



Emma's

Travel Journal



Osaka

Japan



Mar 14, 2025 - Mar 20, 2025





Welcome, Traveler!

Dear Emma,

You are about to become an explorer! This journal is your secret place to capture everything you discover in Osaka.

Years from now, you'll read these pages and remember exactly how you felt, what made you laugh, and all the amazing things you learned. Your words and drawings are more precious than any souvenir you could buy.

There are no wrong answers here - just YOUR thoughts, YOUR feelings, and YOUR adventure. Be curious. Ask questions. Try new things. And most importantly, have fun!

Before You Go...

Your adventure awaits!

- 1 What do you imagine Osaka will look, sound, and smell like?

- 2 What is one thing you hope to learn or discover on this trip?

- 3 What is something you've never done before that you want to try?

- 4 Write a wish or hope you have for this adventure:



About My Trip



Explorer: Emma

Destination: Osaka

I am traveling with: _____

How we are getting there: _____

Draw Your Destination!

Draw a map, your route, or what you think your destination looks like:

My Packing Checklist

- | | |
|--|--|
| <input type="checkbox"/> Clothes | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Favorite toy/book | <input type="checkbox"/> Camera |
| <input type="checkbox"/> Snacks | <input type="checkbox"/> Journal (this one!) |
| <input type="checkbox"/> Comfy shoes | <input type="checkbox"/> Sunscreen |

All About Osaka

LANGUAGE

Japanese

CURRENCY

Yen (¥)

POPULATION

2.7 million

Useful Phrases:

"Konnichiwa" = Hello

"Arigatou" = Thank you

"Sayonara" = Goodbye

Did You Know?

- ★ Osaka is known as Japan's kitchen - it's famous for amazing street food!
- ★ Osaka Castle was built over 400 years ago and has survived wars and fires
- ★ People in Osaka walk on the right side of escalators, opposite from Tokyo!
- ★ The Glico Running Man sign in Dotonbori is one of Japan's most famous landmarks

Cultural Tips

- Osakans are known for being friendly and outgoing
- Comedy and entertainment culture is huge in Osaka
- Street food is meant to be eaten while walking (kuidaore culture)

Famous Landmarks

1

Osaka Castle

My notes:

.....

.....

2

Dotonbori

My notes:

.....

.....

3

Universal Studios Japan

My notes:

.....

.....

4

Shinsekai Tower

My notes:

.....

.....

5

Kuromon Market

My notes:

.....

.....

IN-FLIGHT FUN!

UNSCRAMBLE

Word Search

Find: OSAKA, CASTLE, TAKOYAKI, RAMEN, TEMPLE, NEON

Y	N	Y	Z	L	E	H	W	M
M	O	E	R	B	O	S	J	H
K	G	D	U	N	N	G	A	V
M	S	C	Y	P	V	D	K	B
S	T	Z	J	P	U	G	I	C
W	S	M	A	S	J	M	Q	I
Z	B	O	J	E	E	N	K	R
O	D	B	P	E	K	B	O	B
V	V	R	U	K	D	T	P	H

1. OASKA
2. ACLETS
3. TKOAYAKI
4. NAERM
5. EPLMTE
6. ONEN

Quick Trivia

Q1: What is Osaka's famous octopus snack called?

.....

Q2: What famous castle is in Osaka?

.....

Q3: What is Osaka called because of all its great food?

.....

Answers: 1.Takoyaki 2.Osaka Castle 3.Japan's Kitchen

Travel Bingo

Check off each item you spot!

<input type="radio"/> See a local animal	<input type="radio"/> Try new food	<input type="radio"/> Learn a new word
<input type="radio"/> Take a silly photo	<input type="radio"/> Make someone smile	<input type="radio"/> Find something blue
<input type="radio"/> See a street performer	<input type="radio"/> Walk 10,000 steps	<input type="radio"/> FREE SPACE
<input type="radio"/> Buy a souvenir	<input type="radio"/> See something ancient	<input type="radio"/> Eat dessert

Tally Count

Airplanes:

Dogs:

SCAVENGER HUNT

- ☐ Something red
- ☐ A uniform
- ☐ The number 7
- ☐ Something soft
- ☐ A cloud shape
- ☐ Someone smiling
- ☐ Something shiny
- ☐ A bird
- ☐ The color blue
- ☐ A sign with letters

Red cars:

Waves:

Draw It!

