

ESL Session 4: Food and Restaurants

Hello College Student!

What We Will Practice Today

- Basic food words
- How to order food
- Saying what foods you like and don't like
- Being polite when eating out
- Making simple food requests
- Writing an easy recipe

Section 1: Simple Conversations

How to practice:

1. Read each sentence out loud
2. Say it clearly
3. Try using hand gestures

At a Restaurant

Example: "Can I order, please?" 🍽️

Try saying:

- "Can I see the menu, please?"
- "I'm ready to order now."

Your Practice: _____

Tip: Look at the person when you speak.

Ordering Food

Example: "I want the chicken sandwich, please." 🥪

Try saying:

- "I would like the pizza, please."
- "Can I have a coffee?"

Your Practice: _____

Tip: Always say "please" when ordering.

Talking About Food You Like

Example: "I like spicy food." 🌶️

Try saying:

- "I love pizza."
- "I don't eat meat."

Your Practice: _____

Tip: Use "I like" or "I don't like" to talk about food.

Making Simple Requests

Example: "No cheese, please." 🧀

Try saying:

- "No onions, please."
- "Can I have extra rice?"

Your Practice: _____

Tip: Keep requests short and clear.

Section 2: Important Food Words

How to do this:

1. Learn each new word
2. Practice saying the words
3. Use each word in a simple sentence

People at Restaurants

Server: Person who brings your food

Cashier: Person who takes your money

Cook: Person who makes the food

Practice using these words: _____

Places to Eat on Campus

Dining Hall: Big place where many students eat

Café: Small place for coffee and snacks

Food Court: Place with many food choices

Practice using these words: _____

Types of Meals

Breakfast: Morning meal

Lunch: Midday meal

Dinner: Evening meal

Snack: Small food between meals


Practice using these words: _____

Section 3: Useful Phrases

How to do this:

1. Read each phrase
2. Practice saying it with the right tone
3. Use these phrases in practice talks

Asking About Food


"What is in this dish?" 


"Is this spicy?" 


"Do you have vegetarian food?" 

Your Practice: _____

Ordering Your Food


"I'll have the..." 

"Can I get the..." 



"I want to try the..." 

Your Practice: _____

During Your Meal


"Can I have more water, please?" 


"Excuse me, I need a napkin." 

"This is very good!"  

Your Practice: _____

Asking to Pay

"Can I have the check, please?" 

"Can we pay separately?" 

"Do you take credit cards?" 


Your Practice: _____


Section 4: Practice Conversation



How to do this:

1. Practice this talk with a friend
2. Pay attention to your voice
3. Try to sound friendly


At a Campus Café

Server: Hi! What can I get for you today? 

Student: Hi. Can I see the menu, please? 


Server: Sure! Here you go. Today's special is a cheese sandwich with soup.  Would you like a drink? 


Student: Yes, I'll have a water, please. 


Server: OK! I'll give you a minute to look at the menu. 


[A minute later]

Server: Are you ready to order? 


Student: Yes, I'll have the special, please. 


Server: Great! Anything else? 


Student: No cheese on my sandwich, please. 


Server: No problem! Your food will be ready soon. 

[After eating]

Student: Excuse me, can I pay now? 

Server: Sure. That's \$8.50. Do you have a student ID for a discount? 

Student: Yes, here it is. 

Server: Thanks! Now it's \$7.65. Cash or card? 

Student: Card, please. 

Server: Thank you! Have a good day!  

Your Practice: _____

Section 5: Food Words to Know

How to do this:

1. Learn words to describe food
2. Use these words in simple sentences
3. Talk about foods you like using these words

Taste Words

Sweet: like sugar (candy, fruit)

Salty: like salt (chips, pretzels)

Spicy: hot in your mouth (hot peppers)

Sour: like lemons

Practice using these words: _____

Texture Words

Crunchy: makes noise when you bite (chips)

Soft: easy to bite (bread)

Hard: difficult to bite (nuts)

Smooth: no bumps (yogurt)

Practice using these words: _____

Food Temperature

Hot: very warm

Cold: not warm

Warm: a little hot

Cool: a little cold


Practice using these words: _____


Section 6: Reading Practice

How to do this:

1. First read quietly
2. Then read out loud, one sentence at a time
3. Pay attention to the punctuation

Eating on Campus


I am a college student. I eat most of my meals on campus. 


For breakfast, I usually go to the campus café. I order coffee and a bagel. It costs about \$5. 

The café is small but nice. The staff is friendly. They remember my usual order. 

For lunch, I eat at the dining hall. There are many food choices there. My favorite is the pasta station.




Sometimes I eat with my friends. We talk about our classes while we eat. 

For dinner, I often get a sandwich from the campus store. If I'm very hungry, I order pizza. 

On weekends, my friends and I try different restaurants near campus. We like the Mexican restaurant best.

They have student discounts on Sundays!  

Eating on campus is convenient. The food is pretty good. And I don't have to cook!  

Reading Questions:

1. Where does the writer eat breakfast? _____
2. What is the writer's favorite food at the dining hall? _____
3. What does the writer eat for dinner? _____
4. Where do the writer and friends eat on weekends? _____
5. Why does the writer like eating on campus? _____

Section 7: Writing Practice

How to do this:

1. Write a simple recipe for an easy dish
2. List ingredients and steps

3. Use simple cooking words

My Easy Recipe

Name of dish: _____

Ingredients:

1. _____
2. _____
3. _____
4. _____
5. _____

Steps:

1. _____
2. _____
3. _____
4. _____
5. _____

Why I like this dish: _____

What Did You Learn Today?

New Words I Learned:

1. _____
2. _____
3. _____
4. _____
5. _____

Words to Practice More:

1. _____
2. _____
3. _____
4. _____

5.

My Favorite Part Today:
