



## FACT SHEET

### ***High Blood Pressure and Chronic Kidney Disease (CKD)***

1. About 1 in 4 men and women have high blood pressure
2. Roughly 1 in 10 men and women have chronic kidney disease (CKD)
3. High blood pressure and CKD, when untreated, increase mortality rate
4. High blood pressure is a leading cause of CKD
5. CKD commonly causes high blood pressure
6. High blood pressure may worsen CKD
7. High blood pressure is a leading cause of heart disease and stroke
8. People with CKD are also more likely to get heart disease or stroke
9. Modern medicines can control high blood pressure and slow or prevent worsening of CKD
10. High blood pressure medicines can decrease the likelihood of heart disease and stroke even in people with CKD or high blood pressure

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