* Pangalan ng hospital: St. Bede Medical Center
* Home
* About us (Brief description): Luis and Tom:

St. Bede’s Medical Center is one of Philippines premiere health institutions inspired by the life of St. Bede the Venerable. We strive to champion the kaginhawaan of our kapwa; to meet the physical, emotional, and spiritual needs of every patient under our establishment.

We believe that healthcare is more than a service. It is our responsibility to care for the whole person with dignity, patience, and understanding. Rooted in the values of prayer and work, our care is grounded in faith, knowledge, and the desire to uplift those who suffer.

In St. Bede's Medical Center each patient is treated as our kapwa. You can expect our staff to listen, support, and respond with attentiveness to every your unique story and situation. We aim not only to restore health but also to bring comfort, reassurance, and hope.

* + Vision (cess)
    - The vision of St. Bede is to provide state of the art healthcare services, prepare solutions that meet the diverse health needs of every individual physically, psychologically, spiritually, to help alleviate and make them comfortable.
  + Mission (luna)   
    - The mission of St. Bede Hospital is to provide compassionate and comprehensive healthcare that honors the rights of every person, guided by the values of humility and discipline, we uphold high standards in our practices to provide consistent, and reliable care and a fostering healing environment.
* Services (Health Packages): Rhea
* News: Rhea
  + Posters about health events
* Contact us
  + Email: stbedemedicalcenter@gmail.com
  + Contact Number: Globe: 09457613425 Smart: -09222567981 Tel No. 82755967
* Make an appointment
  + List of Doctors
* Dr. Elianna Medrano - Pediatrician
* Dr. Freya Santiago - Obstetrician-Gynecologist (OB-GYN)
* Dr. Jacob Navarro - Cardiologist
* Dr. Hector Dela Merced - Neurologist
* Dr. Lumiere Lacsamana - Pulmonologist
* Dr. Kalixto Santos - Nephrologist
* Dr. Hyacinth Altamirano - Endocrinologist
* Dr. Klare Ty - Gastroenterologist
* Dr. Azrael Montefalco - Radiologist
* Dr. Adriana Cruz - Pathologist
* Dr. Jeremiah Ong - Psychiatrist
* Dr. Celestine Reyes - Dermatologist
* Dr. Juliana Falcon - Oncologist
  + Schedule

| **Doctor** | **Work Days** | **Time In** | **Time Out** |
| --- | --- | --- | --- |
| Dr. Medrano | Mon, Tue, Thu, Fri, Sun | 7:00 AM | 2:00PM |
| Dr. Santiago | Mon, Wed, Thu, Sat, Sun | 3:00PM | 5:00PM |
| Dr. Navarro | Tue, Wed, Thu, Fri, Sun | 7:00AM | 2:00PM |
| Dr. Dela Merced | Mon, Tue, Wed, Fri, Sat | 3:00 PM | 5:00 PM |
| Dr. Lacsamana | Mon, Wed, Thu, Fri, Sun | 7:00 AM | 2:00 PM |
| Dr. Santos | Mon, Tue, Thu, Sat, Sun | 3:00 PM | 5:00 PM |
| Dr. Altamirano | Mon, Tue, Wed, Thu, Sun | 7:00 AM | 2:00PM |
| Dr. Ty | Tue, Wed, Thu, Fri, Sat | 3:00 PM | 5:00 PM |
| Dr. Montefalco | Mon, Tue, Thu, Fri, Sat | 7:00 AM | 2:00 PM |
| Dr. Cruz | Mon, Tue, Wed, Fri, Sun | 3:00 PM | 5:00 PM |
| Dr. Ong | Mon, Tue, Thu, Fri, Sun | 7:00 AM | 2:00 PM |
| Dr. Reyes | Tue, Wed, Thu, Sat, Sun | 3:00 PM | 5:00 PM |
| Dr. Falcon | Mon, Tue, Wed, Thu, Sat | 7:00 AM | 2:00 PM |

* + Appointment Link (Za)
    - Reason for check up
    - Name
    - Age
    - Laboratories
* EMR/EHR (Gela and deza, anica)

