

Table 1: Nutrient predictors of the model.

| Nutrient                        | Sample avg. (min-max)          |
|---------------------------------|--------------------------------|
| Carbonhydrates, E%              | 43.6 (27.1 - 63.6) E%          |
| Fat E%                          | 38.9 (23.4 - 54.1) E%          |
| Monounsaturated Fatty Acids, E% | 14.7 (5.6 - 25.1) E%           |
| Polyunsaturated Fatty Acids, E% | 7.1 (2.2 - 15.8) E%            |
| Protein, E%                     | 15.1 (9.2 - 22.4) E%           |
| Saturated Fatty Acids, E%       | 13.7 (5.9 - 24.5) E%           |
| Fiber                           | 17 (5 - 42) g/d                |
| Protein, g/kg                   | 0.8 (0.2 - 2.1) g/kg/d         |
| Energy, kcal/kg                 | 21.8 (5.6 - 58.6) kcal/kg      |
| Calcium                         | 570 (123 - 1741) mg/d          |
| <b>Phosphorous</b>              | <b>1042 (304 - 2184) mg/d</b>  |
| <b>Potassium</b>                | <b>2785 (1026 - 5713) mg/d</b> |
| Salt                            | 6560 (201 - 13863) mg/d        |
| Sodium                          | 2588 (813 - 5487) mg/d         |
| Water                           | 1804 (601 - 3613) ml/d         |
| Vitamin D                       | 8 (0 - 31) ug/d                |