

My ESL Session 1

Hello Student!

This is your ESL practice sheet. We will:

- Practice conversations
- Learn about voice tones
- Say words the right way
- Show feelings when we talk
- Practice similar sounds
- Read a story about middle school

Section 1: Let's Talk!

How to do this:

1. Read the example
2. Say your answer out loud
3. Listen to your tutor's feedback
4. Try again if needed

Say Hello

Example: "Hi, my name is [Your Name]. I've been learning English for two years."

My answer: _____

Tutor's tip: _____

Ask for Directions

Example: "Excuse me, could you tell me where the cafeteria is?"

My answer: _____

Tutor's tip: _____

Order Food

Example: "I would like a burger and fries, please."

My answer: _____

Tutor's tip: _____

Talk About School

Example: "My favorite subject is [subject] because [reason]."

My answer: _____

Tutor's tip: _____

Make Friends

Example: "What do you like to do after school?"

My answer: _____

Tutor's tip: _____

Weekend Plans

Example: "This weekend, I am going to [activity]. What about you?"

My answer: _____

Tutor's tip: _____

Ask for Help

Example: "I'm sorry, can you repeat that more slowly, please?"

My answer: _____

Tutor's tip: _____

Talk About Hobbies

Example: "I enjoy [hobby] because it helps me [reason]."

My answer: _____

Tutor's tip: _____

Section 2: Voice Tones

How to do this:

1. Read each sentence out loud
2. Use the right voice tone (up, down, or flat)
3. Mark which tone you used

Do you have a pencil I can borrow?

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

I really enjoy reading books.

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

Wow! That's amazing!

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

Where is the nearest library?

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

The class starts at 8 AM.

My voice goes: ☐ Up (Rising) ☐ Down (Falling) ☐ Flat

Tutor's tip: _____

Section 3: Word Stress

How to do this:

1. The BOLD part of each word is the stressed part (say it louder)
2. Listen to your tutor say the word
3. Practice saying it
4. Use the word in a sentence

com-PU**-ter**

*Example: "I use a com-**PU**-ter to do my homework."*

My sentence: _____

Tutor's tip: _____

****PEN**-cil**

*Example: "I need a **PEN**-cil to write my name."*

My sentence: _____

Tutor's tip: _____

****LUNCH**-time**

*Example: "**LUNCH**-time is at 12 o'clock."*

My sentence: _____

Tutor's tip: _____

to-**DAY**

*Example: "We have math class to-**DAY**."*

My sentence: _____

Tutor's tip: _____

BOOK-bag

*Example: "I put my books in my **BOOK**-bag."*

My sentence: _____

Tutor's tip: _____

Section 4: Show Your Feelings

How to do this:

1. Read the sentence
2. Say it with the right feeling
3. Listen to your tutor's feedback

Excited 😄

"I can't believe we won the game!"

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Uncertain 😟

"I am not sure if this answer is correct."

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Serious 😐

"It is very important to study before a test."

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Asking for Help 🙋

"Can you explain that again?"

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Happy 😊

"I love going to the park on sunny days!"

I tried it! ☐ Yes ☐ Needs practice

Tutor's tip: _____

Section 5: Similar Sounds

How to do this:

1. Say each pair of words
2. Circle the word that sounds different
3. Practice saying both words clearly

ship vs. sheep (Short vs. long vowel)

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

pat vs. bat (P vs. B sound)

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

sip vs. zip (S vs. Z sound)

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

pen vs. pin (Short vs. long vowel)

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

cold vs. gold (C vs. G sound)

I can hear the difference: ☐ Yes ☐ Needs practice

Tutor's tip: _____

Section 6: Reading Practice

How to do this:

1. Listen to your tutor read
2. Read the story out loud
3. Talk about what you read

My First Year in Middle School

My name is Mia, and I just started my first year of middle school. It's a big change from elementary school!

Every morning, I wake up early and get ready for the day. I pack my backpack, grab a quick breakfast, and walk to the bus stop.

My favorite class is science. I love learning about space and doing experiments in the lab. Last week, we built rockets out of paper and launched them!

At lunch, I sit with my friends and talk about books, music, and weekend plans. We all love different things—Emma likes K-pop, Sophia is a big soccer fan, and I love painting.

After school, I go to art club. Right now, I am working on a painting of the sunset. Painting helps me relax and express my feelings.

Sometimes, I feel nervous speaking in English, but my teachers and friends are very patient. Every day, I practice new words and try to speak with confidence.

Even though learning a new language can be hard, I am proud of my progress. I know that with practice, I will get better every day!

Tutor's tip: _____

What I Learned Today

New Words I Learned:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

Things I Want to Practice More:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

My Favorite Part of Today's Session:
