

PLANNER 2025

Nome

Contato

Signo

Ascendente

Lua



2025

Janeiro

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

1 Ano Novo

Fevereiro

S	T	Q	Q	S	S	D
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Março

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

3 Carnaval

4 Carnaval

5 Carnaval

Abril

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

18 Sexta-Feira Santa

21 Dia de Tiradentes

Maio

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1 Dia do Trabalho

Junho

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

19 Corpus Christi

Julho

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

9 Revolução Constitucionalista

Agosto

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Setembro

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

7 Independência do Brasil

Outubro

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

12 Nossa Senhora Aparecida

15 Dia do Professor

28 Dia do Servidor Público

Novembro

S	T	Q	Q	S	S	D
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

2 Dia de Finados

15 Proclamação da República

20 Consciência Negra

Dezembro

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

8 N. Sra da Conceição

25 Natal

2026

Janeiro

S	T	Q	Q	S	S	D
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1 Ano Novo

Fevereiro

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

16 Carnaval
17 Carnaval
18 Carnaval

Março

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Abril

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

3 Sexta-Feira Santa
21 Dia de Tiradentes

Maio

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1 Dia do Trabalho

Junho

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

4 Corpus Christi

Julho

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

9 Revolução Constitucionalista

Agosto

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Setembro

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

7 Independência do Brasil

Outubro

S	T	Q	Q	S	S	D
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

12 Nossa Senhora Aparecida
15 Dia do Professor
28 Dia do Servidor Público

Novembro

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

2 Dia de Finados
15 Proclamação da República
20 Consciência Negra

Dezembro

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

8 N. Sra da Conceição
25 Natal

PROJETOS

Etapas	Prazo final	
	/	/
<input type="radio"/>	/	/
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Etapas	Prazo final	
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Etapas		Prazo final	
		/	/

Etapas		Prazo final	
		/	/
		/	/
		/	/
		/	/
		/	/
		/	/

HORÁRIOS

	Segunda	Terça	Quarta	Quinta	Sexta
08:00					
09:00					
10:00					
11:00					
12:00					
13:00					
14:00					
15:00					
16:00					
17:00					
18:00					
19:00					
20:00					

PROJETOS

Prazo final

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Etapas

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Prazo final

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Etapas

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Prazo final

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Etapas

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Prazo final

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Etapas

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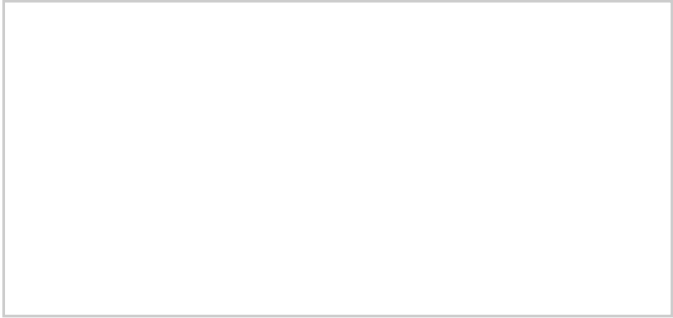
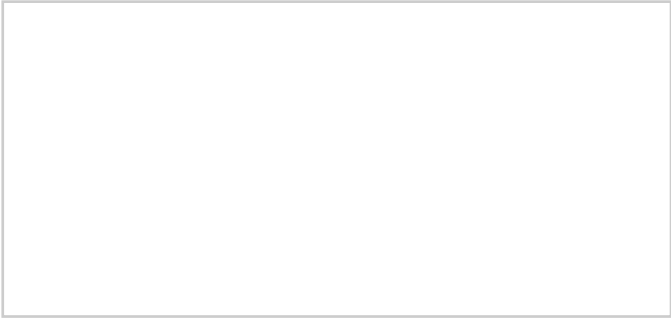
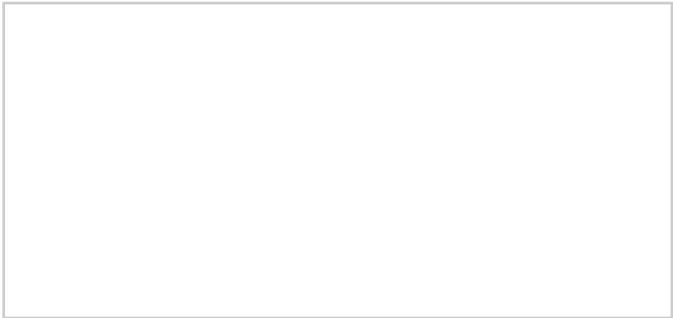
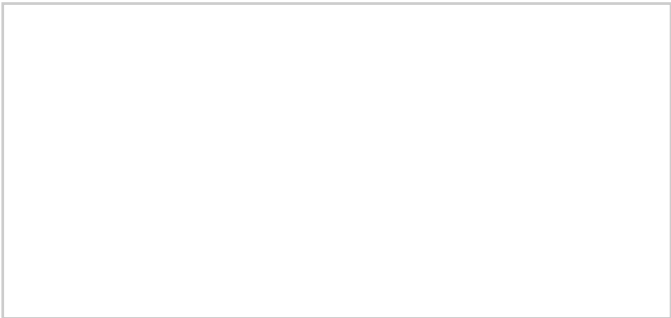
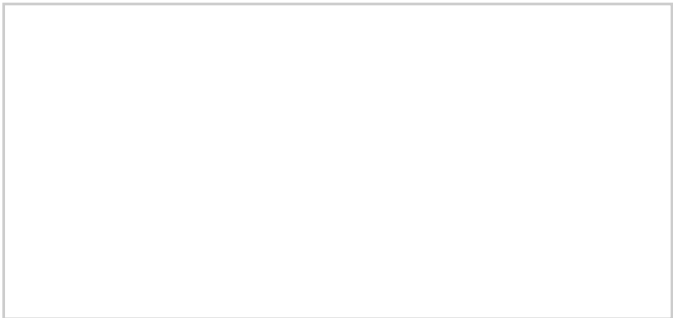
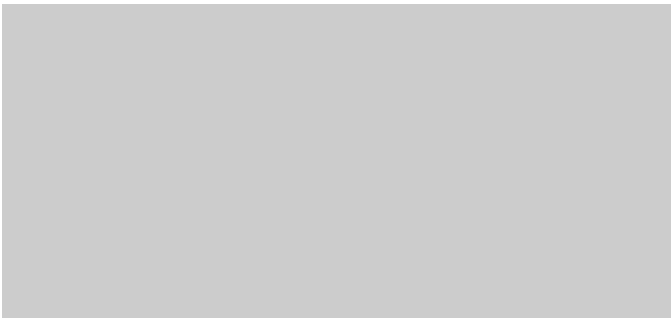
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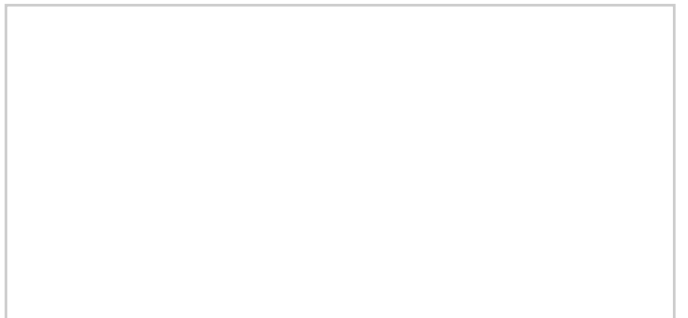
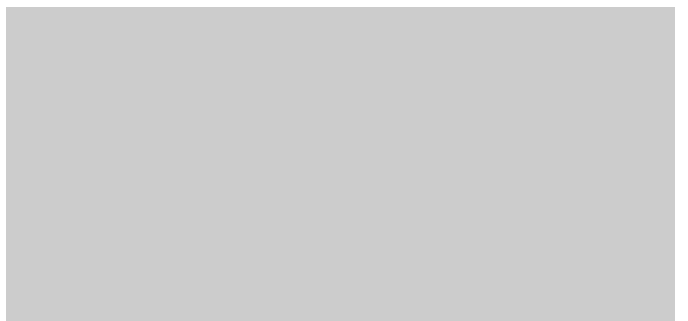
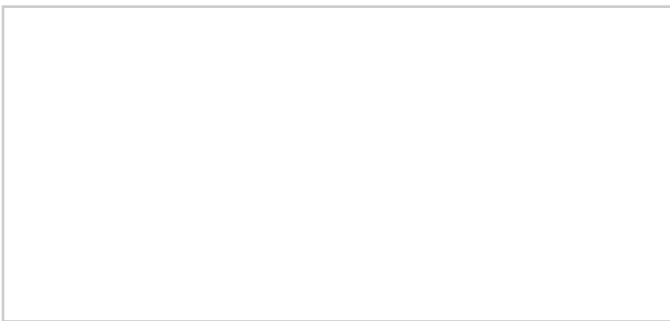
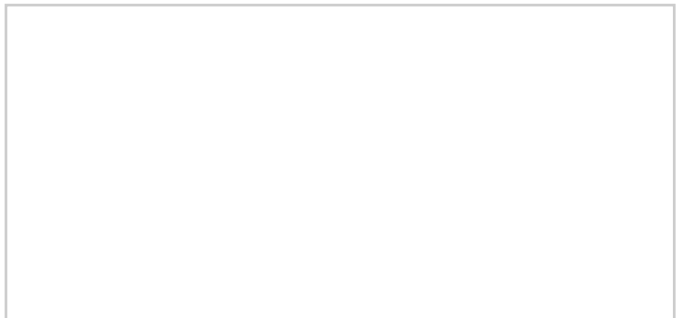
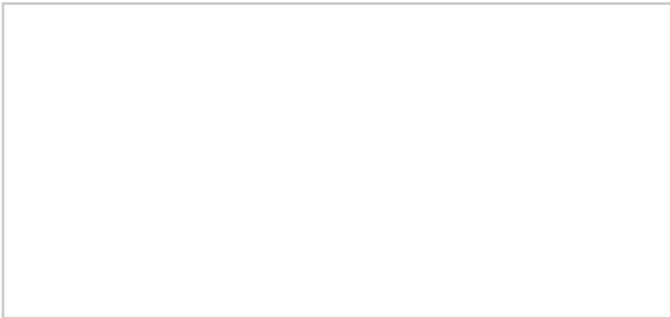
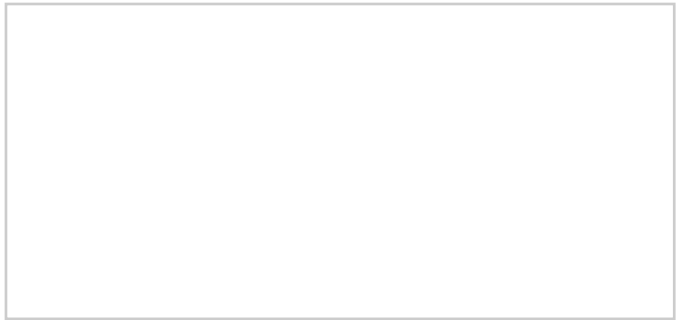
/

HORÁRIOS

	Segunda	Terça	Quarta	Quinta	Sexta
08:00					
09:00					
10:00					
11:00					
12:00					
13:00					
14:00					
15:00					
16:00					
17:00					
18:00					
19:00					
20:00					

Organização





Dezembro

Cada dia é uma nova oportunidade para alcançar seus sonhos.

Maya Angelou

Semana 0

30 Seg


A handwriting practice sheet. The top half contains five rows of solid horizontal lines, each starting with a small circle. The bottom half contains five rows of dotted horizontal lines, each also starting with a small circle.[illegible]

31 Ter

[illegible]

1 Qua - Ano Novo

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, and is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

[illegible][illegible][illegible][illegible]

Janeiro

A perseverança é o caminho para transformar desafios em conquistas.

Stephen Hawking

Semana 1

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

7 Ter

[illegible]

6 Seg

[illegible]

8 Qua - Aniversário de Bidu

[illegible]

Janeiro

Acredite em si mesmo, pois você é capaz de coisas incríveis.

Oscar Wilde

Semana 2

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.

14 Ter

[illegible]

13 Seg

[illegible]

15 Qua

[illegible]

Janeiro

A força interior é uma luz que nunca se apaga.

Edmund Burke

Semana 3

20 Seg

This image shows a handwriting practice sheet. It features five sets of three horizontal lines each, designed for letter formation. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. Below these sets are five rows of 20 dots each, intended for tracing practice. The entire sheet is enclosed in a simple rectangular border.[illegible]

21 **Ter**

[illegible]

22 Qua

[illegible]

Janeiro

O primeiro passo pode ser pequeno, mas é o começo de algo grande.

Friedrich von Schiller

Semana 4

27 Seg


This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.[illegible]

28 Ter

[illegible]

29 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

[illegible][illegible][illegible][illegible]

Fevereiro

A imaginação é o prelúdio de grandes realizações.

Olavo de Carvalho

Semana 5

[illegible]

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• • • • •

4 Ter


[illegible]

3 Seg

[illegible]

5 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the letters 'a' and 'c' in.

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

6 Qui

[illegible]

7 Sex

[illegible]

8 Sáb

[illegible]

9 Dom

[illegible]

Fevereiro

Vencer é aprender com os erros e seguir em frente com coragem.

Harriet Beecher Stowe

Semana 6

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

11 Ter


[illegible]

10 Seg

[illegible]

12 Qua

[illegible]

Three rows of empty circles for handwriting practice, each row containing six circles.

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

13

[illegible]

14

[illegible]

15

[illegible]

16

[illegible]

Fevereiro

O poder da mente é maior do que qualquer obstáculo.

Søren Kierkegaard

Semana 7

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

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• • • • •

18 Ter


[illegible]

17 Seg

[illegible]

19 Qua

[illegible]

Three rows of empty circles for handwriting practice, each row containing six circles.

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

[illegible][illegible][illegible][illegible]

Fevereiro

A gratidão transforma pequenos momentos em grandes memórias.

Thomas Jefferson

Semana 8

24 Seg

cat


[illegible]

25 Ter

[illegible]

26 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D		
							1	2
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		
31								

[illegible][illegible][illegible][illegible]

Março

O futuro pertence àqueles que acreditam na beleza de seus sonhos.

Jack Kerouac

Semana 9

cat

4 Ter - Carnaval

[illegible]

3 Seg - Carnaval

[illegible]

5 Qua - Carnaval

[illegible]

Março

Grandes jornadas começam com pequenos passos.

Martin Luther King Jr.

Semana 10

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. To the left of each set is a large circle, likely for a letter or a starting point. Below the primary lines are five rows of dotted lines, each containing 20 dots, intended for tracing practice.

11 Ter

[illegible]

10 Seg

[illegible]

12 Qua

[illegible]

Março

O otimismo é a força que nos impulsiona.

Albert Einstein

Semana 11

17 Seg

Handwriting practice sheet with five rows of lines. Each row starts with a circle on the left, followed by a solid top line, a dashed middle line, and a solid bottom line. The bottom line of the fifth row is dotted.

[illegible]

18 Ter

[illegible]

19 Qua

[illegible]

Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

20 Qui

[illegible]

21 Sex

[illegible]

22 Sáb

[illegible]

23 Dom

[illegible]

Março

Hoje é o dia perfeito para começar algo novo.

Marcel Proust

Semana 12

24 **Seg**

Handwriting practice paper with five sets of horizontal lines. Each set consists of a top line, a middle line, and a bottom line. The first four sets have a circle at the beginning of the top line, and the fifth set has a circle at the beginning of the middle line. Below the lines are several rows of dotted lines for tracing practice.


[illegible]

25 Ter

[illegible]

26 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D		
							1	2
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		
31								

[illegible][illegible][illegible][illegible]

Março

A coragem é o que transforma sonhos em realidade.

Dalai Lama

Semana 13

31 Seg

1 Ter - Aniversário de Carol Correa

2 Qua

[illegible][illegible]

Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

3 Qui

[illegible]

4 Sex

[illegible]

5 Sáb

[illegible]

6 Dom

[illegible]

Abril

A determinação vence qualquer desafio.

Paulo Coelho

Semana 14

7 Seg

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these is a set of dotted horizontal lines, also preceded by a small circle. The dotted lines are intended for tracing practice.[illegible]

8 Ter

[illegible]

9 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row starting on a horizontal line.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

[illegible][illegible][illegible][illegible]

Abril

A vida é um presente, aproveite cada instante.

