



Mia's

Travel Journal



Orlando & Disney

United States



Apr 30, 2025 - May 3, 2025



Welcome, Traveler!

Dear Mia,

You are about to become an explorer! This journal is your secret place to capture everything you discover in Orlando & Disney.

Years from now, you'll read these pages and remember exactly how you felt, what made you laugh, and all the amazing things you learned. Your words and drawings are more precious than any souvenir you could buy.

There are no wrong answers here - just YOUR thoughts, YOUR feelings, and YOUR adventure. Be curious. Ask questions. Try new things. And most importantly, have fun!

Before You Go...

Your adventure awaits!

1

What do you imagine Orlando & Disney will look, sound, and smell like?

2

What is one thing you hope to learn or discover on this trip?

3

What is something you've never done before that you want to try?

4

Write a wish or hope you have for this adventure:



About My Trip



Explorer: Mia

Destination: Orlando & Disney

I am traveling with: _____

How we are getting there: _____

Draw Your Destination!

Draw a map, your route, or what you think your destination looks like:



My Packing Checklist

- Clothes
- Favorite toy/book
- Snacks
- Comfy shoes

- Toothbrush
- Camera
- Journal (this one!)
- Sunscreen

All About Orlando & Disney

LANGUAGE

English

CURRENCY

US Dollar (\$)

POPULATION

300,000

Did You Know?

- ★ Walt Disney World is the size of San Francisco!
- ★ There are hidden Mickeys all over the Disney parks
- ★ Cinderella Castle is 189 feet tall but looks taller due to forced perspective
- ★ Orlando gets more visitors each year than any other US city

Cultural Tips

- Cast members (employees) are always in character
- Each park has its own unique theme and story
- Parades and fireworks happen daily

Famous Landmarks

1

Cinderella Castle

My notes:

2

Hogwarts Castle

My notes:

3

Spaceship Earth (EPCOT)

My notes:

4

Tree of Life

My notes:

5

Hollywood Tower of Terror

My notes:

IN-FLIGHT FUN!

Word Search

Find: DISNEY, MAGIC, CASTLE, MICKEY, PARADE, RIDE

U	H	U	Z	C	J	Z	R	V
U	J	R	M	G	L	W	B	N
Q	I	T	X	Q	X	S	Z	U
L	P	G	Q	E	Y	J	L	X
S	T	E	P	O	I	F	L	T
O	M	K	Q	W	C	S	E	G
Z	O	N	Z	Z	V	T	T	R
U	C	C	R	I	B	M	K	A
R	P	T	I	B	E	Z	Z	X

UNSCRAMBLE

1. YISNED

2. GMIAC

3. ACTELS

4. KIYCEM

5. APDARE

6. IERD

Quick Trivia

Q1: What year did Walt Disney World open?

Q2: What is the big golf-ball shaped building at EPCOT?

Q3: What frozen treat is famous at Magic Kingdom?

Answers: 1.1971 2.Spaceship Earth 3.Dole Whip

Travel Bingo

Check off each item you spot!

<input type="radio"/> See a local animal	<input type="radio"/> Try new food	<input type="radio"/> Learn a new word
<input type="radio"/> Take a silly photo	<input type="radio"/> Make someone smile	<input type="radio"/> Find something blue
<input type="radio"/> See a street performer	<input type="radio"/> Walk 10,000 steps	<input type="radio"/> FREE SPACE
<input type="radio"/> Buy a souvenir	<input type="radio"/> See something ancient	<input type="radio"/> Eat dessert

SCAVENGER HUNT

- Something red
- A uniform
- The number 7
- Something soft
- A cloud shape
- Someone smiling
- Something shiny
- A bird
- The color blue
- A sign with letters

Tally Count

Airplanes:

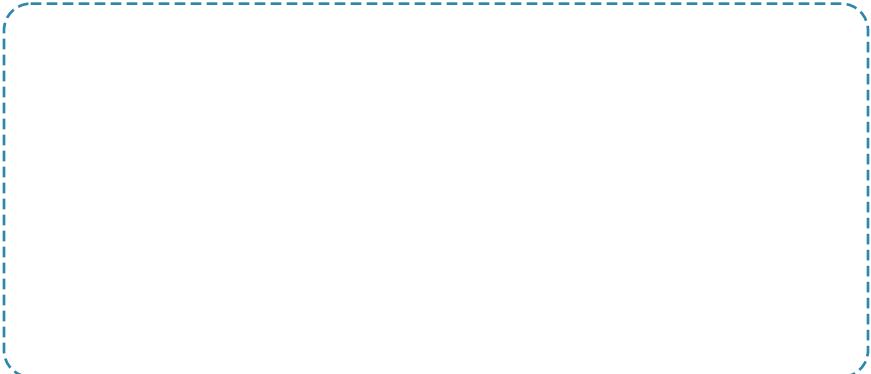
Dogs:

Red cars:

Waves:

Draw It!

Draw what you imagine Orlando & Disney looks like:



Would You Rather...

1. Fly like a bird OR Swim like a dolphin
2. Visit 100 years ago OR Visit 100 years ahead
3. Eat only sweets OR Eat only pizza

Categories Game

Name one thing starting with "O" for each:

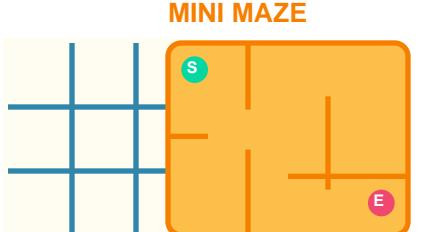
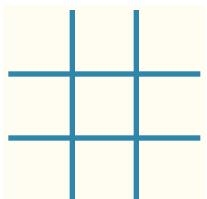


Animal: _____ Food: _____ Place: _____

Name: _____ Color: _____ Thing: _____

Game Time!

Tic-Tac-Toe



Story Starter

"One day in Orlando & Disney, something amazing happened..."

Travel Math

$3 \text{ hrs} \times 500 \text{ mph} = \underline{\hspace{2cm}} \text{ miles}$

$25 + 17 + 8 = \underline{\hspace{2cm}}$

$\$20 - \$7.50 = \$\underline{\hspace{2cm}}$

$6 \text{ rows} \times 30 \text{ seats} = \underline{\hspace{2cm}}$

License Plate Game

Check off license plates from different states as you spot them!

<input type="checkbox"/> AL	<input type="checkbox"/> AK	<input type="checkbox"/> AZ	<input type="checkbox"/> AR	<input type="checkbox"/> CA
<input type="checkbox"/> CO	<input type="checkbox"/> CT	<input type="checkbox"/> DE	<input type="checkbox"/> FL	<input type="checkbox"/> GA
<input type="checkbox"/> HI	<input type="checkbox"/> ID	<input type="checkbox"/> IL	<input type="checkbox"/> IN	<input type="checkbox"/> IA
<input type="checkbox"/> KS	<input type="checkbox"/> KY	<input type="checkbox"/> LA	<input type="checkbox"/> ME	<input type="checkbox"/> MD
<input type="checkbox"/> MA	<input type="checkbox"/> MI	<input type="checkbox"/> MN	<input type="checkbox"/> MS	<input type="checkbox"/> MO
<input type="checkbox"/> MT	<input type="checkbox"/> NE	<input type="checkbox"/> NV	<input type="checkbox"/> NH	<input type="checkbox"/> NJ
<input type="checkbox"/> NM	<input type="checkbox"/> NY	<input type="checkbox"/> NC	<input type="checkbox"/> ND	<input type="checkbox"/> OH
<input type="checkbox"/> OK	<input type="checkbox"/> OR	<input type="checkbox"/> PA	<input type="checkbox"/> RI	<input type="checkbox"/> SC
<input type="checkbox"/> SD	<input type="checkbox"/> TN	<input type="checkbox"/> TX	<input type="checkbox"/> UT	<input type="checkbox"/> VT
<input type="checkbox"/> VA	<input type="checkbox"/> WA	<input type="checkbox"/> WV	<input type="checkbox"/> WI	<input type="checkbox"/> WY

Bonus Finds

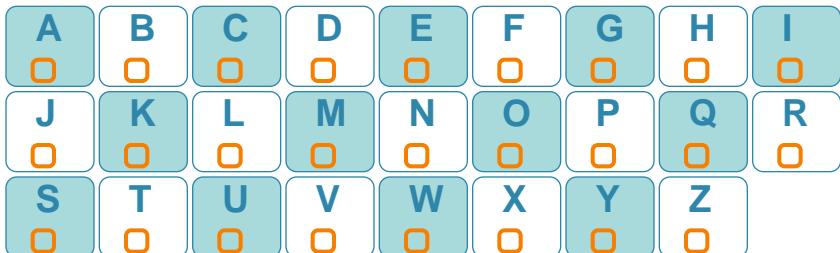
- Canada plate
- Vanity plate

- Mexico plate
- Vintage plate

Total states spotted: _____ / 50

Alphabet Game

Find each letter on signs, billboards, or license plates!



