

Tyler Aston Week 01 Reflection:

What? (Return and Report) 5pts

- **What did I do to prepare for class this week?**

I prepared by reading two articles. One by Henry B. Eyring and another by Elisabeth Kasson. Eyring's article was more inspiring and uplifting than it was something I can take and learn from. Elisabeth's article was something that we covered in class about soft skills and how these are things that we are going to take with us covering many aspects of our life and not just highly specific skills like software engineering.

- **What concept from this week are you uncertain of or would like to know more about?**

I would like to know more about communication skills through group hierarchy. If we could expand more on the concepts that were taught through the lesson where we could only ask yes/no questions through team leads.

- **What topics were studied this week, and what are their definitions?**

STAR (interviewing technique)

S: Situation - set the scene

T: Task - describe the purpose

A: Action - explain what you did

R: Result - share the outcome

5 stages of team development

1. Forming
2. Storming
3. Norming
4. Performing
5. Adjourning

- **In your team meeting, what were the answers to this week's questions?**

This week we were in a team and we came up with 10 characteristics of a leader. We said: Communication, confidence, loving, clean cut/dressed nice, delegator, organized, respectful, integrity, self aware, empathy

- **Summarize this week's scenario?**

I think this week's scenario was the group challenge of figuring out what icon we all had in common by only asking yes or no questions. This really challenged us and made us think of efficient questions which I think will help us be better communicators and waste less time communicating.

- **What did I learn from the study material**

I learned about soft skills. A lot of school work is focused on hard skills but especially being in software engineering these soft skills are something that can really make me stand out as a part of a team

10 pts Questions Behavior: (What now?...my ideas are starting to emerge!)

- **What is the most significant take-a-way you have gained from your study this week?**

Looking back I would say President Eyrings article helped me recognize that by being a part of and utilizing the resources given to me, especially ones provided by being at BYU, I will be setting myself up for major success.

- **How would you explain this week's topics to a person not in this class?**

I would explain about soft skills and how skills like effective communication can have just as big an impact in their lives as learning a skill like programming.

- **What would you do differently next week?**

Next week I'm going to try and take better notes now that I know that we are having a weekly reflection, having more in depth notes will help with this assignment.

20 pts Questions Cognitive: (Wow, I learn?... Ok that is deep!)

- **Why is this week's topic important for teamwork?**

This is a funny question because this week's preparation was about teamwork. I think it's important that we start the semester off on this topic as it will provide a good foundation.

- **How do you plan on contributing to the team, besides completing your tasks?**

Aside from just doing my tasks I think that going out of my way to make sure we are all on the same page and if anyone is struggling with the assignment that we as a team can help them if needs be.

SCORE: 100/100

I deserve this score because I expanded on each topic mentioned in the question.