9. Authentication & Security in Node.js

Types of Authentication

1. Session-based Authentication

- Traditional approach (used in PHP/Laravel).
- Server stores a **session ID** in memory/DB, and client stores a **cookie** with the session ID.
- o On every request → session ID is validated.
- Not ideal for **scalable APIs** (because server needs session storage).

2. Token-based Authentication (JWT)

- Widely used in Node.js REST APIs.
- Server generates a **signed token (JWT)** after login.
- Client sends the token in **Authorization header** (Bearer <token>).
- No session storage required → **stateless & scalable**.

3. OAuth2 & Social Logins

- o Used for Google, Facebook, GitHub login.
- Node.js has passport.js and next-auth (for Next.js) to handle OAuth flows.

See Example: JWT Authentication with Express.js

```
const express = require("express");
const jwt = require("jsonwebtoken");
const bcrypt = require("bcryptjs");

const app = express();
app.use(express.json());

const users = []; // Dummy DB

// Register
app.post("/register", async (req, res) => {
  const hashedPass = await bcrypt.hash(req.body.password, 10);
  users.push({ username: req.body.username, password: hashedPass });
  res.json({ message: "User registered" });
});

// Login
```

```
app.post("/login", async (req, res) => {
  const user = users.find(u => u.username === req.body.username);
  if (!user | !(await bcrypt.compare(req.body.password, user.password))) {
    return res.status(401).json({ error: "Invalid credentials" });
  }
 const token = jwt.sign({ username: user.username }, "secretKey", { expiresIn:
"1h" });
 res.json({ token });
});
// Protected route
app.get("/profile", authenticate, (req, res) => {
 res.json({ message: `Welcome ${req.user.username}` });
});
// Middleware
function authenticate(req, res, next) {
 const authHeader = req.headers["authorization"];
  const token = authHeader && authHeader.split(" ")[1];
  if (!token) return res.sendStatus(401);
  jwt.verify(token, "secretKey", (err, user) => {
    if (err) return res.sendStatus(403);
    req.user = user;
    next();
 });
}
app.listen(3000, () => console.log("Server running on port 3000"));
```

Security Best Practices in Node.js

1. Input Validation & Sanitization

- Use validator or joi library to prevent SQL injection, XSS.
- Always validate user input.

2. Password Security

- Never store plain text passwords → use bcrypt.
- Use **salting** + hashing.

3. Protect Against Common Attacks

- SQL Injection → use parameterized queries/ORMs (sequelize, mongoose).
- XSS (Cross-Site Scripting) → sanitize input, use templating engines safely.
- CSRF (Cross-Site Request Forgery)
 → use csurf middleware for stateful apps.

4. Helmet Middleware

```
const helmet = require("helmet");
app.use(helmet());
```

• Sets secure headers → prevents **Clickjacking**, **MIME sniffing**, **XSS**.

Rate Limiting

```
const rateLimit = require("express-rate-limit");
app.use(rateLimit({ windowMs: 15 * 60 * 1000, max: 100 }));
```

• Prevents brute-force attacks.

6. HTTPS

- Always use SSL/TLS for production.
- Redirect HTTP → HTTPS.

7. Environment Variables

• Never hardcode secrets → use .env files + dotenv.

Q1. Difference between Session-based and JWT authentication?

- **Session** → stored on server, requires session DB, not fully scalable.
- **JWT** → stateless, stored on client, better for microservices & APIs.

Q2. How do you secure passwords in Node.js?

• Use bcrypt with hashing + salting.

Q3. How to prevent brute-force login attacks?

• Implement rate limiting, captcha, and account lockouts.

Q4. What's the use of helmet in Express?

• Adds **security headers** → prevents XSS, clickjacking, MIME sniffing.

✓ Key Takeaways

- Node.js authentication = mostly **JWT** for APIs.
- Always hash passwords and use HTTPS.
- Protect apps with helmet, rate-limiting, validation.
- Know **common vulnerabilities (XSS, CSRF, SQL Injection)** → interview favorite.

Handling & Debugging?	(F) Next, do you want me to move to 10. Testing in Node.js (Mocha, Jest, Supertest) or 11. Error	
	Handling & Debugging?	