

Table 1: Nutrient predictors of the model.

Nutrient	Sample avg. (min-max)
Carbonhydrates, E%	43.6 (27.1 - 63.6) E%
Fat E%	38.9 (23.4 - 54.1) E%
Monounsaturated Fatty Acids, E%	14.7 (5.6 - 25.1) E%
Polyunsaturated Fatty Acids, E%	7.1 (2.2 - 15.8) E%
Protein, E%	15.1 (9.2 - 22.4) E%
Saturated Fatty Acids, E%	13.7 (5.9 - 24.5) E%
Fiber	17 (5 - 42) g/d
Protein, g/kg	0.8 (0.2 - 2.1) g/kg/d
Energy, kcal/kg	21.8 (5.6 - 58.6) kcal/kg
Calcium	570 (123 - 1741) mg/d
<b>Phosphorous</b>	<b>1042 (304 - 2184) mg/d</b>
<b>Potassium</b>	<b>2785 (1026 - 5713) mg/d</b>
Salt	6560 (201 - 13863) mg/d
Sodium	2588 (813 - 5487) mg/d
Water	1804 (601 - 3613) ml/d
Vitamin D	8 (0 - 31) ug/d