

# Friday – Reflect & Review

## Today I'm learning to...

reflect on how Honesty helped me grow this week.



## Eagle – Honesty

### READ:

Eagles fly high with sharp, clear eyes. They see what's real and true — nothing hidden or blurry. Being like the eagle means seeing clearly, speaking truthfully, and standing tall in who you are.

Honesty helps you build trust, and trust helps you build strong relationships.

### EAGLE MOTTO:

**"See clearly. Speak truthfully. Stand tall."**

### Reflection Questions:

- When was honesty easy for you this week?
- When was honesty hard?
- How can you practice honesty next week?

Write or draw a moment this week when you chose to be honest.