**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018

							1	Food	e n	e r g	<b>y</b>						
					<del></del>	-All Indi	viduals	2			—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del>	Non-con	isumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake		e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	kcal	(SE)	kcal	(SE)	%	(SE)	kcal	(SE)	kcal	(SE)	%	(SE)	kcal	(SE)
Males:																ı	
2 - 5	260	42	(3.3)	1656	(53.0)	235	(28.4)	14	(1.6)	1749	(97.8)	560	(59.8)	32	(2.9)	1589	(60.0)
6 - 11	383	39	(3.7)	2006	(54.0)	275	(21.6)	14	(1.0)	2146	(79.5)	712	(40.8)	33	(1.7)	1918	(54.3)
12 - 19	531	50	(3.7)	2275	(43.2)	606	(67.9)	27	(2.9)	2567	(54.1)	1219	(71.3)	47	(2.6)	1986	(88.1)
12 - 17	331	30	(3.7)	2213	(43.2)	000	(07.5)	21	(2.7)	2307	(34.1)	1217	(71.5)	7/	(2.0)	1700	(00.1)
20 - 39	664	65	(2.9)	2526	(46.1)	826	(67.4)	33	(2.4)	2655	(82.9)	1280	(79.2)	48	(2.2)	2291	(96.7)
40 - 59	715	57	(3.6)	2578	(67.7)	727	(56.6)	28	(1.9)	2739	(95.0)	1286	(59.6)	47	(1.1)	2368	(83.7)
60 and over	928	44	(3.5)	2312	(41.5)	416	(47.5)	18	(2.0)	2449	(82.1)	955	(62.9)	39	(2.0)	2207	(54.6)
			` ,		` ′		` ,		ì		, ,		, ,		` ′		, ,
2 - 19	1174	44	(2.7)	2055	(25.5)	418	(34.5)	20	(1.7)	2283	(48.2)	941	(40.3)	41	(1.8)	1873	(42.9)
20 and over	2307	56	(2.3)	2485	(23.9)	677	(36.6)	27	(1.4)	2641	(34.9)	1212	(35.7)	46	(1.1)	2288	(45.1)
2 and over	3481	53	(2.1)	2378	(21.9)	612	(32.2)	26	(1.2)	2566	(34.1)	1155	(30.0)	45	(0.9)	2166	(31.0)
Females:																	
2 - 5	280	42	(3.6)	1424	(45.7)	192	(20.1)	13	(1.3)	1490	(32.5)	460	(23.1)	31	(1.5)	1376	(69.9)
6 - 11	412	52	(4.6)	1864	(40.3)	393	(48.5)	21	(2.5)	1996	(62.5)	754	(48.5)	38	(2.3)	1719	(65.8)
12 - 19	514	59	(3.1)	1768	(44.7)	530		30	(1.5)	1907	(62.5)	898	(39.6)	47	(1.6)	1568	(42.7)
			(- ' )		( ''')		( )				( )		(/		( ) - /		( ''')
20 - 39	766	65	(2.5)	1936	(25.5)	598	(29.2)	31	(1.3)	1998	(39.0)	921	(44.0)	46	(1.8)	1820	(46.8)
40 - 59	786	52	(3.3)	1868	(70.3)	452	(29.8)	24	(1.8)	1934	(68.7)	863	(46.0)	45	(2.0)	1796	(99.3)
60 and over	883	44	(3.6)	1727	(46.0)	315	(33.5)	18	(1.8)	1762	(62.3)	718	(32.4)	41	(1.8)	1700	(56.8)
2 - 19	1206	53	(2.0)	1726	(27.0)	411	(30.6)	24	(1.6)	1866	(42.1)	776	(31.3)	42	(1.3)	1568	(28.5)
20 and over	2435	53 54	(2.9) (2.1)	1849	(28.3)	462	(18.6)	25	(1.6) (1.0)	1919	(33.2)	852	(25.9)	44	(1.3)	1767	(39.6)
20 and over	3641	54 54	(2.1) $(2.0)$	1821	(20.3)	451	(16.6)	25 25	(0.9)	1919	(29.4)	835	(23.9)	44	(1.3)	1707	(30.3)
Z and over	JU <del>4</del> 1	54	(2.0)	1021	(21.7)	431	(10.0)	23	(0.9)	1907	(49.4)	033	(22.2)	44	(1.1)	1/41	(30.3)
Males and Females:									ł								
2 - 19	2380	49	(2.2)	1894	(18.2)	415	(25.3)	22	(1.3)	2061	(33.5)	853	(28.3)	41	(1.2)	1737	(27.6)
20 and over	4742	55	(2.0)	2155	(18.8)	565	(25.7)	26	(1.1)	2271	(24.7)	1027	(26.3)	45	(1.0)	2013	(29.6)
2 and over	7122	53	(1.8)	2093	(14.2)	529	(21.7)	25	(1.0)	2225	(20.7)	990	(22.3)	44	(0.8)	1940	(21.8)
				'	•		•									•	

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								Рr	o t e	i n							
						-All Indi	viduals	2	<del></del>		—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del>	Non-con	isumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Mala				ı											I		
Males:	260	42	(2.2)	56.7	(1.27)	7.0	(0.94)	1.4	(1.7)	58.5	(2.02)	18.9	(2.00)	32	(2.2)	55 5	(2.16)
2 - 5 6 - 11	383	39	(3.3) (3.7)	68.8	(1.27) (2.09)		(0.94) $(1.04)$	14 15	(1.7) (1.6)	73.6	(2.92) (3.19)	26.7	(2.08) (1.70)	36	(3.2) (2.6)	65.8	(2.16)
12 - 19	531	50	(3.7)	86.5	(3.49)		(3.09)	28	(3.1)	96.1			(3.81)	51	(2.6)		
12 - 19	331	30	(3.9)	00.5	(3.49)	24.0	(3.09)	20	(3.1)	70.1	(4.03)	47.4	(3.61)	31	(2.0)	77.0	(4.07)
20 - 39	664	65	(2.9)	97.4	(1.80)	33.7	(2.80)	35	(2.6)	101.4	(3.56)	52.3	(3.43)	52	(2.9)	90.1	(4.48)
40 - 59	715	57	(3.6)	99.9	(3.05)		(2.64)	31	(2.3)	102.3	(3.38)	53.9	(2.59)	53	(1.5)	96.7	(4.94)
60 and over	928	44	(3.5)	87.0	(2.21)		(2.14)	21	(2.3)	94.2		42.2	(2.91)	45	(2.8)	81.5	(2.96)
			, ,										, ,				, ,
2 - 19	1174	44	(2.7)	74.3	(1.59)	16.3	(1.61)	22	(2.0)	82.1	(2.85)	36.8	(2.14)	45	(2.1)	68.1	(2.26)
20 and over	2307	56	(2.3)	95.4	(1.29)	28.3	(1.64)	30	(1.5)	100.2	(1.71)	50.7	(1.42)	51	(1.4)	89.3	(2.11)
2 and over	3481	53	(2.1)	90.1	(1.23)	25.3	(1.49)	28	(1.4)	96.4	(1.63)	47.8	(1.35)	50	(1.2)	83.1	(1.47)
El									,								
<b>Females:</b> 2 - 5	280	42	(2.6)	40.2	(1.52)	67	(0.70)	12	(1.2)	50.5	(1.74)	15.0	(1.06)	22	(2.2)	10 1	(1.05)
	412	42 52	(3.6)	49.3	(1.53)	6.7 12.8	(0.70)	13 21	(1.3)		(1.74)	15.9 24.5	(1.06)	32 38	(2.3)		
6 - 11 12 - 19	514	52 59	(4.6) (3.1)	60.7 62.0	(1.61) (2.77)		(1.78) (1.25)	32	(2.6) (1.4)	65.5	(1.79) (3.53)	33.9	(1.69) (2.34)	58 52	(2.2) (2.1)	57.6 57.0	(2.62) (2.66)
12 - 19	314	39	(3.1)	02.0	(2.77)	20.0	(1.23)	32	(1.4)	05.5	(3.33)	33.9	(2.34)	32	(2.1)	37.0	(2.00)
20 - 39	766	65	(2.5)	71.4	(1.28)	23.3	(1.28)	33	(1.5)	73.5	(1.82)	35.8	(1.77)	49	(2.1)	67.5	(2.33)
40 - 59	786	52	(3.3)	69.4	(2.70)		(1.39)	27	(2.0)	70.7	(2.71)	36.3	(2.49)	51	(3.1)	67.9	(3.46)
60 and over	883	44	(3.6)	66.9	(2.06)		(1.31)	19	(2.1)		(1.97)	29.3	` ,	44	(2.3)	67.3	(2.85)
			( )		(,		( )				( /		( ''')		( /		(,
2 - 19	1206	53	(2.9)	58.8	(1.51)	14.7	(1.15)	25	(1.6)	62.3	(2.03)	27.7	(1.39)	45	(1.3)	54.9	(1.59)
20 and over	2435	54	(2.1)	69.4	(1.35)	18.6	(0.81)	27	(1.1)	70.8	(1.54)	34.4	(1.06)	48	(1.5)	67.6	(1.77)
2 and over	3641	54	(2.0)	67.0	(1.08)	17.7	(0.76)	27	(1.0)	68.9	(1.32)	32.9	(0.98)	48	(1.3)	64.7	(1.35)
Males and Females:	2380	40	(2.2)	66.0	(1.24)	155	(1.02)	22	(1.2)	71.6	(2.02)	22.0	(1.20)	45	(1.2)	62.2	(1.76)
2 - 19		49	(2.2)	66.8	(1.34)		(1.03)	23	(1.3)	71.6	(2.03)	32.0	(1.26)	45 50	(1.3)	62.2	(1.76)
20 and over	4742	55 52	(2.0)	81.9	(0.93)	23.3	(1.13)	28	(1.2)	85.1	(1.03)	42.3	(1.06)	50	(1.1)	77.8	(1.60)
2 and over	7122	53	(1.8)	78.3	(0.88)	21.4	(0.99)	27	(1.1)	82.2	(1.07)	40.1	(0.98)	49	(0.9)	73.7	(1.24)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							C	arb	o h y	dra	t e						
						-All Indiv	iduals <sup>i</sup>	2			—All R	estaurant	Consu	mers <sup>3</sup> —	<del></del>	Non-con	isumers <sup>4</sup>
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake	Intake All Rest	e from aurants	Percentag All Rest		To Inta	otal ake	Intake All Rest		Percentag All Resi			otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Males:				I					1							I	
2 - 5	260	42	(3.3)	220	(8.1)	27	(3.3)	12	(1.4)	233	(14.8)	64	(6.6)	28	(2.5)	210	(7.0)
6 - 11	383	39	(3.7)	260	(7.1)	30	(2.4)	12	(0.9)	273	(8.1)	79	(4.6)	29	(1.6)	252	(9.5)
12 - 19	531	50	(3.9)	283	(4.5)	67	(7.6)	24	(2.7)	314	(6.9)	135	(8.1)	43	(2.7)	252	(9.5)
20 - 39	664	65	(2.9)	284	(4.9)	84	(6.9)	30	(2.3)	291	(8.0)	131	(7.5)	45	(2.0)	272	(13.3)
40 - 59	715	57	(3.6)	293	(6.6)	73	(5.5)	25	(1.8)	305	(10.5)	128	(5.8)	42	(1.2)	277	(10.4)
60 and over	928	44	(3.5)	263	(5.2)	40	(4.6)	15	(1.7)	274	(8.6)	92	(5.9)	33	(1.8)	255	(6.1)
2 - 19	1174	44	(2.7)	262	(2.8)	47	(3.8)	18	(1.5)	286	(6.4)	105	(4.5)	37	(1.7)	243	(5.1)
20 and over	2307	56	(2.3)	281	(3.2)	68	(4.0)	24	(1.3)	292	(5.3)	121	(4.1)	42	(1.1)	267	(4.8)
2 and over	3481	53	(2.1)	277	(2.6)	62	(3.4)	23	(1.2)	291	(4.7)	118	(3.4)	41	(0.9)	260	(3.2)
Females:																	
2 - 5	280	42	(3.6)	193	(6.9)	23	(2.4)	12	(1.2)	199	(3.9)	55	(3.0)	28	(1.4)	189	(11.5)
6 - 11	412	52	(4.6)	247	(6.6)	46	(6.3)	19	(2.4)	260	(9.4)	89	(6.7)	34	(2.1)	232	(9.4)
12 - 19	514	59	(3.1)	222	(4.9)	59	(4.1)	27	(1.5)	236	(7.1)	101	(4.9)	43	(1.9)	202	(4.7)
20 - 39	766	65	(2.5)	226	(3.9)	62	(2.5)	27	(1.1)	230	(5.5)	95	(4.3)	41	(1.6)	219	(6.5)
40 - 59	786	52	(3.3)	221	(10.2)	46	(3.4)	21	(1.8)	224	(8.8)	88	(6.0)	39	(2.3)	217	(14.1)
60 and over	883	44	(3.6)	202	(5.7)	32	(3.9)	16	(1.8)	199	(7.6)	73	(4.3)	37	(1.9)	205	(7.3)
2 - 19	1206	53	(2.9)	224	(3.7)	47	(3.8)	21	(1.5)	238	(5.6)	89	(4.0)	37	(1.3)	209	(3.8)
20 and over	2435	54	(2.1)	217	(3.8)	47	(2.0)	22	(1.0)	221	(4.0)	87	(2.9)	40	(1.2)	213	(5.5)
2 and over	3641	54	(2.0)	219	(3.0)	47	(1.8)	22	(0.9)	224	(3.4)	88	(2.4)	39	(1.0)	212	(4.5)
Males and Females:																	
2 - 19	2380	49	(2.2)	243	(2.3)	47	(2.9)	19	(1.1)	260	(4.2)	96	(3.3)	37	(1.1)	228	(3.5)
20 and over	4742	55	(2.0)	248	(3.0)	57	(2.8)	23	(1.1)	256	(3.4)	104	(3.1)	41	(1.0)	239	(4.3)
2 and over	7122	53	(1.8)	247	(2.2)	55	(2.3)	22	(0.9)	257	(2.4)	102	(2.5)	40	(0.8)	236	(3.3)
				•											•	1	

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							T	ota	l su	<b>g a</b> 1	r s						
						-All Indiv	iduals	2			—All R	estaurant	Consu	mers <sup>3</sup> —	<del></del>	Non-con	sumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta		Intake All Rest	e from taurants	Percentag All Rest		To Inta		Intake All Rest		Percentag All Rest		6 To Inta	
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Males:			ı						ı							I	
2 - 5	260	42	(3.3)	106	(5.8)	9	(1.4)	8	(1.3)	109	(8.8)	21	(2.6)	19*	(2.3)	104	(5.8)
6 - 11		39	(3.7)	118	(3.1)	11	(0.8)	9	(0.6)	125	(4.8)	28	(2.2)	22	(1.9)	114	(4.3)
12 - 19		50	(3.9)	126	(3.4)	25	(3.1)	20	(2.3)	142	(4.7)	50	(3.3)	35	(2.4)	109	(4.1)
20 - 39	664	65	(2.9)	114	(3.5)	25	(2.2)	22	(1.8)	117	(3.7)	39	(2.4)	33	(1.9)	108	(7.1)
40 - 59		57	(3.6)	128	(5.9)	23	(2.2)	18	(1.3)	133	(8.6)	41	(3.4)	31	(1.2)	121	(6.4)
60 and over	928	44	(3.5)	114	(2.6)	12	(1.5)	10	(1.2)	116	(5.2)	26	(2.1)	23	(1.6)	113	(3.5)
2 - 19	1174	44	(2.7)	119	(1.9)	17	(1.4)	14	(1.2)	131	(4.0)	38	(1.7)	29	(1.4)	110	(2.3)
20 and over		56	(2.3)	119	(2.7)	21	(1.3)	17	(0.9)	122	(3.7)	37	(1.4)	30	(0.9)	114	(2.1)
2 and over		53	(2.1)	119	(2.3)	20	(1.1)	17	(0.8)	124	(3.2)	37	(1.1)	30	(0.7)	113	(1.9)
Females:																	
2 - 5	280	42	(3.6)	95	(4.8)	7	(1.1)	8	(0.9)	96	(2.7)	18	(1.6)	18	(1.6)	95	(7.4)
6 - 11	412	52	(4.6)	112	(4.2)	20	(3.1)	18	(2.5)	120	(6.0)	38	(3.9)	31	(2.4)	104	(4.6)
12 - 19	514	59	(3.1)	97	(2.9)	23	(2.6)	23	(2.2)	104	(4.3)	38	(3.5)	37	(3.1)	86	(3.6)
20 - 39	766	65	(2.5)	97	(3.1)	22	(1.3)	22	(1.3)	99	(4.4)	33	(2.2)	33	(1.8)	95	(4.7)
40 - 59	786	52	(3.3)	101	(5.6)	16	(1.3)	16	(1.2)	100	(6.5)	30	(3.0)	30	(2.0)	102	(6.8)
60 and over	883	44	(3.6)	89	(3.8)	10	(1.6)	12	(1.6)	81	(4.3)	24	(2.3)	29	(2.3)	95	(4.9)
2 - 19	1206	53	(2.9)	102	(2.4)	18	(1.9)	18	(1.6)	108	(3.5)	35	(2.4)	32	(1.7)	95	(2.7)
20 and over	2435	54	(2.1)	96	(2.0)	16	(0.8)	17	(0.9)	95	(2.5)	30	(1.2)	31	(1.0)	97	(2.6)
2 and over	3641	54	(2.0)	97	(1.5)	17	(0.8)	17	(0.9)	98	(2.0)	31	(1.1)	32	(1.1)	97	(2.2)
Males and Females:	:																
2 - 19		49	(2.2)	110	(1.3)	18	(1.3)	16	(1.1)	119	(2.6)	36	(1.6)	30	(1.2)	103	(1.6)
20 and over		55	(2.0)	107	(1.7)	18	(1.0)	17	(0.8)	108	(2.0)	33	(1.1)	31	(0.8)	105	(1.9)
2 and over	7122	53	(1.8)	108	(1.4)	18	(0.8)	17	(0.7)	111	(1.6)	34	(0.9)	31	(0.7)	105	(1.6)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							D	i e t a	r y	f i b	e r						
				• • • • • •		-All Indi	viduals	2			—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del> ,	Non-con	sumers 4
Gender and age	Sample Size	Pero Repor		To Inta	otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake	Intak All Res	e from taurants	Percentag All Rest		To Inta	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Males:				I					I								
2 - 5 6 - 11	260 383	42 39	(3.3) (3.7)	12.4 14.9	(0.52) (0.87)	1.6 1.7	(0.20) (0.19)	13 12	(1.4) (1.3)	12.5 14.6	(0.85) (0.75)	3.9 4.5	(0.46) (0.40)	31 30	(3.3)	12.4 15.1	(0.71) (1.10)
12 - 19	531	50	(3.7)	15.7	(0.87) $(0.47)$	4.0	(0.19) $(0.60)$	25	(3.4)	16.7	(0.73) $(0.78)$	8.0	(0.40) $(0.88)$	48	(2.4) (4.2)		(0.76)
20 - 39	664	65	(2.9)	18.1	(0.57)	5.3	(0.51)	29	(2.5)	17.6	(0.88)	8.2	(0.67)	47	(2.5)		(1.23)
40 - 59 60 and over	715 928	57 44	(3.6) (3.5)	19.2 17.7	(0.57) (0.63)	4.8 2.7	(0.50) (0.32)	25 15	(2.3) (1.7)	19.0 17.8	(0.77) (0.83)	8.4 6.1	(0.58) (0.48)	44 34	(2.0) (2.2)	19.5 17.5	(1.11) (0.69)
2 - 19	1174	44	(2.7)	14.7	(0.38)	2.7	(0.30)	18	(1.9)	15.3	(0.46)	6.1	(0.48)	40	(2.7)	14.3	(0.55)
20 and over 2 and over	2307 3481	56 53	(2.3) (2.1)	18.4 17.5	(0.38) (0.34)	4.4 4.0	(0.33) (0.28)	24 23	(1.6) (1.4)	18.1 17.5	(0.41) (0.40)	7.8 7.5	(0.39) (0.35)	43 43	(1.6) (1.4)	18.7 17.4	(0.67) (0.53)
Females:																	
2 - 5	280	42	(3.6)	11.8	(0.45)	1.4	(0.18)	12	(1.6)	11.5	(0.74)	3.4	(0.35)	29	(2.0)	12.0	(0.84)
6 - 11 12 - 19	412 514	52 59	(4.6) (3.1)	14.6 13.5	(0.44) (0.55)	2.3 3.5	(0.29) (0.22)	16 26	(1.7) (1.2)	15.0 14.0	(0.59) (0.72)	4.5 5.9	(0.35) (0.30)	30 43	(1.8) (2.5)	14.1 12.8	(0.61) (0.64)
20 - 39	766	65	, ,	15.7	(0.48)	3.8	(0.17)	24	(1.1)	15.1	(0.62)	5.8	(0.27)	38		16.8	(0.60)
40 - 59	786	52	(2.5) (3.3)	14.9	(0.48) $(0.73)$	2.8	(0.17)	24 19	(1.1)	14.6	(0.62) $(0.46)$	5.6 5.4	(0.27) $(0.44)$	36 37	(2.7) (2.6)	15.3	(1.13)
60 and over	883	44	(3.6)	15.7	(0.57)	2.2	(0.29)	14	(1.7)	14.3	(0.66)	5.0	(0.43)	35	(2.0)	16.9	(0.79)
2 - 19	1206	53	(2.9)	13.5	(0.28)	2.7	(0.18)	20	(1.1)	13.9	(0.42)	5.0	(0.19)	36	(1.6)	13.0	(0.37)
20 and over	2435	54	(2.1)	15.5	(0.44)	3.0	(0.13)	19	(0.9)	14.7	(0.37)	5.5	(0.19)	37	(1.6)	16.3	(0.67)
2 and over	3641	54	(2.0)	15.0	(0.37)	2.9	(0.12)	19	(0.8)	14.6	(0.33)	5.4	(0.17)	37	(1.5)	15.5	(0.54)
Males and Females:																	
2 - 19	2380	49	(2.2)	14.1	(0.27)	2.7	(0.20)	19	(1.3)	14.5	(0.36)	5.5	(0.30)	38	(1.9)	13.7	(0.40)
20 and over	4742 7122	55 53	(2.0)	16.9 16.2	(0.39)	3.6	(0.21)	22 21	(1.1)	16.4 16.0	(0.33)	6.6	(0.23)	40 40	(1.2)	17.4 16.5	(0.61)
2 and over	1122	33	(1.8)	10.2	(0.33)	3.4	(0.18)	۷1	(1.0)	10.0	(0.32)	6.4	(0.21)	40	(1.1)	10.3	(0.50)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								Tot	al	f a t							
						-All Indi	viduals	2			—All R	estauran	t Consu	mers <sup>3</sup> —		Non-con	sumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta			e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Males:	260	40	(2.2)	(2.0	(2.25)	10.7	(1.20)	17	(2.1)	<i>(</i> 7.5	(2.00)	25.6	(2.05)	20	(2.0)	<i>c</i> 1 1	(0.15)
2 - 5	260	42	(3.3)	63.8	(2.27)		(1.38)	17	(2.1)	67.5	. ,		(3.07)	38	(3.9)		(3.15)
6 - 11	383	39	(3.7)	79.6	(3.01)		(0.97)	16	(1.2)	87.2	` /	32.6	(2.07)	37 52	(2.0)	74.8	(2.78)
12 - 19	531	50	(3.9)	90.2	(2.11)	26.9	(3.03)	30	(3.3)	104.0	(3.16)	54.1	(3.39)	52	(2.9)	/6.6	(3.79)
20 - 39	664	65	(2.9)	100.7	(2.67)	36.6	(3.16)	36	(2.7)	107.0	(4.30)	56.7	(3.96)	53	(2.6)	89.1	(4.89)
40 - 59	715	57	(3.6)	104.1	(4.32)		(2.85)	32	(2.0)	113.6	(5.82)	58.6	(3.66)	52	(1.4)	91.8	(5.01)
60 and over	928	44	(3.5)	98.4	(1.76)	19.8	(2.33)	20	(2.3)	105.4	(3.60)	45.6	(3.29)	43	(2.3)	93.0	(3.34)
2 - 19	1174	44	(2.7)	81.1	(1.64)	18.7	(1.54)	23	(1.9)	91.9	(2.67)	42.2	(2.00)	46	(1.9)	72.5	(2.02)
20 and over	2307	56	(2.7) $(2.3)$	101.3	(1.04) $(1.42)$	30.7	(1.54) $(1.60)$	30	(1.9) $(1.5)$	109.1	(2.07) $(1.97)$	55.0	(1.76)	50	(1.9) $(1.4)$	91.4	(2.63)
2 and over	3481	53	(2.3) $(2.1)$	96.2	(1.42) $(1.30)$		(1.42)	29	(1.3)	105.5	(1.97) $(1.98)$	52.3	(1.43)	50	(1.4) $(1.0)$	85.8	(1.78)
2 and over	5401	33	(2.1)	70.2	(1.50)	27.7	(1.42)	2)	(1.5)	103.3	(1.70)	32.3	(1.43)	30	(1.0)	05.0	(1.70)
Females:				ŀ													
2 - 5	280	42	(3.6)	52.9	(1.67)	8.3	(0.94)	16	(1.6)	56.8	(1.65)	19.9	(1.15)	35	(2.1)	50.1	(2.29)
6 - 11	412	52	(4.6)	73.3	(1.69)		(1.90)	24	(2.6)	81.0	. ,	34.0	(2.12)	42	(2.7)	64.9	(2.37)
12 - 19	514	59	(3.1)	71.9	(2.56)	24.0	(1.35)	33	(1.8)	79.4	(3.49)	40.7	(1.84)	51	(1.7)	61.2	(2.95)
20 - 39	766	65	(2.5)	80.2	(1.76)	27.1	(1.76)	34	(1.6)	84.1	(2.20)	41.8	(2.48)	50	(2.2)	72.9	(3.69)
40 - 59	786	52	(3.3)	75.9	(3.12)		(1.44)	27	(2.1)	79.7	(3.40)		(1.88)	49	(1.7)	71.7	(4.72)
60 and over	883	44	(3.6)	1	(2.37)		(1.47)	20	(1.8)		(3.22)		(1.74)	44	(2.0)		(3.21)
00 4114 0 (01111111	000		(2.0)	, 110	(2.57)		(1117)	_0	(1.0)	,	(8122)	02.0	(11, 1)	• •	(2.0)	00.0	(0.21)
2 - 19	1206	53	(2.9)	68.3	(1.47)	18.5	(1.28)	27	(1.9)	76.1	(2.52)	35.0	(1.38)	46	(1.5)	59.5	(1.52)
20 and over	2435	54	(2.1)	76.1	(1.30)	21.0	(0.91)	28	(1.1)	80.4	(1.57)	38.8	(1.20)	48	(1.5)	71.0	(2.12)
2 and over	3641	54	(2.0)	74.3	(1.04)	20.5	(0.78)	28	(1.0)	79.4	(1.55)	37.9	(1.05)	48	(1.3)	68.3	(1.65)
Males and Females:															•		
2 - 19	2380	49	(2.2)	74.9	(1.03)	18.6	(1.15)	25	(1.5)	83.5	(1.97)	38.4	(1.43)	46	(1.4)	66.7	(1.29)
20 and over	4742	55	(2.2) $(2.0)$	88.2	(0.77)	25.7	(1.13) $(1.14)$	29	(1.2)	94.4	(1.11)	46.7	(1.43) $(1.14)$	49	(1.1)	80.6	(1.50)
2 and over	7122	53	(2.0) $(1.8)$	85.0	(0.77) $(0.69)$	24.0	` ′	28	(1.2) $(1.0)$	92.0	` /	44.9	(0.98)	49	(0.8)	77.0	(1.12)
2 4114 0 101	1122	55	(1.0)	1 05.0	(0.07)	21.0	(0.77)	20	(1.0)	72.0	(1.11)	11.7	(0.20)	1,7	(0.0)	, , 0	(1.12)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							$\mathbf{S}$	atur	ate	d f	at						
				· · · · · · · · · · · · · · · · · · ·		-All Indi	viduals	2	<del></del>		—All R	estauran	t Consu	mers <sup>3</sup> —	i	Von-con	isumers 4
Gender and age	Sample Size	Pero Repor		To Inta	otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Males:				l					i						I		
2 - 5 6 - 11	260 383	42 39	(3.3) (3.7)	22.5 28.1	(0.90) (1.02)	3.3 4.5	(0.38) (0.35)	15 16	(1.7) (1.2)	23.2 30.2	(1.74) (1.55)	7.8 11.6	(0.82) (0.74)	34 38	(3.4) (2.0)	21.9 26.7	(1.47) (1.18)
12 - 19	531	50	(3.9)	31.0	(0.66)	8.9	(0.92)	29	(2.9)		(1.31)		. ,	51	(2.7)	27.0	(1.34)
20 - 39 40 - 59 60 and over	664 715 928	65 57 44	(2.9) (3.6) (3.5)	32.8 33.4 32.8	(0.77) (1.11) (0.79)	12.0 10.7 6.4	(0.98) (0.91) (0.78)	37 32 19	(2.6) (2.3) (2.5)	36.4	(1.22) (1.59) (1.24)	18.7 18.9 14.6	(1.19) (1.26) (1.13)	53 52 42	(2.8) (2.0) (2.8)	28.4 29.5 31.3	(1.44) (1.51) (1.37)
2 - 19 20 and over 2 and over	1174 2307 3481	44 56 53	(2.7) (2.3) (2.1)	28.2 33.0 31.8	(0.58) (0.41) (0.38)	6.2 10.0 9.1	(0.47) (0.52) (0.46)	22 30 28	(1.7) (1.5) (1.3)	31.3 35.5 34.6	(0.95) (0.59) (0.63)	14.0 17.9 17.1	(0.61) (0.63) (0.53)	45 50 49	(1.7) (1.4) (1.1)	25.8 29.8 28.6	(0.71) (0.79) (0.52)
Females: 2 - 5	280 412 514	42 52 59	(3.6) (4.6) (3.1)	18.5 25.7 23.8	(0.83) (0.63) (0.81)	2.5 5.8 8.0	(0.33) (0.64) (0.57)	14 22 33	(1.5) (2.4) (2.1)	19.6 27.8 26.3	(0.90) (1.12) (1.27)	6.1 11.0 13.5	(0.43) (0.94) (0.70)	31 40 51	(2.3) (2.6) (1.9)	17.7 23.3 20.4	(0.96) (0.93) (1.13)
20 - 39 40 - 59 60 and over	766 786 883	65 52 44	(2.5) (3.3) (3.6)	26.2 24.9 22.7	(0.58) (1.11) (0.94)	8.8 6.4 4.3	(0.54) (0.41) (0.43)	33 26 19	(1.6) (1.9) (1.8)	27.6 25.8 23.3	(0.80) (1.04) (1.11)	13.5 12.3 9.9	(0.78) (0.54) (0.54)	49 48 42	(2.2) (1.8) (1.9)	23.8 24.0 22.2	(1.26) (1.83) (1.20)
2 - 19 20 and over 2 and over	1206 2435 3641	53 54 54	(2.9) (2.1) (2.0)	23.3 24.7 24.4	(0.52) (0.49) (0.37)	6.0 6.6 6.5	(0.48) (0.27) (0.25)	26 27 27	(1.9) (1.1) (1.1)	25.6 25.9 25.9	(0.98) (0.61) (0.62)	11.4 12.2 12.0	(0.63) (0.36) (0.35)	44 47 47	(1.5) (1.4) (1.2)	20.6 23.3 22.7	(0.61) (0.91) (0.71)
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	25.8 28.7 28.0	(0.35) (0.33) (0.28)	6.1 8.2 7.7	(0.39) (0.35) (0.30)	24 29 28	(1.4) (1.2) (1.0)	28.3 30.6 30.1	(0.69) (0.43) (0.43)	12.6 15.0 14.5	(0.52) (0.37) (0.32)	45 49 48	(1.3) (1.0) (0.8)	23.5 26.4 25.6	(0.47) (0.64) (0.48)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

## Monounsaturated fat -All Individuals <sup>2</sup>— —All Restaurant Consumers <sup>3</sup> ——— Non-consumers<sup>4</sup> Gender Sample Percent Total Intake from Percentages from 6 Intake from Percentages from 6 Total Total and age Size Reporting 5 Intake All Restaurants All Restaurants Intake All Restaurants All Restaurants Intake g (SE) (SE) (years) % (SE) g (SE) g (SE) % (SE) g (SE) % g (SE) Males: 42 18 8.9 (1.07)40 2 - 5..... 260 (3.3)20.7 (0.69)3.7 (0.47)(2.2)22.3 (1.25) (4.1)19.6 (0.87)383 37 6 - 11..... 39 26.3 (0.96) 4.3 (0.33) 16 29.5 (1.55) 11.0 (0.67) 24.3 (3.7)(1.2)(2.0)(0.92)531 50 34.4 (1.29) 52 25.0 (1.39) 12 - 19..... (3.9)29.7 (0.82) 9.0 (1.04) (3.5)18.0 (1.22) (2.9)664 34.3 (0.94) 19.2 (1.42) 29.9 20 - 39..... 65 (2.9)12.4 (1.11) 36 (2.7)36.8 (1.43) 52 (2.8)(1.70)40 - 59..... 715 57 36.3 (1.84) 11.0 (0.97) 30 39.5 (2.46) 19.5 (1.27) 49 32.1 (3.6)(1.8)(1.9)(1.91)928 33.7 (0.63) 60 and over..... 44 (3.5)7.0 (0.80) 21 (2.4)36.4 (1.14) 16.0 (1.06) 44 (2.2)31.7 (1.33) 2 - 19..... 1174 44 (2.7)26.7 (0.59)6.3 (0.54) 24 (2.0)30.6 (1.03) 14.2 (0.73)46 (2.0)23.6 (0.69)20 and over... 2307 56 (2.3)34.9 (0.66)10.4 (0.59) 30 37.7 (0.93) 18.6 (0.68)49 31.3 (0.94)(1.5)(1.6)3481 2 and over... 53 (2.1)32.8 (0.59) 9.4 (0.52) 29 (1.3)36.2 (0.88) 17.7 (0.55) 49 (1.2)29.0 (0.65) **Females:** 17.5 (0.62) 6.7 (0.37)2 - 5..... 280 42 (3.6)2.8 (0.32) 16 (1.6)18.7 (0.62) 36 (2.0)16.7 (0.86)412 52 24.0 26.8 (1.39) 41 6 - 11..... (0.65)5.7 (0.62)24 11.0 (0.65)20.9 (4.6)(2.6)(3.1)(0.78)514 59 23.5 (0.97) 25.6 (1.24) 52 20.4 (1.09) 12 - 19..... (3.1)7.9 (0.47) (2.0)13.4 (0.74) (2.0)20 - 39..... 766 65 (2.5)27.2 (0.71) 9.0 (0.59) 33 28.2 (0.77) 13.9 (0.83)49 25.4 (1.56) (1.7)(2.4)786 52 27 49 40 - 59..... (3.3)25.6 (1.20) 6.8 (0.49) (2.1)26.6 (1.30) 13.0 (0.70)(1.7)24.5 (1.78)883 23.4 (1.25) 60 and over..... (3.6)24.6 (0.93) 5.0 (0.57) (2.1)26.3 (1.29) 11.3 (0.72) 43 (2.5)2 - 19..... 1206 53 (2.9)22.4 (0.53) 6.1 (0.42)27 (2.0)24.8 (0.88) 11.5 (0.45)46 (1.8)19.6 (0.56)20 and over... 2435 54 25.9 (0.49)7.0 (0.33) 27 (1.1)27.2 (0.60) 13.0 (0.45)48 24.3 (0.81)(2.1)(1.6)2 and over... 3641 54 25.1 (0.42) 6.8 (0.28) 27 (1.0)26.7 (0.60) 12.6 (0.38) 47 23.2 (0.63) (2.0)(1.4)Males and Females: 2 - 19..... 2380 49 (2.2)24.6 (0.30)6.2 (0.38) 25 27.5 (0.65) 12.7 (0.48)46 21.8 (0.44)(1.5)(1.5)4742 30.2 8.7 (0.42) 29 32.3 (0.49) 15.7 (0.46)49 27.6 20 and over... 55 (2.0)(0.36)(1.2)(1.3)(0.59)2 and over... 7122 28.8 (0.32) 31.3 (0.46) 48 26.1 (0.44) (1.8)8.1 (0.36) (1.0)15.1 (0.39) (1.0)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

## Polvunsaturated fat -All Individuals <sup>2</sup>-----All Restaurant Consumers 3 ----Non-consumers<sup>4</sup> Gender Sample Percent Total Intake from Percentages from <sup>6</sup> Intake from Percentages from 6 Total Total and age Size Reporting 5 Intake All Restaurants All Restaurants Intake All Restaurants All Restaurants Intake g (SE) g (SE) (SE) (vears) % (SE) g (SE) % (SE) g (SE) % g (SE) Males: 42 20 43 13.3 2 - 5..... 260 (3.3)14.1 (0.66)2.8 (0.44)(2.9)15.3 (1.10) 6.6 (1.00) (5.0)(0.68)383 37 6 - 11..... 39 17.4 (0.98) 2.7 (0.25)16 19.1 (1.41) 7.0 (0.60)(3.7)(1.4)(2.4)16.4 (0.90)531 50 20.4 (0.74) 32 54 16.7 (1.16) 12 - 19..... (3.9)6.4 (0.82) (3.8)24.1 (0.80) 12.9 (1.00)(3.5)664 (0.84)21.8 20 - 39..... 65 (2.9)23.7 (0.94) 8.6 36 (3.2)24.6 (1.35) 13.3 (1.07)54 (2.2)(1.90)40 - 59..... 715 57 (0.82)34 26.9 (1.71) (1.10)54 21.0 (3.6)24.4 (1.35) 8.3 (2.3)14.6 (1.9)(1.64)928 22.8 (0.70) 60 and over..... 44 (3.5)4.6 (0.56) 20 (2.3)24.3 (1.41) 10.6 (0.89) 44 (3.3)21.6 (0.74) 2 - 19..... 1174 44 (2.7)18.1 (0.49)4.4 (0.41)24 (2.3)20.9 (0.73) 10.0 (0.58)48 (2.4)15.8 (0.60)20 and over... 2307 56 (2.3)23.7 (0.57)7.4 (0.40) 31 25.4 (0.64) 13.2 (0.42)52 21.5 (0.93)(1.7)(1.6)3481 22.3 (0.48) 51 2 and over... 53 (2.1)6.6 (0.35) 30 (1.5)24.4 (0.60) 12.5 (0.35) (1.2)19.8 (0.66) **Females:** 11.3 (0.36) 5.2 2 - 5..... 280 42 (3.6)2.2 (0.25)19 (2.0)12.7 (0.64) (0.42)41 (2.0)10.3 (0.52)412 52 28 18.9 (1.06) 9.0 47 6 - 11..... 16.6 (0.44)4.7 (0.58)(0.72)14.1 (0.50)(4.6)(3.4)(3.7)514 59 17.8 (0.88) 20.2 (1.27) 10.1 (0.48) 50 12 - 19..... (3.1)6.0 (0.30) (2.0)(2.8)14.3 (0.73)20 - 39..... 766 65 (2.5)18.9 (0.60)6.8 (0.50)36 20.3 (0.67) 10.5 (0.69)52 (2.5)16.4 (1.05) (2.0)786 52 5.5 30 19.8 (1.04) 53 40 - 59..... (3.3)18.0 (0.81) (0.45)(3.0)10.4 (0.59)(2.4)15.9 (1.24)883 17.3 (0.53) 18.4 (0.76) 60 and over..... (3.6)3.8 (0.36) (2.0)8.5 (0.45) 46 (2.7)16.5 (0.82)2 - 19..... 1206 53 (2.9)16.0 (0.45)4.7 (0.31)30 (2.0)18.5 (0.77) 8.9 (0.31)48 (2.0)13.2 (0.39)20 and over... 2435 54 18.1 (0.41)5.4 (0.23) 30 (1.4)19.7 (0.41)10.0 (0.31)51 16.3 (0.59)(2.1)(1.7)2 and over... 3641 54 (2.0)17.6 (0.36) 5.3 (0.20) 30 19.4 (0.41) 9.8 (0.27) 50 15.6 (0.45) (1.2)(1.6)Males and Females: 2 - 19..... 2380 49 (2.2)17.1 (0.35) 4.6 (0.30) 27 (1.7)19.6 (0.63) 9.4 (0.39) 48 (1.7)14.7 (0.39)4742 20.8 6.4 (0.28) 31 22.5 (0.27)52 18.7 20 and over... 55 (2.0)(0.35)(1.3)(0.37)11.6 (1.3)(0.51)19.9 (0.30) 2 and over... 7122 30 21.8 (0.36) 11.1 (0.24) 17.7 (0.39) (1.8)5.9 (0.24) (1.1)(1.1)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

#### Cholesterol −All Individuals <sup>2</sup> −−− —All Restaurant Consumers <sup>3</sup> ——— Non-consumers 4 Gender Sample Percent Total Intake from Percentages from <sup>6</sup> Total Intake from Percentages from 6 Total and age Size Reporting 5 Intake All Restaurants All Restaurants Intake All Restaurants All Restaurants Intake (SE) (SE) (vears) % (SE) mg (SE) mg (SE) (SE) mg mg (SE) % mg (SE) Males: 42 13 62 34 200 2 - 5..... 260 (3.3)193 (10.1)26 (3.7)184 (14.5) (7.6)(4.4)(22.4)(2.1)383 37 34 6 - 11..... 39 239 (12.4) (5.0)16 97 (9.3)(3.7)(1.9)286 (17.7) (3.6)210 (15.1)531 50 279 (13.8) 80 309 (15.9) 52 12 - 19..... (3.9)(9.6)(3.6)160 (12.3)(3.7)249 (21.9)664 186 49 342 (30.5)20 - 39..... 65 (2.9)368 (16.2)120 (11.0)33 (2.2)382 (26.7)(15.6)(2.6)40 - 59..... 715 57 362 (9.9)34 392 219 (13.1)56 323 (16.3)(3.6)(9.8)124 (2.4)(14.2)(2.3)928 313 (13.8) 60 and over..... 44 (3.5)342 (9.8)80 (7.5)23 (2.3)379 (12.6) 184 (13.7) 49 (3.0)2 - 19..... 1174 44 (2.7)248 (8.7)54 (5.6)22 (2.2)277 (12.3)122 (7.9)44 (2.7)224 (12.6)20 and over... 2307 56 (2.3)358 110 (4.7)31 385 (10.4)197 (7.7)51 325 (10.6)(6.2)(1.2)(1.8)3481 96 182 50 2 and over... 53 (2.1)331 (4.4)(4.4)(1.2)362 (7.9)(6.1)(1.6)295 (6.3)**Females:** 2 - 5..... 280 42 (3.6)171 (11.7) 17 (2.1)10 (1.3)178 (19.5) 40 (2.7)22 (3.4)167 (13.0)6 - 11..... 412 52 201 40 20 207 77 37 194 (5.2)(5.7)(4.6)(8.4)(2.6)(14.2)(3.1)(9.5)12 - 19..... 514 59 216 (10.5) 33 229 (15.1) 121 53 198 (3.1)71 (5.4)(2.3)(9.1)(2.6)(14.1)20 - 39..... 766 65 273 (10.1)86 (7.0)32 (2.3)272 (12.8) 133 (7.8)49 274 (20.6)(2.5)(2.5)786 52 256 (15.7) 69 27 263 (18.4) 132 50 40 - 59..... (3.3)(5.3)(2.2)(9.1)(2.5)248 (22.4)883 124 47 234 60 and over..... (3.6)246 (10.1) 54 (4.8)(2.2)262 (14.5) (7.8)(3.9)(11.8)2 - 19..... 1206 53 (2.9)201 (5.4)49 (4.3)24 (2.1)213 (11.6) 92 (6.0)43 (2.2)188 (6.1)20 and over... 2435 54 259 71 (3.7)27 (1.4)267 (10.8)130 (4.3)49 250 (11.2)(2.1)(7.8)(1.6)2 and over... 3641 54 (2.0)246 (3.3)27 (1.3)255 (9.3)122 (3.9)48 236 (9.0)(6.1)66 (1.4)Males and Females: 2 - 19..... 2380 49 (2.2)225 (5.4)52 (4.0)23 243 106 44 (2.1)208 (8.1)(1.7)(7.7)(5.2)4742 307 90 (3.4)29 324 50 285 20 and over... 55 (2.0)(4.9)(1.1)(7.2)163 (4.1)(1.0)(9.5)2 and over... 7122 287 28 307 (1.8)(3.2)(2.9)(1.0)(6.1)151 (3.2)(0.8)265 (6.6)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							V i t	a m i	n A	( <b>R</b>	A E	)					
				• • • • •		-All Indi	viduals	2	<del></del>		—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del>	Non-con	isumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake		e from taurants	Percentag All Rest			otal ake		e from taurants	Percentage All Resta			otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Malage				ı											I		
<b>Males:</b> 2 - 5	260	42	(3.3)	566	(27.8)	39	(5.6)	7*	(0.9)	602	(52.4)	93	(11.8)	15*	(1.8)	540	(28.6)
6 - 11	383	39	(3.7)	680	(45.5)	48	(4.8)	7	(0.9) $(0.8)$	707	(32.4) $(70.1)$	123	(11.8)	17	(2.2)	664	(39.9)
12 - 19	531	50	(3.7)	622	(23.7)	117	(20.9)	19	(3.0)	678	(46.2)	235	(33.8)	35	(4.8)	567	(32.2)
12 - 19	331	30	(3.9)	022	(23.7)	11/	(20.9)	1)	(3.0)	076	(40.2)	233	(33.6)	33	(4.6)	307	(32.2)
20 - 39	664	65	(2.9)	651	(18.2)	152	(10.3)	23	(1.7)	688	(34.9)	235	(13.6)	34	(2.7)	584	(44.9)
40 - 59	715	57	(3.6)	724	(48.8)	175	(24.5)	24	(2.3)	758	(64.5)	310	(35.6)	41	(2.6)	680	(59.9)
60 and over	928	44	(3.5)	669	(29.8)	86	(11.8)	13	(1.9)	620	(39.5)	197	(21.1)	32	(2.8)	706	(36.2)
2 10	1174	4.4	(2 T)	(20)	(4.5.0)		(10.0)	10		671	(0= 1)	177	(10.0)	26	(2.0)	506	(22.0)
2 - 19	1174	44	(2.7)	629	(16.9)	77	(10.2)	12	(1.6)	671	(37.4)	175	(18.2)	26	(2.8)	596	(23.0)
20 and over	2307	56	(2.3)	682	(20.1)	142	(9.2)	21	(1.1)	699	(21.0)	254	(12.4)	36	(1.4)	661	(25.8)
2 and over	3481	53	(2.1)	669	(15.7)	126	(8.0)	19	(1.0)	693	(18.8)	237	(11.8)	34	(1.3)	642	(16.2)
Females:																	
2 - 5	280	42	(3.6)	535	(24.3)	35	(5.7)	7*	(1.0)	515	(28.7)	84	(11.4)	16	(1.9)	550	(33.3)
6 - 11	412	52	(4.6)	615	(29.6)	58	(8.3)	9	(1.6)	577	(29.6)	110	(14.6)	19	(2.5)	657	(58.0)
12 - 19	514	59	(3.1)	497	(21.6)	113	(14.2)	23	(2.3)	505	(34.4)	191	(21.0)	38	(3.4)	485	(31.0)
20 20	766	<i></i>	(2.5)	(12	(20.2)	1.42	(12.0)	22	4.0	<i>c</i> 10	(42.0)	220	(17.0)	26	(2.0)	500	(47.0)
20 - 39	766 786	65 52	(2.5)	612	(30.2)	143	(12.9)	23 19	(1.4)	619	(43.8)	220	(17.8)	36	(2.0)	598	(47.8)
40 - 59	883		(3.3)	595	(34.0)	111	(9.2)		(1.3)	590 570	(33.3)	213	(19.4)	36	(2.4)	600	(44.4)
60 and over	883	44	(3.6)	644	(34.4)	84	(11.8)	13	(1.8)	570	(40.0)	191	(25.0)	34	(3.2)	702	(48.1)
2 - 19	1206	53	(2.9)	545	(12.8)	77	(9.0)	14	(1.6)	530	(19.2)	146	(15.6)	28	(2.7)	561	(25.0)
20 and over	2435	54	(2.1)	616	(23.3)	114	(6.2)	19	(0.8)	598	(27.6)	211	(11.6)	35	(1.0)	637	(30.4)
2 and over	3641	54	(2.0)		(18.8)	106	(5.7)	18	(0.7)	583	(22.4)	196		34	(1.3)	620	(23.9)
<b>Males and Females:</b> 2 - 19	2380	49	(2.2)	588	(12.9)	77	(0.1)	13	(1.4)	596	(22.7)	159	(14.1)	27	(2.1)	581	(19.7)
2 - 19 20 and over	4742	55	(2.2)	648	(12.8)	127	(8.4)	20	(1.4)	390 647	(23.7)	232	(14.1)		(2.1)	581 649	(18.7)
		53	(2.0)	ı	(17.2)		(6.0)		(0.8)		(17.8)		(9.3)	36 34	(0.9)		(21.9)
2 and over	7122	33	(1.8)	633	(13.9)	116	(5.3)	18	(0.7)	636	(15.3)	216	(8.6)	34	(0.9)	631	(16.0)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

						B e	t a	c a r	o t e r	n e						
					-All Individu	uals 2-		<del></del>		-All Re	estauran	t Consui	mers <sup>3</sup> —	<del></del>	Non-con	sumers 4
Gender and age	Sample Size	Pero Repor		Total Intake	Intake fro All Restaur		Percentage All Resta		Tota Intak			e from taurants	Percentag All Rest		5 To	otal ake
(years)		%	(SE)	μg (SE)	μg (S	SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Males:				I											I	
2 - 5	260	42	(3.3)	1141 (199.5)	72 (19	9 (1)	6*	(1.7)	1066 (2	13 (1)	172	(46.3)	16*	(4.6)	1194	(273.6)
6 - 11		39	(3.7)	1014 (99.9)	84 (10	,	8	(1.7)	1254 (2	,	218		17	(3.5)		(96.0)
12 - 19		50	(3.9)	1134 (141.8)	331*(10:		29	(7.8)	1311 (2			(196.1)	51	(10.2)		(144.4)
20 - 39	664	65	(2.9)	2087 (185.1)	485 (68	<b>8</b> 1)	23	(3.4)	2109 (2	26.0)	752	(110.5)	36	(6.6)	2047	(346.5)
40 - 59		57	(2.5) $(3.6)$	2853 (409.1)	803 (184	,	28	(4.0)	2940 (3			(294.5)	48	(4.6)		(641.1)
60 and over	928	44	(3.5)	2161 (242.4)	344 (7)	,	16	(3.6)	2048 (2	,		(132.1)	39	(6.9)		(284.1)
2 - 19	1174	44	(2.7)	1096 (83.8)	195 (51	1 1)	18	(3.8)	1246 (1	24.8)	138	(107.1)	35	(6.2)	076	(72.9)
2 - 19 20 and over		56	(2.7)	2380 (206.1)	559 (73		23	(2.3)	2395 (1			(107.1)	42	(3.7)		(280.4)
2 and over		53	(2.3) $(2.1)$	2059 (169.5)	`	1.7)	23	(2.3)	2155 (1			(117.0)	41	(3.6)		(194.4)
Formalage								İ								
<b>Females:</b> 2 - 5	280	42	(3.6)	1154 (174.5)	52 (13	3 3)	4*	(1.1)	896 (1	78 3)	124	(29.7)	14*	(3.3)	1338	(246.9)
6 - 11		52	(4.6)	1365 (164.1)		7.2)	9	(2.2)	1270 (1	,	231	(53.2)	18	(3.4)		(316.6)
12 - 19		59	(3.1)	1336 (110.6)	338 (47		25	(4.3)	1337 (1			(81.4)	43	(6.7)		(230.9)
20 - 39	766	65	(2.5)	2539 (215.0)	551 (74	4 Q)	22	(2.6)	2557 (3	202.7)	840	(111.6)	33	(5.6)	2506	(375.4)
40 - 59		52	(3.3)	2515 (221.6)	564 (75		22	(2.5)	2417 (2			(111.0)	45	(4.6)		(289.5)
60 and over	883	44	(3.6)	2898 (244.4)		9.5)	11	(1.4)	2194 (2	,		(71.6)	34	(3.5)		(428.0)
2 10	1206	52	(2.0)	1207 (57.7)	202 (2	7.0	16	(2.2)	1240 (	(60.4)	202	(54.0)	21	(4.2)	1201	(1545)
2 - 19 20 and over		53 54	(2.9)	1307 (57.7) 2640 (158.2)	,	7.6)	16 18	(2.3)	1240 ( 2422 (2		383 899	(54.8)	31 37	(4.3)		(154.5) (251.0)
20 and over 2 and over		54 54	(2.1)	2338 (129.6)	,	7.8) 3.1)	18	(1.2)	2422 (2 2159 (2		784	(72.7) (64.8)	36	(3.3)		(251.0)
Z and over	3041	34	(2.0)	2556 (129.6)	423 (33	3.1)	10	(1.2)	2139 (2	208.5)	704	(04.8)	30	(3.2)	2349	(201.1)
Males and Females:								Ì								
2 - 19		49	(2.2)	1199 (51.1)	•	5.1)	17	(2.7)	1243 (	` ′	409	(67.9)	33	(4.8)	1157	
20 and over		55	(2.0)	2515 (164.7)		5.8)	21	(1.3)	2409 (1		948	(75.9)	39	(2.6)		(197.2)
2 and over	7122	53	(1.8)	2202 (135.9)	445 (39	9.2)	20	(1.3)	2157 (1	67.9)	832	(69.5)	39	(2.7)	2255	(150.8)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

						Lyo	соро	e n e				
					-All Individuals	2		All R	estaurant Consu	mers <sup>3</sup>	<del></del> .	Non-consumers 4
Gender and age	Sample Size	Per Repor	cent ting <sup>5</sup>	Total Intake	Intake from All Restaurants	Percentag All Resta		Total Intake	Intake from All Restaurants	Percentage All Restar		Total Intake
(years)		%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)
N. 1				ı								1
<b>Males:</b> 2 - 5	260	42	(2.2)	4071 (630.0)	600 (133.9)	15	(2.0)	3516 (789.1)	1432 (327.0)	41 (	(11.7)	4471 (849.0)
6 - 11	383	39	(3.3) (3.7)	3637 (313.5)	522 (98.3)	13	(3.6) (2.3)	3812 (594.2)	1353 (238.8)		(11.7) (5.2)	3527 (470.7)
12 - 19	531	50	(3.7)	5902 (687.9)	1331 (207.2)	23	, ,	5725 (699.9)	2678 (325.1)	47	(7.2)	6077(1105.1)
12 - 19	331	30	(3.9)	3902 (087.9)	1331 (207.2)	23	(4.7)	3723 (099.9)	2076 (323.1)	47	(7.2)	0077(1103.1)
20 - 39	664	65	(2.9)	5556 (559.6)	1675 (206.6)	30	(3.6)	5094 (464.0)	2596 (273.0)	51	(2.8)	6396(1214.4)
40 - 59	715	57	(3.6)	6804 (642.5)	2096 (309.0)	31	(2.9)	7635 (769.7)	3708 (499.1)	49	(5.5)	5723(1284.6)
60 and over	928	44	(3.5)	5482 (285.7)	1131 (175.0)	21	(3.6)	6180 (696.9)	2599 (392.9)	42	(6.9)	4945 (580.5)
			` ′	ì	, ,		Ì	, ,	, ,		` ′	,
2 - 19	1174	44	(2.7)	4765 (381.6)	909 (109.3)	19	(2.6)	4733 (406.7)	2048 (202.8)	43	(4.0)	4791 (534.4)
20 and over	2307	56	(2.3)	5979 (401.9)	1674 (104.4)	28	(1.8)	6244 (300.1)	2997 (192.2)	48	(2.2)	5645 (716.1)
2 and over	3481	53	(2.1)	5676 (296.0)	1483 (89.9)	26	(1.4)	5928 (247.1)	2799 (163.5)	47	(1.7)	5393 (509.3)
El												
<b>Females:</b> 2 - 5	280	42	(2.6)	2958 (557.5)	501 (107.6)	17*	(5.4)	2661 (321.6)	1200 (282.6)	45	(8.7)	3171 (949.9)
6 - 11	412	52	(3.6) (4.6)	4722 (660.6)	927 (155.3)	20	(5.4) (3.5)	5013 (515.7)	1777 (327.0)		(5.0)	4403 (990.6)
12 - 19	514	59	(3.1)	3664 (266.3)	1450 (255.9)	40	(5.9)	3378 (475.4)	2455 (430.9)	73	(4.4)	4077 (629.4)
12 - 19	314	3)	(3.1)	3004 (200.3)	1430 (233.9)	40	(3.9)	3376 (473.4)	2433 (430.9)	13	(4.4)	4077 (029.4)
20 - 39	766	65	(2.5)	4518 (320.0)	1395 (200.1)	31	(3.8)	4630 (431.3)	2149 (309.6)	46	(5.4)	4311 (482.9)
40 - 59	786	52	(3.3)	4122 (244.6)	1074 (192.3)	26	(4.5)	3737 (446.7)	2053 (334.3)	55	(9.5)	4545 (356.9)
60 and over	883	44	(3.6)	3908 (366.0)	756 (111.5)	19	(3.6)	3539 (413.3)	1722 (196.5)	49	(7.6)	4198 (503.1)
			( )		, ,		(= , = )		( ) ( )		(111)	(
2 - 19	1206	53	(2.9)	3868 (266.9)	1069 (129.4)	28	(4.2)	3798 (260.8)	2017 (261.3)	53	(4.6)	3947 (546.2)
20 and over	2435	54	(2.1)	4198 (172.5)	1092 (107.3)	26	(2.7)	4069 (203.9)	2012 (181.5)	49	(3.6)	4351 (253.4)
2 and over	3641	54	(2.0)	4123 (145.3)	1087 (103.6)	26	(2.7)	4009 (172.0)	2013 (180.1)	50	(3.4)	4258 (264.6)
Males and Females:		40	(2.2)	4227 (222.2)	097 (00.0)	22	(2.5)	4025 (000.0)	2022 (101.0)	40	(2.1)	4414 (417.2)
2 - 19	2380	49	(2.2)	4327 (223.3)	987 (88.9)	23	(2.5)	4235 (238.2)	2032 (181.0)		(3.1)	4414 (417.3)
20 and over	4742	55 52	(2.0)	5053 (231.6)	1371 (83.6)	27	(1.7)	5129 (191.4)	2492 (131.0)		(1.8)	4961 (370.0)
2 and over	7122	53	(1.8)	4881 (180.9)	1280 (77.4)	26	(1.7)	4936 (162.1)	2393 (125.0)	48	(1.7)	4817 (308.3)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

						Th	i a m	i n				
					All Individuals	2		All R	estaurant Consu	mers <sup>3</sup> —	<del></del>	Non-consumers 4
Gender and age	Sample Size	Pero Repor		Total Intake	Intake from All Restaurants	Percentag All Rest	ges from <sup>6</sup> aurants	Total Intake	Intake from All Restaurants	Percentag All Rest		Total Intake
(years)		%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)
Males:				I			ı				ı	
2 - 5	260	42	(3.3)	1.33 (0.049)	0.17 (0.021)	13	(1.4)	1.41 (0.085)	0.40 (0.052)	29	(2.9)	1.26 (0.053)
6 - 11	383	39	(3.7)	1.67 (0.041)	0.17 (0.021)	11	(1.1)	1.68 (0.067)	0.49 (0.032)	29	(2.1)	1.66 (0.053)
12 - 19	531	50	(3.9)	1.85 (0.049)	0.41 (0.048)	22	(2.4)	2.00 (0.090)	0.82 (0.052)	41	(2.7)	1.70 (0.090)
20 - 39	664	65	(2.9)	1.88 (0.045)	0.60 (0.051)	32	(2.5)	1.97 (0.070)	0.93 (0.053)	47	(2.6)	1.71 (0.100)
40 - 59	715	57	(3.6)	1.87 (0.054)	0.49 (0.041)	26	(2.0)	1.92 (0.079)	0.87 (0.045)	45	(1.6)	1.80 (0.082)
60 and over	928	44	(3.5)	1.79 (0.054)	0.32 (0.047)	18	(2.5)	1.88 (0.106)	0.73 (0.074)	39	(3.7)	1.73 (0.075)
2 - 19	1174	44	(2.7)	1.68 (0.019)	0.28 (0.025)	17	(1.4)	1.79 (0.052)	0.64 (0.032)	36	(1.8)	1.59 (0.045)
20 and over	2307	56	(2.3)	1.85 (0.026)	0.48 (0.026)	26	(1.3)	1.93 (0.035)	0.86 (0.022)	45	(1.2)	1.75 (0.052)
2 and over	3481	53	(2.1)	1.81 (0.022)	0.43 (0.023)	24	(1.2)	1.90 (0.029)	0.82 (0.020)	43	(0.9)	1.70 (0.039)
Females:												
2 - 5	280	42	(3.6)	1.20 (0.051)	0.14 (0.020)	12	(1.5)	1.20 (0.055)	0.35 (0.037)	29	(2.3)	1.20 (0.073)
6 - 11	412	52	(4.6)	1.51 (0.052)	0.24 (0.027)	16	(1.8)	1.50 (0.059)	0.46 (0.026)	31	(2.0)	1.53 (0.096)
12 - 19	514	59	(3.1)	1.35 (0.037)	0.36 (0.021)	27	(1.3)	1.43 (0.055)	0.62 (0.024)	43	(1.9)	1.22 (0.046)
20 - 39	766	65	(2.5)	1.40 (0.034)	0.41 (0.019)	30	(1.2)	1.43 (0.036)	0.64 (0.034)	45	(1.9)	1.34 (0.059)
40 - 59	786	52	(3.3)	1.39 (0.052)	0.32 (0.024)	23	(1.8)	1.41 (0.069)	0.62 (0.039)	44	(2.4)	1.37 (0.068)
60 and over	883	44	(3.6)	1.31 (0.033)	0.22 (0.020)	17	(1.6)	1.34 (0.041)	0.50 (0.024)	37	(1.6)	1.28 (0.047)
2 - 19	1206	53	(2.9)	1.37 (0.024)	0.27 (0.018)	20	(1.3)	1.42 (0.036)	0.52 (0.018)	37	(1.1)	1.32 (0.028)
20 and over	2435	54	(2.1)	1.37 (0.026)	0.32 (0.009)	24	(0.8)	1.40 (0.036)	0.60 (0.022)	43	(1.0)	1.33 (0.039)
2 and over	3641	54	(2.0)	1.37 (0.021)	0.31 (0.009)	23	(0.8)	1.40 (0.029)	0.58 (0.017)	41	(0.8)	1.32 (0.034)
Males and Females:												
2 - 19	2380	49	(2.2)	1.53 (0.015)	0.28 (0.017)	18	(1.0)	1.59 (0.026)	0.58 (0.021)	36	(1.2)	1.47 (0.025)
20 and over	4742	55	(2.0)	1.60 (0.020)	0.40 (0.015)	25	(1.0)	1.66 (0.025)	0.73 (0.013)	44	(0.8)	1.53 (0.039)
2 and over	7122	53	(1.8)	1.58 (0.017)	0.37 (0.014)	23	(0.9)	1.65 (0.018)	0.69 (0.012)	42	(0.6)	1.51 (0.030)
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**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

						Rib	ofla	vin				
					-All Individuals	2		All R	estaurant Consu	mers <sup>3</sup> —	· · · · ·	Non-consumers <sup>4</sup>
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	Total Intake	Intake from All Restaurants	Percentag All Rest		Total Intake	Intake from All Restaurants	Percentage All Resta		<sup>6</sup> Total Intake
(years)		%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)
Males:				1			1				i	I
2 - 5	260	42	(3.3)	1.64 (0.044)	0.18 (0.031)	11	(1.8)	1.67 (0.118)	0.43 (0.060)	26	(2.9)	1.63 (0.060)
6 - 11		39	(3.7)	1.96 (0.076)	0.21 (0.025)	11	(1.0) $(1.1)$	2.01 (0.121)	0.45 (0.065)	27	(2.4)	1.93 (0.000)
12 - 19	531	50	(3.9)	2.16 (0.084)	0.45 (0.058)	21	(2.2)	2.42 (0.143)	0.91 (0.068)	38	(2.7) $(2.5)$	1.90 (0.105)
12 17	331	30	(3.7)	2.10 (0.004)	0.15 (0.050)	21	(2.2)	2.12 (0.143)	0.51 (0.000)	30	(2.3)	1.50 (0.105)
20 - 39	664	65	(2.9)	2.52 (0.075)	0.65 (0.059)	26	(2.1)	2.59 (0.111)	1.00 (0.069)	39	(2.8)	2.40 (0.144)
40 - 59	715	57	(3.6)	2.54 (0.137)	0.57 (0.065)	22	(2.9)	2.49 (0.118)	1.01 (0.085)	41	(2.8)	2.61 (0.303)
60 and over	928	44	(3.5)	2.27 (0.061)	0.36 (0.036)	16	(1.7)	2.41 (0.118)	0.82 (0.052)	34	(3.0)	2.16 (0.072)
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2 - 19	1174	44	(2.7)	1.98 (0.031)	0.32 (0.028)	16	(1.3)	2.15 (0.087)	0.71 (0.043)	33	(1.7)	1.85 (0.056)
20 and over	2307	56	(2.3)	2.46 (0.059)	0.54 (0.033)	22	(1.4)	2.51 (0.059)	0.97 (0.041)	38	(1.7)	2.39 (0.113)
2 and over	3481	53	(2.1)	2.34 (0.047)	0.48 (0.029)	21	(1.2)	2.44 (0.047)	0.91 (0.033)	37	(1.4)	2.23 (0.082)
Females:												
2 - 5	280	42	(3.6)	1.50 (0.065)	0.16 (0.022)	10	(1.3)	1.54 (0.082)	0.37 (0.037)	24	(2.0)	1.47 (0.069)
6 - 11		52	(4.6)	1.77 (0.052)	0.27 (0.044)	15	(2.4)	1.78 (0.075)	0.52 (0.059)	29	(2.8)	1.75 (0.104)
12 - 19	514	59	(3.1)	1.53 (0.046)	0.41 (0.036)	27	(2.0)	1.63 (0.070)	0.70 (0.046)	43	(2.4)	1.40 (0.063)
20 - 39		65	(2.5)	1.79 (0.055)	0.47 (0.023)	26	(1.1)	1.81 (0.059)	0.73 (0.029)	40	(1.7)	1.74 (0.094)
40 - 59	786	52	(3.3)	1.86 (0.087)	0.36 (0.024)	19	(1.4)	1.81 (0.073)	0.68 (0.044)	38	(1.8)	1.91 (0.118)
60 and over	883	44	(3.6)	1.75 (0.058)	0.26 (0.022)	15	(1.4)	1.76 (0.073)	0.59 (0.027)	33	(2.1)	1.74 (0.071)
2 - 19	1206	53	(2.9)	1.61 (0.023)	0.31 (0.030)	19	(1.8)	1.66 (0.044)	0.59 (0.042)	35	(2.0)	1.54 (0.044)
20 and over	2435	54	(2.1)	1.80 (0.050)	0.37 (0.011)	20	(0.7)	1.80 (0.044)	0.68 (0.017)	38	(0.8)	1.80 (0.073)
2 and over	3641	54	(2.0)	1.76 (0.039)	0.35 (0.012)	20	(0.7)	1.77 (0.038)	0.66 (0.017)	37	(0.6)	1.74 (0.060)
			(=++)		(****=)		(***)	(0.000)	(0.00)		(010)	
Males and Females:												
2 - 19		49	(2.2)	1.80 (0.022)	0.31 (0.024)	17	(1.2)	1.89 (0.041)	0.64 (0.032)	34	(1.5)	1.71 (0.035)
20 and over	4742	55	(2.0)	2.12 (0.041)	0.45 (0.020)	21	(1.0)	2.15 (0.033)	0.82 (0.022)	38	(1.0)	2.08 (0.074)
2 and over	7122	53	(1.8)	2.04 (0.033)	0.42 (0.017)	20	(0.9)	2.09 (0.027)	0.78 (0.019)	37	(0.8)	1.98 (0.054)
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**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								N	i a c i	in							
					All Individuals <sup>2</sup>							estauran	t Consu	mers <sup>3</sup> —		Non-con	sumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>		otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Malan									ı						ı		
<b>Males:</b> 2 - 5	260	42	(2.2)	17.0	(0.45)	2.6	(0.32)	15	(1.0)	19.0	(0.08)	6.1	(0.75)	32	(2.4)	15.5	(0.52)
6 - 11	383	39	(3.3) (3.7)	22.6	(0.45) (0.74)	2.6 3.0	(0.32) $(0.30)$	13	(1.8) (1.5)	24.1	(0.98) (1.34)	6.1 7.7	(0.75) $(0.59)$	32	(3.4) (2.7)	21.7	(0.53) (0.76)
12 - 19	531	50	(3.7)		(0.74) $(0.92)$	7.3	(0.30) $(1.00)$	26	(3.0)		(1.34) $(1.47)$		(0.39) $(1.31)$	32 47	(3.0)		(0.76)
12 - 19	331	30	(3.9)	20.4	(0.92)	1.3	(1.00)	20	(3.0)	31.6	(1.47)	14.0	(1.51)	47	(3.0)	23.0	(1.39)
20 - 39	664	65	(2.9)	33.8	(1.02)	10.4	(0.84)	31	(2.4)	35.0	(1.41)	16.1	(0.93)	46	(3.2)	31.5	(1.30)
40 - 59	715	57	(3.6)	32.0	(1.36)		(0.71)	26	(2.6)	31.9	(1.32)	14.9	(0.70)	47	(2.1)	32.2	(3.08)
60 and over	928	44	(3.5)	28.3	(1.48)	5.2	(0.60)	18	(2.2)	32.3	(3.01)	11.8	(0.84)	37	(4.2)	25.2	(0.80)
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2 - 19	1174	44	(2.7)	24.1	(0.43)	4.9	(0.51)	20	(2.0)	27.0	(0.91)	11.0	(0.72)	41	(2.2)	21.7	(0.72)
20 and over	2307	56	(2.3)	31.6	(0.62)	8.2	(0.46)	26	(1.4)	33.3	(0.91)	14.7	(0.42)	44	(1.7)	29.5	(1.00)
2 and over	3481	53	(2.1)	29.7	(0.49)	7.4	(0.42)	25	(1.3)	32.0	(0.75)	14.0	(0.40)	44	(1.5)	27.2	(0.78)
Females:															•		
2 - 5	280	42	(3.6)	14.8	(0.51)	2.1	(0.22)	14	(1.5)	14.7	(0.61)	5.1	(0.38)	35	(1.9)	15.0	(0.78)
6 - 11	412	52	(4.6)	20.2	(0.31) $(0.75)$	4.0	(0.22) $(0.55)$	20	(2.6)	20.7	(0.67)	7.6	(0.53)	37	(2.7)	19.6	(0.78) $(1.31)$
12 - 19	514	59	(3.1)		(0.73) $(0.88)$	6.3	(0.53) $(0.58)$	30	(1.9)	22.2	(0.67) $(1.40)$		(0.53) $(1.08)$	48	(2.7) $(2.9)$	18.1	(0.65)
12 - 19	314	37	(3.1)	20.0	(0.88)	0.5	(0.56)	30	(1.9)	22.2	(1.40)	10.0	(1.08)	40	(2.9)	10.1	(0.03)
20 - 39	766	65	(2.5)	22.2	(0.55)	7.2	(0.39)	33	(1.8)	23.5	(0.72)	11.2	(0.58)	47	(2.6)	19.9	(0.84)
40 - 59	786	52	(3.3)	21.4	(0.89)	5.4	(0.41)	25	(2.2)	21.9	(0.69)	10.3	(0.66)	47	(2.8)	20.8	(1.32)
60 and over	883	44	(3.6)	19.9	(0.78)		(0.39)	18	(2.2)	19.7	(0.55)	8.2	(0.50)	41	(2.4)	20.1	` '
00 4110 0 101111111	000		(5.0)	17.7	(01,0)	2.0	(0.0)	10	(2.2)	27.,	(0.00)	0.2	(0.00)		(=)	20.1	(1111)
2 - 19	1206	53	(2.9)	19.2	(0.57)	4.6	(0.40)	24	(1.7)	20.5	(0.84)	8.7	(0.57)	42	(1.6)	17.8	(0.55)
20 and over	2435	54	(2.1)	21.2	(0.51)	5.5	(0.22)	26	(1.2)	22.0	(0.49)	10.1	(0.34)	46	(1.7)	20.3	(0.75)
2 and over	3641	54	(2.0)	20.8	(0.38)	5.3	(0.21)	26	(1.1)	21.7			(0.29)	45	(1.4)	19.7	(0.57)
			, ,		,		,		` ′		, ,		` /		` ′		,
Males and Females:				İ					İ								
2 - 19	2380	49	(2.2)	21.7	(0.43)	4.8	(0.33)	22	(1.3)	23.5	(0.77)	9.8	(0.46)	42	(1.3)	19.9	(0.56)
20 and over	4742	55	(2.0)	26.2	(0.42)	6.8	(0.31)	26	(1.2)	27.5	(0.52)	12.4	(0.32)	45	(1.2)	24.6	(0.74)
2 and over	7122	53	(1.8)	25.1	(0.34)	6.3	(0.28)	25	(1.0)	26.7	(0.47)	11.8	(0.29)	44	(1.0)	23.4	(0.55)
				•											ı		

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

Conder   Conder							Vita	mii	n B 6				
and age Size Reporting's Intake All Restaurants All Restaurants Intake (years)    National Color of the Color						-All Individuals	2	<del></del>	All R	estaurant Consu	mers <sup>3</sup> —	<del></del>	Non-consumers <sup>4</sup>
Males:  2 - 5													
2 - 5	(years)		%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)
2 - 5	Malage				I							ı	
6-11		260	42	(2.2)	1.40 (0.045)	0.14 (0.018)	0	(1.2)	1 55 (0 116)	0.32 (0.030)	21	(2.5)	1.45 (0.024)
12-19					` ′	, ,		` ′	` ,	` '		` ′	
20 - 39					` ′					` '		, ,	` '
40 - 59	12 - 17	331	30	(3.7)	2.13 (0.0)1)	0.43 (0.072)	20	(2.7)	2.33 (0.130)	0.00 (0.111)	31	(3.4)	1.54 (0.125)
40 - 59	20 - 39	664	65	(2.9)	2.88 (0.115)	0.63 (0.050)	22	(2.0)	2.85 (0.171)	0.98 (0.063)	34	(3.4)	2.93 (0.168)
60 and over 928													
2-19					` ′	, ,		, ,	` ,	` '			' '
20 and over 2307 56 (2.3) 2.67 (0.099) 0.52 (0.029) 20 (1.2) 2.75 (0.144) 0.94 (0.032) 34 (2.2) 2.55 (0.123) 2.47 (0.075) 0.46 (0.028) 19 (1.1) 2.60 (0.114) 0.87 (0.032) 34 (2.0) 2.33 (0.090)  Females:  2 - 5				, ,	` ′	` ,		· /	, ,	,		, ,	,
Pemales:       2 - 5	2 - 19	1174	44	(2.7)	1.90 (0.040)	0.28 (0.035)	15	(1.7)	2.03 (0.085)	0.63 (0.056)	31	(2.4)	1.80 (0.063)
Females:  2 - 5	20 and over	2307	56	(2.3)	2.67 (0.099)	0.52 (0.029)	20	(1.2)	2.75 (0.144)	0.94 (0.032)	34	(2.2)	2.55 (0.123)
2 - 5	2 and over	3481	53	(2.1)	2.47 (0.075)	0.46 (0.028)	19	(1.1)	2.60 (0.114)	0.87 (0.032)	34	(2.0)	2.33 (0.090)
2 - 5	T 1												
6-11		280	12	(2.6)	1 27 (0 040)	0.12 (0.012)	0	(1.0)	1 29 (0.045)	0.20 (0.022)	22	(1.7)	1.42 (0.060)
12 - 19					, , ,					, ,			
20 - 39								, ,	` ,	` '			
40 - 59	12 - 19	314	39	(3.1)	1.04 (0.091)	0.42 (0.074)	23	(3.3)	1.70 (0.155)	0.71 (0.132)	40	(3.2)	1.40 (0.000)
40 - 59	20 - 39	766	65	(2.5)	1.85 (0.065)	0.46 (0.029)	25	(1.9)	1.89 (0.081)	0.70 (0.039)	37	(2.9)	1.78 (0.073)
60 and over 883 44 (3.6) 1.64 (0.069) 0.25 (0.026) 15 (2.0) 1.52 (0.056) 0.56 (0.032) 37 (2.5) 1.73 (0.098)  2 - 19 1206 53 (2.9) 1.59 (0.055) 0.29 (0.038) 18 (2.0) 1.65 (0.084) 0.55 (0.067) 33 (2.8) 1.52 (0.053) 20 and over 2435 54 (2.1) 1.74 (0.049) 0.35 (0.019) 20 (1.3) 1.71 (0.046) 0.64 (0.027) 38 (1.9) 1.76 (0.066) 2 and over 3641 54 (2.0) 1.70 (0.040) 0.34 (0.020) 20 (1.2) 1.70 (0.035) 0.62 (0.029) 37 (1.7) 1.71 (0.052)  Males and Females: 2 - 19 2380 49 (2.2) 1.75 (0.040) 0.28 (0.027) 16 (1.3) 1.83 (0.068) 0.59 (0.045) 32 (1.7) 1.67 (0.046) 20 and over 4742 55 (2.0) 2.18 (0.057) 0.43 (0.021) 20 (1.0) 2.22 (0.081) 0.79 (0.022) 35 (1.4) 2.14 (0.071)								` ' I					
2 - 19				` ,	\ /	, ,		` ′	` ,	` '			
20 and over 2435 54 (2.1) 1.74 (0.049) 0.35 (0.019) 20 (1.3) 1.71 (0.046) 0.64 (0.027) 38 (1.9) 1.76 (0.066) 2 and over 3641 54 (2.0) 1.70 (0.040) 0.34 (0.020) 20 (1.2) 1.70 (0.035) 0.62 (0.029) 37 (1.7) 1.71 (0.052)  Males and Females:  2 - 19 2380 49 (2.2) 1.75 (0.040) 0.28 (0.027) 16 (1.3) 1.83 (0.068) 0.59 (0.045) 32 (1.7) 1.67 (0.046) 20 and over 4742 55 (2.0) 2.18 (0.057) 0.43 (0.021) 20 (1.0) 2.22 (0.081) 0.79 (0.022) 35 (1.4) 2.14 (0.071)				( )	( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( (	( ,		( ) )	( ( ( ) ( ) ( ) ( ) ( ) ( ) ( )	,		( ' /	(1111)
20 and over 2435 54 (2.1) 1.74 (0.049) 0.35 (0.019) 20 (1.3) 1.71 (0.046) 0.64 (0.027) 38 (1.9) 1.76 (0.066) 2 and over 3641 54 (2.0) 1.70 (0.040) 0.34 (0.020) 20 (1.2) 1.70 (0.035) 0.62 (0.029) 37 (1.7) 1.71 (0.052)  Males and Females:  2 - 19 2380 49 (2.2) 1.75 (0.040) 0.28 (0.027) 16 (1.3) 1.83 (0.068) 0.59 (0.045) 32 (1.7) 1.67 (0.046) 20 and over 4742 55 (2.0) 2.18 (0.057) 0.43 (0.021) 20 (1.0) 2.22 (0.081) 0.79 (0.022) 35 (1.4) 2.14 (0.071)	2 - 19	1206	53	(2.9)	1.59 (0.055)	0.29 (0.038)	18	(2.0)	1.65 (0.084)	0.55 (0.067)	33	(2.8)	1.52 (0.053)
2 and over 3641 54 (2.0) 1.70 (0.040) 0.34 (0.020) 20 (1.2) 1.70 (0.035) 0.62 (0.029) 37 (1.7) 1.71 (0.052)  Males and Females:  2 - 19 2380 49 (2.2) 1.75 (0.040) 0.28 (0.027) 16 (1.3) 1.83 (0.068) 0.59 (0.045) 32 (1.7) 1.67 (0.046) 20 and over 4742 55 (2.0) 2.18 (0.057) 0.43 (0.021) 20 (1.0) 2.22 (0.081) 0.79 (0.022) 35 (1.4) 2.14 (0.071)	20 and over	2435	54			0.35 (0.019)	20	, ,					
2 - 19     2380     49     (2.2)     1.75 (0.040)     0.28 (0.027)     16 (1.3)     1.83 (0.068)     0.59 (0.045)     32 (1.7)     1.67 (0.046)       20 and over     4742     55 (2.0)     2.18 (0.057)     0.43 (0.021)     20 (1.0)     2.22 (0.081)     0.79 (0.022)     35 (1.4)     2.14 (0.071)	2 and over	3641	54		1.70 (0.040)	0.34 (0.020)	20		1.70 (0.035)	0.62 (0.029)	37		1.71 (0.052)
2 - 19     2380     49     (2.2)     1.75 (0.040)     0.28 (0.027)     16 (1.3)     1.83 (0.068)     0.59 (0.045)     32 (1.7)     1.67 (0.046)       20 and over     4742     55 (2.0)     2.18 (0.057)     0.43 (0.021)     20 (1.0)     2.22 (0.081)     0.79 (0.022)     35 (1.4)     2.14 (0.071)													
20 and over 4742 55 (2.0) 2.18 (0.057) 0.43 (0.021) 20 (1.0) 2.22 (0.081) 0.79 (0.022) 35 (1.4) 2.14 (0.071)			40	(2.2)	1.75 (0.040)	0.20 (0.022)	1.0	(1.2)	1.02 (0.020)	0.50 (0.045)	22	(1.7)	1.67 (0.046)
					, , ,	, ,		, ,	, ,	, ,		, ,	` '
2 and over 7122 35 (1.8)   2.08 (0.045)   0.40 (0.020)   19 (0.9)   2.14 (0.067)   0.74 (0.023)   35 (1.2)   2.01 (0.054)					` ′	, ,		` ′ [	` ,	, ,			, ,
	2 and over	1122	33	(1.8)	2.08 (0.045)	0.40 (0.020)	19	(0.9)	2.14 (0.06/)	0.74 (0.023)	33	(1.2)	2.01 (0.054)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							F	olat	e (	D F	<b>E</b> )						
						-All Indi	viduals	2			—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del> .	Non-con	nsumers 4
Gender and age	Sample Size	Pero Repor		To Inta	otal ake		e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Males:				I					ı						i		
2 - 5	260	42	(3.3)	403	(18.9)	47	(7.1)	12	(1.5)	436	(40.3)	113	(17.9)	26	(2.8)	379	(16.7)
	383	39	(3.7)	541	(21.8)	57	(6.0)	10	(1.2)	550	(39.4)	147	(9.2)	27	(2.6)	535	(26.9)
	531	50	(3.9)	569	(16.0)	117	(13.0)	21	(2.4)	603	(30.8)	235	(15.5)	39	(3.4)	536	(29.5)
20 - 39	664	65	(2.9)	592	(17.8)	179	(15.4)	30	(2.5)	618	(26.7)	278	(16.4)	45	(2.6)	546	(28.0)
40 - 59	715	57	(3.6)	589	(25.6)	157	(12.1)	27	(2.2)	618	(25.0)	279	(10.4)	45	(2.2)	552	(41.4)
60 and over	928	44	(3.5)	525	(18.8)	89	(12.7)	17	(2.3)	552	(26.1)	204	(19.3)	37	(3.5)	504	(26.7)
2 - 19	1174	44	(2.7)	525	(10.9)	82	(7.2)	16	(1.4)	554	(25.4)	185	(10.6)	33	(2.2)	501	(14.6)
20 and over	2307	56	(2.3)	573	(8.6)	146	(8.7)	26	(1.5)	604		262	(8.4)	43	(1.3)	533	(15.9)
2 and over	3481	53	(2.1)	561	(8.2)	130	(7.7)	23	(1.4)	593		246	(8.1)	41	(1.2)	524	(13.6)
<b>Females:</b> 2 - 5	280	42	(3.6)	372	(20.4)	44	(6.0)	12	(1.5)	379	(32.9)	105	(11.8)	28	(2.7)	368	(22.9)
	412	52	(4.6)	497	(16.6)	66	(7.3)	13	(1.3)	484	(22.4)	127	(8.4)	26	(1.6)	512	(30.0)
	514	59	(3.1)	445	(17.0)	112	(7.0)	25	(1.1)	471	(27.4)	189	(6.8)	40	(2.0)	407	(21.5)
20 - 39	766	65	(2.5)	462	(17.7)	121	(6.9)	26	(1.6)	464	(11.0)	186	(11.8)	40	(2.4)	458	(44.5)
40 - 59	786	52	(3.3)	436	(18.5)	96	(8.7)	22	(2.0)	439	(24.2)	184	(11.7)	42	(2.9)	432	(21.5)
60 and over	883	44	(3.6)	415	(11.2)	65	(7.1)	16	(1.7)	410	(13.0)	147	(9.2)	36	(1.7)	418	(19.5)
2 - 19	1206	53	(2.9)	447	(8.1)	82	(5.2)	18	(1.1)	460	(15.3)	154	(5.1)	34	(1.2)	432	(12.6)
20 and over	2435	54	(2.1)	439	(10.2)	95	(3.2)	22	(0.8)	443	(10.1)	176	(6.3)	40	(1.4)	434	(21.7)
2 and over	3641	54	(2.0)	440	(8.1)	92	(3.1)	21	(0.8)	446	(9.5)	171	(5.5)	38	(1.2)	434	(18.6)
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	487 503 499	(5.5) (6.3) (5.4)	82 120 111	(4.9) (5.4) (4.8)	17 24 22	(1.0) (1.0) (0.9)	504 521 517	(10.5) (9.8) (8.0)	169 218 207	(6.8) (5.2) (5.0)	34 42 40	(1.2) (1.1) (0.9)	470 481 478	(8.3) (10.7) (8.9)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								C h	oli								
				· · · · · · · · · · · · · · · · · · ·		-All Indi	viduals	2	<del></del>		—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del> .	Non-con	sumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake		e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Males:				I					1						ĺ		
2 - 5	260	42	(3.3)	222	(7.8)	27	(3.3)	12	(1.5)	219	(12.9)	65	(6.5)	30	(3.1)	224	(15.0)
	383	39	(3.7)	256	(10.4)	35	(4.0)	14	(1.6)	282	(11.9)	90	(7.6)	32	(2.9)	239	(12.7)
	531	50	(3.9)	303	(12.8)	78	(10.0)	26	(3.0)	336	(17.4)	156	(13.1)	46	(2.6)	270	(19.0)
20 - 39	664	65	(2.9)	390	(12.7)	119	(11.5)	31	(2.3)	406	(21.6)	184	(15.8)	45	(2.6)	361	(19.6)
40 - 59	715	57	(3.6)	402	(8.2)	118	(10.5)	29	(2.3)	418	(13.1)	208	(12.7)	50	(1.9)	380	(14.1)
60 and over	928	44	(3.5)	368	(9.8)	74	(7.1)	20	(2.0)	388	(12.0)	170	(11.3)	44	(2.5)	353	(14.1)
2 - 19	1174	44	(2.7)	270	(7.4)	53	(5.3)	20	(1.8)	297	(11.9)	119	(7.5)	40	(2.1)	249	(10.5)
20 and over	2307	56	(2.3)	388	(4.7)	106	(5.5)	27	(1.3)	407	(9.2)	190	(8.2)	47	(1.5)	365	(9.4)
2 and over	3481	53	(2.1)	359	(3.5)	93	(4.9)	26	(1.2)	384	(7.3)	175	(6.7)	46	(1.3)	331	(5.5)
Females:  2 - 5	280	42	(3.6)	205	(8.4)	23	(2.7)	11	(1.2)	213	(14.0)	54	(3.9)	26	(2.6)	200	(9.0)
	412	52	(4.6)	229	(5.5)	44	(6.1)	19	(2.4)	238	(9.1)	84	(6.7)	35	(2.3)	218	(6.3)
	514	59	(3.1)	224	(9.1)	68	(4.9)	31	(1.9)	235	(12.5)	116	(7.9)	49	(2.4)	208	(10.7)
20 - 39	766	65	(2.5)	287	(9.6)	84	(5.6)	29	(1.7)	285	(10.7)	130	(6.5)	46	(1.9)	292	(13.7)
40 - 59	786	52	(3.3)	276	(12.7)	66	(4.9)	24	(1.8)	278	(16.0)	127	(8.9)	46	(2.6)	274	(14.1)
60 and over	883	44	(3.6)	278	(8.8)	53	(4.3)	19	(1.8)	284	(10.8)	120	(4.8)	42	(2.7)	273	(11.8)
2 - 19	1206	53	(2.9)	222	(4.1)	50	(4.0)	23	(1.7)	233	(7.6)	95	(4.9)	41	(1.8)	209	(4.3)
20 and over	2435	54	(2.1)	281	(7.2)	69	(3.0)	24	(1.1)	282	(8.5)	126	(3.5)	45	(1.2)	279	(8.5)
2 and over	3641	54	(2.0)	267	(5.7)	64	(2.9)	24	(1.0)	271	(7.4)	119	(3.3)	44	(1.1)	263	(6.7)
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	246 332 312	(4.5) (4.6) (3.4)	52 87 78	(3.8) (3.6) (3.1)	21 26 25	(1.4) (1.0) (0.9)	263 343 326	(6.8) (6.6) (5.7)	106 157 146	(5.0) (4.6) (3.7)	40 46 45	(1.7) (0.8) (0.7)	231 319 296	(6.6) (7.7) (5.1)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

					7	V i t a	m i n	B 1 2				
					-All Individuals	2	<del></del>	All R	estaurant Consu	mers <sup>3</sup> —		Non-consumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	Total Intake	Intake from All Restaurants	Percentag All Rest		Total Intake	Intake from All Restaurants	Percentag All Rest		<sup>6</sup> Total Intake
(years)		%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)
Males:				l			1					ı
2 - 5	260	42	(3.3)	3.94 (0.144)	0.32 (0.035)	8	(1.0)	3.87 (0.247)	0.76 (0.076)	20	(2.3)	3.99 (0.192)
6 - 11		39	(3.7)	4.88 (0.243)	0.50 (0.081)	10	(1.6)	5.05 (0.415)	1.29 (0.162)	26	(2.7)	4.77 (0.288)
12 - 19		50	(3.9)	5.56 (0.253)	1.05 (0.141)	19	(2.0)	6.05 (0.340)	2.11 (0.183)	35	(2.5)	5.08 (0.248)
20 - 39	664	65	(2.9)	6.26 (0.303)	1.50 (0.107)	24	(2.0)	6.33 (0.408)	2.33 (0.150)	37	(3.5)	6.13 (0.463)
40 - 59		57	(3.6)	5.86 (0.549)	1.32 (0.113)	23	(2.7)	5.66 (0.435)	2.34 (0.138)	41	(2.6)	6.13 (1.020)
60 and over	928	44	(3.5)	5.53 (0.330)	0.95 (0.111)	17	(2.1)	6.12 (0.672)	2.19 (0.169)	36	(4.3)	5.08 (0.372)
2 - 19	1174	44	(2.7)	4.99 (0.139)	0.71 (0.082)	14	(1.5)	5.32 (0.249)	1.60 (0.119)	30	(1.9)	4.73 (0.165)
20 and over	2307	56	(2.3)	5.92 (0.226)	1.29 (0.066)	22	(1.3)	6.05 (0.249)	2.30 (0.074)	38	(1.8)	5.75 (0.338)
2 and over	3481	53	(2.1)	5.69 (0.188)	1.14 (0.062)	20	(1.1)	5.90 (0.214)	2.16 (0.067)	37	(1.5)	5.45 (0.254)
Females:												
2 - 5	280	42	(3.6)	3.56 (0.203)	0.30 (0.045)	9	(1.1)	3.64 (0.250)	0.73 (0.090)	20	(2.1)	3.50 (0.236)
6 - 11		52	(4.6)	4.29 (0.177)	0.51 (0.075)	12	(1.8)	4.07 (0.166)	0.97 (0.087)	24	(2.1)	4.53 (0.394)
12 - 19		59	(3.1)	3.47 (0.168)	0.85 (0.089)	24	(2.3)	3.66 (0.232)	1.44 (0.145)	39	(3.5)	3.19 (0.266)
20 - 39	766	65	(2.5)	3.75 (0.127)	1.05 (0.077)	28	(1.9)	3.77 (0.154)	1.62 (0.114)	43	(2.8)	3.71 (0.182)
40 - 59		52	(3.3)	4.01 (0.228)	0.80 (0.060)	20	(2.0)	3.89 (0.299)	1.53 (0.125)	39	(4.4)	4.13 (0.265)
60 and over	883	44	(3.6)	3.81 (0.225)	0.66 (0.077)	17	(2.4)	3.82 (0.255)	1.50 (0.136)	39	(3.5)	3.80 (0.268)
2 - 19	1206	53	(2.9)	3.77 (0.099)	0.62 (0.053)	16	(1.4)	3.79 (0.129)	1.16 (0.078)	31	(1.8)	3.73 (0.183)
20 and over	2435	54	(2.1)	3.85 (0.129)	0.85 (0.040)	22	(1.2)	3.82 (0.156)	1.56 (0.066)	41	(1.9)	3.89 (0.149)
2 and over	3641	54	(2.0)	3.83 (0.092)	0.79 (0.038)	21	(1.1)	3.82 (0.115)	1.47 (0.062)	39	(1.7)	3.86 (0.126)
Males and Females:												
2 - 19		49	(2.2)	4.39 (0.108)	0.67 (0.057)	15	(1.2)	4.51 (0.148)	1.37 (0.087)	30	(1.5)	4.28 (0.127)
20 and over	4742	55	(2.0)	4.84 (0.137)	1.06 (0.046)	22	(1.0)	4.91 (0.167)	1.92 (0.058)	39	(1.3)	4.77 (0.183)
2 and over	7122	53	(1.8)	4.74 (0.116)	0.96 (0.041)	20	(0.9)	4.82 (0.144)	1.80 (0.055)	37	(1.1)	4.64 (0.149)
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**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

						Vitami	n C			
				<del></del>	—All Individuals	2	All R	estaurant Consu	mers <sup>3</sup> ———	Non-consumers <sup>4</sup>
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	Total Intake	Intake from All Restaurants	Percentages from <sup>6</sup> All Restaurants	Total Intake	Intake from All Restaurants	Percentages from <sup>6</sup> All Restaurants	Total Intake
(years)		%	(SE)	mg (SE)	mg (SE)	% (SE)	mg (SE)	mg (SE)	% (SE)	mg (SE)
Malage				ı		ı			ı	
<b>Males:</b> 2 - 5	260	42	(3.3)	80.3 (12.69)	4.3 (0.79)	5* (1.2)	89.0 (26.10)	10.2 (1.89)	11* (3.7)	74.0 (5.21)
6 - 11	383	39	(3.7)	77.2 (6.88)	3.9 (0.69)	5* (1.2)	63.2 (6.50)	10.2 (1.89)	16 (2.8)	85.9 (10.78)
12 - 19	531	50	(3.7)	70.0 (5.96)	9.2 (2.20)	13 (3.5)	64.9 (5.79)	18.5 (3.77)	29 (5.8)	75.0 (10.89)
12 - 19	331	30	(3.9)	70.0 (3.90)	7.2 (2.20)	15 (5.5)	04.7 (3.79)	10.5 (3.77)	2) (3.8)	73.0 (10.89)
20 - 39	664	65	(2.9)	76.9 (4.42)	12.9 (1.40)	17 (1.6)	72.5 (5.12)	19.9 (2.25)	27 (2.3)	84.9 (8.10)
40 - 59	715	57	(3.6)	84.8 (5.60)	16.1 (2.52)	19 (2.2)	87.3 (9.04)	28.5 (4.22)	33 (3.3)	81.6 (6.46)
60 and over	928	44	(3.5)	79.5 (4.41)	6.7 (1.04)	8 (1.4)	74.8 (5.78)	15.4 (1.69)	21 (2.1)	83.2 (6.63)
			` ′	Ì	, ,	` ′	, ,	, ,	, ,	, ,
2 - 19	1174	44	(2.7)	74.5 (4.85)	6.4 (1.04)	9 (1.6)	69.3 (7.03)	14.5 (1.96)	21 (3.6)	78.7 (5.70)
20 and over	2307	56	(2.3)	80.4 (3.05)	12.3 (1.18)	15 (1.3)	78.3 (4.08)	22.0 (2.15)	28 (1.9)	83.1 (4.06)
2 and over	3481	53	(2.1)	79.0 (2.99)	10.8 (1.00)	14 (1.2)	76.4 (3.89)	20.4 (1.87)	27 (1.6)	81.8 (3.99)
Females:										
2 - 5	280	42	(3.6)	86.4 (5.68)	5.6* (1.96)	6* (2.2)	78.9 (8.02)	13.4* (4.50)	17 (4.8)	91.8 (9.94)
6 - 11	412	52	(4.6)	76.2 (7.93)	7.4* (2.33)	10 (2.3)	78.7 (14.53)	14.2 (3.77)	18 (2.7)	73.5 (4.39)
12 - 19	514	59	(3.1)	59.0 (3.57)	9.1 (1.43)	15 (2.0)	58.6 (5.17)	15.4 (2.62)	26 (3.6)	59.6 (4.92)
12 - 19	314	37	(3.1)	37.0 (3.57)	7.1 (1.43)	15 (2.0)	36.0 (3.17)	13.4 (2.02)	20 (3.0)	37.0 (4.92)
20 - 39	766	65	(2.5)	71.0 (3.89)	12.8 (1.21)	18 (1.4)	70.6 (4.96)	19.8 (1.60)	28 (2.2)	71.6 (3.98)
40 - 59	786	52	(3.3)	73.2 (3.98)	8.8 (0.98)	12 (1.2)	67.1 (3.25)	16.8 (1.77)	25 (2.5)	79.9 (6.66)
60 and over	883	44	(3.6)	73.4 (2.93)	6.5 (0.89)	9 (1.3)	66.0 (4.98)	14.9 (1.87)	22 (2.8)	79.2 (4.07)
			( )		( ( ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( )	- ( )	( ,	( , , ,		( , , ,
2 - 19	1206	53	(2.9)	70.7 (3.33)	7.8 (1.09)	11 (1.2)	68.7 (5.88)	14.7 (1.75)	21 (2.1)	73.0 (3.67)
20 and over	2435	54	(2.1)	72.5 (2.19)	9.6 (0.59)	13 (0.6)	68.3 (2.85)	17.6 (1.05)	26 (1.1)	77.4 (2.72)
2 and over	3641	54	(2.0)	72.1 (1.89)	9.2 (0.51)	13 (0.5)	68.4 (2.72)	17.0 (0.90)	25 (1.2)	76.4 (1.88)
Males and Females:		40	(2.2)	70.7 (2.54)	7.1 (0.74)	10 (10)	(0.0 (5.35)	146 (124)	21 (2.2)	76.2 (2.90)
2 - 19	2380	49	(2.2)	72.7 (3.54)	7.1 (0.74)	10 (1.0)	69.0 (5.35)	14.6 (1.24)	21 (2.2)	76.2 (3.88)
20 and over	4742	55	(2.0)	76.3 (2.35)	10.9 (0.74)	14 (0.8)	73.2 (2.97)	19.8 (1.31)	27 (1.3)	80.1 (2.39)
2 and over	7122	53	(1.8)	75.4 (2.21)	10.0 (0.60)	13 (0.7)	72.3 (2.85)	18.6 (1.10)	26 (1.2)	79.1 (2.29)
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**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

						-All Indiv	iduals	2	<del></del>		—All R	estaurani	t Consu	mers <sup>3</sup> —	<del></del> .	Non-con	sumers 4
	Sample Size	Pero Report		To Inta		Intake All Rest	e from aurants	Percentage All Resta		To Inta		Intake All Res	e from taurants	Percentage All Resta		To Inta	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
															Ī		
Males:	260	42	(2.2)		(0.24)	0.2	(0.04)	2 *	(0,0)	<i>5</i> 2	(0.61)	0.5	(0,00)	0.*	(2.1)	- 7	(0.20)
2 - 5	260	42	(3.3)		(0.24)		(0.04)	3*	(0.8)	5.3	(0.61)	0.5	(0.09)	9* 11*	(2.1)	5.7	(0.39)
6 - 11	383	39	(3.7)		(0.25)	0.2	(0.04)	4*	(0.6)	4.8	(0.39)	0.6	(0.10)	11*	(1.4)	5.6	(0.30)
12 - 19	531	50	(3.9)	5.0	(0.27)	0.5	(0.16)	11	(3.1)	5.0	(0.43)	1.1	(0.29)	22	(5.5)	5.0	(0.41)
20 - 39	664	65	(2.9)	4.6	(0.28)	0.8	(0.10)	19	(1.8)	4.7	(0.41)	1.3	(0.16)	28	(3.5)	4.4	(0.44)
40 - 59	715	57	(3.6)		(0.31)	0.8	(0.07)	17	(2.0)	4.3	(0.32)	1.3	(0.09)	31	(2.1)	4.4	(0.48)
60 and over	928	44	(3.5)	5.5	(0.55)	0.7	(0.16)	14	(2.4)	4.9	(0.41)	1.7	(0.32)	35	(4.4)	6.0	(0.89)
2 - 19	1174	44	(2.7)	5.2	(0.12)	0.4	(0.08)	7	(1.5)	5.0	(0.31)	0.8	(0.16)	16	(2.9)	5.4	(0.25)
20 and over	2307	56	(2.7)		(0.12) $(0.17)$	0.4	(0.06)	17	(1.2)	4.6	(0.20)	1.4	(0.10) $(0.09)$	31	(2.7) $(1.7)$	5.0	(0.23) $(0.31)$
2 and over	3481	53	(2.1)		(0.17) $(0.14)$	0.7	(0.05)	14	(0.9)	4.7	(0.20) $(0.15)$	1.3	(0.08)	27	(1.7)	5.1	(0.21)
T. 1									Ì								
Females:	200	40	(2.6)	<i>5</i> 1	(0.22)	0.4	(0.10)	7 *	(1.0)	<i>5</i> 1	(0.50)	0.0	(0.22)	1.6 \	(2.1)	4.0	(0.07)
2 - 5	280	42	(3.6)		(0.32)		(0.10)	7*	(1.8)		(0.52)	0.9	(0.22)	16*	(3.1)	4.9	(0.27)
6 - 11	412	52	(4.6)		(0.22)	0.2	(0.02)	5*	(0.6)	4.1	(0.30)	0.4	(0.04)	10	(1.1)	5.3	(0.50)
12 - 19	514	59	(3.1)	3.3	(0.24)	0.4	(0.07)	12	(2.0)	2.9	(0.24)	0.7	(0.12)	23	(3.4)	3.8	(0.42)
20 - 39	766	65	(2.5)	3.5	(0.24)	0.8	(0.08)	21	(2.3)	3.4	(0.23)	1.2	(0.10)	35	(2.8)	3.9	(0.39)
40 - 59	786	52	(3.3)		(0.24)	0.5	(0.06)	14	(1.6)	3.2	(0.29)	1.0	(0.13)	31	(3.5)	4.2	(0.27)
60 and over	883	44	(3.6)		(0.29)	0.5	(0.08)	13	(2.1)	3.5	(0.31)	1.1	(0.18)	32	(4.0)	4.2	(0.35)
2 - 19	1206	53	(2.9)	4.1	(0.14)	0.3	(0.03)	8	(0.8)	3.7	(0.18)	0.6	(0.05)	17	(1.3)	4.6	(0.23)
20 and over	2435	54	(2.1)		(0.14) $(0.18)$	0.5	(0.03) $(0.04)$	16	(1.3)	3.4	(0.16)	1.1	(0.03) $(0.07)$	33	(1.3) $(1.7)$	4.1	(0.23) $(0.26)$
20 and over	3641	54	(2.1) $(2.0)$		(0.18) $(0.14)$		(0.04) $(0.03)$	14	(0.9)	3.4	(0.10) $(0.14)$	1.0	(0.07) $(0.05)$	29	(1.7)	4.1	(0.20) $(0.21)$
2 and over	3041	34	(2.0)	3.6	(0.14)	0.5	(0.03)	14	(0.9)	3.4	(0.14)	1.0	(0.03)	29	(1.4)	4.2	(0.21)
Males and Females:																	
2 - 19	2380	49	(2.2)	4.7	(0.12)	0.3	(0.05)	7	(1.1)	4.3	(0.19)	0.7	(0.10)	16	(2.0)	5.0	(0.19)
20 and over	4742	55	(2.0)	4.2	(0.14)	0.7	(0.04)	16	(1.0)	4.0	(0.12)	1.2	(0.06)	32	(1.3)	4.5	(0.24)
2 and over	7122	53	(1.8)	4.3	(0.12)	0.6	(0.03)	14	(0.8)	4.0	(0.10)	1.1	(0.05)	28	(1.0)	4.7	(0.18)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

### Vitamin E (alphatocopherol) -All Individuals <sup>2</sup>---------All Restaurant Consumers <sup>3</sup> -----Non-consumers 4 Gender Sample Total Intake from Percentages from <sup>6</sup> Intake from Percentages from 6 Total Percent Total and age Size Reporting 5 Intake All Restaurants All Restaurants Intake All Restaurants All Restaurants Intake (SE) (vears) % (SE) mg (SE) mg (SE) (SE) mg mg (SE) % (SE) mg (SE) Males: 42 32 2 - 5..... 260 (3.3)6.0 0.9 (0.14)14 6.5 (0.45)2.1 (0.30)(4.2)5.6 (0.18)(0.24)(2.2)383 27 6 - 11..... 39 9.0 (1.10) 0.9(0.09)10 2.3 (0.16)9.3 (3.7)(1.5)8.5 (0.87) (2.8)(1.46)531 50 10.0 (0.59) 42 12 - 19..... (3.9)8.6 (0.36) 2.1 (0.27) (3.2)4.1 (0.37) (3.3)7.2 (0.46)10.2 (0.24)27 4.3 (0.31)(0.96)20 - 39..... 664 65 (2.9)(0.51)2.7 (2.6)10.3 (0.45) 41 (2.6)10.0 40 - 59..... 715 57 2.8 (0.29) 25 12.2 5.0 (0.33)41 (0.91)(3.6)11.4 (0.69)(2.2)(0.83)(2.4)10.4 928 9.7 (0.24) 60 and over..... 44 (3.5)1.7 (0.19) 17 (2.0)10.2 (0.42) 3.8 (0.29) 38 (2.4)9.4 (0.33) 2 - 19..... 1174 44 (2.7)8.2 (0.33)1.4 (0.14)17 (1.9)8.9 (0.32) 3.2 (0.20)36 (2.1)7.6 (0.55)20 and over... 2307 56 (2.3)10.5 (0.34)2.5 (0.14)24 (1.5)10.9 (0.36) 4.4 (0.15)41 9.9 (0.45)(1.5)3481 (2.1)2 and over... 53 9.9 (0.28) 2.2 (0.13) 22 (1.3)10.5 (0.32) 4.2 (0.13) 40 (1.3)9.2 (0.35) **Females:** 2 - 5..... (0.11)280 42 (3.6)5.4 (0.23)0.7 (0.06)13 (1.2)5.5 (0.20) 1.6 29 (2.2)5.4 (0.38)412 52 21 35 6 - 11..... 7.4 (0.27)1.5 (0.20)8.3 (0.40) 2.9 (0.26)6.5 (0.31)(4.6)(2.5)(2.7)514 59 7.7 (0.20)42 12 - 19..... (3.1)(0.53)2.0 (0.12)(2.0)7.8 (0.73) 3.3 (4.1)7.6 (0.65)20 - 39..... 8.9 766 65 (0.28)2.3 (0.15) 26 9.1 (0.33) 3.5 (0.16)38 8.5 (0.53)(2.5)(1.3)(1.9)786 52 20 3.2 39 8.5 40 - 59..... (3.3)8.4 (0.42)1.7 (0.13)(1.8)8.4 (0.30) (0.19)(1.8)(0.71)883 15 37 8.8 (0.43) 60 and over..... (3.6)8.5 (0.36) 1.3 (0.14) (1.9)8.2 (0.42) 3.0 (0.16)(2.8)2 - 19..... 1206 53 (2.9)7.1 (0.27) 1.5 (0.11) 22 (1.8)7.6 (0.40) 2.9 (0.14)38 (2.3)6.6 (0.32)20 and over... 2435 54 8.6 (0.20)1.8 (0.09) 21 (1.0)8.6 (0.18) 3.3 (0.10)38 8.6 (0.35)(2.1)(1.5)2 and over... 3641 54 8.3 (0.18) 1.7 (0.08) 21 (0.9)8.4 (0.21) 3.2 (0.10) 38 8.2 (0.25) (2.0)(1.4)Males and Females: 2 - 19..... 2380 49 (2.2)7.7 (0.21)1.5 (0.11) 19 8.2 (0.24) 3.0 (0.13)37 7.2 (0.36)(1.5)(1.6)4742 9.5 (0.11)3.9 (0.10)40 9.2 (0.30)20 and over... 55 (2.0)(0.19)2.1 22 (1.1)9.8 (0.18)(1.2)2 and over... 7122 9.1 2.0 (0.09) 8.7 (0.21) (1.8)(0.16)(1.0)9.4 (0.18) 3.7 (0.09)(1.1)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

							Vit	a m i	n K				
					All Indi	ividuals	2	<del> </del>	All R	Restaurant Consi	umers <sup>3</sup>		Non-consumers <sup>4</sup>
Gender and age	Sample Size	Per Repor	cent ting <sup>5</sup>	Total Intake		ke from staurants	Percentag All Rest		Total Intake	Intake from All Restaurants	Percentage All Resta		<sup>6</sup> Total Intake
(years)		%	(SE)	μg (S	E) μg	(SE)	%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)
Males:				1									1
2 - 5	260	42	(3.3)	50.7 (3.5	52) 7.2	(1.22)	14	(2.3)	49.8 (6.26)	17.2 (3.08)	35	(4.8)	51.3 (4.17)
6 - 11	383	39	(3.7)	72.7 (8.6	,	(1.23)	13	(2.3)	88.4 (23.11)	23.8 (2.88)		(7.5)	62.9 (5.75)
12 - 19	531	50	(3.9)	78.5 (5.3		(3.93)	33	(4.7)	95.6 (6.59)	51.5 (6.28)		(5.3)	61.5 (7.47)
20 - 39	664	65	(2.9)	110.4 (6.0	53) 35.3	(3.35)	32	(2.6)	116.5 (9.25)	54.7 (4.61)	47	(3.0)	99.4 (9.32)
40 - 59	715	57	(3.6)	146.5 (16.		(7.60)	34	(3.9)	149.9 (12.48)	87.4 (11.56)		(3.9)	142.0 (26.97)
60 and over	928	44	(3.5)	123.4 (7.3	*	(4.42)	19	(3.3)	118.4 (9.00)	53.2 (7.73)		(4.8)	127.3 (10.35)
2 - 19	1174	44	(2.7)	70.7 (4.5	33) 16.3	(1.87)	23	(3.0)	84.3 (7.46)	36.7 (3.20)	43	(5.4)	59.7 (3.52)
20 and over	2307	56	(2.3)	126.9 (8.0	,	` ,	29	(1.9)	128.9 (6.78)	66.1 (4.34)		(2.0)	124.3 (11.21)
2 and over	3481	53	(2.1)	112.8 (7.0			28	(1.9)	119.6 (6.57)	60.0 (3.83)		(2.2)	105.2 (8.37)
Females:													
2 - 5	280	42	(3.6)	49.9 (4.4	45) 6.7	(1.24)	13	(2.2)	48.2 (3.94)	16.1 (2.80)	33	(5.2)	51.1 (6.39)
6 - 11	412	52	(4.6)	69.0 (6.1		(1.74)	22	(2.4)	68.3 (5.35)	29.2 (2.64)		(3.0)	69.7 (12.38)
12 - 19	514	59	(3.1)	84.8 (6			29	(2.7)	90.1 (7.63)	41.8 (4.55)		(5.1)	77.2 (8.32)
20 - 39	766	65	(2.5)	142.6 (18.3	36) 39.1	(3.91)	27	(3.7)	152.2 (27.93)	60.2 (5.55)	40	(7.7)	124.7 (11.22)
40 - 59	786	52	(3.3)	126.5 (7.2		(3.11)	25	(2.6)	116.8 (4.39)	59.3 (5.89)		(4.2)	137.1 (13.48)
60 and over	883	44	(3.6)	114.8 (4.	71) 22.8	(2.20)	20	(2.1)	112.5 (7.41)	52.0 (4.07)	46	(3.7)	116.5 (7.76)
2 - 19	1206	53	(2.9)	72.0 (3.0	65) 17.6	(1.27)	25	(1.5)	75.8 (3.50)	33.3 (2.21)	44	(3.0)	67.7 (5.50)
20 and over	2435	54	(2.1)	128.6 (6.3		(1.34)	24	(1.4)	130.8 (11.22)	57.9 (2.61)		(4.4)	126.0 (5.38)
2 and over	3641	54	(2.0)	115.8 (5.3		(1.17)	24	(1.2)	118.6 (9.22)	52.4 (2.28)		(3.8)	112.5 (4.60)
Males and Females:													
2 - 19	2380	49	(2.2)	71.3 (3.3	39) 16.9	(1.32)	24	(2.0)	79.8 (4.37)	34.9 (2.13)	44	(3.4)	63.3 (3.57)
20 and over	4742	55	(2.0)	127.8 (6.3	,	(1.85)	27	(1.3)	129.9 (8.68)	61.9 (2.46)		(2.7)	125.2 (5.78)
2 and over	7122	53	(1.8)	114.4 (5.9			26	(1.3)	119.1 (7.66)	56.1 (2.24)		(2.5)	108.9 (4.83)
			` ′	`	•	` /		` ′	` ′	,		. ,	1 '

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								C a	l c i	u m							
						-All Indi	viduals	2			—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del> .	Non-con	isumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Males:				I					ı						ı		
2 - 5	260 383 531	42 39 50	(3.3) (3.7) (3.9)	1011 1066 1079	(54.8) (45.5) (32.2)	88 106 229	(12.2) (9.3) (25.9)	9 10 21	(1.2) (0.8) (2.2)	1045 1018 1127	(138.4) (42.0) (43.7)	210 276 461	(25.8) (19.3) (29.0)	20 27 41	(2.8) (1.4) (2.4)	987 1096 1032	(36.8) (57.7) (50.2)
20 - 39 40 - 59 60 and over	664 715 928	65 57 44	(2.9) (3.6) (3.5)	1138 1110 981	(27.2) (47.4) (31.0)	330 272 141	(25.7) (24.3) (18.5)	29 24 14	(1.9) (2.0) (1.7)	1199 1129 1026	(47.6) (45.0) (63.8)	512 481 325	(29.9) (32.0) (29.2)	43 43 32	(2.6) (1.7) (2.0)	1027 1086 946	(54.4) (77.7) (34.6)
2 - 19 20 and over 2 and over	1174 2307 3481	44 56 53	(2.7) (2.3) (2.1)	1060 1084 1078	(19.3) (19.1) (16.9)	159 257	(13.0) (14.1) (12.1)	15 24 22	(1.3) (1.2) (1.1)	1079 1136 1124	(38.7) (21.9) (19.4)	358 460 439	(16.8) (16.3) (14.2)	33 40 39	(1.5) (1.4) (1.2)	1045 1019 1027	(33.5) (30.0) (24.1)
Females: 2 - 5	280 412 514	42 52 59	(3.6) (4.6) (3.1)	906 957 813	(46.3) (32.5) (27.2)	89 126 197	(14.0) (16.3) (15.2)	10 13 24	(1.4) (1.6) (1.8)	949 931 820	(64.5) (49.3) (32.0)	213 242 334	(26.2) (22.1) (16.9)	22 26 41	(2.5) (1.9) (1.9)	876 987 804	(47.4) (59.2) (46.7)
20 - 39 40 - 59 60 and over	766 786 883	65 52 44	(2.5) (3.3) (3.6)	898 858 808	(26.0) (36.4) (29.2)	230 171 109	(10.8) (11.5) (12.1)	26 20 14	(1.1) (1.4) (1.5)	914 845 769	(33.3) (34.7) (32.2)	354 327 249	(17.1) (19.7) (16.6)	39 39 32	(1.6) (2.2) (1.5)	866 873 839	(39.4) (53.9) (38.1)
2 - 19 20 and over 2 and over	1206 2435 3641	53 54 54	(2.9) (2.1) (2.0)	882 857 863	(14.3) (19.0) (15.2)	150 173 168	(12.2) (6.1) (6.5)	17 20 19	(1.3) (0.8) (0.8)	878 856 861	(21.3) (24.9) (21.5)	283 319 311	(15.9) (10.0) (10.2)	32 37 36	(1.6) (1.0) (1.0)	886 858 865	(26.5) (29.5) (23.2)
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	973 966 968	(13.9) (14.6) (13.1)	154 213 199	(9.9) (8.3) (7.0)	16 22 21	(1.0) (0.9) (0.7)	972 992 988	(19.3) (16.0) (12.1)	318 388 373	(14.4) (8.3) (8.0)	33 39 38	(1.3) (0.9) (0.8)	974 934 945	(25.8) (22.4) (19.6)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								Phos	s p h	o r u	S						
				<del></del>		-All Indi	viduals	2	<del></del>		—All R	estauran	t Consu	mers <sup>3</sup> —	j	Non-con	isumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake		e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest		To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Males:				I					i						I		
2 - 5	260 383 531	42 39 50	(3.3) (3.7)	1181 1322	(32.5) (43.6)	172	(18.5) (14.7)	13 13	(1.6) (1.2)	1213 1370	(85.1) (49.1)	358 447	(38.2) (25.9)	30 33	(2.7) (1.8)	1158 1292	(46.6) (50.0)
12 - 19	331	30	(3.9)	1497	(50.4)	360	(47.5)	26	(2.8)	1645	(58.9)	775	(56.8)	47	(2.4)	1351	(71.5)
20 - 39 40 - 59 60 and over	664 715 928	65 57 44	(2.9) (3.6) (3.5)	1630 1667 1474	(36.4) (49.6) (35.0)	523 468 277	(42.3) (39.2) (33.2)	32 28 19	(2.4) (2.1) (2.1)	1695 1722 1569	(64.0) (55.2) (65.4)	811 828 636	(50.4) (42.6) (49.0)	48 48 41	(2.7) (1.5) (2.2)	1512 1595 1401	(66.6) (85.3) (52.2)
2 - 19 20 and over 2 and over	1174 2307 3481	44 56 53	(2.7) (2.3) (2.1)	1372 1600 1543	(25.5) (19.0) (17.6)	265 435 393	(24.5) (24.7) (21.8)	19 27 25	(1.7) (1.4) (1.3)	1479 1678 1636	(39.7) (28.6) (24.2)	597 779 741	(31.9) (22.9) (19.6)	40 46 45	(1.7) (1.4) (1.1)	1287 1502 1438	(39.5) (35.3) (23.4)
<b>Females:</b> 2 - 5	280 412	42 52	(3.6)	1026 1203	(39.1) (28.0)	131 218	(16.8) (27.7)	13 18	(1.4)	1092 1245	(51.6) (38.7)	314 418	(24.4) (27.1)	29 34	(2.2)	978 1157	(38.1) (52.7)
12 - 19	514	59	(4.6) (3.1)	1100	(43.1)	319	(16.0)	29	(2.1) (1.6)	1163	(53.3)	539	(27.1)	34 46	(1.6) (2.3)	1010	(46.5)
20 - 39 40 - 59 60 and over	766 786 883	65 52 44	(2.5) (3.3) (3.6)	1237 1180 1175	(26.6) (50.1) (36.6)	374 288 201	(19.7) (20.8) (20.7)	30 24 17	(1.4) (1.9) (1.8)	1275 1195 1144	(34.1) (42.5) (39.9)	576 550 459	(28.8) (37.8) (20.0)	45 46 40	(1.9) (2.7) (1.5)	1166 1164 1199	(39.7) (68.6) (46.0)
2 - 19 20 and over 2 and over	1206 2435 3641	53 54 54	(2.9) (2.1) (2.0)	1119 1199 1181	(21.9) (25.5) (19.5)	292	(16.9) (11.9) (11.0)	22 24 24	(1.4) (1.1) (0.9)	1178 1216 1208	(28.4) (27.6) (22.5)	461 539 522	(16.1) (16.0) (14.1)	39 44 43	(1.2) (1.1) (1.0)	1052 1178 1149	(26.9) (33.6) (25.2)
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	1249 1391 1357	(19.9) (15.7) (13.9)	255 361 336	(16.4) (16.3) (13.9)	20 26 25	(1.2) (1.1) (0.9)	1319 1441 1415	(27.1) (18.9) (16.3)	525 656 628	(19.4) (14.9) (12.9)	40 46 44	(1.2) (1.0) (0.8)	1182 1330 1291	(27.1) (26.9) (19.3)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								Mag	n e s	i u n	n						
				All Individuals <sup>2</sup>							—All R	estauran	t Consu	mers <sup>3</sup> —		Non-con	nsumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake	Intake All Rest	e from aurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest			otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Males:				1					i								
2 - 5 6 - 11 12 - 19	260 383 531	42 39 50	(3.3) (3.7) (3.9)	217 241 275	(6.1) (9.5) (10.2)	21 25 59	(2.5) (2.3) (8.6)	10 10 21	(1.2) (1.0) (2.7)	220 240 297	(13.1) (10.6) (15.6)	51 64 119	(5.1) (4.1) (12.1)	23 27 40	(2.3) (1.5) (2.9)	215 241 253	(8.3) (10.7) (11.9)
20 - 39 40 - 59 60 and over	664 715 928	65 57 44	(2.9) (3.6) (3.5)	342 360 321	(6.8) (10.1) (7.9)	88 78 42	(6.8) (7.4) (4.5)	26 22 13	(2.7) (2.0) (1.8) (1.4)	349 362 325	(13.6) (13.6) (13.0)	137 138 97	(8.0) (7.8) (6.0)	39 38 30	(2.6) (1.4) (1.7)	329 357 318	(11.9) (12.7) (13.0) (10.4)
2 - 19 20 and over 2 and over	1174 2307 3481	44 56 53	(2.7) (2.3) (2.1)	251 343 320	(4.9) (4.4) (4.1)	40 72 64	(4.2) (4.2) (3.8)	16 21 20	(1.6) (1.1) (1.1)	265 348 331	(8.0) (6.4) (6.0)	89 128 120	(6.3) (4.2) (4.0)	34 37 36	(2.0) (1.3) (1.1)	240 335 307	(6.2) (6.8) (5.1)
Females:  2 - 5	280 412 514	42 52 59	(3.6) (4.6) (3.1)	194 228 219	(6.1) (5.8) (7.8)	20 36 53	(2.1) (4.9) (3.2)	10 16 24	(1.1) (2.0) (1.2)	197 230 223	(6.4) (9.2) (10.3)	48 68 89	(2.9) (5.5) (5.3)	24 30 40	(1.3) (1.7) (2.3)	192 225 213	(8.7) (8.8) (7.4)
20 - 39 40 - 59 60 and over	766 786 883	65 52 44	(2.5) (3.3) (3.6)	272 271 271	(7.5) (11.1) (7.9)	65 48 35	(3.5) (3.9) (3.4)	24 18 13	(1.1) (1.4) (1.3)	271 263 254	(9.0) (9.8) (8.4)	101 92 81	(4.9) (6.9) (3.0)	37 35 32	(2.1) (2.0) (1.3)	275 279 284	(9.1) (14.1) (9.7)
2 - 19 20 and over 2 and over	1206 2435 3641	53 54 54	(2.9) (2.1) (2.0)	217 271 259	(4.0) (6.1) (5.1)	40 50 48	(2.8) (1.9) (1.9)	18 19 19	(1.2) (0.7) (0.7)	221 264 255	(6.0) (5.5) (4.8)	75 93 89	(3.2) (2.7) (2.5)	34 35 35	(1.3) (1.1) (1.0)	211 280 264	(4.8) (8.3) (6.5)
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	234 306 289	(3.2) (4.3) (3.7)	40 61 56	(2.8) (2.7) (2.4)	17 20 19	(1.1) (0.8) (0.7)	242 305 292	(4.9) (4.4) (4.2)	82 110 104	(3.6) (2.4) (2.3)	34 36 36	(1.3) (0.8) (0.7)	227 306 285	(4.5) (6.3) (4.7)

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

								]	ror	1							
				<del></del>		-All Indi	viduals	2	<del></del>		—All R	estauran	t Consu	mers <sup>3</sup> —	<del></del>	Non-con	isumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta	otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake		e from taurants	Percentag All Rest		5 To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Malaa				ı											ı	ı	
<b>Males:</b> 2 - 5	260	42	(3.3)	10.9	(0.44)	1.2	(0.15)	11	(1.3)	11.6	(0.75)	2.9	(0.35)	25	(2.6)	10.3	(0.48)
6 - 11	383	39	(3.7)	14.8	(0.44) $(0.63)$	1.5	(0.13) $(0.14)$	10	(1.3) $(1.0)$	15.2	(0.73) $(0.79)$	4.0	(0.33) $(0.20)$	25 26	(1.6)	14.5	(0.48) $(0.81)$
12 - 19	531	50	(3.7)	15.5	(0.03) $(0.48)$		(0.14) $(0.41)$	22	(2.7)	16.8	(0.75)	6.9	(0.20) $(0.50)$	41	(3.3)	14.3	(0.81) $(0.84)$
12 - 19	331	30	(3.9)	15.5	(0.46)	3.4	(0.41)	22	(2.7)	10.0	(0.03)	0.7	(0.50)	71	(3.3)	14.1	(0.04)
20 - 39	664	65	(2.9)	16.2	(0.34)	4.8	(0.40)	30	(2.4)	16.6	(0.58)	7.4	(0.45)	45	(2.5)	15.5	(0.79)
40 - 59	715	57	(3.6)	16.8	(0.58)	4.3	(0.39)	26	(2.3)	17.2	(0.68)	7.6	(0.37)	44	(2.3)	16.2	(1.02)
60 and over	928	44	(3.5)	15.5	(0.35)	2.6	(0.30)	17	(2.0)	15.8	(0.54)	5.9	(0.42)	37	(2.4)	15.3	(0.57)
			` ′	<u> </u>	` ′		` ,		Ì		` ′		Ì		Ì	l	, ,
2 - 19	1174	44	(2.7)	14.3	(0.26)	2.3	(0.21)	16	(1.5)	15.3	(0.46)	5.2	(0.28)	34	(2.1)	13.4	(0.42)
20 and over	2307	56	(2.3)	16.2	(0.23)	4.0	(0.25)	25	(1.5)	16.6	(0.34)	7.2	(0.24)	43	(1.4)	15.7	(0.39)
2 and over	3481	53	(2.1)	15.7	(0.19)	3.6	(0.22)	23	(1.4)	16.4	(0.28)	6.8	(0.23)	41	(1.3)	15.0	(0.28)
Females:									}							l	
2 - 5	280	42	(2.6)	100	(0.38)	1.0	(0.12)	10	(1.2)	0.6	(0.37)	2.4	(0.22)	25	(2.1)	10.3	(0.61)
6 - 11	412	52	(3.6)	13.4				10	(1.2)	13.3		3.6	(0.22) $(0.21)$	25 27	(2.1)	13.6	
12 - 19	514	52 59	(4.6) (3.1)	12.2	(0.40) (0.42)	1.9 3.0	(0.19) (0.16)	24	(1.4) (0.9)	12.8	(0.47) (0.67)	5.0	` /	39	(1.6) (2.3)	11.3	(0.72) (0.41)
12 - 19	314	39	(3.1)	12.2	(0.42)	3.0	(0.10)	24	(0.9)	12.0	(0.07)	5.0	(0.19)	39	(2.3)	11.5	(0.41)
20 - 39	766	65	(2.5)	12.5	(0.28)	3.3	(0.14)	26	(1.1)	12.4	(0.29)	5.0	(0.24)	40	(1.9)	12.6	(0.54)
40 - 59	786	52	(3.3)	12.3	(0.57)	2.7	(0.21)	22	(2.0)	12.3	(0.53)	5.1	(0.31)	42	(3.0)	12.4	(0.74)
60 and over	883	44	(3.6)		(0.35)	1.8	(0.17)	15	(1.3)	11.8	(0.35)	4.2	(0.20)	35	(1.6)	12.5	(0.52)
			( )		()		()				()		(		( , , ,	1	()
2 - 19	1206	53	(2.9)	12.1	(0.22)	2.2	(0.13)	18	(1.0)	12.4	(0.39)	4.1	(0.15)	33	(1.3)	11.8	(0.32)
20 and over	2435	54	(2.1)	12.3	(0.27)	2.6	(0.09)	21	(0.9)	12.2	(0.25)	4.8	(0.14)	40	(1.3)	12.5	(0.44)
2 and over	3641	54	(2.0)	12.3	(0.21)	2.5	(0.09)	21	(0.8)	12.3	(0.22)	4.7	(0.13)	38	(1.2)	12.3	(0.38)
									İ							l	
Males and Females:		40	(2.2)	122	(0.4 <b>=</b> )	2.2	<b></b>	17		10.0	(0.05	4 -	(0.40)	2.4		10.7	(0.00)
2 - 19	2380	49	(2.2)	13.2	(0.17)	2.3	(0.14)	17	(1.1)	13.8	(0.26)	4.6	(0.19)	34	(1.3)	12.7	(0.26)
20 and over	4742	55	(2.0)	14.2	(0.19)	3.3	(0.16)	23	(1.1)	14.4	(0.23)	6.0	(0.15)	42	(1.0)	14.0	(0.29)
2 and over	7122	53	(1.8)	14.0	(0.15)	3.0	(0.14)	22	(1.0)	14.2	(0.18)	5.7	(0.15)	40	(1.0)	13.7	(0.23)
															•		

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

Gender																		
Candar						-All Indiv	viduals	2			—All R	estaurani	t Consu	mers <sup>3</sup> —	<del></del>	Non-consumers 4		
and age	Sample Size	Pero Repor	cent ting <sup>5</sup>		Total Intake from Intake All Restaurar			Percentag All Rest			otal ake		e from taurants	Percentag All Rest		To Int	otal ake	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	
									ı								_	
Males:	260	42	(2.2)	7.0	(0.20)	0.0	(0,00)	11	(1.0)	7.0	(0.44)	2.0	(0.20)	26	(2.2)	7.0	(0.22)	
2 - 5	260 383	42	(3.3)		(0.20)	0.8	(0.08)	11	(1.2)		(0.44)	2.0	(0.20)	26	(2.3)	7.9	(0.32)	
6 - 11	585 531	39 50	(3.7)	10.3 11.9	(0.48)	1.2	(0.13)	12 25	(1.5)	10.3 13.1	(0.51)	3.2 5.9	(0.24)	31 45	(2.1)	10.3 10.7	(0.67)	
12 - 19	331	30	(3.9)	11.9	(0.47)	2.9	(0.38)	23	(2.8)	13.1	(0.62)	3.9	(0.51)	43	(2.9)	10.7	(0.68)	
20 - 39	664	65	(2.9)	13.2	(0.24)	4.0	(0.31)	30	(2.3)	13.5	(0.50)	6.2	(0.39)	46	(3.1)	12.7	(0.45)	
40 - 59	715	57	(3.6)	13.7	(0.61)	3.7	(0.35)	27	(2.1)	13.9	(0.75)	6.5	(0.38)	47	(2.0)	13.5	(0.67)	
60 and over	928	44	(3.5)	11.8	(0.29)	2.2	(0.24)	19	(2.0)	12.7	(0.51)	5.1	(0.31)	40	(2.2)	11.1	(0.43)	
2 - 19	1174	44	(2.7)	10.5	(0.23)	1.9	(0.20)	18	(1.8)	11.2	(0.39)	4.3	(0.29)	39	(2.0)	9.9	(0.39)	
20 and over	2307	56	(2.7)	13.0	(0.23) $(0.22)$		(0.20)	26	(1.4)	13.5	(0.33)	6.1	(0.29) $(0.19)$	45	(2.0) $(1.7)$	12.4	(0.24)	
2 and over	3481	53	(2.1)		(0.12)	3.0	(0.18)	24	(1.3)	13.0	(0.29)	5.7	(0.19)	44	(1.7)	11.7	(0.24) $(0.20)$	
F																		
<b>Females:</b> 2 - 5	280	42	(2.6)	7.4	(0.34)	0.7	(0.08)	10	(1.2)	7.2	(0.36)	1.8	(0.16)	24	(2.4)	7.5	(0.44)	
6 - 11	412	52	(3.6)	9.0	(0.34) $(0.31)$	1.4	(0.08) $(0.18)$	16	(1.2)	8.9	(0.38)	2.7	(0.10) $(0.21)$	24 30	(2.4)	9.2	(0.44) $(0.54)$	
12 - 19	514	52 59	(4.6) (3.1)		(0.31) $(0.33)$	2.3	(0.18) $(0.12)$	27	(2.0) (1.7)	8.5	(0.38) $(0.43)$	3.8	(0.21) $(0.22)$	45	(2.1)	7.8	(0.34) $(0.43)$	
12 - 19	314	3)	(3.1)	0.2	(0.33)	2.3	(0.12)	21	(1.7)	0.5	(0.43)	3.0	(0.22)	43	(2.0)	7.0	(0.43)	
20 - 39	766	65	(2.5)	9.5	(0.19)	2.6	(0.14)	27	(1.4)	9.4	(0.21)	4.0	(0.21)	43	(1.7)	9.7	(0.38)	
40 - 59	786	52	(3.3)	9.2	(0.35)	2.2	(0.19)	24	(1.9)	9.1	(0.37)	4.3	(0.34)	47	(3.1)	9.4	(0.45)	
60 and over	883	44	(3.6)		(0.35)	1.5	(0.16)	17	(1.9)	8.9	(0.34)		(0.19)	38	(2.3)	9.1	(0.44)	
2 - 19	1206	53	(2.0)	8.3	(0.19)	1.6	(0.11)	20	(1.4)	8.4	(0.26)	3.1	(0.13)	37	(1.5)	8.2	(0.25)	
20 and over	2435	54	(2.9) (2.1)	9.3	(0.19) $(0.16)$		(0.11) $(0.11)$	23	(1.4)	9.2	(0.20) $(0.17)$	3.9	(0.15)	43	(1.5) (1.5)	9.4	(0.23) $(0.23)$	
20 and over	243 <i>3</i> 3641	54 54			(0.16)		(0.11) $(0.10)$	23	(1.1) (1.0)	9.2	(0.17) $(0.14)$		(0.13) $(0.14)$	43	` ,	9.4	` '	
z and over	3041	34	(2.0)	9.1	(0.14)	2.0	(0.10)	22	(1.0)	9.0	(0.14)	3.0	(0.14)	42	(1.3)	9.1	(0.20)	
Males and Females:																		
2 - 19	2380	49	(2.2)	9.4	(0.17)	1.8	(0.12)	19	(1.2)	9.7	(0.29)	3.7	(0.17)	38	(1.4)	9.2	(0.22)	
20 and over	4742	55	(2.0)	11.1	(0.14)	2.7	(0.15)	25	(1.2)	11.3	(0.18)	5.0	(0.15)	44	(1.2)	10.8	(0.20)	
2 and over	7122	53	(1.8)	10.7	(0.13)	2.5	(0.13)	24	(1.0)	10.9	(0.17)	4.7	(0.15)	43	(1.0)	10.4	(0.17)	

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

				Соррег															
						-All Indi	viduals	2			All Restaurant Consumers <sup>3</sup>						— Non-consumers <sup>4</sup>		
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>				e from taurants	Percentag All Rest			otal ake	Intake from All Restaurants		Percentages from 6 All Restaurants		5 To	tal ike		
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)		
Males:				I					ı	I						I			
2 - 5	260	42	(3.3)	0.8	(0.02)	0.1	(0.01)	11	(1.3)	0.8	(0.05)	0.2	(0.02)	27	(2.7)	0.8	(0.04)		
6 - 11	383	39	(3.7)	0.9	(0.02) $(0.05)$	0.1	(0.01)	12	(2.0)	1.0	(0.03) $(0.07)$	0.2	(0.02) $(0.04)$	31	(2.7) $(2.8)$	0.0	(0.04) $(0.05)$		
12 - 19	531	50	(3.9)	1.1	(0.03)	0.2	(0.03)	22	(2.9)	1.2	(0.06)	0.5	(0.05)	41	(3.1)	0.9	(0.04)		
20 - 39	664	65	(2.9)	1.3	(0.04)	0.3	(0.03)	25	(2.0)	1.3	(0.04)	0.5	(0.03)	38	(2.3)	1.3	(0.06)		
40 - 59	715	57	(3.6)	1.4	(0.04) $(0.06)$	0.3	(0.03)	23	(2.0) $(2.1)$	1.5	(0.04) $(0.08)$	0.6	(0.03) $(0.04)$	39	(2.3) $(2.2)$	1.3	(0.05)		
60 and over	928	44	(3.5)	1.3	(0.03)	0.2	(0.02)	15	(1.7)	1.3	(0.07)	0.4	(0.03)	33	(1.8)	1.3	(0.05)		
2 - 19	1174	44	(2.7)	1.0	(0.02)	0.2	(0.02)	17	(1.8)	1.0	(0.04)	0.4	(0.03)	36	(2.2)	0.9	(0.03)		
20 and over	2307	56	(2.7) $(2.3)$	1.3	(0.02)	0.3	(0.02)	21	(1.3)	1.4	(0.04)	0.5	(0.03)	37	(1.5)	1.3	(0.03)		
2 and over	3481	53	(2.1)	1.2	(0.03)	0.3	(0.02)	21	(1.2)	1.3	(0.04)	0.5	(0.02)	37	(1.2)	1.2	(0.03)		
Females:																			
2 - 5	280	42	(3.6)	0.7	(0.02)	0.1	(0.01)	11	(1.1)	0.7	(0.03)	0.2	(0.01)	27	(1.6)	0.7	(0.04)		
6 - 11	412	52	(4.6)	0.9	(0.03)	0.1	(0.02)	17	(2.1)	0.9	(0.04)	0.3	(0.03)	31	(1.9)	0.8	(0.03)		
12 - 19	514	59	(3.1)	0.9	(0.04)	0.2	(0.01)	24	(1.2)	0.9	(0.06)	0.4		39	(3.0)	0.9	(0.03)		
20 - 39	766	65	(2.5)	1.1	(0.03)	0.2	(0.01)	22	(1.1)	1.1	(0.03)	0.4	(0.02)	35	(1.9)	1.1	(0.05)		
40 - 59	786	52	(3.3)	1.1	(0.03) $(0.04)$	0.2	(0.01)	18	(1.7)	1.0	(0.03)	0.4	(0.02)	35	(2.3)	1.1	(0.05)		
60 and over	883	44	(3.6)	1.1	(0.02)	0.1	(0.01)	12	(1.1)	1.0	` ′	0.3	(0.02)	30	(1.5)	1.2	(0.03)		
2 - 19	1206	53	(2.9)	0.8	(0.02)	0.2	(0.01)	19	(1.2)	0.9	(0.04)	0.3	(0.01)	35	(1.4)	0.8	(0.02)		
20 and over	2435	54	(2.1)	1.1	(0.02)	0.2	(0.01)	18	(0.7)	1.1	(0.02)	0.4	(0.01)	34	(1.1)	1.1	(0.03)		
2 and over	3641	54	(2.0)	1.0	(0.02)		(0.01)	18	(0.7)	1.0		0.3	(0.01)	34	(1.1)	1.0	(0.03)		
Males and Females:																			
2 - 19	2380	49	(2.2)	0.9	(0.02)	0.2	(0.01)	18	(1.2)	0.9	(0.03)	0.3	(0.02)	35	(1.4)	0.9	(0.02)		
20 and over	4742	55	(2.0)	1.2	(0.02)	0.2	(0.01)	20	(0.9)	1.2	(0.02)	0.4	(0.01)	36	(0.8)	1.2	(0.03)		
2 and over	7122	53	(1.8)	1.1	(0.02)	0.2	(0.01)	19	(0.8)	1.2	(0.02)	0.4	(0.01)	36	(0.7)	1.1	(0.02)		
			· -/	1	()		()		(/		(/	- / -	(/		()	1	, ,		

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

				Seleniu m													
						-All Indi	viduals	2		——————————————————————————————————————							sumers 4
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>				e from taurants		Percentages from <sup>6</sup> All Restaurants		Total Intake		e from taurants	Percentages from <sup>6</sup> All Restaurants		To Inta	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Males:				ı					ı						I		
2 - 5	260	42	(3.3)	74.1	(2.17)	11.2	(1.50)	15	(2.0)	74.9	(4.15)	26.7	(3.44)	36	(3.6)	73.5	(3.00)
6 - 11	383	39	(3.7)	94.1	(2.73)	15.1	(1.64)	16	(1.6)	103.6	(3.72)	39.1	(2.59)	38	(2.4)	88.2	(3.03)
12 - 19	531	50	(3.9)	123.6	(4.43)	34.5	(4.62)	28	(3.6)	133.2	(5.35)	69.5	(5.82)	52	(3.6)	114.2	(7.36)
20 - 39	664	65	(2.9)	139.0	(3.55)	48.0	(4.07)	35	(2.8)	141.6	(5.78)	74.4	(4.67)	53	(2.6)	134.2	(8.79)
40 - 59	715	57	(3.6)	139.9	(3.89)	43.3	(3.42)	31	(2.2)			76.5	(3.22)	53	(2.1)	132.4	(5.43)
60 and over	928	44	(3.5)	125.4	(3.38)	26.6	(3.13)	21	(2.4)	132.2	(5.13)	61.2	(4.43)	46	(3.0)	120.2	(4.59)
2 - 19	1174	44	(2.7)	103.4	(1.98)	23.2	(2.44)	22	(2.3)	113.0	(3.02)	52.2	(3.34)	46	(2.6)	95.7	(3.34)
20 and over	2307	56	(2.3)	135.5	(2.07)		(2.20)	30	(1.6)	141.0	(2.93)	72.3	(1.81)	51	(1.5)	128.6	(3.36)
2 and over	3481	53	(2.1)	127.5	(1.80)		(2.02)	28	(1.5)	135.2	(2.61)	68.1	(1.78)	50	(1.3)	118.9	(2.65)
Females:															,		
2 - 5	280	42	(3.6)	64.5	(2.19)	9.2	(1.07)	14	(1.4)	67.3	(2.98)	22.2	(1.91)	33	(2.5)	62.6	(3.21)
6 - 11	412	52	(4.6)	86.1	(3.14)		(2.36)	21	(2.4)	91.3	(5.01)	34.3	(2.26)	38	(2.4)	80.4	(3.57)
12 - 19	514	59	(3.1)	88.3	(3.36)	28.2	(1.66)	32	(1.6)	93.5	(5.20)	47.8	(2.61)	51	(2.7)	80.7	(2.03)
20 - 39	766	65	(2.5)	98.2	(2.24)	32.5	(1.84)	33	(1.5)	101.3	(2.85)	50.1	(2.46)	49	(2.0)	92.5	(4.47)
40 - 59	786	52	(3.3)	97.1	(3.11)	27.1	(2.00)	28	(2.2)	101.8	(3.66)	51.9	(3.35)	51	(3.3)	92.0	(4.54)
60 and over	883	44	(3.6)	90.9	(2.53)	18.9	(2.11)	21	(2.6)	93.2		43.1	(2.72)	46	(3.1)	89.1	(4.00)
2 - 19	1206	53	(2.9)	82.4	(1.88)	20.7	(1.60)	25	(1.6)	88.3	(3.00)	39.0	(1.75)	44	(1.4)	75.7	(1.46)
20 and over	2435	54	(2.1)	95.6	(1.49)		(1.12)	28	(1.2)	99.5	(2.12)	48.9	(1.43)	49	(1.6)	91.0	(2.09)
2 and over	3641	54	(2.0)		(1.16)		(1.04)	27	(1.1)		(1.94)	46.7	(1.30)	48	(1.4)	87.5	(1.60)
Males and Females:																	
2 - 19	2380	49	(2.2)	93.1	(1.62)	21.9	(1.60)	24	(1.5)	99.9	(2.42)	45.1	(2.03)	45	(1.6)	86.8	(2.28)
20 and over	4742	55	(2.0)	114.8	(1.07)	33.2	(1.53)	29	(1.3)	119.7	(1.54)	60.3	(1.39)	50	(1.1)	108.7	(2.31)
2 and over	7122	53	(1.8)	109.6	(0.90)		(1.34)	28	(1.2)	115.4	(1.43)	57.0	(1.30)	49	(1.0)	103.0	(1.80)
				1	. /		. /		` ′		. /		. /		` ′		. ,

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

		Potassium																
						-All Indi	viduals	2	<del></del>		-All R	estauran	t Consu	mers <sup>3</sup> —		Non-consumers <sup>4</sup>		
Gender and age	Sample Size	Pero Repor	cent ting <sup>5</sup>	To Inta			Intake from All Restaurants		Percentages from <sup>6</sup> All Restaurants		al ke	Intake All Res	e from taurants	Percentag All Rest			otal ake	
(years)		%	(SE)	mg	(SE)	mg	(SE)	<u>%</u>	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	
Males:				I					i						I			
2 - 5 6 - 11	260 383	42 39	(3.3) (3.7)	2089 2125	(81.8) (56.3)	233 248	(28.8) (24.4)	11 12	(1.3) (1.1)	2133 ( 2192 (	102.5)	555 642	(60.2) (49.7)	26 29	(2.5) (2.2)	2058 2084	(65.8) (61.1)	
12 - 19	531	50	(3.9)	2434	(86.1)	582	(90.9)	24	(3.4)	2623 (	115.8)	1170	(131.6)	45	(3.8)	2247	(126.7)	
20 - 39 40 - 59 60 and over	664 715 928	65 57 44	(2.9) (3.6) (3.5)	2828 3042 2944	(52.1) (89.0) (75.9)	827 774 456	(73.8) (74.2) (49.1)	29 25 15	(2.3) (2.0) (1.7)	2850 3105 ( 2966 (	131.2)	1281 1370 1048	(88.1) (88.5) (63.3)	45 44 35	(2.4) (1.5) (1.9)	2961	(129.7) (103.2) (105.0)	
2 - 19 20 and over 2 and over	1174 2307 3481	44 56 53	(2.7) (2.3) (2.1)	2259 2937 2767	(49.8) (37.3) (35.9)	397 706 629	(44.4) (41.1) (37.1)	18 24 23	(1.9) (1.3) (1.2)	2967	(85.8) (44.3) (49.0)	895 1263 1186	(69.0) (44.7) (41.0)	37 43 42	(2.6) (1.2) (1.2)	2146 2898 2676	(65.8) (72.6) (48.8)	
Females:  2 - 5  6 - 11  12 - 19	280 412 514	42 52 59	(3.6) (4.6) (3.1)	1902 2051 1885	(61.9) (64.8) (59.9)	228 365 508	(28.9) (58.0) (31.6)	12 18 27	(1.5) (2.6) (1.4)	2152	(69.0) (84.6) (91.2)	547 700 860	(42.3) (67.6) (60.3)	28 33 44	(1.9) (2.4) (2.5)		(94.7) (114.0) (64.8)	
20 - 39 40 - 59 60 and over	766 786 883	65 52 44	(2.5) (3.3) (3.6)	2309 2320 2347	(65.4) (93.3) (70.8)	634 470 357	(35.3) (34.4) (36.4)	27 20 15	(1.2) (1.6) (1.7)	2272	(65.0) (92.0) (83.5)	976 897 814	(48.9) (61.1) (37.0)	42 39 36	(2.1) (2.6) (2.0)		(77.1) (116.1) (79.2)	
2 - 19 20 and over 2 and over	1206 2435 3641	53 54 54	(2.9) (2.1) (2.0)	1944 2324 2238	(33.9) (52.8) (41.5)	400 494 473	(30.1) (18.3) (18.0)	21 21 21	(1.4) (0.9) (0.8)	2276	(56.2) (45.5) (38.5)	754 910 875	(32.2) (25.7) (22.3)	38 40 40	(1.3) (1.3) (1.0)	1873 2382 2264	(49.3) (70.5) (53.9)	
Males and Females: 2 - 19 20 and over 2 and over	2380 4742 7122	49 55 53	(2.2) (2.0) (1.8)	2105 2618 2496	(32.7) (37.5) (31.2)	398 595 549	(26.8) (26.9) (23.5)	19 23 22	(1.2) (1.0) (0.9)	2612	(49.5) (35.4) (34.9)	820 1082 1026	(34.0) (25.8) (23.0)	37 41 41	(1.6) (0.9) (0.8)	2024 2625 2467	(46.3) (58.1) (41.6)	

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

				S o d i u m													
					-All Indi	viduals	2		All	Restaurai	ıt Consu	umers <sup>3</sup> —	<del></del>	Non-consumers <sup>4</sup>			
Gender and age	Sample Size	Per Repor	cent ting <sup>5</sup>	Total Intake	Intake from All Restaurants		Percentag All Rest		Total Intake		Intake from All Restaurants		ges from <sup>6</sup> aurants	5 To Inta			
(years)		%	(SE)	mg (SE)	mg	(SE)	%	(SE)	mg (SE)	mg	(SE)	%	(SE)	mg	(SE)		
Males:				ı				ı					ı	ı			
2 - 5	260	42	(3.3)	2342 (93.5)	395	(52.4)	17	(2.1)	2438 (151.8)	942	(122.4)	39	(3.6)	2273	(128.8)		
6 - 11	383	39	(3.3) $(3.7)$	3052 (99.9)	495	(48.2)	16	(1.5)	3250 (154.3)		(90.1)	39	(1.9)	2928			
12 - 19	531	50	(3.9)	3737 (101.0)		(122.3)	30	(3.2)	4172 (120.4)		(157.0)	54	(3.2)	3308			
			, ,			. ,		Ì	· · ·		Ì		, ,	l	` ′		
20 - 39	664	65	(2.9)	4306 (109.3)		(142.9)	37	(2.9)	4539 (161.9)		(174.7)	54	(3.0)	3883 (			
40 - 59	715	57	(3.6)	4213 (121.2)		(120.3)	35	(2.4)	4575 (171.4)		(134.1)	56	(1.9)	3742	` '		
60 and over	928	44	(3.5)	3756 (75.1)	865	(104.1)	23	(2.7)	4150 (155.0)	1987	(152.4)	48	(3.0)	3453	(137.8)		
2 - 19	1174	44	(2.7)	3215 (69.2)	760	(64.9)	24	(2.0)	3560 (99.0)	1712	(88.0)	48	(2.1)	2940	(90.5)		
20 and over	2307	56	(2.7) $(2.3)$	4121 (57.1)	1334	(81.3)	32	(1.8)	4468 (75.4)		` ,	53	(1.6)	3681			
2 and over	3481	53	(2.1)	3895 (48.4)	1191	(69.4)	31	(1.5)	4278 (74.5)		` /	53	(1.3)		(63.2)		
				İ									ļ				
Females:	200	40	(2.6)	1004 (56.6)	225	(25.5)	1.0	(1.6)	2114 (62.2)	770	(60.6)	27	(2.0)	1000	(102.4)		
2 - 5		42	(3.6)	1994 (56.6)	325	(35.7)	16	(1.6)	2114 (69.3)			37	(2.8)	1908	. ,		
6 - 11 12 - 19	412 514	52 59	(4.6)	2742 (99.6) 2873 (112.0)	619 969	(66.4) (56.7)	23 34	(2.4) (1.7)	2939 (179.2) 3114 (164.3)		` ,	40 53	(2.6)	2527 ( 2525			
12 - 19	314	39	(3.1)	28/3 (112.0)	909	(36.7)	34	(1.7)	3114 (104.3)	1041	(99.4)	33	(2.0)	2323	(87.1)		
20 - 39	766	65	(2.5)	3238 (56.1)	1152	(71.1)	36	(1.8)	3396 (83.9)	1775	(97.3)	52	(2.2)	2946	(81.6)		
40 - 59	786	52	(3.3)	2906 (112.1)	870	(56.1)	30	(2.2)	3061 (114.5)			54	(3.1)	2736	(142.8)		
60 and over	883	44	(3.6)	2782 (66.8)	613	(65.2)	22	(2.3)	2933 (97.3)	1397	(72.9)	48	(2.2)	2664	(83.5)		
2 10	1206	52	(2.0)	2620 (69.2)	712	(50.0)	27	(1.0)	2006 (112.1)	1244	(62.6)	47	(1.6)	2261	(55.6)		
2 - 19	1206 2435	53 54	(2.9)	2639 (68.3) 2987 (46.2)	712	` ,	27	(1.8)	2886 (113.1)			47 52	(1.6)		(55.6)		
20 and over	2433 3641	54 54	(2.1)	` ′	892 852	(40.5)	30 29	(1.3)	3172 (60.9) 3108 (57.7)			52 51	(1.6)	2767 2673	(61.1)		
2 and over	3041	34	(2.0)	2908 (38.5)	632	(37.0)	29	(1.2)	3108 (57.7)	13/6	(51.3)	31	(1.3)	2073	(44.9)		
Males and Females:																	
2 - 19	2380	49	(2.2)	2934 (54.4)	737	(44.8)	25	(1.4)	3201 (93.6)	1516	(59.2)	47	(1.3)	2682	(65.9)		
20 and over	4742	55	(2.0)	3531 (38.5)	1104	(56.4)	31	(1.4)	3803 (53.4)	2007	(59.1)	53	(1.2)	3198	(64.8)		
2 and over	7122	53	(1.8)	3389 (34.8)	1017	(47.2)	30	(1.2)	3673 (57.2)	1901	(52.4)	52	(0.9)	3062	(45.4)		
									•						•		

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

		Caffeine													
					-All Indiv	iduals	2		All	Restaurar	ıt Consu	mers <sup>3</sup> —		Non-con	nsumers 4
Gender and age	Sample Size	Pero Repor		Total Intake	Intake All Rest		Percentage All Resta		Total Intake		te from staurants	Percentag All Rest		5 To	otal ake
(years)		%	(SE)	mg (SE)	mg	(SE)	%	(SE)	mg (SE	) mg	(SE)	%	(SE)	mg	(SE)
Males:				I				ı					ı	1	
2 - 5	260	42	(3.3)	11.1* (3.42)		(1.42)	25*	(8.5)	14.9* (5.09	,	* (3.18)				(2.85)
6 - 11 12 - 19	383 531	39 50	(3.7) (3.9)	17.6 (2.88) 50.5 (4.11)	2.8 14.3	(0.30) (2.84)	16 28	(2.5) (4.5)	22.6 (3.13 74.1 (7.34		(0.97) (4.15)	32 39	(5.2) (4.6)		(3.74) (3.50)
12 17	331	30	(3.7)	30.5 (4.11)	11.5	(2.04)	20	(4.5)	71.1 (7.5	, 20.7	(4.13)	37	(4.0)	27.2	(3.30)
20 - 39	664	65	(2.9)	143.1 (9.71)	31.7		22	(2.9)	145.1 (10.02		(6.79)	34	(3.1)	139.5	
40 - 59 60 and over	715 928	57 44	(3.6) (3.5)	210.7 (14.60) 210.3 (6.49)	33.4 24.4		16 12	(2.8) (1.8)	211.4 (20.26 202.0 (12.97		(10.41) (8.52)	28 28	(4.8) (4.3)	209.8 216.6	
oo and over	720		(3.3)	210.5 (0.47)	24,4	(3.43)	12	(1.0)	202.0 (12.57	) 30.0	(0.32)	20	(4.5)	210.0	(11.01)
2 - 19	1174	44	(2.7)	31.3 (2.94)		(1.47)	26	(3.6)	47.5 (5.44	,		38	(3.7)		(1.98)
20 and over	2307	56	(2.3)	185.8 (6.64)		(2.43)	16	(1.2)	181.2 (7.86	,		30	(2.4)	191.5	(8.57)
2 and over	3481	53	(2.1)	147.2 (5.36)	24.7	(1.83)	17	(1.1)	153.3 (6.39	) 46.7	(3.85)	30	(2.3)	140.4	(7.58)
Females:															
2 - 5	280	42	(3.6)	6.4 (1.19)	0.5	(0.14)	8*	(1.6)	7.0 (1.67	) 1.2	(0.31)			5.9	(1.24)
6 - 11	412	52	(4.6)	13.7 (1.46)		(0.75)	35	(3.7)	17.8 (2.14	,	(1.35)	51	(4.2)	9.1	(1.58)
12 - 19	514	59	(3.1)	34.1 (2.99)	13.0	(2.55)	38	(5.7)	38.1 (3.66	) 22.1	(4.25)	58	(7.3)	28.2	(4.14)
20 - 39	766	65	(2.5)	119.1 (8.38)	32.6	(2.65)	27	(1.9)	115.9 (8.83	) 50.2	(4.06)	43	(3.1)	125.2	(17.40)
40 - 59	786	52	(3.3)	189.8 (14.78)		(5.08)	14	(2.4)	187.3 (11.94			27	(4.4)	192.7	
60 and over	883	44	(3.6)	162.2 (9.11)	19.5	(2.21)	12	(1.4)	177.4 (17.03	) 44.5	(2.49)	25	(2.7)	150.3	(9.52)
2 - 19	1206	53	(2.9)	21.2 (1.86)	7.5	(1.27)	35	(4.3)	26.1 (2.35	) 14.2	(2.39)	54	(5.5)	15.7	(2.12)
20 and over	2435	54	(2.1)	156.2 (7.76)	26.4		17	(1.3)	154.4 (6.75			32	(2.4)	158.4	
2 and over	3641	54	(2.0)	125.7 (6.37)		(1.64)	18	(1.3)	125.9 (5.86			33	(2.4)	125.4	
Males and Females:															
2 - 19	2380	49	(2.2)	26.4 (2.10)	7.8	(1.03)	30	(2.6)	36.1 (3.61	) 16.0	(2.00)	44	(3.3)	17.2	(1.37)
20 and over	4742	55	(2.0)	170.4 (6.39)		(1.92)	17	(1.1)	167.5 (5.52	,		31	(2.1)	174.0	(9.82)
2 and over	7122	53	(1.8)	136.2 (4.87)	23.4		17	(1.1)	139.1 (4.40	·		31	(2.0)	132.8	(7.59)
			. ,	' '				· ′ I	`	-	. /		· ′ I		. ,

**Table 53. All Restaurants:** Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants <sup>1</sup>, by Gender and Age, in the United States, 2017-2018 (continued)

		Alcohol																	
				<del></del>		-All Indiv	riduals	2	· · · · · ·		All Restaurant Consumers <sup>3</sup>						Non-consumers <sup>4</sup>		
Gender and age	Sample Size	Per Repor	cent ting <sup>5</sup>	To Inta	otal ake	Intake All Rest		Percentage All Resta			otal ake	Intak All Res	e from taurants	Percentag All Rest			otal ake		
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)		
3.6.1																			
Males:	260	42	(2.2)																
2 - 5 6 - 11		42 39	(3.3) (3.7)																
12 - 19		50	(3.7)						ŀ										
12 - 19	331	30	(3.9)						-										
20 - 39	664	65	(2.9)	17.0	(1.71)	4.0	(1.03)	24	(5.9)	20.8	(2.81)	6.2	(1.62)	30	(6.1)	10.0	(2.85)		
40 - 59		57	(3.6)	14.6	(1.62)		(0.63)	21	(4.0)	17.0	(2.03)		(1.06)	31	(5.2)	11.6	(2.13)		
60 and over	928	44	(3.5)	1			(0.24)	10*	(2.9)	8.0	(1.56)		(0.55)	22	(5.4)	8.0			
			, ,		, ,		` /		` ´		` /		` /		,	:	,		
2 - 19	1174	44	(2.7)						İ										
20 and over	2307	56	(2.3)	13.7	(0.70)	2.8	(0.38)	20	(2.6)	16.7	(1.33)	4.9	(0.69)	30	(2.8)	9.9	(1.17)		
2 and over	3481	53	(2.1)						İ										
Females:																			
2 - 5	280	42	(3.6)						ŀ							•			
6 - 11		52	(4.6)						ŀ										
12 - 19		59	(3.1)																
12 - 17	314	37	(3.1)						}										
20 - 39	766	65	(2.5)	7.1	(1.10)	2.6	(0.56)	37	(6.5)	7.4	(1.19)	4.0	(0.88)	54	(6.3)	6.6*	* (2.32)		
40 - 59	786	52	(3.3)	7.3	(0.83)		(0.28)	17	(4.3)	8.7	(1.77)	2.4	(0.56)	28*		5.8	(1.15)		
60 and over	883	44	(3.6)		(1.31)		(0.41)	21*	(7.9)		(2.20)		(0.86)		()		(0.75)		
											, ,		, ,						
2 - 19	1206	53	(2.9)						İ							ļ			
20 and over	2435	54	(2.1)	6.6	(0.67)	1.7	(0.20)	26	(3.2)	7.6	(0.93)	3.1	(0.41)	40	(5.3)	5.3	(0.94)		
2 and over	3641	54	(2.0)																
Malas and Essalas																			
Males and Females: 2 - 19		49	(2.2)					_	}										
2 - 19 20 and over	4742	55		10.0	(0.49)	2.2	(0.23)	22	(2.1)	12.0	(0.95)	4.0	(0.44)	33	(2.3)	7.4	(0.89)		
	7122	53	(2.0)	ŀ	(0.49)	۷.۷	(0.23)		(2.1)	12.0	(0.93)	4.0	(0.44)	33	(2.3)	/.4	(0.89)		
2 and over	1122	33	(1.8)						I							I			

# **Symbol Legend**

\* Indicates an estimate that may be less statistically reliable than estimates that are not flagged. The rules for flagging estimated means and percentages are as follows:

**Mean:** An estimated mean is flagged when the relative standard error is greater than 30 percent.

**Percent reporting:** An estimated percentage between 25 and 75 percent is flagged when based on a sample size of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect, or when the relative standard error is greater than 30 percent. An estimated percentage less than or equal to 25 or greater than or equal to 75 is flagged when the smaller of np and n(1-p) is less than 8 times the VIF, where n is the sample size and p is the percentage expressed as a fraction. The VIF used in this table is 2.57.

**Nutrient ratios expressed as percentages:** An estimated ratio between 25 and 75 percent is flagged when based on a sample size  $n^*$  of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect and  $n^*$  is the number of individuals in the sample reporting non-zero intake of the respective nutrient from any source. An estimated ratio less than or equal to 25 percent or greater than or equal to 75 percent, is flagged when the smaller of  $n^*p$  and  $n^*$  (1-p) is less than 8 times the VIF, where p is the percentage expressed as a fraction. Additionally, an estimated ratio is flagged when either the relative standard error or p/(1-p) times the relative standard error is greater than 30 percent.

# Indicates a non-zero value too small to report.

-- Estimated mean not presented where sample size is less than 30 times the variance inflation factor (VIF), i.e., sample size less than 77 for VIF = 2.57.

# **Footnotes**

- <sup>1</sup> Respondents were asked the source of each food and beverage where it was obtained. **All Restaurants** include source coded as: "Restaurant with waiter/waitress", "Bar/tavern/lounge", "Restaurant no additional information", "Cafeteria NOT in a K-12 school", "Restaurant fast food/pizza", "Sport, recreation, or entertainment facility", or "Street vendor, vending truck".
- <sup>2</sup> All Individuals include both individuals who reported and individuals who did not report at least one food/beverage item from All Restaurants.
- <sup>3</sup> All Restaurant Consumers include individuals who reported at least one food or beverage item from All Restaurants.
- <sup>4</sup> Non-consumers include individuals who did not report any food or beverage item from All Restaurants.
- <sup>5</sup> The weighted percentage of respondents in the income/age group who reported at least one food/beverage item from All Restaurants.
- <sup>6</sup> Percentages are estimated as a ratio of total nutrient intake from All Restaurants to total daily nutrient intake from all sources.

# **Abbreviations**

SE = standard error; RAE = retinol activity equivalents; DFE = dietary folate equivalents.

# Notes Applicable to All Tables in Series: What We Eat in America, NHANES 2017-2018

Sample weights designed for dietary analysis were used to allow estimates representative of the U. S. population for the years of collection.

The statistics in this table are estimated from Day 1 dietary recall interviews conducted in the *What We Eat in America*, National Health and Nutrition Examination Survey (NHANES) 2017-2018. The 24-hour dietary recalls were conducted in-person, by trained interviewers, using the USDA 5-step Automated Multiple-Pass Method. Food intakes were coded and nutrient values were determined using the USDA Food and Nutrient Database for Dietary Studies 2017-2018 <a href="www.ars.usda.gov/nea/bhnrc/fsrg">www.ars.usda.gov/nea/bhnrc/fsrg</a>.

Intakes of nutrients and other dietary components are based on the consumption of food and beverages, including water, and do not include intake from supplements or medications.

The table includes data from individuals 2 years and over. Breast-fed children were excluded because breast milk was not quantified in dietary recall interviews.

Although alchohol data are collected for all individuals, estimates are not presented for age groups under 20 years due to extreme variability and/or inadequate sample size.

# **Suggested Citation**

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