Index No.	Pluck/ Fling Effects (Target is foe for Fling, user for Pluck)
0	None
1	Cure Paralysis
2	Cure Sleep
3	Cure Poison
4	Cure Burn
5	Cure Freeze
6	Restore 10 PP
7	Restore 20 HP
8	Cures Confusion
9	Cure any Status or Confusion
10	Restore 25% HP
11	Restores 12.5% HP but confuses pokemon that dislike Spicy food
12	Restores 12.5% HP but confuses pokemon that dislike Dry food
13	Restores 12.5% HP but confuses pokemon that dislike Sweet food
14	Restores 12.5% HP but confuses pokemon that dislike Bitter food
15	Restores 12.5% HP but confuses pokemon that dislike Sour food
16	Raises Attack
17	Raises Defense
18	Raises Speed
19	Raises Special Attack
20	Raises Special Defense
21	Raises Critical Hit ratio
22	Sharply raises a random stat
23	Raises Accuracy for next move
24	Restores lowered stats
25	Cures Infatuation (Attract)
26	Causes target to flinch
27	Paralyzes target
28	Poisons target
29	Badly Poisons target
30	Burns target