



Emma's

Travel Journal



Osaka

Japan



Mar 14, 2025 - Mar 20, 2025





Welcome, Traveler!

Dear Emma,

You are about to become an explorer! This journal is your secret place to capture everything you discover in Osaka.

Years from now, you'll read these pages and remember exactly how you felt, what made you laugh, and all the amazing things you learned. Your words and drawings are more precious than any souvenir you could buy.

There are no wrong answers here - just YOUR thoughts, YOUR feelings, and YOUR adventure. Be curious. Ask questions. Try new things. And most importantly, have fun!

Before You Go...

Your adventure awaits!

1

What do you imagine Osaka will look, sound, and smell like?

2

What is one thing you hope to learn or discover on this trip?

3

What is something you've never done before that you want to try?

4

Write a wish or hope you have for this adventure:



About My Trip



Explorer: Emma

Destination: Osaka

I am traveling with: _____

How we are getting there: _____

Draw Your Destination!

Draw a map, your route, or what you think your destination looks like:



My Packing Checklist

- Clothes
- Favorite toy/book
- Snacks
- Comfy shoes

- Toothbrush
- Camera
- Journal (this one!)
- Sunscreen

All About Osaka

LANGUAGE

Japanese

CURRENCY

Yen (¥)

POPULATION

2.7 million

Useful Phrases:

"Konnichiwa" = Hello

"Arigatou" = Thank you

"Sayonara" = Goodbye

Did You Know?

- ★ Osaka is known as Japan's kitchen - it's famous for amazing street food!
- ★ Osaka Castle was built over 400 years ago and has survived wars and fires
- ★ People in Osaka walk on the right side of escalators, opposite from Tokyo!
- ★ The Glico Running Man sign in Dotonbori is one of Japan's most famous landmarks

Cultural Tips

- Osakans are known for being friendly and outgoing
- Comedy and entertainment culture is huge in Osaka
- Street food is meant to be eaten while walking (kuidaore culture)

Famous Landmarks

1

Osaka Castle

My notes:

2

Dotonbori

My notes:

3

Universal Studios Japan

My notes:

4

Shinsekai Tower

My notes:

5

Kuromon Market

My notes:

IN-FLIGHT FUN!

Word Search

Find: OSAKA, CASTLE, TAKOYAKI, RAMEN, TEMPLE, NEON

Y	N	Y	Z	L	E	H	W	M
M	O	E	R	B	O	S	J	H
K	G	D	U	N	N	G	A	V
M	S	C	Y	P	V	D	K	B
S	T	Z	J	P	U	G	I	C
W	S	M	A	S	J	M	Q	I
Z	B	O	J	E	E	N	K	R
O	D	B	P	E	K	B	O	B
V	V	R	U	K	D	T	P	H

UNSCRAMBLE

1. OASKA

2. ACLETS

3. TKOAYAKI

4. NAERM

5. EPLMTE

6. ONEN

Quick Trivia

Q1: What is Osaka's famous octopus snack called?

Q2: What famous castle is in Osaka?

Q3: What is Osaka called because of all its great food?

Answers: 1.Takoyaki 2.Osaka Castle 3.Japan's Kitchen

Travel Bingo

Check off each item you spot!

<input type="radio"/> See a local animal	<input type="radio"/> Try new food	<input type="radio"/> Learn a new word
<input type="radio"/> Take a silly photo	<input type="radio"/> Make someone smile	<input type="radio"/> Find something blue
<input type="radio"/> See a street performer	<input type="radio"/> Walk 10,000 steps	<input type="radio"/> FREE SPACE
<input type="radio"/> Buy a souvenir	<input type="radio"/> See something ancient	<input type="radio"/> Eat dessert

SCAVENGER HUNT

- Something red
- A uniform
- The number 7
- Something soft
- A cloud shape
- Someone smiling
- Something shiny
- A bird
- The color blue
- A sign with letters

Tally Count

Airplanes:

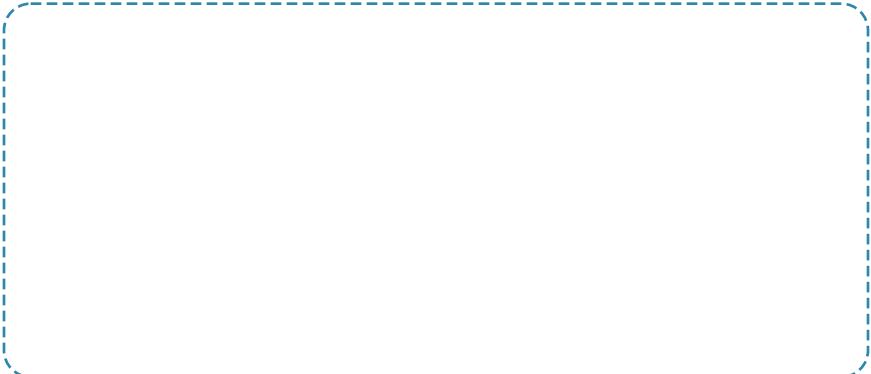
Dogs:

Red cars:

Waves:

Draw It!

Draw what you imagine Osaka looks like:



Would You Rather...

1. Fly like a bird OR Swim like a dolphin
2. Visit 100 years ago OR Visit 100 years ahead
3. Eat only sweets OR Eat only pizza

Categories Game

Name one thing starting with "O" for each:

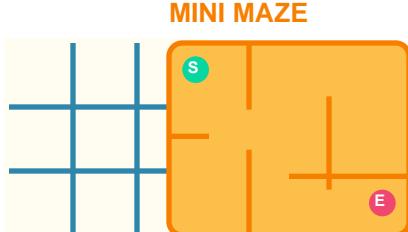
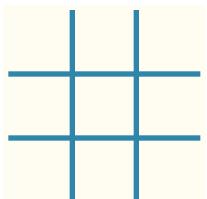


Animal: _____ Food: _____ Place: _____

Name: _____ Color: _____ Thing: _____

Game Time!

Tic-Tac-Toe



Story Starter

"One day in Osaka, something amazing happened..."

Travel Math

$$3 \text{ hrs} \times 500 \text{ mph} = \underline{\hspace{2cm}} \text{ miles}$$

$$25 + 17 + 8 = \underline{\hspace{2cm}}$$

$$$20 - \$7.50 = \$\underline{\hspace{2cm}}$$

$$6 \text{ rows} \times 30 \text{ seats} = \underline{\hspace{2cm}}$$

License Plate Game

Check off license plates from different states as you spot them!

<input type="checkbox"/> AL	<input type="checkbox"/> AK	<input type="checkbox"/> AZ	<input type="checkbox"/> AR	<input type="checkbox"/> CA
<input type="checkbox"/> CO	<input type="checkbox"/> CT	<input type="checkbox"/> DE	<input type="checkbox"/> FL	<input type="checkbox"/> GA
<input type="checkbox"/> HI	<input type="checkbox"/> ID	<input type="checkbox"/> IL	<input type="checkbox"/> IN	<input type="checkbox"/> IA
<input type="checkbox"/> KS	<input type="checkbox"/> KY	<input type="checkbox"/> LA	<input type="checkbox"/> ME	<input type="checkbox"/> MD
<input type="checkbox"/> MA	<input type="checkbox"/> MI	<input type="checkbox"/> MN	<input type="checkbox"/> MS	<input type="checkbox"/> MO
<input type="checkbox"/> MT	<input type="checkbox"/> NE	<input type="checkbox"/> NV	<input type="checkbox"/> NH	<input type="checkbox"/> NJ
<input type="checkbox"/> NM	<input type="checkbox"/> NY	<input type="checkbox"/> NC	<input type="checkbox"/> ND	<input type="checkbox"/> OH
<input type="checkbox"/> OK	<input type="checkbox"/> OR	<input type="checkbox"/> PA	<input type="checkbox"/> RI	<input type="checkbox"/> SC
<input type="checkbox"/> SD	<input type="checkbox"/> TN	<input type="checkbox"/> TX	<input type="checkbox"/> UT	<input type="checkbox"/> VT
<input type="checkbox"/> VA	<input type="checkbox"/> WA	<input type="checkbox"/> WV	<input type="checkbox"/> WI	<input type="checkbox"/> WY

Bonus Finds

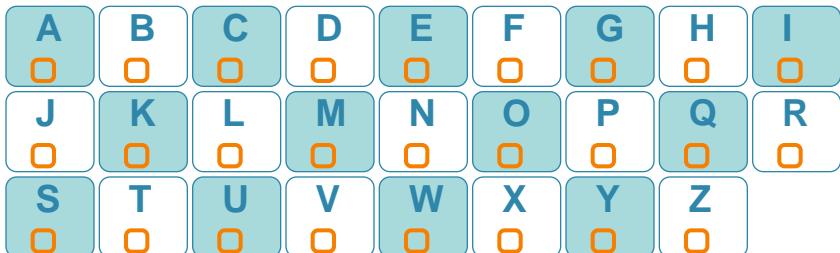
- Canada plate
- Vanity plate

- Mexico plate
- Vintage plate

Total states spotted: _____ / 50

Alphabet Game

Find each letter on signs, billboards, or license plates!



Traffic Sign Spotter

Check off signs as you see them!

STOP sign

Yield sign

Speed limit

One way

No parking

School zone

Railroad

Exit sign

Rest area

Gas station

Food sign

Hospital

Travel Estimation Game

Guess how many of each thing you'll see, then count the real number!

ITEM	MY GUESS	ACTUAL
Dogs	<input type="text"/>	<input type="text"/>
Cats	<input type="text"/>	<input type="text"/>
Cows	<input type="text"/>	<input type="text"/>
Horses	<input type="text"/>	<input type="text"/>
Red cars	<input type="text"/>	<input type="text"/>
Blue cars	<input type="text"/>	<input type="text"/>
Motorcycles	<input type="text"/>	<input type="text"/>
Trucks	<input type="text"/>	<input type="text"/>
Airplanes	<input type="text"/>	<input type="text"/>
Birds	<input type="text"/>	<input type="text"/>
Bridges	<input type="text"/>	<input type="text"/>
Tunnels	<input type="text"/>	<input type="text"/>
Fast food signs	<input type="text"/>	<input type="text"/>
Gas stations	<input type="text"/>	<input type="text"/>
Police cars	<input type="text"/>	<input type="text"/>
School buses	<input type="text"/>	<input type="text"/>

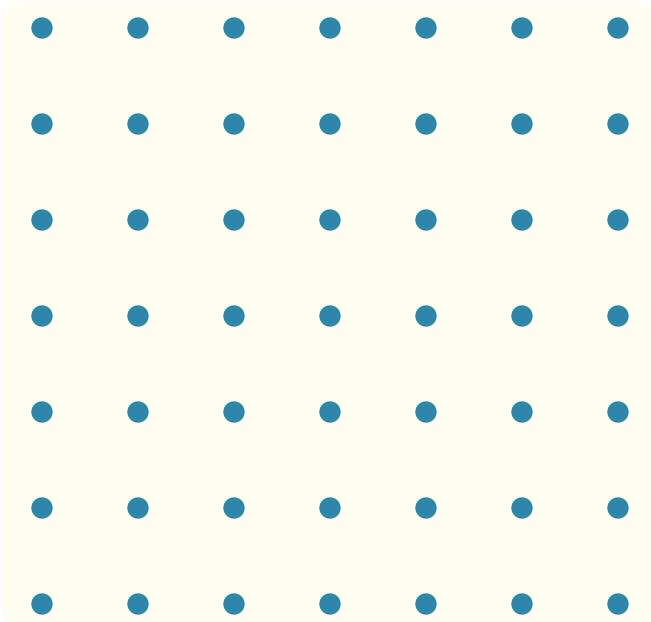
How close were your guesses? Circle one:

VERY CLOSE / PRETTY CLOSE / WAY OFF

Dots & Boxes

Take turns drawing lines between dots. Complete a box and write your initial inside!

GAME 1



SCORE

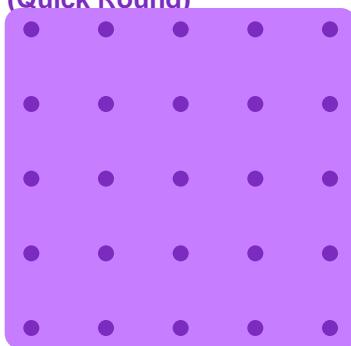
Player 1: _____

Boxes: _____

Player 2: _____

Boxes: _____

GAME 2 (Quick Round)



P1: _____

P2: _____

1

Day 1

Osaka



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

Walk through Dotonbori. What colorful signs and smells do you notice?

2

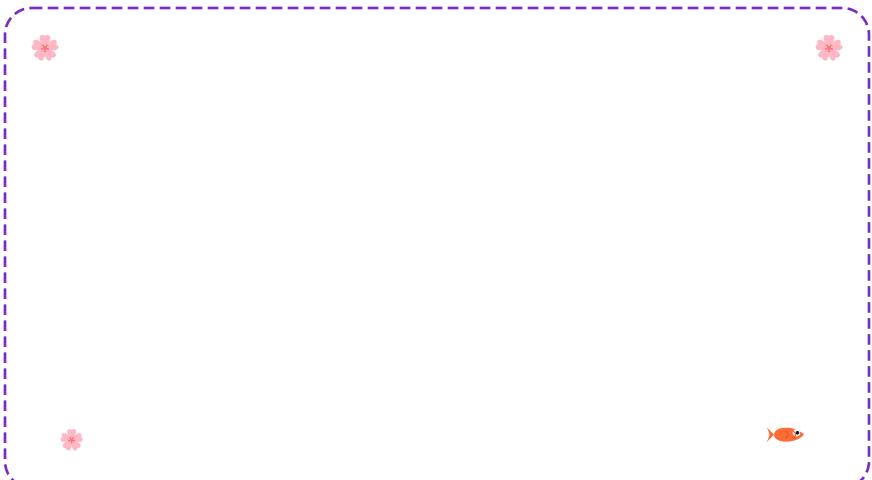
Try takoyaki! Describe the crispy outside and soft inside.

3

How is the energy here different from other cities?

Day 1 - Sketch & Reflect

Draw: Draw something amazing you saw today



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

2

Day 2

Osaka



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

Watch people enjoying street food. What are they eating?

2

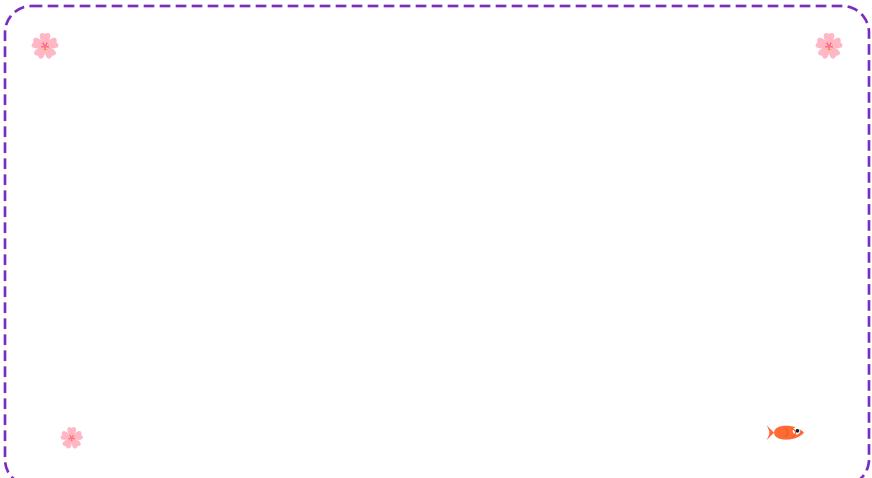
Compare Osaka Castle to buildings around it. What makes it special?

3

What would it be like to eat street food here every day?

Day 2 - Sketch & Reflect

Draw: Sketch your favorite meal



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

3

Day 3

Osaka



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

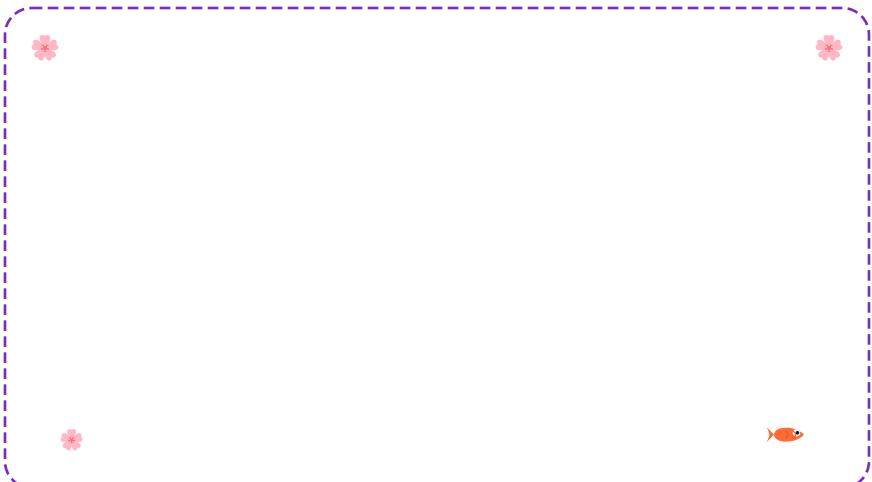
Compare Osaka Castle to buildings around it. What makes it special?

2

Visit Kuromon Market. What seafood surprised you most?

Day 3 - Sketch & Reflect

Draw: Draw the view from where you are



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember



Date: _____

Mood: Great GoodWeather: Sunny Cloudy Rainy Cold Okay Tired

1

Listen to the sounds of the city. How is it different from home?

2

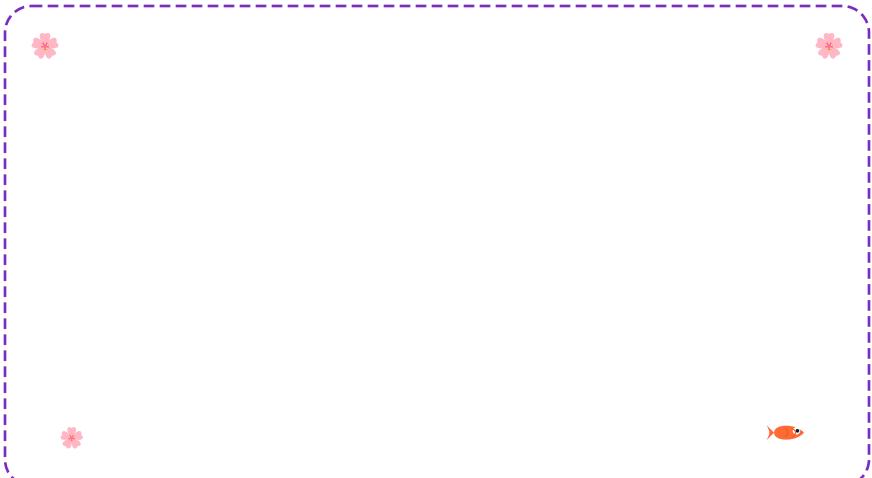
Walk through Dotonbori. What colorful signs and smells do you notice?

3

How is the energy here different from other cities?

Day 4 - Sketch & Reflect

Draw: Draw yourself exploring Osaka



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

5

Day 5

Osaka



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

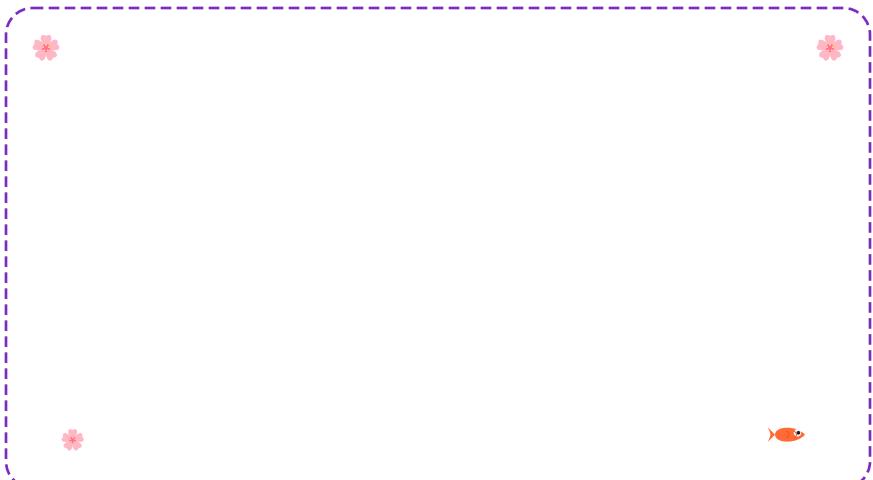
Walk through Dotonbori. What colorful signs and smells do you notice?

2

Watch okonomiyaki being made. What ingredients go in?

Day 5 - Sketch & Reflect

Draw: Illustrate your favorite moment



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

6

Day 6

Osaka



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

Watch people enjoying street food. What are they eating?

