* The study found symptomatic obese adults shed the Influenza A virus 42% longer than nonobese adults.
* Obesity was determined for adults using a cutoff of BMI =30. BMI z-scores for children
* Obesity can alter the body's immune response and lead to chronic inflammation, which increases with age.
* Age is a potential confounder especially since it is determined differently in adults and children.
* No association was found between obesity and longer viral shedding in children
* No association was found for shedding of Influenza B Virus for adults or children