





Aug 3, 2019 at 07:58

So so proud of you!! And so so happy for you!!!! Well deserved my friend!! CONGRATS!!

Aug 31, 2019 at 15:14



Today is day I've been waiting for. For the first time in years I am under 300lbs! Total weight loss since surgery day is 67.4 lbs

Wooooooo!! That's so awesome!!!

This was the one that I had as like a milestone in my head

I knew the sx would work, but I'm still so surprised to actually see the number

So happy for you!! It's a wild ride seeing it drop























