

Tyler Aston Week 8 Reflection

SCORE 100/100

My score is a result of my in-depth response to 5 20-point questions and I have started to really enjoy reflecting on the past week of class.

20 pts Questions Cognitive: (Wow, I learn?... Ok that is deep!)

Why is this week's topic important for teamwork?

While working in teams we are going to come into some sort of conflict. Teams fall apart when conflict is handled poorly. If we prepare ourselves and learn how to handle it when it comes it actually can better then group and become something we can learn from. Whatever the source of the conflict is, is probably an important issue the team should be solving.

How do plan on contributing to the team, besides completing your tasks?

If I can come to a team project with the knowledge and tools in order to handle conflict and even not be afraid of potential conflict allows me to move more freely. Being able to get ideas out without fear or challenging others' ideas in a productive way leads to innovation. There will always be resistance and that's part of nature to help us grow, even in work.

How does your experience relate to other experiences you have had?

There has been almost always not putting my ideas forth or expressing my concerns out of being none confrontational. This is probably a result of a few bad confrontations but as I'm older my approach to conflict is more thought out and with this weeks lessons I have even more tools and experience in conflict resolution.

Tell me about what you taught someone? And what did they learn, that they didn't know before?

My fiancé and I are constantly working on our relationship and communicating our feelings. At first, it's hard to let the other know we are offended or disagree with the other, but addressing the problem and talking it through and addressing what needs to change has always worked out. I talked to her this week about similarities we have used to resolve our conflicts and what was mentioned in the readings. Now I know this isn't the case with teammates but it can relate.

If this was a religion class, how would you relate this week's topic to the gospel?

In a religion class conflict is basically the whole reason for the fall of man. We cannot express joy without knowing sorrow. Through conflict everything is learned. Its how we grow, even the case of the refiner's fire would be a perfect example.