	S	D
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

[illegible][illegible][illegible][illegible]

# Junho

Acredite em si mesmo e você será capaz de superar qualquer obstáculo.

## Confúcio

## Semana 24

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

**18 Ter**

## 17 Seg

## 19 Qua



# Junho

A vida é monótona, um dia após o outro.

## Isaac Newton

## Semana 25

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. The first four sets of lines are followed by a set of dotted lines for tracing practice. The first set of lines has a circle at the top left. The second set has a circle at the top left. The third set has a circle at the top left. The fourth set has a circle at the top left. The fifth set has a circle at the top left. The dotted lines are arranged in five rows, each with 20 dots.

**25** Ter

**24 Seg**

26 Qua

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# Julho

O amor é apenas uma ilusão, uma tentativa vã de escapar da solidão.

## Albert Camus


## Semana 26

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in a grid, likely for tracing or dot-marker writing. The dots are organized into 10 rows and 20 columns.

## 2 Ter

# 1 Seg

### 3 Qua

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.

# Julho

A esperança é uma mentira reconfortante que nos faz suportar a monotonia da vida.

## Marcel Proust

## Semana 27

[illegible]

## 9 Ter - Revolução Constitucionalista

## 8 Seg

## 10 Qua - Aniversário de Giulia



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Three rows of empty circles for handwriting practice. Each row contains seven circles, spaced evenly across the page.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

# Julho

A existência é um desperdício de energia.

Clóvis de Barros

## Semana 28

## 15 Seg

This image shows a handwriting practice sheet. It features five rows of primary lines (top, middle, and bottom lines) and five rows of dotted lines for tracing. Each row is preceded by a large circle, likely for a starting point or a letter 'O'. The lines are evenly spaced and extend across the width of the page.

**16** Ter

## 17 Qua

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S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

# Julho

A vida é uma estrada longa e tediosa, sem um destino real.

## Franz Kafka

## Semana 29

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots for tracing or dot-marker writing. The dots are arranged in a grid pattern, with 15 dots per row and 10 rows in total. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

**23**      **Ter**

**22**      **Seg**

24 Qua

## Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each circle having a thin black outline. The rows are separated by horizontal lines.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## 25 Qui

## 26 Sex

[illegible]

**27**      **Sáb**

[illegible]

## 28 Dom

[illegible]

# Julho

A natureza humana é essencialmente egoísta e mesquinha.

## Thomas Hobbes

## Semana 30

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

**30 Ter**

## 29 Seg

**31** Qua

## Hábitos

Three rows of empty circles, each row containing seven circles, for handwriting practice.

<u>S</u>	<u>T</u>	<u>Q</u>	<u>Q</u>	<u>S</u>	<u>S</u>	<u>D</u>
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# 1 Qui

[illegible]

## 2 Sex

[illegible]

### 3 Sáb

[illegible]

## 4 Dom

[illegible]

# Agosto

O universo é indiferente às nossas vidas e às nossas lutas.

## Carl Sagan

## Semana 31

A handwriting practice sheet for children. It features five sets of primary lines (top, middle, bottom) and five sets of dotted lines for tracing. Each set begins with a circle on the top line.


6 Ter

## 5 Seg

## 7 Qua



## Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## 8 Qui

## 9 Sex

**10 Sáb**

## 11 Dom

# Agosto

A felicidade é uma ilusão criada pelo nosso cérebro para nos manter funcionando.

David Byrne

## Semana 32

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

13 Ter

## 12 Seg

14 Qua

---

Three rows of empty circles for handwriting practice. Each row contains seven circles, spaced evenly across the page.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

[illegible][illegible][illegible][illegible]

# Agosto

A vida é como uma vela queimando, lentamente e sem propósito.  
Jack Kerouac

## Semana 33


This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in a grid, intended for tracing or dot-marker writing. The dots are organized into 10 rows and 20 columns.

**20 Ter** - Aniversário de Brislau

## 19 Seg

21 Qua

## Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

22 Qui

## 23 Sex

**24** **Sáb**

## 25 Dom

# Agosto

Tudo o que amamos acabará por nos abandonar.

## Epicuro

## Semana 34

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. The first four sets of lines are each preceded by a large circle, likely for letter formation practice. Below the first set of primary lines, there are five sets of dotted lines for tracing practice. The entire sheet is designed to help children learn to write their names and practice basic handwriting skills.

