

Tyler Aston Week 7 Reflection

SCORE 100/100

I have chosen the route of demonstrating my knowledge of this weeks concept through in-depth answers of 5, 20-point questions.

20 pts Questions Cognitive: (Wow, I learn?... Ok that is deep!)

Why is this week's topic important for teamwork?

When completing a task being committed is important. If some people are only half way in then it is felt by the rest of the group and trust in reliance is gone. We need to know our limitations and be able to effectively communicate them. We can do this by estimating when to say no and when to say yes to things asked of us in the group.

How do plan on contributing to the team, besides completing your tasks?

Being able to know how much I can take is important so I can contribute in a timely manner. I will need to be able to estimate what the task is asking, what is needed to complete it and how long each of those things will take me.

How does your experience relate to other experiences you have had?

Being over committed is something I have experience with. I feel like at the beginning of each semester I say yes to all the clubs and all the fitness routines and get in over my head and feel bad after a few weeks when I need to cancel commitments. Being able to calculate how to commit to something is going to help change that. I always need time to slow down and consider the parameters.

Tell me about what you taught someone? And what did they learn, that they didn't know before?

One thing from the reading I found interesting was deciding your level of commitment. It is easy to commit to things that have little repercussions as opposed to commitments that could ruin the whole company and thousands of employees out of work. I brought this up while hanging out with a roommate and we shared our hardest commitments. I feel like this interaction further solidifies the concept of commitment.

If this was a religion class, how would you relate this week's topic to the gospel?

As we become members of the church, we make our first commitment with the Lord. We commit to keeping His commandments and to be disciples of Jesus Christ. When we make commitments with the Lord, they are called covenants. This concept "covenant" is a two-way commitment. There are many that we will make all in hopes that we may fulfill them and receive eternal blessings and return to His presence and be with our family's forever.