**Patient 1**

* + Name of Patient: Balong Batumbakal
  + Age: 28 years old
  + Vital Signs
    - BP: 110/80
    - Temp: 36.8
    - O2 sat: 98%
    - Heart Rate: 85 bmp
    - Respiratory Rate: 16
  + Diagnosis: Type 2 Diabetes Mellitus
  + Medications
    - Metformin 500 mg/tab, 1 tab once a day
    - Atorvastatin 20 mg/tab, 1 tab once a day at bedtime
  + Allergies
    - No known Allergies
  + Social History
    - Kapwa is a college graduate and is currently working as content creator. He reports regular alcohol consumption, specifically drinking socially every Friday night. Alcohol intake typically includes 3-4 bottles of beer or 5-10 shots of whiskey.
  + Past Medical History
    - (-) Hypertension
    - (-) Heart Disease
    - (-) Cancer
  + Immunizations

| **Name of Vaccine** | **Date** |
| --- | --- |
| **Covid-19 Vaccine (pfizer) 1st dose** | March 15, 2021 |
| **Covid-19 Vaccine (pfizer) 2nd dose** | April 5, 2021 |
| **Covid-19 vaccine (pfizer) booster** | December 1, 2021 |
| **MMR 1st dose** | October 15, 2023 |
| **MMR 2nd dose** | November 15, 2023 |
| **Tdap** | April 20, 2023 |
| **Influenza** | October 10, 2024 |
| **Hepatitis B 1st dose** | January 10, 2025 |
| **Hepatitis B 2nd dose** | February 10, 2025 |
| **Hepatitis B 3rd dose** | July 10, 2025 |

* + Health Teachings
    - Check Blood glucose regularly
    - Take medication consistently, and do not stop them without consulting your healthcare provider
    - Maintain a balanced low-fat, low-sugar diet
    - Take Metformin with meals to reduce stomach upset
    - Take Atorvastatin once a day, preferably in the evening
    - Report any symptoms like nausea, vomiting, fatigue, difficulty breathing or muscle pain.
    - Be alert for side effects and report any concerns to your doctor.

**Patient 2**

* + Name of Patient: Manoy Jennings
  + Age: 4 years old
  + Vital Signs
    - BP:
    - Temp:37.2
    - O2 sat : 99%
    - Heart Rate: 127 bpm
    - Respiratory Rate: 38 cpm
  + Diagnosis: Hospital Acquired Pneumonia
  + Secondary Diagnosis: Acute Myositis 2° to Dermatomyositis, Stunted
  + Medications

| **MEDICATION** | **ROUTE** | **DOSAGE** | |
| --- | --- | --- | --- |
| Prednisone | Oral | 10 mg/5 mL, 10 mL OD PO = 20 mg daily | |
| Cefepime | IV | 900 mg | |
| Omeprazole | IV | 10 mg OD | |
| Acetaminophen | IV | 180 mg Q4 PRN | |

* + Allergies
    - No known allergies
  + Social History
    - Kapwa lives with parents and one younger sibling and in a stable non-crowded environment.
    - His mother is a housewife and is tasked to take care of the children at home.
    - Has no exposure to smoke, alcohol, or drugs.
    - Attends preschool program in their local public school

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* + Past Medical History:
    - (-) Hypertension
    - (-) Heart Disease
    - (-) Cancer
    - (-) Bronchial Asthma
    - (-) Thyroid Disease
  + Immunizations

| **Name of Vaccine** | **Date** |
| --- | --- |
| **Covid-19 Vaccine (pfizer) 1st dose** | Not yet applicable |
| **Covid-19 Vaccine (pfizer) 2nd dose** | Not yet applicable |
| **Covid-19 vaccine (pfizer) booster** | Not yet applicable |
| **MMR 1st dose** | July 16, 2021 |
| **MMR 2nd dose** | January 21, 2025 |
| **Tdap** | December 5, 2021 |
| **Influenza** | November 29, 2024 |
| **Hepatitis B 1st dose** | January 4, 2021 |
| **Hepatitis B 2nd dose** | March 13, 2021 |
| **Hepatitis B 3rd dose** | March 2, 2022 |

* + Health Teachings
    - Teach the guardian how to check placement, flush the tube, and administer full liquid feeding
    - Encourage gentle physical activity as tolerated to help prevent muscle stiffness and support recovery
    - Advise to avoid overexertion and let the child rest frequently.
    - Regular check-ups with the pediatrician for any sign and symptoms of difficulty
    - Continue the prescribed home medications according to the physician's instructions.
    - Regularly monitor the respiratory rate such as difficulty breathing, fever, or worsening cough.
    - Use humidifier or do steam inhalation to ease breathing
    - Monitor any of the side effects of medications given by the physician for continued medication.
    - If oral feeding is allowed, provide soft nutrition, high-calorie meals

SYMBOLS:

