



Pan-African Society of Hypertension (PASH,Inc.)

Newly created, from 2010 onwards !

Dear Colleague,
The newly created **Pan-African Society of Hypertension(PASH, Inc.)** welcomes you and invites you to become member!

Join us today online at :
<http://www.pash-onweb.com/register.php>

The Pan-African Society of Hypertension (PASH, Inc.) aimed to be the largest African professional organization of scientific investigators, academicians and health care professionals committed to documenting, monitoring and managing hypertension and its consequences on the continent.

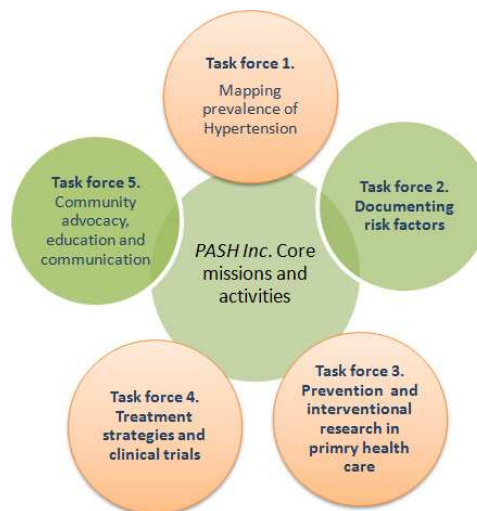
The Society serves as an independent body that bridges current hypertension research with effective clinical treatment strategies for patients. The society has a merit of being highly inclusive, having a transparent management, dynamism and building a partnership, at continental level and International level.

The PASH is a newly (from 2010) started organization. The society is still under a responsibility of General Founding Assembly, with an **a.i. Steering Committee** as executive organ. The current a.i. Steering Committee gather 12 persons: all are health professionals, scholars, or academicians active in the field of hypertension and related disorders in Africa

The mission of the Pan-African Society of Hypertension

The overall mission of the Society is to document the problem of hypertension in Africa, to provide hypertension management and prevention strategies on African continent and to improve the care of patients with hypertension and other cardiovascular risk factors; through high level research, reliable data and evidences and partnership.

The society scientific work is accomplished through **five task forces** (illustrated here) which summarize its mission and activities.



**For any suggestion, support, query or comment,
please contact the "Steering Committee":**

The Pan-African Society of Hypertension(PASH,Inc.)
On behalf of a.i. Steering Committee
Executive General Secretary
Marc Twagirimukiza, MD, PhD.

Provisional PASH Inc. headquarter office :

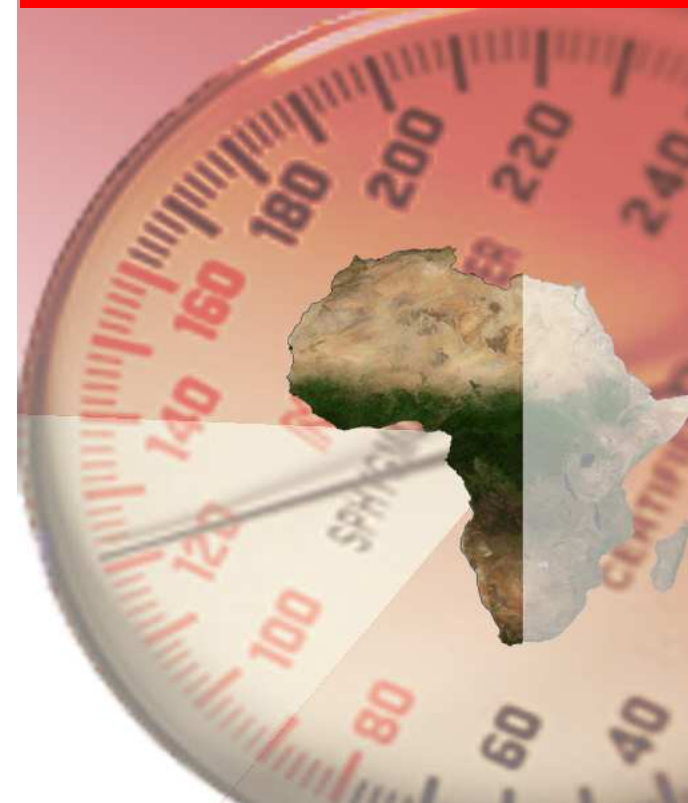
C/o
World Health Organization -Regional Office for Africa
Cité du Djoué, P.O.Box 06
Brazzaville, Republic of Congo

European PASH Inc. office address and contact:s

Heymans Institute of Pharmacology
Gent University
University Hospital Gent (UZ Gent)
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Pan-African Society of Hypertension (PASH,Inc.)

www.pash-onweb.org



Immediate coming activities

(Please become a member to get all details through intranet)