**27** Ter

## 26 Seg

## 28 Qua

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Three rows of empty circles, each row containing seven circles, for handwriting practice. Each row is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

[illegible][illegible][illegible][illegible]

# Setembro

O mundo é tão caótico e confuso que às vezes me sinto como um personagem em um filme sem roteiro.

# Paulo Coelho

## Semana 35

## 2 Seg

This image shows a handwriting practice sheet. It consists of five rows of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, also each preceded by a small circle. The circles are positioned at the start of each line, serving as a guide for letter placement. The entire sheet is designed for practicing letter formation and alignment.

### 3 Ter


## 4 Qua



---

---

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Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 5 Qui

[illegible]

## 6 Sex

[illegible]

## 7 Sáb - Independência do Brasil

[illegible]

## 8 Dom

[illegible]

# Setembro

Às vezes, sinto que sou um estranho em minha própria vida, como se tudo ao meu redor estivesse acontecendo em outra dimensão.

Lima Barreto

## Semana 36

## 9 Seg

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. The first four sets of lines are preceded by a large circle, likely for letter formation practice. Below these are five rows of dotted lines, each preceded by a small dot, for tracing practice. The entire sheet is designed to help children learn to write their names and practice basic handwriting skills.


10 Ter

## 11 Qua

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 12 Qui

[illegible]

**14**      **Sáb**

[illegible]

## 13 Sex

[illegible]

## 15 Dom

[illegible]

# Setembro

Os dias passam como um borrão cinzento, sem alegria ou entusiasmo.

## Virginia Woolf

## Semana 37

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

17 Ter

## 16 Seg

## 18 Qua

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---

---

Three rows of empty circles, each row containing seven circles, for handwriting practice. Each row is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

[illegible][illegible][illegible][illegible]

# Setembro

A vida é uma montanha-russa de emoções, mas parece que estou preso no looping da tristeza.

## Edgar Allan Poe

## Semana 38

## 23 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small dot.


24 Ter

## 25 Qua

---

---

---

Three rows of empty circles for handwriting practice. Each row contains six circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each circle having a thin black outline.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

[illegible][illegible][illegible][illegible]

# Setembro

A felicidade parece tão distante e inalcançável, como se estivesse sempre fugindo de mim.

## Emily Dickinson

## Semana 39

# 30 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small dot.

**1 Ter**

## 2 Qua



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Three rows of empty circles, each row containing seven circles, for handwriting practice. Each row is positioned between two horizontal lines.

[illegible][illegible][illegible][illegible]

# Outubro

O mundo é tão cruel e implacável que às vezes me sinto como um pequeno barco à deriva em um oceano de problemas.

Luiz Felipe Pondé

## Semana 40


## 7 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for independent writing, followed by five rows of dotted horizontal lines for tracing practice. Each row of dotted lines contains 20 evenly spaced dots.

**8 Ter**

## 9 Qua

---

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the number 6 in.

S	T	Q	Q	S	S	D
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

[illegible][illegible][illegible][illegible]

# Outubro

A solidão é um estado de espírito doloroso que nos faz sentir como se estivéssemos em um deserto desolado, sem esperança de encontrar um oásis.

## Sylvia Plath

## Semana 41

**14 Seg**

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

## 15 Ter - Dia do Professor


## 16 Qua

\_\_\_\_\_

\_\_\_\_\_ ○○○○○○

\_\_\_\_\_

\_\_\_\_\_ ○○○○○○

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.[illegible][illegible][illegible][illegible]

# Outubro

A tristeza é um buraco negro que suga toda a luz e alegria da vida.

# Stephen Hawking

## Semana 42


This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these, there are several rows of dots for tracing or dot-marker writing. The first row of dots is a single line of dots. The subsequent rows are pairs of lines of dots, with the second line of dots in each pair being slightly offset to the right of the first.

**22** Ter

## 21 Seg

## 23 Qua

## Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, with the last circle in each row being slightly larger than the others. The circles are arranged in three horizontal rows, with the top row being the highest, the middle row in the center, and the bottom row being the lowest.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

24 Qui

[illegible]

## 25 Sex

[illegible]

**26**      **Sáb**

[illegible]

**27 Dom**

[illegible]

# Outubro

A vida é uma jornada solitária, e às vezes parece que estou caminhando sozinho em uma estrada sem fim.

## Albert Einstein

## Semana 43

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a solid bottom line, and a dotted midline. At the beginning of each set, there is a circle drawn on the top line, intended for practicing the formation of uppercase letters. The lines are evenly spaced and extend across the width of the page.

**29 Ter** - Aniversário de Xarles  
- Aniversário de Adriana

**28**    **Seg** - Dia do Servidor Público

**30** Qua



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<b>S</b>	<b>T</b>	<b>Q</b>	<b>Q</b>	<b>S</b>	<b>S</b>	<b>D</b>
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

[illegible][illegible][illegible][illegible]

# Novembro

A felicidade é uma mentira, uma fuga da realidade.

## Friedrich von Schiller

## Semana 44

[illegible]

**5 Ter**

[illegible]

**4 Seg** - Aniversário

## 6 Qua

## Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## 7 Qui

## 8 Sex

**9 Sáb**

## 10 Dom

# Novembro

O sofrimento é a condição natural da vida.

## Buddha

## Semana 45

[illegible]

12 Ter

[illegible]

## 11 Seg

[illegible]


## 13 Qua

[illegible]

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Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

<b>S</b>	<b>T</b>	<b>Q</b>	<b>Q</b>	<b>S</b>	<b>S</b>	<b>D</b>
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

[illegible][illegible][illegible][illegible]

# Novembro

A humanidade é inerentemente má e não pode ser salva.

## Friedrich Nietzsche

## Semana 46


**18 Seg**

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small dot.

19 Ter

## 20 Qua - Consciência Negra

## Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## 21 Qui

[illegible]

## 22 Sex

[illegible]

23 Sáb

[illegible]

**24 Dom**

[illegible]

# Novembro

O mundo é um lugar cruel e sem sentido.

# Jean-Paul Sartre

## Semana 47

## 25 Seg

This image shows a handwriting practice sheet. It features five rows of primary lines, each starting with a circle on the left. Below these are five rows of dotted lines, also starting with a circle on the left. The circles are positioned at the beginning of each line, and the dotted lines are spaced evenly across the page.

**26**      **Ter**

## 27 Qua - Aniversário de Matheus Rocha



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Three rows of empty circles for handwriting practice, each row containing seven circles.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

[illegible][illegible][illegible][illegible]

# Dezembro

Tudo o que amamos está condenado a desaparecer.

# Oscar Wilde

## Semana 48

## 2 Seg

cat

[illegible]

### 3 Ter

[illegible]

## 4 Qua

[illegible]

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S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## 5 Qui - Aniversário de Feja

[illegible]

## 6 Sex

[illegible]

**7 Sáb**

[illegible]

## 8 Dom

[illegible]

# Dezembro

Tudo o que construímos eventualmente desmoronará em nossas mãos.

# Ernest Hemingway

## Semana 49

[illegible]

• • • • •

• • • • •

• • • • •

• • • • •

• • • • •

• • • • •

• • • • •

10 Ter

[illegible]


## 9 Seg

[illegible]

## 11 Qua

[illegible]

## Hábitos

Three rows of empty circles for handwriting practice, each row containing eight circles.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## 12 Qui

[illegible]

## 13 Sex

[illegible]

**14 Sáb**

[illegible]

## 15 Dom

[illegible]

# Dezembro

A vida é uma sequência sem fim de decepções e traições.

## Tennessee Williams

## Semana 50

[illegible]

• • • • •

• • • • •

• • • • •

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• • • • •

• • • • •

17 Ter

[illegible]

## 16 Seg

[illegible]


## 18 Qua

[illegible]

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

[illegible][illegible][illegible][illegible]

# Dezembro

Tudo o que nos resta é a angústia e o vazio existencial.

# Søren Kierkegaard

## Semana 51

[illegible]

• • • • •

• • • • •

• • • • •

• • • • •

• • • • •

• • • • •

.....

24 Ter

[illegible]

## 23 Seg


[illegible]

## 25 Qua - Natal

[illegible]



## Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## 26 Qui

[illegible]

## 27 Sex

[illegible]

**28**      **Sáb**

[illegible]

## 29 Dom

[illegible]

# Dezembro

A vida é uma chama efêmera que logo se extingue, mas a morte é a luz que brilha para sempre.

## Rainer Maria Rilke

## Semana 52

**30 Seg**

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a solid middle line, and a solid bottom line, with a dotted line positioned halfway between the middle and bottom lines. A small circle is placed at the beginning of the top line for each set. The first set of lines is shaded light blue, while the remaining four sets are white.[illegible]

**31**      **Ter**

[illegible]

# 1 Qua - Ano Novo

[illegible]

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Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row starting on a horizontal line.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

[illegible][illegible][illegible][illegible]

[illegible]



## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.





# Anotações

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.



## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.