

So Sew Easy

Men's Pajama Shorts with Pockets Tutorial

Here are some men's pajama shorts that no one will know are pajamas and are good enough to go to the supermarket and grab a gallon of milk without having people stare.

The design is loose-fitting and super comfortable. You should use a super soft 100% cotton which is the perfect fabric for this sort of garment. Make sure you use natural fibers, so the shorts remain casual and comfortable for the hot weather.

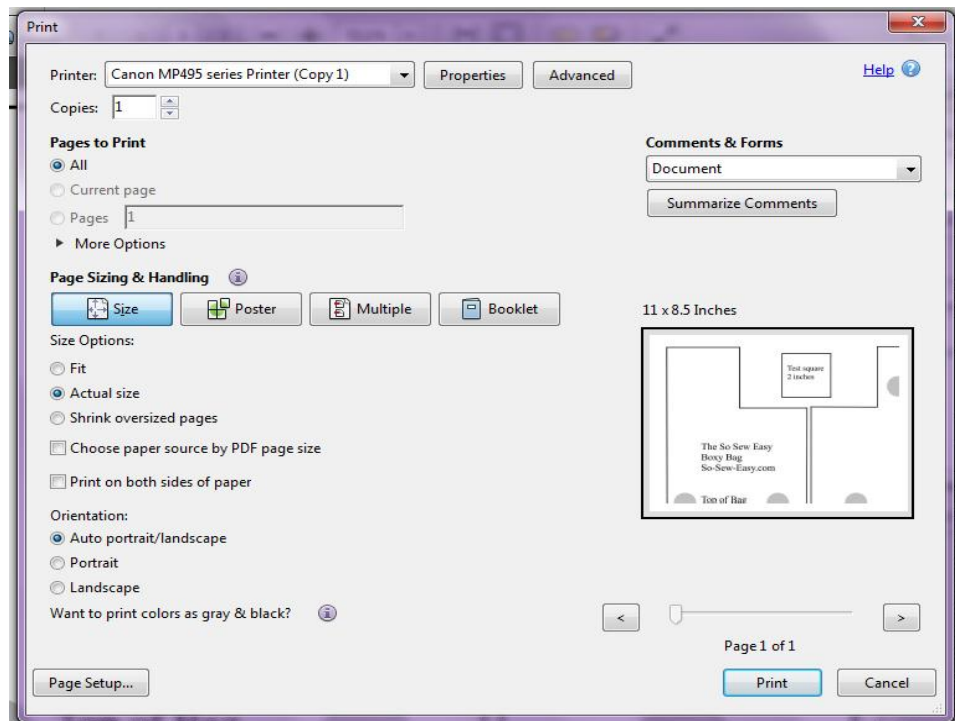
I think this would make the perfect gift for Father's Day, but the free sewing pattern accommodates waist sizes from 28" to 44" so you have a lot of flexibility for both boys and men.

You can read more about this pattern over at So Sew Easy [HERE](http://so-sew-easy.com).

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To print your PDF pattern



straps on the reverse of your fabric to cut.

Help printing and assembling your pattern

You can find helpful tutorials on how to download, print and assemble PDF sewing patterns here:

[How to download and print a PDF sewing pattern](#)

[How to print and assemble a PDF sewing pattern](#)



Your pattern pieces come at the end of these instructions. For accurate printing, please make sure you are using the latest version of Adobe Reader. You can [download the latest version here](#) if you need to.

Select File → Print and the print dialogue box opens. Under Page Sizing and Handling, select ACTUAL SIZE . Check the preview in the right hand side illustration. Select the page numbers you want to print. You can print the whole document, or just the pattern pieces.

On the edge of the top left page is a box you can use to test your printing. This box should measure 2 inches square. If yours is wildly different you will need to check your printer options to make sure the pages are not being resized.

Use the grey guides on the overlap of the sheets to match up the pattern pieces, folding under or cutting off any overlaps, tape together and cut out your pattern pieces.

Also note that you will need to cut two straps at 4 inches by 22 inches, for which no pattern piece is supplied – it's just a rectangle! You can draw the

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Materials

- [1" elastic](#) depending on waist measurements (28" to 42") and 1" more
- 1 1/2 to 1 3/4 yards of [cotton](#) or [linen](#). Follow the links for some recommended fabrics.
- thread to match your fabric
- free pattern



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Directions

1. Cutting the men's pajama shorts pattern

- Front 2 pieces
- Back 2 pieces
- Pockets 4 pieces

Download the free pattern and print using the latest version of Adobe Reader. Mark all the notches in the pattern, paying special attention to the notches for the placement of the pockets.



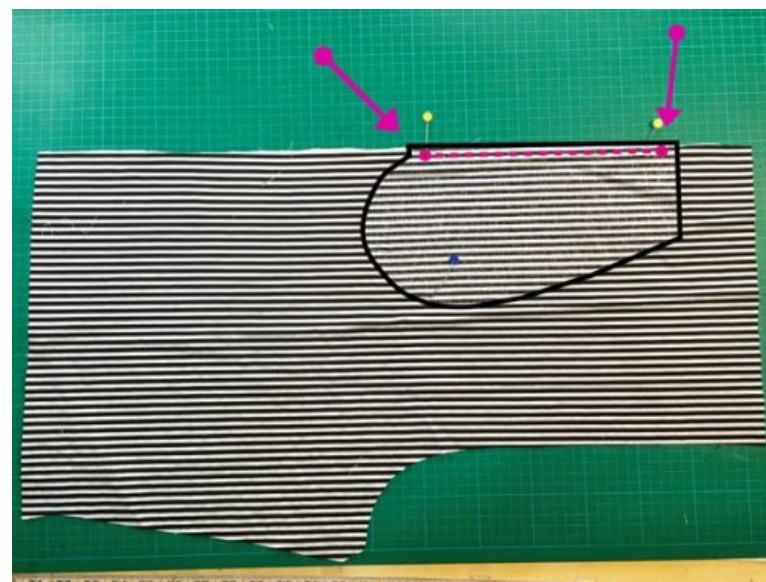
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2. Sewing the inner side

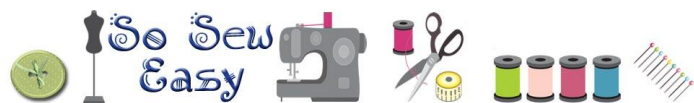


Place the right side or the pockets on the right side of the short patterns pieces. Right sides together. To make sure you are doing it right, please follow the photo.

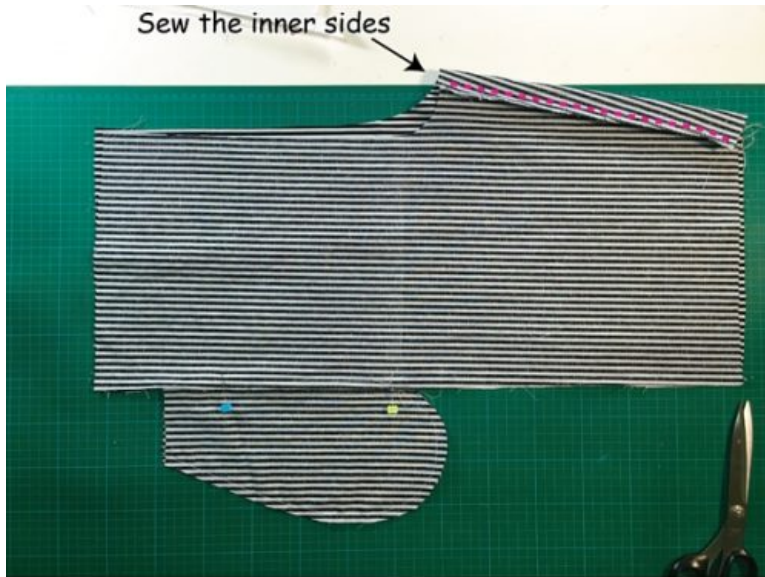
Stay stitch to 1/4" from the edge. Stop at the point indicated by the pattern. You will notice the pocket pieces do not go all the way to the top of the pants. This is so the waist band does not become thick in that area. It will become clearer as we sew along.



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3. Attaching front to back

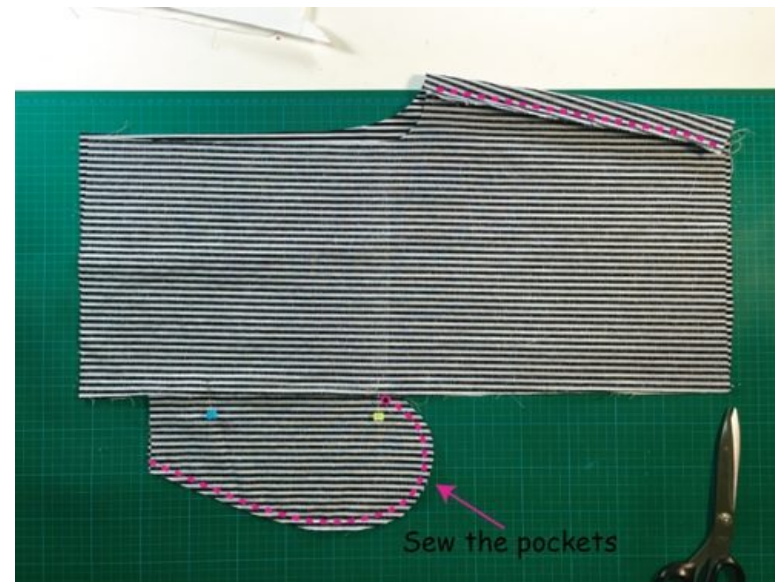


Place front and back right sides facing each other.

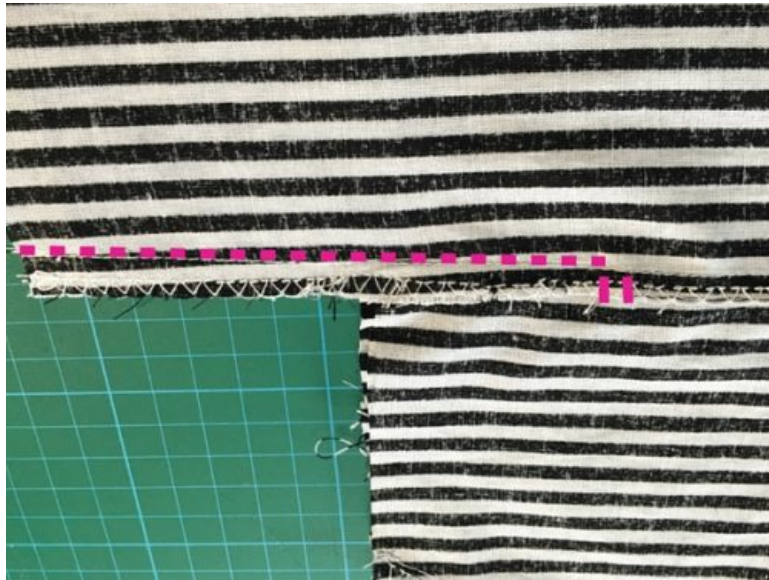
Sew the inside seam at $5/8$ ".

Before we can continue to sew the outer side of the pants, we have to go back to the pockets.

Sew all around the pocket stopping at the mark we have made previously, follow the pattern.



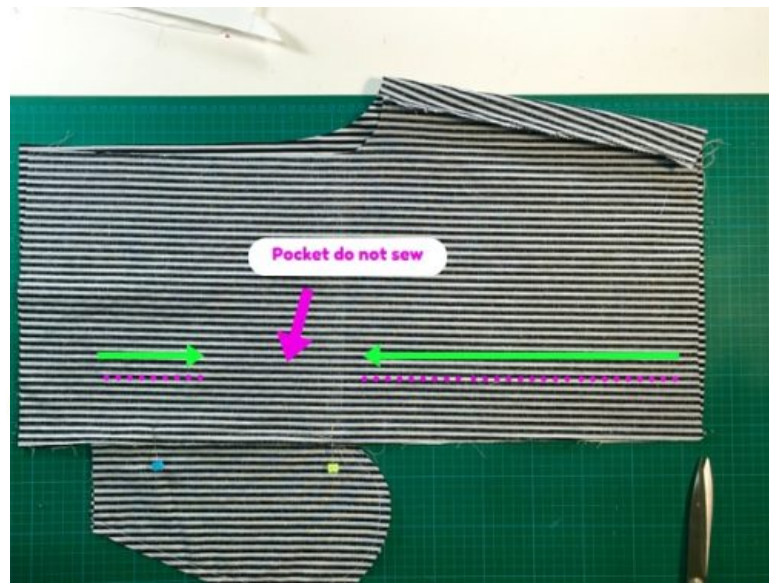
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Clean your seam by using zigzag or using our serger.

Now we can continue putting the pants together by sewing from the top to the pocket stop at the notches.

Now sew the bottom front of the pocket to the hem.



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Do not sew the pocket opening.

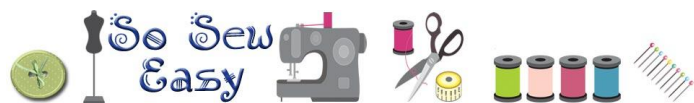


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4. Sewing the crotch

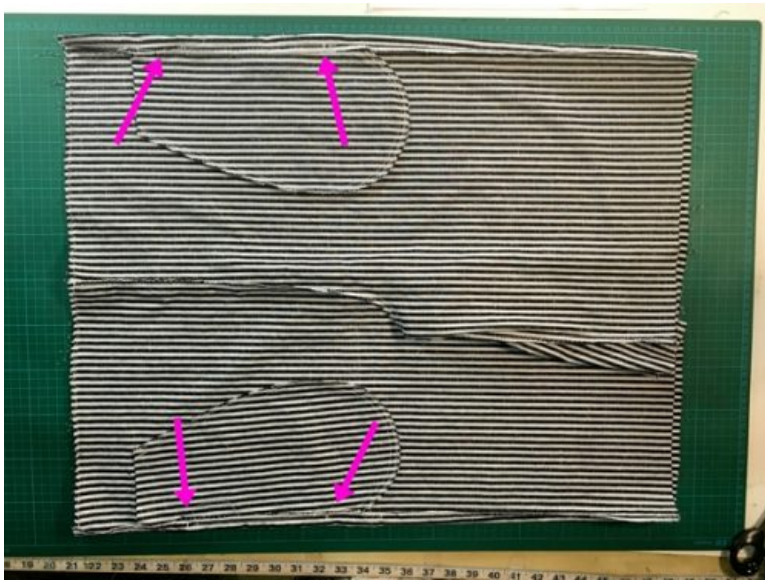


Sew the crotch at 5/8" and clean the seam allowance with your serger or zigzag.



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5. Tacking the pockets



Tack the bottom and top of the pockets to make them strong. Make sure the pockets are facing to the front of the pants. Tacking means going back and forth with your sewing machine in the same place. This step is necessary to re-enforce the pockets and to make sure the pockets will face forward. With tacking, the opening of the pockets will not break or tear with use.



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6. Making the waistband



Fold the waist edge 1/4" down and iron. I have used zigzag to make it easier for me to fold it.

Cut the elastic to the size you need, measuring the waist of the person who is going to wear the short pajama pants, plus one inch. Sew the elastic to 1/2" seam allowance.

Sew the edges down as shown in the picture so the elastic remains as flat as possible.



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Put the elastic band on the shorts as shown in the picture.

Fold and pin down just enough to cover the elastic plus 1/8" for the seam.



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Make sure you cover the top of the pockets. Pin the waist in at least four places and sew at 1/8". Do not catch the elastic inside while sewing. This is so that the elastic can move and provide the elasticity it is supposed to.

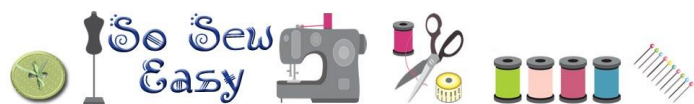
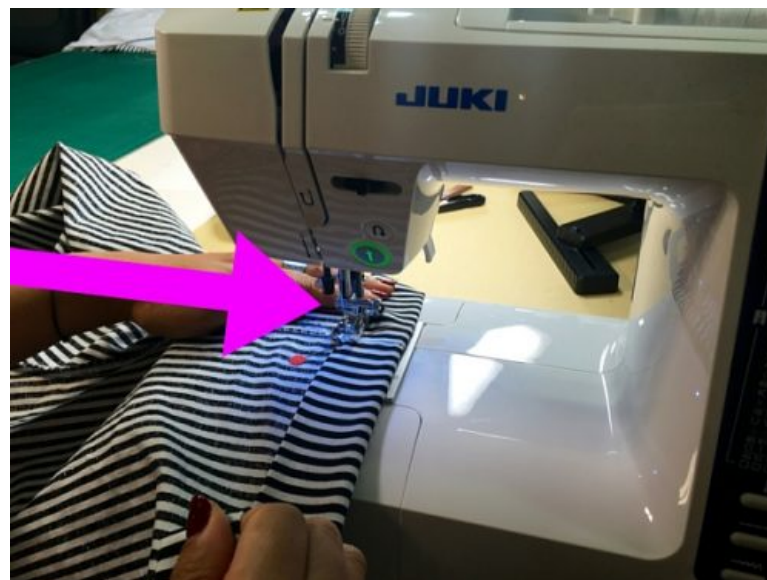


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Start by placing your needle down at the back. Tack a couple of times and then sew while pulling and placing the elastic as needed.

Before you know it, you have gone around the whole waist. This is the easiest way to attach elastic to a waist.



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7. Making the hem of your short pajama pants

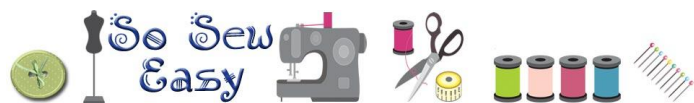


Fold the hem 1/4" and iron, just like we did on step six. Then fold again 1" and pin all around the hem.

Sew the hem at 1/8".



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Inside view



Outside view



Iron and pack your short pajama pants in a pretty box. This is, without a doubt, the easiest shorts you will make for your man. They are perfect for a lazy Sunday or after work relaxing time, but good enough to receive your friends for a barbecue.

We are breaking new ground here at So Sew Easy with our first pattern for a men's garment. Well, sort of the truth, in that the shorts can be worn by anyone. Please stay tuned on our YouTube channel where I will be showing you how to make the shorts, plus how to shorten/lengthen or adjust them to make them larger.



Find more great sewing patterns at So Sew Easy – <http://so-sew-easy.com>

Thank you for downloading this pattern and tutorial. I hope you enjoyed making this project and remember that I love to see what you made so do upload your completed projects to the pattern page on Craftsby.

Keep up with all the latest news and sewing projects at [So Sew Easy](#).

We also have a really great sewing chat group where you can ask questions, share your completed projects, and get 24 hr sewing inspiration. It's not just for So Sew Easy projects – you can chat about all sewing there, whether a newbie just starting out, or an advanced and experienced sewer, there's something for everyone in the sewing chat group. Join us here.

[SEWING CHAT GROUP](#)

For the latest list of both free and paid patterns available, pop on over to [my designer page at Craftsby](#).

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2" x 2" square test

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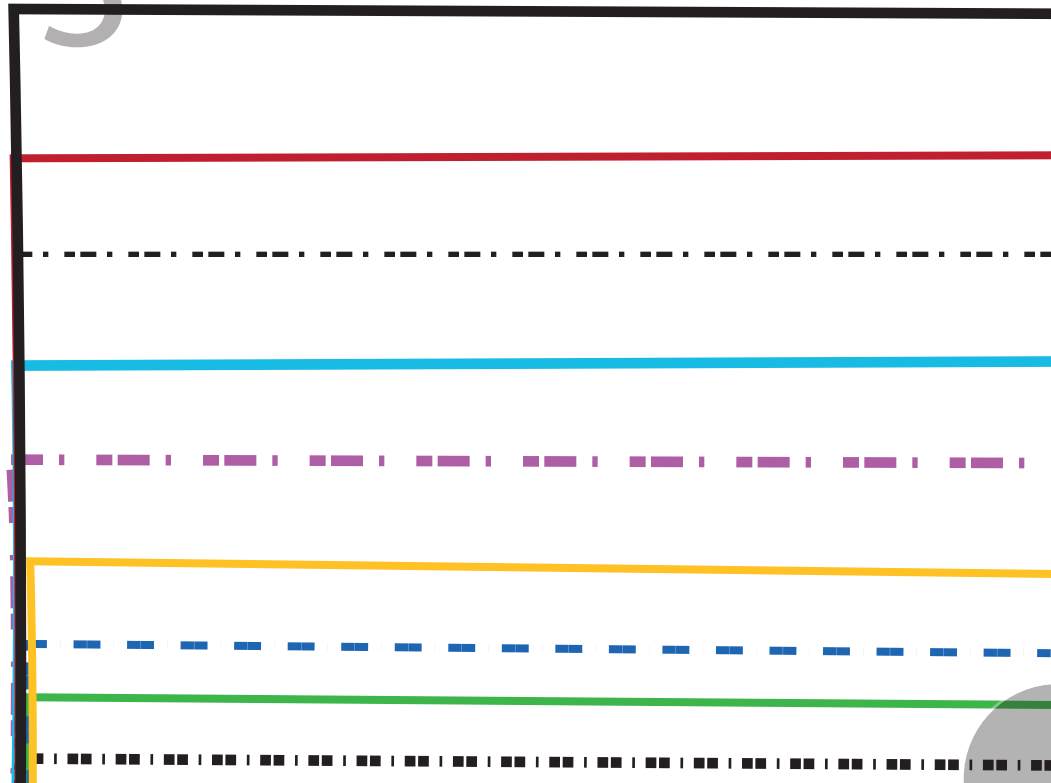
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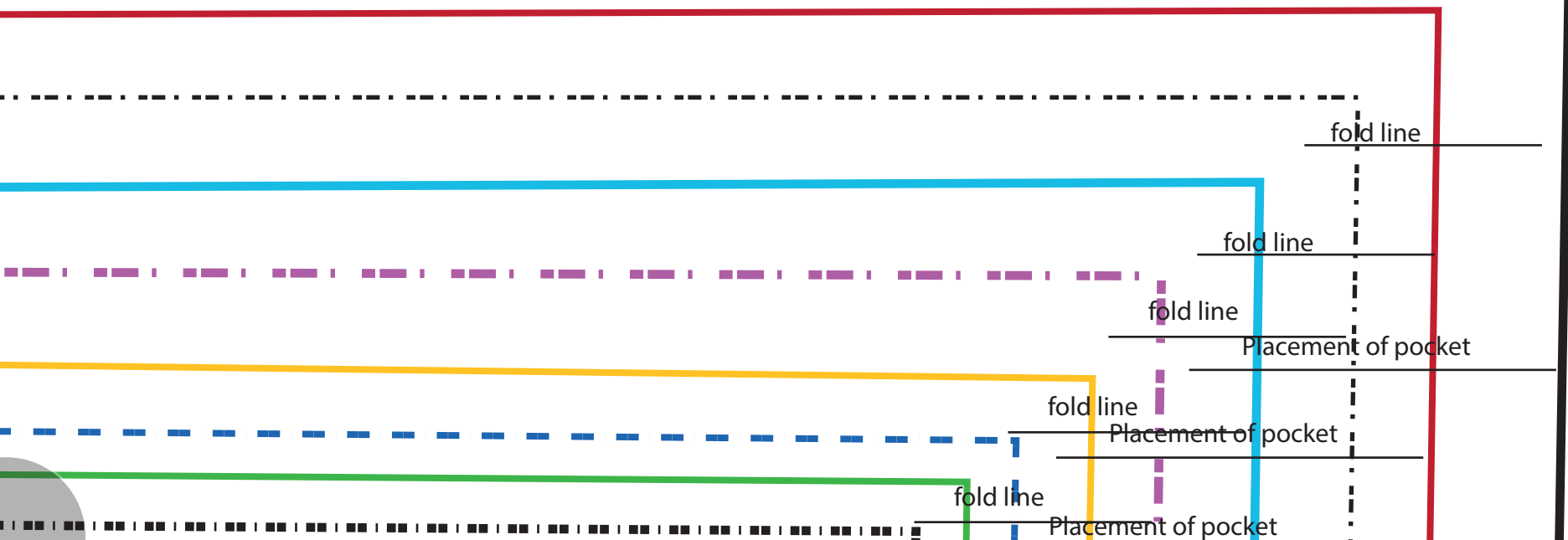
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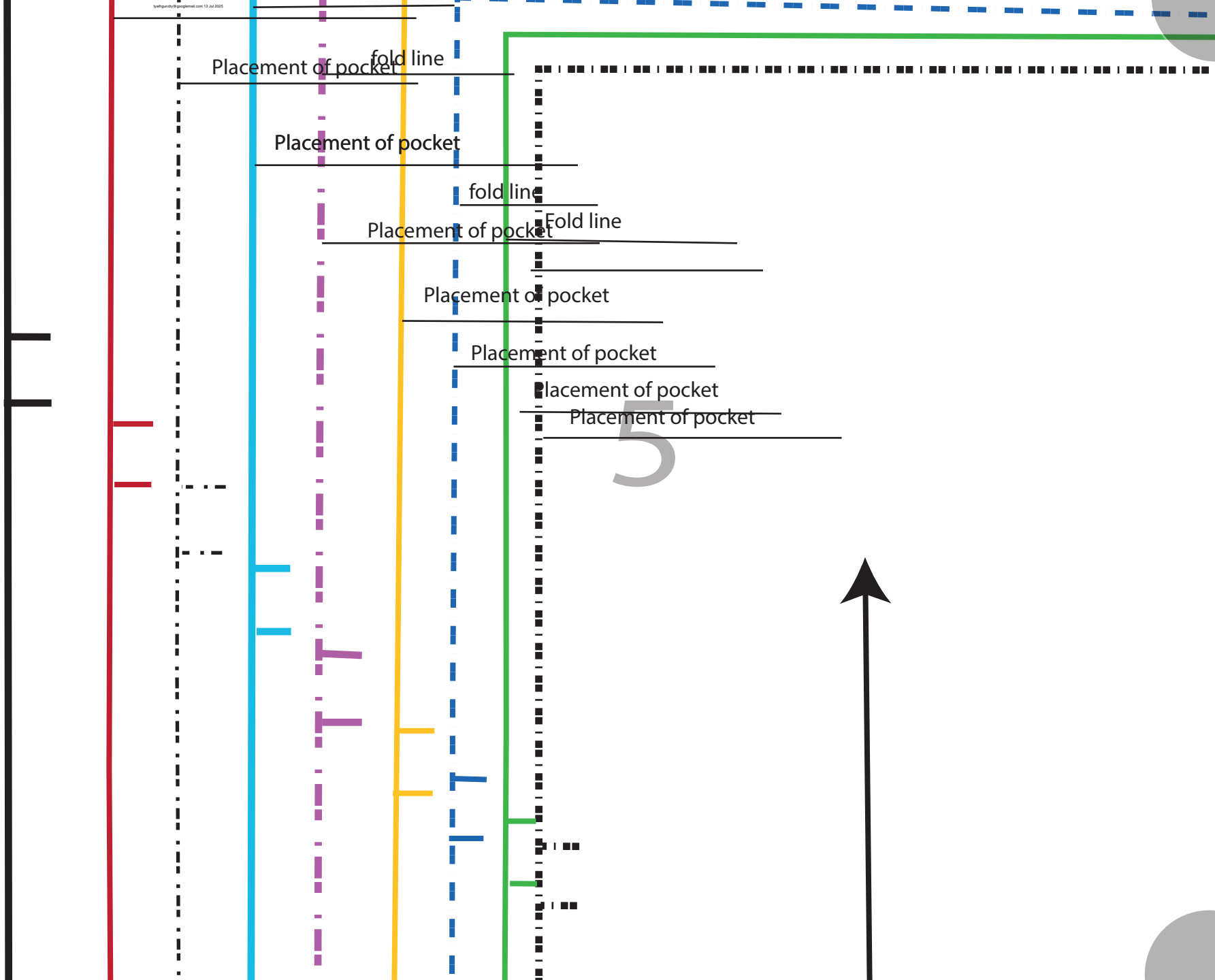
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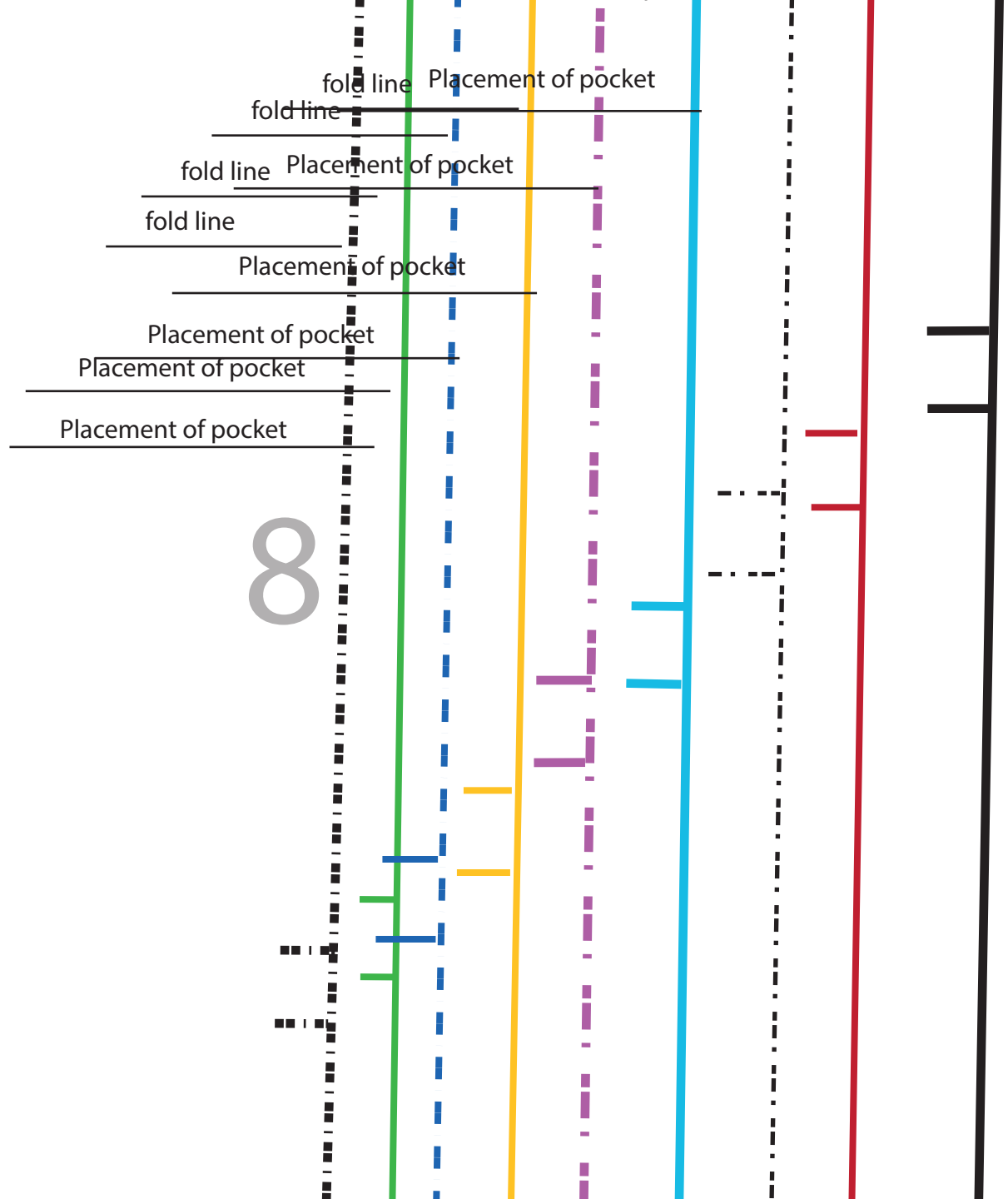
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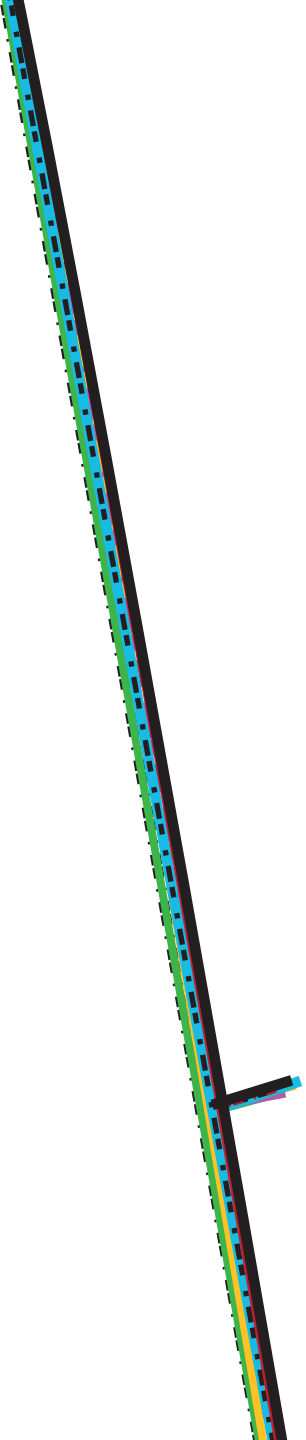
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Front Cut 2

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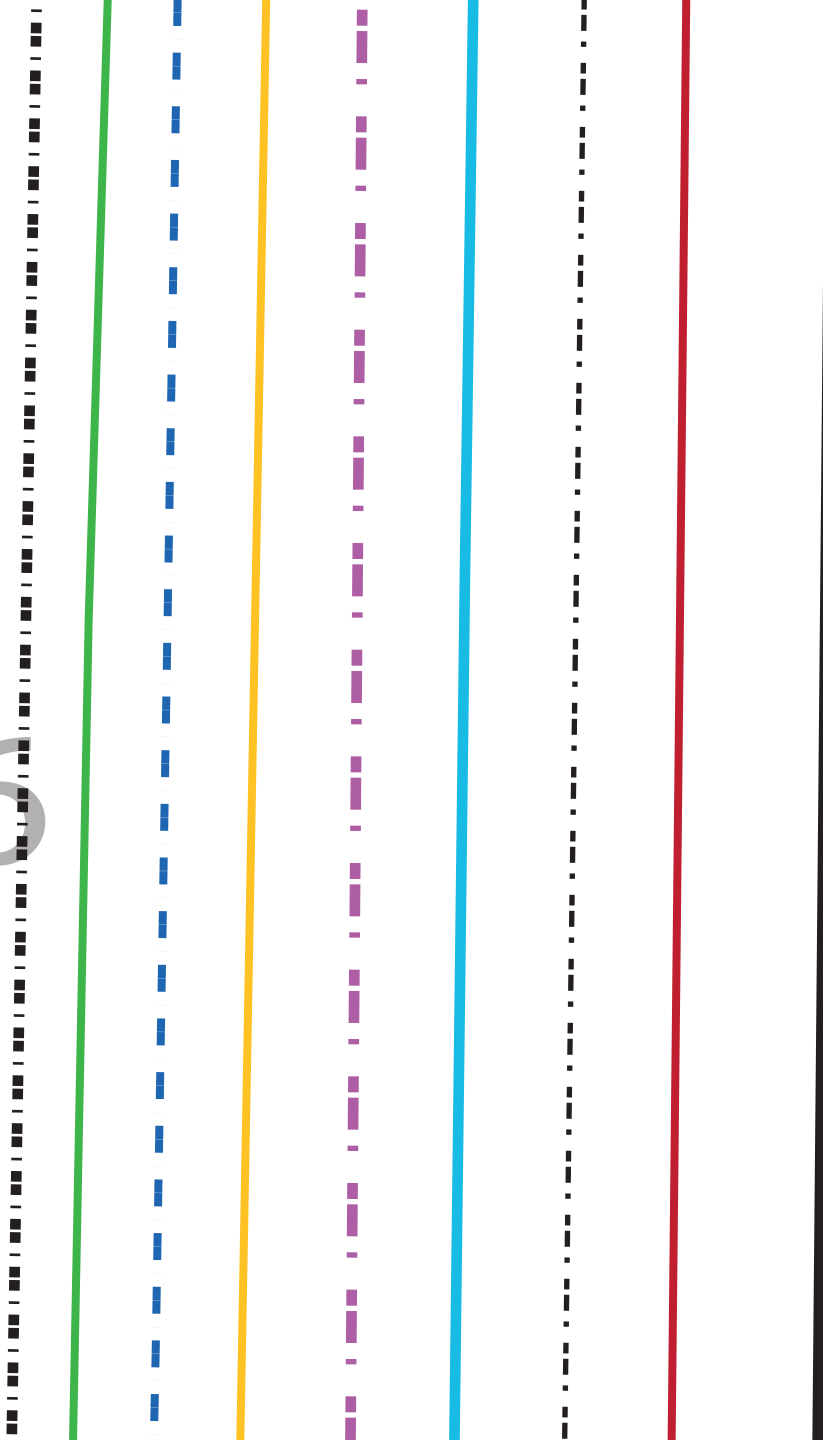
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