Resources used:

<http://stackoverflow.com/questions/13719821/email-validation-using-regular-expression-in-php>

<http://stackoverflow.com/questions/14250880/how-to-check-if-any-fields-in-a-form-are-empty>

<http://php.net/manual/en/pdostatement.fetch.php>

<http://stackoverflow.com/questions/3998482/how-to-get-length-of-integers-in-php>