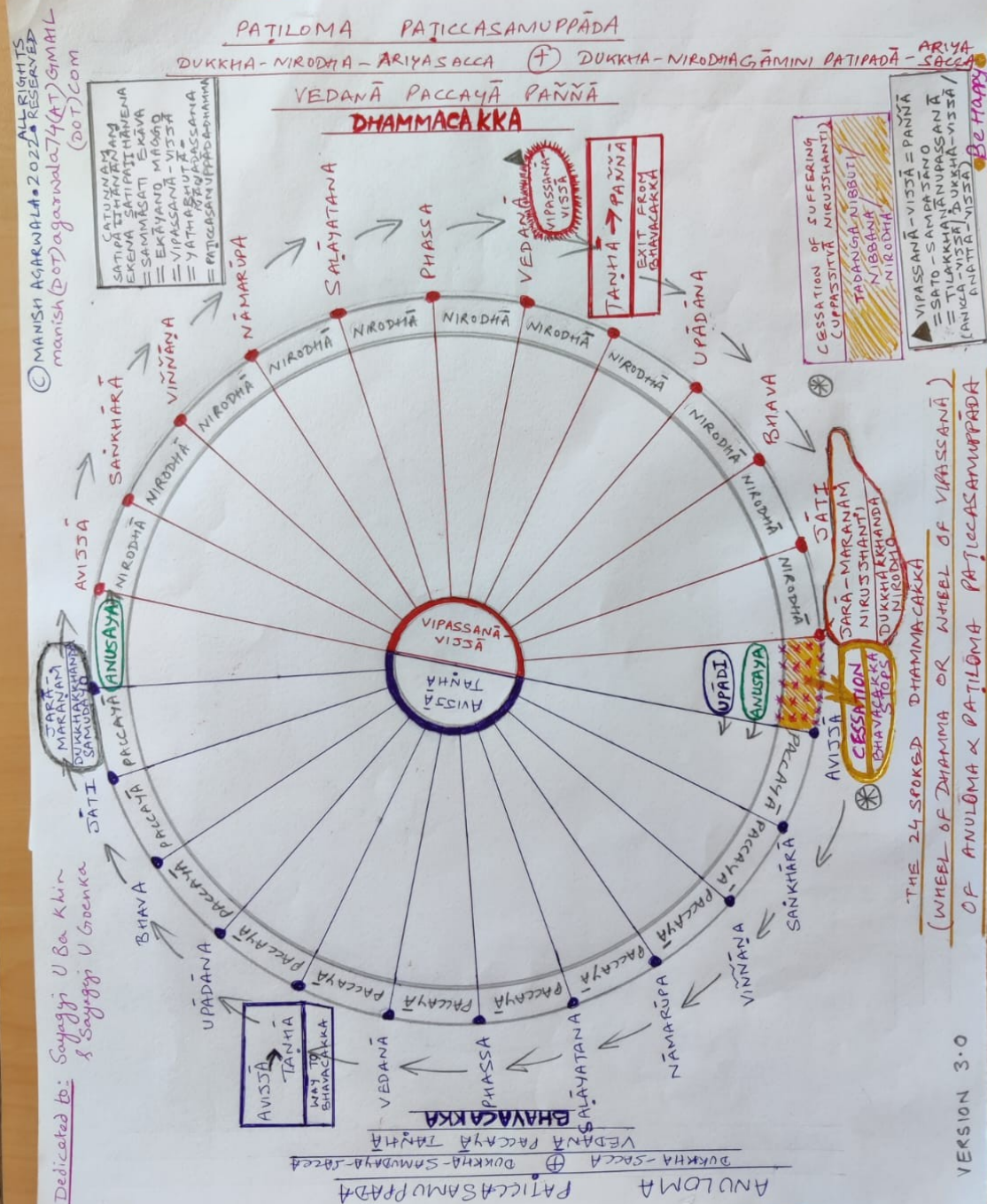


Wheel of Anuloma and Paṭiloma Paṭiccasamuppāda



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'DHAMMACAKKA' (THE WHEEL OF DHAMMA) OR 'THE WHEEL OF ANULOMA & PAṬILOMA PAṬICCASAMUPPĀDA' OR 'THE WHEEL OF VIPASSANĀ'

1. This is a diagram of 'Dhammacakka' (The Wheel of Dhamma) which may also be called 'The Wheel of Anuloma and Paṭiloma Paṭiccasamuppāda' or 'The Wheel of Vipassanā'.

This Dhamma-Wheel may be said to be the diagrammatic presentation of the entire process of Vipassanā-Dhamma or Paṭipatti-Dhamma as taught by Sayagyi U Ba Khin & Ācariya S. N. Goenkaji both from Sutta as well as Abhidhamma perspectives. This diagram may also be covering the essence of the Paṭiccasamuppāda teachings of Most Ven. Mogok Sayadaw.

This diagrammatic presentation is from the perspective of experiential Vipassanā-Dhamma and showcases the process of Vipassanā and also the holistic 'oneness' [eko dhammo] aspect of Vipassanā-Dhamma transcending the conceptual divisions and details [Paññattim Thāpetvā Visesena Passati'ti Vipassanā].

The diagram along with the associated markings is self-sufficient and speaks for itself!

2. This diagrammatic presentation may be said to be based on numerous references and most humbly, I am pleased to report that it has received the blessings/anumodana of several Abhidhamma & Vipassanā teachers of different traditions.

3. I have marked the diagram of this Dhamma-Wheel as copyrighted material & 'all rights reserved' to ensure that it is not misused, distorted or used for commercial gain. Any individual or dhamma institution willing to use this diagram for any dhamma purpose may kindly email me at

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4. I have published the Dhammacakka diagram on RESEARCHGATE too and it may be downloaded from the following link and/or the diagram can easily be shared with others by sharing the following short link with others:

DOI /Link:

<http://dx.doi.org/10.13140/RG.2.2.24800.76801>

5. Kindly click the following two links to find two accompanying posters that may go well with this Dhammacakka / Paṭiccasamuppāda diagram presentation.

The first poster explains the experiential Vipassanā-Bhāvanā aspect of Paṭiccasamuppāda and the second poster highlights the contribution of King Asoka who may be the first to present & popularize Paṭiccasamuppāda in 'wheel' format [Asoka Chakra].

Vipassanā-Bhāvanā & Paṭiccasamuppāda:

<https://nanda.online-dhamma.net/extra/authors/dr-manish-agarwala/wheel-of-vipassana.jpg>

Dhammacakka as Asoka Chakra:

<https://nanda.online-dhamma.net/extra/authors/dr-manish-agarwala/asoka-chakra.jpg>

6. This entire webpage may easily be shared with others by sharing the following weblink:

<https://nanda.online-dhamma.net/extra/authors/dr-manish-agarwala/patiloma-paticcasamuppada.pdf>

With veneration at the feet of the Sangha, regards & mettā for everyone and special gratitude for Upāsaka Nanda for hosting my humble work on his website,

Bhavatu Sabba Maṅgalam!

Manish Agarwala

Kolkata. India