

Peak Experience



Inject some adrenaline into
your last semester @ Seaton!

Peak> Seaton's Outdoor Course

- 8 credit course
- 2 blocks per day in the second semester
- Cost - \$450 - \$500

Includes: 3 Day Peak excursions

- 1 > Winter Survival Campout
- 2 > Mable Lake Marathon – Bike Trip
- 3 > High Rim Trail- Backpacking Trip
- 4 > Noisey Creek Canoe Trip
- 5 > Whitewater Kayaking and Rafting Trip

Mountain Winter Campout



- Snowshoe into campsite
- Avalanche training
- Sleep overnight in a quinsy or snow cave!



Mabel Lake Marathon -Bike Trip



- 160 km round trip ride
- Beautiful Mabel Lake site
- Creek climbs and Beach scampers
- Great group food
- Fishing



High Rim Backpacking Trip



- 26 km hike to Damer Lake and Oyama Lake
- Great wildlife and scenery



Noisey Creek Canoe Trip

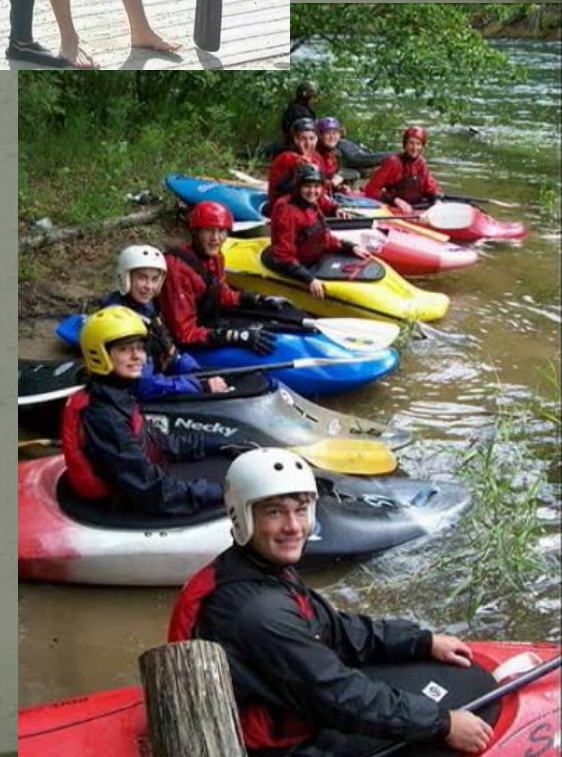


- 43km paddle on Mabel Lake
- 2 beautiful camp sites
- Shuswap pictographs
- Creek climbs and hikes



Whitewater Kayaking and Rafting

- Instruction from Canadian Mountain Guides
- Pure adrenalin on Shuswap River !



Peak Daily Activities

- Standup Paddle boarding
- Sailing instruction
- Snowshoeing
- Skating/hockey
- Indoor/Outdoor Rock climbing



****Also**** - Peak Daily Activities



- Scuba intro course
- Snowboard/Ski Days
- Goldpanning
 - Also
 - Orienteering
 - Survival skills
 - Archery
 - Snorkeling
 - Variety of gym activities



The Big Finish



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