Tyler Aston Week 6 Reflection

SCORE 100/100

I chose five twenty-point questions and spent an appropriate amount of time to give in-depth responses to each of them.

20 pts Questions Cognitive: (Wow, I learn?... Ok that is deep!)

Why is this week's topic important for teamwork?

In team projects there's a lot of moving parts. One of them is bound to break or not work completely or a mistake is made. If we are prepared on how to avoid making these mistakes our team will work more efficiently and with more confidence. Knowing how to address unforeseen problems as they come along is key to getting work done!

How do plan on contributing to the team, besides completing your tasks?

If I can come with a plan of action that addresses how to handle the unexpected, I will be adding a lot of value. This can be done with only a few minutes each time we encounter a problem. I can also take the role of problem management, if applicable.

How does your experience relate to other experiences you have had?

This week thinking a lot more deeply about work life balance and what's important to us in our careers has changed my perspective. I have always addressed work life balance and what I want out of a career but with the personal project user manual, it has created more structure to thinking about those concepts. I now have a process to gain a deeper understanding of what each of those concepts means and how they'll impact my life, as before it was a vague idea of "yeah that sounds good."

Tell me about what you taught someone? And what did they learn, that they didn't know before?

I really like the idea of work and life view compasses. Thinking about it a lot has let me talk about it with my roommates about how they are feeling about what they are studying. We got to talk about why they chose what they're studying and how that'll impact them in the future similar to our 5-year plan. That naturally leads to thinking about our life-view 5-year plan. I think that just by talking about our work and life views it has brought in a wider way of thinking about what they are currently doing.

If this was a religion class, how would you relate this week's topic to the gospel?

Implementing how to avoid mistakes and how to handle them when they come is very close to the plan of salvation. We can easily relate following the straight and narrow path to avoiding mistakes. When we do make mistakes, we only need to look at the repentance process. I believe these divine principles are so important because they

apply to every aspect of our lives. If we are at work its important to do what's right and stick to the plan. Should a problem arise, we need to address it and change our approach to make sure it doesn't happen again.