create unlogged table t (a bigint, b text) with (fillfactor = 100);

insert into t select -1 * a, b from (select r, a, b, generate$_series$(0,4-1) AS p from (select row$_number$() over () AS r, a, b from (select i AS a, md5(i::text) AS b from generate$_series$(1, 2500000) s(i) ORDER BY (i + 16 * (random() - 0.5))) foo) bar) baz ORDER BY ((r * 4 + p) + 2048 * (random() - 0.5));

create index idx on t(a ASC);