WHAT: WATER-INSPIRED LUXURY HOME SPA

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AS TOLD TO LEANNE DOUGLAS ILLUSTRATION LTW DESIGNWORKS



+ Who: Teo Su Seam + Partner at LTW Designworks in Singapore. The industry veteran has also worked with design firms in Hawaii. Teo is experienced in luxury hotel projects, having

worked on Mandarin Oriental locations in Singapore, Sanya and Jakarta; Fairmont Hotel in Beijing; The Ritz-Carlton in Hong Kong; Four Seasons in Seoul and more. Her continuing projects include The St Regis in Qingdao and Four Seasons in Macau.



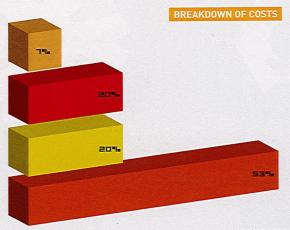
This is exactly what Teo created for STYLE this month. Teo and her team certainly spared no expense in creating their dream "sparadise" to whisk you away from the hustle and bustle of city life by a helicopter to a stunning three-storey spa enclave in the Alps - a pied-a-terre that's designed to address all of your relaxation needs.

The private luxury home spa concept has a water-based theme. "The space is designed to resemble a water molecule. signifying the source of life in a scenic yet formidable alpine

It starts the moment you step inside the luxurious enclave, Teo says. "You [will] find yourself within an iridescent

which we connect with for relaxation, rejuvenation and for its healing properties.

When selecting furnishings,



HK\$42 MILLION ART: LUXURY FITTINGS AND FURNISHINGS, INCLUDING CUISINE KITCHEN, DETOX BAR AND BUILT-IN SOUND SYSTEM:

HK\$120 MILLION SPA EQUIPMENT (INCLUDING COLOUR THERAPY EQUIPMENT, WATER THERAPY EQUIPMENT AND SAUNA): HK\$120 MILLION CONSTRUCTION, SOLAR PANELS, AEROGEL INSULATION, EQUIPMENT, WATER THERAPY EQUIPMENT, WOUND-THERAPY SPA EQUIPMENT, SAUNA, SELF-HEATING CONCRETE:

HK\$318 MILLION TOTAL: HK\$600 MILLION

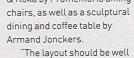
environment," Teo says. droplet of water." Water is a natural element

> the team chose pieces which boast curved lines and "have a fluid-like quality". They opted for pieces such as Vladimir Kagan's sofa and accent armchair, Moka

views of the sky and the amazing & Roka by Promemoria dining surrounding scenery."

The main spa area, featuring a healing crystal cave surrounded by a hydrotherapy area, includes a jacuzzi. What makes this jacuzzi stand out, and the reason Teo and her team chose to build the spa at the Alps, is its proximity to an elite source of water. "It uses mineral water from the Alps for pain relief," the designer says.

The home spa complex in the Alps features spa facilities on the lower floor and an infinity pool and glass dome on the top floor, with a relaxation lounge in between.



thought-out, so you don't need to move around during your spa visit," Teo says.

"We have the home spa and all its facilities located on [one level], and the infinity pool located [above] to provide unobstructed

THE LUXURY HOME SPA USES PURE MINERAL WATER FROM THE SWISS ALPS FOR PAIN RELIEF



B2 FLOOR PLAN



Other treatment areas include a steam room and a separate sauna in a transparent circular dome, which also provides views of the stunning surroundings.

Technology plays a huge role in this home spa, and the designer and her team also included colour therapy to achieve various wellness purposes. For example, Teo says, "the healing crystal cave changes colour to rebalance target chakras".

Chakras are energy points or nodes in the body. Colour therapy is non-invasive – lights of different colours can be chosen to target specific health needs, including improving blood circulation or rejuvenating the mind and body.

The top floor features the aforementioned infinity pool covered by a glass dome,

providing 360-degree views of the relaxing landscape. The dome can also open.

Sandwiched between the two floors is a lounge for relaxation where Teo and her team placed a kitchen, a bathroom, a spacious walk-in closet and a detox bar.

The design team also incorporated outdoor elements within the spa. "Every effort is made to seamlessly blend the indoor and outdoor environments, while the automated thermal sensors assess your body temperature to create a warm and welcoming environment," the designer explains.

Teo used a neutral palette throughout the space to allow the interiors to match

the surrounding natural environment.

Teo and her team incorporated strong textural elements to the neutral décor. "The intricate pattern of the flooring references the molecular pattern of water, with exaggerated joint lines of stones sourced locally," Teo says.

They also incorporated Turner Prize winner Anish Kapoor's minimalistic and elegant wall sculptures, which combine simple materials, geometric shapes and organic forms, and James Turrell's installations, which play on the relationship between light and space.

The biggest challenge, the designer says, was to strike a balance in creating a "space



with a sense of minimalism without making it feel too clinical or cold".

One way of tackling this issue is through the use of lights. "The automated lighting system is sensor-driven. As you step within a space, certain areas light up or dim as you leave," Teo says.