

# High School Beginner ESL - Simplified Session

Hello Student!

This session will help you practice:

- Basic English conversations
- How to say words clearly
- Simple everyday phrases
- Meeting new people
- Common school words
- Reading easy sentences

## Section 1: First Conversations

How to do this:

1. Read each phrase out loud
2. Practice saying it clearly
3. Use hand movements to help

### Saying Hello

Example: "Hi! My name is [Your Name]." 🙋

Try saying it like:

- "Hello! I am [Your Name]."
- "Good morning! I'm [Your Name]."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

### About Yourself

Example: "I am a student. I learn English." 📖

Try saying it like:

- "I go to school. I study English."
- "I am in grade 10. I speak some English."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Asking Questions

Example: "Can you help me?" 🙋

Try saying it like:

- "Please help me."
- "I need help, please."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## About School

Example: "I go to school. I like math." 🏫

Try saying it like:

- "My school is [School Name]. I like science."
- "I study at [School Name]. Art is fun."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Making Friends

Example: "What do you like to do?" 🤝

Try saying it like:



- "Do you like sports?"
- "What games do you play?"

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 2: Voice Practice

How to do this:

1. Read each sentence out loud
2. Try making your voice go up  or down 
3. Circle the one that sounds best

Hello! How are you?

Voice: ☐ Up  ☐ Down  ☐ Flat →


Usually said with: Voice goes up at the end (Up )

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

My name is Kim.

Voice: ☐ Up  ☐ Down  ☐ Flat →

Usually said with: Voice goes down at the end (Down )

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

Wow! That's cool!

Voice: ☐ Up  ☐ Down  ☐ Flat →

Usually said with: Up then down (Up for "Wow" then down for "cool")

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

Can I have a pencil?

Voice: ☐ Up  ☐ Down  ☐ Flat →


Usually said with: Voice goes up at the end (Up )

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

I like this school.

Voice: ☐ Up  ☐ Down  ☐ Flat →

Usually said with: Voice goes down at the end (Down )

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 3: Word Stress Practice

How to do this:

1. The BIG letters show where to put stress
2. Say that part LOUDER and longer

### 3. Practice each word three times

apple

Say it like: AP-ple (stress on first part)

Try it in a sentence: "I eat an AP-ple for lunch."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

today

Say it like: to-DAY (stress on second part)

Try it in a sentence: "to-DAY is Monday."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

student

Say it like: STU-dent (stress on first part)

Try it in a sentence: "I am a STU-dent at this school."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

morning

Say it like: MOR-ning (stress on first part)

Try it in a sentence: "Good MOR-ning, teacher!"

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

hello

Say it like: hel-LO (stress on second part)

Try it in a sentence: "Hel-LO, how are you?"

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 4: How To Show Feelings

How to do this:

1. Read each sentence with the feeling shown
2. Change your voice and face to match
3. Practice showing the feeling clearly

I'm happy! 😊

(Show: Happy - speak louder, smile big)

Voice: Higher, faster, excited

Face: Big smile, bright eyes

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

I don't know. 😞

(Show: Confused - speak slower)

Voice: Quieter, unsure

Face: Wrinkled forehead, head tilt

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

This is important. 😐

(Show: Serious - speak clearly)

Voice: Lower, slower

Face: Serious look, eye contact

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

Please help me. 🙏

(Show: Asking - speak nicely)

Voice: Gentle, slightly up at end

Face: Open expression

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

I like pizza! 😋

(Show: Excited - speak with energy)

Voice: Louder on "like"

Face: Smile, animated

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 5: Similar-Sounding Words

How to do this:

1. Listen to your tutor say each pair
2. Try saying both words

### 3. Circle the word you hear when tested

bed vs. bad

(Different sounds: "e" as in "egg" vs. "a" as in "apple")

Say both:  bed (for sleeping) -  bad (not good)

Bed meaning: A place where you sleep at night



Bad meaning: Something that is not good or wrong

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

ten vs. tan

(Different sounds: "e" as in "egg" vs. "a" as in "father")

Say both:  ten (number 10) -  tan (brown skin from sun)

Ten meaning: The number after nine ( $9+1=10$ )

Tan meaning: When your skin gets darker from the sun

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

ship vs. sheep

(Different sounds: short "i" vs. long "ee")



Say both:  ship (boat) -  sheep (animal with wool)

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

hat vs. hot

(Different sounds: "a" as in "apple" vs. "o" as in "dog")



Say both:  hat (wear on head) -  hot (not cold)

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

pen vs. pin

(Different sounds: "e" as in "egg" vs. "i" as in "sit")

Say both:  pen (write with it) -  pin (small sharp object)

Your Answer: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_



## Section 6: Reading Practice: My Day at School


How to do this:

1. Listen to your tutor read first



2. Then read out loud, one sentence at a time


3. Stop at periods (.) and pause at commas (,)


Today is my first day at school. I am happy but also nervous.  



I walk into the classroom. My teacher smiles and says, "Welcome!" 

I sit next to another student. "Hi, I'm Tina," I say. 






"Nice to meet you!" the student says.  

We read a book together. I try my best to read the words. 

At lunch, we eat and talk. I make new friends. 

After school, I tell my mom, "I had a good day!"  

Reading Tips:

- Pause at commas (,) 
- Stop at periods (.) 
- Sound happy at exclamation points (!) 
- Make your voice go up for questions (?) 
- Use different voices for talking (" ") 

Tutor's tip: \_\_\_\_\_

## Wrap-Up: What Did You Learn Today?

New Words I Learned:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Words to Practice More:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

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4.

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5.

My Favorite Part Today:

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