Leonardo da Vinci

Semana 15

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these, there are several rows of dots for tracing or dot-marker writing. The first row of dots is a single line of dots. The subsequent rows are pairs of lines of dots, with the second line of dots in each pair being slightly offset to the right of the first.

15 Ter

[illegible]

14 Seg

[illegible]

16 Qua

[illegible]

Abril

A esperança é uma estrela que nunca se apaga.

Edgar Allan Poe

Semana 16

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. At the beginning of each set, there is a large, hollow letter 'O' for tracing. The first set of lines is pre-filled with the letter 'O' in a light gray font. The remaining four sets are empty, with only the dashed middle line visible for tracing practice. The rest of the page is blank for independent writing practice.


22 Ter

[illegible]

21 **Seg** - Dia de Tiradentes

[illegible]

23 Qua

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

[illegible][illegible][illegible][illegible]

Abril

Nem todos os caminhos são retos, mas cada um leva a um destino.

Isaac Newton

Semana 17

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

29 **Ter**

[illegible]

28 **Seg**

[illegible]

30 Qua

[illegible]

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

[illegible][illegible][illegible][illegible]

Maio

A jornada da vida é cheia de altos e baixos, mas cada passo conta.

Buddha

Semana 18

5 Seg


[illegible]

6 Ter

[illegible]

7 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the number 6 in.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Qui - Aniversário De Namoro : Moção

[illegible]

Sex

[illegible]**Sáb**[illegible]

Dom

[illegible]

Maio

Às vezes, é no silêncio que encontramos as respostas mais profundas.

Epicuro

Semana 19

Handwriting practice sheet with five rows of lines. Each row starts with a circle on the left, followed by a solid top line, a dashed middle line, and a solid bottom line. Below these rows are five rows of dotted lines for tracing.

13 **Ter**

[illegible]

12 Seg

[illegible]

14 Qua

[illegible]

Maio

A sombra só existe porque há luz em algum lugar.

Tennessee Williams

Semana 20

Handwriting practice sheet with five rows of lines. Each row starts with a circle on the left, followed by a solid top line, a dashed middle line, and a solid bottom line. Below the first row, there are five rows of dotted lines for tracing practice.

20 Ter

[illegible]

19 Seg

[illegible]

21 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, spaced evenly across the page.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

[illegible][illegible][illegible][illegible]

Maio

O tempo ensina lições que nenhuma palavra pode explicar.

Vidal Sassoon

Semana 21

26 Seg

Handwriting practice sheet with five rows of lines. Each row starts with a circle on the left, followed by a solid top line, a dashed middle line, and a solid bottom line. Below the first row, there are five rows of dotted lines for tracing practice.

[illegible]


27 Ter

[illegible]

28 Qua

[illegible]

Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

29 Qui

[illegible]

30 Sex

[illegible]

31 Sáb

[illegible]

1 Dom

[illegible]

Junho

O passado é um livro já lido, mas suas lições são eternas.

Greta Thunberg

Semana 22

2 Seg

This image shows a handwriting practice sheet. It features five rows of primary lines (top, middle, and bottom lines) and five rows of dotted lines for tracing. Each row is preceded by a large circle, likely for a starting point or a letter 'O'. The dotted lines are spaced evenly across the page, providing a guide for letter height and placement.[illegible]


3 Ter

[illegible]

4 Qua

[illegible]

Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, with the last circle in each row being partially cut off by the right edge of the page. The circles are arranged in three horizontal rows, each separated by a thin horizontal line.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

5 Qui

[illegible]

6 Sex

[illegible]

7 Sáb

[illegible]

8 Dom

[illegible]

Junho

A incerteza é o preço da liberdade de escolha.

Albert Einstein

Semana 23

9 Seg

This image shows a handwriting practice sheet. It features five rows of primary lines (top, middle, and bottom lines) and five rows of dotted lines for tracing. Each row is preceded by a large circle, likely for a starting point or a guide. The lines are evenly spaced and extend across the width of the page.[illegible]

10 Ter - Aniversário de José

[illegible]

11 Qua

[illegible]

Three rows of empty circles, each row containing seven circles, for handwriting practice. Each row is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

12 Qui

[illegible]

14 **Sáb**

[illegible]

13 Sex

[illegible]

15 Dom

[illegible]

Junho

A vida é um ciclo constante de altos e baixos.

