



感測元件用於健康照護 的應用及其進程

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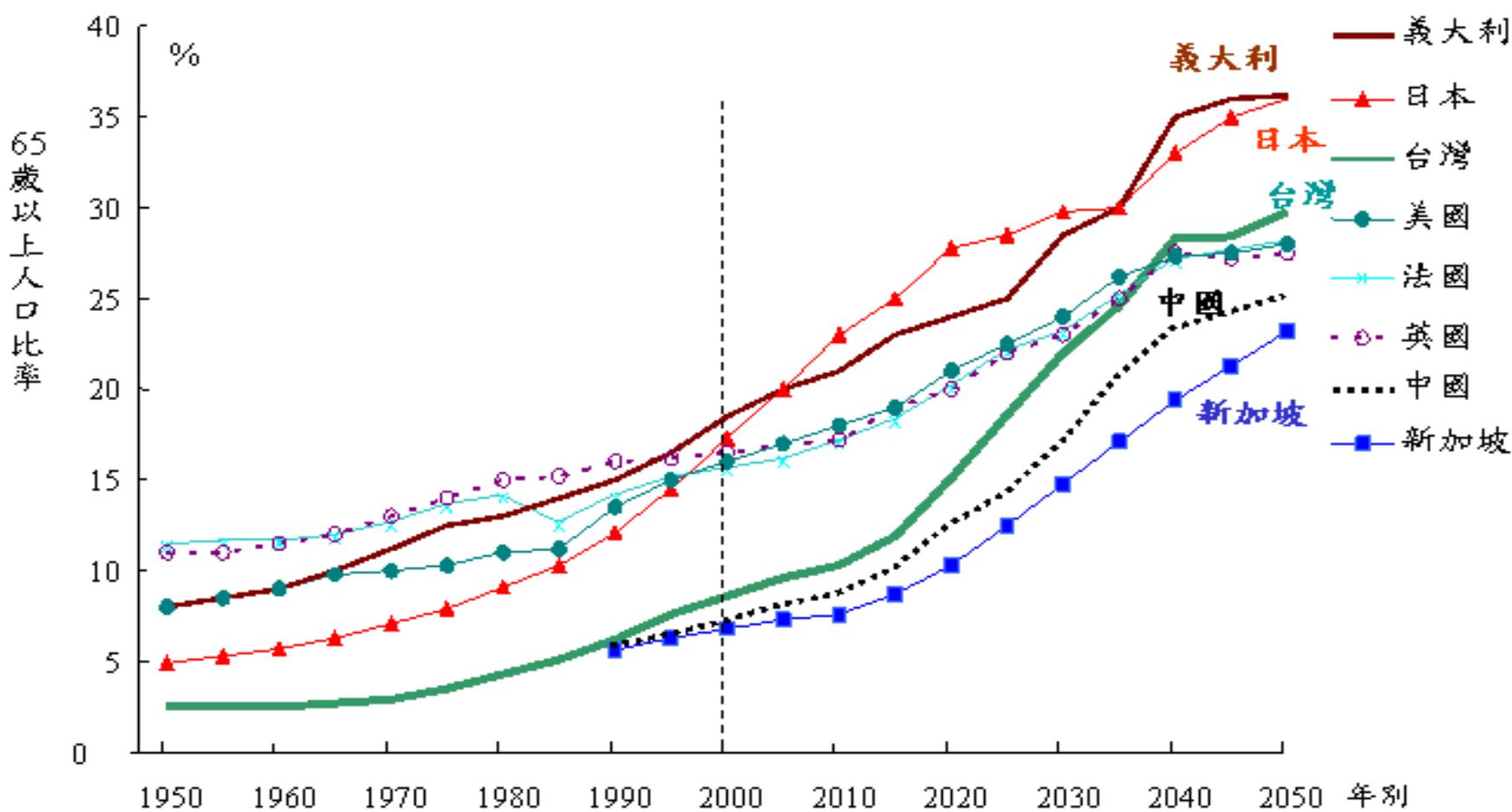
2015.10.20

Outline

- 健康照護簡介
- U化與智能化健康照護
- 生醫資料感測收集技術
- 行動醫療與穿戴式技術發展
- 結論



高齡化社會



資料來源：1. UN Statistics Division, *World Population Prospects : The 2000 Revision*, February 2001.
2. 行政院經濟建設委員會，中華民國台灣地區民國91年至140年人口推計，91年7月。

高齡化人口的醫療照護問題

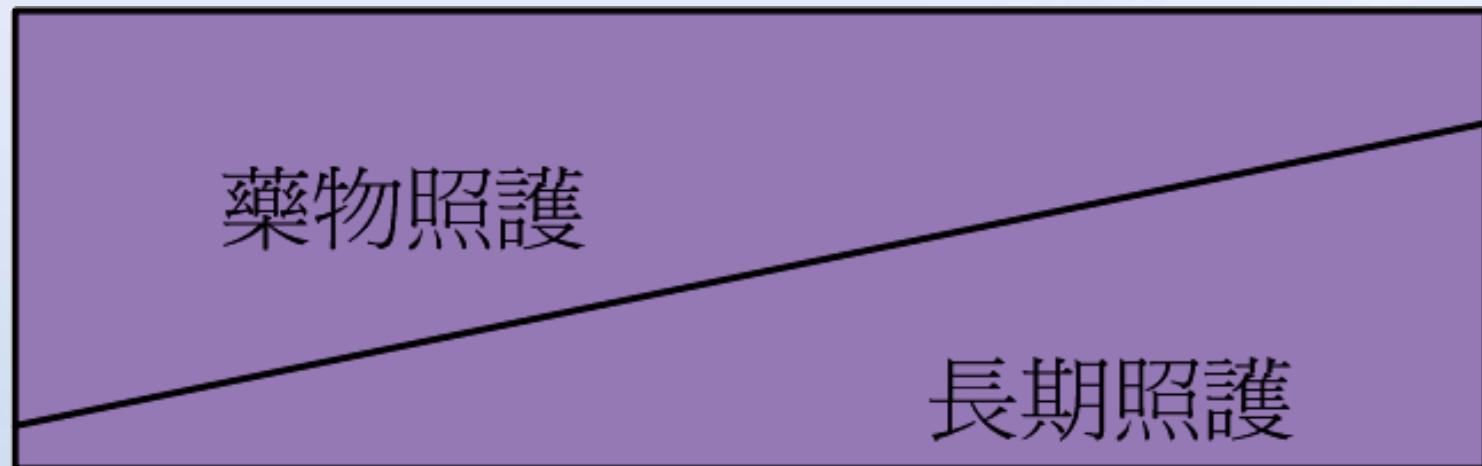
- 巨大照護需求是家庭的負擔
 - ❖ 醫療支援:慢性疾病的併發症，殘疾，絕症
 - ❖ 心理輔助:獨居老人及與社會少接觸者
 - ❖ 緊急照護:緊急事件處理
- 不斷增加的醫療費用
 - ❖ 在台灣，10%的老人使用整體健康照顧開支的25%以及40%的緊急醫療。

健康照護管理的演進

由疾病治療走向預防；由集中走向分散；結合資通訊技術



醫療照護的持續性



緊急照護

急性照護

慢性照護

長期照護

門診、急診

遠程會診

遙控監視

持續性照護

看護照護

居家照護

醫院

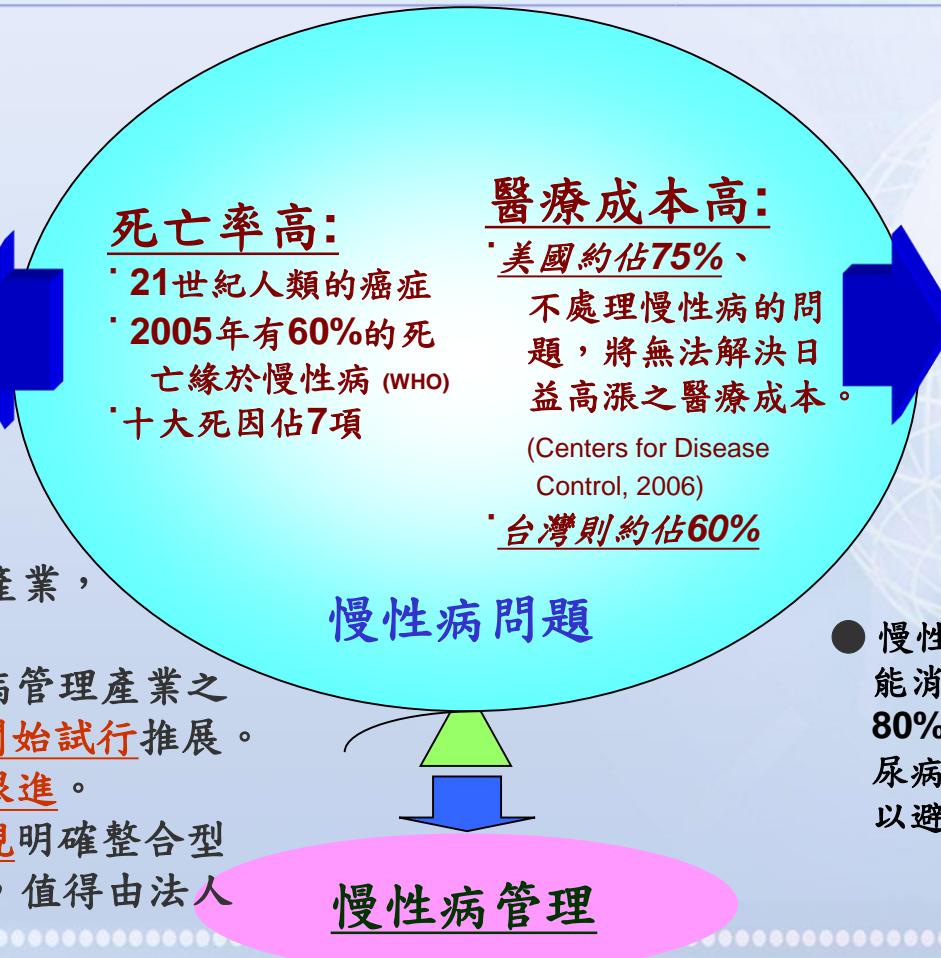
家庭

家庭



疾病型態慢性化

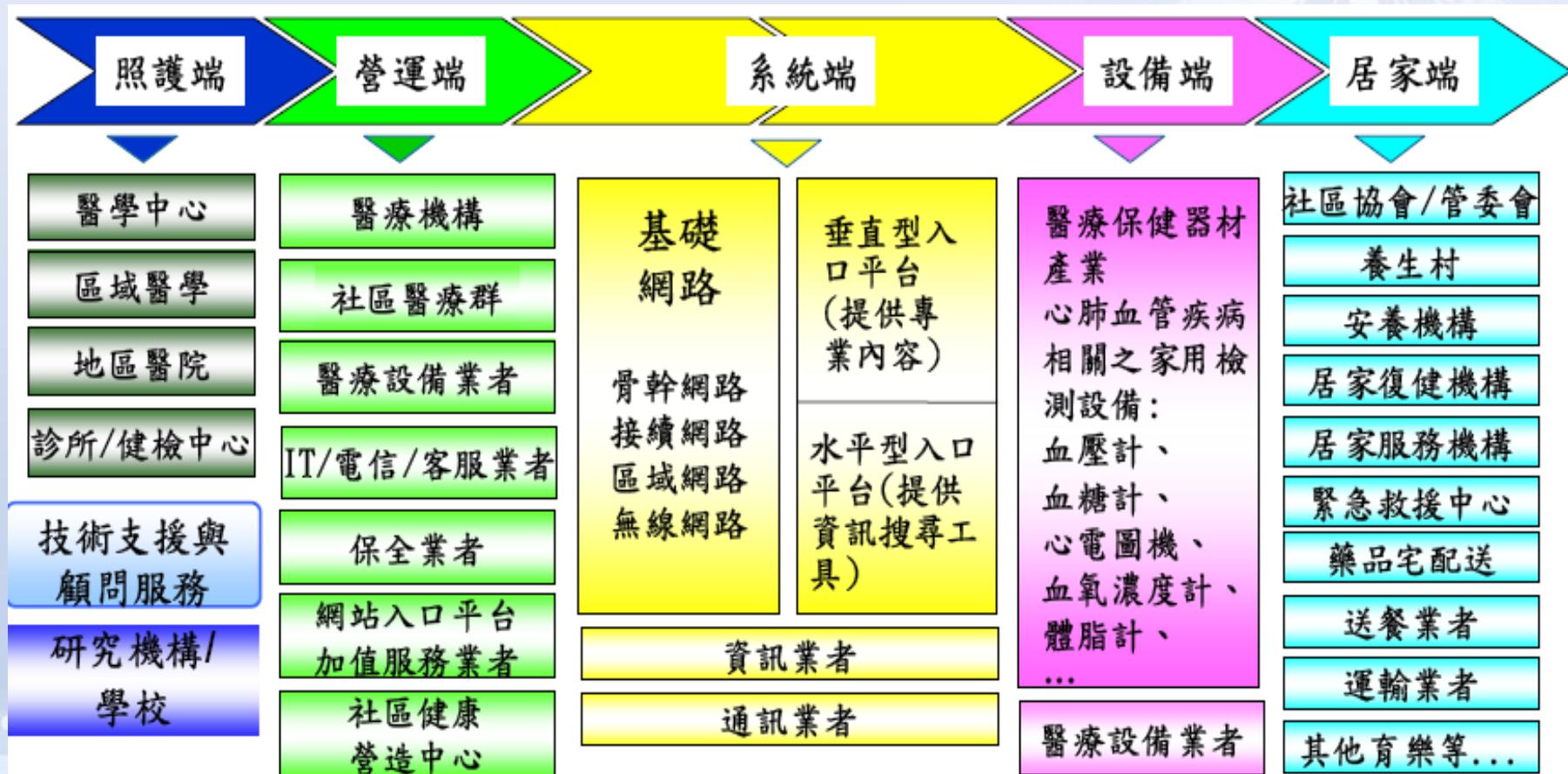
慢性病困擾全球



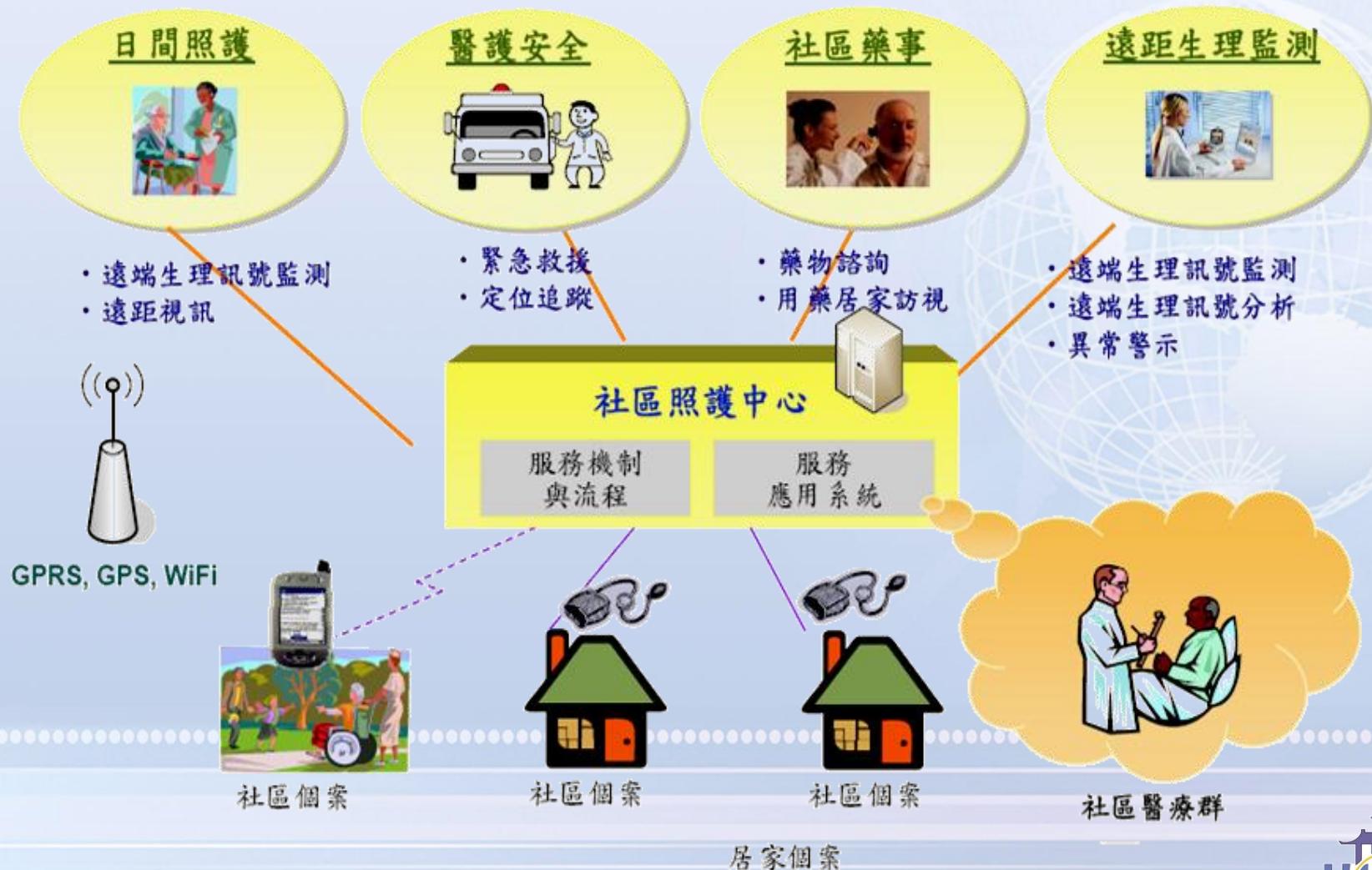
- 美國率先於廿世紀80年代經營慢性病管理產業，並持續增長。
- 日本已意識到慢性疾病管理產業之價值，而自前(94)年開始試行推展。
- 新加坡近年來也努力跟進。
- 我國現階段亦尚未出現明確整合型之產業，但長遠而言，值得由法人與業界共同推廣。
- 我國已進入高齡化社會，慢性病之負擔將有增無減此一趨勢造就國內發展「健康照護」之契機

國內健康管理照護系統趨勢

- 未來銀髮新商機



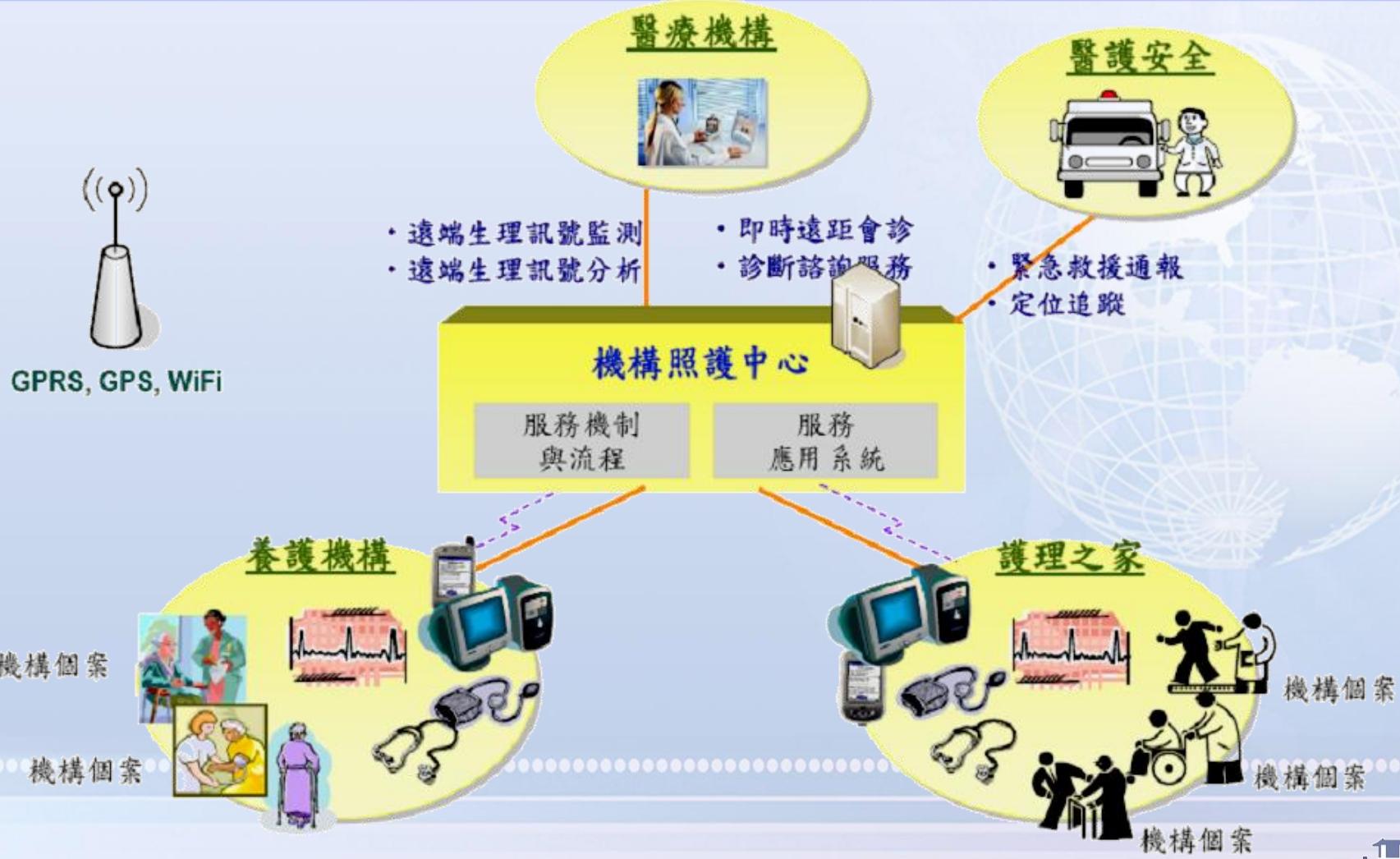
國內社區式照護服務架構圖



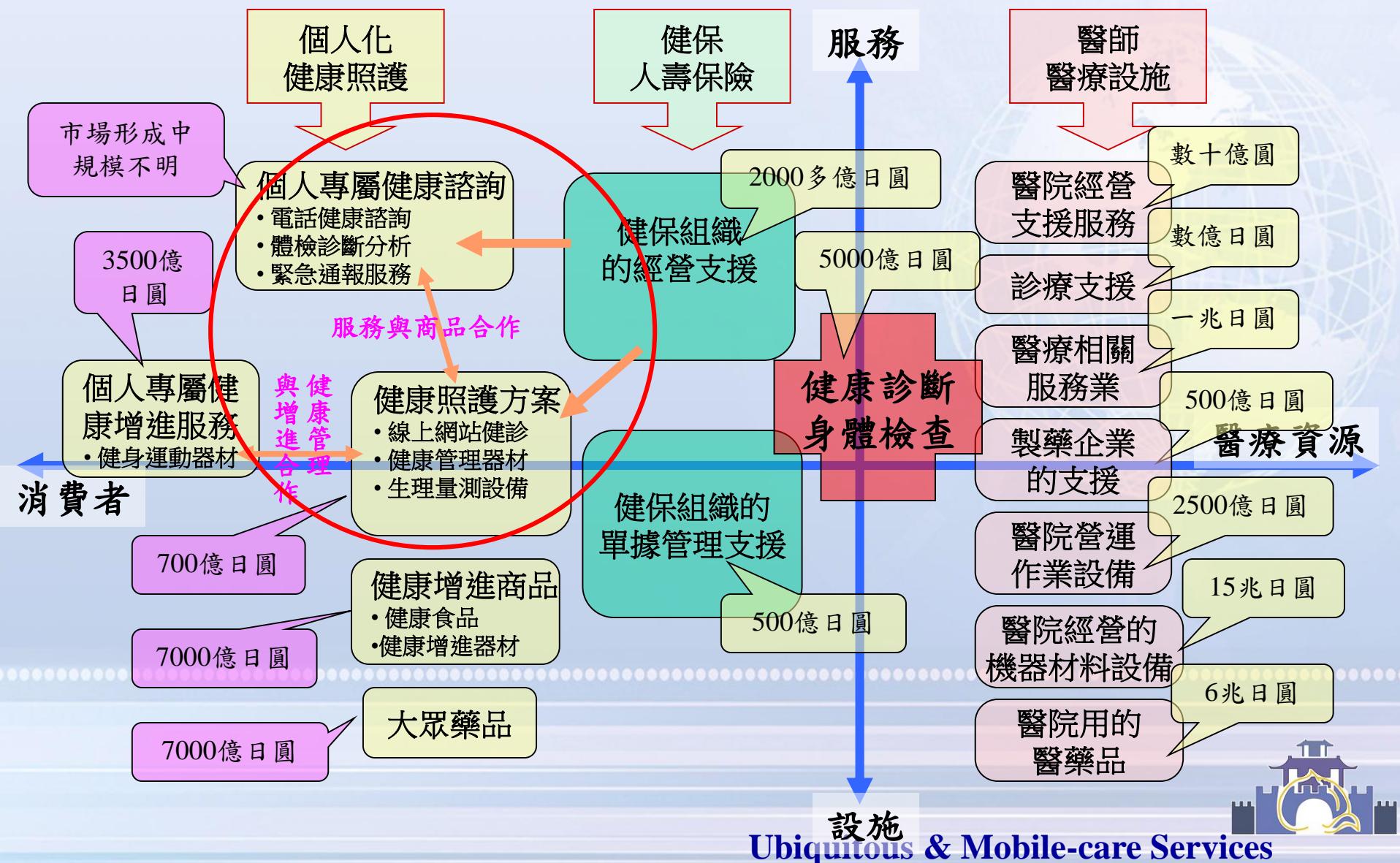
國內居家式照護服務架構圖



國內機構式照護服務架構圖



健康照護服務產業的市場構面





無所不在（U化）與智能化健康照護



國內健康管理照護系統趨勢

Application Trend

U化服務

U-Taiwan (2008~)

Electronic Medical Record 電子病歷

Tele Medicare
遠距醫療照護

Personal Healthcare Record 個人健康歷

International Trend

Promote development of Value-added health applications 加值服務

M化服務

m-Taiwan (2005~)

Web Government Services

Web Healthcare Services

Government e-Service & e-industrialization

e-Taiwan (2002~)

HIS

Health Insurance IC Card

HIN

NII

Promote development of health informatics applications 應用發展

Construct Healthcare Informatics Infrastructure
健康基礎建設

2002

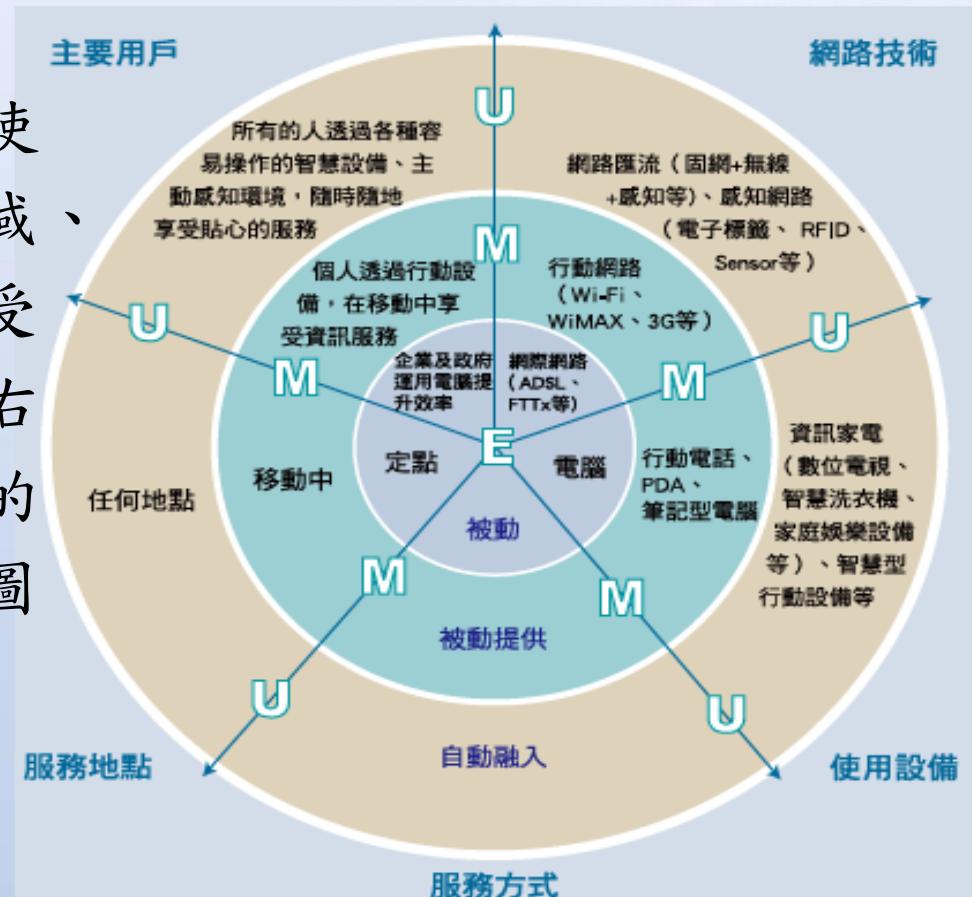
2005

2008

Ubiquitous & Mobile-care Services

國內U化發展現狀

以「使用者」的觀點出發，使民眾能不受教育、經濟、區域、身心等因素的限制，都能享受「隨手可得的U化服務」，如右圖所示，從E化、M化到U化的科技化服務特性示意圖



U化健康照護特性

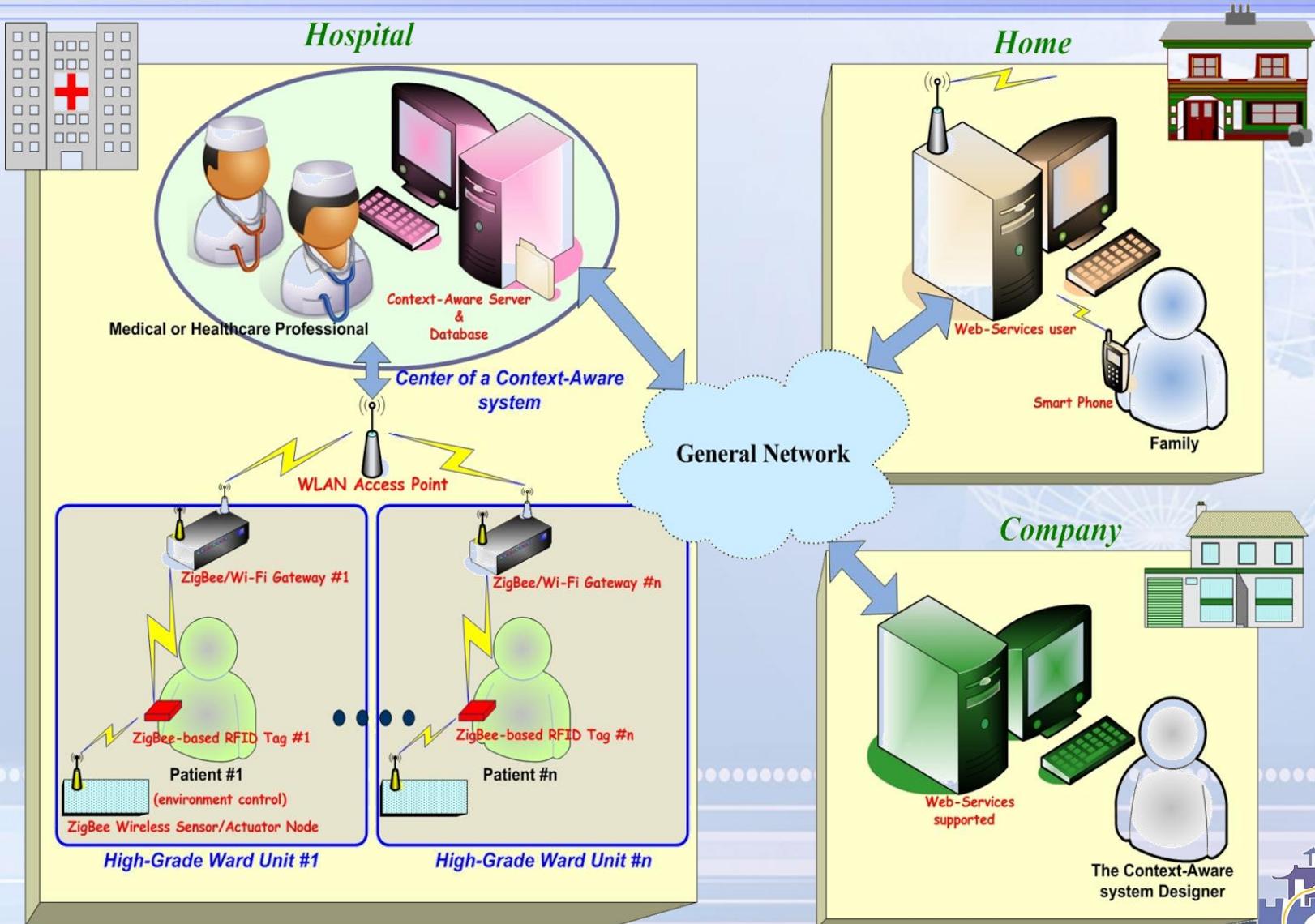
- 從”恢復健康”到”保持健康”
- 全面性的個人化與行動化照護
- 整合居家保健設施的使用
- 持續、適當且有效的提高生活品質
- 可在任何時間、任何地點對任何人提供照護及保全的服務

為什麼發展U化照護系統

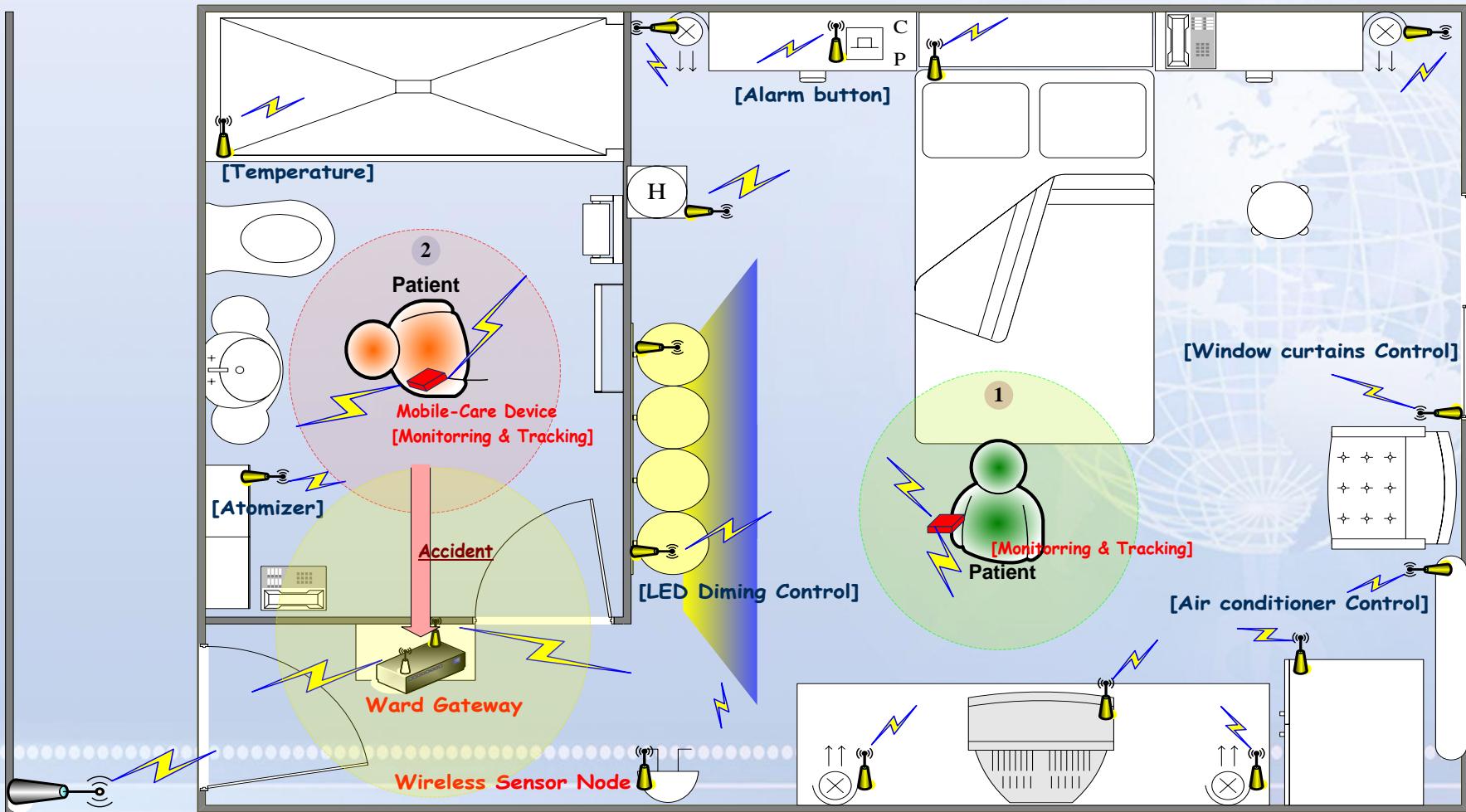
- 高齡化、少子化的社會
 - ❖ 慢性病的影響-失能的主因、醫療費用增加、照顧人力問題。
 - ❖ 傳統健康照護轉變為預防方式(Preventive)：個人化疾病管理。
- 資訊化社會不可避免的潮流
 - ❖ 確保病人在住院照護與社區居家照護間安全和有效的轉移。
 - ❖ 高品質照護僅在當介入措施被應用在對的病人(right patient)及對的時間(right time)才能被達成。
 - ❖ 整合資訊科技，以遠距的方式來建構無所不在(Ubiquitous)的創新照護模式。
- 落實出院計劃機制的重要性
 - ❖ 世界衛生組織報告：因落實出院準備服務降低醫院老人再住院率大約20%。



U化優質病房情境感知系統



U化優質病房照護系統情境描述



產品發展趨勢之一

多參數整合



◆ 多功能合一

➤ Alere公司：監測體重與心律不整症狀的單一監測儀器DayLink

➤ Viterion公司：Viterion 100與Viterion 500遠距監測醫材

◆ 混搭組合式醫材

➤ HomMed：Sentry與Genesis組合式監測器。

➤ iMetrikus公司：開發萬用連線工具MetrikLink連結各式醫材。



參數測量	充血性心臟病	糖尿病	氣喘/慢性阻塞性肺病
體重	<input type="radio"/>	<input type="radio"/>	
血壓	<input type="radio"/>	<input type="radio"/>	
心律	<input type="radio"/>		
體溫	<input type="radio"/>		
血糖		<input type="radio"/>	
血氧飽和度			<input type="radio"/>
肺功能			<input type="radio"/>

資料來源：Medtech Insight；工研院IEK-ITIS計畫(2005/03)

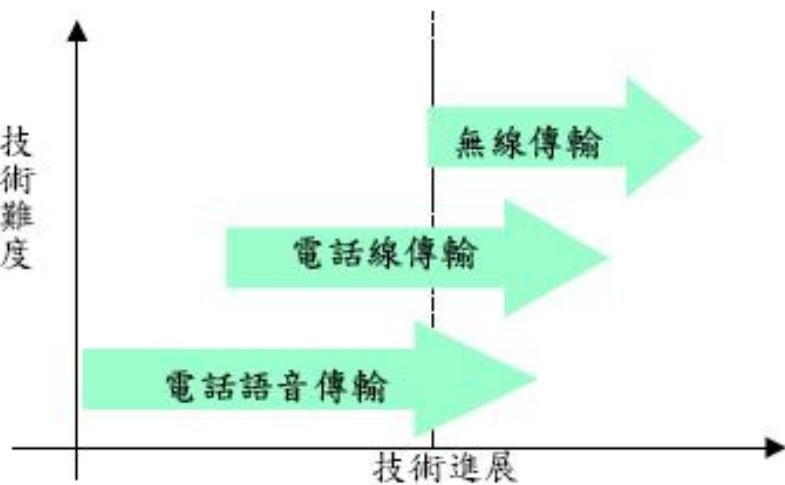
Ubiquitous & Mobile-care Services



產品發展趨勢之二 無線傳輸



➤ Polymap Wireless公司：開發藍芽傳輸
Polytel system，可與醫材整合應用。



➤ Nonin Medical公
司：開發新款的腕
式無線血氧濃度計。



➤ A&D Medical公司：推出具藍芽傳輸功
能的無線血壓監測器與體重計。



➤ GMP Companies：推出具藍芽傳輸功能的
LifeSync ECG無線心電圖系統



產品發展趨勢之三

Enter
business

Future

創新設計

► I-Wear是使用微機電系統(microsystem technology)或奈米機電系統將偵測器的大小縮到奈米級、內織在衣服裡，使其仍具有監視病人血壓、心跳、心音等身體狀況的功能，也可以提供醫療人員病人身體生化訊號的監控。



❖ Vivometrics公司：開發LifeShirt，使用內嵌於衣物上的偵測器，偵測心律、血壓、呼吸頻率等資料，並將這些資料以遠距傳輸方式傳送給醫師。

資料來源：Vivometrics；工研院IEK-ITIS計畫(2005/03)



Ubiquitous & Mobile-care Services

產品發展趨勢之四 介面簡單



與現有入口網站合作增加曝光度，也可以除去使用者需另外下載軟體所造成的不便與排斥。

具客製化功能，可依個人需要設定照護方式，並具智慧型警告功能，當病人無反應或生理狀況異常時，會自動提醒照護提供者與患者。



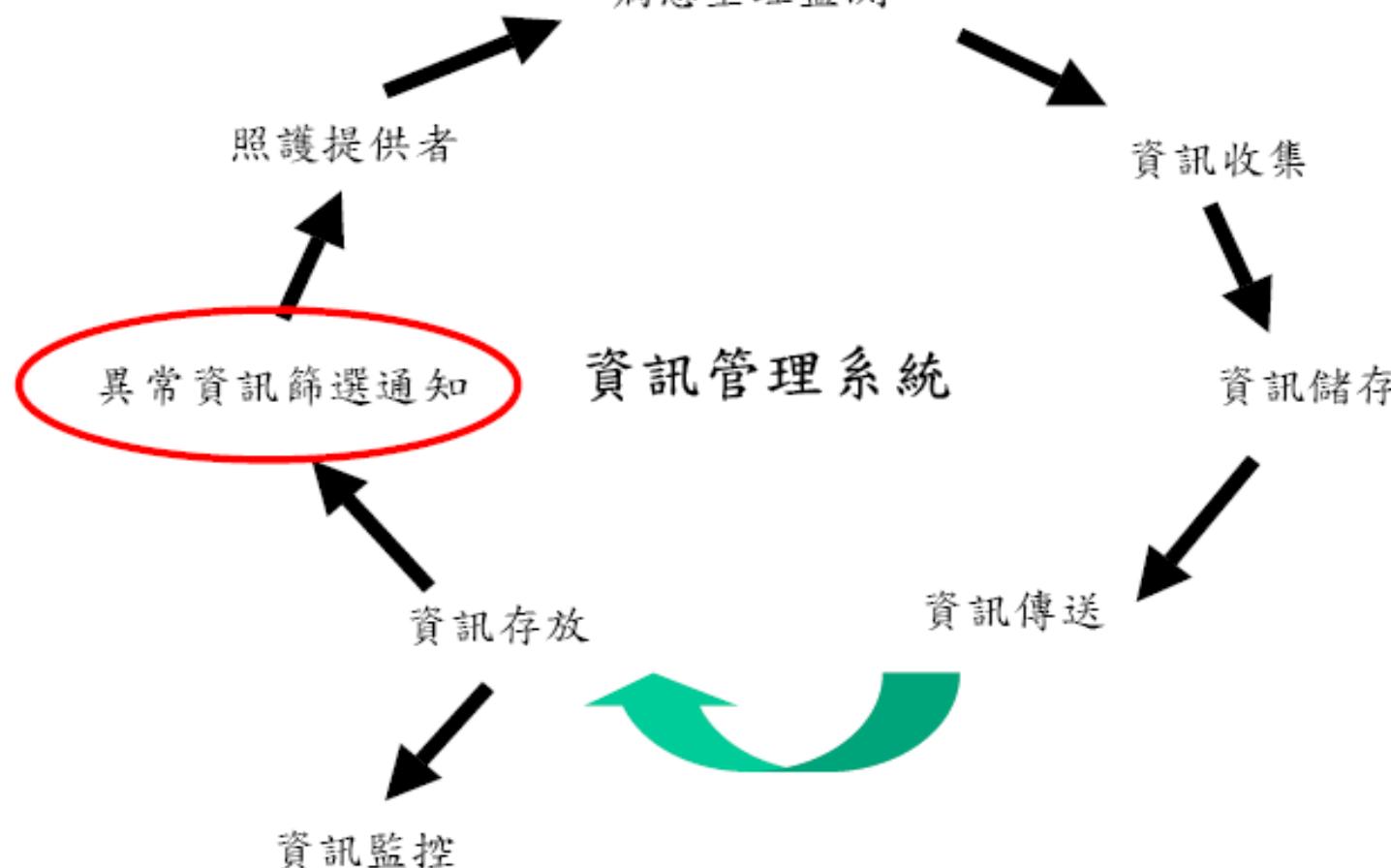
可將數據予以圖表化，供給醫護人員和使用者參考，得知疾病發展進程，已在早期疾病發生徵兆時提出警告。

與疾病管理系統結合，要求使用者回答設定的生活問題，可使照護提供者所得資訊完整。並可與飲食、服藥等生活形態監測連結，達到最佳管理功能。

資料來源：工研院IEK-ITIS計畫(2005/03)



產品發展趨勢之五 人工智慧



資料來源：工研院IEK-ITIS計畫(2005/03)





生理資料感測蒐集技術

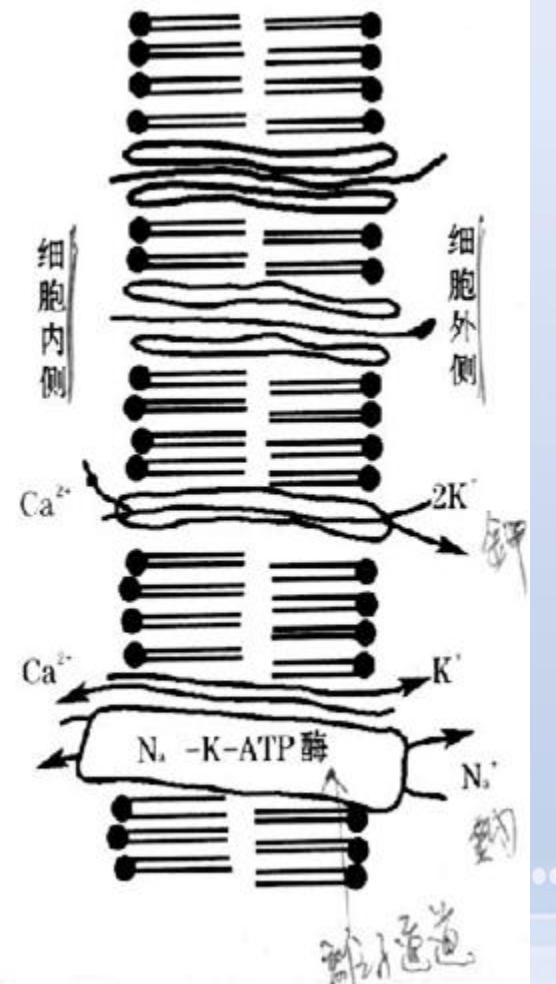


常用生醫電生理訊號

机体参数	频带(Hz)	电压	阻抗
脑电(EEG)	0.5 ~ 70	10 μ V ~ 300 μ V	10 ~ 50 k Ω
肌电(EMG)	10 ~ 2000	10 μ V ~ 15 mV	1 ~ 10 k Ω
心电(ECG)	0.1 ~ 200	100 μ V ~ 2 mV	1 ~ 30 k Ω
视网膜电(ERG)	0 ~ 200	50 μ V ~ 1 mV	几十 k Ω
眼震电(ENG)	0 ~ 60	50 μ V ~ 1 mV	1 ~ 30 k Ω
眼电(EOG)	0 ~ 60	50 μ V ~ 1 mV	1 ~ 30 k Ω
皮电阻(GSR)	0.03 ~ 10	100 μ V ~ 5 mV	1 ~ 30 k Ω
细胞活动电	0 ~ 3000	数毫伏	20 M Ω



細胞膜離子通道與靜止膜電位



		乌贼 巨大轴突	蛙缝匠肌	哺乳动物 骨骼肌
细胞内 浓 度 (克分子浓度)	Na ⁺	65.0	13.0	12.0
	K ⁺	344.0	138.0	155.0
	Cl ⁻	80.0	3.0	3.8
细胞外 浓 度 (克分子浓度)	Na ⁺	460.0	110.0	145.0
	K ⁺	10.0	2.5	4.0
	Cl ⁻	540.0	90.0	120.0
平衡电位 (以膜外为零)	E _{Na}	+49	+55	+65
	E _K	-89	-105	-95
	E _{cl}	-48	-86	-90
实 测 静 息 电 位(mV)		-77	-99	-90



細胞膜電位計算法

(b). Resting Potential Goldman Equation

$$\frac{RT}{F} \log_{10} \left[\frac{P_K[K]_o + P_Na[Na]_o + P_C[Cl]_i}{P_K[K]_i + P_Na[Na]_i + P_C[Cl]_o} \right]$$

	Inside	outside
K^+	155	4
Na^+	12	145
Cl^-	4	120

於室溫 $20^\circ C$ 時，骨骼肌的 $\frac{RT}{F} = 0.0581$

代入

$$0.0581 \log_{10} \left[\frac{2 \times 10^{-6} \times 4 + 2 \times 10^{-8} \times 145 + 4 \times 10^{-6} \times 4}{2 \times 10^{-6} \times 155 + 2 \times 10^{-8} \times 12 + 4 \times 10^{-6} \times 120} \right]$$

$$= 0.0581 \log_{10} \left[\frac{8 \times 10^{-6} + 290 \times 10^{-8} + 16 \times 10^{-6}}{310 \times 10^{-6} + 24 \times 10^{-8} + 480 \times 10^{-6}} \right]$$

$$= 0.0581 \log_{10} \left[\frac{24 \times 10^{-6} + 2.9 \times 10^{-6}}{790 \times 10^{-6} + 0.24 \times 10^{-6}} \right]$$

$$= 0.0581 \log_{10} \left[\frac{26.9 \times 10^{-6}}{790.24 \times 10^{-6}} \right] = 0.0581 \log_{10}[0.034]$$

$$= 0.0581 \times (-1.47) \div -85.4 \text{ mV}$$



神經纖維動作電位與傳導

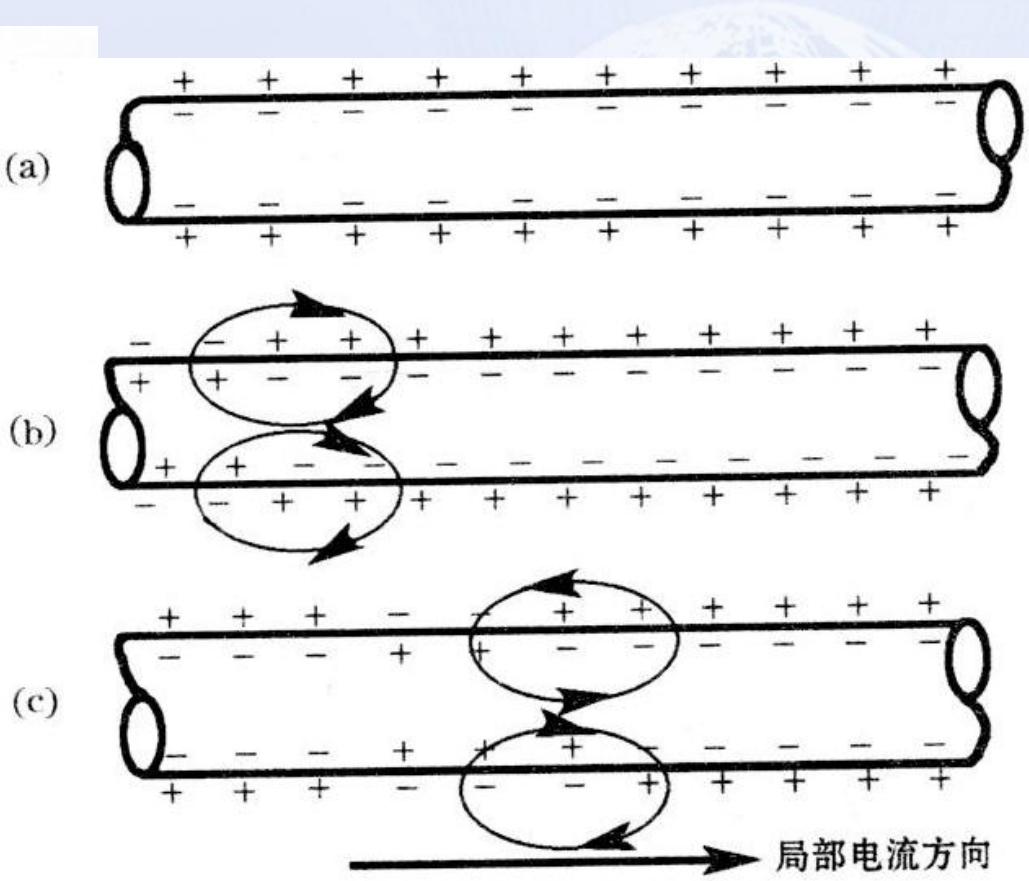
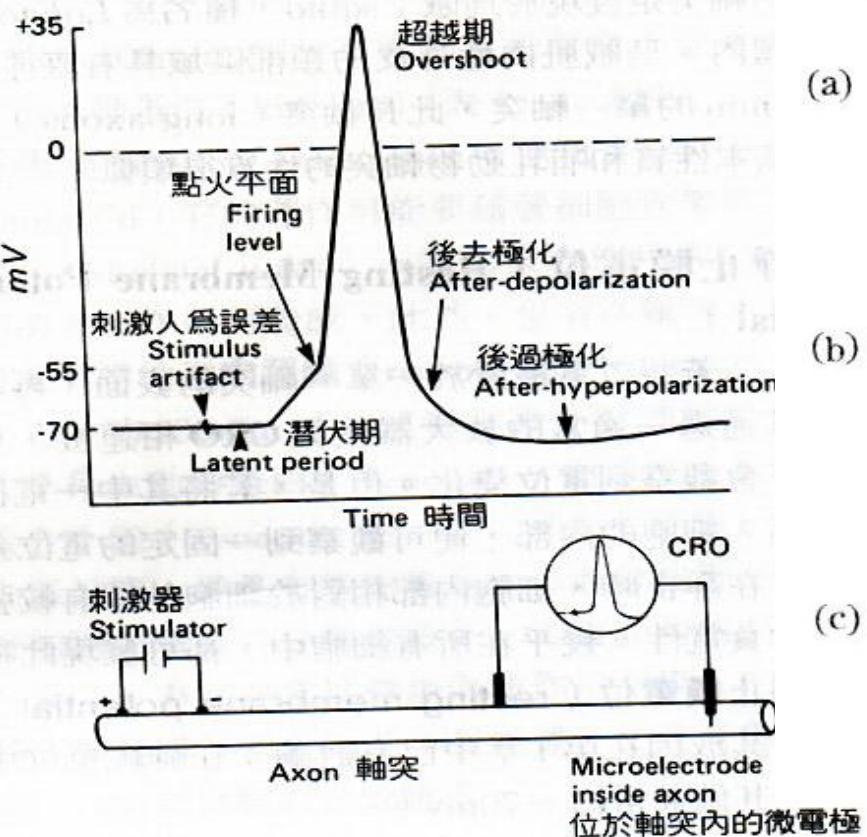


圖 2-6 將一電極置於神經細胞內側，所記錄到此神經單位中的動作電位。



心跳動作電位圖示

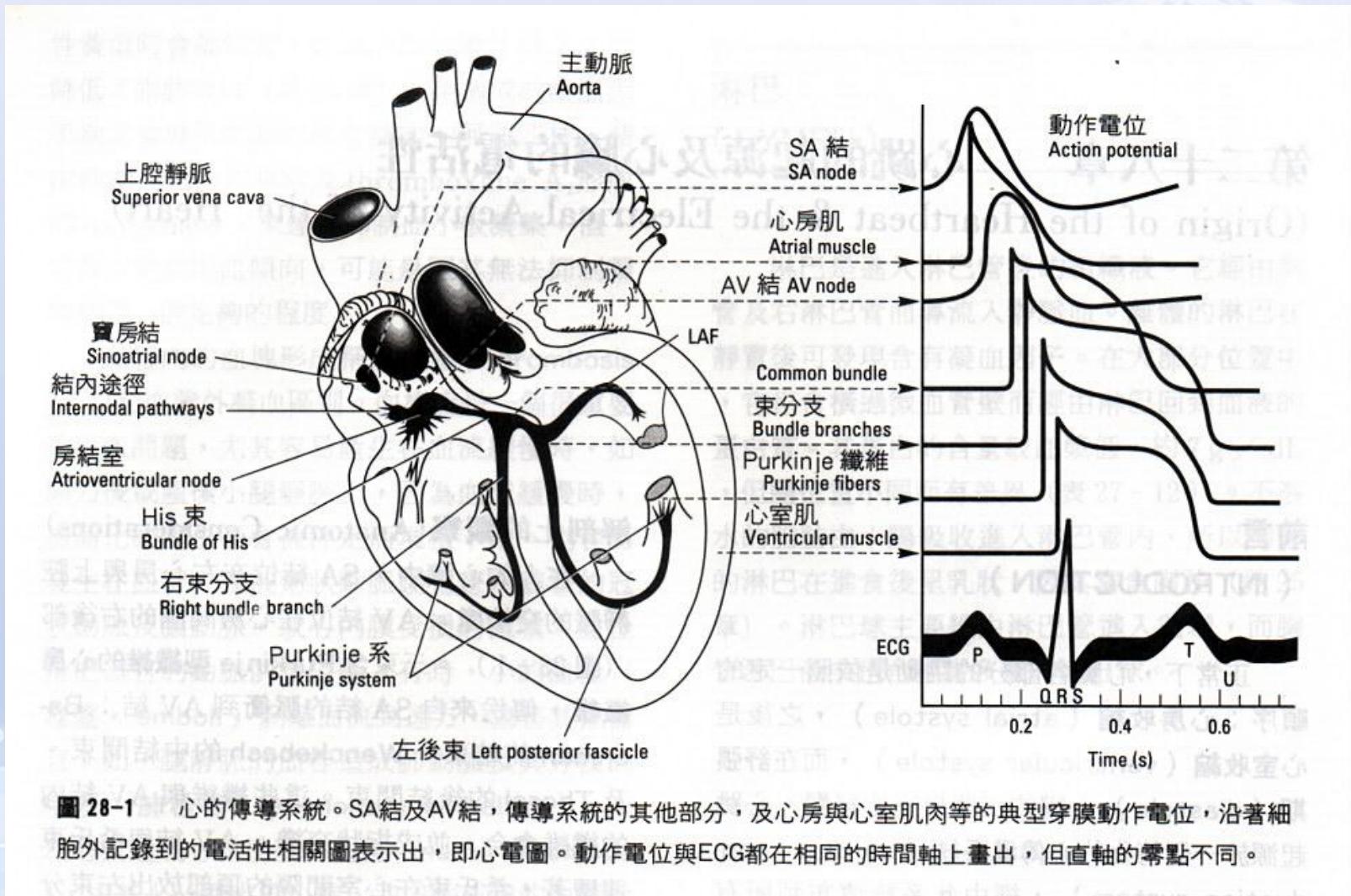
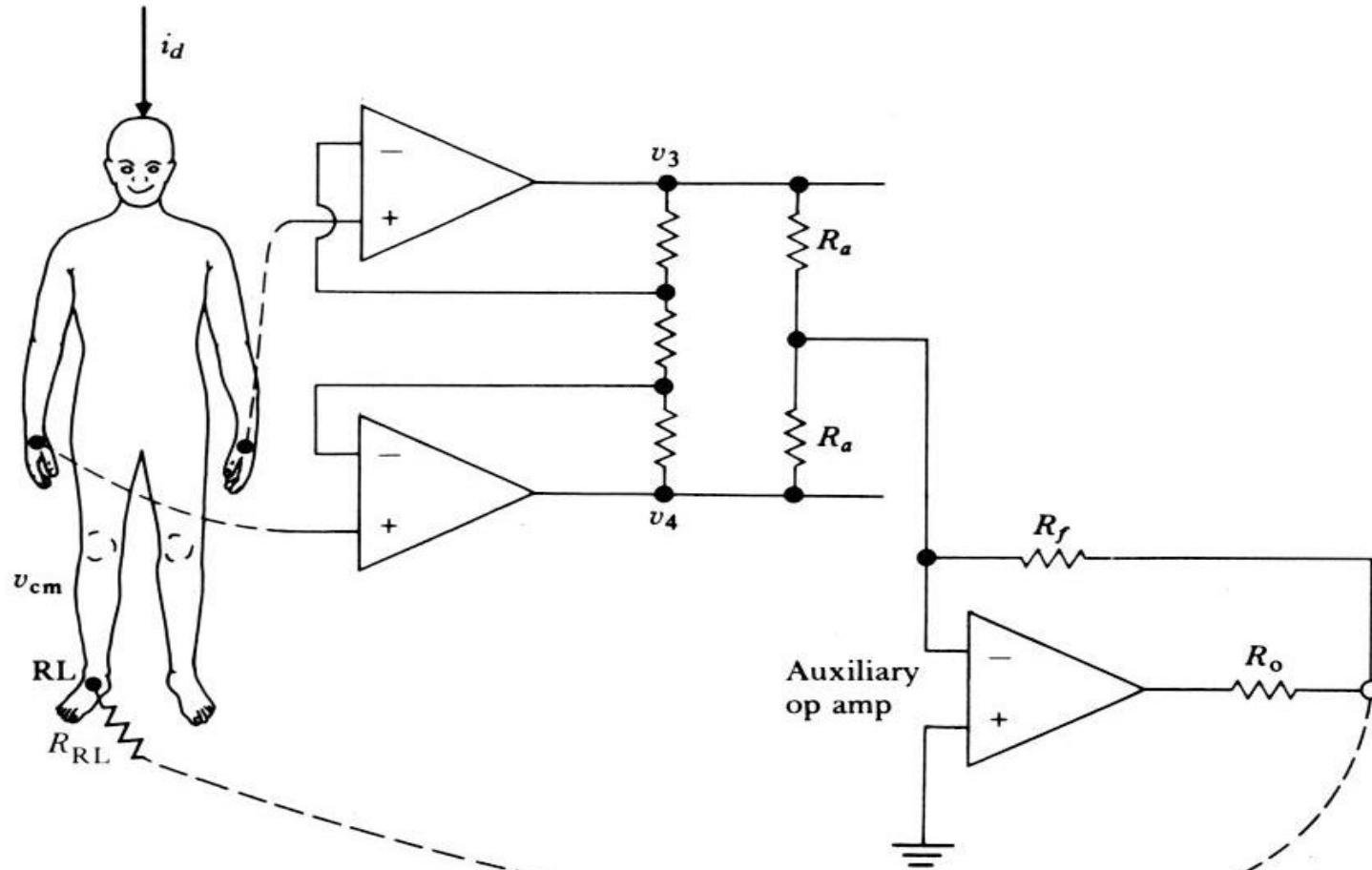


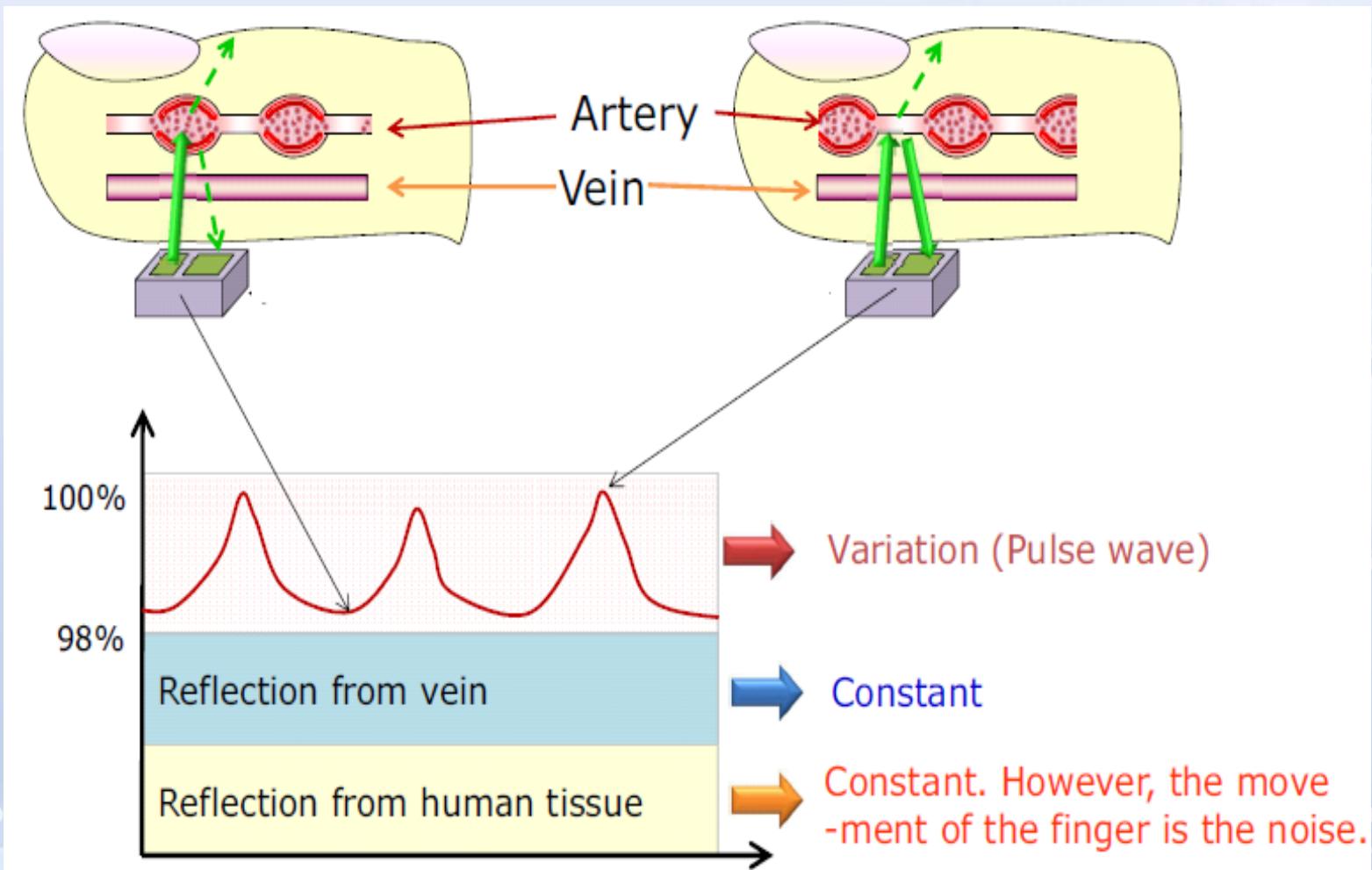
圖 28-1 心的傳導系統。SA 結及 AV 結，傳導系統的其他部分，及心房與心室肌肉等的典型穿膜動作電位，沿著細胞外記錄到的電活性相關圖表示出，即心電圖。動作電位與 ECG 都在相同的時間軸上畫出，但直軸的零點不同。



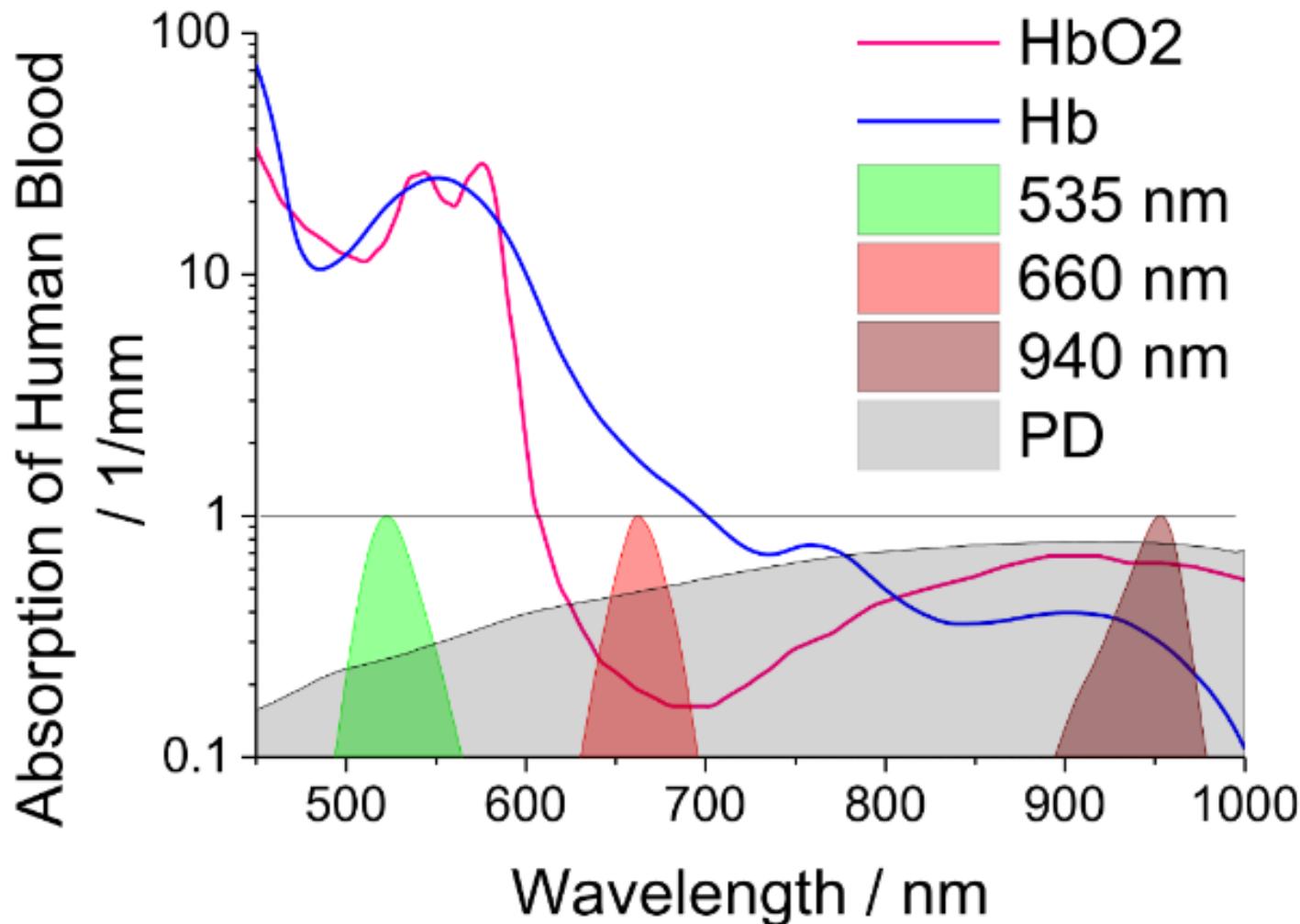
RLD-ECG measurement



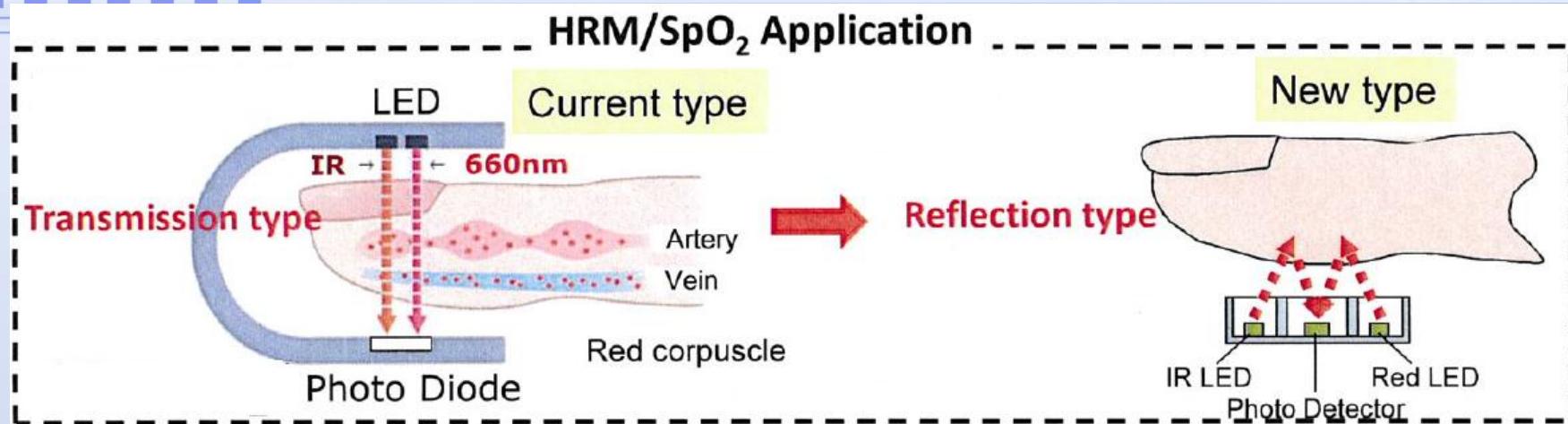
PPG for SpO₂/Pulse Detection



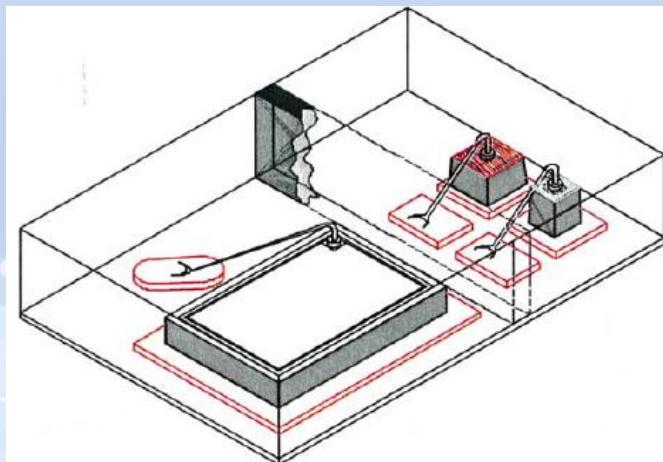
血液對光吸收



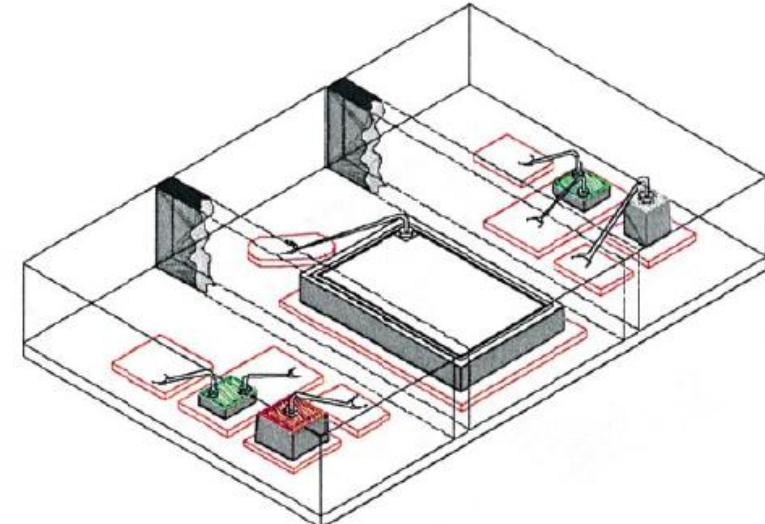
PPG Sensor



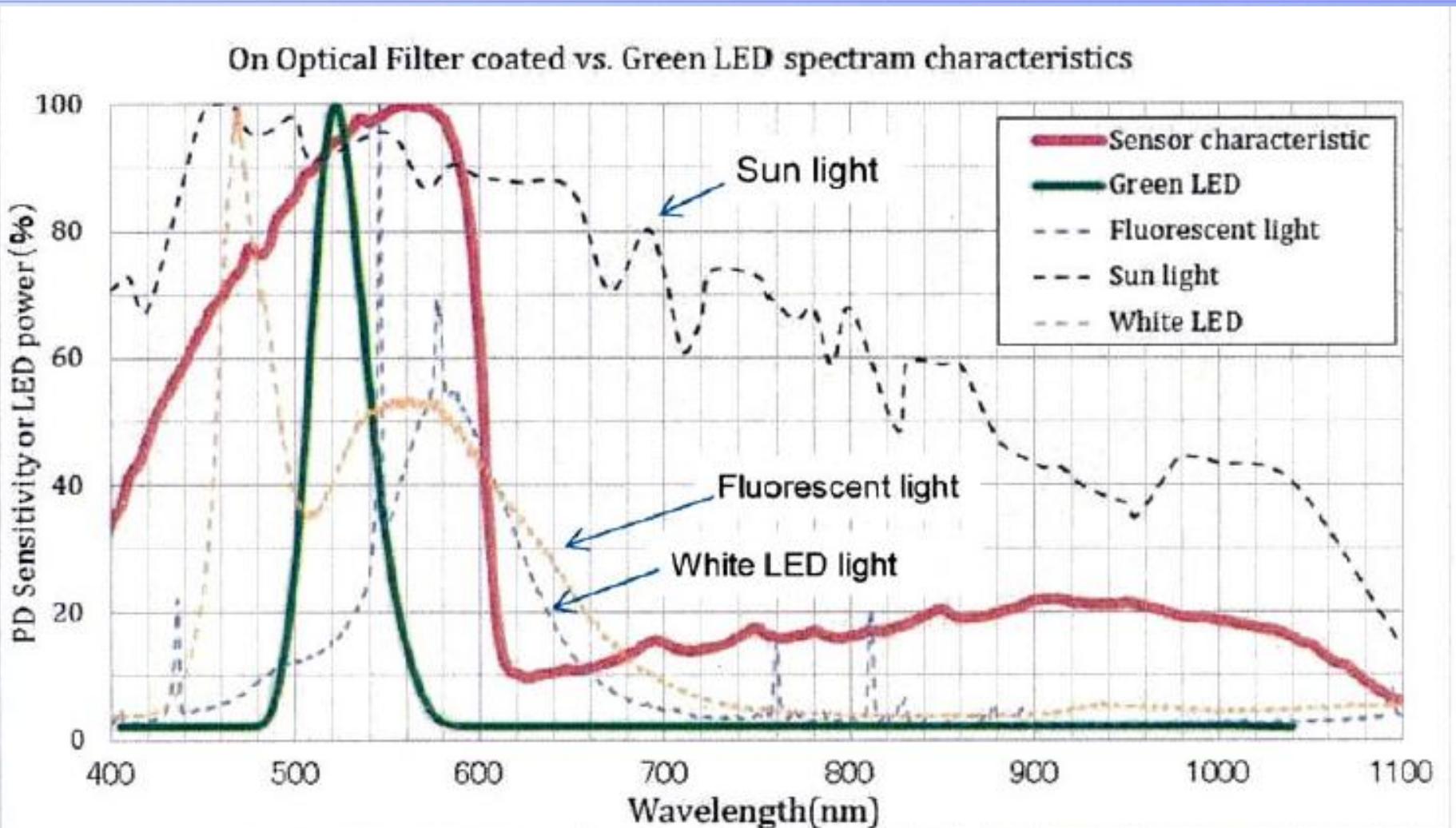
Package Size
2.4×3.75×0.8mm³



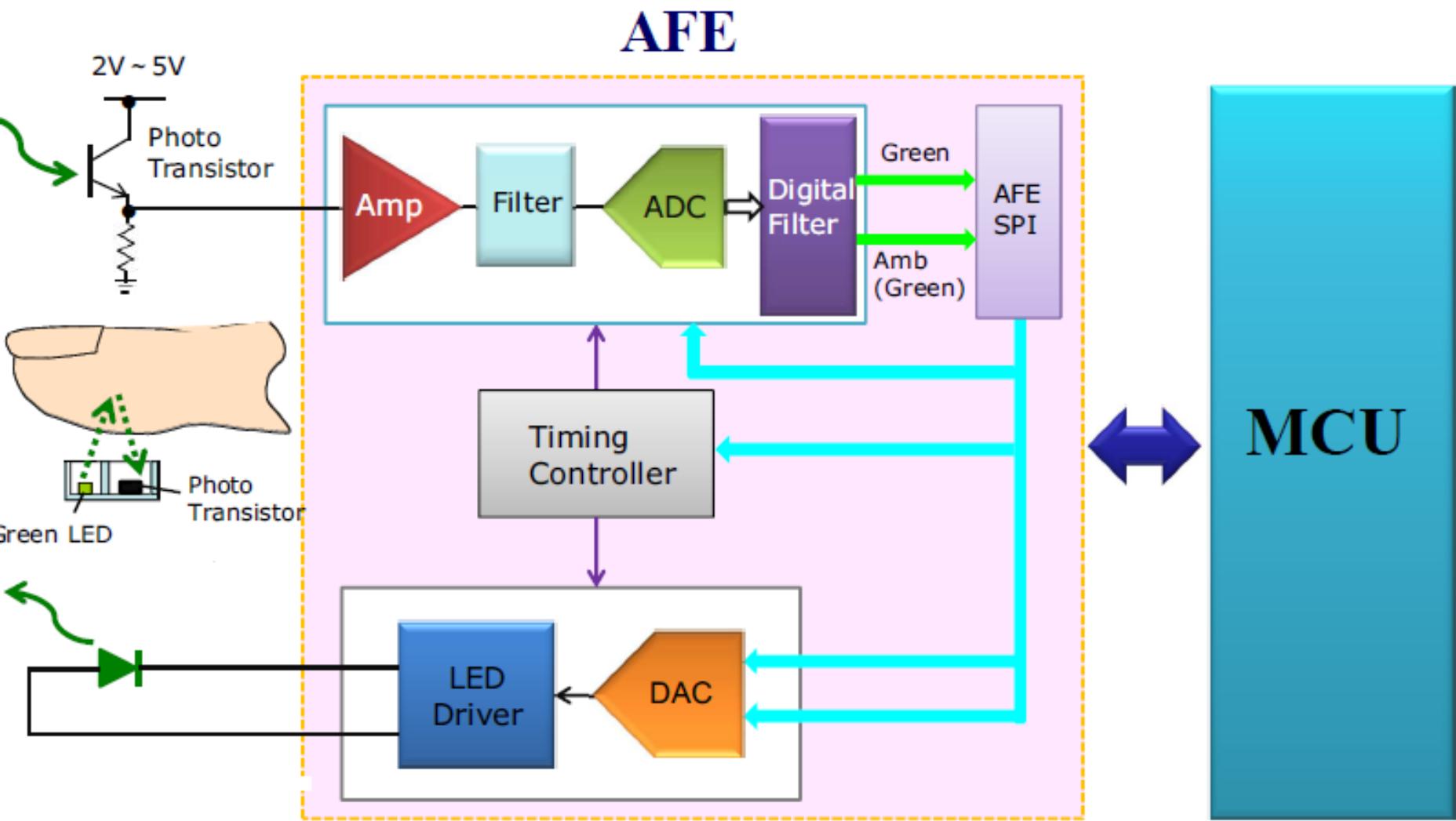
Package Size
2.6×4.8×0.8mm³



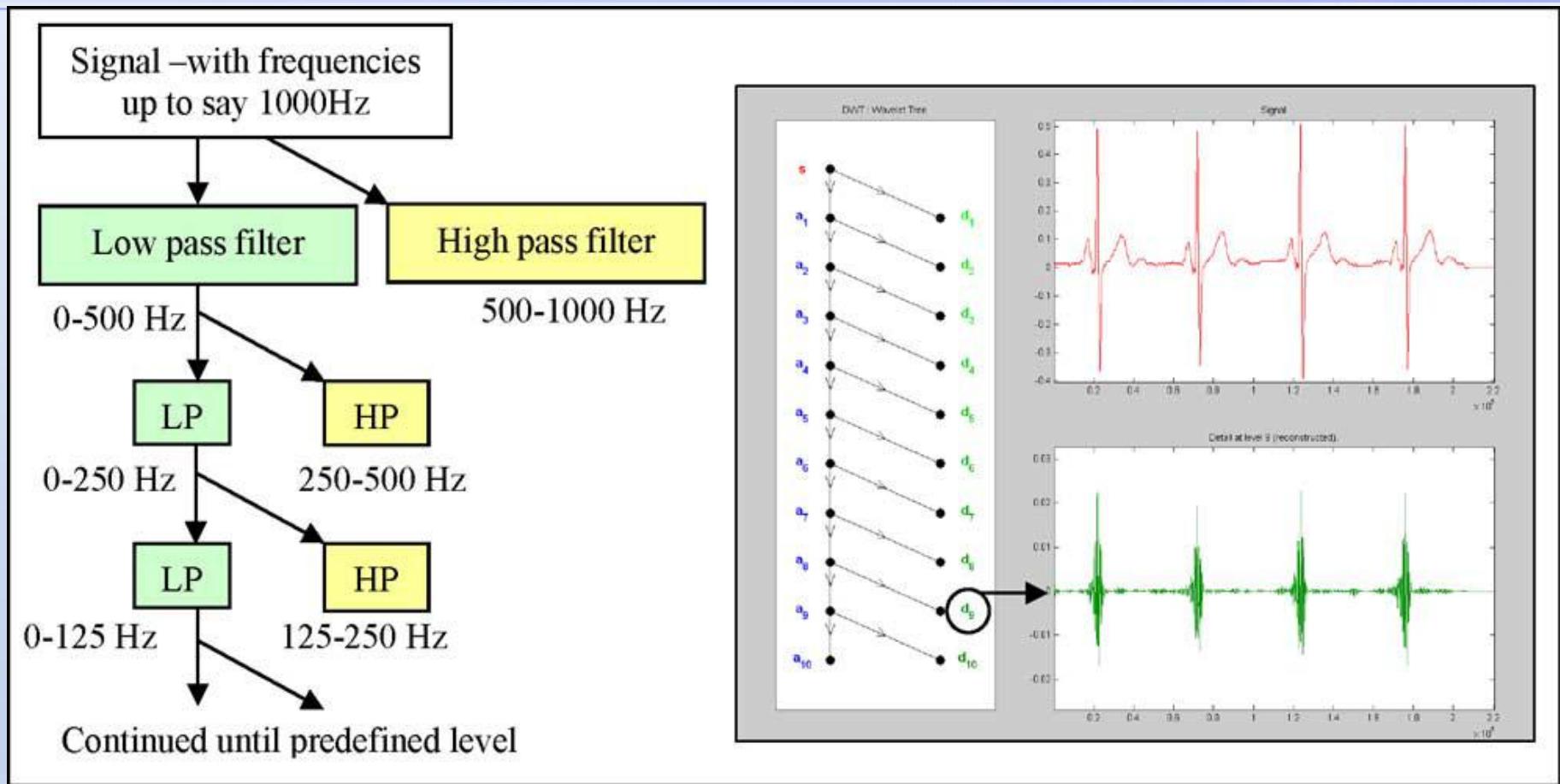
Characteristics of Optical Filter



Analog Front-End for PPG Sensor



ECG-Derived Respiration Techniques



*Fig. 1. (Left) Wavelet decomposition refers to representing a signal as different frequency bands.
 (Right) Wavelet decomposition tree for example ECG signal showing detailed signal, scale 9.*



Implantable Blood Pressure Monitoring

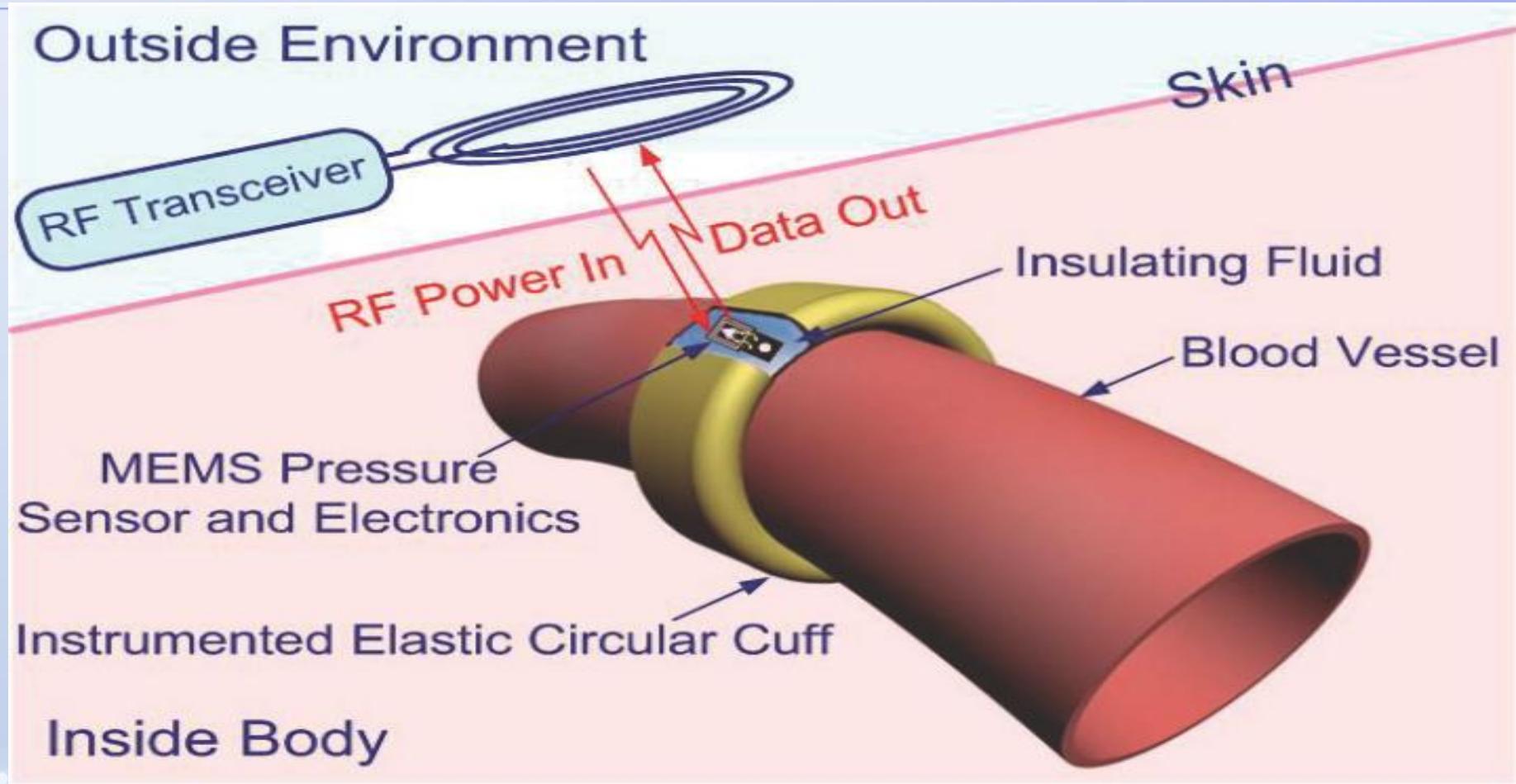


Fig. 1. Wireless less-invasive implantable blood pressure monitoring.



Cuffless Differential Blood Pressure Estimation Using Smart Phones

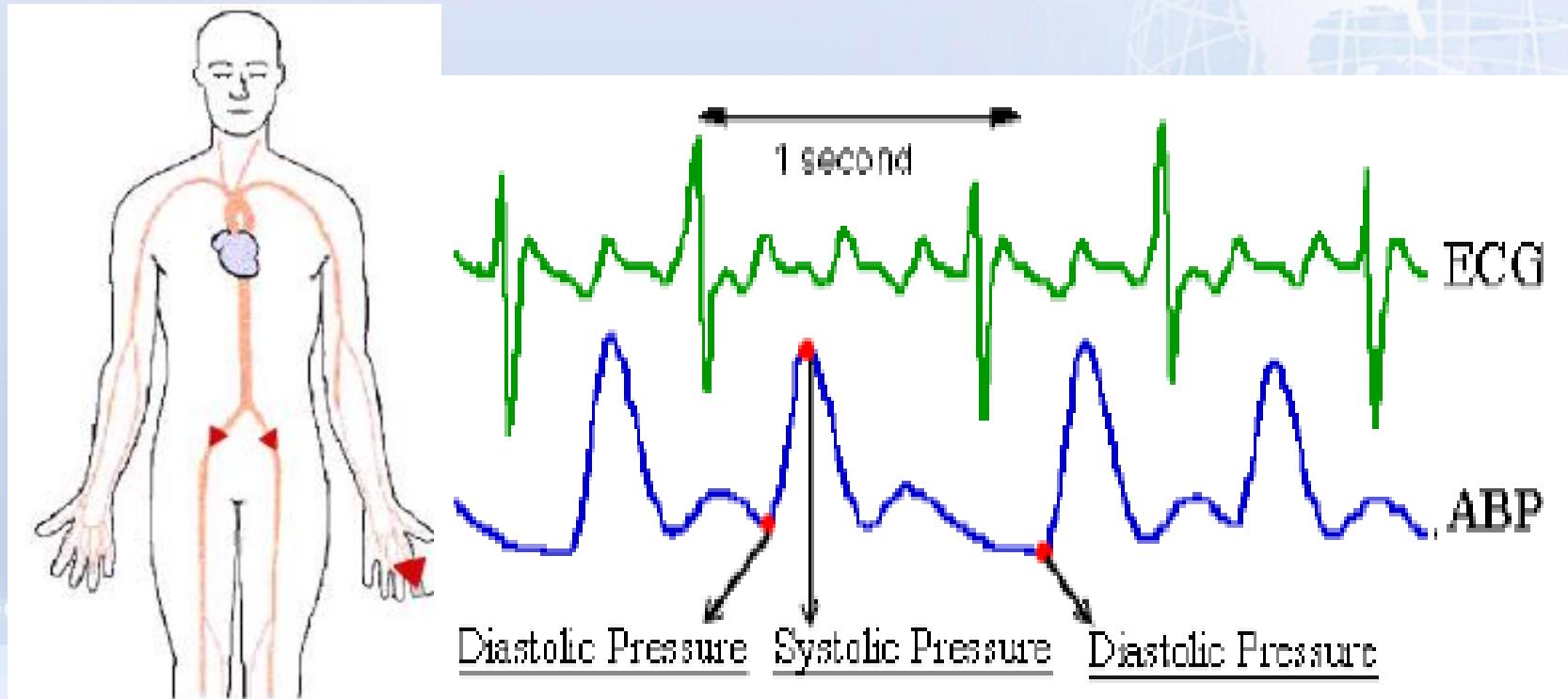
103年5月28日

Ubiquitous & Mobile-care Services



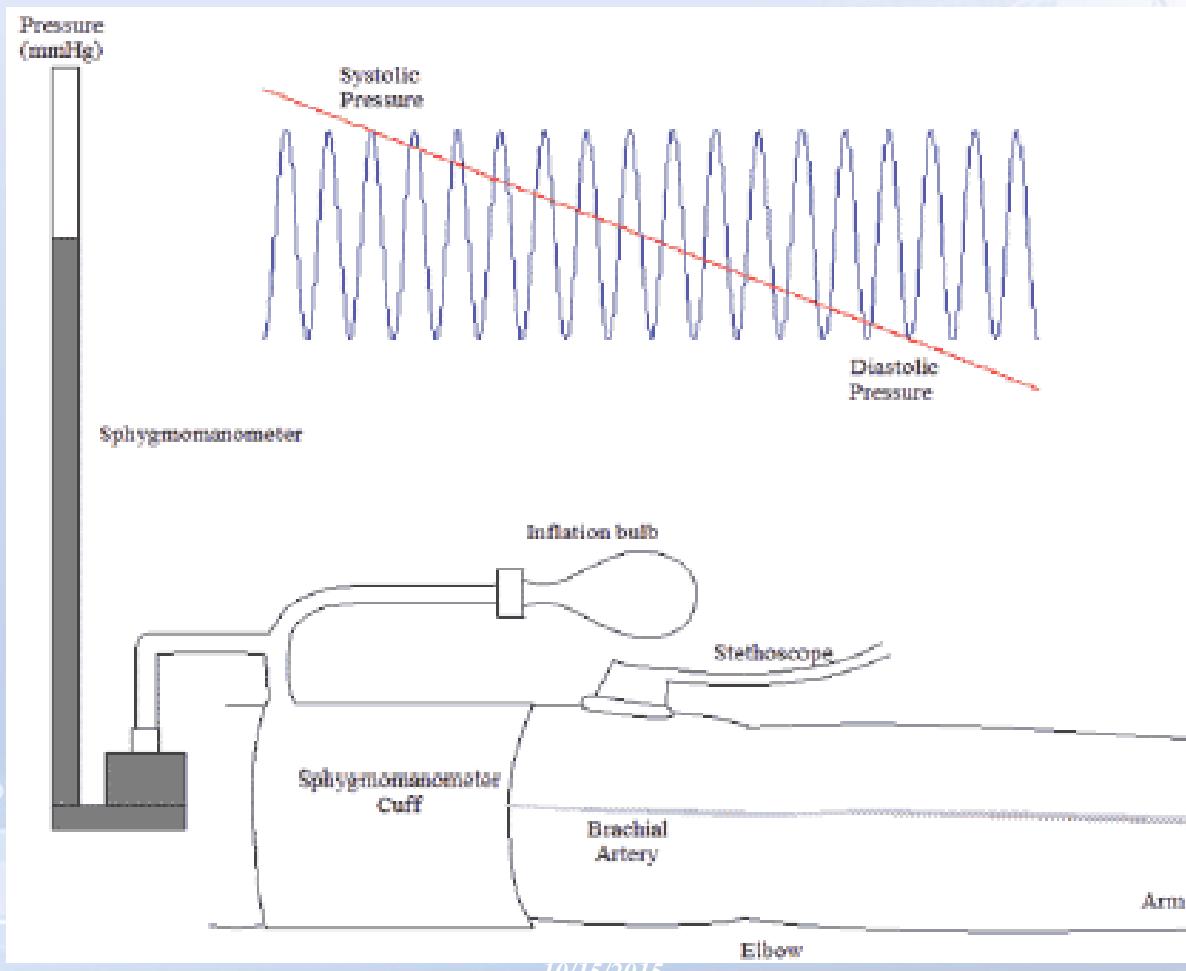
Blood Pressure - Introduction

- 血管中血壓值高低是由心臟的收縮與舒張做變化
- 心臟每次的收縮與舒張視為一次心跳脈搏



Blood pressure Measurement

NIBP: Oscillation method (共振法)



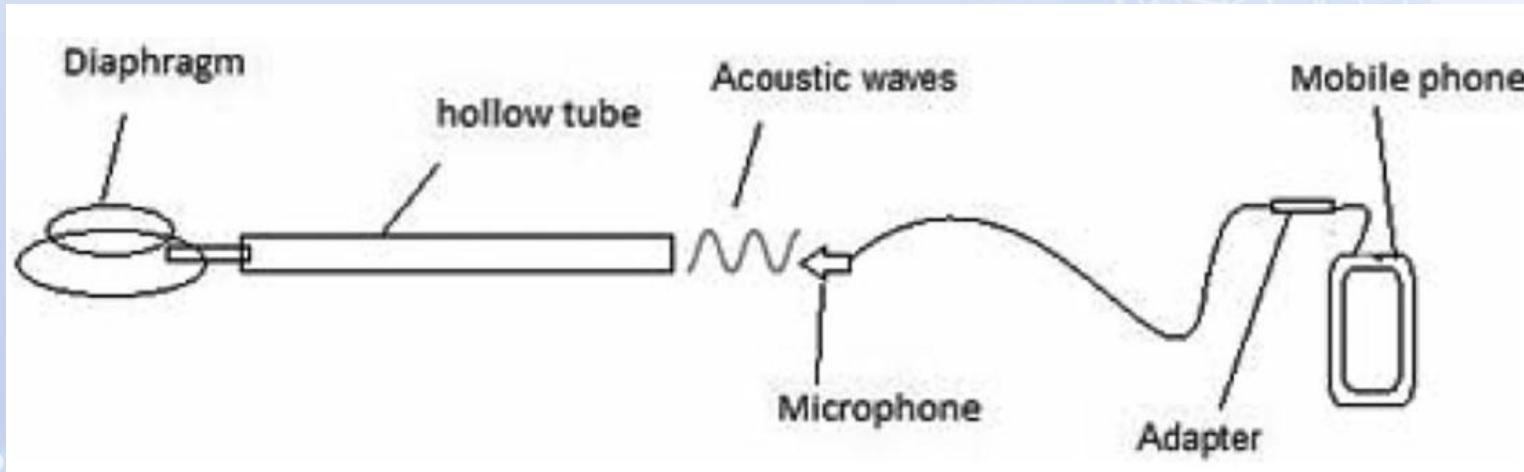
10/15/2015



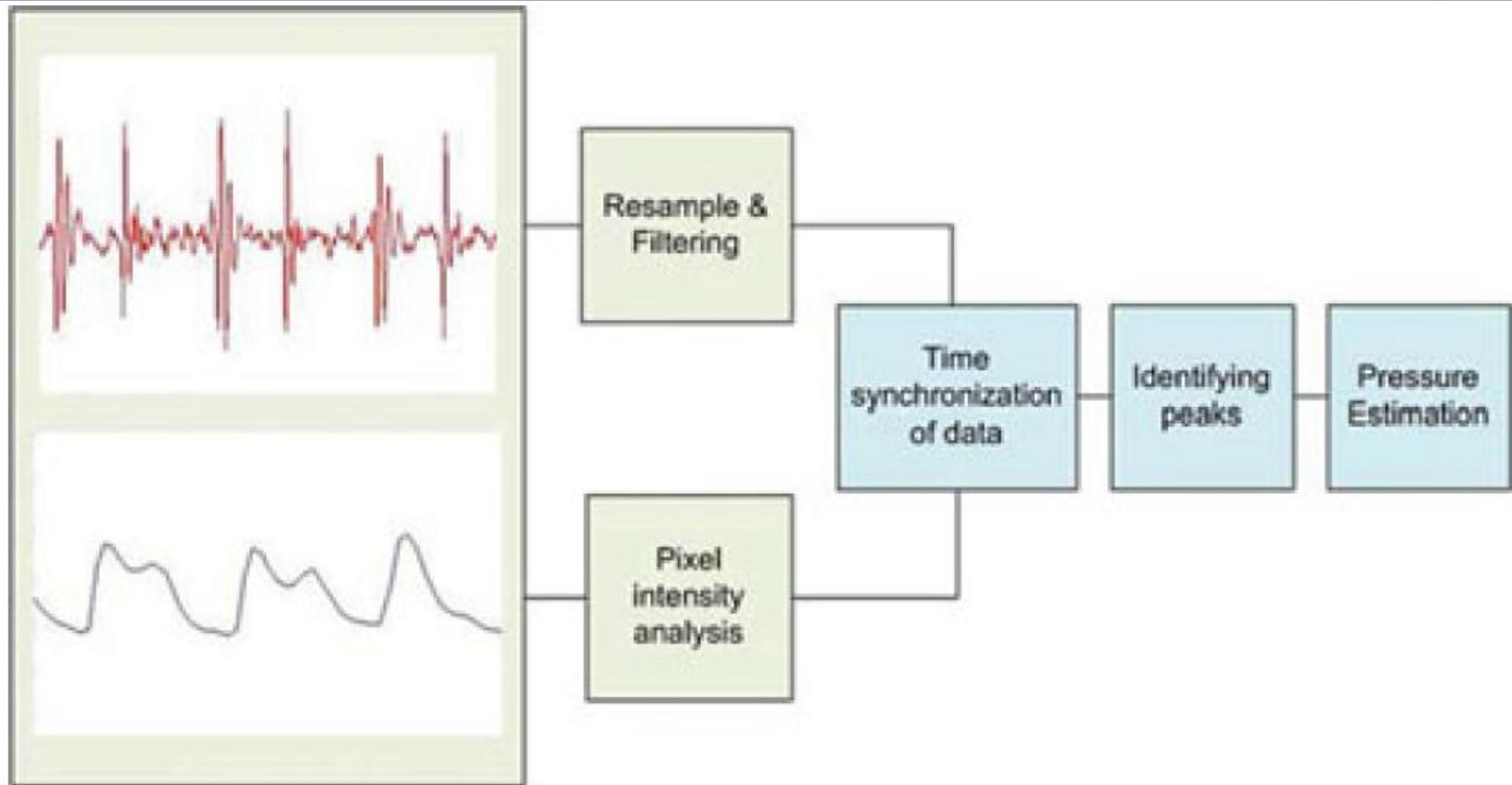
Blood Pressure Measurement by Smartphone

B. Setup of Single Mobile Phone for Blood Pressure Estimation

- we record heart sounds with a customized external microphone and finger pulse at 24 fps via a video and audio recording application.
- The design of the external microphone consists of an acoustic stethoscope diaphragm, hollow tube, 3.5 mm mini-plug condenser microphone with frequency response 50–18,000 Hz and a 3.5-mm microphone adapter for mobile phones.



Blood pressure estimation



Accuracy of Differential Estimation

TABLE IV
EFFECT OF NOISE AND MOTION ARTIFACTS ON BLOOD PRESSURE, UNITS IN MMHG

Subject	Traditional meter		Movements				Single mobile				Still			
	P_s	P_d	P_s	Accuracy (%)	P_d	Accuracy (%)	P_s	Accuracy (%)	P_d	Accuracy (%)	P_s	Accuracy (%)	P_d	Accuracy (%)
1	118	70	114	96.61	69	98.57	116	98.31	69	98.57				
2	116	60	114	98.28	60	100	117	99.15	61	98.36				
3	130	85	133	97.74	87	97.70	128	98.46	84	98.82				
4	121	68	124	97.58	70	97.14	121	100	71	95.77				
5	98	57	101	97.03	54	94.74	101	97.03	58	98.28				





行動醫療照護與穿戴式技術的發展

北科大電子系 李仁貴教授

evans@ntut.edu.tw

103年09月24日



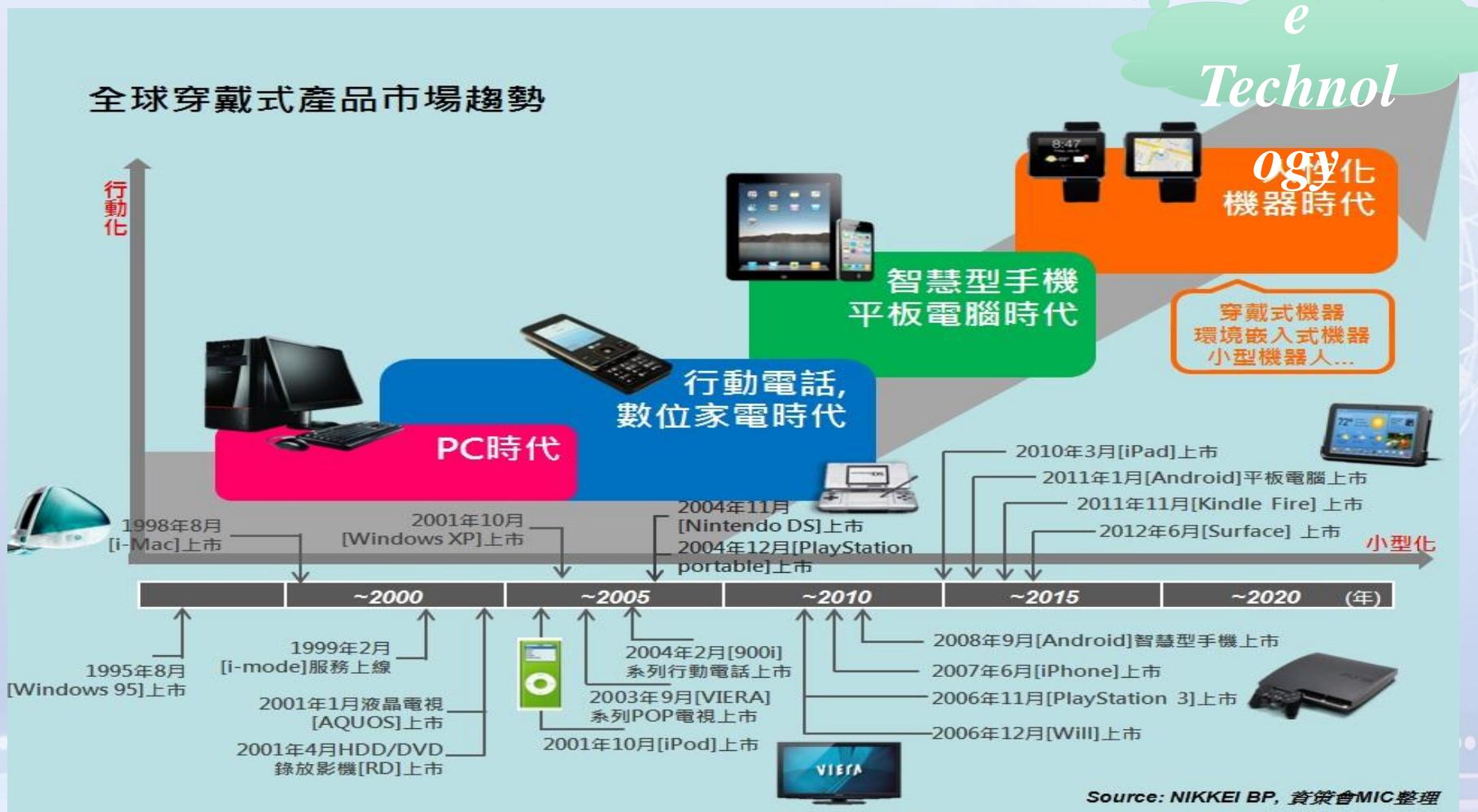
Milestone of Consumer Electronics

Wearabl

e
Technol

gy
機器時代

穿戴式機器
環境嵌入式機器
小型機器人...



Definition of Wearable Computing

VDC認為可穿戴式的電腦定義須符合以下條件：

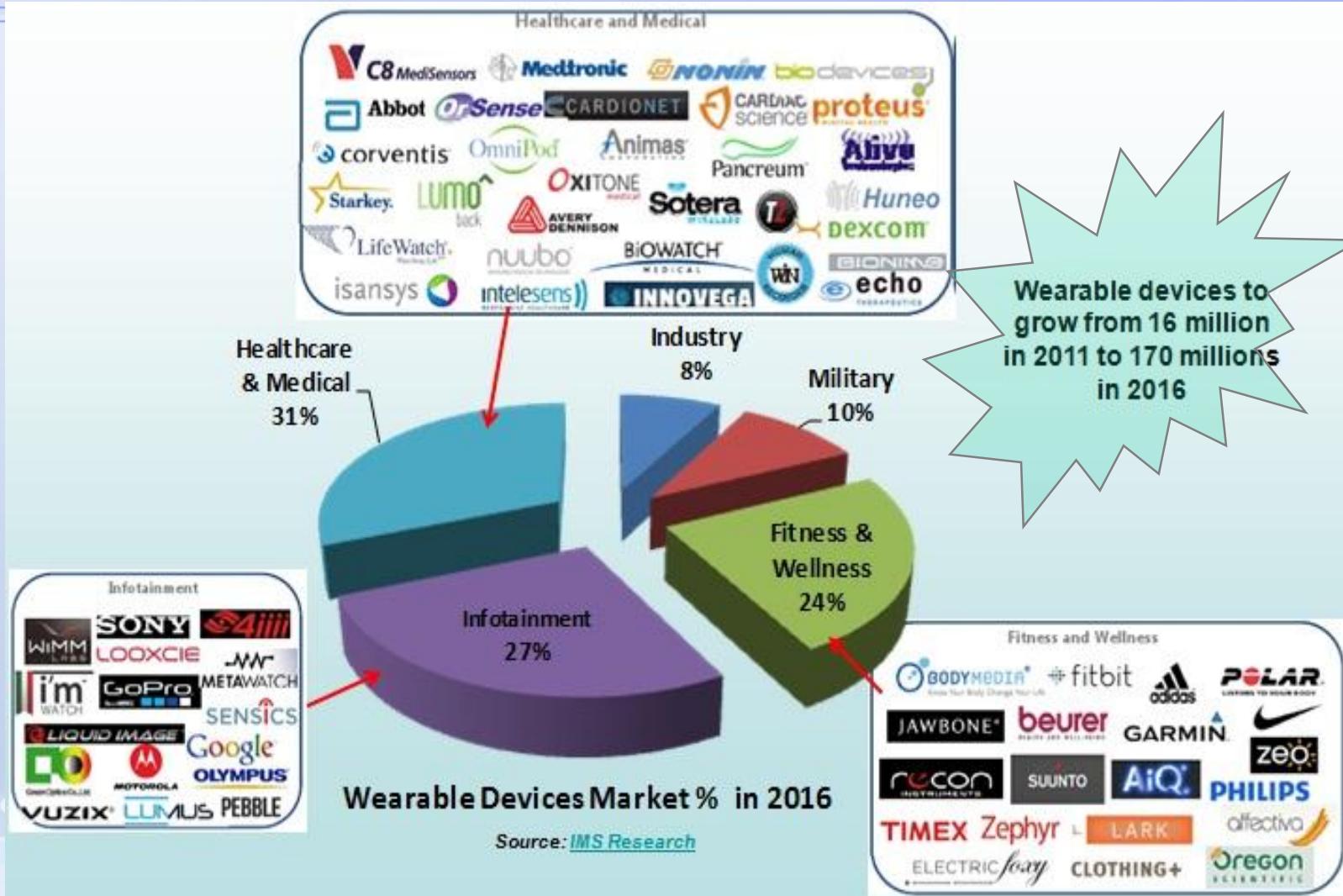
1. 具有一個**CPU**硬體
2. 具有可自行設定功能的**軟體裝置**
3. 系統**可穿戴**於使用者身上
4. 具有**有線/無線通訊裝置**連結穿戴者電腦
5. 穿戴智慧型紡織物具有GPS、RF或不同目的的**感測晶片**



VDC: Venture Development Corporation

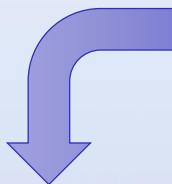


Wearable Device TAM



Service Model

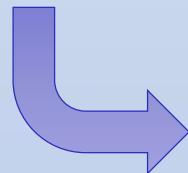
Cloud & Data Analysis



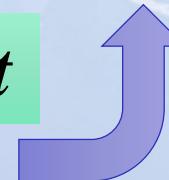
Application and Service



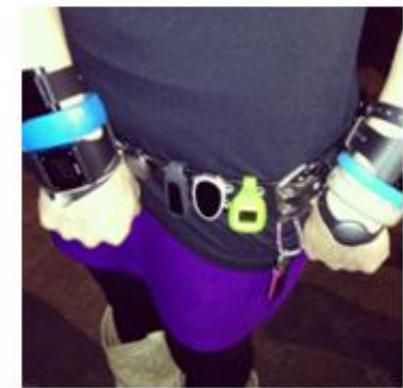
Data Collection & Gateway



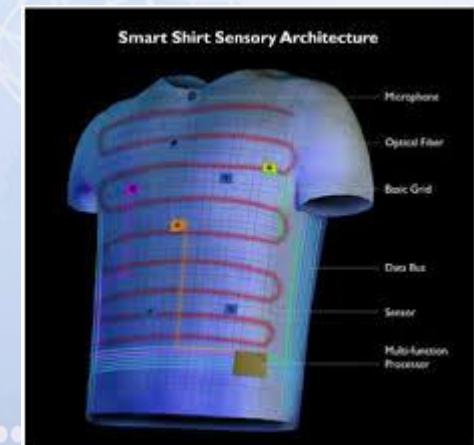
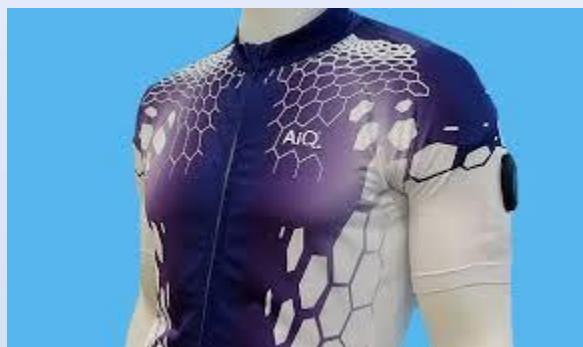
Vital signal measurement



Products in the Market (accessory)

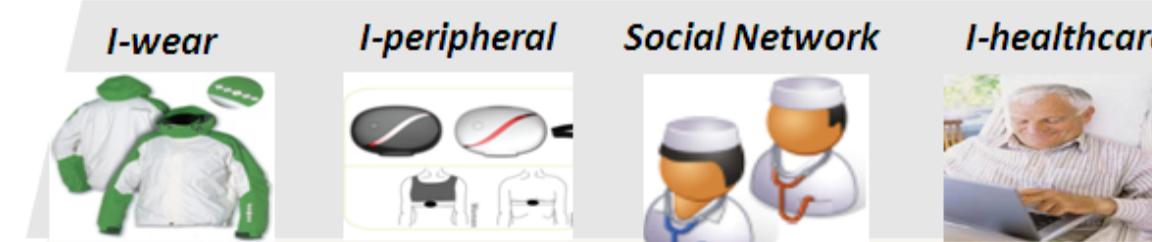


Smart Cloth



Framework of HealthCare

Application



■ Key : 支援平台

■ Breakthrough :
與生活形態結合之應用服務

智能分析平台 雲端運算平台 服務支援平台

App加值服務運用

Service Cloud

Networking

Health data center

Health manage center

■ Key : 結合、成熟無縫式資料傳輸網路

2G/3G

Wi-Fi

WiMAX

4G

■ Breakthrough :
Miniaturized, 網路位置
QoS

Feel-less Devices

BAN, NFN

■ Key : 感知量測、擷取、訊號梳理、A/D、傳輸

Sensor

MEMS

Sensoring



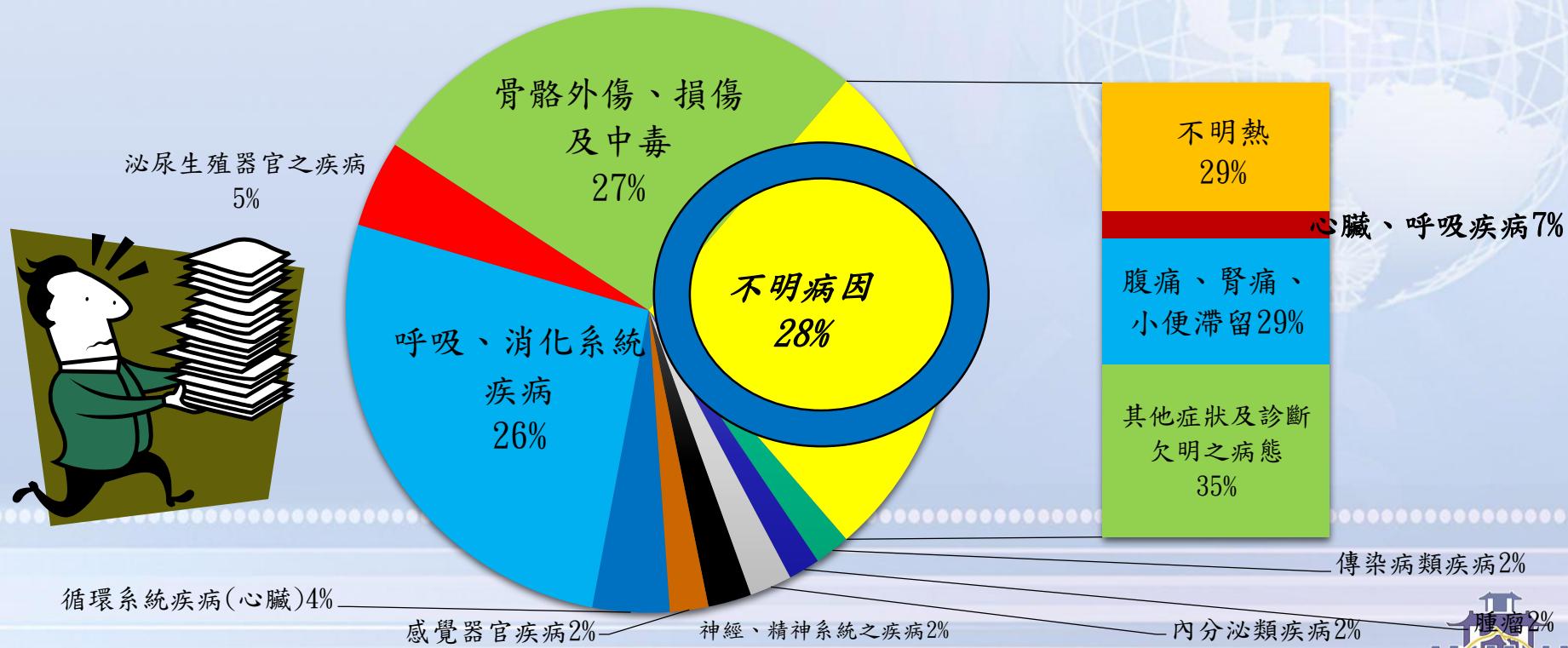
Experiment– Health-care



Introduction(1/4)

- Cardiovascular diseases are chronic diseases, physicians may be more difficult to do current diagnosis or seek for medical treatment based on their symptoms[1][2].

民國98年台灣急診就診症狀比例



Introduction(2/4)



CHF(Congestive Heart Failure)

- ✓ Occurs when the heart is unable to provide sufficient pump action to maintain blood flow to meet the needs of the body[6][7].



Cause

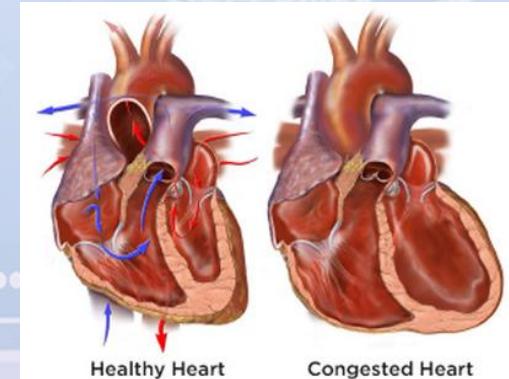
- ✓ Myocardial infarction, Ischemic heart disease, Hypertension, diabete.



Difficult

- ✓ The predominance of causes of heart failure are difficult to analyze due to challenges in diagnosis

臨床心臟衰竭病患與年齡及性別之關聯[8]



圖片來源:<http://medictests.com/congestive-heart-failure/>

Introduction(3/4)

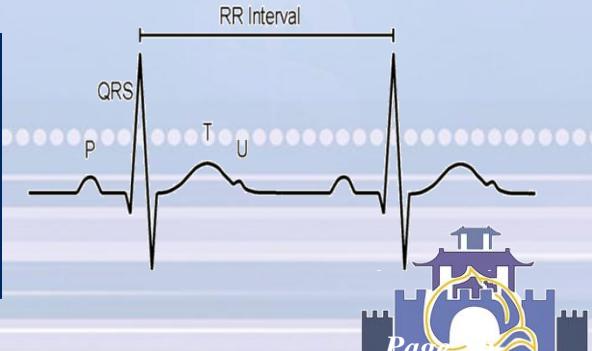
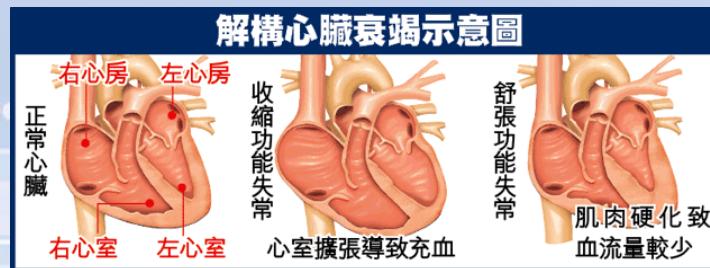
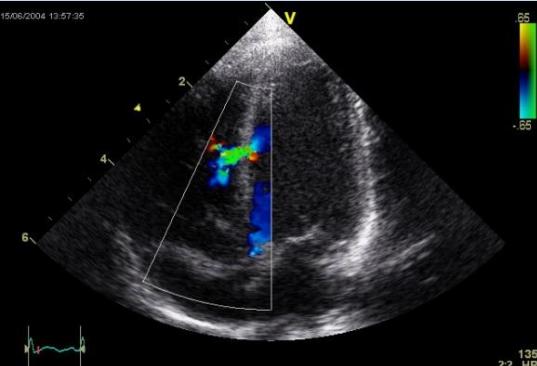
✓ CHF(Congestive Heart Failure)
i Diagnosis

➤ Echocardiography

- » Cardiac echo, sonogram of the heart, ultrasound images of heart structures
- » LVEF (Left Ventricular Ejection Fractions)

➤ HRV(Heart Rate Variation)[9][10]

- » The variation in the time interval between heartbeats.(R-R intervals)
- » Researches show direct correlation to cardio diseases including CHF



Introduction(4/4)



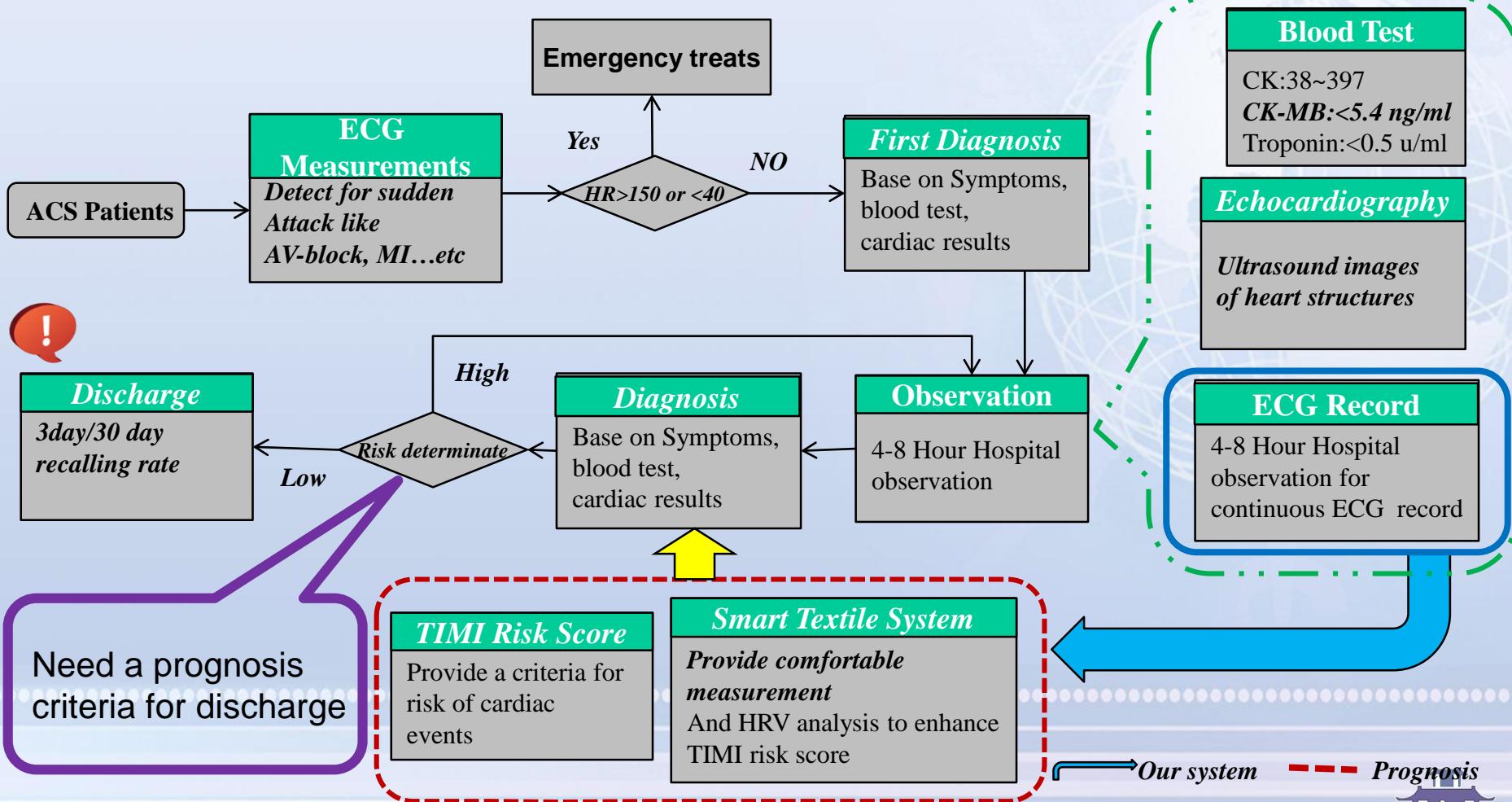
NYHA places patients to four categories based on symptoms and limited during physical activity.

NYHA Heart Failure Classification

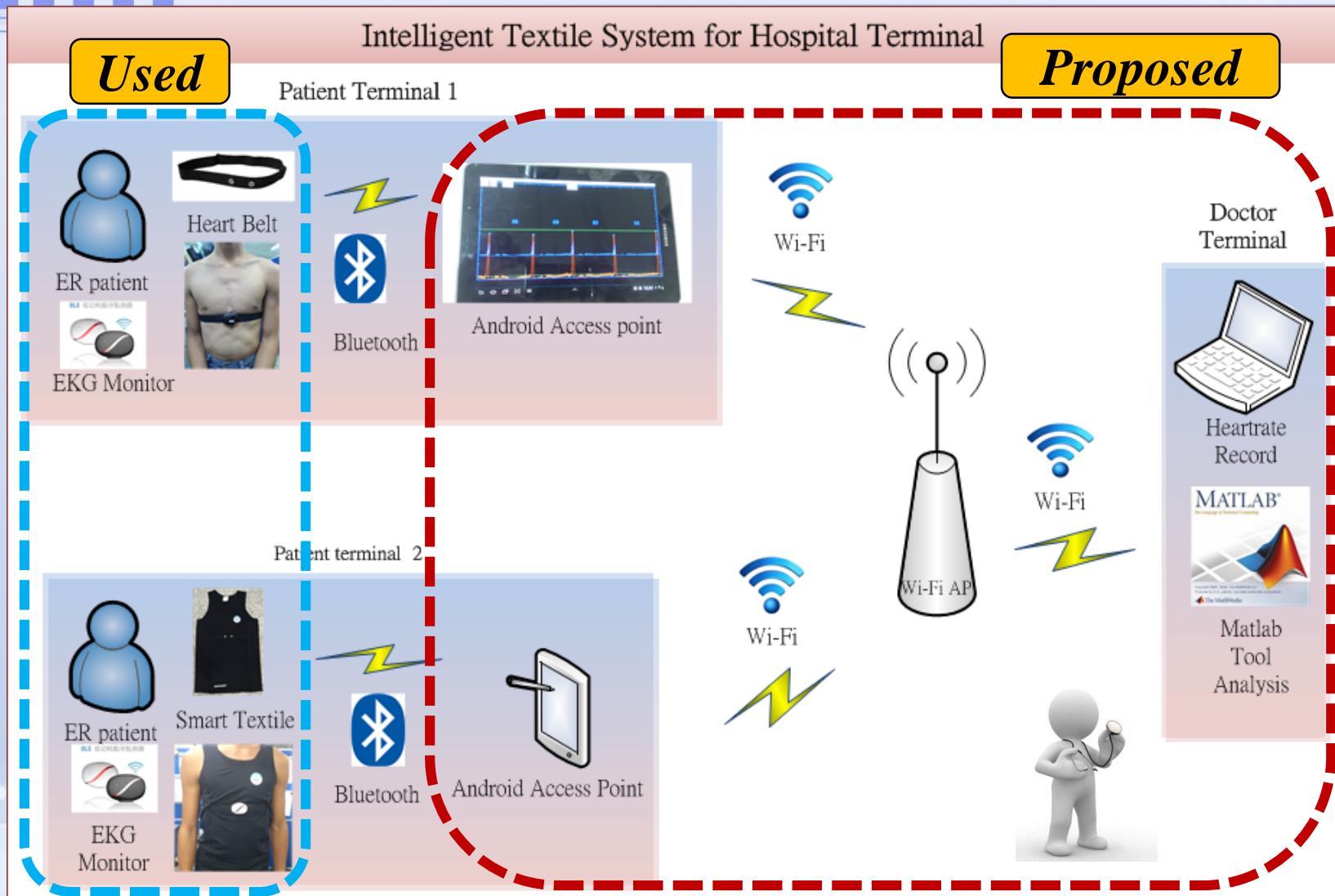
Class	Symptoms	
I	No symptoms and no limitation in ordinary physical activity, e.g. shortness of breath when walking, climbing stairs etc.	
II	Mild symptoms (mild shortness of breath and/or angina) and slight limitation during ordinary activity.	
III	Marked limitation in activity due to symptoms, even during less-than-ordinary activity, e.g. walking short distances (20–100 m). Comfortable only at rest.	
IV	Severe limitations. Experiences symptoms even while <i>at rest</i> . Mostly bedbound patients.	

