



Thunderbird Park Stake T'22 Packing List

- ☐ 5-Gallon Bucket with gamma lid
 - Labeled with name and ward
 - All gear must fit in bucket (except sleeping bag)
 - Bucket will be used as a stool and it also waterproofs your gear.
 - Gamma lids are screw top type lids for 5-gallon buckets
- ☐ Warm sleeping bag in a heavy-duty trash bag
- ☐ Heavy-duty trash bag for dirty or wet clothes
- ☐ Pie tin and a large spoon (labeled with your name)
- ☐ Tin cup with handle
 - Must be carried on you hands free
- ☐ 1 Carabiner
 - 1 to attach tin cup to belt loop or apron

Personal hygiene Items

- ☐ Small hand towel/or pre-moistened wipes for face & hands
- ☐ Toothbrush, toothpaste, and dental floss
- ☐ Deodorant
- ☐ Lotion
- ☐ Chapstick with sunscreen (not optional)
- ☐ Stick of anti-chafe balm (such as Body Glide)
- ☐ Comb or brush; hair ties (if needed)
- ☐ Contact lens solution and case (consider wearing glasses instead of contacts)
- ☐ Feminine hygiene products
- ☐ Prescription medications
 - Labeled in original pack (to be checked in with medical staff)
- ☐ Insect repellent
- ☐ SUNSCREEN (not optional)
- ☐ Sunglasses
- ☐ Personal first aid kit (5 Band-Aids & moleskin to put on sore spots to prevent blisters - Ma & Pa will have scissors to cut moleskin)
- ☐ Old set of scriptures or a Church magazine
- ☐ Sturdy work gloves (for pulling the handcart - these are a MUST)

Clothing

- ☐ 1 pair of tennis shoes, 1 pair of shoes to hike in (DO NOT buy new ones, they will give you blisters. Sturdy running or tennis shoes will work if you don't have hiking boots)
- ☐ 4 pairs of sturdy socks that wick moisture away from the skin
- ☐ 2 undergarments
- ☐ rain poncho
- ☐ Tarp (enough plastic to serve as a ground cloth and shelter from the rain)
- ☐ warm jacket

- ❑ warm pajamas
- ❑ 1 pair of jeans

Everyone will need one pair of jeans that you won't mind getting dirty or damaged. These will not be used to trek in, they will be used in a specific activity, and will be collected at the Gear Shake Down. They will not be kept in your bucket.

Young Women

- ❑ 1-2 bonnets
- ❑ 2 mid-calf length skirts and 2 blouses or 2 dresses
- ❑ 1-2 aprons with pockets
- ❑ 1 pair knee-length bloomers

Must be worn under dress - can be made out of old PJ bottoms

Young Men

- ❑ 2 pairs of wool or canvas pants
NO camouflage, athletic pants or jeans* (see explanation above)
- ❑ 2 long-sleeved, button up shirts
Preferably cotton; NO t-shirts
- ❑ Western-style hat
No baseball caps, beanies or army hats
- ❑ Suspenders or vest (Optional)

Optional Items

- ❑ Inexpensive or disposable camera (with new batteries and film)
- ❑ Pocket or sheath knife
- ❑ Harmonica or other small instrument

No jewelry, makeup or electronics of any kind