2

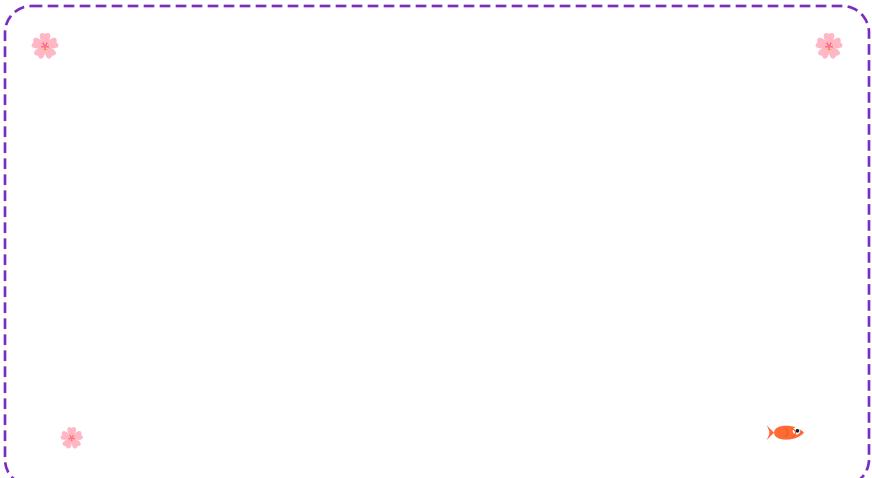
Compare Osaka Castle to buildings around it. What makes it special?

3

If you could bring one Osaka tradition home, what would it be?

Day 6 - Sketch & Reflect

Draw: Draw something that surprised you



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

7

Day 7

Osaka



Date: _____

Mood:

 Great Good

Weather:

 Sunny Cloudy Rainy Cold Okay Tired

1

Compare Osaka Castle to buildings around it. What makes it special?

2

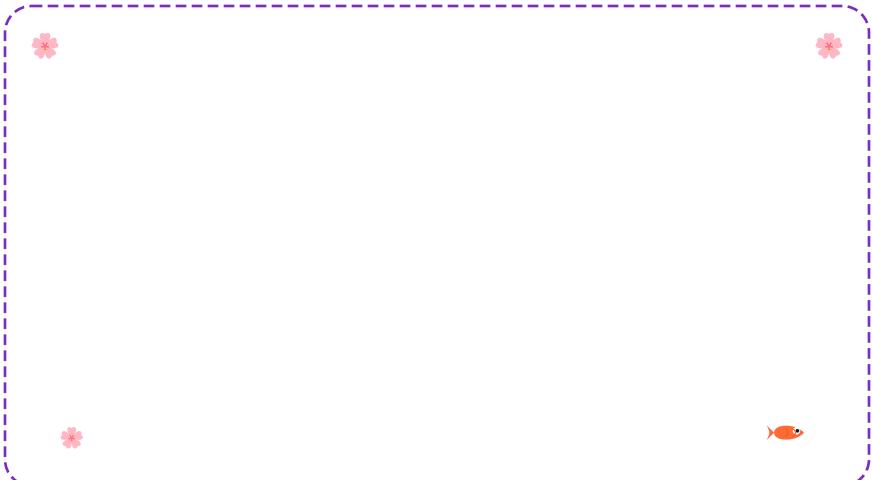
Try takoyaki! Describe the crispy outside and soft inside.

3

How is the energy here different from other cities?

Day 7 - Sketch & Reflect

Draw: Sketch a building or landmark



NEW WORD

Word:

Means:

Use it:

TODAY WAS...

Best part:

Surprising:

What I Want to Remember

Trip Reflections

The BEST thing about this trip was...

Something that SURPRISED me...

A new thing I LEARNED...

I want to REMEMBER...

Next time I travel, I want to...





DONE!

Trip Complete!

Emma's Adventure

to Osaka

7 Days of Exploration



RATE YOUR TRIP

Overall:



Visit again?

Yes

No

MY TOP 3 MEMORIES

1

.....

2

.....

3

.....

FOODS I TRIED

-
-
-

SOUVENIRS

-
-
-

NOTE TO MY FUTURE SELF:

.....
.....
.....



SCAN AFTER YOUR TRIP!

Upload photos of your journal to
create a video memory!