Carl Sagan

Semana 24

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. The first four sets of lines are each preceded by a large circle, likely for letter formation practice. The fifth set of lines is also preceded by a large circle. Below the first set of primary lines, there are five rows of dotted lines for tracing practice. The entire sheet is designed to help children learn to write their names and practice basic handwriting skills.

17 Ter


[illegible]

16 Seg

[illegible]

18 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for the student to write the letter 'o' in.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

[illegible][illegible][illegible]

Junho

Nem tudo que brilha é ouro, mas tudo tem seu valor.

Virginia Woolf

Semana 25

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a solid middle line, and a dotted bottom line. The first set of lines is at the top, and the others are spaced evenly down the page. The dotted lines are intended for tracing practice.

24 Ter


[illegible]

23 Seg

[illegible]

25 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains six circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each circle having a dashed vertical line through its center.

S	T	Q	Q	S	S	D
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

[illegible][illegible][illegible][illegible]

Junho

O silêncio pode ser mais poderoso do que as palavras.

Albert Camus

Semana 26

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

1 Ter

[illegible]

30 Seg

[illegible]

2 Qua

[illegible]

Three rows of empty circles, each row containing seven circles, for handwriting practice. The circles are arranged in three horizontal lines, with a solid line above the top row and a solid line below the bottom row.

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There is no handwriting or other markings on the paper.

[illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins or other markings on the paper.

[illegible]

Julho

Cada escolha tem consequências que moldam nosso caminho.

Sócrates

Semana 27

This image shows a handwriting practice sheet. It features five sets of horizontal lines for writing practice. Each set consists of a solid top line, a solid middle line, and a solid bottom line, with a dotted line positioned between the middle and bottom lines. To the left of each set of lines is a large circle, intended for practicing the formation of letters. The entire sheet is white with light gray lines and dots.

8 Ter


[illegible]

7 Seg - Aniversário de Dadá
- Aniversário de Guili

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins or other markings on the paper.

9 Qua - Revolução Constitucionalista

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

[illegible][illegible][illegible][illegible]

Julho

Nem tudo está sob nosso controle, e às vezes é preciso aceitar as circunstâncias.

Charles Darwin

Semana 28

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

15 Ter

14 Seg

16 Qua




S	T	Q	Q	S	S	D
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

[illegible][illegible][illegible][illegible]

Julho

Mesmo diante da insatisfação, há valor em manter a serenidade.

Jean-Paul Sartre

Semana 29

[illegible]

22 **Ter**

[illegible]

21 Seg

[illegible]

23 Qua

[illegible]

S	T	Q	Q	S	S	D
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

[illegible][illegible][illegible][illegible]

Julho

Algumas coisas simplesmente são como são, e não cabe a nós mudá-las.

Clóvis de Barros

Semana 30

28 **Seg**

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. At the beginning of each set, there is a large, hollow letter 'O' for tracing. The first set of lines is at the top, and the others are spaced evenly down the page. The bottom section of the page contains several rows of dots for independent letter practice.

29 Ter

30 Qua

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

[illegible][illegible]

Agosto

A incerteza é uma constante da vida, e acostumar-se a ela é essencial.

David Byrne

Semana 31

This image shows a handwriting practice sheet. It features five sets of horizontal lines for writing practice. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. Below the first set of lines, there is a row of 20 dots for tracing practice. The entire sheet is white with light gray lines and dots.

4 Seg

5 Ter

6 Qua

Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

7 Qui

8 Sex

9 Sáb

10 Dom

Agosto

A vida não é sobre vencer sempre, mas sobre aprender a perder com dignidade.

Luiz Felipe Pondé

Semana 32

This image shows a handwriting practice sheet. It features five sets of primary lines, each starting with a circle on the left. Below each primary line set is a set of secondary lines, also starting with a circle. The secondary lines consist of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

12 Ter

11 Seg

13 Qua

Hábitos

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each circle having a thin black outline. The rows are separated by horizontal lines.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

14 Qui

[illegible]

15 Sex

[illegible]

16 **Sáb**

[illegible]

17 Dom

[illegible]

Agosto

Nem todos os sonhos se tornam realidade.

Thomas Hobbes

Semana 33

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☐ _____

☐ _____

☐ _____

☐ _____

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19 Ter

18 **Seg**

20 Qua - Aniversário de Brislau

Three rows of empty circles for handwriting practice. Each row contains six circles, and there are three rows in total.

S	T	Q	Q	S	S	D
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

21

[illegible]

22

[illegible]

23

[illegible]

24

[illegible]

Agosto

O fim é uma certeza que nos acompanha desde o começo.

Friedrich Nietzsche

Semana 34

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

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26 Ter

25 Seg

27 Qua

Three rows of empty circles for handwriting practice. Each row consists of seven circles placed on a horizontal line, with a second horizontal line below them. The circles are intended for the student to write the letter 'o' inside them.

[illegible][illegible][illegible][illegible]

Setembro

Cada passo pode nos levar mais perto de um abismo desconhecido.

Nelson Mandela


Semana 35

cat

2 Ter

1 Seg

3 Qua

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, and is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

[illegible][illegible][illegible][illegible]

Setembro

A saudade é uma dor que o tempo não cura.

Thomas Edison

Semana 36

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a solid bottom line, and a dotted midline. At the beginning of each set, there is a circle drawn on the top line, intended for practicing the formation of uppercase letters. The lines are evenly spaced and extend across the width of the page.

9 Ter

[illegible]

8 Seg

[illegible]

10 Qua

[illegible]

12 Sex

14 Dom

[illegible]

13 Sáb

[illegible]

Setembro

Nem todo amor é eterno, e algumas feridas nunca cicatrizam.

Mahatma Gandhi

Semana 37

[illegible]

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16 Ter

[illegible]

15 Seg

[illegible]

17 Qua

[illegible]

Setembro

A esperança é uma chama frágil em ventos fortes.

Sylvia Plath

Semana 38

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these lines is a series of dots arranged in rows, intended for tracing or dot-marker writing. The dots are organized into six rows, each containing 20 dots. The first row of dots is aligned with the first set of lines, and the subsequent rows of dots are aligned with the subsequent sets of lines.

23 **Ter**

[illegible]

22 **Seg**

[illegible]

24 Qua

[illegible]

Setembro

Às vezes, é mais fácil não fazer nada do que lidar com o peso das escolhas.

Lima Barreto

Semana 39

This image shows a handwriting practice sheet. It features five rows of primary lines (top, middle, and bottom lines) for writing practice. Below these are five rows of dotted lines for tracing practice. Each row of primary lines starts with a large circle on the left, and each row of dotted lines starts with a small dot on the left. The lines are evenly spaced and extend across the width of the page.

30 Ter

[illegible]

29 **Seg**

[illegible]

1 Qua

[illegible]

Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

2 Qui

[illegible]

3 Sex

[illegible]

4 Sáb

[illegible]

5 Dom

[illegible]

Outubro

A motivação é algo que eu já não consigo encontrar em mim mesmo.

Confúcio

Semana 40

This image shows a handwriting practice sheet. It features five sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. The first set of lines is at the top, and the others are spaced evenly down the page. Each set is preceded by a small circle, likely for a starting point or a marker. The lines are designed to help children learn proper letter height and placement.

7 Ter


[illegible]

6 Seg

[illegible]

8 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, and is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Outubro

A vida segue seu curso, e eu apenas observo, sem participar.

Francis Bacon

Semana 42

20 Seg

This image shows a handwriting practice sheet. It features five sets of solid horizontal lines, each preceded by a small circle. Below these are five rows of dotted horizontal lines, each preceded by a small dot. The lines are evenly spaced and extend across the width of the page.[illegible]

21 Ter

[illegible]

22 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, evenly spaced, and is positioned between two horizontal lines.

S	T	Q	Q	S	S	D
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

[illegible][illegible][illegible][illegible]

Outubro

Sonhos e planos se desvanecem quando não há energia para realizá-los.

Emily Bronte

Semana 43

27 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small circle. The entire sheet is set against a background of light gray dashed lines.

28 Ter - Dia do Servidor Público

29 **Qua** - Aniversário de Xarles
 - Aniversário de Adriana

Novembro

Os dias parecem iguais, sem propósito ou cor.

Jordan Peterson

Semana 44

This image shows a handwriting practice sheet. It features five sets of three horizontal lines (top, middle, bottom) for writing practice. Below these, there are several rows of dots for tracing or dot-marker writing. The first row of dots is a single line of dots. The subsequent rows are pairs of lines of dots, with the second line of dots in each pair being slightly offset to the right of the first.

4 Ter

[illegible]

3 Seg

[illegible]

5 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each circle having a horizontal line passing through its center.

S	T	Q	Q	S	S	D	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

6 Qui

7 Sex

8 Sáb

9 Dom

Novembro

O mundo segue em frente, e eu sinto que estou ficando para trás.

Emma Watson

Semana 45

10 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for writing practice, each preceded by a large circle. Below these are five rows of dotted horizontal lines for tracing practice, each preceded by a small circle. The circles are arranged in a column on the left side of the page.[illegible]

11 Ter

[illegible]

12 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, spaced evenly across the page.

S	T	Q	Q	S	S	D
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Novembro

A sensação de vazio cresce, como se algo vital estivesse se perdendo dentro de mim.

Helen Keller

Semana 46

17 Seg

This image shows a handwriting practice sheet. It features five sets of primary lines, each consisting of a top line, a middle line, and a bottom line. To the left of each set is a large circle, likely for a letter 'O'. Below these are five rows of dotted lines for tracing practice. Each row contains 15 dots.[illegible]

18 Ter

[illegible]

19 Qua

[illegible]

Novembro

Às vezes, me pergunto se o mundo sequer notaria minha ausência.

Steve Jobs

Semana 47

24 Seg

Handwriting practice sheet with five rows of lines. Each row starts with a circle on the left, followed by a solid top line, a dashed middle line, and a solid bottom line. Below the first row, there are five rows of dotted lines for tracing practice.

[illegible]

25 Ter

[illegible]

26 Qua

[illegible]

Dezembro

Até minhas memórias felizes agora parecem mentiras contadas por outra pessoa.

Albert Einstein

Semana 48

[illegible]

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2 Ter

[illegible]

1 Seg

[illegible]

3 Qua

[illegible]

[illegible]

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

Dezembro

Não há futuro, apenas um presente que se arrasta lentamente em direção ao nada.

Angela Davis

Semana 49

[illegible]

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• • • • •

9 Ter

[illegible]

8 Seg - N. Sra da Conceição

[illegible]

10 Qua

[illegible]

Dezembro

Não sinto mais dor, apenas o peso da completa ausência de esperança.

Franz Kafka

Semana 50

15 Seg

This image shows a handwriting practice sheet. It features five rows of solid horizontal lines for independent writing, followed by five rows of dotted horizontal lines for tracing practice. Each row of dotted lines contains 20 evenly spaced dots.[illegible]

16 Ter

[illegible]

17 Qua

[illegible]

[illegible]

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

[illegible][illegible][illegible][illegible]

Dezembro

Nem todas as histórias têm finais felizes.

Rainer Maria Rilke

Semana 51

[illegible]

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• • • • •

23 Ter

[illegible]


22 **Seg**

[illegible]

24 Qua

[illegible]

Hábitos

Three rows of empty circles for handwriting practice. Each row contains eight circles, evenly spaced, intended for tracing or writing practice.

S	T	Q	Q	S	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

25 Qui - Natal

[illegible]

26 Sex

[illegible]

27 **Sáb**

[illegible]

28 Dom

[illegible]

Dezembro

O fim de um ciclo não traz recomeços, apenas a vastidão de um vazio que consome tudo o que restou.

Emily Dickinson

Semana 52

29 Seg

cat


[illegible]

30 Ter

[illegible]

31 Qua

[illegible]

Three rows of empty circles for handwriting practice. Each row contains seven circles, and there are three rows in total. The circles are arranged in a grid-like pattern, with each row separated by a horizontal line.

S	T	Q	Q	S	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

[illegible][illegible][illegible][illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

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