Traffic Sign Spotter

Check off signs as you see them!

STOP sign

Yield sign

Speed limit

One way

No parking

School zone

Railroad

Exit sign

Rest area

Gas station

Food sign

Hospital

Travel Estimation Game

Guess how many of each thing you'll see, then count the real number!

ITEM	MY GUESS	ACTUAL
Dogs	<input type="text"/>	<input type="text"/>
Cats	<input type="text"/>	<input type="text"/>
Cows	<input type="text"/>	<input type="text"/>
Horses	<input type="text"/>	<input type="text"/>
Red cars	<input type="text"/>	<input type="text"/>
Blue cars	<input type="text"/>	<input type="text"/>
Motorcycles	<input type="text"/>	<input type="text"/>
Trucks	<input type="text"/>	<input type="text"/>
Airplanes	<input type="text"/>	<input type="text"/>
Birds	<input type="text"/>	<input type="text"/>
Bridges	<input type="text"/>	<input type="text"/>
Tunnels	<input type="text"/>	<input type="text"/>
Fast food signs	<input type="text"/>	<input type="text"/>
Gas stations	<input type="text"/>	<input type="text"/>
Police cars	<input type="text"/>	<input type="text"/>
School buses	<input type="text"/>	<input type="text"/>

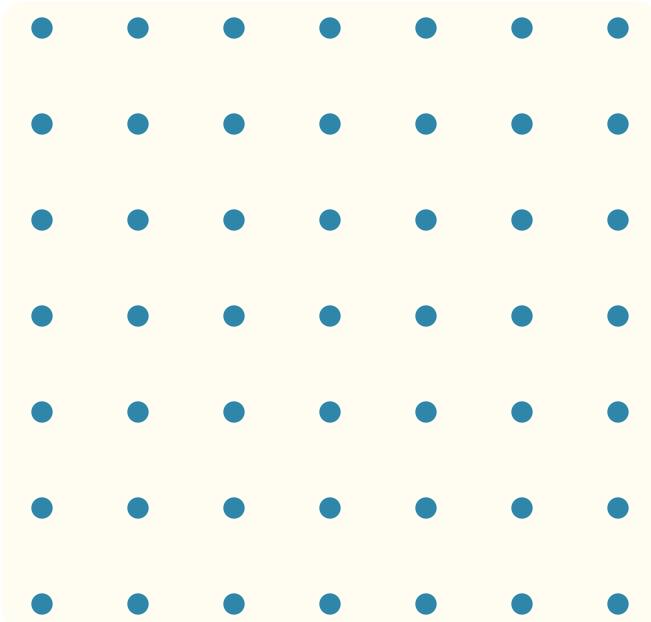
How close were your guesses? Circle one:

VERY CLOSE / PRETTY CLOSE / WAY OFF

Dots & Boxes

Take turns drawing lines between dots. Complete a box and write your initial inside!

GAME 1



SCORE

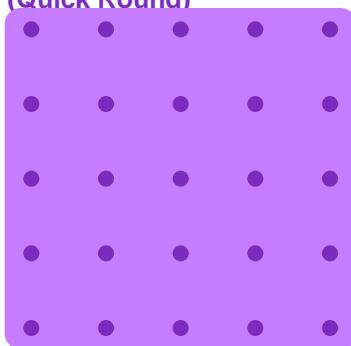
Player 1: _____

Boxes: _____

Player 2: _____

Boxes: _____

GAME 2 (Quick Round)



P1: _____

P2: _____

1

Day 1

Orlando & Disney



Date: _____

Mood:

Great

Good

Weather:

Sunny

Cloudy

Rainy

Cold

Okay

Tired

1

Find a Hidden Mickey somewhere in the park. Where was it?

2

Describe an animal you saw on the safari or in exhibits.

Day 1 - Sketch & Reflect

Draw: Draw something amazing you saw today



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

Watch how Cast Members interact with guests. What makes them special?

