



# **“Cognitive Warfare”: The Advent of the Concept of “Cognitics” in the Field of Warfare**

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## **► To cite this version:**

Bernard Claverie, François Du Cluzel. “Cognitive Warfare”: The Advent of the Concept of “Cognitics” in the Field of Warfare. Bernard Claverie; Baptiste Prébot; Norbou Buchler; François du Cluzel. Cognitive Warfare: The Future of Cognitive Dominance, NATO Collaboration Support Office, pp.2, 1-7, 2022, 978-92-837-2392-9. hal-03635889

**HAL Id: hal-03635889**

**<https://hal.science/hal-03635889v1>**

Submitted on 8 Apr 2022

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# **Cognitive Warfare: The Future of Cognitive Dominance**

First NATO scientific meeting on Cognitive Warfare (France) – 21 June 2021.

Symposium organized by the Innovation Hub of NATO-ACT and ENSC,  
with the support of the French Armed Forces Deputy Chief of Defence,  
the NATO Science and Technology Organization / Collaboration  
Support Office, and the Region Nouvelle Aquitaine.

Scientific Editors

B. Claverie, B. Prébot, N. Buchler and F. Du Cluzel.

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## Chapter 2 – “COGNITIVE WARFARE”: THE ADVENT OF THE CONCEPT OF “COGNITICS” IN THE FIELD OF WARFARE

**Bernard Claverie<sup>1</sup>, François Du Cluzel<sup>2</sup>**

*“Cognitive warfare is now with us. The main challenge is that it is essentially invisible; all you see is its impact, and by then ... it is often too late.”*

Cognitive warfare is now seen as its own domain in modern warfare. Alongside the four military domains defined by their environment (land, maritime, air and space) and the cyber domain that connects them all, recent events upsetting the geopolitical balance of power have shown how this new warfare domain has emerged and been put to use.

It operates on a global stage since humankind as a whole is now digitally connected. It uses information technology and the tools, machines, networks, and systems that come with it. Its target is clear: our individual intelligences, to be considered both individually and as a group.

Attacks are defined, structured, and organized to alter or mislead the thoughts of leaders and operators, of members of entire social or professional classes, of the men and women in an army, or on a larger scale, of an entire population in a given region, country or group of countries. It can have a variety of objectives and will adapt itself to the strategy being used: territorial conquest (a bordering region, peninsula, or group of islands for instance), influence (elections, stirring up popular unrest), service interruptions (national or local administrations, hospitals, emergency services, and sanitation, water, or energy supplies) or transportation (airspace, maritime chokepoints...), information theft (through involuntary disclosure or the sharing of passwords...) etc.

Cognitive warfare is the art of using technology to alter the cognition of human targets, who are often unaware of any such attempt, as are those entrusted with countering, minimizing, or managing its results, whose reaction is too slow or inadequate.

### 2.1 A FEW DEFINITIONS

Cognitive warfare is thus an unconventional form of warfare that uses cyber tools to alter enemy cognitive processes, exploit mental biases or reflexive thinking, and provoke thought distortions, influence decision making and hinder action, with negative effects, both at the individual and collective levels.

This is obviously related to the concept of cyber warfare that uses digital information tools to gain control, alter or destroy said tools. However, cognitive warfare goes beyond information to target what individual brains will do with this information. It therefore extends beyond the human consequences of cyber warfare involving computer engineering, robotics, and programs; a cognitive effect is not a by-product of action, but its very objective.

This objective is independent of the technologies used to achieve it. One way of thinking about it is as a “psychological-social-technical warfare” on the one hand and of a form of “influence warfare” on the other,

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<sup>2</sup> François du Cluzel is Lieutenant Colonel (ret.) of the French Army and is currently Head of Innovative Projects within Allied Command Transformation Innovation Hub in Norfolk (Virginia, USA).

using cyber means. In the military context specifically, it involves the use of a strategy intended to carry out a combat, surveillance, or security action.

Other definitions exist for related concepts. “Cognitive Combat” is related to the actual, local, and temporary use of tactical tools to affect cognition. This action occurs within a larger strategy designed to engage cognitive targets. For offensive actions, it is characterized by an approach centered on harassment, the systematic exploitation of weaknesses, whereas in a defensive posture it involves the development of resilient and preventative capabilities using similar tools. The notion of “Cognitive Conflict” could be used when the contact is generalized and the confrontation of cognitive processes is the rule. But that notion is still to be theorized.

## **2.2 COGNITIVE WARFARE IS ALL AROUND US**

Cognitive Warfare is already being used, with more or less success and not necessarily under that name, by a number of state and non-state players, institutions or companies, including terrorist organizations, aggressive religious movements, etc. They include specialized and highly-competent units working for digital intelligence services, as well as industry agencies and companies engaged in competition with others or in the more routine area of marketing and manipulation of potential clients. In all these cases, the object is to dominate, establish one’s superiority, or even conquer and destroy. Today these practices have reached such a level that political leaders can no longer ignore their importance.

The term Cognitive Warfare has been used with that meaning in the United States since 2017 (Underwood, 2017) to describe in particular the modes of action available to a state or influence group seeking to “manipulate an enemy or its citizenry’s cognition mechanisms in order to weaken, penetrate, influence or even subjugate or destroy it.” While that broad mission has always formed a part of the art of war, here we have a new discipline that requires further elucidation. It is the combination of the newer cyber techniques associated with information warfare and the human components of soft power, along with the manipulation aspects of PSYOPS. They usually involve a biased presentation of a reality, usually digitally altered, intended to favor one’s own interests. New communication tools now offer infinite possibilities, opening the way to new methods and new objectives. This increased complexity should encourage potential victims to develop a constant posture of resilience, even if in most cases, victims usually realize they were attacked too late.

This approach to Cognitive Warfare has caught the eye of armed forces across the world and includes both strategic and operational aspects, some of which are more developed than others. It currently is not covered by established ethical considerations and doctrines. It expanded considerably with the arrival of digital strategic decision-making assistants, new operational domains and the invasion of big data and analytics, in the realm of information, wargaming and the conduct of operations. It is now spreading to all areas where digital information is used, including the quiet implementation of offensive and defensive uses, cognitive attrition, and defence measures intended to protect likely target populations. It is a mix of well-thought out attack processes as well as counter and preventative measures.

## **2.3 THEORIZATION**

New theories are being developed, including those dealing with resilience or the weaknesses of neurosciences, the exploitation of cognitive biases and the likelihood of cognitive errors, the manipulation of perceptions, how our attention spans can be overwhelmed or steered, and cognitive stress induced. All of these have predictable consequences on our mental acuity, social relations, and motivations and on the efficiency of organizations.

These early conceptual efforts caught the attention of many researchers and military thinkers. Including, among many others, neuro-ethicist James Giordano<sup>3</sup> who has described the brain as the site for the battlefields of the 21st century and studied the weaponization of neurosciences, General Goldfein<sup>4</sup> has stated that we have moved on to wars of attrition to wars of cognition, Colonel Banach<sup>5</sup> has talked about the idea of virtual warfare, while Lieutenant General Stewart<sup>6</sup> of the Defense Intelligence Agency, saw modern warfare as a cognitive battleground and General Desclaux<sup>7</sup> described the command and control strategic process as a cognitive triangle involving knowledge dominance, cyber confidence and decision superiority, all of which serving to guide strategy to achieve the commander's objectives. As the cognitive aspects of the planning and conduct of operations is becoming increasingly vital, Colonel Remanjon of NATO's Allied Command Transformation has studied whether the human brain is now the ultimate battlefield?

And the theoretical underpinnings of the sixth domain of warfare have recently been developed, linking the technium to the noosphere<sup>8</sup> seen as the global representation of human intelligence as mediated through technologies, in a recent book on Cognitive Superiority by Dean S. Hartley<sup>9</sup> and Kenneth Jobson<sup>10</sup> (2021).

## 2.4 BASIC PRINCIPLES

Cognitive Warfare is where all the elements of information warfare – including the operational aspects of psychology and neurosciences, based on systemics and complexity – combine for military action. It sits at the intersection of two operational fields that hitherto were managed separately: PSYOPS and influence operations (soft power) on the one hand, and cyber operations (cyber defence) intended to degrade or destroy physical information assets on the other. This intersection makes it possible to unite concepts and points of views from different scientific, military or intelligence communities of interest, bringing about an interdisciplinary approach to how technologies impact humankind.

The main goal is not to serve as an adjunct to strategy or to defeat without a fight, but to wage a war on what an enemy community thinks, loves or believes in, by altering its representation of reality. It is a war on how the enemy thinks, how its minds work, how it sees the world and develops its conceptual thinking. The effects sought are an alteration of world views, and thereby affect their peace of mind, certainties, competitiveness, and prosperity.

The stated objective is to attack, exploit, degrade or even destroy how someone builds their own reality, their mental self-confidence, their trust in processes and the approaches required for the efficient functioning of groups, societies or even nations. Although its technical aspects (cyber) are somewhat different, it is a companion to Psychological Operations (PSYOPS).

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3 Pr. James Giordano is a professor in the Georgetown Department of Neurology in Washington D.C. and the Director of the Neuroethics Studies Program at the O'Neill-Pellegrino Center for Clinical Bioethics.

4 David Goldfein was a former general and Chief of Staff of the US Air Force, member of the Joint Staff and a military advisor in the Council of National Security and to the Secretary of Defense and President of the United States.

5 Steve Banach is a colonel in the US Army and former director of the School of Advanced Military Studies (SAMS) at Leavenworth (Kansas, USA).

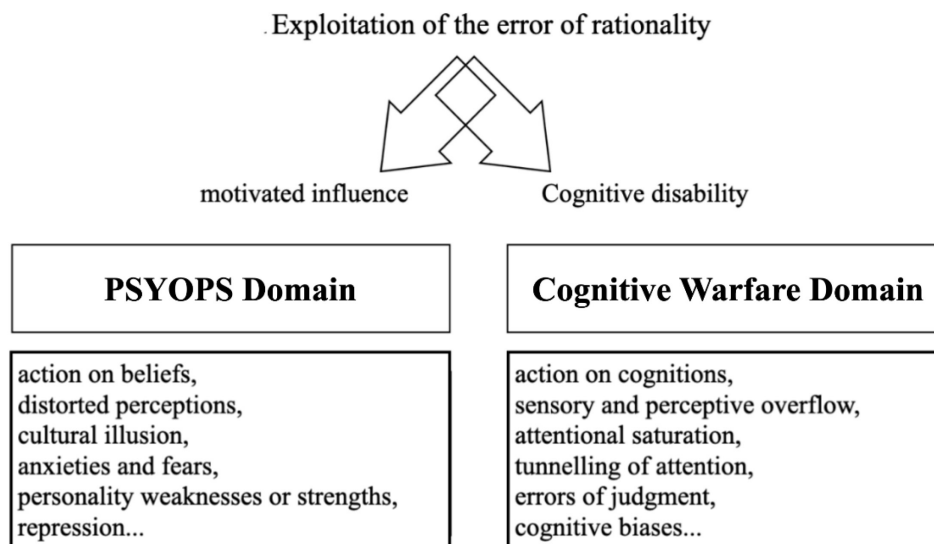
6 Vincent R. Stewart is a former Lieutenant General of the Marine Corps and Director of the Defense Intelligence Agency (DIA).

7 Gilles Desclaux is a retired French Air Force Lieutenant General. He commanded air operations during the war in Libya and is now a frequent contributor to C2 work being conducted in industry.

8 As defined by Kelly (2011): all the information available to human brains.

9 Dean S. Hartley III Director of Hartley Consulting at Oak Ridge (TN, USA) and honorary president of a number of other consulting firms.

10 Kenneth O. Jobson is a psychiatrist and the creator of the International Psychopharmacology Algorithm and is particularly active in biotechnologies.



**Figure 2-1: Differences Between Cognitive Warfare and PSYOPS (Including, in Broad Terms Actual Psychological Operations and Other Non-Kinetic Actions such as Influence Operations and Civil-Military Cooperation (CiMiC)).**

## 2.5 LEVELS OF ACTION

Cognitive Warfare can be studied from two points of view: a global one and one based on the available tools. The first is intended to contribute to a culture which seeks to manipulate minds or, at the other end of the spectrum, to build up resilience and global security. It is both intended to inform and train those most likely to be targeted by ill-intentioned actions or intentions and uses cognitive tools to counter such actions.

The domain is based both on a knowledge of the psychology of players involved, of the sociology of specific populations or groups, and the influence of culture on the decision making and rationality of various players. The second level is related more specifically to various fields of cognition, including for instance the decision/indecision dichotomy, cognitive errors and biases, perceptions and illusions, cybernetics and the absence or loss of control, influence and soft power, psychology and cyber psychology, interactions between users and systems, robotics and drones, autonomy and the ethics associated with new technologies, motivation and loss thereof (giving up and despair), morality and the clash of values, psychology and religion, the urgency of psychiatric support in cases of post traumatic care or after someone has snapped, cybersecurity and human reliability, and the cognitive aspects of C2, which involve a considerable number of other considerations, including multi-domain and multi-cultural aspects.

## 2.6 A DEFENSIVE POSTURE

This kind of cognitive approach cannot be defined along the traditional categories of instruments of war, but rather as a tool for interfering with individual or massed targets, seeking to achieve effects at various scales, from the single person all the way to an entire social/technical system. These capabilities and effects can be used before, during and after kinetic actions, while remaining outside current international definitions of what constitutes an act of war. These non-kinetic actions will allow imbalances that will benefit their creators and hinder those targeted. But now they may become part and parcel of a global, discreet, or even invisible action, or specific, precise, and undetectable actions, or as only components of one or several aggressive operations, all of which requires we learn the dangers posed and how to develop defensive techniques and effective deterrent options or ways of dealing with the consequences.

## **2.7 MOVING TOWARDS A HUMAN DOMAIN**

What are the consequences? The information era has morphed into a network era since the world is increasingly defined by its interconnections. This evolution has grown more complex as our physical, digital, and mental personas have merged within these human enhancement networks. They are typical of the human domain, where the ability to solve complex problems is dependent on how information is represented, understood, and developed. This domain must take into account the strengths, limitations, vulnerabilities, and diversity of those involved in decision making or when applying rules and procedures.

From a defensive point of view, the challenges are many: they involve ensuring the cognitive security of individuals, facilitating the efficient running of state structures, and establishing and maintaining cognitive superiority for decisive action. Further challenges relate to improving competitiveness, developing and certifying the performance of intelligent systems or artificial intelligence systems intended to augment human labor, improving the collective intelligence of Human-Autonomy Teaming (HAT), and improving complex and shared decision making. Guaranteeing an advantage in the human domain will require new approaches which are better able to combine humans and technology, while managing both technical and psychological consequences.

## **2.8 MEANS OF ACTION**

Over the last twenty years or so, the design of digital tools has taken into account the differences and characteristics of users in order to encourage their spontaneous use. This has led some to think about how these guided approaches can be manipulated to allow for greater integration of human users within the system. The intention has gone from facilitating the user experience to instigating or even dictating how they behave.

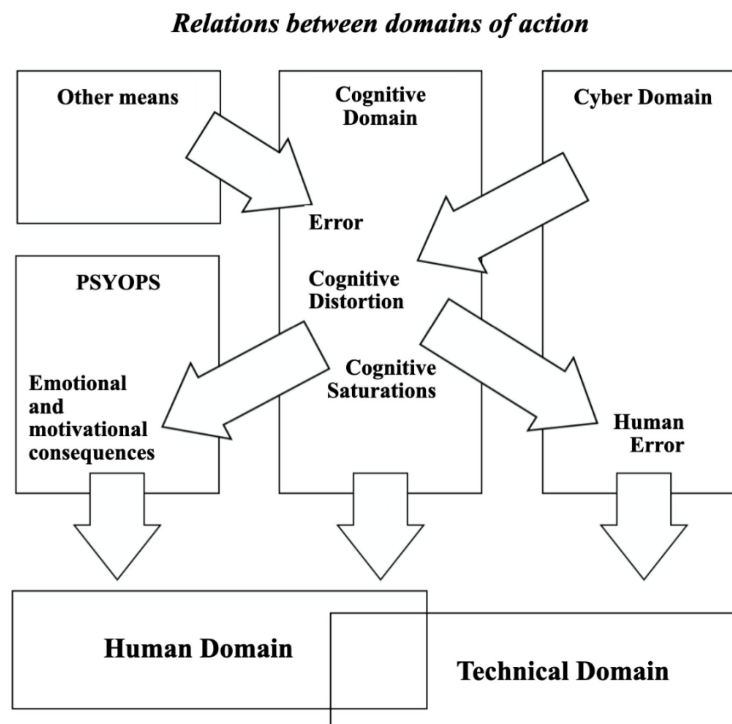
From the attacker's point of view, the most efficient action – albeit the hardest to execute – is to encourage the use of digital tools that can disrupt or affect all levels of an enemy's cognitive processes. The various decision-making stages are targeted, starting with how information is taken in, which can be overwhelmed, how it is then filtered, which can be side-stepped, by altering how representations are constructed, by influencing memory storage, leading to inadequate decisions or by paralyzing the taking of action and making it difficult to alter objectives. Each of these phases is now understood, codified, or even replaced by digital tools. They can therefore be targeted.

Consequences may be found at three potential levels:

- 1) The influence over psychological, relationship, motivational dimensions, or by sowing doubt or consolidating certainties, or causing chronic consequences;
- 2) In the cyber domain by factorizing or inducing human errors directly, to affect the network, the information it carries or human-system interfaces;
- 3) Or by targeting individual cognitive abilities directly, in particular those whose cognitive capabilities are chronically altered.

This kind of warfare between intelligences will assume new dimensions as we develop wearable technologies and connected objects, and in particular the internalization of these new tools with the appearance of the augmented soldier.





**Figure 2-2: Complementarity of Human and Technical Domains and How They Interact with Other Domains.**

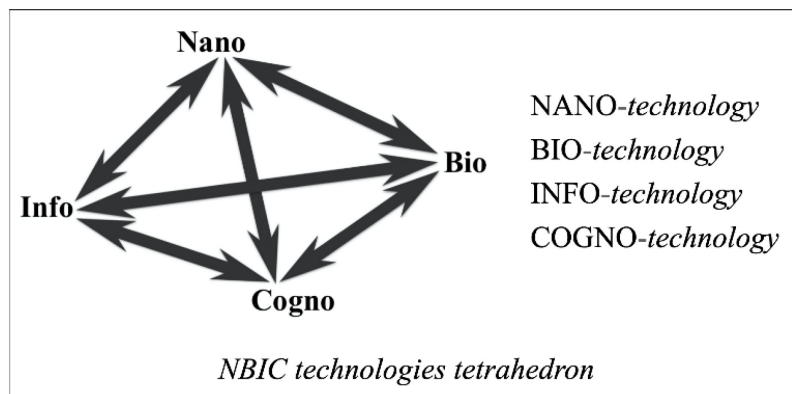
## **2.9 PREPARING THE FUTURE WITH MOBILE CYBER CAPABILITIES**

NBIC is a scientific project bringing together four previously distinct domains: nanotechnology (nanorobot technology, nano-sensors, nanostructures, energy, etc.), biotechnology (bio-genomic technology, bio-engineering, neuropharmacology, etc.), information technology (computer science, microelectronics, etc.) and cognitive technology (cognitive science and neuropsychology). The project was formalized with the encouragement of the US Department of Defense (DoD) in 2002 and subsequently taken up by major international institutions and a number of nations, to bring together future technologies.

The object is to encourage the development of tools and adapt or improve humans through an anthropotechnical approach to develop a hybridized human-system to meet health, security, defence objectives and prepare them for specific bio-environments (space, sea, deserts, etc.). Today, this project has led to the partial convergence of domains, mostly through pairing information technology and health nanotechnologies, new chemical cognition enhancers, embedded electronics, etc. Ultimately, it will lead to an augmented human operator (or even a hybrid one), injected with amplifying substances or nanotechnologies, providing informational resilience and superiority. A number of enhanced soldier projects are already underway.

Information, of course, implies cyberthreats and information distortion or manipulation. And a connected brain, in particular a soldier's connected brain, will lead to offensive and defence forms of "cognitive warfare." Many writers have already imagined what threats might emerge. Most of them remain science-fiction, but some projects are benefiting from real resources, programmed and in some cases tested, using, for instance, neurocomputing implants and perception-augmenting technical hybrids (vision and hearing), or even genomic modifications.





**Figure 2-3: Convergent Technologies as Defined by the US DOD in the Roco and Bainbridge Report (2012).**

Beyond traditional and existing threats associated with cognitive warfare as used by allied or competing nations, or those that might be developed by unofficial entities (such as terrorists or entities seeking cultural or religious domination), we need to think about the future of NBIC, and how it might influence human cognition, by distracting, saturating or even taking over and modifying objectives. We should also mention the issue of these implants' obsolescence and their exploitation.

## 2.10 CONCLUSION

The cyber world is now all-encompassing and ever-present. No decision or action can be executed without the tools it provides. This obviously affects the cognition of those who use these tools and will impact individuals and groups, at all levels, both psychologically, with human consequences, and technically when human errors impact systems. This is a fast-growing domain and new paths are constantly pushing back the limits of our knowledge and what potential uses might be developed. It is imperative we try to anticipate threats born of future technologies and learn more about those being developed today.

These threats are increasingly common and their consequences, more often than not, will have global repercussions, requiring NATO and its member Nations to think about cognitive warfare's varied dimensions. To anticipate these dimensions will mean acquiring the means to go beyond a reactive posture that will lead to our losing the technological initiative that is so vital to military strategy today.

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REPORT DOCUMENTATION PAGE			
<b>1. Recipient's Reference</b>	<b>2. Originator's References</b>	<b>3. Further Reference</b>  ISBN 978-92-837-2392-9	<b>4. Security Classification of Document</b>  PUBLIC RELEASE
<b>5. Originator</b> Science and Technology Organization North Atlantic Treaty Organization BP 25, F-92201 Neuilly-sur-Seine Cedex, France			
<b>6. Title</b>  Cognitive Warfare: The Future of Cognitive Dominance			
<b>7. Presented at/Sponsored by</b>  First NATO scientific meeting on Cognitive Warfare (France) – 21 June 2021. Symposium organized by the Innovation Hub of NATO-ACT and ENSC, with the support of the French Armed Forces Deputy Chief of Defence, the NATO Science and Technology Organization / Collaboration Support Office, and the Region Nouvelle Aquitaine.			
<b>8. Author(s)/Editor(s)</b>  B. Claverie, B. Prébot, N. Buchler and F. Du Cluzel			<b>9. Date</b>  March 2022
<b>10. Author's/Editor's Address</b>  Multiple			<b>11. Pages</b>  118
<b>12. Distribution Statement</b>  There are no restrictions on the distribution of this document. Information about the availability of this and other STO unclassified publications is given on the back cover.			
<b>13. Keywords/Descriptors</b>  Cognition; Cognitive bias; Cognitive domain; Cognitive war; Cognitive warfare; Cyber-psychology; Human			
<b>14. Abstract</b>  This document, published by the NATO-CSO, brings together articles related to the presentations given during the first Symposium on Cognitive Warfare, held in Bordeaux, France, in June 2021, on the initiative of the NATO-ACT Innovation Hub and the Bordeaux-based ENSC, with the support of the French Armed Forces Joint Staff, the NATO-STO-CSO, and the Region Nouvelle Aquitaine. This first Symposium reflected on human cognition, its strengths and weaknesses, its collaborative organization for military decision-making, its relation with and dependence on digital technology, and its social and political dimensions within the context of fierce international competition. The Supreme Allied Commander for Transformation (SACT) and the French Armed Forces Vice-Chief of Defence expressed their views on the topic. This first Symposium was the starting point of a series of meetings and workshops further exploring the subject, on the initiative of NATO CSO and ACT.			