

My ESL Session 1

Hello Student!

This is your ESL practice sheet. We will:

- Practice conversations
- Learn how to say things with the right voice
- Say words with the right stress
- Show feelings when we talk
- Practice similar sounds
- Read a story about a teddy bear

Section 1: Let's Talk!

How to do this:

1. Read each example
2. Practice saying it out loud
3. Listen to your tutor's feedback
4. Try again if needed

Saying Hello

Example: "Hi, my name is [Your Name]. What's your name?"

Examples:

- "Hi, my name is Maria. What's your name?"
- "Hello, I'm Alex. What's your name?"

My practice: _____

Tutor's tip: _____

Introducing Yourself

Example: "I am 6 years old. I like [favorite thing]."

Examples:

- "I am 6 years old. I like dinosaurs."
- "I am 6 years old. I like to draw pictures."

My practice: _____

Tutor's tip: _____

Asking for Help

Example: "Can you help me, please?"

Examples:

- "Can you help me with my book, please?"
- "Can you help me find my pencil, please?"

My practice: _____

Tutor's tip: _____

Talking About Toys

Example: "I like my [favorite toy]."

Examples:

- "I like my robot toy."
- "I like my teddy bear."

My practice: _____

Tutor's tip: _____

Making Friends

Example: "What do you like to do for fun?"

Examples:

- "What games do you like to play?"
- "Do you like to color pictures?"

My practice: _____

Tutor's tip: _____

Section 2: How We Say Things

How to do this:

1. Read each sentence out loud
2. Does your voice go up, down, or stay flat?
3. Check your answer with your tutor

Do you want ice cream?

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

I like my teddy bear.

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

Where is your toy?

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

Wow! That's amazing!

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

The dog is sleeping.

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

Section 3: Word Stress

How to do this:

1. The CAPS part of each word is the stressed part (say it louder)
2. Circle the correct way to say each word
3. Practice saying it with your tutor

1. Apple

Which is correct? Circle one:

AP-ple or ap-**PLE**

Tutor's tip: _____

2. Table

Which is correct? Circle one:

TA-ble or ta-**BLE**

Tutor's tip: _____

3. Sunshine

Which is correct? Circle one:

SUN-shine or sun-**SHINE**

Tutor's tip: _____

4. Pencil

Which is correct? Circle one:

PEN-cil or pen-**CIL**

Tutor's tip: _____

5. Mother

Which is correct? Circle one:

MO-ther or mo-**THER**

Tutor's tip: _____

Section 4: Show Your Feelings

How to do this:

1. Read each sentence
2. Circle the feeling that matches
3. Say it with that feeling

You like cookies?

Circle the feeling: Happy / Sad / Questioning

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

I love my puppy!

Circle the feeling: Happy / Sad / Questioning

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

I don't know.

Circle the feeling: Happy / Sad / Questioning

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Oh no, I lost my toy!

Circle the feeling: Happy / Sad / Questioning

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Can we play outside?

Circle the feeling: Happy / Sad / Questioning

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Section 5: Similar Sounds

How to do this:

1. Say each pair of words out loud
2. Listen for the difference
3. Practice saying both words clearly

bat vs. bet

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

cat vs. cap

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

big vs. pig

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

sit vs. seat

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

read vs. red

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

Section 6: Reading Practice

How to do this:

1. Listen to your tutor read the story
2. Read the story out loud yourself
3. Talk about what happened in the story

My Favorite Toy

I have a teddy bear. My teddy bear is soft and brown.

I like to hug my teddy bear. It makes me happy.

At bedtime, I sleep with my teddy bear. It keeps me safe.

I bring my teddy bear to my grandma's house.

Teddy is my best friend. I love my teddy bear!

Tutor's tip: _____

What I Learned Today

New Words I Learned:

- 1.
- 2.
- 3.
- 4.
- 5.

Things I Want to Practice More:

- 1.
- 2.
- 3.
- 4.
- 5.

My Favorite Part of Today's Session:
