

Beginner ESL - Session 2

Hello Student!

This session will help you practice:

- Daily routines and time expressions
- Correct sentence rhythm
- Question and answer patterns
- Common pronunciation challenges
- Reading with emotion
- Writing a short paragraph

Section 1: Conversation Practice

How to do this:

1. Read each conversation phrase
2. Practice saying it clearly and naturally
3. Try using hand gestures or facial expressions

Talking About Your Daily Routine

Example: "I wake up at 7:00 in the morning." 🕒

Try saying it like:

- "I eat breakfast at 7:30 every day."
- "I go to school at 8:15 in the morning."

Your Practice: _____

Tutor's tip: _____

Asking About Time

Example: "What time do you go to bed?" 🛌

Try saying it like:

- "What time does your class start?"
- "When do you do your homework?"

Your Practice: _____

Tutor's tip: _____

Describing Your Weekend

Example: "On weekends, I like to relax and watch movies." 🎬

Try saying it like:

- "On Saturdays, I usually go shopping with my friends."
- "During the weekend, I spend time with my family."

Your Practice: _____

Tutor's tip: _____

Making Plans

Example: "Would you like to study together after school?" 📅

Try saying it like:

- "Do you want to get coffee tomorrow afternoon?"
- "Are you free to meet this weekend?"

Your Practice: _____

Tutor's tip: _____

Section 2: Pitch & Intonation Practice

How to do this:

1. Read each sentence out loud
2. Try the different voice patterns (up, down, flat)
3. Check the one that sounds most natural

Where do you live?

Voice pattern: ☐ Rising ↗ ☐ Falling ↘ ☐ Flat →

Usually said with: Rising tone (voice goes up at end for information questions)

Your Answer: _____

Tutor's tip: _____

I live in Boston.

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone (voice goes down at end for statements)

Your Answer: _____

Tutor's tip: _____

Do you like coffee?

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Rising tone (voice goes up at end for yes/no questions)

Your Answer: _____

Tutor's tip: _____

I love cooking!

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone with emphasis (enthusiastic statement)

Your Answer: _____

Tutor's tip: _____

Let me think about it...

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Flat tone (showing you're thinking)

Your Answer: _____

Tutor's tip: _____

Section 3: Word Stress Practice

How to do this:

1. The CAPITAL letters show the stressed syllable
2. Say that part LOUDER and slightly longer
3. Practice each word several times

restaurant

Say it like: RES-tau-rant (stress on first syllable)

Try it in a sentence: "I ate dinner at a RES-tau-rant last night."

Your Practice: _____

Tutor's tip: _____

important

Say it like: im-POR-tant (stress on middle syllable)

Try it in a sentence: "Learning English is im-POR-tant to me."

Your Practice: _____

Tutor's tip: _____

vacation

Say it like: va-CA-tion (stress on middle syllable)

Try it in a sentence: "I'm going on va-CA-tion next month."

Your Practice: _____

Tutor's tip: _____

apartment

Say it like: a-PART-ment (stress on middle syllable)

Try it in a sentence: "I live in an a-PART-ment downtown."

Your Practice: _____

Tutor's tip: _____

beautiful

Say it like: BEAU-ti-ful (stress on first syllable)

Try it in a sentence: "The park is very BEAU-ti-ful in spring."

Your Practice: _____

Tutor's tip: _____

Section 4: How Do You Say It?

How to do this:

1. Read each sentence with the feeling shown
2. Pay attention to your tone of voice and face
3. Practice showing the emotion clearly

I'm really tired today. 😞

(Express: Tired - speak slower, quieter voice)

Voice: Lower energy, slight yawn

Face: Droopy eyes, maybe rub eyes

Your Practice: _____

Tutor's tip: _____

Congratulations on your new job! 🎉

(Express: Enthusiastic - speak louder, energetic)

Voice: Higher pitch, excited tone

Face: Big smile, wide eyes

Your Practice: _____

Tutor's tip: _____

I'm not sure which way to go. 😬

(Express: Uncertain - hesitant, questioning tone)

Voice: Slightly rising at the end, pauses

Face: Furrowed brow, looking around

Your Practice: _____

Tutor's tip: _____

This food is delicious! 😊

(Express: Pleased - warm, appreciative tone)

Voice: Emphasis on "delicious," satisfied tone

Face: Smile, nodding head

Your Practice: _____

Tutor's tip: _____

Can I ask you a question? 🙋

(Express: Polite inquiry - gentle, respectful tone)

Voice: Gentle, rising at the end

Face: Attentive expression, slight head tilt

Your Practice: _____

Tutor's tip: _____



Section 5: Phonological Awareness

How to do this:

1. Listen carefully to your tutor say each pair
2. Try saying both words and feel the difference
3. Circle the word you hear when your tutor tests you

think vs. sink

(Different beginning sounds: "th" vs. "s")

Say both:  think (tongue between teeth) -  sink (tongue behind teeth)

Your Answer: _____

Tutor's tip: _____

very vs. berry

(Different beginning sounds: "v" vs. "b")

Say both:  very (lower lip touches upper teeth) -  berry (lips pressed together)

Your Answer: _____

Tutor's tip: _____

ship vs. sheep

(Different vowel sounds: short "i" vs. long "ee")

Say both:  ship (short, relaxed sound) -  sheep (longer, tense sound)

Your Answer: _____

Tutor's tip: _____

walk vs. work

(Different vowel sounds: "aw" vs. "er")

Say both:  walk (rounded lips, "aw" sound) -  work (tighter lips, "er" sound)

Your Answer: _____

Tutor's tip: _____

price vs. prize

(Different ending sounds: unvoiced "s" vs. voiced "z")

Say both:  price (quiet ending) -  prize (buzzing ending)

Your Answer: _____


Tutor's tip: _____

Reading Practice: A Busy Day

How to do this:

1. First listen to your tutor read
2. Then read out loud, sentence by sentence
3. Pay attention to punctuation and emotions

It's Monday morning and my alarm goes off at 6:30. 

I get out of bed and stretch. "Time to start the day," I think to myself. 

First, I take a quick shower and get dressed. Then I eat breakfast - usually cereal or toast. ↵

At 7:45, I leave home and walk to the bus stop. Sometimes I listen to music while I walk. ↵

"Good morning!" I say to my friends when I arrive at school. ↗ ↵

Classes start at 8:30. Today, we have math, history, and English. I like English class the best! ↗ ↵

After school, I have soccer practice. Our coach says, "Remember to drink water!" ↗

When I get home, I eat dinner with my family. Then I do my homework. ↵

"How was your day?" my mother asks. "Busy but good," I answer. ↗ ↵

Reading Tips:

- Pause at commas (,) ⏸
- Stop at periods (.) ◻
- Sound excited at exclamation points (!) 📣
- Make your voice go up for questions (?) ↗
- Use different voices for dialogue (" ") 🗣

Tutor's tip: _____

Writing Practice: My Daily Routine

How to do this:

1. Write 5-7 sentences about your daily routine
2. Use time expressions (in the morning, at 3:00, after dinner)
3. Try to use some new vocabulary

My Daily Routine:

Tutor's tip: _____

Wrap-Up: What Did You Learn Today?

New Words I Learned:

1.

2.

3.

4.

5.

Words or Sounds to Practice Next Time:

1.

2.

3.

4.

5.

My Favorite Part of Today's Session:
