

# Thunderbird Park Stake T'22 Packing List

□ 5-Gallon Bucket with lid

Labeled with name and ward

All gear must fit in bucket (except sleeping bag)

Bucket will be used as a stool and it also waterproofs your gear.

- □ Warm sleeping bag in a heavy-duty trash bag
- Heavy-duty trash bag for dirty or wet clothes
- □ Pie tin and a large spoon (labeled with your name)
- ☐ Tin cup with handle

Must be carried on you hands free

□ 1 Carabiners

1 to attach tin cup to belt loop or apron

## Personal hygiene Items

- ☐ Small hand towel/or pre-moistened wipes for face & hands
- □ Toothbrush, toothpaste, and dental floss
- □ Deodorant
- Lotion
- □ Chapstick with sunscreen (not optional)
- □ Comb or brush
- □ Hand sanitizer and tissues
- □ Contact lens solution and case (consider wearing glasses instead of contacts)
- □ Feminine hygiene products
- □ Prescription medications

Labeled in original pack (to be checked in with medical staff)

- □ Insect repellent
- □ SUNSCREEN (not optional)
- Sunglasses
- Personal first aid kit (5 Band-Aids & moleskin to put on sore spots to prevent blisters Ma & Pa will have scissors to cut moleskin)
- □ Old set of scriptures or a Church magazine
- ☐ Sturdy work gloves (for pulling the handcart these are a MUST)

# Clothing

- □ 1 pair of tennis shoes, 1 pair of shoes to hike in (DO NOT buy new ones, they will give you blisters. Sturdy running or tennis shoes will work if you don't have hiking boots)
- ☐ 4 pairs of sturdy socks that wick moisture away from the skin
- □ 2 undergarments
- □ rain poncho
- □ Tarp (enough plastic to serve as a ground cloth and shelter from the rain)
- □ warm iacket
- warm pajamas

□ 1 pair of jeans

Everyone will need one pair of jeans that you won't mind getting dirty or damaged. These will not be used to trek in, they will be used in a specific activity, and will be collected at the Gear Shake Down. They will not be kept in your bucket.

# **Young Women**

- □ 1-2 bonnets
- □ 2 mid-calf length skirts and 2 blouses or 2 dresses
- □ 1-2 aprons
- □ 1 pair knee-length bloomers

Must be worn under dress - can be made out of old PJ bottoms

### Young Men

□ 2 pairs of wool or canvas pants

NO camouflage, athletic pants or jeans\* (see explanation above)

□ 2 long-sleeved, button up shirts

Preferably cotton; NO t-shirts

□ Western-style hat

No baseball caps, beanies or army hats

□ Suspenders or vest (Optional)

### **Optional Items**

- ☐ Inexpensive or disposable camera (with new batteries and film)
- Pocket or sheath knife
- □ Harmonica or other small instrument

No jewelry, makeup or electronics of any kind