ACS Procedure in ED

■ ACS(Acute Coronary Syndrome) procedure in ED



System Architecture



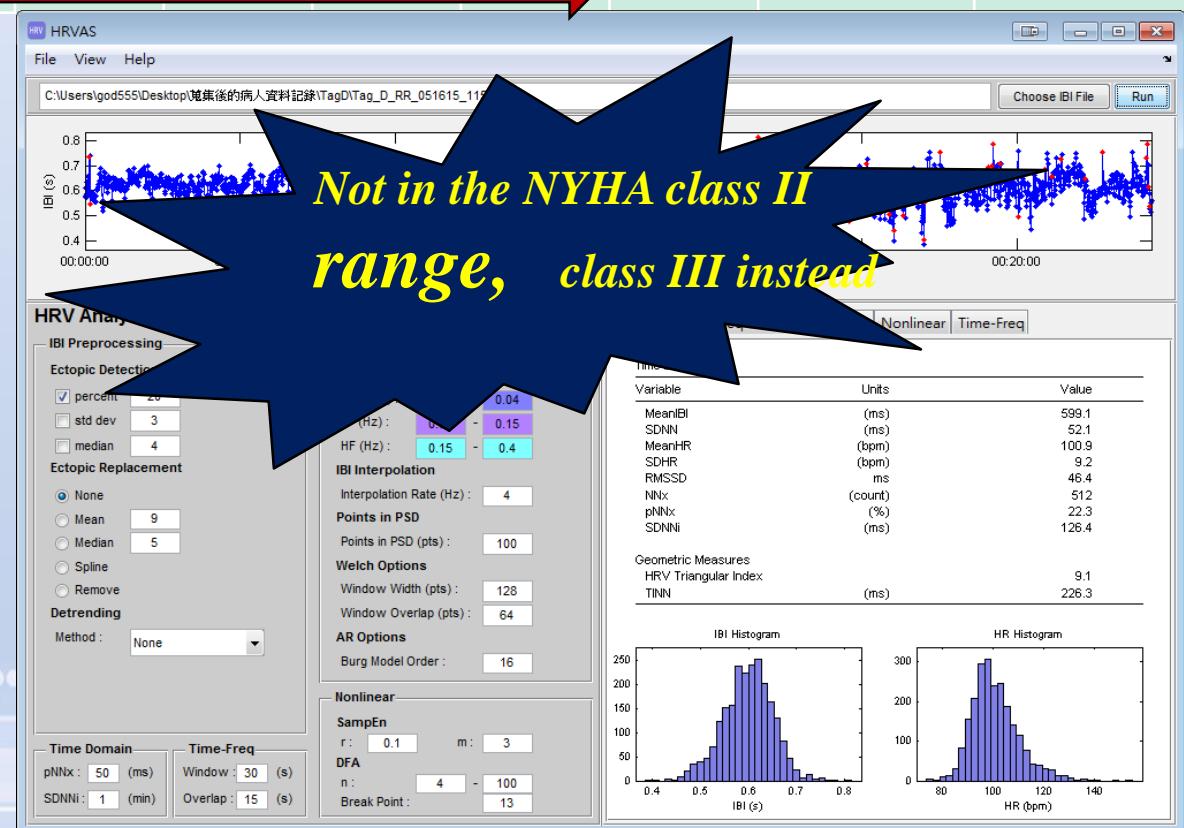
Clinical Results

Patient number	NYHA	Gender	Age	入院體溫	入院心跳	入院呼吸	宿疾	主訴	SDNN (ms)	SDANN (ms)	LF (ms ²)
1	II	M	50	36.2	127	18	膽結石	昨天晚上開始胸口痛，背痛	61.4	46.2	330.95
2	II	M	40	36.2	75	18	X	昨天開始胸悶	83.8	79.2	512.73
6	II	F	70	36.3	84	17	X	很容易喘胸痛	79.5	68.8	563.8
8	I	F	54	36.5	98	18	X	凌晨四點開始胸悶、頭痛	77.8	58.9	556.86
13	III	M	81	36.1	95.9	19	糖尿病 高血壓	昨晚呼吸困難 胸悶、胸痛	49.9	41.2	330.9
15	II	M	39	37.6	64	18	心臟病 高血壓	剛開始胸痛	52.1	45.3	317.9
21	I	M	49	36.5	73	17	X	一小時前工作時胸悶	93.4	82.9	724.33
24	II	F	54	36.4	82	18	心律不整	胸悶持續三天	74.1	65.7	501.46

Discussion

Patient 15:	Gender	Age	入院體溫	入院心跳	入院呼吸	宿疾	主訴	SDNN	SDANN	LF
NYHA class II	Male	39	37.6	64	18	HD/HT	剛開始胸痛	52.1	45.3	317.9

Range[17]	NYHA II
SDNN	71.5±18.6
SDANN	63.6±21.7
LF	563±198.6
Range[17]	NYHA III
SDNN	53.4±14.1
SDANN	44.8±11
LF	301±101.9

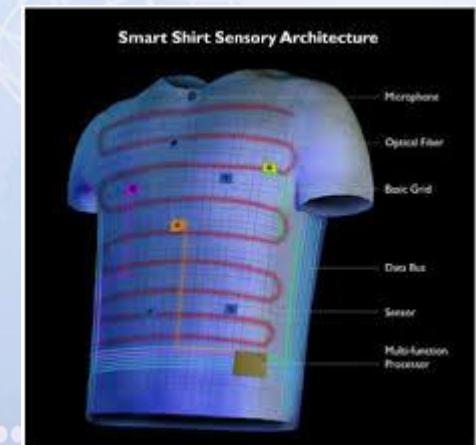




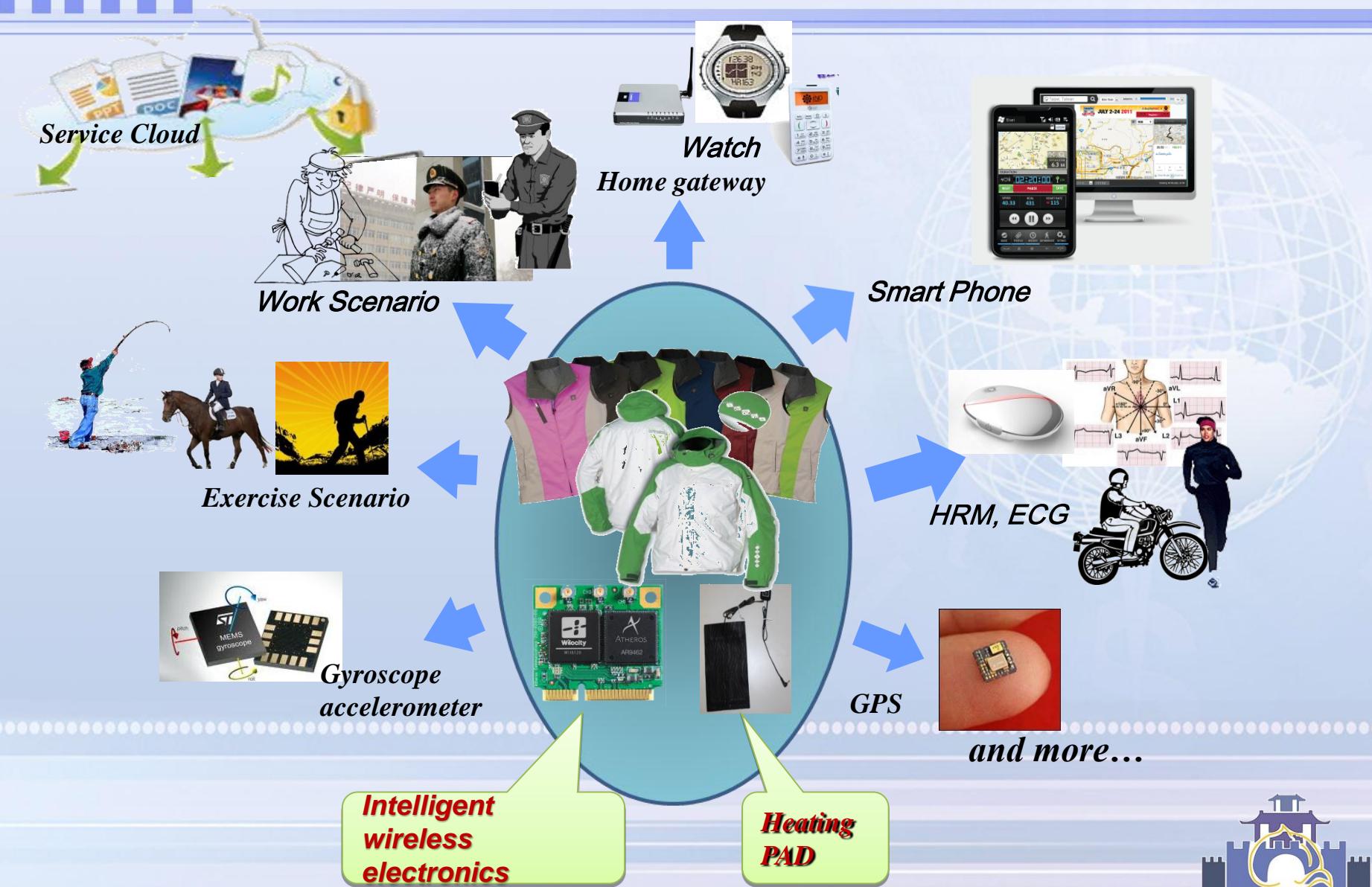
Experiment – Smart Cloth



Smart Cloth



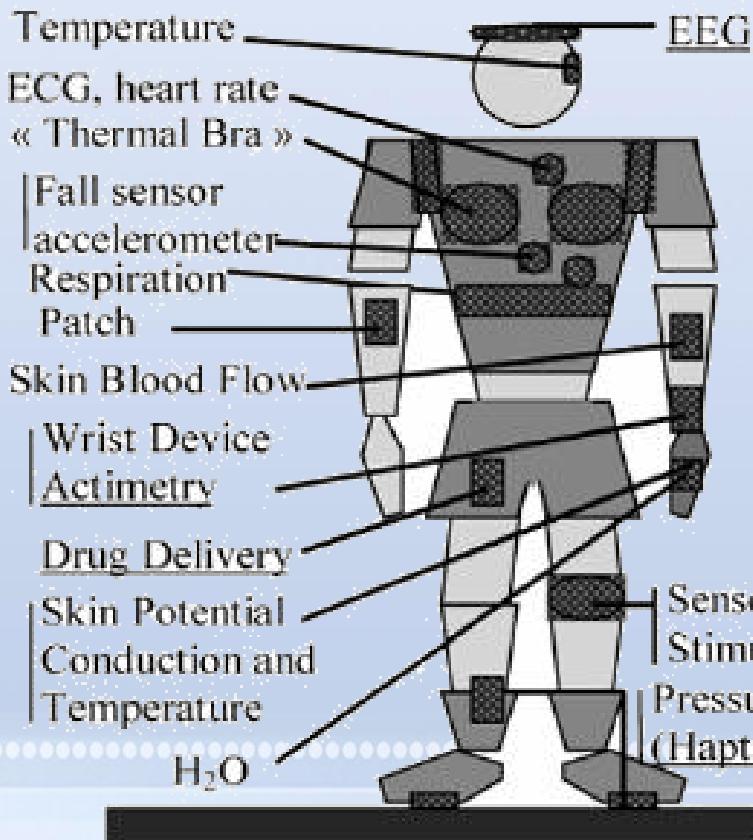
Cloth as a Platform (CaaP)



Biomedical Smart Clothes(1/2)

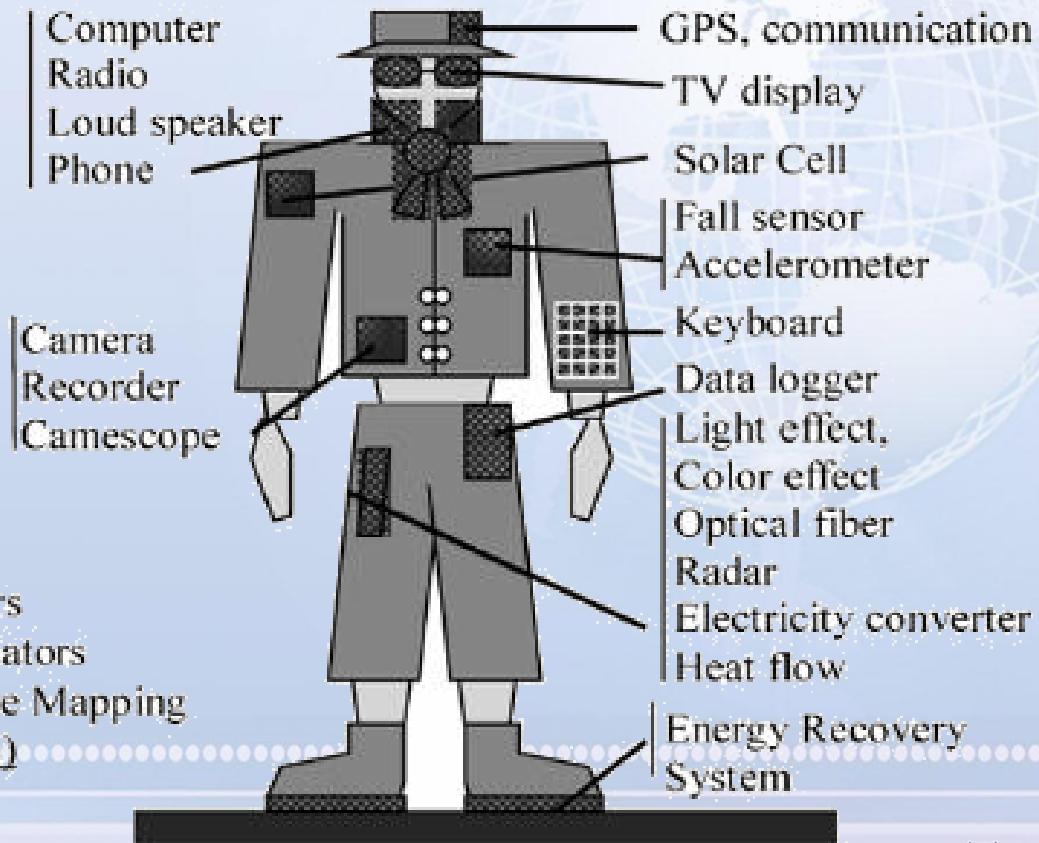
Sensors close to the Skin

Biomedical purpose



Sensors, device in Pocket, in Fabric

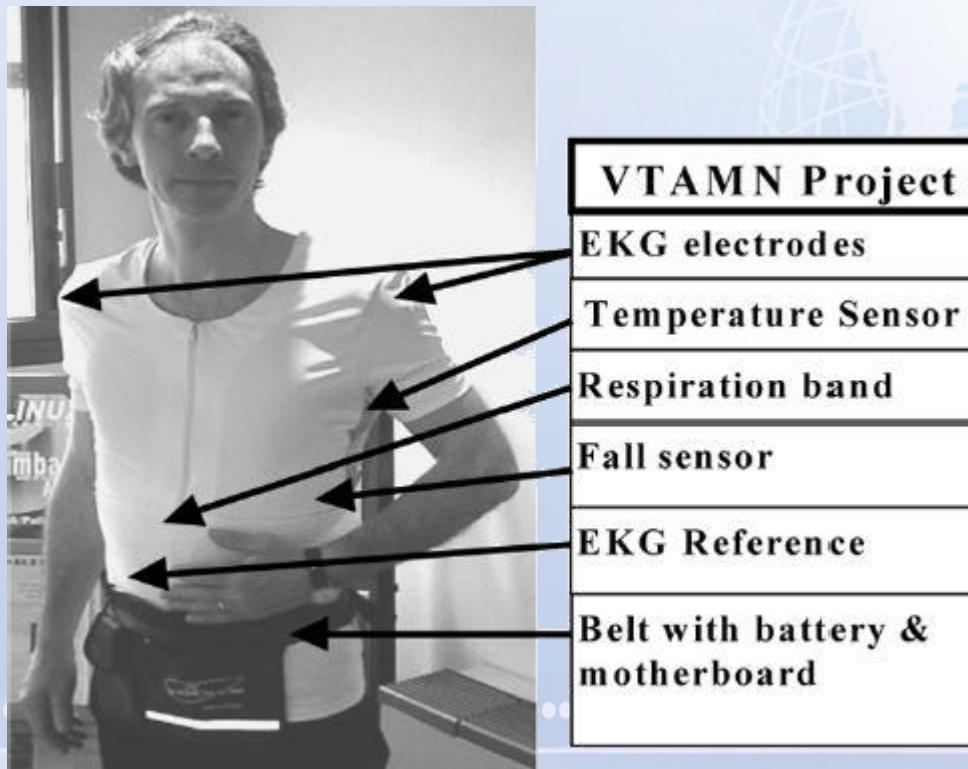
Communication, “Ambulatory Office”



Two kinds of smart clothes

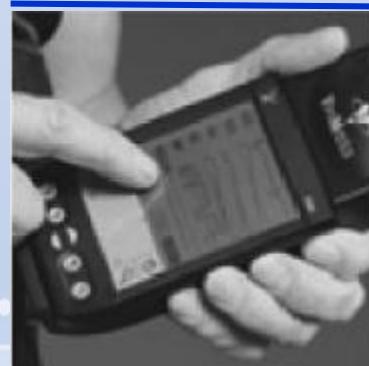
Biomedical Smart Clothes(2/2)

- These two main kinds of smart clothing are compatible and complementary



Life shirt

- Records parameter as
 - ❖ Electrocardiogram
 - ❖ Ribcage respiration
 - ❖ Body posture
 - ❖ Blood oxygen saturation



Shirt with embedded sensor

WEALTHY's modules

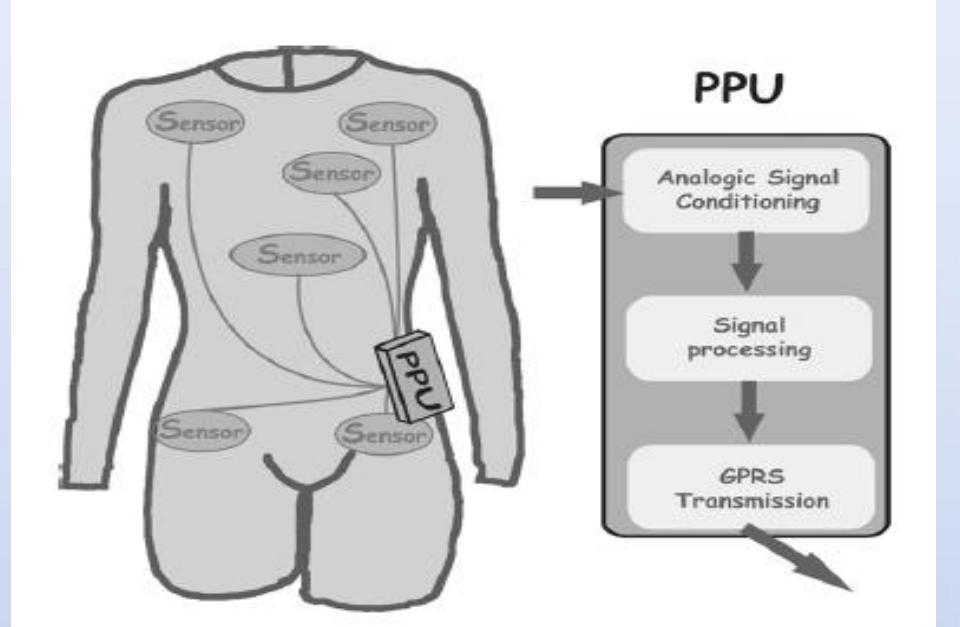
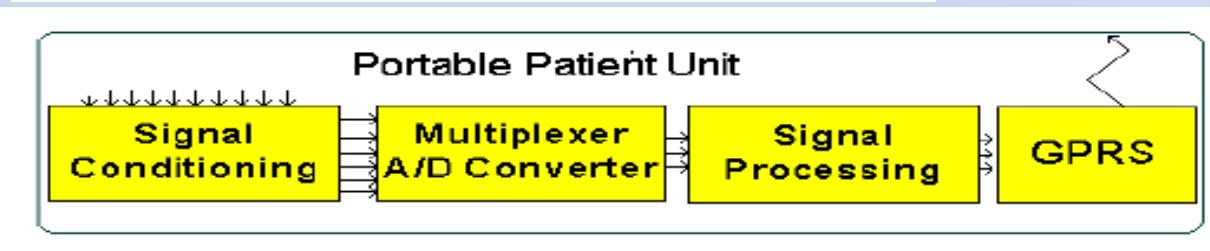


Figure 6: left: old PPU right: new PPU

110mm x 70mm x 25mm
less than 250g



Overview of wearable WEALTHY's modules

Material and Method

- *Impedance Pneumography*

- ❖ Respiratory activity is the use of the impedance pneumography
- ❖ Inject a high-frequency current (50 kHz, amplitude peak-to-peak 3 mA) and the other ones to capture the voltage variation caused by thoracic impedance change.



Figure 3. Electrodes position for impedance pneumography (prototype B)

Material and Method

- *Connections*

- ❖ Connections were realized by means of the tubular intarsia technique.