Draw what you imagine Osaka looks like:

Would You Rather...

1. ☐ Fly like a bird OR ☐ Swim like a dolphin
2. ☐ Visit 100 years ago OR ☐ Visit 100 years ahead
3. ☐ Eat only sweets OR ☐ Eat only pizza

Categories Game



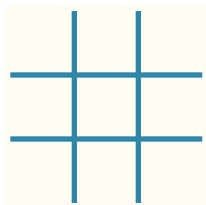
Name one thing starting with "O" for each:

Animal: _____ **Food:** _____ **Place:** _____

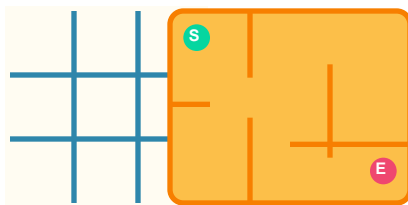
Name: _____ **Color:** _____ **Thing:** _____

Game Time!

Tic-Tac-Toe



MINI MAZE



Story Starter

"One day in Osaka, something amazing happened..."

Travel Math

$$3 \text{ hrs} \times 500 \text{ mph} = \underline{\hspace{2cm}} \text{ miles}$$

$$25 + 17 + 8 = \underline{\hspace{2cm}}$$

$$\$20 - \$7.50 = \$\underline{\hspace{2cm}}$$

$$6 \text{ rows} \times 30 \text{ seats} = \underline{\hspace{2cm}}$$

License Plate Game

Check off license plates from different states as you spot them!

<input type="checkbox"/> AL	<input type="checkbox"/> AK	<input type="checkbox"/> AZ	<input type="checkbox"/> AR	<input type="checkbox"/> CA
<input type="checkbox"/> CO	<input type="checkbox"/> CT	<input type="checkbox"/> DE	<input type="checkbox"/> FL	<input type="checkbox"/> GA
<input type="checkbox"/> HI	<input type="checkbox"/> ID	<input type="checkbox"/> IL	<input type="checkbox"/> IN	<input type="checkbox"/> IA
<input type="checkbox"/> KS	<input type="checkbox"/> KY	<input type="checkbox"/> LA	<input type="checkbox"/> ME	<input type="checkbox"/> MD
<input type="checkbox"/> MA	<input type="checkbox"/> MI	<input type="checkbox"/> MN	<input type="checkbox"/> MS	<input type="checkbox"/> MO
<input type="checkbox"/> MT	<input type="checkbox"/> NE	<input type="checkbox"/> NV	<input type="checkbox"/> NH	<input type="checkbox"/> NJ
<input type="checkbox"/> NM	<input type="checkbox"/> NY	<input type="checkbox"/> NC	<input type="checkbox"/> ND	<input type="checkbox"/> OH
<input type="checkbox"/> OK	<input type="checkbox"/> OR	<input type="checkbox"/> PA	<input type="checkbox"/> RI	<input type="checkbox"/> SC
<input type="checkbox"/> SD	<input type="checkbox"/> TN	<input type="checkbox"/> TX	<input type="checkbox"/> UT	<input type="checkbox"/> VT
<input type="checkbox"/> VA	<input type="checkbox"/> WA	<input type="checkbox"/> WV	<input type="checkbox"/> WI	<input type="checkbox"/> WY

Bonus Finds

☐ Canada plate

☐ Mexico plate

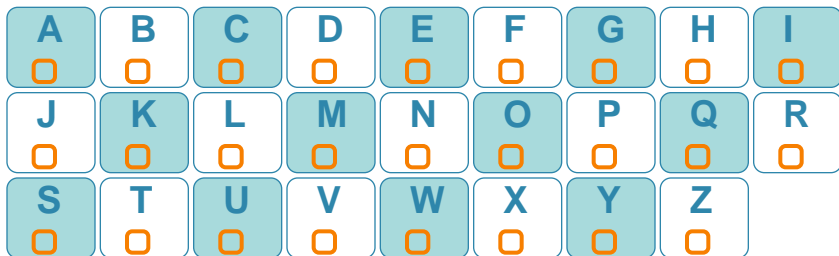
☐ Vanity plate

☐ Vintage plate

Total states spotted: _____ / 50

Alphabet Game

Find each letter on signs, billboards, or license plates!



Traffic Sign Spotter

Check off signs as you see them!

- | | | |
|--------------------------------------|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> STOP sign | <input type="checkbox"/> Yield sign | <input type="checkbox"/> Speed limit |
| <input type="checkbox"/> One way | <input type="checkbox"/> No parking | <input type="checkbox"/> School zone |
| <input type="checkbox"/> Railroad | <input type="checkbox"/> Exit sign | <input type="checkbox"/> Rest area |
| <input type="checkbox"/> Gas station | <input type="checkbox"/> Food sign | <input type="checkbox"/> Hospital |

Travel Estimation Game

Guess how many of each thing you'll see, then count the real number!

ITEM	MY GUESS	ACTUAL
Dogs	<input type="text"/>	<input type="text"/>
Cats	<input type="text"/>	<input type="text"/>
Cows	<input type="text"/>	<input type="text"/>
Horses	<input type="text"/>	<input type="text"/>
Red cars	<input type="text"/>	<input type="text"/>
Blue cars	<input type="text"/>	<input type="text"/>
Motorcycles	<input type="text"/>	<input type="text"/>
Trucks	<input type="text"/>	<input type="text"/>
Airplanes	<input type="text"/>	<input type="text"/>
Birds	<input type="text"/>	<input type="text"/>
Bridges	<input type="text"/>	<input type="text"/>
Tunnels	<input type="text"/>	<input type="text"/>
Fast food signs	<input type="text"/>	<input type="text"/>
Gas stations	<input type="text"/>	<input type="text"/>
Police cars	<input type="text"/>	<input type="text"/>
School buses	<input type="text"/>	<input type="text"/>

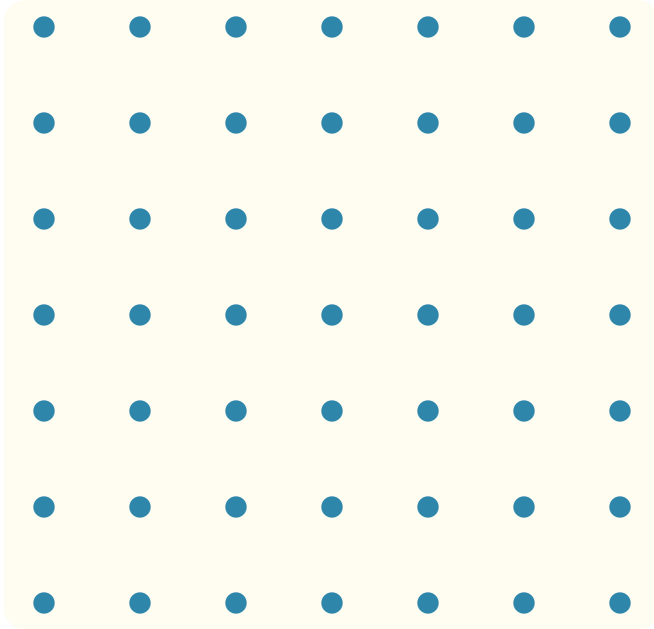
How close were your guesses? Circle one:

VERY CLOSE / PRETTY CLOSE / WAY OFF

Dots & Boxes

Take turns drawing lines between dots. Complete a box and write your initial inside!

GAME 1



SCORE

Player 1: _____

Boxes: _____

Player 2: _____

Boxes: _____

GAME 2 (Quick Round)



P1: _____

P2: _____



Date: _____

Mood: ☐ Great ☐ GoodWeather: ☐ Sunny☐ Cloudy☐ Rainy☐ Cold☐ Okay☐ Tired

1 Walk through Dotonbori. What colorful signs and smells do you notice?

2 Try takoyaki! Describe the crispy outside and soft inside.

3 How is the energy here different from other cities?

Day 1 - Sketch & Reflect

Draw: Draw something amazing you saw today



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember





Date: _____

Mood:



Great



Good

Weather:



Sunny



Cloudy



Rainy



Cold



Okay



Tired

1

Watch people enjoying street food. What are they eating?

2

Compare Osaka Castle to buildings around it. What makes it special?

3

What would it be like to eat street food here every day?

Day 2 - Sketch & Reflect

Draw: Sketch your favorite meal



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember





Date: _____

Mood: ☐ Great ☐ GoodWeather: ☐ Sunny☐ Cloudy☐ Rainy☐ Cold☐ Okay☐ Tired

1

Compare Osaka Castle to buildings around it. What makes it special?

2

Visit Kuromon Market. What seafood surprised you most?

Day 3 - Sketch & Reflect

Draw: Draw the view from where you are



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember





Date: _____

Mood: ☐ Great ☐ GoodWeather: ☐ Sunny☐ Cloudy☐ Rainy☐ Cold☐ Okay☐ Tired

1

Listen to the sounds of the city. How is it different from home?

2

Walk through Dotonbori. What colorful signs and smells do you notice?

3

How is the energy here different from other cities?

Day 4 - Sketch & Reflect

Draw: Draw yourself exploring Osaka



A large dashed purple rectangle for drawing. It is decorated with three pink cherry blossoms (top-left, top-right, and bottom-left) and one orange fish (bottom-right).

NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



A series of horizontal dashed lines for writing.



Date: _____

Mood:



Great



Good

Weather:



Sunny



Cloudy



Rainy



Cold



Okay



Tired

1

Walk through Dotonbori. What colorful signs and smells do you notice?

2

Watch okonomiyaki being made. What ingredients go in?

Day 5 - Sketch & Reflect

Draw: Illustrate your favorite moment



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember





Date: _____

Mood: ☐ Great ☐ GoodWeather: ☐ Sunny☐ Cloudy☐ Rainy☐ Cold☐ Okay☐ Tired

1 Watch people enjoying street food. What are they eating?

2 Compare Osaka Castle to buildings around it. What makes it special?

3 If you could bring one Osaka tradition home, what would it be?

Day 6 - Sketch & Reflect

Draw: Draw something that surprised you



A large dashed purple rectangle intended for drawing. It is decorated with three pink flowers (two in the top corners and one in the bottom left) and one orange fish in the bottom right corner.

NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



A series of horizontal dashed lines for writing.



Date: _____

Mood: ☐ Great ☐ GoodWeather: ☐ Sunny☐ Cloudy☐ Rainy☐ Cold☐ Okay☐ Tired

1

Compare Osaka Castle to buildings around it. What makes it special?

2


Try takoyaki! Describe the crispy outside and soft inside.

3

How is the energy here different from other cities?

Day 7 - Sketch & Reflect

Draw: Sketch a building or landmark



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



Trip Reflections

1 *The BEST thing about this trip was...*

2 *Something that SURPRISED me...*

3 *A new thing I LEARNED...*

4 *I want to REMEMBER...*

5 *Next time I travel, I want to...*





DONE!

Trip Complete!

Emma's Adventure

to Osaka

7 Days of Exploration



RATE YOUR TRIP

Overall:



Visit again?

☐ Yes

☐ No

MY TOP 3 MEMORIES

1

2

3

FOODS I TRIED

-
-
-

SOUVENIRS

-
-
-

NOTE TO MY FUTURE SELF:



SCAN AFTER YOUR TRIP!

Upload photos of your journal to
create a video memory!

