



# Thunderbird Park Stake T'22 Packing List

- ☐ 5-Gallon Bucket with lid
  - Labeled with name and ward
  - All gear must fit in bucket (except sleeping bag)
  - Bucket will be used as a stool and it also waterproofs your gear.
- ☐ Flashlight w/batteries
- ☐ Warm sleeping bag in a heavy-duty trash bag
- ☐ Heavy-duty trash bag for dirty or wet clothes
- ☐ Mess kit (plate, bowl, spoon, and fork) labeled with your name
- ☐ Mesh bag to hold mess kit
- ☐ Tin cup with handle
  - Must be carried on you hands free
- ☐ 2 Carabiners
  - 1 to attach tin cup to belt loop or apron and 1 for mesh bag

## Personal hygiene Items

- ☐ Small hand towel/or pre-moistened wipes for face & hands
- ☐ Travel size shampoo, conditioner, and soap
- ☐ Toothbrush, toothpaste, and dental floss
- ☐ Deodorant
- ☐ Lotion
- ☐ Chapstick
- ☐ Comb or brush
- ☐ Hand sanitizer and tissues
- ☐ Contact lens solution and case (if you wear contact lenses)
- ☐ Feminine hygiene products
- ☐ Prescription medications
  - Labeled in original pack (to be checked in with medical staff)
- ☐ Insect repellent
- ☐ Sunblock
- ☐ Sunglasses
- ☐ Personal first aid kit (Band-Aids & Mole Skin for foot care)
- ☐ Pillow case (use to make a pillow out of your jacket)
- ☐ Old set of scriptures in a Ziploc bag
- ☐ Sturdy work gloves (for pulling the handcart - these are a MUST)

## Clothing

- ☐ 2 pairs of tennis shoes or hiking boots (MUST BE broken in)
- ☐ 4 pairs of sturdy socks + 1 thick pair to sleep in
- ☐ 4 undergarments
- ☐ rain poncho
- ☐ warm jacket

- ❑ warm pajamas
- ❑ 1 pair of jeans

Everyone will need one pair of jeans that you won't mind getting dirty or damaged. These will not be used to trek in, they will be used in a specific activity, and will be collected at the Gear Shake Down. They will not be kept in your bucket.

### **Young Women**

- ❑ 1-2 bonnets
- ❑ 2 mid-calf length skirts and 2 blouses or 2 dresses
- ❑ 1-2 aprons

### **Young Men**

- ❑ 2 pairs of light-colored cotton pants  
NO camouflage, athletic pants or jeans\* (see explanation above)
- ❑ 2 long-sleeved, button up, light colored shirts  
Preferably cotton; NO t-shirts
- ❑ Western-style hat  
No baseball caps, beanies or army hats
- ❑ Suspenders or vest (Optional)

**No jewelry, makeup or electronics of any kind**