

Liftlog - Your personal data

Description

This document contains all of your current personal data stored in Liftlog.
This document was generated on **Thursday, April 6, 2017 05:40:45 PM**

Personal Data

This sections contains all personal data that describes who you are.

- **Name:** Dennis
- **Birth date:** 06-Apr-17
- **Sex:** Sex
- **Weight:** 65
- **Height:** 178
- **Country:** Denmark

Account Data

This sections contains all information about your account at LiftLog

- **Creation date:** 06-Apr-17
- **Display name:** LeetUser
- **Email:** abc@cde.com

Challenge data

This sections contains information on your challenges. We cannot provide you details on the challenges because they contain personal data of others as well. But rest assured that they only contain an exercise created or received and a reference to another user.

- **Challenge Given:** 1
- **Challenge Received:** 2

Workout Data

This sections contains all your workouts and their entries stored at LiftLog

- **Total workouts:** 2

Workout: First ever

- **Creation Date:** 06-Apr-17

Entries

- **Total Entries:** 1

Exercise: Benchpress

- **Set:** 2
- **Weight:** 145
- **Reps:** 12

Workout: Second

- **Creation Date:** 06-Apr-17

Entries

- **Total Entries:** 1

Exercise: Squad

- **Set:** 1
- **Weight:** 200
- **Reps:** 12

Liftlog - Your personal data

Description

This document contains all of your current personal data stored in Liftlog. This document was generated on `{DateTime.Now:F}`

Personal Data

This sections contains all personal data that describes who you are.

- **Name:** {user.Name}
- **Birth date:** {user.BirthDay:d}
- **Sex:** {user.Sex}
- **Weight:** {user.BodyWeight}
- **Height:** {user.Height}
- **Country:** {user.Country}

Account Data

This sections contains all information about your account at LiftLog

- **Creation date:** {user.CreationDate:d}
- **Display name:** {user.DisplayName}
- **Email:** {user.Email}

Challenge data

This sections contains information on your challenges. We cannot provide you details on the challenges because they contain personal data of others as well. But rest assured that they only contain an exercise created or received and a reference to another user.

- **Challenge Given:** {user.ChallengeGiven}
- **Challenge Received:** {user.ChallengeReceived}

Workout Data

This sections contains all your workouts and their entries stored at LiftLog

- **Total workouts:** {user.Workouts.Count}

Workout: {workout.Name}

- **Creation Date:** {user.DisplayName}

Entries

- **Total Entries:** {workout.WorkoutEntryDtos.Count}

Exercise: {WorkoutEntryDto.ExerciseName}

- **Weight:** {workout.WorkoutEntryDtos.Weight}
- **Set:** {workout.WorkoutEntryDtos.Weight}
- **Reps:** {workout.WorkoutEntryDtos.Weight}