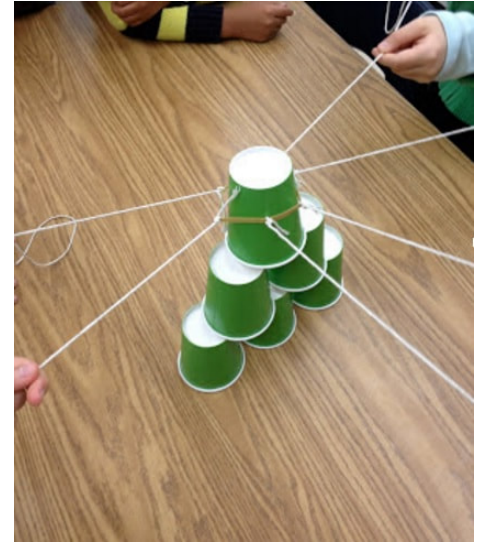


Name: **Type Here**

No Hands Cup Stacking Reflection

Student Reflection:

Collaboration (the ability to work as a team toward a specific goal) is a crucial life and career skill. Reflect on how you did as an individual and what you may have noticed when others were working on this challenge during the **No Hands Cup Stacking Activity**. After reflecting on your performance (individually and as a team), please answer the questions below. We are looking for thoughtful responses here!



Career Skills:

1. Thinking about the Career Skills, (Problem Solving, Persistence, Creativity, Collaboration, Communication, and Safety) which skills did you actively practice while doing this activity yesterday?

We practiced teamwork and communication.

2. What was challenging about this activity?

It was challenging when the cup fell on the floor to get it back. Another charlemagne was maneuvering each other so that the cup stayed in place when we lifted the band off it.

3. What was easy about this activity?

It was easy to grab the cup.

Collaboration:

4. Were you a productive team member? How did you contribute to your team for this challenge?

Yes I helped with positioning myself and others.

5. Knowing how you worked on this challenge, would you choose to work with yourself as a teammate?

Yes I would, I felt that I was helpful and essential to the completion of the tower.

6. Did everyone else on your team contribute?

Everyone on our team contributed.

7. What can you do better to make sure everyone contributes on the team?
List a couple of strategies you can try.

We could have kept the cup more stable by keeping the strings more taut when placing the cup.

8. Think of a great team that you have been on in the past or a great team that you have watched do something awesome. What made that team so successful? How did you know they were truly committed to doing their best?

We knew how to work together because we work together often.

9. What is one area for improvement within Collaboration/Teamwork that you want to commit to truly improving? How will you improve that aspect of your Collaboration/Teamwork?

I would like to improve my communication skills in order to convey directions better. I will improve by practicing within groups.