

# Beginner ESL - Session 4

## Hello Student!

This session will help you practice:

- Food and restaurant vocabulary
- Ordering in a restaurant
- Expressing likes and dislikes
- Using polite expressions
- Making requests
- Writing a simple recipe

## Section 1: Conversation Practice

### How to do this:

1. Read each conversation phrase
2. Practice saying it clearly and naturally
3. Try using hand gestures or facial expressions

### At a Restaurant

Example: "I would like to order, please." 🍴

Try saying it like:

- "May I have the menu, please?"
- "Could I order now, please?"

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

### Ordering Food

Example: "I'll have the chicken sandwich, please." 🍔

Try saying it like:

- "I would like the pasta with tomato sauce."
- "Can I get a hamburger with fries?"

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Expressing Food Preferences

Example: "I really like spicy food." 🌶️

Try saying it like:

- "I love seafood, especially shrimp."
- "I don't eat meat. I'm a vegetarian."

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Making Special Requests

Example: "Could I have the sauce on the side, please?" 🍴

Try saying it like:

- "No onions on my burger, please."
- "Can I substitute salad for fries?"

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 2: Restaurant Vocabulary

### How to do this:

1. Learn each new word and its meaning
2. Practice saying the words clearly
3. Try using each word in a sentence

### People in a Restaurant

Waiter/Waitress: A person who serves food and drinks

Chef: A person who cooks food in a restaurant

Host/Hostess: A person who greets customers and shows them to their table

Customer: A person who buys food at a restaurant

Cashier: A person who takes payment

Practice using these words: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Places in a Restaurant

Dining room: The area where people eat

Kitchen: The area where food is prepared

Counter: The long table where you can order or pay

Restroom: The bathroom in a restaurant

Patio: An outdoor seating area

Practice using these words: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Food Categories

Appetizer: A small dish served before the main meal

Main course: The primary dish of a meal

Side dish: A smaller dish served with the main course

Dessert: A sweet food served after the main meal

Beverage: A drink (water, juice, soda, etc.)

Practice using these words: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_


## Section 3: Useful Restaurant Phrases

### How to do this:

1. Read each phrase and understand when to use it
2. Practice saying the phrase with the correct intonation
3. Try using these phrases in a conversation

### Asking for the Menu

"May I see the menu, please?" 

"Could we have a menu, please?" 

"What do you recommend?" 

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Placing Your Order

"I'll have the..." ↘

"I would like the..." ↘

"Can I get the..." ↗

"What comes with the...?" ↗

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## During the Meal

"Could I have some more water, please?" ↗

"Excuse me, I need a napkin." ↘

"This is delicious!" ↗ ↘

"Is there salt and pepper?" ↗

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Asking for the Bill

"Could we have the check, please?" ↗

"I'm ready to pay." ↘

"Can we pay separately?" ↗

"Do you accept credit cards?" ↗

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 4: Restaurant Role-Play

### How to do this:

1. Practice this dialogue with your tutor
2. Pay attention to your intonation
3. Try to sound natural and polite

### At a Restaurant

**Waiter:** Hello! Welcome to our restaurant. ↗ ↘

**Customer:** Thank you. A table for one, please. ↘

**Waiter:** Right this way. Here's your menu. ↘ Would you like something to drink? ↗

**Customer:** I'd like a glass of water, please. ↘

**Waiter:** I'll bring that right away. ↘ Are you ready to order, or do you need more time? ↗

**Customer:** I need a few more minutes, please. ↘

[A few minutes later]

**Waiter:** Have you decided what you'd like to order? ↗

**Customer:** Yes, I'll have the chicken salad, please. ↘

**Waiter:** Would you like any dressing on your salad? ↗

**Customer:** Ranch dressing, please. ↘ And could I have some bread? ↗

**Waiter:** Of course. I'll bring your order soon. ↘

[After the meal]

**Waiter:** How was everything? ↗

**Customer:** It was delicious, thank you. ↘ May I have the check, please? ↗

**Waiter:** Certainly. Here you are. ↘

**Customer:** I'll pay with credit card. ↘

**Waiter:** Thank you for coming! Have a nice day! ↗ ↘

Your Practice: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 5: Food Descriptions

### How to do this:

1. Learn vocabulary to describe food
2. Practice using these words in sentences
3. Describe your favorite foods using these terms

## **Taste Words**

Sweet: like sugar or honey

Salty: like salt

Sour: like lemons

Spicy: hot, burns your mouth

Bitter: strong, not sweet (like coffee)

Delicious: tastes very good

Practice using these words: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## **Texture Words**

Crunchy: hard and makes noise when you bite (like chips)

Soft: easy to bite and chew (like bread)

Crispy: thin and crunchy (like bacon)

Chewy: needs to be chewed a lot (like meat)

Smooth: no lumps (like pudding)

Creamy: rich and smooth (like ice cream)

Practice using these words: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## **Temperature Words**

Hot: very warm

Cold: not warm at all

Warm: a little hot

Cool: a little cold

Frozen: very cold and hard (like ice cream)

Boiling: extremely hot (like soup that just finished cooking)

Practice using these words: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## **Section 6: Reading Practice**

### **How to do this:**

1. First listen to your tutor read


2. Then read out loud, sentence by sentence
3. Pay attention to punctuation and emotions



## A Visit to a Restaurant


Yesterday, my friend and I went to a new restaurant downtown. We were excited to try it!  


When we arrived, the hostess greeted us with a smile. "Table for two?" she asked. 

"Yes, please," we replied. She showed us to a nice table by the window. 



Our waiter came over and gave us menus. "Would you like something to drink?" he asked. 

I ordered water, and my friend ordered iced tea. Then we looked at the menu. There were many delicious options!  

When the waiter returned, we were ready to order. I chose the grilled salmon with vegetables. My friend ordered the chicken pasta. 



While we waited for our food, we talked about our day. The restaurant was busy but not too loud. 

The food arrived quickly and looked amazing. "Enjoy your meal," said the waiter. 

Everything tasted delicious! The salmon was perfectly cooked, and the vegetables were fresh and crunchy.  

After dinner, we ordered dessert - chocolate cake to share. It was sweet and rich. 

When we finished, we asked for the check. The meal was a bit expensive, but worth it. 

We left a good tip for the waiter and thanked the hostess on our way out. "Come again soon!" she said.  

We definitely plan to return to that restaurant!  

## Reading Questions:

1. Where did the narrator and their friend go? \_\_\_\_\_
2. What did the narrator order to drink? \_\_\_\_\_
3. What did the narrator have for dinner? \_\_\_\_\_
4. What did they have for dessert? \_\_\_\_\_
5. Did they enjoy their meal? How do you know? \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

## Section 7: Writing Practice

### How to do this:

1. Write a simple recipe for a dish you know how to make
2. Include ingredients and steps
3. Use food vocabulary and cooking verbs

### My Simple Recipe

Name of dish: \_\_\_\_\_

#### Ingredients:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_

#### Steps:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_

Why I like this dish: \_\_\_\_\_

Tutor's tip: \_\_\_\_\_

### Wrap-Up: What Did You Learn Today?

#### New Words I Learned:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_



---

5.

**Words or Phrases to Practice Next Time:**

---

1.

---

2.

---

3.

---

4.

---

5.

**My Favorite Part of Today's Session:**

---