

There were issues affecting this run of Lighthouse:

- There may be stored data affecting loading performance in this location: IndexedDB. Audit this page in an incognito window to prevent those resources from affecting your scores.



Performance




Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)



METRICS

Expand view

| | |
|--|--------------------------|
| First Contentful Paint | Largest Contentful Paint |
| 1.1 s | 1.3 s |
| Total Blocking Time | Cumulative Layout Shift |
| 0 ms | 0.001 |
| Speed Index | |
| 4.0 s | |
|  | |

Show audits relevant to: All [FCP](#) [LCP](#) [TBT](#) [CLS](#)

INSIGHTS

- ▲ Document request latency — Est savings of 92 KiB

Your first network request is the most important. [Reduce its latency](#) by avoiding redirects, ensuring a fast server response, and enabling text compression. [FCP](#) [LCP](#) [Unscored](#)

Avoids redirects

Server responded slowly (observed 5372 ms)

No compression applied
- ▲ Use efficient cache lifetimes — Est savings of 2,781 KiB

A long cache lifetime can speed up repeat visits to your page. [Learn more about caching.](#) [FCP](#) [LCP](#) [Unscored](#)

☒ Show 3rd-party resources (2)

| Request | Cache TTL | Transfer Size |
|--|-----------|---------------|
| localhost 1st Party | | 2,740 KiB |
| ...js/common.min.js?ver=3.34.1 (localhost) | None | 507 KiB |
| ...01/header-hero.jpg (localhost) | None | 266 KiB |

| Request | Cache TTL | Transfer Size |
|---|-----------|---------------|
| ...js/web-cli.min.js?ver=3.34.1 (localhost) | None | 167 KiB |
| ...js/common-modules.min.js?ver=3.34.1 (localhost) | None | 154 KiB |
| ...fonts/eicons.woff2?5.45.0 (localhost) | None | 102 KiB |
| ...11/service-2.jpg (localhost) | None | 97 KiB |
| ...js/app-loader.min.js?ver=3.34.1 (localhost) | None | 88 KiB |
| ...11/service-1.jpg (localhost) | None | 88 KiB |
| ...jquery/jquery.min.js?ver=3.7.1 (localhost) | None | 86 KiB |
| ...js/frontend-modules.min.js?ver=3.34.1 (localhost) | None | 84 KiB |
| ...widgets-css/frontend.css?ver=2.8.1 (localhost) | None | 81 KiB |
| ...css/fontawesome.css?ver=5.15.3 (localhost) | None | 71 KiB |
| ...11/service-3.jpg (localhost) | None | 63 KiB |
| ...classic/wpforms-base.min.css?ver=1.9.8.7 (localhost) | None | 61 KiB |
| ...css/all.min.css?ver=3.34.1 (localhost) | None | 58 KiB |
| ...css/dashicons.min.css?ver=6.9 (localhost) | None | 58 KiB |
| ...css/fontawesome.min.css?ver=5.15.3 (localhost) | None | 57 KiB |
| ...css/frontend.min.css?ver=3.34.1 (localhost) | None | 54 KiB |
| ...frontend/wpforms.min.js?ver=1.9.8.7 (localhost) | None | 51 KiB |
| ...backbone/backbone.marionette.min.js?ver=2.4.5.e1 (localhost) | None | 44 KiB |
| ...js/frontend.min.js?ver=3.34.1 (localhost) | None | 31 KiB |
| ...11/leaf.jpg (localhost) | None | 26 KiB |
| ...css/v4-shims.min.css?ver=3.34.1 (localhost) | None | 26 KiB |
| ...lib/jquery.validate.min.js?ver=1.21.0 (localhost) | None | 25 KiB |
| ...css/common.min.css?ver=3.34.1 (localhost) | None | 25 KiB |
| ...js/backbone.min.js?ver=1.6.0 (localhost) | None | 24 KiB |
| ...js/wp-emoji-release.min.js?ver=6.9 (localhost) | None | 23 KiB |
| ...ui/core.min.js?ver=1.13.3 (localhost) | None | 21 KiB |
| ...css/elementor-icons.min.css?ver=5.45.0 (localhost) | None | 21 KiB |
| ...css/elementor-icons.min.css?ver=5.34.0 (localhost) | None | 21 KiB |
| ...css/admin-bar.min.css?ver=6.9 (localhost) | None | 20 KiB |
| ...js/underscore.min.js?ver=1.13.7 (localhost) | None | 19 KiB |
| ...ui/draggable.min.js?ver=1.13.3 (localhost) | None | 18 KiB |
| ...js/admin.ajaxWatcher.176...js?ver=8.1.4 (localhost) | None | 16 KiB |
| ...js/v4-shims.min.js?ver=3.34.1 (localhost) | None | 15 KiB |
| ...jquery/jquery-migrate.min.js?ver=3.4.1 (localhost) | None | 14 KiB |
| ...dialog/dialog.min.js?ver=4.9.4 (localhost) | None | 12 KiB |
| ...css/widget-icon-list.min.css?ver=3.24.3 (localhost) | None | 10 KiB |
| ...js/shared-frontend-handlers.03caa53....bundle.min.js (localhost) | None | 9 KiB |
| ...11/avatar_on_home.png (localhost) | None | 8 KiB |
| ...js/dev-tools.min.js?ver=3.34.1 (localhost) | None | 8 KiB |
| ...js/elementor-admin-bar.min.js?ver=3.34.1 (localhost) | None | 7 KiB |
| ...css/header-footer.css?ver=3.4.5 (localhost) | None | 7 KiB |
| ...js/wfi18n.176...js?ver=8.1.4 (localhost) | None | 7 KiB |
| ...css/wordfenceBox.176...css?ver=8.1.4 (localhost) | None | 6 KiB |
| ...js/webpack.runtime.min.js?ver=3.34.1 (localhost) | None | 6 KiB |
| ...dist/hooks.min.js?ver=dd5603f... (localhost) | None | 6 KiB |
| ...11/logo-green.svg (localhost) | None | 6 KiB |

| Request | Cache TTL | Transfer Size |
|---|-----------|---------------|
| ...css/reset.css?ver=3.4.5 (localhost) | None | 6 KiB |
| ...dist/i18n.min.js?ver=c26c3dc... (localhost) | None | 5 KiB |
| ...css/widget-social-icons.min.css?ver=3.24.0 (localhost) | None | 5 KiB |
| ...css/theme.css?ver=3.4.5 (localhost) | None | 5 KiB |
| ...css/widget-divider.min.css?ver=3.34.1 (localhost) | None | 4 KiB |
| ...lib/mailcheck.min.js?ver=1.1.2 (localhost) | None | 4 KiB |
| ...backbone/backbone.radio.min.js?ver=1.0.4 (localhost) | None | 4 KiB |
| ...js/admin-bar.min.js?ver=6.9 (localhost) | None | 4 KiB |
| ...ui/mouse.min.js?ver=1.13.3 (localhost) | None | 4 KiB |
| ...css/theme-light.min.css?ver=3.34.1 (localhost) | None | 2 KiB |
| ...js/hello-frontend.js?ver=3.4.5 (localhost) | None | 2 KiB |
| ...js/hoverintent-js.min.js?ver=2.2.1 (localhost) | None | 2 KiB |
| ...lib/punycode.min.js?ver=1.0.0 (localhost) | None | 2 KiB |
| ...share/utills.min.js?ver=1.9.8.7 (localhost) | None | 2 KiB |
| ...css/admin-bar.min.css?ver=1.9.8.7 (localhost) | None | 2 KiB |
| ...js/text-editor.4560966...bundle.min.js (localhost) | None | 2 KiB |
| ...fields/address.min.js?ver=1.9.8.7 (localhost) | None | 1 KiB |
| ...js/api-request.min.js?ver=6.9 (localhost) | None | 1 KiB |
| ...css/header-footer-elementor.css?ver=2.8.1 (localhost) | None | 1 KiB |
| ...11/quotes.svg (localhost) | None | 1 KiB |
| ...css/brands.css?ver=5.15.3 (localhost) | None | 1 KiB |
| ...css/solid.css?ver=5.15.3 (localhost) | None | 1 KiB |
| ...css/solid.min.css?ver=5.15.3 (localhost) | None | 1 KiB |
| ...css/admin-bar.min.css?ver=3.34.1 (localhost) | None | 1 KiB |
| ...css/widget-heading.min.css?ver=3.34.1 (localhost) | None | 1 KiB |
| ...css/widget-image.min.css?ver=3.34.1 (localhost) | None | 1 KiB |
| Gravatar Social | | 43 KiB |
| /avatar/9c99280...?s=128&d=mm&r=g (secure.gravatar.com) | 5m | 36 KiB |
| /avatar/9c99280...?s=52&d=mm&r=g (secure.gravatar.com) | 5m | 7 KiB |

▲

Render blocking requests — Est savings of 750 ms

⤴

Requests are blocking the page's initial render, which may delay LCP. [Deferring or inlining](#) can move these network requests out of the critical path. FCP LCP Unscored

☒ Show 3rd-party resources (2)

| URL | Transfer Size | Duration |
|---|---------------|----------|
| Google Fonts Cdn | 4.3 KiB | 310 ms |
| /css?family=... (fonts.googleapis.com) | 2.9 KiB | 310 ms |
| /css?family=... (fonts.googleapis.com) | 1.4 KiB | |
| localhost 1st Party | 608.5 KiB | 6,720 ms |
| ...css/fontawesome.css?ver=5.15.3 (localhost) | 70.8 KiB | 410 ms |
| ...css/solid.min.css?ver=5.15.3 (localhost) | 1.0 KiB | 90 ms |
| ...css/fontawesome.min.css?ver=5.15.3 (localhost) | 57.0 KiB | 290 ms |
| ...css/brands.css?ver=5.15.3 (localhost) | 1.0 KiB | 90 ms |
| ...css/solid.css?ver=5.15.3 (localhost) | 1.0 KiB | 90 ms |
| ...css/widget-social-icons.min.css?ver=3.24.0 (localhost) | 5.3 KiB | 130 ms |
| ...css/elementor-icons.min.css?ver=5.34.0 (localhost) | 21.2 KiB | 250 ms |

| URL | Transfer Size | Duration |
|--|---------------|----------|
| ...css/widget-icon-list.min.css?ver=3.24.3 (localhost) | 10.3 KiB | 170 ms |
| ...css/admin-bar.min.css?ver=1.9.8.7 (localhost) | 1.7 KiB | 90 ms |
| ...css/header-footer.css?ver=3.4.5 (localhost) | 7.3 KiB | 130 ms |
| ...classic/wpforms-base.min.css?ver=1.9.8.7 (localhost) | 61.2 KiB | 530 ms |
| ...css/reset.css?ver=3.4.5 (localhost) | 5.6 KiB | 130 ms |
| ...css/widget-divider.min.css?ver=3.34.1 (localhost) | 4.5 KiB | 130 ms |
| ...css/widget-heading.min.css?ver=3.34.1 (localhost) | 0.8 KiB | 90 ms |
| ...css/theme.css?ver=3.4.5 (localhost) | 5.3 KiB | 130 ms |
| ...css/widget-image.min.css?ver=3.34.1 (localhost) | 0.5 KiB | 90 ms |
| ...css/v4-shims.min.css?ver=3.34.1 (localhost) | 26.4 KiB | 330 ms |
| ...css/all.min.css?ver=3.34.1 (localhost) | 58.3 KiB | 570 ms |
| ...css/admin-bar.min.css?ver=3.34.1 (localhost) | 0.9 KiB | 90 ms |
| ...css/frontend.min.css?ver=3.34.1 (localhost) | 53.6 KiB | 570 ms |
| ...css/wordfenceBox.176...css?ver=8.1.4 (localhost) | 6.0 KiB | 130 ms |
| ...css/header-footer-elementor.css?ver=2.8.1 (localhost) | 1.1 KiB | 90 ms |
| ...widgets-css/frontend.css?ver=2.8.1 (localhost) | 81.4 KiB | 730 ms |
| ...css/common.min.css?ver=3.34.1 (localhost) | 24.9 KiB | 290 ms |
| ...css/elementor-icons.min.css?ver=5.45.0 (localhost) | 21.2 KiB | 250 ms |
| ...css/theme-light.min.css?ver=3.34.1 (localhost) | 2.5 KiB | 90 ms |
| ...css/admin-bar.min.css?ver=6.9 (localhost) | 20.0 KiB | 250 ms |
| ...css/dashicons.min.css?ver=6.9 (localhost) | 57.9 KiB | 570 ms |

▲ Forced reflow

A forced reflow occurs when JavaScript queries geometric properties (such as offsetWidth) after styles have been invalidated by a change to the DOM state. This can result in poor performance. Learn more about [forced reflows](#) and possible mitigations. Unscored


| Top function call | Total reflow time |
|---------------------------|-------------------|
| jquery.min.js?ver=3.7.1:3 | 1 ms |

| Source | Total reflow time |
|------------------------------|-------------------|
| [unattributed] | 61 ms |
| frontend.min.js?ver=3.34.1:1 | 1 ms |

▲ LCP breakdown

Each [subpart has specific improvement strategies](#). Ideally, most of the LCP time should be spent on loading the resources, not within delays. LCP Unscored

| Subpart | Duration |
|------------------------|----------|
| Time to first byte | 5,380 ms |
| Resource load delay | 30 ms |
| Resource load duration | 170 ms |
| Element render delay | 100 ms |



img.custom-logo

about:blank

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[Avoid chaining critical requests](#) by reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. LCP Unscored

Maximum critical path latency: **6,030 ms**

Initial Navigation

- /contactpoint-test/ (localhost) - **5,806 ms**, 137.99 KiB
 - ...css/elementor-icons.min.css?ver=5.45.0 (localhost) - **5,516 ms**, 21.22 KiB
 - ...fonts/eicons.woff2?5.45.0 (localhost) - **6,030 ms**, 102.08 KiB
 - /css?family=... (fonts.googleapis.com) - **5,591 ms**, 2.95 KiB
 - /css?family=... (fonts.googleapis.com) - **5,589 ms**, 1.38 KiB
 - ...css/solid.min.css?ver=5.15.3 (localhost) - **5,585 ms**, 0.95 KiB
 - ...css/fontawesome.css?ver=5.15.3 (localhost) - **5,584 ms**, 70.80 KiB
 - ...css/fontawesome.min.css?ver=5.15.3 (localhost) - **5,580 ms**, 57.01 KiB
 - ...css/solid.css?ver=5.15.3 (localhost) - **5,576 ms**, 1.01 KiB
 - ...css/brands.css?ver=5.15.3 (localhost) - **5,576 ms**, 1.01 KiB
 - ...css/widget-social-icons.min.css?ver=3.24.0 (localhost) - **5,571 ms**, 5.29 KiB
 - ...css/elementor-icons.min.css?ver=5.34.0 (localhost) - **5,568 ms**, 21.22 KiB
 - ...css/widget-icon-list.min.css?ver=3.24.3 (localhost) - **5,567 ms**, 10.32 KiB
 - ...css/admin-bar.min.css?ver=1.9.8.7 (localhost) - **5,564 ms**, 1.71 KiB
 - ...css/header-footer.css?ver=3.4.5 (localhost) - **5,559 ms**, 7.32 KiB
 - ...classic/wpforms-base.min.css?ver=1.9.8.7 (localhost) - **5,557 ms**, 61.20 KiB
 - ...css/reset.css?ver=3.4.5 (localhost) - **5,552 ms**, 5.63 KiB
 - ...css/theme.css?ver=3.4.5 (localhost) - **5,552 ms**, 5.28 KiB
 - ...css/widget-divider.min.css?ver=3.34.1 (localhost) - **5,551 ms**, 4.46 KiB
 - ...css/widget-image.min.css?ver=3.34.1 (localhost) - **5,551 ms**, 0.51 KiB
 - ...css/widget-heading.min.css?ver=3.34.1 (localhost) - **5,550 ms**, 0.85 KiB
 - ...css/v4-shims.min.css?ver=3.34.1 (localhost) - **5,550 ms**, 26.38 KiB
 - ...css/all.min.css?ver=3.34.1 (localhost) - **5,548 ms**, 58.26 KiB
 - ...css/admin-bar.min.css?ver=3.34.1 (localhost) - **5,539 ms**, 0.90 KiB
 - ...css/frontend.min.css?ver=3.34.1 (localhost) - **5,538 ms**, 53.59 KiB
 - ...css/wordfenceBox.176....css?ver=8.1.4 (localhost) - **5,537 ms**, 5.95 KiB
 - ...css/header-footer-elementor.css?ver=2.8.1 (localhost) - **5,537 ms**, 1.06 KiB
 - ...widgets-css/frontend.css?ver=2.8.1 (localhost) - **5,520 ms**, 81.37 KiB
 - ...css/common.min.css?ver=3.34.1 (localhost) - **5,517 ms**, 24.85 KiB
 - ...css/theme-light.min.css?ver=3.34.1 (localhost) - **5,516 ms**, 2.49 KiB
 - ...css/admin-bar.min.css?ver=6.9 (localhost) - **5,494 ms**, 19.96 KiB
 - ...css/dashicons.min.css?ver=6.9 (localhost) - **5,491 ms**, 57.92 KiB

Preconnected origins

[preconnect](#) hints help the browser establish a connection earlier in the page load, saving time when the first request for that origin is made. The following are the origins that the page preconnected to.

no origins were preconnected

Preconnect candidates

Add [preconnect](#) hints to your most important origins, but try to use no more than 4.

No additional origins are good candidates for preconnecting

Font display — Est savings of 10 ms



Consider setting [font-display](#) to swap or optional to ensure text is consistently visible. swap can be further optimized to mitigate layout shifts with [font metric overrides](#). FCP Unscored

| URL | Est Savings |
|----------------------------------|-------------|
| localhost 1st Party | |

URL

...fonts/eicons.woff2?5.45.0 (localhost)

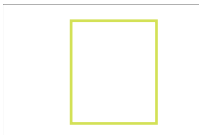
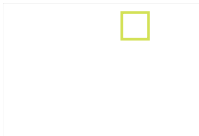
10 ms





Improve image delivery — Est savings of 189 KiB

Reducing the download time of images can improve the perceived load time of the page and LCP. [Learn more about optimizing image size](#) FCP LCP Unscored

☒ Show 3rd-party resources (1)


| | URL | Resource Size | Est Savings |
|---|--|---------------|-------------|
| localhost 1st Party | | 280.7 KiB | 183.1 KiB |
|  | ...11/service-2.jpg (localhost) | 96.7 KiB | 70.8 KiB |
| img.attachment-full.size-full.wp-image-110 | | | |
| | Using a modern image format (WebP, AVIF) or increasing the image compression could improve this image's download size. | | 66.6 KiB |
| | This image file is larger than it needs to be (370x500) for its displayed dimensions (343x464). Use responsive images to reduce the image download size. | | 13.4 KiB |
|  | ...11/service-1.jpg (localhost) | 87.9 KiB | 62.0 KiB |
| img.attachment-full.size-full.wp-image-109 | | | |
| | Using a modern image format (WebP, AVIF) or increasing the image compression could improve this image's download size. | | 57.8 KiB |
| | This image file is larger than it needs to be (370x500) for its displayed dimensions (343x464). Use responsive images to reduce the image download size. | | 12.2 KiB |
|  | ...11/service-3.jpg (localhost) | 62.3 KiB | 36.4 KiB |
| img.attachment-full.size-full.wp-image-108 | | | |
| | Using a modern image format (WebP, AVIF) or increasing the image compression could improve this image's download size. | | 32.2 KiB |
| | This image file is larger than it needs to be (370x500) for its displayed dimensions (343x464). Use responsive images to reduce the image download size. | | 8.7 KiB |
|  | ...11/avatar_on_home.png (localhost) | 7.6 KiB | 7.2 KiB |
| img.attachment-full.size-full.wp-image-924 | | | |
| | Using a modern image format (WebP, AVIF) or increasing the image compression could improve this image's download size. | | 4.9 KiB |
| | This image file is larger than it needs to be (128x128) for its displayed dimensions (50x50). Use responsive images to reduce the image download size. | | 6.4 KiB |

| | URL | Resource Size | Est Savings |
|--|--|---------------|-------------|
|  | ...11/leaf.jpg (localhost) | 26.2 KiB | 6.8 KiB |
| img.attachment-full.size-full.wp-image-145 | | | |
| | This image file is larger than it needs to be (470x570) for its displayed dimensions (404x490). Use responsive images to reduce the image download size. | | 6.8 KiB |
| Gravatar Social | | 6.5 KiB | 6.0 KiB |
|  | /avatar/9c99280...? s=52&d=mm&r=g (secure.gravatar.com) | 6.5 KiB | 6.0 KiB |
| img.avatar.avatar-26.photo | | | |
| | Using a modern image format (WebP, AVIF) or increasing the image compression could improve this image's download size. | | 6.0 KiB |
| Legacy JavaScript — Est savings of 135 KiB | | | |
| Polyfills and transforms enable older browsers to use new JavaScript features. However, many aren't necessary for modern browsers. Consider modifying your JavaScript build process to not transpile Baseline features, unless you know you must support older browsers. Learn why most sites can deploy ES6+ code without transpiling FCP LCP Unscored | | | |
| URL | Wasted bytes | | |
| localhost 1st Party | 134.6 KiB | | |
| ...js/common.min.js?ver=3.34.1 (localhost) | 37.3 KiB | | |
| common.min.js?ver=3.34.1:2 | @babel/plugin-transform-classes | | |
| common.min.js?ver=3.34.1:2 | @babel/plugin-transform-regenerator | | |
| common.min.js?ver=3.34.1:2 | Array.from | | |
| common.min.js?ver=3.34.1:2 | Array.prototype.concat | | |
| ...js/common-modules.min.js?ver=3.34.1 (localhost) | 33.2 KiB | | |
| common-modules.min.js?ver=3.34.1:1 | @babel/plugin-transform-classes | | |
| common-modules.min.js?ver=3.34.1:1 | @babel/plugin-transform-spread | | |
| common-modules.min.js?ver=3.34.1:1 | Array.prototype.concat | | |
| ...js/web-cli.min.js?ver=3.34.1 (localhost) | 32.1 KiB | | |
| web-cli.min.js?ver=3.34.1:2 | @babel/plugin-transform-classes | | |
| web-cli.min.js?ver=3.34.1:2 | @babel/plugin-transform-regenerator | | |
| web-cli.min.js?ver=3.34.1:2 | Array.prototype.concat | | |
| ...js/app-loader.min.js?ver=3.34.1 (localhost) | 32.1 KiB | | |
| app-loader.min.js?ver=3.34.1:1 | @babel/plugin-transform-classes | | |
| app-loader.min.js?ver=3.34.1:1 | Array.prototype.concat | | |
| Layout shift culprits | | | |
| Layout shifts occur when elements move absent any user interaction. Investigate the causes of layout shifts , such as elements being added, removed, or their fonts changing as the page loads. CLS Unscored | | | |
| Element | Layout shift score | | |
| Total | 0.001 | | |

| Element | Layout shift score |
|---|-------------------------|
|  | 0.000 |
| li#wp-admin-bar-wpforms-menu.menuupop | |
|  | 0.000 |
| li#wp-admin-bar-wpforms-menu.menuupop | |
|  img.custom-logo | Unsize image element |
|  | 0.000 |
| li#wp-admin-bar-wpforms-menu.menuupop | |
| ...fonts/eicons.woff2?5.45.0 (localhost) | Web font |

☐ Optimize DOM size ^

A large DOM can increase the duration of style calculations and layout reflows, impacting page responsiveness. A large DOM will also increase memory usage. [Learn how to avoid an excessive DOM size.](#) Unscored

| Statistic | Element |
|----------------|---|
| Total elements | |
| DOM depth | a.ab-item |
| Most children |  body.home.wp-singular.page-template.page-template-elementor_header_footer.page.page-id-1318.lo... |

☐ 3rd parties ^

3rd party code can significantly impact load performance. [Reduce and defer loading of 3rd party code](#) to prioritize your page's content. Unscored

| 3rd party | Transfer size | Main thread time |
|--|---------------|------------------|
| fmkadmapgofadopljbjfkapdkoienihi | 0 KiB | 40 ms |
| chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/installHook.js | 0 KiB | 33 ms |
| chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/proxy.js | 0 KiB | 4 ms |
| chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/hookSettingsInjector.js | 0 KiB | 1 ms |
| chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/prepareInjection.js | 0 KiB | 1 ms |
| chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/fileFetcher.js | 0 KiB | 0 ms |
| fheoggkfdfchfphceiefdbepaoaico | 0 KiB | 8 ms |
| chrome-extension://fheoggkfdfchfphceiefdbepaoaico/scripts/iframe_form_detection.js | 0 KiB | 5 ms |
| chrome-extension://fheoggkfdfchfphceiefdbepaoaico/scripts/iframe_form_check.js | 0 KiB | 1 ms |
| chrome-extension://fheoggkfdfchfphceiefdbepaoaico/scripts/content_navigate_complete.js | 0 KiB | 1 ms |
| jdfllfokckhmchfpokjmpcoblgjhngjja | 0 KiB | 3 ms |
| chrome-extension://jdfllfokckhmchfpokjmpcoblgjhngjja/js/content.js | 0 KiB | 3 ms |
| gmehookibnphigonphocphhcepbijeen | 0 KiB | 1 ms |
| chrome-extension://gmehookibnphigonphocphhcepbijeen/content.js | 0 KiB | 1 ms |
| Google Fonts Cdn | 4 KiB | 0 ms |

| 3rd party | Transfer size | Main thread time |
|---|---------------|------------------|
| /css?family=... (fonts.googleapis.com) | 3 KiB | 0 ms |
| /css?family=... (fonts.googleapis.com) | 1 KiB | 0 ms |
| Gravatar Social | 43 KiB | 0 ms |
| /avatar/9c99280...?s=128&d=mm&r=g (secure.gravatar.com) | 36 KiB | 0 ms |
| /avatar/9c99280...?s=52&d=mm&r=g (secure.gravatar.com) | 7 KiB | 0 ms |

These insights are also available in the Chrome DevTools Performance Panel - [record a trace](#) to view more detailed information.

DIAGNOSTICS

▲ Reduce unused CSS — Est savings of 524 KiB

WordPress

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. [Learn how to reduce unused CSS.](#) FCP LCP Unscored

Consider reducing, or switching, the number of [WordPress plugins](#) loading unused CSS in your page. To identify plugins that are adding extraneous CSS, try running [code coverage](#) in Chrome DevTools. You can identify the theme/plugin responsible from the URL of the stylesheet. Look out for plugins that have many stylesheets in the list which have a lot of red in code coverage. A plugin should only enqueue a stylesheet if it is actually used on the page.

| URL | Transfer Size | Est Savings |
|---|---------------|-------------|
| localhost 1st Party | 539.2 KiB | 524.3 KiB |
| ...widgets-css/frontend.css?ver=2.8.1 (localhost) | 81.1 KiB | 81.1 KiB |
| ...css/fontawesome.css?ver=5.15.3 (localhost) | 70.5 KiB | 70.5 KiB |
| ...classic/wpforms-base.min.css?ver=1.9.8.7 (localhost) | 60.9 KiB | 59.1 KiB |
| ...css/all.min.css?ver=3.34.1 (localhost) | 58.0 KiB | 58.0 KiB |
| ...css/dashicons.min.css?ver=6.9 (localhost) | 57.6 KiB | 57.6 KiB |
| ...css/fontawesome.min.css?ver=5.15.3 (localhost) | 56.7 KiB | 56.7 KiB |
| ...css/frontend.min.css?ver=3.34.1 (localhost) | 53.3 KiB | 46.1 KiB |
| ...css/v4-shims.min.css?ver=3.34.1 (localhost) | 26.1 KiB | 26.1 KiB |
| ...css/common.min.css?ver=3.34.1 (localhost) | 24.5 KiB | 24.3 KiB |
| ...css/elementor-icons.min.css?ver=5.34.0 (localhost) | 20.9 KiB | 20.9 KiB |
| ...css/admin-bar.min.css?ver=6.9 (localhost) | 19.7 KiB | 13.9 KiB |
| ...css/widget-icon-list.min.css?ver=3.24.3 (localhost) | 10.0 KiB | 10.0 KiB |

▲ Minify CSS — Est savings of 25 KiB

WordPress

Minifying CSS files can reduce network payload sizes. [Learn how to minify CSS.](#) FCP LCP Unscored

A number of [WordPress plugins](#) can speed up your site by concatenating, minifying, and compressing your styles. You may also want to use a build process to do this minification up-front if possible.

| URL | Transfer Size | Est Savings |
|---|---------------|-------------|
| localhost 1st Party | 152.2 KiB | 25.4 KiB |
| ...widgets-css/frontend.css?ver=2.8.1 (localhost) | 81.4 KiB | 13.0 KiB |

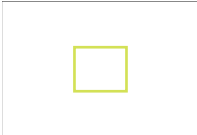
about:blank

9/24

| URL | Transfer Size | Est Savings |
|---|---------------|-------------|
| ...css/fontawesome.css?ver=5.15.3 (localhost) | 70.8 KiB | 12.4 KiB |


Image elements do not have explicit [width](#) and [height](#)

Set an explicit width and height on image elements to reduce layout shifts and improve CLS. [Learn how to set image dimensions](#) CLS Unscored

| URL |
|---|
| localhost 1st Party |
|  |
| ...11/quotes.svg (localhost) |
| img.attachment-full.size-full.wp-image-117 |

Reduce unused JavaScript — Est savings of 918 KiB


Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity. [Learn how to reduce unused JavaScript](#) FCP LCP Unscored

 Consider reducing, or switching, the number of [WordPress plugins](#) loading unused JavaScript in your page. To identify plugins that are adding extraneous JS, try running [code coverage](#) in Chrome DevTools. You can identify the theme/plugin responsible from the URL of the script. Look out for plugins that have many scripts in the list which have a lot of red in code coverage. A plugin should only enqueue a script if it is actually used on the page.

| URL | Transfer Size | Est Savings |
|--|--------------------|------------------|
| localhost 1st Party | 1,203.0 KiB | 865.2 KiB |
| ...js/common.min.js?ver=3.34.1 (localhost) | 506.3 KiB | 390.8 KiB |
| ...js/common-modules.min.js?ver=3.34.1 (localhost) | 154.1 KiB | 112.1 KiB |
| ...js/web-cli.min.js?ver=3.34.1 (localhost) | 166.4 KiB | 110.4 KiB |
| ...js/app-loader.min.js?ver=3.34.1 (localhost) | 88.1 KiB | 63.8 KiB |
| ...js/frontend-modules.min.js?ver=3.34.1 (localhost) | 83.8 KiB | 48.6 KiB |
| ...jquery/jquery.min.js?ver=3.7.1 (localhost) | 85.5 KiB | 42.0 KiB |
| ...frontend/wpforms.min.js?ver=1.9.8.7 (localhost) | 51.0 KiB | 41.9 KiB |
| ...backbone/backbone.marionette.min.js?ver=2.4.5.e1 (localhost) | 44.1 KiB | 35.6 KiB |
| ...js/backbone.min.js?ver=1.6.0 (localhost) | 23.7 KiB | 20.0 KiB |
| Unattributable | 57.6 KiB | 53.1 KiB |
| chrome-extension://fmkadamgofadop1bjfkapdkoien1hi/build/installHook.js | 57.6 KiB | 53.1 KiB |

Avoid enormous network payloads — Total size was 2,955 KiB

Large network payloads cost users real money and are highly correlated with long load times. [Learn how to reduce payload sizes](#) Unscored

 Consider showing excerpts in your post lists (e.g. via the more tag), reducing the number of posts shown on a given page, breaking your long posts into multiple pages, or using a plugin to lazy-load comments.

| URL | Transfer Size |
|--|--------------------|
| localhost 1st Party | 1,693.3 KiB |
| ...js/common.min.js?ver=3.34.1 (localhost) | 506.7 KiB |
| ...01/header-hero.jpg (localhost) | 266.0 KiB |
| ...js/web-cli.min.js?ver=3.34.1 (localhost) | 166.7 KiB |
| ...js/common-modules.min.js?ver=3.34.1 (localhost) | 154.4 KiB |
| /contactpoint-test/ (localhost) | 138.0 KiB |
| ...fonts/eicons.woff2?5.45.0 (localhost) | 102.1 KiB |
| ...11/service-2.jpg (localhost) | 97.0 KiB |
| ...js/app-loader.min.js?ver=3.34.1 (localhost) | 88.4 KiB |
| ...11/service-1.jpg (localhost) | 88.2 KiB |
| ...jquery/jquery.min.js?ver=3.7.1 (localhost) | 85.8 KiB |

User Timing marks and measures — 1 user timing

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. [Learn more about User Timing marks.](#) Unscored

| Name | Type | Start Time | Duration |
|------|------|------------|----------|
| __v3 | Mark | 0.00 ms | |

Avoid long main-thread tasks — 2 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay. [Learn how to avoid long main-thread tasks](#) TBT Unscored

| URL | Start Time | Duration |
|----------------------------------|------------|---------------|
| localhost 1st Party | | 102 ms |
| /contactpoint-test/ (localhost) | 337 ms | 52 ms |
| /contactpoint-test/ (localhost) | 287 ms | 50 ms |

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (10) Hide

Duplicated JavaScript ^

Remove large, [duplicate JavaScript modules](#) from bundles to reduce unnecessary bytes consumed by network activity. FCP LCP Unscored

INP breakdown ^

Start investigating [how to improve INP](#) by looking at the longest subpart. Unscored

LCP request discovery ^

[Optimize LCP](#) by making the LCP image discoverable from the HTML immediately, and avoiding lazy-loading LCP Unscored

fetchpriority=high applied

Request is discoverable in initial document

lazy load not applied



img.custom-logo

Modern HTTP

HTTP/2 and HTTP/3 offer many benefits over HTTP/1.1, such as multiplexing. [Learn more about using modern HTTP.](#) FCP
LCP Unscored

Optimize viewport for mobile

Tap interactions may be [delayed by up to 300 ms](#) if the viewport is not optimized for mobile. Unscored

meta

Minify JavaScript

Minifying JavaScript files can reduce payload sizes and script parse time. [Learn how to minify JavaScript.](#) FCP LCP
Unscored



A number of [WordPress plugins](#) can speed up your site by concatenating, minifying, and compressing your scripts. You may also want to use a build process to do this minification up front if possible.

JavaScript execution time — 0.1 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. [Learn how to reduce Javascript execution time.](#) TBT Unscored

| URL | Total CPU Time | Script Evaluation | Script Parse |
|--|----------------|-------------------|--------------|
| localhost 1st Party | 342 ms | 71 ms | 37 ms |
| /contactpoint-test/ (localhost) | 287 ms | 33 ms | 25 ms |
| ...js/common.min.js?ver=3.34.1 (localhost) | 55 ms | 38 ms | 11 ms |
| Unattributable | 182 ms | 34 ms | 0 ms |
| Unattributable | 182 ms | 34 ms | 0 ms |

Minimizes main-thread work — 0.8 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. [Learn how to minimize main-thread work](#) TBT Unscored

| Category | Time Spent |
|------------------------------|------------|
| Other | 302 ms |
| Script Evaluation | 257 ms |
| Style & Layout | 113 ms |
| Script Parsing & Compilation | 72 ms |
| Parse HTML & CSS | 64 ms |
| Rendering | 5 ms |

Avoid non-composited animations

Animations which are not composited can be janky and increase CLS. [Learn how to avoid non-composited animations](#) CLS

(Unscored)

Page didn't prevent back/forward cache restoration



Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations. [Learn more about the bfcache](#) (Unscored)



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

ARIA

▲ Elements with an ARIA [\[role\]](#) that require children to contain a specific [\[role\]](#) are missing some or all of those required children.



Some ARIA parent roles must contain specific child roles to perform their intended accessibility functions. [Learn more about roles and required children elements](#).

Failing Elements

ul#wp-admin-bar-root-default.ab-top-menu

li#wp-admin-bar-elementor_edit_page.menuupop

These are opportunities to improve the usage of ARIA in your application which may enhance the experience for users of assistive technology, like a screen reader.

CONTRAST

▲ Background and foreground colors do not have a sufficient contrast ratio.



Low-contrast text is difficult or impossible for many users to read. [Learn how to provide sufficient color contrast](#).

Failing Elements

p

body.home.wp-singular.page-template.page-template-elementor_header_footer.page.page-id-1318.lo...

These are opportunities to improve the legibility of your content.

TABLES AND LISTS

▲ List items ([](#)) are not contained within [](#), [](#) or [<menu>](#) parent elements.



Screen readers require list items ([](#)) to be contained within a parent [](#), [](#) or [<menu>](#) to be announced properly. [Learn more about proper list structure](#).

Failing Elements

li#wp-admin-bar-elementor_edit_page.menuupop

Failing Elements

These are opportunities to improve the experience of reading tabular or list data using assistive technology, like a screen reader.

BEST PRACTICES

▲ Document does not have a main landmark. ^

One main landmark helps screen reader users navigate a web page. [Learn more about landmarks.](#)

Failing Elements



html

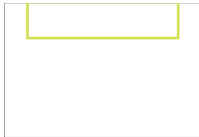
○ Uses ARIA roles only on compatible elements ^

Many HTML elements can only be assigned certain ARIA roles. Using ARIA roles where they are not allowed can interfere with the accessibility of the web page. [Learn more about ARIA roles.](#) Unscored

Failing Elements



li#wp-admin-bar-wp-logo.menuPOP



li#wp-admin-bar-site-name.menuPOP



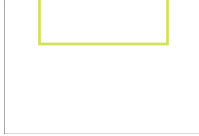
li#wp-admin-bar-customize.hide-if-no-customize



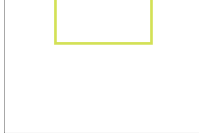
li#wp-admin-bar-comments



li#wp-admin-bar-new-content.menuPOP



li#wp-admin-bar-edit



li#wp-admin-bar-wpforms-menu.menuPOP



li#wp-admin-bar-my-account.menuPOP.with-avatar

Failing Elements

li#wp-admin-bar-search.admin-bar-search

These items highlight common accessibility best practices.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Hide

- Interactive controls are keyboard focusable

^

Custom interactive controls are keyboard focusable and display a focus indicator. [Learn how to make custom controls focusable.](#) (Unscored)
- Interactive elements indicate their purpose and state

^

Interactive elements, such as links and buttons, should indicate their state and be distinguishable from non-interactive elements. [Learn how to decorate interactive elements with affordance hints.](#) (Unscored)
- The page has a logical tab order

^

Tabbing through the page follows the visual layout. Users cannot focus elements that are offscreen. [Learn more about logical tab ordering.](#) (Unscored)
- Visual order on the page follows DOM order

^

DOM order matches the visual order, improving navigation for assistive technology. [Learn more about DOM and visual ordering.](#) (Unscored)
- User focus is not accidentally trapped in a region

^

A user can tab into and out of any control or region without accidentally trapping their focus. [Learn how to avoid focus traps.](#) (Unscored)
- The user's focus is directed to new content added to the page

^

If new content, such as a dialog, is added to the page, the user's focus is directed to it. [Learn how to direct focus to new content.](#) (Unscored)
- HTML5 landmark elements are used to improve navigation

^

Landmark elements (<main>, <nav>, etc.) are used to improve the keyboard navigation of the page for assistive technology. [Learn more about landmark elements.](#) (Unscored)
- Offscreen content is hidden from assistive technology

^

Offscreen content is hidden with display: none or aria-hidden=true. [Learn how to properly hide offscreen content.](#) (Unscored)
- Custom controls have associated labels

^

Custom interactive controls have associated labels, provided by aria-label or aria-labelledby. [Learn more about custom controls and labels.](#) (Unscored)
- Custom controls have ARIA roles

^

Custom interactive controls have appropriate ARIA roles. [Learn how to add roles to custom controls.](#) (Unscored)

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review.](#)

PASSED AUDITS (24)

Hide

- [aria-*) attributes match their roles

^

| | |
|---|---|
| Each ARIA role supports a specific subset of aria-* attributes. Mismatching these invalidates the aria-* attributes. Learn how to match ARIA attributes to their roles. | |
| [aria-hidden="true"] is not present on the document <body> | ^ |
| Assistive technologies, like screen readers, work inconsistently when aria-hidden="true" is set on the document <body>. Learn how aria-hidden affects the document body. | |
| [role]s have all required [aria-*] attributes | ^ |
| Some ARIA roles have required attributes that describe the state of the element to screen readers. Learn more about roles and required attributes. | |
| [role]s are contained by their required parent element | ^ |
| Some ARIA child roles must be contained by specific parent roles to properly perform their intended accessibility functions. Learn more about ARIA roles and required parent element. | |
| [role] values are valid | ^ |
| ARIA roles must have valid values in order to perform their intended accessibility functions. Learn more about valid ARIA roles. | |
| [aria-*] attributes have valid values | ^ |
| Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid values. Learn more about valid values for ARIA attributes. | |
| [aria-*] attributes are valid and not misspelled | ^ |
| Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid names. Learn more about valid ARIA attributes. | |
| Buttons have an accessible name | ^ |
| When a button doesn't have an accessible name, screen readers announce it as "button", making it unusable for users who rely on screen readers. Learn how to make buttons more accessible. | |
| Image elements have [alt] attributes | ^ |
| Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. Learn more about the alt attribute. | |
| Form elements have associated labels | ^ |
| Labels ensure that form controls are announced properly by assistive technologies, like screen readers. Learn more about form element labels. | |
| [user-scalable="no"] is not used in the <meta name="viewport"> element and the [maximum-scale] attribute is not less than 5. | ^ |
| Disabling zooming is problematic for users with low vision who rely on screen magnification to properly see the contents of a web page. Learn more about the viewport meta tag. | |
| button, link, and menuitem elements have accessible names | ^ |
| When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. Learn how to make command elements more accessible. | |
| ARIA attributes are used as specified for the element's role | ^ |
| Some ARIA attributes are only allowed on an element under certain conditions. Learn more about conditional ARIA attributes. | |
| [aria-hidden="true"] elements do not contain focusable descendents | ^ |

| | |
|---|------|
| Focusable descendents within an [aria-hidden="true"] element prevent those interactive elements from being available to users of assistive technologies like screen readers. Learn how aria-hidden affects focusable elements. | |
| Elements use only permitted ARIA attributes | ^ |
| Using ARIA attributes in roles where they are prohibited can mean that important information is not communicated to users of assistive technologies. Learn more about prohibited ARIA roles. | |
| Document has a <title> element | ^ |
| The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. Learn more about document titles. | |
| <html> element has a [lang] attribute | ^ |
| If a page doesn't specify a lang attribute, a screen reader assumes that the page is in the default language that the user chose when setting up the screen reader. If the page isn't actually in the default language, then the screen reader might not announce the page's text correctly. Learn more about the lang attribute. | |
| <html> element has a valid value for its [lang] attribute | ^ |
| Specifying a valid BCP 47 language helps screen readers announce text properly. Learn how to use the lang attribute. | |
| Links have a discernible name | ^ |
| Link text (and alternate text for images, when used as links) that is discernible, unique, and focusable improves the navigation experience for screen reader users. Learn how to make links accessible. | |
| Lists contain only elements and script supporting elements (<script> and <template>). | ^ |
| Screen readers have a specific way of announcing lists. Ensuring proper list structure aids screen reader output. Learn more about proper list structure. | |
| No element has a [tabindex] value greater than 0 | ^ |
| A value greater than 0 implies an explicit navigation ordering. Although technically valid, this often creates frustrating experiences for users who rely on assistive technologies. Learn more about the tabindex attribute. | |
| Touch targets have sufficient size and spacing. | ^ |
| Touch targets with sufficient size and spacing help users who may have difficulty targeting small controls to activate the targets. Learn more about touch targets. | |
| Heading elements appear in a sequentially-descending order | ^ |
| Properly ordered headings that do not skip levels convey the semantic structure of the page, making it easier to navigate and understand when using assistive technologies. Learn more about heading order. | |
| Deprecated ARIA roles were not used | ^ |
| Deprecated ARIA roles may not be processed correctly by assistive technology. Learn more about deprecated ARIA roles. | |
| NOT APPLICABLE (31) | Hide |
| <input type="radio"/> [accesskey] values are unique | ^ |
| Access keys let users quickly focus a part of the page. For proper navigation, each access key must be unique. Learn more about access keys. <small>(Unscored)</small> | |
| <input type="radio"/> Elements with role="dialog" or role="alertdialog" have accessible names. | ^ |
| ARIA dialog elements without accessible names may prevent screen readers users from discerning the purpose of these elements. Learn how to make ARIA dialog elements more accessible. <small>(Unscored)</small> | |
| <input type="radio"/> ARIA input fields have accessible names | ^ |

When an input field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn more about input field labels.](#) (Unscored)

☐ ARIA `meter` elements have accessible names

When a meter element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to name meter elements.](#) (Unscored)

☐ ARIA `progressbar` elements have accessible names

When a progressbar element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to label progressbar elements.](#) (Unscored)

☐ Elements with the `role=text` attribute do not have focusable descendents.

Adding `role=text` around a text node split by markup enables VoiceOver to treat it as one phrase, but the element's focusable descendents will not be announced. [Learn more about the `role=text` attribute.](#) (Unscored)

☐ ARIA toggle fields have accessible names

When a toggle field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn more about toggle fields.](#) (Unscored)

☐ ARIA `tooltip` elements have accessible names

When a tooltip element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to name tooltip elements.](#) (Unscored)

☐ ARIA `treeitem` elements have accessible names

When a `treeitem` element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn more about labeling `treeitem` elements.](#) (Unscored)

☐ The page contains a heading, skip link, or landmark region

Adding ways to bypass repetitive content lets keyboard users navigate the page more efficiently. [Learn more about bypass blocks.](#) (Unscored)

☐ `<dl>`'s contain only properly-ordered `<dt>` and `<dd>` groups, `<script>`, `<template>` or `<div>` elements.

When definition lists are not properly marked up, screen readers may produce confusing or inaccurate output. [Learn how to structure definition lists correctly.](#) (Unscored)

☐ Definition list items are wrapped in `<dl>` elements

Definition list items (`<dt>` and `<dd>`) must be wrapped in a parent `<dl>` element to ensure that screen readers can properly announce them. [Learn how to structure definition lists correctly.](#) (Unscored)

☐ ARIA IDs are unique

The value of an ARIA ID must be unique to prevent other instances from being overlooked by assistive technologies. [Learn how to fix duplicate ARIA IDs.](#) (Unscored)

☐ No form fields have multiple labels

Form fields with multiple labels can be confusingly announced by assistive technologies like screen readers which use either the first, the last, or all of the labels. [Learn how to use form labels.](#) (Unscored)

☐ `<frame>` or `<iframe>` elements have a title

Screen reader users rely on frame titles to describe the contents of frames. [Learn more about frame titles.](#) (Unscored)

☐ `<html>` element has an `[xml:lang]` attribute with the same base language as the `[lang]` attribute.

If the webpage does not specify a consistent language, then the screen reader might not announce the page's text correctly. [Learn more about the `lang` attribute.](#) (Unscored)

☐ Input buttons have discernible text. ^

Adding discernable and accessible text to input buttons may help screen reader users understand the purpose of the input button. [Learn more about input buttons.](#) (Unscored)

☐ `<input type="image">` elements have `[alt]` text ^

When an image is being used as an `<input>` button, providing alternative text can help screen reader users understand the purpose of the button. [Learn about input image alt text.](#) (Unscored)

☐ Links are distinguishable without relying on color. ^

Low-contrast text is difficult or impossible for many users to read. Link text that is discernible improves the experience for users with low vision. [Learn how to make links distinguishable.](#) (Unscored)

☐ The document does not use `<meta http-equiv="refresh">` ^

Users do not expect a page to refresh automatically, and doing so will move focus back to the top of the page. This may create a frustrating or confusing experience. [Learn more about the refresh meta tag.](#) (Unscored)

☐ `<object>` elements have alternate text ^

Screen readers cannot translate non-text content. Adding alternate text to `<object>` elements helps screen readers convey meaning to users. [Learn more about alt text for object elements.](#) (Unscored)

☐ Select elements have associated label elements. ^

Form elements without effective labels can create frustrating experiences for screen reader users. [Learn more about the select element.](#) (Unscored)

☐ Skip links are focusable. ^

Including a skip link can help users skip to the main content to save time. [Learn more about skip links.](#) (Unscored)

☐ Cells in a `<table>` element that use the `[headers]` attribute refer to table cells within the same table. ^

Screen readers have features to make navigating tables easier. Ensuring `<td>` cells using the `[headers]` attribute only refer to other cells in the same table may improve the experience for screen reader users. [Learn more about the headers attribute.](#) (Unscored)

☐ `<th>` elements and elements with `[role="columnheader"/"rowheader"]` have data cells they describe. ^

Screen readers have features to make navigating tables easier. Ensuring table headers always refer to some set of cells may improve the experience for screen reader users. [Learn more about table headers.](#) (Unscored)

☐ `[lang]` attributes have a valid value ^

Specifying a valid [BCP 47 language](#) on elements helps ensure that text is pronounced correctly by a screen reader. [Learn how to use the lang attribute.](#) (Unscored)

☐ `<video>` elements contain a `<track>` element with `[kind="captions"]` ^

When a video provides a caption it is easier for deaf and hearing impaired users to access its information. [Learn more about video captions.](#) (Unscored)

☐ Tables have different content in the summary attribute and `<caption>`. ^

The summary attribute should describe the table structure, while `<caption>` should have the onscreen title. Accurate table mark-up helps users of screen readers. [Learn more about summary and caption.](#) (Unscored)

☐ All heading elements contain content. ^

A heading with no content or inaccessible text prevent screen reader users from accessing information on the page's structure. [Learn more about headings.](#) (Unscored)

☐ Image elements do not have `[alt]` attributes that are redundant text. ^

Informative elements should aim for short, descriptive alternative text. Alternative text that is exactly the same as the text adjacent to the link or image is potentially confusing for screen reader users, because the text will be read twice. [Learn more about the alt attribute.](#) (Unscored)

○ Identical links have the same purpose.

Links with the same destination should have the same description, to help users understand the link's purpose and decide whether to follow it. [Learn more about identical links.](#) (Unscored)



Best Practices

GENERAL

▲ Browser errors were logged to the console

Errors logged to the console indicate unresolved problems. They can come from network request failures and other browser concerns. [Learn more about this errors in console diagnostic audit](#)

| Source | Description |
|--------------------|--|
| jquery-js-after:2 | ReferenceError: jQuery is not defined at jquery-js-after:2:393 |
| wp-i18n-js-after:2 | ReferenceError: wp is not defined at wp-i18n-js-after:2:1 |

○ Detected JavaScript libraries

All front-end JavaScript libraries detected on the page. [Learn more about this JavaScript library detection diagnostic audit.](#) (Unscored)

| Name | Version |
|------------|-----------------------|
| jQuery | 3.7.1 |
| jQuery UI | 1.13.3 |
| Backbone | 1.6.0 |
| Underscore | 1.13.7 |
| Marionette | 2.4.5 |
| WordPress | 6.9 |
| core-js | core-js-global@3.46.0 |

▲ Missing source maps for large first-party JavaScript

Source maps translate minified code to the original source code. This helps developers debug in production. In addition, Lighthouse is able to provide further insights. Consider deploying source maps to take advantage of these benefits. [Learn more about source maps.](#) (Unscored)

| URL | Map URL |
|--|---|
| localhost 1st Party | |
| ...js/common.min.js?ver=3.34.1 (localhost) | |
| | Large JavaScript file is missing a source map |
| Unattributable | |

| URL | Map URL |
|---|--|
| chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/installHook.js | chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/installHook.js.map |
| Error: Failed fetching source map (null) | |
| chrome-extension://fheoggkfdfchfphceeifdbepaoicaho/scripts/iframe_form_detection.js | chrome-extension://fheoggkfdfchfphceeifdbepaoicaho/sourceMap/chrome/scripts/iframe_form_detection.js.map |
| Error: Failed fetching source map (null) | |
| chrome-extension://fheoggkfdfchfphceeifdbepaoicaho/scripts/iframe_form_check.js | chrome-extension://fheoggkfdfchfphceeifdbepaoicaho/sourceMap/chrome/scripts/iframe_form_check.js.map |
| Error: Failed fetching source map (null) | |
| chrome-extension://fheoggkfdfchfphceeifdbepaoicaho/scripts/content_navigate_complete.js | chrome-extension://fheoggkfdfchfphceeifdbepaoicaho/sourceMap/chrome/scripts/content_navigate_complete.js.map |
| Error: Failed fetching source map (null) | |

TRUST AND SAFETY

Ensure CSP is effective against XSS attacks

A strong Content Security Policy (CSP) significantly reduces the risk of cross-site scripting (XSS) attacks. [Learn how to use a CSP to prevent XSS](#) Unscored

| Description | Directive | Severity |
|----------------------------------|-----------|----------|
| No CSP found in enforcement mode | | High |

Use a strong HSTS policy

Deployment of the HSTS header significantly reduces the risk of downgrading HTTP connections and eavesdropping attacks. A rollout in stages, starting with a low max-age is recommended. [Learn more about using a strong HSTS policy](#) Unscored

| Description | Directive | Severity |
|----------------------|-----------|----------|
| No HSTS header found | | High |

Ensure proper origin isolation with COOP

The Cross-Origin-Opener-Policy (COOP) can be used to isolate the top-level window from other documents such as pop-ups. [Learn more about deploying the COOP header](#) Unscored

| Description | Directive | Severity |
|----------------------|-----------|----------|
| No COOP header found | | High |

Mitigate clickjacking with XFO or CSP

The X-Frame-Options (XFO) header or the frame-ancestors directive in the Content-Security-Policy (CSP) header control where a page can be embedded. These can mitigate clickjacking attacks by blocking some or all sites from embedding the page. [Learn more about mitigating clickjacking](#) Unscored

| Description | Severity |
|-------------------------------|----------|
| No frame control policy found | High |

Mitigate DOM-based XSS with Trusted Types

The `require-trusted-types-for` directive in the Content-Security-Policy (CSP) header instructs user agents to control the data passed to DOM XSS sink functions. [Learn more about mitigating DOM-based XSS with Trusted Types](#).
Unscored

| Description | Severity |
|--|----------|
| No 'Content-Security-Policy' header with Trusted Types directive found | High |

PASSED AUDITS (11)

Hide

| | |
|---|---|
| Uses HTTPS | ^ |
| All sites should be protected with HTTPS, even ones that don't handle sensitive data. This includes avoiding mixed content , where some resources are loaded over HTTP despite the initial request being served over HTTPS. HTTPS prevents intruders from tampering with or passively listening in on the communications between your app and your users, and is a prerequisite for HTTP/2 and many new web platform APIs. Learn more about HTTPS . | |
| Avoids deprecated APIs | ^ |
| Deprecated APIs will eventually be removed from the browser. Learn more about deprecated APIs . | |
| Avoids third-party cookies | ^ |
| Third-party cookies may be blocked in some contexts. Learn more about preparing for third-party cookie restrictions . | |
| Allows users to paste into input fields | ^ |
| Preventing input pasting is a bad practice for the UX, and weakens security by blocking password managers. Learn more about user-friendly input fields . | |
| Avoids requesting the geolocation permission on page load | ^ |
| Users are mistrustful of or confused by sites that request their location without context. Consider tying the request to a user action instead. Learn more about the geolocation permission . | |
| Avoids requesting the notification permission on page load | ^ |
| Users are mistrustful of or confused by sites that request to send notifications without context. Consider tying the request to user gestures instead. Learn more about responsibly getting permission for notifications . | |
| Displays images with correct aspect ratio | ^ |
| Image display dimensions should match natural aspect ratio. Learn more about image aspect ratio . | |
| Serves images with appropriate resolution | ^ |
| Image natural dimensions should be proportional to the display size and the pixel ratio to maximize image clarity. Learn how to provide responsive images . | |
| Page has the HTML doctype | ^ |
| Specifying a doctype prevents the browser from switching to quirks-mode. Learn more about the doctype declaration . | |
| Properly defines charset | ^ |
| A character encoding declaration is required. It can be done with a <code><meta></code> tag in the first 1024 bytes of the HTML or in the Content-Type HTTP response header. Learn more about declaring the character encoding . | |
| No issues in the Issues panel in Chrome Devtools | ^ |
| Issues logged to the Issues panel in Chrome Devtools indicate unresolved problems. They can come from network request failures, insufficient security controls, and other browser concerns. Open up the Issues panel in Chrome DevTools for more details on each issue. | |

NOT APPLICABLE (1)

Hide

☐ Redirects HTTP traffic to HTTPS



Make sure that you redirect all HTTP traffic to HTTPS in order to enable secure web features for all your users. [Learn more](#).
(Unscored)



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Hide

☐ Structured data is valid



Run the [Structured Data Testing Tool](#) to validate structured data. [Learn more about Structured Data](#). (Unscored)

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (9)

Hide

Page isn't blocked from indexing



Search engines are unable to include your pages in search results if they don't have permission to crawl them. [Learn more about crawler directives](#).

Document has a <title> element



The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. [Learn more about document titles](#).

Document has a meta description



Meta descriptions may be included in search results to concisely summarize page content. [Learn more about the meta description](#).

Page has successful HTTP status code



Pages with unsuccessful HTTP status codes may not be indexed properly. [Learn more about HTTP status codes](#).

Links have descriptive text



Descriptive link text helps search engines understand your content. [Learn how to make links more accessible](#).

Links are crawlable



Search engines may use href attributes on links to crawl websites. Ensure that the href attribute of anchor elements links to an appropriate destination, so more pages of the site can be discovered. [Learn how to make links crawlable](#)

Image elements have [alt] attributes



Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. [Learn more about the alt attribute](#).

Document has a valid hreflang



hreflang links tell search engines what version of a page they should list in search results for a given language or region. [Learn more about hreflang](#).

Document has a valid rel=canonical



Canonical links suggest which URL to show in search results. [Learn more about canonical links](#).

NOT APPLICABLE (1) Hide

robots.txt is valid ^

If your robots.txt file is malformed, crawlers may not be able to understand how you want your website to be crawled or indexed. [Learn more about robots.txt.](#) Unscored

- Captured at Jan 16, 2026, 6:57 PM GMT+5:30
- Initial page load
- Emulated Desktop with Lighthouse 13.0.1
- Custom throttling
- Single page session
- Using Chromium 143.0.0.0 with devtools