Tyler Aston Week 2 Reflection

## 20 pts Questions Cognitive: (Wow, I learn?... Ok that is deep!)

Why is this week's topic important for teamwork?

When working in a team you want to contribute to the work that's being done. If you don't hold some sort of influence as part of the group dynamic, then your impact on the project goes down.

How do plan on contributing to the team, besides completing your tasks?

I plan on building influence! While there's downtime in class and we are all just sitting there, connecting with team members helps with being personal. If we can connect over things unrelated to the project helps build pathways for better communication.

How does your experience relate to other experiences you have had?

I have experience in group projects where I had to be assertive to get my ideas noticed. Being able to jump in during brainstorming lead to my ideas being posted as solutions to our group project. This showed that being assertive helped with influence on the group project.

Tell me about what you taught someone? And what did they learn, that they didn't know before?

While walking with my girlfriend I was talking about what I am learning throughout the week, and I brought up the reading for this class. I was mentioning how in order to be able to work in a team you need to connect with teammates and that's done through influence. She learned that concepts like being consistent and reliable instills trust and confidence in your teammates, leading to more impact on your group project.

If this was a religion class, how would you relate this week's topic to the gospel?

If we are to have to influence of the gospel in our lives, we could easily follow the 7 steps taught in the reading. Concepts like focusing on actions is just like acting in faith, you don't just read the scriptures, you need to go out and act as the Lord disciple. Also, if you are consistent with studying and practicing acts of faith then you will grow spiritually.

SCORE 100/100

My in-depth response to five, twenty-point questions prove my score for this week's reflection.