Garment Model and Realization

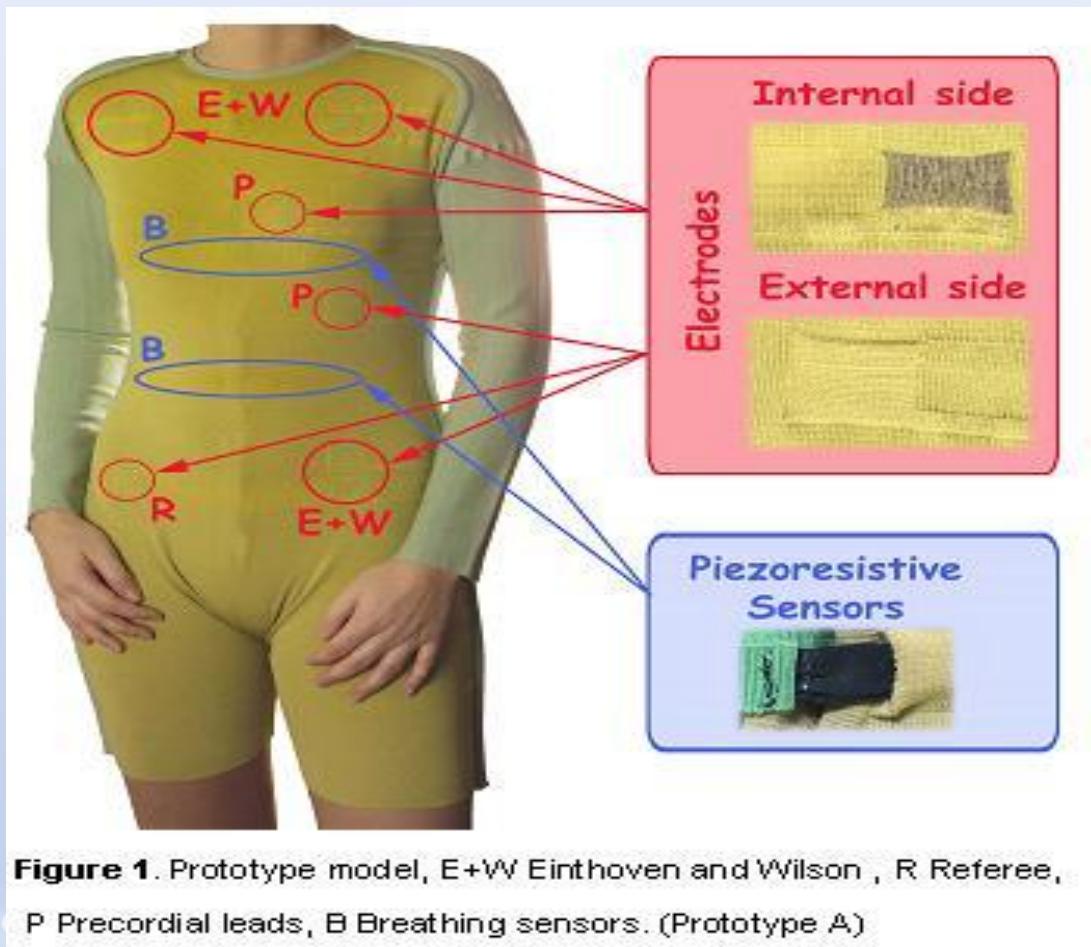


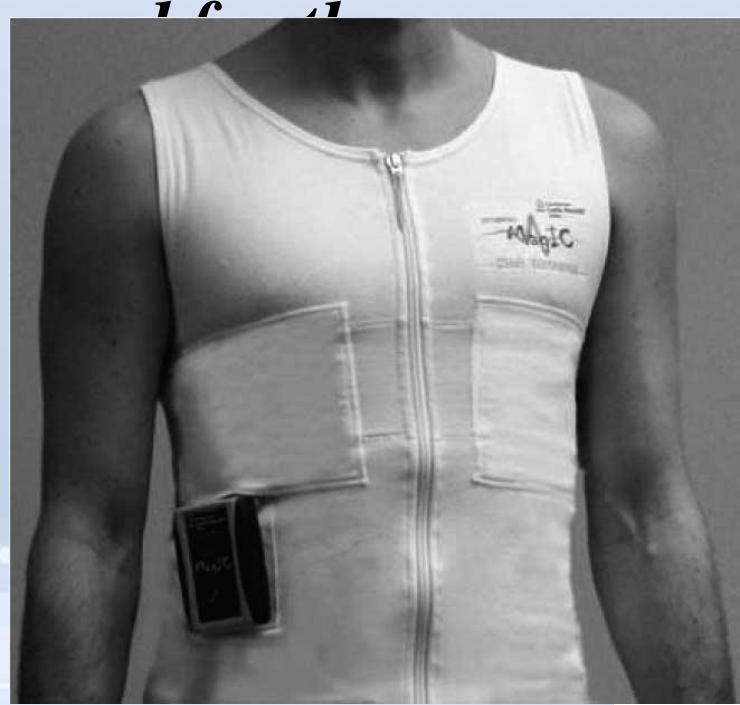
Figure 1. Prototype model, E+W Einthoven and Wilson , R Referee,
P Precordial leads, B Breathing sensors. (Prototype A)



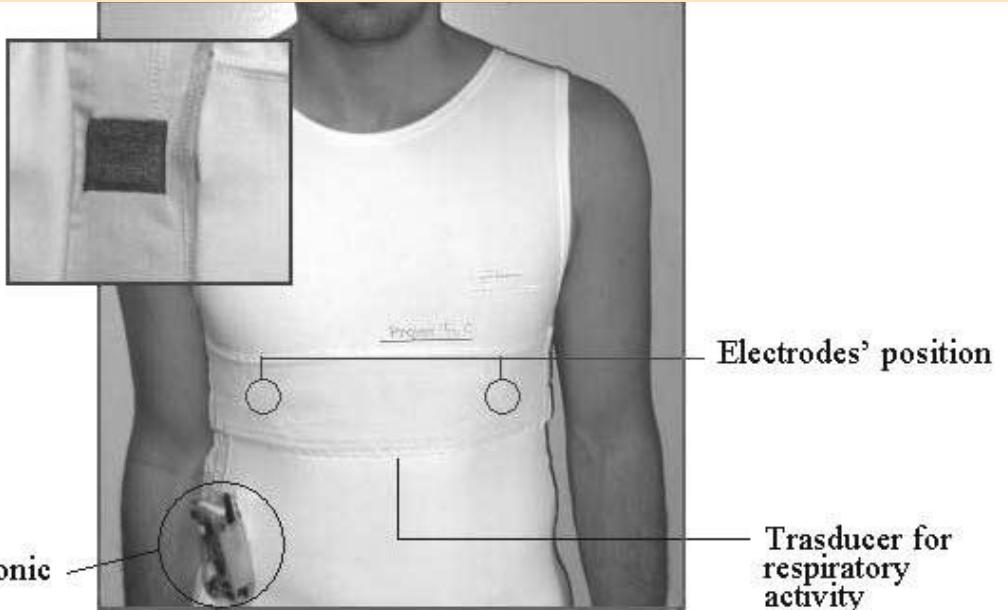
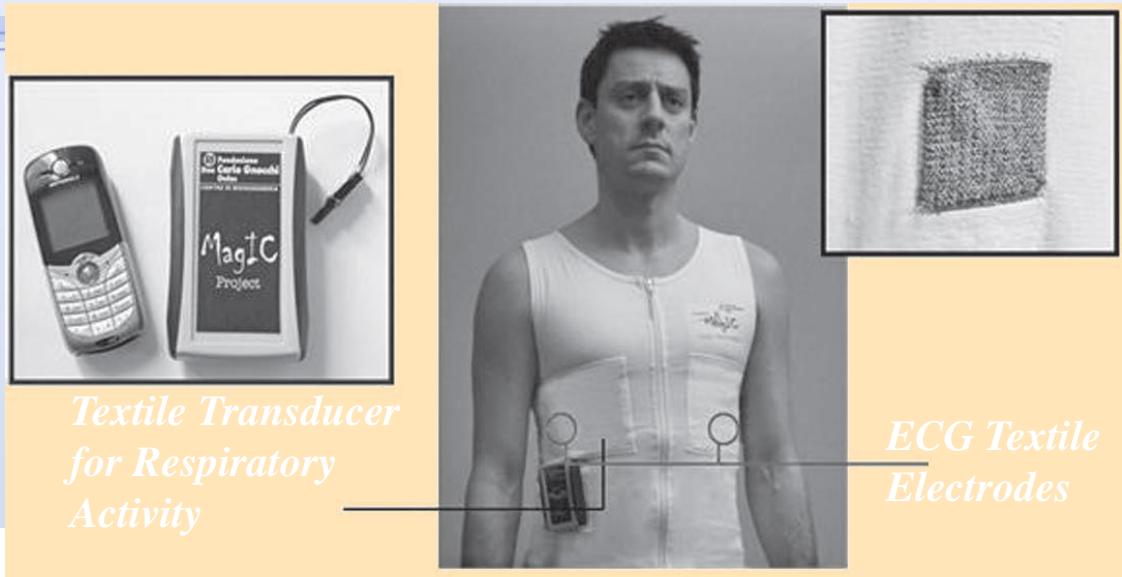
Figure 2. Movement sensors (Prototype A)

Magic System Description (*cont.*)

Fig. 1. MagIC system



Portable electronic board



Application

- We customized an integrated system previously developed in our lab. This system included the MagIC device for the vital signs assessment, a touchscreen computer with a dedicated software for data acquisition, and a UMTS USB dongle for data transmission.

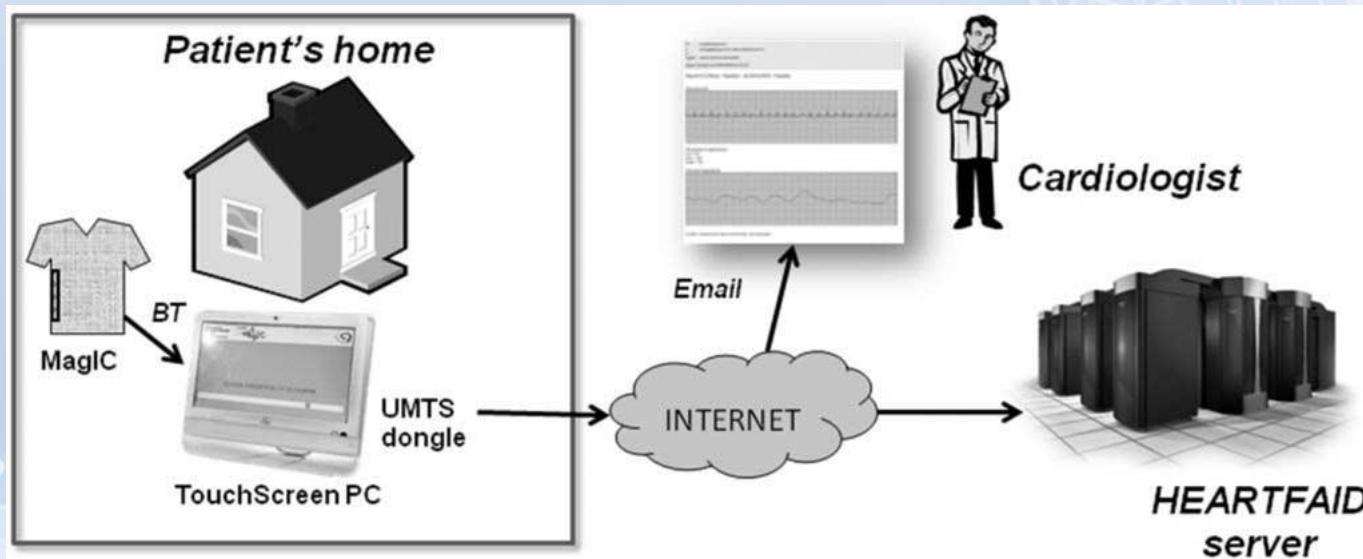
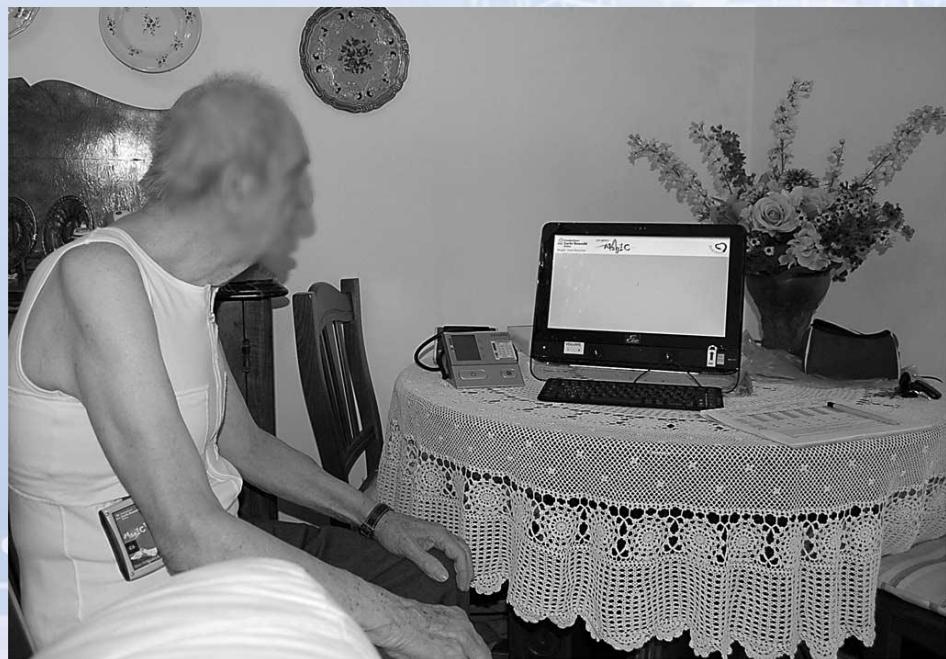


Fig. 2. Overall architecture of the system implemented for the home monitoring of



Application (*cont.*)

- Three patients (age: 63, 72, and 82 years), suffering from heart failure and recently discharged from the hospital, were recruited. Patients were asked to perform a telemonitoring session of 3 min every morning for 30 days from their home.

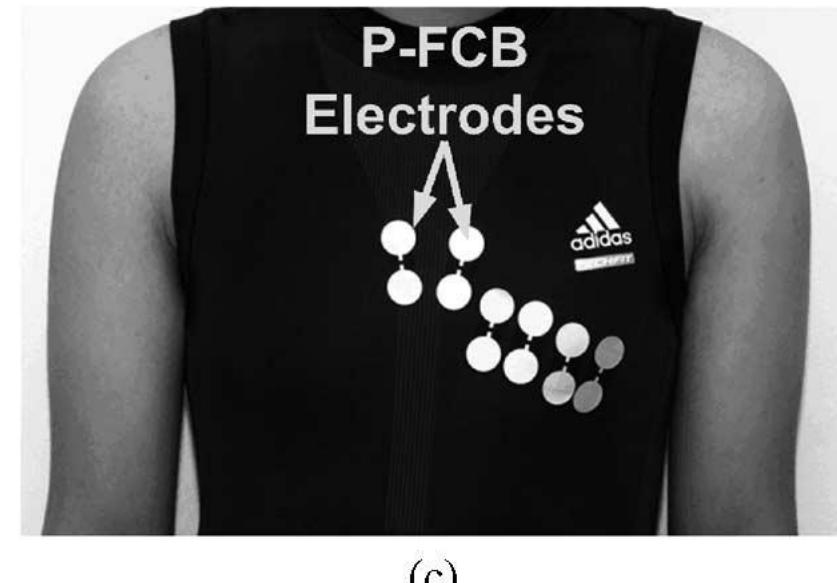


Introduction (cont.)



(a)

(b)



(c)

Fig. 1.

- (a) Clinical ECG monitoring system.
- (b) Conventional Holter monitor system.
- (c) Proposed ECG monitoring shirt with P-FCB electrodes.

Systems architecture (cont.)

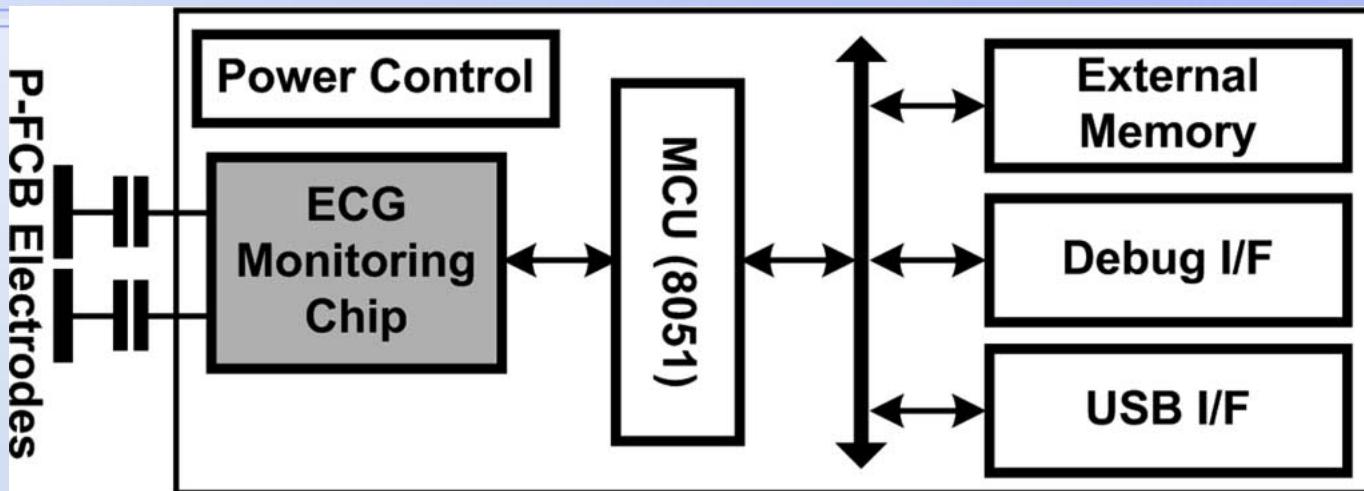


Fig. 2. Block diagram.

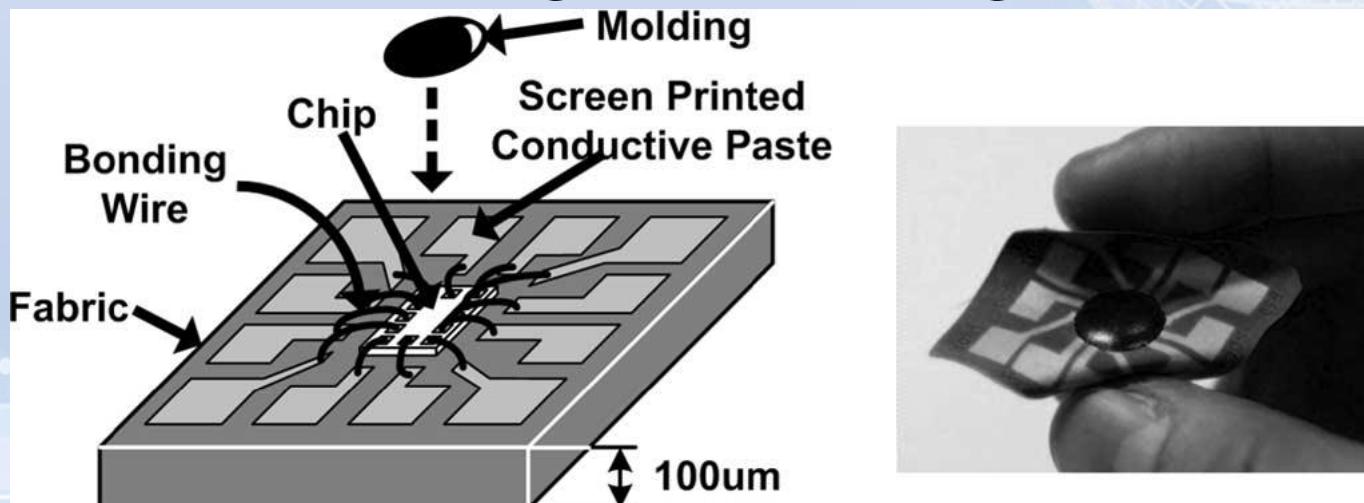
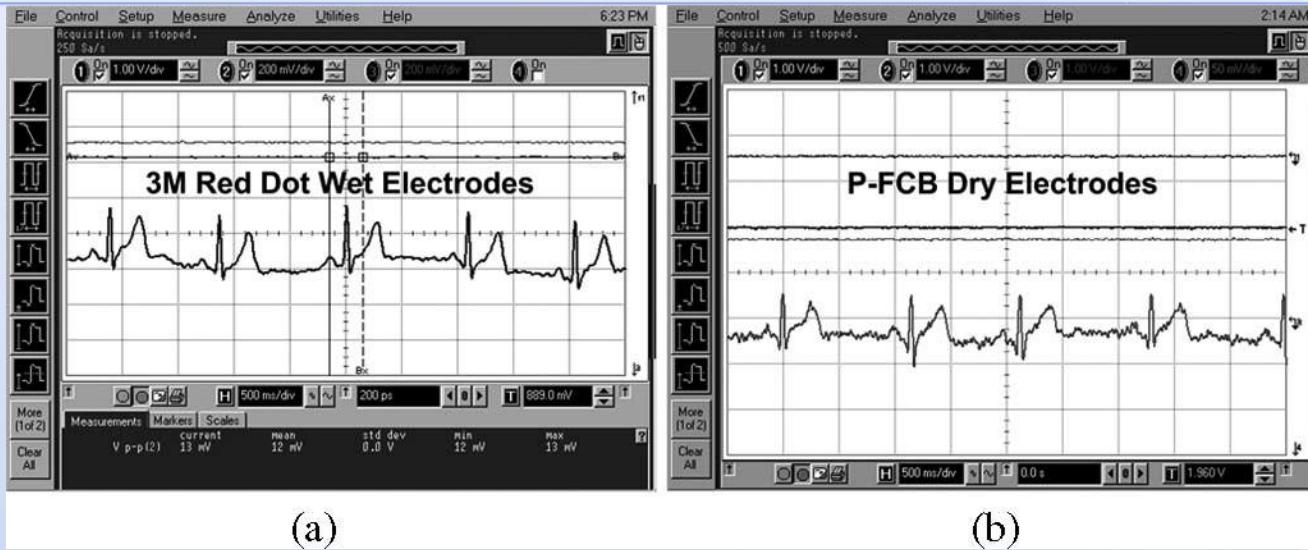


Fig. 3. Wire-bonded chip on fabric.

Implementation and measurement results (*cont.*)



*Fig. 13. ECG signal captured by the system.
(a)With wet electrodes. (b)With
P-FCB electrodes.*

Main Function	Continuous ECG Monitoring
Key Features	1) Wearable, Convenience 2) Dry Electrodes for Safety 3) P-FCB Low Cost Manufacturing
Supply	3.6V (½ AA Size)
Power Consumption	3.0mW
Operation Duration	Up to 14 Days of Continuous Operation with ½ AA Battery
Electrode	Differential P-FCB (Dry)

*TABLE I
PERFORMANCE SUMMARY*

討論

- 手機的出現讓不戴手錶成為一種現象，手錶可能成為特定意義的裝置（紀念、時尚、高貴...）
- 什麼樣的服務或需求，使用者願意再將手錶或手環帶回？
(健康、互動、娛樂...)
- 「服務有感、量測無感」的可能性？
(CaaP : Cloth as a Platform)
- 如何提供電量給CaaP 且使用者同意並符合防水及洗滌?
(太陽能、皮膚生電、震動生電、能量聚合、行動電源...)
- 系統規格及可量測項目與應用情境？
- 跨領域的思維接受度如何？



結語

- 穿戴式技術需要跨界合作，經驗累積是致勝關鍵。
穿戴式裝置作為Consumer Health的平台已是趨勢。
無感量測及高雜訊下生理訊號偵測是關鍵技術之一。
- CaaP 需要更多材料與電子、醫工及紡織專家共同投入。
- 系統端驗證成功後，仍須晶片商投入資源進行微小化及低功耗設計。
- 平台服務及社群分享與使用者經驗仍是產品熱賣的核心。



工業推手—世紀

報告完畢 敬請指教

企業搖籃—百年