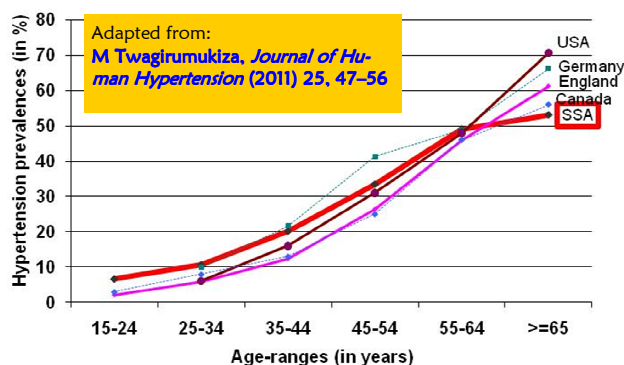
- Team building process
- High level consultative meeting of steering committee (details are available through intranet)
- Grant proposals under negotiation
- Advocacy and consultative meeting at Geneva with World Health Organization
- Official launch of the PASH Inc, 2012 (the venue and date to be communicated soon)

Web: www.pash-onweb.org

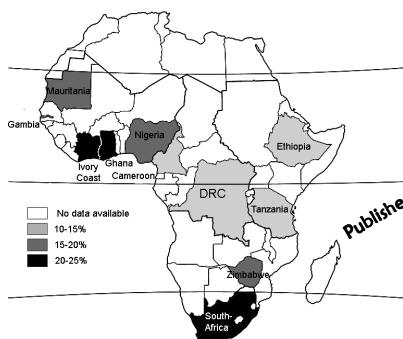
Updates on hypertension in sub-Saharan Africa

Hypertension is emerging in many developing nations as a leading cause of cardiovascular mortality, morbidity and disability in adults. In sub-Saharan African (SSA) countries it has specificities such as occurring in young and active adults, resulting in severe complications dominated by heart failure and taking place in limited-resource settings in which an individual's access to treatment (affordability) is very limited. Within this context of restrained economic conditions, the greatest gains for SSA in controlling the hypertension epidemic lie in its prevention.

Comparison of age-specific prevalence of hypertension in western countries and sub-Saharan Africa



- In 2008 number of hypertensives in sub-Saharan Africa was estimated at 74.7 million and projected to increase by 68.0% in 2025. However within the model, the predicted substantial absolute growth in number of hypertensives is mainly driven by population growth and modest growth in prevalence, attributable to higher urbanization.
- This estimated number of hypertensives is nearly 4 times higher than the last estimates (2005) from World Health Organization, Africa Regional Office (WHO/AFRO).



Published Ahead-of-Print

Source:

Current and projected prevalence of arterial hypertension in sub-Saharan Africa by sex, age and habitat: an estimate from population studies. M. Twagirimukiza; D. De Bacquer; J G Kips; G de Backer; R. Vander Stichele; LM Van Bortel. *Journal of Hypertension*., In press, 3 May 2011. doi: 10.1097/HJH.0b013e328346995d

Featured partner's events

World Hypertension Day 2011

**HEALTHY WEIGHT
HEALTHY BLOOD PRESSURE**

Check Your Waist | Eat Green | Exercise | Cut Salt

Initiated by the World Hypertension League

WORLD HYPERTENSION DAY MAY 17, 2010

World Hypertension League Regional Congress 2011
Incorporating
The 13th International Symposium on Hypertension and Related Diseases
November 3-6, 2011 | Beijing, China

Hypertension Management –
From Bench to Bedside and Community

For more info at www.whlrc2011.com

24th Scientific Meeting of the
International Society of
Hypertension

Sydney Convention and Exhibition Centre
29 Sept - 4 Oct 2012

For more info at www.ish2012.org

Quotes in media...

The UN tackles noncommunicable diseases

14 May 2010 | Geneva | New York

WHO welcomes the adoption last night of the United Nations General Assembly resolution on the prevention and control of noncommunicable diseases - mainly cardiovascular diseases, cancers, chronic respiratory diseases and diabetes - which kill nearly 35 million people each year, including almost 9 million before the age of 60.

The resolution seeks to halt the increasing trends in premature deaths from noncommunicable diseases worldwide.

"There is a sense of urgency," says WHO Assistant Director-General Dr Ala Alwan. "This resolution will help us increase action to address the leading cause of death in the world. Tackling these diseases constitutes one of the major challenges for sustainable development in the twenty-first century."

The resolution calls to:

- convene a high-level meeting of the General Assembly in September 2011, with the participation of Heads of State and Government, on the prevention and control of noncommunicable diseases;
- include at the high-level Plenary Meeting next September to review the Millennium Development Goals discussions on the rising incidence and the socio-economic impact of noncommunicable diseases in developing countries;
- request the UN Secretary-General to prepare a global status report on noncommunicable diseases, with a particular focus on the developmental challenges faced by developing countries.

PASH Inc. Message:

High blood pressure - ending the rule of halves

High blood pressure - hypertension - is a major risk factor for stroke, coronary heart disease and other illnesses such as kidney disease and aortic aneurysm. It is a major cause of illness, disability and premature death. For example, people with high blood pressure are three times more likely to develop heart disease and stroke, and are twice as likely to die from these diseases as people with normal levels. The higher the blood pressure level, the greater the risk.

Don't forget the important event upcoming:

UN HIGH LEVEL MEETING ON CHRONIC NON-COMMUNICABLE DISEASES (CNCDS), 19-20 SEPTEMBER 2011, NEW YORK