2

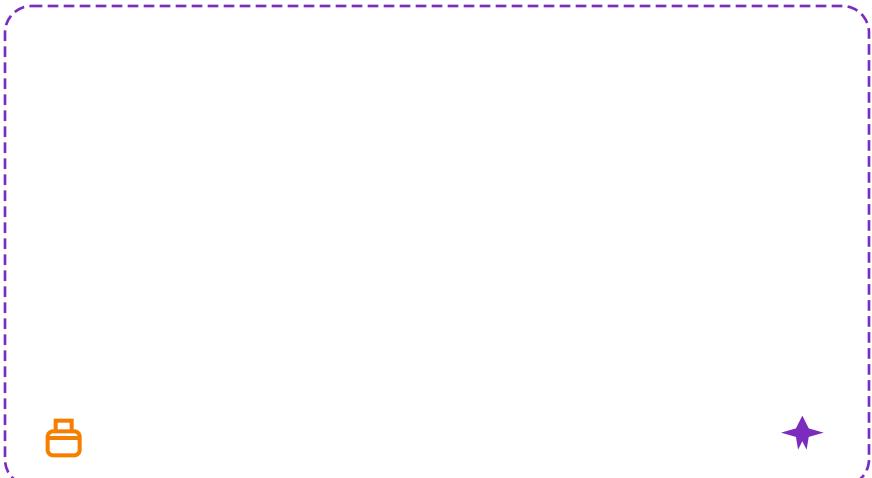
Notice how different lands in the park have different music and smells.

3

What was the most magical moment of your day? Why?

Day 2 - Sketch & Reflect

Draw: Sketch your favorite meal



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

3

Day 3

Orlando & Disney



Date: _____

Mood:

Great

Good

Weather:

Sunny

Cloudy

Rainy

Cold

Okay

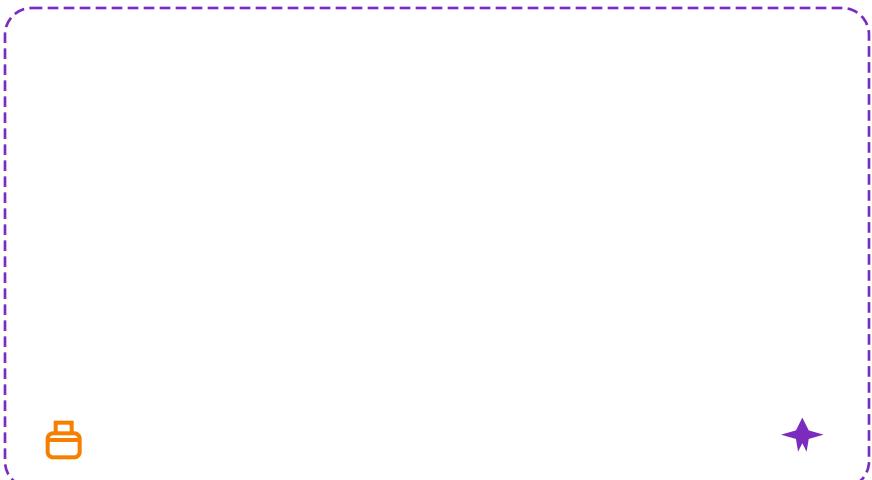
Tired

1

Notice how different lands in the park have different music and smells.

Day 3 - Sketch & Reflect

Draw: Draw the view from where you are



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

Look at the details in a building facade. What story is it telling?

2

Find a Hidden Mickey somewhere in the park. Where was it?

3

Describe an animal you saw on the safari or in exhibits.

Day 4 - Sketch & Reflect

Draw: Draw yourself exploring Orlando & Disney



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



Trip Reflections

1 *The BEST thing about this trip was...*

2 *Something that SURPRISED me...*

3 *A new thing I LEARNED...*

4 *I want to REMEMBER...*

5 *Next time I travel, I want to...*





DONE!

Trip Complete!

Mia's Adventure

to Orlando & Disney

4 Days of Exploration



RATE YOUR TRIP

Overall:



Visit again?

Yes

No

MY TOP 3 MEMORIES

1

.....

2

.....

3

.....

FOODS I TRIED

-
-
-

SOUVENIRS

-
-
-

NOTE TO MY FUTURE SELF:

.....
.....
.....

