Login screen





Sign In

Email

Password

Sign in

Forgot password

Sign up

Forgot password



Back

Email

Request



Sign up screen



Back

First name
Last name
Email
Password
Re enter password
Sign up

Home Feed [Only from friends and family]

Tushar



Soulgrowth

















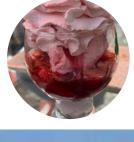


eve

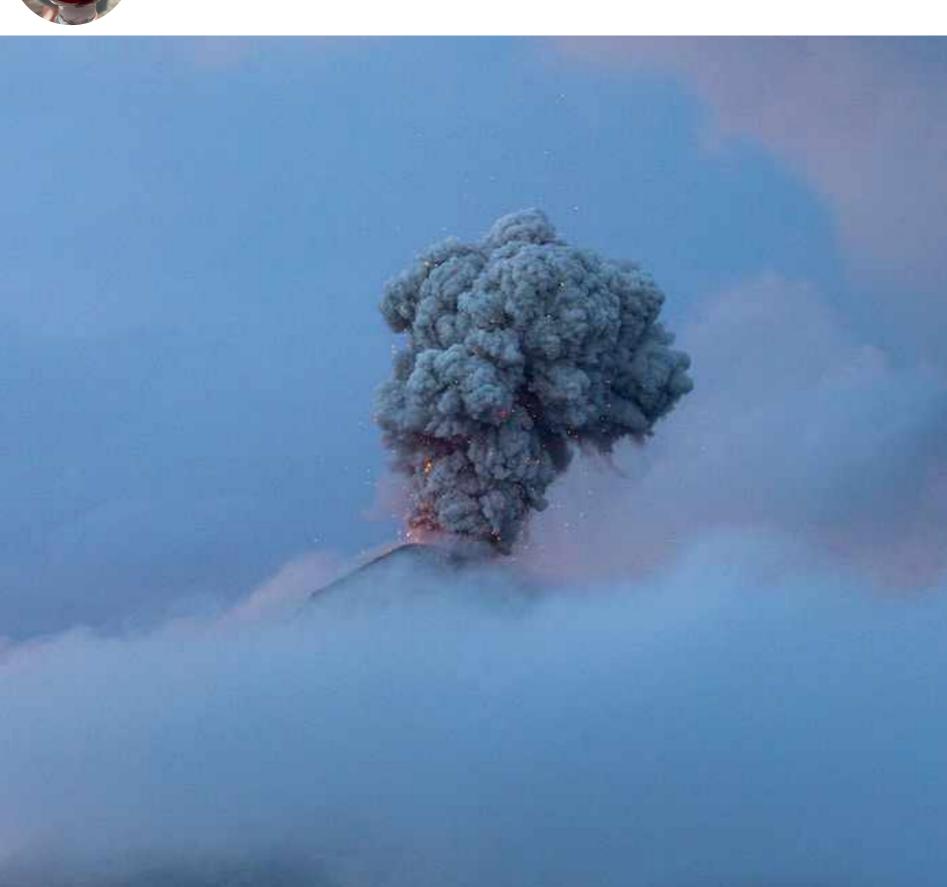
dave23

devitt

an



tushar













tushar write your caption here

... more View all 2232 comments 11 March • See Translation









Profile





tushar Photographer Best architecture in the word tushar.com

363 Posts

9223 1232 Followers Following

Edit Profile

Share Profile













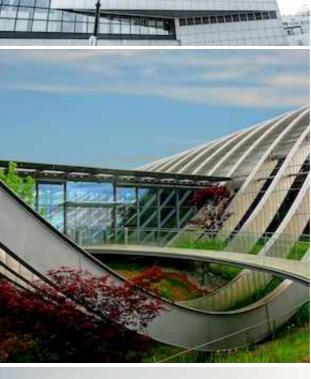




























Camera Capture











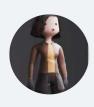


Notifications



Notifications

Today



eve liked your post. 22m





eve started following
you. 1h





eve liked your post. 2h





eve liked your post. 2h



Yesterday



devitt liked your post. 1d





devitt commented on your post. **1d**





devitt started following you. 1d





dave23 commented on your post. 1d





anya liked your post. 1d



This Week



dave23 liked your post. 1w





dave23 commented on your post. 1w











Search

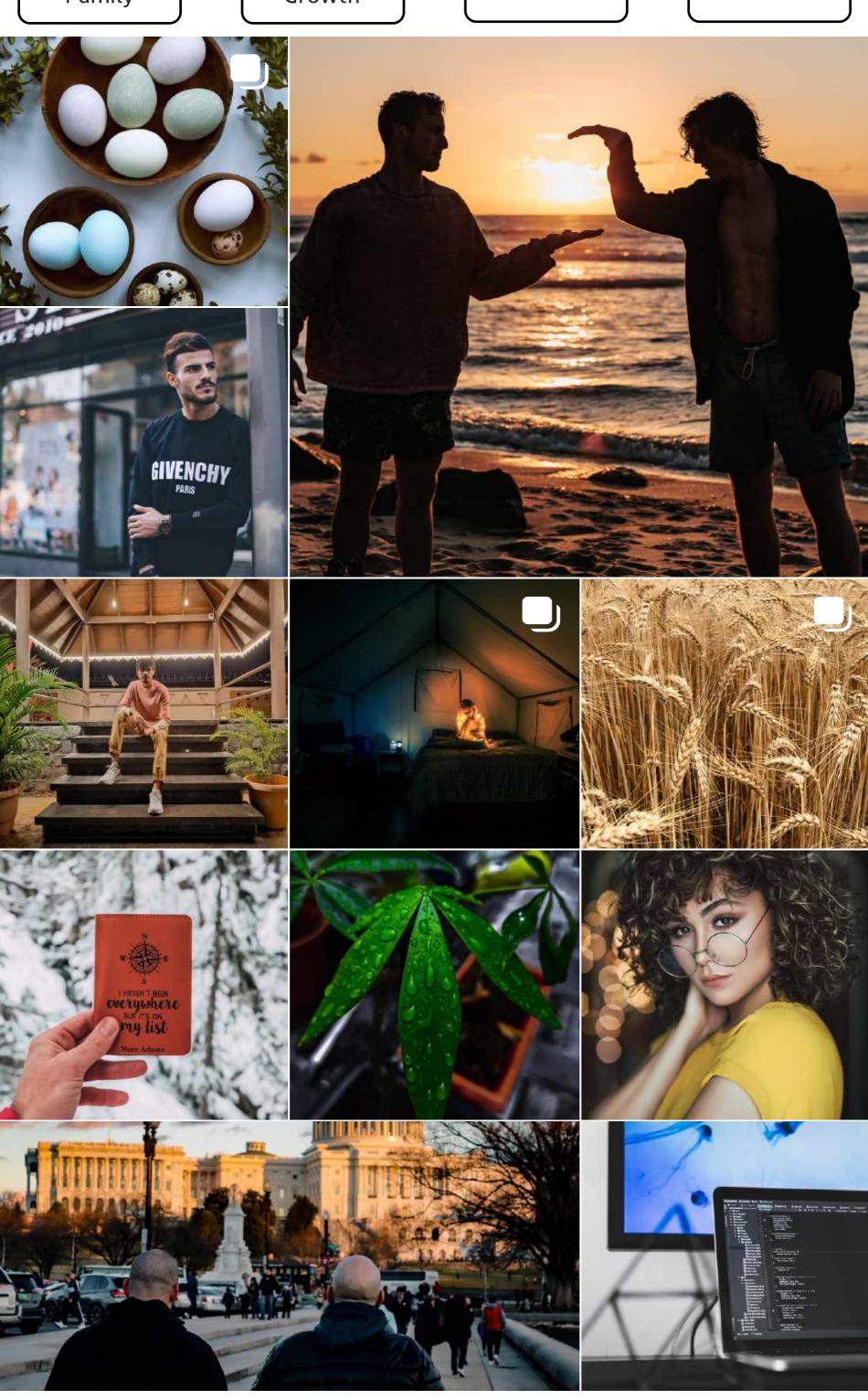


Q Search

Friends / Family Personal Growth

Art

Music











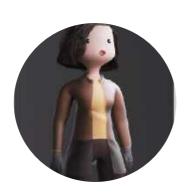
Messages



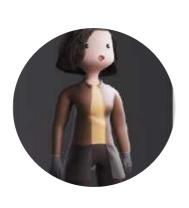


















Settings





tushar

Username

Phone Number

Bio

Private profile



Notifications



Receive messages



Your Activity









Your Activity





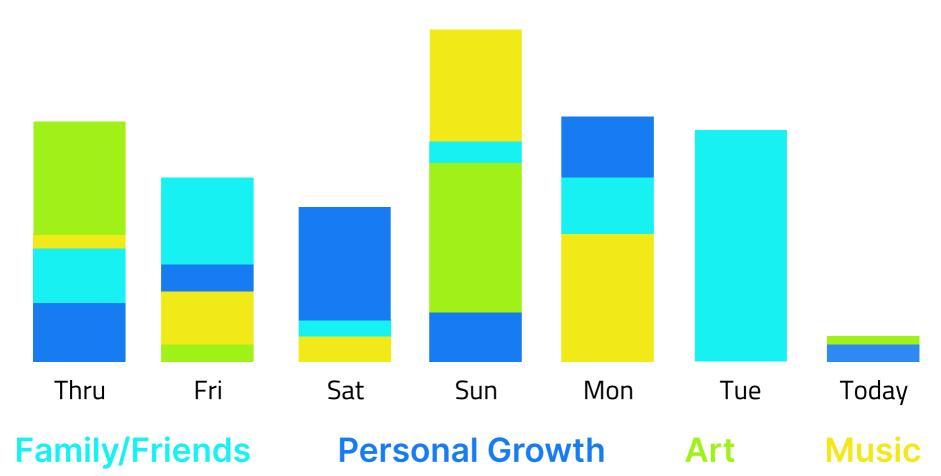
Your Activity

Time on Soulgrowth



1h 58m Daily Average

Average time you spent per pay using the Soulgrowth app on this device in the last week



Manage your time

Set reminder to take breaks

Schedule a reminder to take regular breaks from scrolling

Set daily time limits

Limit the time you spend on Soulgrowth each day > by scheduling a reminder to close the app.

Notification settings

Choose which Soulgrowth notifications to get. > You can also mute push otifications.







