

High School Beginner ESL - Session 2

Hello Student!

This session will help you practice:

- Common English conversations
- Different voice patterns
- Word stress in English
- Expressing different emotions
- Similar-sounding words
- Reading a short story

Section 1: Everyday Conversation

How to do this:

1. Read each conversation phrase
2. Practice saying it clearly and naturally
3. Try using hand gestures or facial expressions

Saying Goodbye

Example: "Goodbye! See you later!" 👋

Try saying it like:

- "Goodbye! See you tomorrow!"
- "Bye! Have a nice day!"

Your Practice: _____

Tutor's tip: _____

Saying Thank You

Example: "Thank you very much!" 🙏


Try saying it like:

- "Thanks for your help!"
- "I really appreciate it!"

Your Practice: _____

Tutor's tip: _____

Asking for the Bathroom

Example: "Where is the bathroom, please?" 

Try saying it like:

- "Excuse me, can you tell me where the restroom is?"
- "Could you please show me the way to the bathroom?"

Your Practice: _____

Tutor's tip: _____

Talking About Family

Example: "I have a sister. Her name is Mia." 


Try saying it like:

- "My brother is ten years old."
- "My parents live in [your hometown]."

Your Practice: _____

Tutor's tip: _____

Asking About Class

Example: "What class do you have next?" 

Try saying it like:

- "Do you like your English class?"
- "Is math class difficult for you?"

Your Practice: _____

Tutor's tip: _____

Section 2: Pitch & Intonation Practice

How to do this:

1. Read each sentence out loud
2. Try the different voice patterns (up, down, flat)
3. Check the one that sounds most natural

Good morning!

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone (starts higher, ends lower)

Your Answer: _____

Tutor's tip: _____

My favorite subject is math.

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone (ends lower to show statement)

Your Answer: _____

Tutor's tip: _____

That's amazing!

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Rise-Fall (up on "That's" then down on "amazing")

Your Answer: _____

Tutor's tip: _____

Can I sit here?

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Rising tone (voice goes up at the end for yes/no questions)

Your Answer: _____

Tutor's tip: _____

The lunch is ready.

Voice pattern: ☐ Rising  ☐ Falling  ☐ Flat →

Usually said with: Falling tone (voice goes down at the end for statements)

Your Answer: _____

Tutor's tip: _____

Section 3: Word Stress Practice

How to do this:

1. The CAPITAL letters show the stressed syllable
2. Say that part LOUDER and slightly longer

3. Practice each word several times

library

Say it like: LI-brar-y (stress on first syllable)

Try it in a sentence: "I go to the LI-brar-y to borrow books."

Your Practice: _____

Tutor's tip: _____

student

Say it like: STU-dent (stress on first syllable)

Try it in a sentence: "I am a STU-dent at this school."

Your Practice: _____

Tutor's tip: _____

English

Say it like: EN-glish (stress on first syllable)

Try it in a sentence: "I am learning EN-glish in this class."

Your Practice: _____

Tutor's tip: _____

pencil

Say it like: PEN-cil (stress on first syllable)

Try it in a sentence: "May I borrow your PEN-cil, please?"

Your Practice: _____

Tutor's tip: _____

happy

Say it like: HAP-py (stress on first syllable)

Try it in a sentence: "I am HAP-py to meet you."

Your Practice: _____

Tutor's tip: _____

Section 4: How Do You Say It?

How to do this:

1. Read each sentence with the feeling shown
2. Pay attention to your tone of voice and face
3. Practice showing the emotion clearly

This is my best friend. 😊

(Express: Proud - speak clearly, with enthusiasm)

Voice: Slightly louder, emphasis on "best"

Face: Smile, stand tall

Your Practice: _____

Tutor's tip: _____

I don't know the answer. 😬

(Express: Worried - speak softer, slightly faster)

Voice: Quieter, slightly shaky

Face: Furrowed eyebrows, concerned look

Your Practice: _____

Tutor's tip: _____

I like to play soccer! ⚽

(Express: Excited - speak louder, faster)

Voice: Enthusiastic, higher pitch

Face: Big smile, wide eyes

Your Practice: _____

Tutor's tip: _____

I want to learn more. 🔍

(Express: Curious - speak with interest)

Voice: Clear, slightly rising at end

Face: Interested expression, leaning forward

Your Practice: _____

Tutor's tip: _____

Wow, thank you so much! 🙏

(Express: Grateful - speak warmly)

Voice: Sincere, emphasis on "thank you"

Face: Genuine smile, nodding

Your Practice: _____

Tutor's tip: _____

Section 5: Minimal Pairs

How to do this:

1. Listen carefully to your tutor say each pair
2. Try saying both words and feel the difference

3. Circle the word you hear when your tutor tests you

pen vs. pan

(Different vowel sounds: "e" as in "egg" vs. "a" as in "apple")



Say both:  pen (short e) -  pan (short a)

Your Answer: _____

Tutor's tip: _____

bag vs. back

(Different ending sounds: "g" is voiced, "k" is unvoiced)


Say both:  bag (feel your throat vibrate) -  back (sharp ending)

Your Answer: _____

Tutor's tip: _____

ship vs. sheep

(Different vowel lengths: short "i" vs. long "ee")

Say both:  ship (short, quick sound) -  sheep (longer sound)

Your Answer: _____

Tutor's tip: _____

walk vs. work

(Different vowel sounds: "aw" vs. "er")

Say both:  walk (rounded lips, "aw" sound) -  work (tighter lips, "er" sound)

Your Answer: _____

Tutor's tip: _____

bed vs. bad

(Different vowel sounds: "e" as in "egg" vs. "a" as in "apple")

Say both:  bed (short e) -  bad (short a)

Your Answer: _____

Tutor's tip: _____

Section 6: Reading Practice: A Rainy Day

How to do this:

1. First listen to your tutor read
2. Then read out loud, sentence by sentence
3. Pay attention to periods (.) and commas (,)

Today it is raining outside. I bring my umbrella to school.

My shoes get a little wet, but I don't mind. I like the sound of rain.







In class, we read a story about animals. I read one paragraph by myself.

At lunch, we sit indoors and talk with friends. I share my snacks.

After school, my mom picks me up in the car. We drive home slowly in the rain.

I tell her, "It was a rainy but good day!"

Reading Tips:

- Stop at periods (.) 
- Pause briefly at commas (,) 
- Make your voice go down at the end of sentences 
- Sound excited when you see ! 
- Make your voice go up for questions (?) 
- Use different voices for dialogue (" ") 

Tutor's tip: _____

Wrap-Up: What Did You Learn Today?

New Words I Learned:

- 1.
- 2.
- 3.
- 4.
- 5.

Words or Sounds to Practice Next Time:

- 1.
- 2.
- 3.
- 4.
- 5.

My Favorite Part of Today's Session:
