How difficult has it been to transition to work-from-home while living with a partner?

Difficulty	Percentage
Not at all	33.5%
Slightly	23.9%
Somewhat	22.2%
Moderately	15.3%
Extremely	5.1%
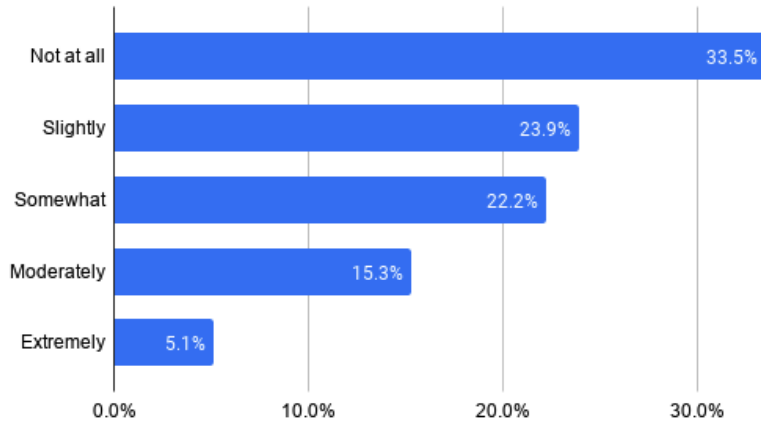
More than half of respondents say it's been only slightly difficult or not difficult at all

Most common change for people to get used to:
Partner annoying them during the workday

## How working from home with a partner has affected amounts of...

	Much less	Slightly less	Less	Same	More	Slightly more	Much more
Sex	2.5%	7.5%	9%	38%	22%	16%	5%
Fighting	7%	13%	9.5%	45%	20.5%	4%	0.5%
Productivity	2.5%	9%	24.5%	28.5%	16.5%	16%	2.5%
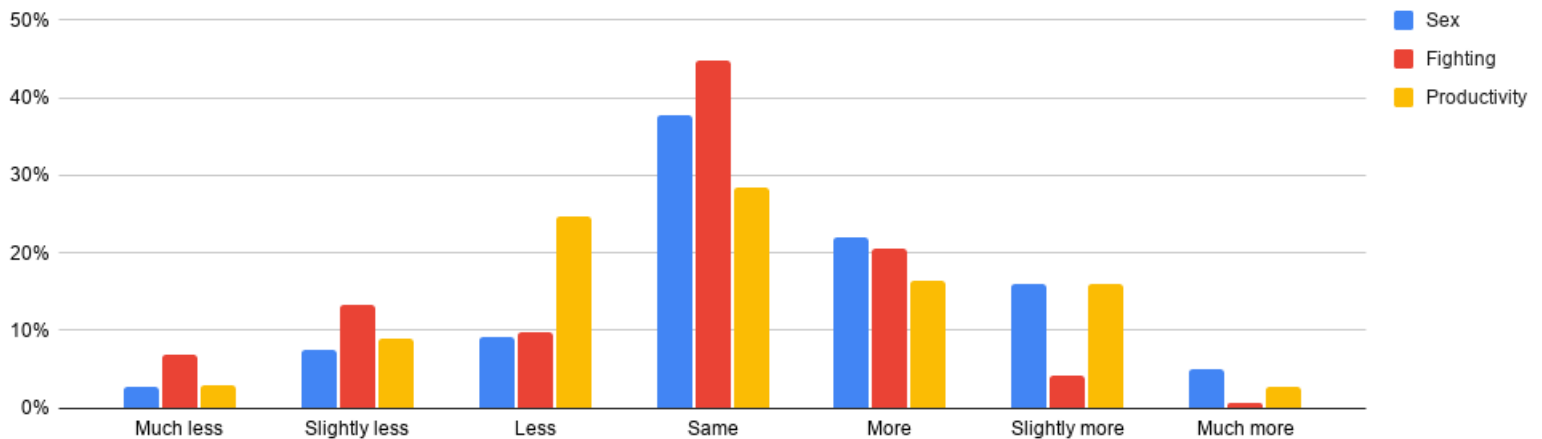
Of the people who reported changes, biggest improvements were in...

Relationship Satisfaction
- Satisfied: 70.9%
- Dissatisfied: 29.1%
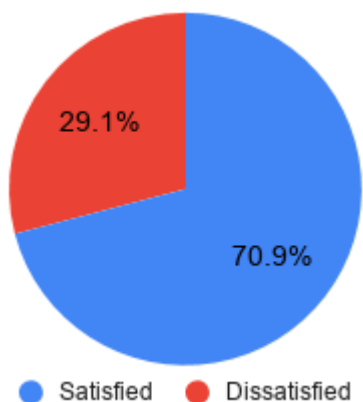
Relationship Strength
- Stronger: 73.8%
- Weaker: 26.2%
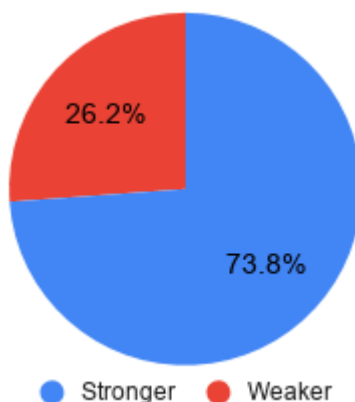
Respect For Partner's Job
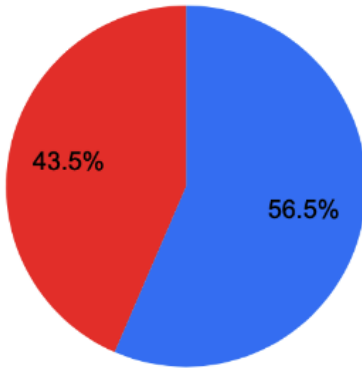- Gained respect: 96.8%
- Lost respect
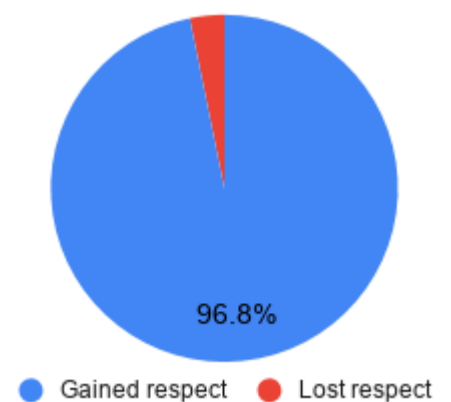
51.2% of people want to continue working from home <u>with their partner</u> after Covid-19

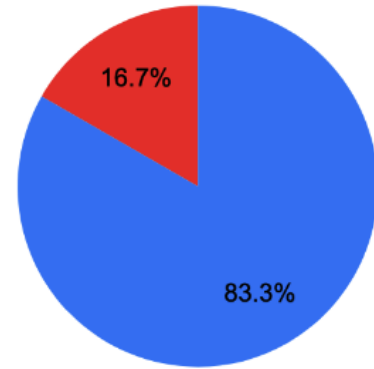## Couples that have been working from home together for...

2 weeks or fewer

- Rules
- No Rules

56.5% Rules
43.5% No Rules
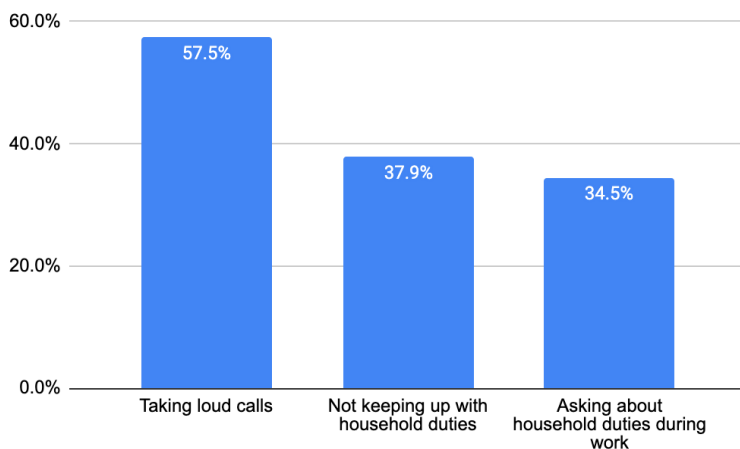
8 weeks or more

- Rules
- No Rules
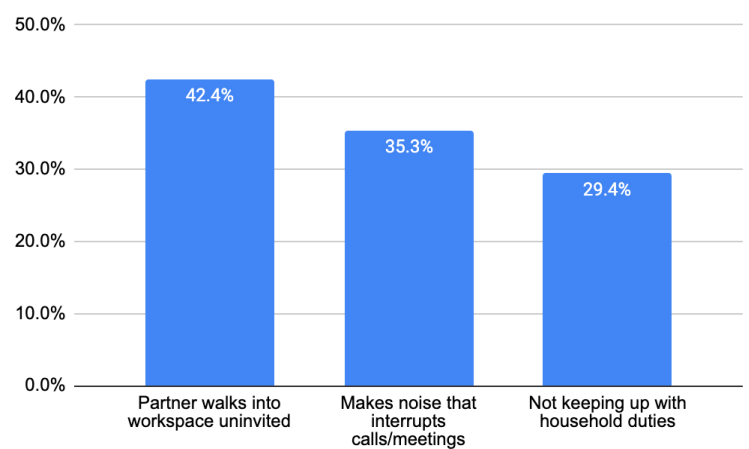
83.3% Rules
16.7% No Rules

The longer a couple has been working from home together, the more likely they are to have rules established

Top Partner Complaints

Relationships With Lower Satisfaction After Co-WFH

Complaint	Percentage
Taking loud calls	57.5%
Not keeping up with household duties	37.9%
Asking about household duties during work	34.5%

Relationships That Got Weaker After Co-WFH

Complaint	Percentage
Partner walks into workspace uninvited	42.4%
Makes noise that interrupts calls/meetings	35.3%
Not keeping up with household duties	29.4%

Top Complaints About Men

%	Complaint
56.9%	Talking/interrupting during work
31.7%	Making noise during calls
24.3%	Not wearing headphones

Top Complaints About Women

Complaint	%
Talking/interrupting during work	55.0%
Walking in during video calls	35.3%
Discussing household tasks	24.8%

Most Helpful Rules To Implement

Keep to the same work hours, and don't work during non-work hours	Create a workday schedule of when to be productive and when to chat	Avoid discussing/doing housework during the workday