

High School Beginner ESL - Session 6

Hello Student!

This session will help you practice:


- Making plans and social invitations
- Schedule and calendar vocabulary
- Word stress in English
- Expressing different emotions
- Similar-sounding words
- Reading a short story

Section 1: Conversation Practice

How to do this:

1. Read each conversation phrase
2. Practice saying it clearly and naturally
3. Try using hand gestures or facial expressions

Suggesting Plans

Example: "Would you like to go to the movies this weekend?" 

Try saying it like:

- "Let's have a study group on Friday afternoon."
- "How about going to the park on Saturday?"

Your Practice: _____

Tutor's tip: _____

Accepting Invitations

Example: "Yes, I'd love to join you!" 

Try saying it like:

- "That sounds great! What time?"
- "Sure, I'm free on Sunday."

Your Practice: _____

Tutor's tip: _____

Declining Invitations

Example: "I'm sorry, but I can't make it." 😞

Try saying it like:

- "I have other plans that day, sorry."
- "I'd love to, but I have to study for an exam."

Your Practice: _____

Tutor's tip: _____

Checking Schedules

Example: "What day works best for you?" 📅

Try saying it like:

- "I'm available Monday or Wednesday."
- "Are you free next weekend?"

Your Practice: _____

Tutor's tip: _____

Making Arrangements

Example: "Let's meet at the coffee shop at 3:00." ☕

Try saying it like:

- "We could meet in front of the library."
- "Should we take the bus or walk there?"

Your Practice: _____

Tutor's tip: _____

Section 2: Pitch & Intonation Practice

How to do this:

1. Read each sentence out loud
2. Try the different voice patterns (up, down, flat)
3. Check the one that sounds most natural

Are you free on Friday?

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Rising tone (voice goes up at the end for yes/no questions)

Your Answer: _____

Tutor's tip: _____

I have soccer practice after school.

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone (voice goes down at the end for statements)

Your Answer: _____

Tutor's tip: _____

What time should we meet?

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Rising tone (voice goes up at the end for information questions)

Your Answer: _____

Tutor's tip: _____

That sounds perfect!

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Rise-Fall (up on "That" then down on "perfect")

Your Answer: _____

Tutor's tip: _____

I'll text you the details later.

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone (voice goes down at the end for statements)

Your Answer: _____

Tutor's tip: _____

Section 3: Word Stress Practice

How to do this:

1. The CAPITAL letters show the stressed syllable
2. Say that part LOUDER and slightly longer

3. Practice each word several times

schedule

Say it like: SCHE-dule (stress on first syllable)

Try it in a sentence: "What's your SCHE-dule like tomorrow?"

Your Practice: _____

Tutor's tip: _____

weekend

Say it like: WEEK-end (stress on first syllable)

Try it in a sentence: "I have plans for the WEEK-end."

Your Practice: _____

Tutor's tip: _____

appointment

Say it like: ap-POINT-ment (stress on middle syllable)

Try it in a sentence: "I have an ap-POINT-ment on Tuesday."

Your Practice: _____

Tutor's tip: _____

available

Say it like: a-VAIL-a-ble (stress on second syllable)

Try it in a sentence: "Are you a-VAIL-a-ble after class?"

Your Practice: _____

Tutor's tip: _____

celebration

Say it like: cel-e-BRA-tion (stress on third syllable)

Try it in a sentence: "We're having a cel-e-BRA-tion for his birthday."

Your Practice: _____

Tutor's tip: _____

Section 4: How Do You Say It?

How to do this:

1. Read each sentence with the feeling shown
2. Pay attention to your tone of voice and face
3. Practice showing the emotion clearly

I got tickets to the concert! 🥳

(Express: Excited - speak faster, energetic tone)

Voice: Higher pitch, enthusiastic

Face: Big smile, wide eyes

Your Practice: _____

Tutor's tip: _____

I forgot we had plans today. 😞

(Express: Embarrassed - speak apologetically)

Voice: Slightly quieter, hesitant tone

Face: Wincing expression, slight smile

Your Practice: _____

Tutor's tip: _____

I'm looking forward to seeing you. 😊

(Express: Warm - speak sincerely)

Voice: Gentle, slightly lower pitch

Face: Genuine smile, relaxed expression

Your Practice: _____

Tutor's tip: _____

Sorry, I can't come to your party. 😞

(Express: Regretful - speak with disappointment)

Voice: Softer, slightly slower pace

Face: Slight frown, apologetic expression

Your Practice: _____

Tutor's tip: _____

Let's go, we're going to be late! 😲

(Express: Urgent - speak quickly, with energy)

Voice: Slightly louder, faster pace

Face: Alert expression, raised eyebrows

Your Practice: _____

Tutor's tip: _____

Section 5: Minimal Pairs



How to do this:

1. Listen carefully to your tutor say each pair
2. Try saying both words and feel the difference

3. Circle the word you hear when your tutor tests you

late vs. date

(Different beginning sounds: "l" vs. "d")

Say both:  late (tongue touches behind teeth) -  date (tongue touches roof)

Your Answer: _____

Tutor's tip: _____

meet vs. meat

(Same sound, different meaning)

Say both:  meet (get together) -  meat (food)

Your Answer: _____

Tutor's tip: _____

plan vs. plane

(Different ending sounds: "n" vs. "ne")

Say both:  plan (short ending) -  plane (longer ending with "e")

Your Answer: _____

Tutor's tip: _____

time vs. dime

(Different beginning sounds: "t" vs. "d")



Say both:  time (unvoiced) -  dime (voiced)

Your Answer: _____

Tutor's tip: _____

week vs. weak

(Same sound, different meaning)

Say both:  week (seven days) -  weak (not strong)

Your Answer: _____

Tutor's tip: _____

Section 6: Reading Practice: Making Weekend Plans

How to do this:

1. First listen to your tutor read
2. Then read out loud, sentence by sentence
3. Pay attention to periods (.) and commas (,)

It's Friday morning at school. My friend Lisa comes up to me during lunch break. 

"Hey, do you have any plans for the weekend?" she asks. ↗

"Not really," I reply. "I was thinking about catching up on homework." ↘

Lisa smiles. "A group of us is going to the new bowling alley tomorrow. Would you like to join us?" ↗

"That sounds fun!" I say. "What time are you meeting?" ↗

"We're planning to meet at the mall at 2:00 PM and then walk to the bowling alley together," she explains. ↘

"Perfect. Should I bring anything?" I ask. ↗

"Just yourself and maybe some money for snacks," Lisa says. "I'll text you tonight with more details." ↘

"Great! I'm looking forward to it," I tell her with a smile. ↗ ↘

Making plans with friends is one of my favorite things about weekends! ↗ ↘

Reading Tips:

- Pause at commas (,) ||
- Stop at periods (.) □
- Sound excited at exclamation points (!) 🔔
- Make your voice go up for questions (?) ↗
- Use different voices for dialogue (" ") 🗣️

Tutor's tip: _____

Wrap-Up: What Did You Learn Today?

New Words I Learned:

- 1.
- 2.
- 3.
- 4.
- 5.

Words or Sounds to Practice Next Time:

- 1.
- 2.
- 3.

4.

5.

My Favorite Part of Today's Session:
