III Entropy Methods in Combinatorics

Ishan Nath, Michaelmas 2024

Based on Lectures by Prof. Timothy Gowers

March 18, 2025

Page 1 CONTENTS

Contents

1	The Khinchin (Shannon) Axioms for Entropy	2
2	A Special Case of Sidarenko's Conjecture	10
3	Brigman's Theorem	12
4	Shearer's Lemma and Applications	15
5	Isoperimetric Inequalities	19
6	The Union-Closed Conjecture	23
7	Entropy in Additive Combinatorics 7.1 Conditional Distances	28 33
8	A Proof of Marton's Conjecture in \mathbb{F}_2^n	35
Tn	Index	

1 The Khinchin (Shannon) Axioms for Entropy

The *entropy* of a discrete random variable X is a quantity H[X] that takes real vales and has the following properties:

- (i) If X is uniform on $\{0,1\}$, then H[X] = 1 (normalization).
- (ii) If Y = f(X) for some bijection f, then H[Y] = H[X] (invariance).
- (iii) If X takes values in a set A, B is disjoint from A, Y takes values in $A \cup B$ and for all $a \in A$,

$$\mathbb{P}(Y=a) = \mathbb{P}(X=a),$$

then H[X] = H[Y] (extendability).

- (iv) If X takes values in a finite set A and Y is uniformly distributed in A, then $H[X] \leq H[Y]$ (maximality).
- (v) H depends continuously on X with respect to the total variation distance, defined as

$$\sup_{E} |\mathbb{P}(X \in E) - \mathbb{P}(Y \in E)|.$$

(continuity)

For the last axiom we need a definition.

Definition 1.1. Let X and Y be random variables. The *conditional entropy* H[X|Y] of X given Y is

$$\sum_{y} \mathbb{P}(Y = y) H[X|Y = y].$$

(vi) H[(X,Y)] = H[X,Y] = H[Y] + H[X|Y] (additivity).

Lemma 1.1. If X and Y are independent, then

$$H[X,Y] = H[X] + H[Y].$$

Proof: We look at

$$H[X|Y] = \sum_{y} \mathbb{P}(Y = y)H[X|Y = y].$$

Since X and Y are independent, the distribution of X is unaffected by knowing Y, so H[X|Y=y]=H[X] for all y, which gives the result.

Note we are implicitly using the invariance principle.

Corollary 1.1. If X_1, \ldots, X_n are independent, then

$$H[X_1,\ldots,X_n] = H[X_1] + \cdots + H[X_n].$$

Proof: Use lemma 1.1, and induction.

Lemma 1.2 (Chain rule). Let X_1, \ldots, X_n be random variables. Then

$$H[X_1, \dots, X_n] = H[X_1] + H[X_2|X_1] + H[X_3|X_1, X_2] + \dots + H[X_n|X_1, \dots, X_{n-1}].$$

Proof: The case n = 2 is additivity. In general,

$$H[X_1, \dots, X_n] = H[X_1, \dots, X_{n-1}] + [H_n | X_1, \dots, X_{n-1}].$$

We are done by induction.

Lemma 1.3. If Y = f(X), then H[X, Y] = H[X]. Also, H[Z|X, Y] = H[Z|X].

Proof: The map $g: x \mapsto (x, f(x))$ is a bijection, and (X, Y) = g(X). So the first statement follows by invariance. For the second,

$$H[Z|X,Y] = H[Z,X,Y] - H[X,Y] = H[Z,X] - H[X] = H[Z|X],$$

using the first part.

Lemma 1.4. If X takes only one value, then H[X] = 0.

Proof: X and X are independent, therefore by lemma 1.1 and invariance,

$$H[X] = H[X, X] = 2H[X].$$

So H[X] = 0.

Proposition 1.1. If X is uniformly distributed on a set of size 2^n , then H[X] = n.

Proof: Let X_1, \ldots, X_n be independent random variables uniformly distributed on $\{0,1\}$. By corollary 1.2 and normalization,

$$H[X_1, \dots, X_n] = H[X_1] + \dots + H[X_n] = n.$$

But (X_1, \ldots, X_n) is uniformly distributed on $\{0,1\}^n$, so by invariance the

result follows.

Proposition 1.2. Let X be uniformly distributed on a set A of size n. Then

$$H[X] = \log n$$
.

Proof: Let r be a positive integer, and let X_1, \ldots, X_r be independent copies of X. Then (X_1, \ldots, X_r) is uniform on A^r , and

$$H[X_1,\ldots,X_r]=rH[X].$$

Now pick k such that $2^k \le n^r \le 2^{k+1}$. Then by invariance and maximality, and the entropy of a random variable on 2^k elements,

$$k \le rH[X] \le k + 1.$$

So, we find that

$$\frac{k}{r} \le \log n \le \frac{k+1}{r} \implies \frac{k}{r} \le H[X] \le \frac{k+1}{r}.$$

Since we can approximate $\log n$ as close as possible, we find $H[X] = \log n$.

Theorem 1.1 (Khinchin). If H satisfies the Khinchin axioms, and X takes values in a finite set A, then

$$H[X] = \sum_{a \in A} p_a \log \left(\frac{1}{p_a}\right),$$

where $p_a = \mathbb{P}(X = a)$.

Here we use the convention that if $p_a = 0$, then $p_a \log p_a = 0$.

Proof: First we do the case when all p_a are rational. Pick $n \in \mathbb{N}$ such that $p_a = m_a/n$.

Let Z be uniform on [n], and let $(E_a \mid a \in A)$ be a partition of [n] into sets with $|E_a| = m_a$. By invariance, we may assume that

$$X = a \iff Z \in E_a$$
.

Then,

$$\log n = H[Z] = H[Z, X] = H[X] + H[Z|X]$$

$$= H[X] + \sum_{a \in A} p_a H[Z|X = a]$$

$$= H[X] + \sum_{a \in A} p_a \log(m_a)$$

$$= H[X] = \sum_{a \in A} p_a (\log p_a + \log n)$$

$$\implies H[X] = -\sum_{a \in A} p_a \log p_a.$$

Corollary 1.2. Let X and Y be random variables. Then $H[X] \ge 0$ and $H[X|Y] \ge 0$.

This is an immediate consequence of the formula for entropy.

Corollary 1.3. If Y = f(X), then

$$H[Y] \le H[X].$$

Proof: Use the previous corollary

$$H[X] = H[X, Y] = H[Y] + H[X|Y],$$

but $H[X|Y] \ge 0$.

Proposition 1.3 (Subadditivity). Let X and Y be random variables. Then

$$H[X,Y] \le H[X] + H[Y].$$

Proof: Note that for any two random variables X and Y,

$$H[X,Y] \le H[X] + H[Y] \iff H[X|Y] \le H[X]$$

 $\iff H[Y|X] \le H[Y].$

This ought to be obvious, but it is not quite the case. Observe that $H[X|Y] \leq$

H[X] if X is uniform on a finite set. This is because

$$H[X|Y] = \sum_{y} \mathbb{P}(Y = y)H[X|Y = y]$$

$$\leq \sum_{y} \mathbb{P}(Y = y)H[X]$$

$$= H[X],$$

where we use maximality. By the equivalence noted above, we also know that $H[X|Y] \leq H[X]$ if Y is uniform.

Let $p_{ab} = \mathbb{P}((X,Y) = (a,b))$, and assume that all p_{ab} are rational. Pick n such that we can write $p_{ab} = m_{ab}/n$, with each m_{ab} an integer. Partition [n] into sets E_{ab} each of size m_{ab} . Let Z be uniform of [n], and without loss of generality write $(X,Y) = (a,b) \iff Z \in E_{ab}$.

Let $E_b = \bigcup_a E_{ab}$ for each b. So $Y = b \iff Z \in E_b$. Define a random variable W as follows: if Y = b, then $W \in E_b$ is uniformly distributed in E_b and is independent of X.

So W and X are conditionally independent given Y, and W is uniform on [n]. Then,

$$H[X|Y] = H[X|Y, W] = H[X|W] \le H[X],$$

as W is uniform. By continuity, we get the result for general probabilities.

Corollary 1.4. $H[X] \ge 0$ for every X.

Proof: Without using the formula,

$$0 = H[X|X] \le H[X].$$

Corollary 1.5. Let X_1, \ldots, X_n be random variables. Then

$$H[X_1,\ldots,X_n] \le H[X_1] + \cdots + H[X_n].$$

Proposition 1.4 (Submodularity). Let X, Y, Z be random variables. Then,

$$H[X|Y,Z] \le H[X|Z].$$

Proof: Either use non-negativity of entropy and the fact (Y, Z) determines Z (cannot do this because the proof of this uses submodularity!), or

$$H[X|Y,Z] = \sum_{z} \mathbb{P}(Z=z)H[X|Y,Z=z]$$

$$\leq \sum_{z} \mathbb{P}(Z=z)H[X|Z=z] = H[X|Z].$$

Submodularity can be expressed in several equivalent ways. Expanding using subadditivity,

$$H[X, Y, Z] - H[Y, Z] \le H[X, Z] - H[Z],$$

or

$$H[X, Y, Z] \le H[X, Z] + H[Y, Z] - H[Z],$$

or

$$H[X, Y, Z] + H[Z] \le H[X, Z] + H[Y, Z].$$

Lemma 1.5. Let X, Y, Z be random variables with Z = f(Y). Then

$$H[X|Y] \le H[X|Z].$$

Proof: Use submodularity:

$$H[X|Y] = H[X,Y] - H[Y] = H[X,Y,Z] - H[Y,Z]$$

 $\leq H[X,Z] - H[Z] = H[X|Z].$

Lemma 1.6. Let X, Y, Z be random variables with Z = f(X) = g(Y). Then,

$$H[X,Y] + H[Z] \le H[X] + H[Y].$$

Proof: Again, use submodularity:

$$H[X, Y, Z] + H[Z] \le H[X, Z] + H[Y, Z],$$

which implies the result since Z depends on X and Y.

Lemma 1.7. Let X take values in a finite set A, and let Y be uniform on A. Then if H[X] = H[Y], then X is uniform.

Proof: Let $p_a = \mathbb{P}(X = a)$. Then

$$H[X] = \sum p_a \log(1/p_a) = |A| \mathbb{E}_{a \in A} p_a \log(1/p_a).$$

The function $x \mapsto x \log(1/x)$ is strictly concave on [0,1], so by Jensen's inequality, this is at most

$$|A|(\mathbb{E}_a p_a) \log(1/\mathbb{E}_a p_a) = \log(|A|) = H[X].$$

Equality holds if and only if $a \mapsto p_a$ is constant, i.e. X is uniform.

Corollary 1.6. If H[X,Y] = H[X] + H[Y], then X and Y are independent.

Proof: We will go through the proof of subadditivity, and check when the equality holds.

Suppose that X is uniform on A. Then

$$\begin{split} H[X|Y] &= \sum_{y} \mathbb{P}(Y=y) H[X|Y=y] \\ &\leq \leq \sum_{y} \mathbb{P}(Y=y) H[X] = H[X], \end{split}$$

with equality if and only if H[X|Y=y] is uniform on A for all y by the previous lemma, which implies that X and Y are independent.

At the last stage of the proof, we introduced W and said

$$H[X|Y] = H[X|Y, W] = H[X|W] < H[X].$$

Since W is uniform, equality holds if and only if X and W are independent, which implies (since Y depends on W) that X and Y are independent.

Definition 1.2. Let X and Y be random variables. The mutual information I[X:Y] is

$$H[X] + H[Y] - H[X, Y].$$

This can be rewritten as

$$H[X] - H[X|Y] = H[Y] - H[Y|X].$$

Subadditivity is equivalent to the statement that $I[X : Y] \ge 0$, and the previous corollary implies that I[X : Y] = 0 if and only if X and Y are independent.

Note that

$$H[X, Y] = H[X] + H[Y] - I[X : Y].$$

Definition 1.3. Let X, Y and Z be random variables. The *conditional mutual information* of X and Y given Z, denoted by I[X:Y|Z] is

$$\begin{split} \sum_{z} \mathbb{P}(Z=z) I[X|Z=z:Y|Z=z] &= \sum_{z} \mathbb{P}(Z=z) (H[X|Z=z] \\ &\quad + H[Y|Z=z] - H[X,Y|Z=z]) \\ &= H[X|Z] + H[Y|Z] - H[X,Y|Z] \\ &= H[X,Z] + H[Y,Z] - H[X,Y,Z] - H[Z]. \end{split}$$

Submodularity is equivalent to the statement that $I[X:Y|Z] \ge 0$.

2 A Special Case of Sidarenko's Conjecture

Let G be a bipartite graph with vertex sets X and Y (finite), and density α , defined to be |E(G)|/|X||Y|. Let H be another (small) bipartite graph with vertex sets U and V, and m edges.

Now let $\phi: U \to X$ and $\psi: V \to Y$ be random functions. We say that (ϕ, ψ) is a graph homomorphism if $\phi(x)\psi(y) \in E(G)$, for every $xy \in E(H)$.

Sidarenko conjectured that for every G, H,

$$\mathbb{P}((\phi, \psi) \text{ is a homomorphism}) > \alpha^m$$
.

This is what we expect when G is random, and is not hard to prove when H is $K_{r,s}$.

We are going to prove the theorem when $H = P_3$.

Theorem 2.1. Sidarenko's conjecture is true if H is a path of length 3.

Proof: We want to show that if G is a bipartite graph of density α with vertex sets X, Y of size m and n, and we choose $x_1, x_2 \in X$, $y_1, y_2 \in Y$ independent and at random, then

$$\mathbb{P}(x_1 y_1, x_2 y_1, x_2 y_2 \in E(G)) \ge \alpha^3.$$

It would be enough to let P be a P_3 chosen uniformly at random, and show that $H[P] \ge \log(a^3m^2n^2)$. This is a trivial rephrasing, and is not useful.

Instead, we shall define a different random variable, taking values in the set of all P_3 's.

To do this, let (X_1, Y_1) be a random edge of G, with $X_1 \in X, Y_1 \in Y$. Now let X_2 be a random neighbour of Y_1 , and Y_2 be a random neighbour of X_2 .

It will be enough to prove that $H[X_1, Y_1, X_2, Y_2] \ge \log(a^3 m^2 n^2)$. We can choose X_1Y_1 in three equivalent ways:

- Pick an edge uniformly at random.
- Pick a vertex x with probability proportional to its degree d(x), and then a random neighbour y of x.
- The same with x and y exchanged.

This shows that $Y_1 = y$ with probability proportional to d(y), so X_2Y_1 is a

uniform edge. This also means that X_2Y_2 is uniform in E(G). Therefore,

$$H[X_1, Y_1, X_2, Y_2] = H[X_1] + H[Y_1|X_1] + H[X_2|X_1, Y_1] + H[Y_2|X_1, Y_1, X_2]$$

$$= H[X_1] + H[Y_1|X_1] + H[X_2|Y_1] + H[Y_2|X_2]$$

$$= H[X_1] + H[X_1, Y_1] - H[X_1]$$

$$+ H[X_2, Y_1] - H[Y_1] + H[X_2, Y_2] - H[X_2]$$

$$= 3H[U_{E(G)}] - H[Y_1] - H[X_2]$$

$$\geq 3H[U_{E(G)}] - H[U_Y] - H[U_X]$$

$$= 3\log(\alpha mn) - \log n - \log m = \log(\alpha^3 m^2 n^2).$$

So we are done by maximality.

An alternative finish is as follows: let X', Y' be uniform in X and Y and independent of each other, and X_1, Y_1, X_2, Y_2 . Then

$$H[X_1, Y_1, X_2, Y_2, X', Y'] = H[X_1, Y_1, X_2, Y_2] + H[U_X] + H[U_Y]$$

 $\geq 3H[U_{E(G)}].$

So by maximality,

$$|P_3| \times |X| \times |Y| \ge |E(G)|^3.$$

3 Brigman's Theorem

Let A be an $n \times n$ matrix over, say \mathbb{R} . The permanent of A, per(A) is

$$\sum_{\sigma \in S_n} \prod_{i=1}^n A_{i\sigma(i)},$$

i.e. the determinant without the sign.

Let G be a bipartite graph with vertex sets X,Y of size n. Given $(x,y) \in X \times Y$, let

$$A_{xy} = \begin{cases} 1 & xy \in E(G), \\ 0 & xy \notin E(G), \end{cases}$$

i.e. A is the bipartite adjacency matrix of G. This is not quite the adjacency matrix as we do not care about the X to X connections.

This matrix is not well-defined as we can reorder the rows and columns, but no matter how we choose an ordering, we find that per(A) is the number of perfect matchings in G.

Brigman's theorem concerns how large per(A) can be if A is a 01-matrix and the sum of the entries in the i'th row is d_i .

Let G be a disjoint union of $K_{a_i a_i}$, for i = 1, ..., k, with $a_1 + \cdots + a_k = n$. Then the number of perfect matchings in G is

$$\prod_{i=1}^{k} a_i!.$$

Theorem 3.1 (Brigman). Let G be a bipartite graph with vertex sets X, Y of size n. Then the number of perfect matchings in G is at most

$$\prod_{x \in X} (d(x)!)^{1/d(x)}.$$

Proof: The following is a proof by Radhakrishnan.

Each matching corresponds to a bijection $\sigma: X \to Y$ such that $x\sigma(x) \in E(G)$ for every x.

Let σ be chosen uniformly from all such bijections. Then

$$H[\sigma] = H[\sigma(x_1)] + H[\sigma(x_2)|\sigma(x_1)] + \dots + H[\sigma(x_n)|\sigma(x_1), \dots, \sigma(x_{n-1})],$$

where x_1, \ldots, x_n is some enumeration of X. Then,

$$H[\sigma(x_1)] \le \log d(x_1),$$

$$H[\sigma(x_2)|\sigma(x_1)] \le \mathbb{E}_{\sigma} \log d_{x_1}^{\sigma}(x_2),$$

where we introduce

$$d_{x_1}^{\sigma}(x_2) = |N(x_1) \setminus {\sigma(x_1)}|.$$

In general, we have

$$H[\sigma(x_i)|\sigma(x_1),\ldots,\sigma(x_{i-1})] \leq \mathbb{E}_{\sigma}\log^{\sigma}_{x_1,\ldots,x_{i-1}}(x_i),$$

where

$$d_{x_1,...,x_{i-1}}^{\sigma}(x_i) = |N(x_i) \setminus {\sigma(x_1),...,\sigma(x_{i-1})}|.$$

The key idea is to regard x_1, \ldots, x_n as a random enumeration of X, and take the average.

For each $x \in X$, define the *contribution* of x to be

$$\log(d_{x_1,\ldots,x_{i-1}}^{\sigma}(x_i)),$$

where $x_i = x$.

We shall now fix σ .

Let the neighbours of x be y_1, \ldots, y_k . Then one of the y_h will be $\sigma(x)$. We can write

$$d_{x_1,\dots,x_{i-1}}^{\sigma}(x_i) = d(x) - \left| \{j \mid \sigma^{-1}(y_j) \text{ comes earlier than } x = \sigma^{-1}(y_h) \} \right|.$$

When we average, all positions of $\sigma^{-1}(y_h)$ are equally likely, so the average position of x is

$$\frac{1}{d(x)}(\log d(x) + \log(d(x) - 1) + \dots + \log(1)) = \frac{1}{d(x)}\log(d(x)!).$$

By linearity of expectation,

$$H[\sigma] \le \sum_{x \in X} \frac{1}{d(x)} \log(d(x)!),$$

so the number of matchings is at most

$$\prod_{x \in X} (d(x)!)^{1/d(x)}.$$

Definition 3.1. Let G be a graph with 2n vertices. A *one-factor* in G is a collection of n disjoint edges.

Theorem 3.2 (Kahn, Lovász). Let G be a graph with 2n vertices. Then the number of one-factors in G is at most

$$\prod_{x \in V(G)} (d(x)!)^{1/2d(x)}.$$

If the graph happens to be bipartite, this agrees with Brigman's theorem.

Proof: Proof by Alon and Friedman.

Let \mathcal{M} be the set of one-factors of G, and let (M_1, M_2) be a uniform random elements of \mathcal{M}^2 .

For each M_1, M_2 , the union $M_1 \cup M_2$ is a collection of disjoint edges and even cycles that covers all the vertices of G. Call such a union a *cover* of G by edges and even cycles.

If we are given such a cover, then the number of pairs (M_1, M_2) that could give rise to it is exactly 2^k , where k is the number of even cycles in the cover.

Now build a bipartite graph G_2 out of G. G_2 has two vertex sets V_1, V_2 , both copies of V(G). Join $x \in V_1$ to $y \in V_2$ if $xy \in E(G)$.

By Brigman's theorem, the number of perfect matchings in G_2 is at most

$$\prod_{x \in V(G)} (d(x)!)^{1/d(x)}.$$

Each matching gives a permutation of V(G), σ such that $x\sigma(x) \in E(G)$ for every $x \in V(G)$.

Each such σ has a cycle decomposition, and each cycle gives a cycle in G. So σ gives a cover of V(G) by isolated vertices, edges and cycles.

Given such a cover with k cycles, each cycle can be directed in two ways, so the number of σ that give rise to it is equal to 2^k , where k is the number of cycles.

So there is an injection from \mathcal{M}^2 to the set of matchings of G_2 , since every cover by edges and even cycles is a cover by vertices, edges and cycles. So

$$|\mathcal{M}|^2 \le \prod_{x \in V(G)} (d(x)!)^{1/d(x)}.$$

4 Shearer's Lemma and Applications

Given a random variable $X = (X_1, ..., X_n)$ and a subset $A \subseteq [n]$, say $a = \{a_1, ..., a_k\}$ with $a_1 < a_2 < \cdots < a_k$, write X_A for the random variable

$$X_A = (X_{a_1}, X_{a_2}, \dots, X_{a_k}).$$

Lemma 4.1 (Shearer). Let $X = (X_1, ..., X_n)$ be a random variable and let A be a family of subsets of [n] such that every $i \in [n]$ belongs to at least r of the sets $A \in A$. Then,

$$H[X_1,\ldots,X_n] \le \frac{1}{r} \sum_{A \in \mathcal{A}} H[X_A].$$

Proof: For each $a \in [n]$, write

$$X_{\leq a} = (X_1, \dots, X_{a-1}).$$

For each $A \in \mathcal{A}$,

$$H[X_{A}] = H[X_{a_{1}}] + H[X_{a_{2}}|X_{a_{1}}] + \dots + H[X_{a_{k}}|X_{a_{1}}, \dots, X_{a_{k-1}}]$$

$$\geq H[X_{a_{1}}|X_{< a_{1}}] + H[X_{a_{2}}|X_{< a_{2}}] + \dots + H[X_{a_{k}}|X_{< a_{k}}]$$

$$= \sum_{a \in A} H[X_{a}|X_{< a}].$$

Therefore,

$$\sum_{A \in \mathcal{A}} H[X_A] \ge r \sum_{a=1}^n H[X_a | X_{< a}] = rH[X].$$

An alternative version:

Lemma 4.2. Let $X = (X_1, ..., X_n)$ be a random variable, and let $A \subseteq [n]$ be a random subset of [n] according to some probability distribution.

Suppose that for each $i \in [n]$,

$$\mathbb{P}(i \in A) > \mu.$$

Then,

$$H[X] \le \mu^{-1} \mathbb{E}_A H[X_A].$$

Proof: As before,

$$H[X_A] \ge \sum_{a \in A} H[X_a | X_{< a}].$$

So,

$$\mathbb{E}_A H[X_A] \ge \mathbb{E}_a \sum_{a \in A} H[X_a | X_{< a}]$$

$$\ge \mu \sum_{a=1}^n H[X_a | X_{< a}] = \mu H[X].$$

Let $E \subseteq \mathbb{Z}^n$ and let $A \subseteq [n]$. Then we write $P_A E$ for $A = \{a_1, \ldots, a_k\}$ for the set of all $u \in \mathbb{Z}^A$ such that there exists $v \in \mathbb{Z}^{[n] \setminus A}$ such that $[u, v] \in E$, where [u, v] is u suitably intertwined with v.

Corollary 4.1. Let $E \subseteq \mathbb{Z}^n$ and let \mathcal{A} be a family of subsets of [n] such that every $i \in [n]$ is contained in at least r sets $A \in \mathcal{A}$. Then,

$$|E| \le \prod_{A \in \mathcal{A}} |P_A E|^{1/r}.$$

Proof: Let X be a uniform random element of E. Then by Shearer's,

$$H[X] \le \frac{1}{r} \sum_{A \in \mathcal{A}} H[X_A].$$

But X_A takes values in P_AE , so

$$H[X_A] \le \log |P_A E| \implies \log |E| \le \frac{1}{r} \sum_A \log |P_A E|.$$

If $\mathcal{A} = \{[n] \setminus \{i\} \mid i = 1, \dots, n\}$, we get

$$|E| \le \prod_{i=1}^{n} |P_{[n]\setminus\{i\}}E|^{1/n-1}.$$

This is the discrete Loomis-Whitney theorem.

Theorem 4.1. Let G be a graph with m edges. Then G has at most $(2m)^{3/2}/6$ triangles.

This is basically sharp for complete graphs.

Proof: Let (X_1, X_2, X_3) be a random triple of vertices such that X_1X_2 , X_1X_3 and X_2X_3 are all edges. Let t be the number of triangles in G.

By Shearer's,

$$\log(6t) = H[X_1, X_2, X_3] \le \frac{1}{2} (H[X_1, X_2] + H[X_1, X_3] + H[X_2, X_3]).$$

Each $H[X_i, X_j]$ is supported in the set of edges of G, given a direction. So

$$\frac{1}{2}(H[X_1, X_2] + H[X_1, X_3] + H[X_2, X_3]) \le \frac{3}{2}\log(2m).$$

Definition 4.1. Let X be a set of size n, and \mathcal{G} be a set of graphs with vertex set X. \mathcal{G} is *triangle-intersecting* if $G_1 \cap G_2$ contains a triangle, for all $G_1, G_2 \in \mathcal{G}$.

Theorem 4.2. If |V| = n, then a triangle-intersecting family of graphs with vertex set V has size at most $2^{\binom{n}{2}-2}$

Proof: Let \mathcal{G} be triangle-intersecting family and X be chosen uniformly from \mathcal{G} .

We write $V^{(2)}$ for the set of (unordered) pairs of elements of V, and we think of any $G \in \mathcal{G}$ as a function from $V^{(2)}$ to $\{0,1\}$. Define

$$X = (X_e \mid e \in V^{(2)}).$$

For each $R \subseteq V$, let G_R be the graph $K_R \cup K_{V \setminus R}$.

We shall look at the projection X_{G_R} , which we can think of as taking values in the set $\{G \cap G_R \mid G \in \mathcal{G}\} = \mathcal{G}_R$.

Note that if $G_1, G_2 \in \mathcal{G}$ and $R \subseteq [n]$, then $G_1 \cap G_2 \cap G_R \neq \emptyset$, since $G_1 \cap G_2$ contains a triangle, which must intersect G_R by pigeon-hole principle.

Thus \mathcal{G}_R is an intersecting family, so it has size at most $2^{|E(\mathcal{G}_R)|-1}$.

By alternative Shearer, and noticing that if we pick R at random then each $e \in G_R$ with probability 1/2,

$$H[X] \le 2\mathbb{E}_R H[X_{G_R}] \le 2\mathbb{E}_R(|E(\mathcal{G}_R)| - 1)$$
$$= 2\left(\frac{1}{2}\binom{n}{2} - 1\right) = \binom{n}{2} - 2,$$

by linearity of expectation (each edge is present in half of the \mathcal{G}_R).

5 Isoperimetric Inequalities

Definition 5.1. Let G be a graph, and $A \subseteq V(G)$. The edge boundary ∂A of A is the set of edges xy such that $x \in A$, $y \notin A$.

If $G = \mathbb{Z}^n$ or $\{0,1\}^n$ and $i \in [n]$, then the *i*'th boundary $\partial_i A$ is the set of edges $xy \in \partial A$ such that $x - y = \pm e_i$.

Theorem 5.1 (Edge-isoperimetric inequality). Let $A \subseteq \mathbb{Z}^n$ be a finite set. Then

$$|\partial A| \ge 2n|A|^{(n-1)/n}.$$

Proof: By the discrete Loomis-Whitney inequality,

$$|A| \le \prod_{i=1}^{n} |P_{[n]\setminus\{i\}}A|^{1/(n-1)} = \left(\prod_{i=1}^{n} |P_{[n]\setminus\{i\}}A|^{1/n}\right)^{n/(n-1)}$$

$$\le \left(\frac{1}{n}\sum_{i=1}^{n} |P_{[n]\setminus\{i\}}A|\right)^{n/(n-1)}.$$

But $|\partial_i A| \geq 2|P_{[n]\setminus\{i\}A}|$ since each fibre contributes at least 2. So,

$$|A| \le \left(\frac{1}{2n} \sum_{i=1}^{n} |\partial_i A|\right)^{n/(n-1)} = \left(\frac{1}{2n} |\partial A|\right)^{n/(n-1)}.$$

Theorem 5.2 (Edge-isoperimetric inequality in the cube). Let $A \subseteq \{0,1\}^n$. Then

$$|\partial A| \ge |A|(n - \log|A|).$$

Proof: Let X be a uniformly random element of A, and write $X = (X_1, \ldots, X_n)$. Write $X_{\setminus i}$ for $(X_1, \ldots, X_{i-1}, X_{i+1}, \ldots, X_n)$.

By Shearer's inequality,

$$H[X] \le \frac{1}{n-1} \sum_{i=1}^{n} H[X_{\setminus i}] = \frac{1}{n-1} \sum_{i=1}^{n} \left(H[X] - H[X_i | X_{\setminus i}] \right)$$
$$\implies \sum_{i=1}^{n} H[X_i | X_{\setminus i}] \le H[X].$$

But,

$$H[X_i|X_{\setminus i}=u] = \begin{cases} 1 & |P_{[n]\setminus\{i\}}^{-1}(u)| = 2, \\ 0 & |P_{[n]\setminus\{i\}}^{-1}(u)| = 1. \end{cases}$$

The number of points of the second kind is exactly $|\partial_i A|$. So,

$$H[X_i|X_{\setminus i}] = 1 - \frac{|\partial_i A|}{|A|}.$$

So,

$$H[X] \ge \sum_{i=1}^n \left(1 - \frac{|\partial_i A|}{|A|}\right) = n - \frac{|\partial A|}{|A|}.$$

Also $H[X] = \log |A|$, so we are done.

Definition 5.2. Let \mathcal{A} be a family of sets of size d. The lower shadow $\partial \mathcal{A}$ is

$${B \mid |B| = d - 1, \exists A \in \mathcal{A}, B \subseteq A}.$$

Theorem 5.3 (Kruskal-Katona). If $|\mathcal{A}| = {t \choose d}$ for some real number t, then $|\partial \mathcal{A}| \geq {t \choose d-1}$.

Here we do not restrict ourselves to integer t; t may be any real number

Proof: Let $X = (X_1, ..., X_d)$ be a random ordering of the elements of a uniformly random $A \in \mathcal{A}$. Then

$$H[X] = \log\left(d! \binom{t}{d}\right).$$

Note that (X_1, \ldots, X_{d-1}) is an ordering of the elements of some $B \in \partial \mathcal{A}$, so

$$H[X_1,\ldots,X_{d-1}] \leq \log\left((d-1)!|\partial \mathcal{A}|\right).$$

It is enough to show that

$$H[X_1,\ldots,X_{d-1}] \ge \log\left((d-1)!\binom{t}{d-1}\right).$$

Note that

$$H[X_1,\ldots,X_d]=H[X_1]+H[X_2|X_1]+\cdots+[X_d|X_1,\ldots,X_{d-1}].$$

We want a lower bound on this entropy. Our strategy will be to obtain a lower bound for $H[X_k|X_{\leq k}]$ in terms of $H[X_{k+1}|X_{\leq k+1}]$. We shall prove that

$$2^{H[X_k|X_{< k}]} > 2^{H[X_{k+1}|X_{< k+1}]} + 1$$

for all k. Let T be chosen independently of X_1, \ldots, X_{k-1} , where T = Ber(1-p). Given X_1, \ldots, X_{k-1} , let

$$X^* = \begin{cases} X_{k+1} & T = 0, \\ X_k & T = 1. \end{cases}$$

Note that X_k and X_{k+1} have the same distribution given (X_1, \ldots, X_{k-1}) , so X^* does as well. Then

$$H[X_{k}|X_{1},...,X_{k-1}] = H[X^{*}|X_{1},...,X_{k-1}] \ge H[X^{*}|X_{1},...,X_{k}]$$

$$= H[X^{*},T|X_{1},...,X_{k}]$$

$$= H[T|X_{1},...,X_{k}] + H[X^{*}|T,X_{1},...,X_{k}]$$

$$= H[T] + pH[X_{k+1}|X_{1},...,X_{k}]$$

$$+ (1-p)H[X_{k}|X_{1},...,X_{k}]$$

$$= h(p) + ps.$$

where $h(x) = -(x \log x + (1 - x) \log(1 - x))$ is the binary entropy function, and $s = H[X_{k+1}|X_1, \dots, X_k]$.

It turns out that this is maximized when $p = 2^s/(2^s + 1)$, whence the bound is

$$\frac{2^s}{2^s+1}(\log(2^s+1)-\log 2^s) + \frac{\log(2^s+1)}{2^s+1} + \frac{s2^s+1}{2^s+1} = \log(2^s+1).$$

Let $r = 2^{H[X_d|X_1,...,X_{d-1}]}$. Then,

$$H[X] = H[X_1] + H[X_2|X_1] + \dots + H[X_d|X_1, \dots, X_{d-1}]$$

$$\geq \log r + \log(r+1) + \dots + \log(r+d-1)$$

$$= \log \left(\frac{(r+d-1)!}{(r-1)!}\right) = \log \left(d!\binom{r+d-1}{d}\right).$$

Since we known $H[X] = \log(d!\binom{t}{d})$, it follows that

$$r+d-1 \le t \implies r \le t+1-d$$
.

It follows that

$$H[X_1, \dots, X_{d-1}] = \log\left(d! \binom{t}{d}\right) - \log r$$

$$\geq \log\left(d! \frac{t!}{d!(t-d)!(t+1-d)}\right)$$

$$= \log\left((d-1)! \binom{t}{d-1}\right).$$

6 The Union-Closed Conjecture

Let \mathcal{A} be a finite family of sets. We say that \mathcal{A} is union closed if $A \cup B \in \mathcal{A}$ whenever $A \in \mathcal{A}$ and $B \in \mathcal{A}$.

The following is an unproven conjecture.

Union-Closed Conjecture: If \mathcal{A} is a non-empty union-closed family then there exists some x that belongs to at least $\frac{1}{2}|\mathcal{A}|$ sets in \mathcal{A} .

However, the following is proven.

Theorem 6.1 (Gilmer). There exists c > 0 such that if A is a union-closed family, then there exists x that belongs to at least c|A| of the sets in A.

The constant c given in the original paper was around 1/100, but the bound could be improved to $(3 - \sqrt{5})/2$, which is the natural barrier to this approach.

In fact this constant is the best if we change our problem to look only at almost-union closed family, i.e. families in which $A \cup B \in \mathcal{A}$ for almost-all $A, B \in \mathcal{A}$. Let

$$\mathcal{A} = [n]^{(pn)} \cup [n]^{(\geq (2p-p^2-o(1))n}.$$

With high probability, if A, B are random elements of $[n]^{(pn)}$, then $|A \cup B| \ge (2p - p^2 - o(1))n$. If $1 - (2p - p^2 - o(1)) = p$, then almost all of \mathcal{A} is in $[n]^{(pn)}$, i.e.

$$1 - 3p + p^2 = 0 \implies p = \frac{3 - \sqrt{5}}{2}.$$

If we want to prove this theorem, it is natural to let A, B be independent uniformly random elements of \mathcal{A} , and to consider $H[A \cup B]$. Since \mathcal{A} is union closed $A \cup B \in \mathcal{A}$, so $H[A \cup B] \leq \log |\mathcal{A}|$.

Now we would like to get a lower bound for $H[A \cup B]$ assuming that no x belongs to more than p|A| sets in A.

Lemma 6.1. Suppose that c > 0 is such that

$$h(xy) \ge c(xh(y) + yh(x))$$

for every $x, y \in [0, 1]$. Let \mathcal{A} be a family of sets such that every element belongs to fewer than $p|\mathcal{A}|$ members of \mathcal{A} . Then

$$H[A \cup B] > c(1-p)(H[A] + H[B]).$$

Proof: We think of A and B as characteristic functions, i.e. indicator functions for each element of $|\mathcal{A}|$. Write $A_{< k}$ for (A_1, \ldots, A_{k-1}) . By the chain rule it is enough to prove that for every k that

$$H[(A \cup B)_k | (A \cup B)_{< k}] > c(1-p)[H[A_k | A_{< k} + H[B_k | B_{< k}]).$$

By submodularity,

$$H[(A \cup B)_k | (A \cup B)_{< k}] \ge H[(A \cup B)_k | A_{< k}, B_{< k}].$$

For each $u, v \in \{0, 1\}^{k-1}$, we write

$$p(u) = \mathbb{P}[A_k = 0 | A_{\le k} = u], \qquad q(v) = \mathbb{P}[B_k = 0 | B_{\le k} = v].$$

Then,

$$H[(A \cup B)_k | A_{< k} = u, B_{< k} = v] = H[A_k \cup B_k | A_{< k}, B_{< k}] = h(p(u)q(v)),$$

which by hypothesis is at least

$$c(p(u)h(q(v)) + q(v)h(p(u))).$$

So,

$$H[(A \cup B)_k | (A \cup B)_{< k}] \ge c \sum_{u,v} \mathbb{P}(A_{< k} = u) \mathbb{P}(B_{< k} = v) \times (p(u)h(q(v)) + q(v)h(p(u))),$$

but

$$\sum_{k} \mathbb{P}(A_{< k} = u) \mathbb{P}(A_k = 0 | A_{< k} = u) = \mathbb{P}(A_k = 0) \ge 1 - p,$$

and

$$\sum_{v} \mathbb{P}(B_{< k} = v) h(q(v)) = \sum_{v} \mathbb{P}(B_{< k} = v) H[B_k | B_{< k} = v] = H[B_k | B_{< k}],$$

so this expands as

$$c(P(A_k = 0)H[B_k|B_{< k}] + P(B_k = 0)H[A_k|A_{< k}])$$

> $c(1 - p)(H[A_k|A_{< k}] + H[B_k|B_{< k}]),$

as required.

This shows that if \mathcal{A} is union closed, then $c(1-p) \leq 1/2$, so $p \geq 1-1/2c$. This is non-trivial as long as c > 1/2, and we will obtain $c = 1/(\sqrt{5}-1)$.

To show this inequality, we start by proving the diagonal case, i.e. when x = y.

Lemma 6.2 (Boppana). For every $x \in [0, 1]$,

$$h(x^2) \ge \phi x h(x),$$

for $\phi = (\sqrt{5} + 1)/2$.

Proof: Write ψ for $\phi^{-1} = (\sqrt{5} - 1)/2$. Then $\psi^2 = 1 - \psi$, so

$$h(\psi^2) = h(1 - \psi) = h(\psi) \implies h(\psi^2) = \phi \psi h(\psi),$$

so equality holds when $x = \psi$, and as well when x = 0 or 1.

Our first fact will be

$$\ln 2h(x) = -x \ln x - (1-x) \ln(1-x),$$

$$\ln 2h'(x) = -\ln x - 1 + \ln(1-x) + 1 = \ln(1-x) - \ln x,$$

$$\ln 2h''(x) = -\frac{1}{x} - \frac{1}{1-x},$$

$$\ln 2h'''(x) = \frac{1}{x^2} - \frac{1}{(1-x)^2}.$$

We also introduce

$$\begin{split} f(x) &= h(x^2) - \phi x h(x), \\ f'(x) &= 2xh'(x^2) - \phi h(x) - \phi x h'(x), \\ f''(x) &= 2h'(x^2) + 4x^2h''(x^2) - 2\phi h'(x) - \phi x h''(x), \\ f'''(x) &= 12xh''(x^2) + 8x^3h'''(x^2) - 3\phi h''(x) - \phi x h'''(x) \\ &= \frac{-12x}{x^2(1-x^2)} + \frac{8x^3(1-2x^2)}{x^4(1-x^2)^2} + \frac{3\phi}{x(1-x)} - \frac{\phi x(1-2x)}{x^2(1-x)^2} \\ &= \frac{-12}{x(1-x^2)} + \frac{8(1-2x^2)}{x(1-x^2)^2} + \frac{3\phi}{x(1-x)} - \frac{\phi(1-2x)}{x(1-x)^2} \\ &= \frac{-12(1-x^2) + 8(1-2x^2) + 3\phi(1-x)(1+x)^2 - \phi(1-2x)(1+x)^2}{x(1-x)^2(1+x)^2}. \end{split}$$

This is zero if and only if

$$-12 + 12x^{2} + 8 - 16x^{2} + 3\phi(1 + x - x^{2} - x^{3}) - \phi(1 - 3x^{2} - 2x^{3})$$
$$= -\phi x^{3} - 4x^{2} + 3\phi x + (2\phi - 4) = 0.$$

The numerator of f'''(x) is a cubic with negative leading coefficient and constant term, so it has at least one negative root. Hence it has at most two roots in (0,1). It follows (using Rolle's theorem) that f has at most five roots in [0,1], up to multiplicity.

But $f'(0) = -\phi h(0) = 0$, so f has a double root at 0.

Using $\psi^2 + \psi = 1$, note

$$f'(\psi) = 2\psi(\log \psi - 2\log \psi) + \phi(\psi \log \psi + 2(1 - \psi) \log \psi) - (2\log \psi - \log \psi)$$

= $-2\psi \log \psi + \log \psi + 2\phi \log \psi - 2\log \psi - \log \psi$
= $\log \psi(-\psi + \phi - 1) = 0$.

Moreover f(1) = 0. So f is either non-negative on all of [0, 1] or non-positive. If x is small, then

$$f(x) = -x^2 \log x^2 - (1 - x^2) \log(1 - x^2) + \phi x (x \log x (1 - x)) \log(1 - x)$$

= $2x^2 \log \frac{1}{x} - \phi x^2 \log \frac{1}{x} + \mathcal{O}(x^2)$,

so there is x with f(x) > 0.

Lemma 6.3. The function

$$f(x,y) = \frac{h(x,y)}{xh(y) + yh(x)}$$

is minimized on $(0,1)^2$ at a point where x=y.

Proof: We can extend f continuously to the boundary by setting f(x, y) = 1 whenever x or y is 0 or 1. To see this, note first that this is easy if neither x nor y is 0.

If either x or y is small, then

$$h(xy) = -xy(\log x + \log y) + \mathcal{O}(xy),$$

$$xh(y) + yh(x) = -x(y\log y + \mathcal{O}(y)) - y(x\log x + \mathcal{O}(x))$$

$$= h(xy) + \mathcal{O}(xy),$$

so this also tends to 1. One can also check that f(1/2, 1/2) < 1, so f is minimized somewhere in $(0, 1)^2$.

Let (x^*, y^*) be a minimum with $f(x^*, y^*) = \alpha$. For convenience, let

$$g(x) = \frac{f(x)}{x},$$

and note that

$$f(x,y) = \frac{g(xy)}{g(x) + g(y)},$$

and also that

$$g(xy) - \alpha(g(x) + g(y)) \ge 0,$$

with equality at (x^*, y^*) . The partial derivatives of the left hand side are both 0 at x^*, y^* , so

$$y^*g'(x^*y^*) - \alpha g'(x^*) = 0,$$

$$x^*g'(x^*y^*) - \alpha g'(y^*) = 0.$$

So multiplying, we find

$$x^*g'(x^*) = y^*g'(y^*).$$

It is enough to prove that xg'(x) is an injection:

$$g'(x) = \frac{h'(x)}{x} - \frac{h(x)}{x^2},$$

$$xg'(x) = h'(x) - \frac{h(x)}{x}$$

$$= \log(1 - x) - \log x + \frac{x \log x + (1 - x) \log(1 - x)}{x}$$

$$= \frac{\log(1 - x)}{x}.$$

This is injective as log(1-x) is concave. Or we can differentiate again.

Combining this with lemma 6.1, we get that

$$h(xy) \ge \frac{\phi}{2}(xh(y) + yh(x)),$$

and so we can take

$$p = 1 - \frac{1}{\phi} = 1 - \frac{\sqrt{5} - 1}{2} = \frac{3 - \sqrt{5}}{2}.$$

7 Entropy in Additive Combinatorics

We shall need two simple results from additive combinatorics due to Imre Ruzsa. Let G be an abelian group, and let $A, B \subseteq G$. The sumset A + B is the set

$$A + B = \{x + y \mid x \in A, y \in B\},\$$

and the difference set A - B is the set

$$A - B = \{x - y \mid x \in A, y \in B\}.$$

We write 2A for A + A, 3A for A + A + A, and so on.

The Ruzsa distance d(A, B) is defined to be

$$\frac{|A - B|}{|A|^{1/2}|B|^{1/2}}.$$

Lemma 7.1 (Ruzsa Triangle Inequality). $d(A, C) \leq d(A, B)d(B, C)$.

Proof: This is equivalent to the statement that

$$|A - C||B| \le |A - B||B - C|.$$

For each $x \in A - C$, pick $a(x) \in A$, $c(x) \in C$ such that a(x) = c(x) = x. Define a map $\phi: (A - C) \times B \to (A - B, B - C)$ by

$$\phi(x,b) = (a(x) - b, b - c(x)).$$

Adding the coordinates of $\phi(x, b)$ gives x, so we can calculate a(x) and c(x) from $\phi(x, b)$, and hence b. So ϕ is an injection.

Lemma 7.2 (Ruzsa Covering Lemma). Let G be an abelian group, and let A and B be finite subsets of G. Then A can be covered by at most

$$\frac{|A+B|}{|B|}$$

translates of B - B.

Proof: Let $\{x_1, \ldots, x_k\}$ be a maximal subset of A, such that the sets $x_i + B$

are disjoint. Then if $a \in A$, then there exists i such that

$$(a+B)\cap(x_i+B)\neq0.$$

So $a \in x_i + B - B$. So A can be covered by k translated of B - B. But

$$|B|k = |\{x_1, \dots, x_k\} + B| \le |A + B|.$$

Let X, Y be discrete random variables taking values in an abelian group. What is X + Y, when X and Y are independent? For each z, writing p_x and q_y for $\mathbb{P}(X = x)$ and $\mathbb{P}(Y = y)$,

$$\mathbb{P}(X+Y=z) = \sum_{x+y=z} \mathbb{P}(X=x)\mathbb{P}(Y=y)$$
$$= \sum_{x+y=z} p_x q_y = p * q(z),$$

the convolutions of the functions $p(x) = p_x$ and $q(y) = q_y$. So sums of independent random variables correspond to convolutions.

Definition 7.1. Let G be an abelian group and let X, Y be G-valued random variables. Then the (entropic) Ruzsa distance d[X;Y] is

$$H[X'-Y'] - \frac{1}{2}H[X] - \frac{1}{2}H[Y],$$

where X' and Y' are independent copies of X and Y.

Lemma 7.3. If A, B are finite subsets of G and X, Y are uniform on A, B respectively, then

$$d[X;Y] \le \log d(A,B).$$

Proof: Without loss of generality X and Y are independent. Then

$$\begin{split} d[X,Y] &= H[X-Y] - \frac{1}{2}H[X] - \frac{1}{2}H[Y] \\ &\leq \log|A-B| - \frac{1}{2}\log|A| - \frac{1}{2}\log|B| = \log d(A,B). \end{split}$$

Lemma 7.4. Let X, Y be G-valued random variables. Then

$$H[X + Y] \ge \max\{H[X], H[Y]\} - I[X : Y].$$

Proof: By subadditivity,

$$H[X + Y] \ge H[X + Y|Y] = H[X + Y, Y] - H[Y]$$

$$= H[X, Y] - H[Y]$$

$$= H[X] + H[Y] - H[Y] - I[X : Y]$$

$$= H[X] - I[X : Y].$$

By symmetry, we get the other inequality, and we an take the maximum.

Corollary 7.1. $H[X - Y] \ge \max\{H[X], H[Y]\} - I[X : Y]$.

Corollary 7.2. If X, Y are G-valued random variables, then

$$d[X,Y] \ge 0.$$

Proof: Without loss of generality, X and Y are independent. Then I[X:Y]=0, so

$$H[X - Y] \ge \max\{H[X], H[Y]\} \ge \frac{1}{2}(H[X] + H[Y]).$$

Lemma 7.5. If X and Y are G-valued random variables, then d[X;Y] = 0 if and only if there is some (finite) subgroup H of G such that X and Y are uniform on cosets of H.

Proof: If X and Y are uniform on x + H and y + H, then X' - Y' is uniform on x - y + H, so

$$H[X' - Y'] = H[X] = H[Y],$$

giving d[X;Y] = 0.

Conversely, suppose that X and Y are independent and

$$H[X - Y] = \frac{1}{2}(H[X] + H[Y]).$$

Since we have equality in the proof of the lemma, it follows that

$$H[X - Y|Y] = H[X - Y].$$

Therefore, X - Y and Y are independent. So for every $z \in A - B$ and for every $y_1, y_2 \in B$,

$$\mathbb{P}(X - Y = z | Y = y_1) = \mathbb{P}(X - Y = z | Y = y_2),$$

where A and B are the supports of X and Y. So

$$\mathbb{P}(X = y_1 + z) = \mathbb{P}(X = y_2 + z),$$

for all $y_1, y_2 \in B$. So p_x is constant on z + B, and in particular $z + B \subseteq A$. By symmetry, $A - z \subseteq B$, so A = B + z for all $z \in A - B$.

So for every $x \in A$, $y \in B$, A = B + x - y, so A - x = B - y. So A - x is the same for every $x \in A$. Therefore A - x = A - A for all $x \in A$. It follows that A - A + A - A = (A - x) - (A - x) = A - A, so it a closed subset containing inverses under addition, hence a subgroup.

Moreover A = A - A + x, hence a coset of A - A. Since B = A + x, B is also a coset.

Recall that if Z is a function of X and is a function of Y, then

$$H[X, Y] + H[Z] \le H[X] + H[Y].$$

Lemma 7.6 (Entropic Ruzsa Triangle Inequality). Let X, Y, Z be G-valued random variables. Then,

$$d[X; Z] \le d[X; Y] + d[Y; Z].$$

Proof: We must show that

$$\begin{split} H[X-Z] - \frac{1}{2} H[X] - \frac{1}{2} H[Z] & \leq H[X-Y] - \frac{1}{2} H[X] - \frac{1}{2} H[Y] \\ & + H[Y-Z] - \frac{1}{2} H[Y] - \frac{1}{2} H[Z], \end{split}$$

or that

$$H[X-Z]+H[Y] \leq H[X-Y]+H[Y-Z].$$

Since X - Z depends on (X - Y, Y - Z) and on (X, Z),

$$H[X - Y, Y - Z, X, Z] + H[X - Z] \le H[X - Y, Y - Z] + H[X, Z],$$

i.e.

$$H[X, Y, Z] + H[X - Z] \le H[X, Z] + H[X - Y, Y - Z].$$

So by independence and subadditivity, we get the lemma.

Lemma 7.7 (Submodularity for Sums). If X, Y, Z are independent G-valued

random variables, then

$$H[X + Y + Z] + H[Z] \le H[X + Z] + H[Y + Z].$$

Proof: X + Y + Z is a function of (X + Z, Y) and of (X, +Z) so

$$H[X + Z, Y, X, Y + Z] + H[X + Y + Z] \le H[X + Z, Y] + H[Y, X + Z],$$

or by rewriting,

$$H[X, Y, Z] + H[X + Y + Z] \le H[X + Z] + H[Y] + H[X] + H[Y + Z].$$

By independence and cancellations, we ge the desired inequality.

Lemma 7.8. Let G be an abelian group, and let X be a G-valued random variable. Then

$$d[X; -X] \le 2d[X; X].$$

Proof: Let X_1, X_2, X_3 be independent copies of X. Then

$$\begin{split} d[X;-X] &= H[X_1+X_2] - \frac{1}{2}H[X_1] - \frac{1}{2}H[X_2] \leq H[X_1+X_2-X_3] - H[X] \\ &\leq H[X_1-X_3] + H[X_2-X_3] - H[X_3] - H[X] \\ &= 2d[X;X], \end{split}$$

as X_1, X_2, X_3 are all copies of X.

Corollary 7.3. Let X and Y be G-valued random variables. Then

$$d[X; -Y] \le 5d[X; Y].$$

Proof: We have, by using the Ruzsa triangle inequality,

$$\begin{aligned} d[X;-Y] &\leq d[X;Y] + d[Y;-Y] \\ &\leq d[X;Y] + 2d[Y;Y] \leq d[X;Y] + 2(d[Y;X] + d[X;Y]) \\ &= 5d[X;Y]. \end{aligned}$$

7.1 Conditional Distances

Definition 7.2. Let X, Y, U, V be G-valued random variables. Then the *conditional distance* is

$$d[X|U;Y|V] = \sum_{u,v} \mathbb{P}(U=u)\mathbb{P}(V=v)d[X|U=u;Y|V=v].$$

The next definition is not completely standard.

Let X, Y, U be G-valued random variables. Then the *simultaneous conditional distance* of X to Y given U is

$$d[X;Y||U] = \sum_{u} \mathbb{P}(U=u)d[X|U=u;Y|U=u].$$

We say that X', Y' are conditionally independent trials of X and Y given U if X' is distributed like X, Y' is distributed like Y, and for each $u \in U, X'|U = u$ is distributed like X|U = u, Y'|U = u is distributed like Y|U = u and X'|U = u and Y'|U = u are independent. Then,

$$d[X;Y||U] = H[X' - Y'|U] - \frac{1}{2}H[X'|U] - \frac{1}{2}H[Y'|U],$$

as can be seen directly from the formula.

Lemma 7.9 (Entropic BSG Theorem). Let A and B be G-valued random variables. Then

$$d[A;B||A+B] \le 3I[A:B] + 2H[A+B] - H[A] - H[B].$$

Proof: We have

$$d[A;B||A+B] = H[A'-B'|A+B] - \frac{1}{2}H[A'|A+B] - \frac{1}{2}H[B'|A+B],$$

where A' and B' are conditionally independent given A + B. Now

$$H[A'|A+B] = H[A|A+B] = H[A, A+B] - H[A+B]$$
$$= H[A, B] - H[A+B]$$
$$= H[A] + H[B] - I[A:B] - H[A+B].$$

Similarly, H[B'|A+B] is the same, so

$$\frac{1}{2}H[A'|A+B] + \frac{1}{2}H[B'|A+B]$$

is also the same. Also

$$H[A' - B'|A + B] \le H[A' - B'].$$

Let (A_1, B_1) and (A_2, B_2) be conditionally independent trials of (A, B), given A + B. Then,

$$H[A' - B'] = H[A_1 - B_2].$$

By submodularity,

$$H[A_1 - B_2] = H[A_1 - B_2, A_1] + H[A_1 - B_2, B_1] - H[A_1 - B_2, A_1, B_1].$$

$$H[A_1 - B_2, A_1] = H[A_1, B_2] \le H[A_1] + H[B_2] = H[A] + H[B],$$

$$H[A_1 - B_2, B_1] = H[A_2 - B_1, B_1] = H[A_2, B_1] \le H[A] + H[B].$$

$$H[A_1 - B_2, A_1, B_1] = H[A_1, B_1, A_2, B_2]$$

$$= H[A_1, B_2, A_2, B_2 | A + B] + H[A + B]$$

$$= 2H[A, B|A + B] + H[A + B]$$

$$= 2H[A, B] - H[A + B]$$

$$= 2H[A, B] - H[A + B].$$

Adding or subtracting all these terms gives the required inequality.

8 A Proof of Marton's Conjecture in \mathbb{F}_2^n

We shall prove the following theorem.

Theorem 8.1 (Green, Manners, Tao, Gi). There is a polynomial p with the following property: If $n \in \mathbb{N}$ and $A \subseteq \mathbb{F}_2^n$ is such that $|A + A| \leq C|A|$, then there is a subspace $H \subseteq \mathbb{F}_2^n$ of size at most |A| such that A is contained in at most p(C) translates of H.

Equivalently, there exists $K \subseteq \mathbb{F}$, $|K| \leq p(C)$ such that $A \subseteq K + H$.

In fact, we shall prove the following statement.

Theorem 8.2 (EPFR). Let $G = \mathbb{F}_2^n$ and let X, Y be G-valued random variables. Then there exists a subgroup H of G such that

$$d[X; U_H] + d[U_H; Y] \le \alpha d[X, Y],$$

where U_H is the uniform distribution on H and α is an absolute constant.

We will show EPFR implies the Marton's conjecture proof.

Lemma 8.1. Let X be a discrete random variable, and write p_x for $\mathbb{P}(X = x)$. Then there exists x such that $p_x \geq 2^{-H[X]}$.

Proof: If not, then

$$H[X] = \sum_{x} p_x \log\left(\frac{1}{p_x}\right) > H[X] \sum_{x} p_x = H[X].$$

Proposition 8.1. EPFR implies theorem 8.1.

Proof: Let $A \subseteq \mathbb{F}_2^n$, and $|A + A| \leq C|A|$. Let X and Y be independent copies of U_A . Then by EPFR, there exists a subgroup H such that

$$d[X; U_H] + d[U_H; Y] \le \alpha d[X, Y],$$

so

$$d[X; U_H] \le \frac{\alpha}{2} d[X; Y].$$

But,

$$d[X;Y] = H[U_A + U_A] - H[U_A] \le \log(C|A|) - \log|A|$$

= $\log C$.

So,

$$d[X, U_H] \le \frac{\alpha \log C}{2},$$

hence

$$H[X + U_H] \le \frac{1}{2}H[X] + \frac{1}{2}H[U_H] + \frac{\alpha \log C}{2}$$
$$= \frac{1}{2}\log|A| + \frac{1}{2}\log|H| + \frac{\alpha \log C}{2}.$$

Therefore, by the previous lemma there exists z such that

$$\mathbb{P}(X + U_H = z) \ge |A|^{-1/2} |H|^{-1/2} C^{-\alpha/2}.$$

But,

$$\mathbb{P}(X + U_H = z) = \frac{|A \cap (z + H)|}{|A||H|}.$$

So there exists $z \in G$ such that

$$|A \cap (z+H)| \ge C^{-\alpha/2} |A|^{1/2} |H|^{1/2}$$

Let $B = A \cap (z + H)$. By the Ruzsa covering lemma, we can cover A by at most most $\frac{|A+B|}{|B|}$ translates of B+B. Since $B \subseteq z+H$, $B+B \subseteq H+H=H$, so A can be covered by at most $\frac{|A+B|}{|H|}$ translates of H.

But $|A + B| \le |A + A| \le C|A|$. So

$$\frac{|A+B|}{|B|} \le \frac{C|A|}{C^{-\alpha/2}|A|^{1/2}|H|^{1/2}} = C^{\alpha/2+1}\frac{|A|^{1/2}}{|H|^{1/2}}.$$

Since B is contained in z + H,

$$|H| \ge C^{-\alpha/2} |A|^{1/2} |H|^{1/2} \implies |H| \ge C^{-\alpha} |A|,$$

so we find

$$C^{\alpha/2+1} \frac{|A|^{1/2}}{|H|^{1/2}} \le C^{\alpha+1}.$$

If $|H| \leq |A|$, then we are done. Otherwise, since $B \subseteq A$,

$$|A| \ge C^{-\alpha/2} |A|^{1/2} |H|^{1/2} \implies |H| \le C^{\alpha} |A|.$$

Pick a subgroup H' of H of size between $\frac{|A|}{2}$ and |A|. Then H is a union of at most $2C^{\alpha}$ translates of H', and A is a union of at most $2C^{2\alpha+1}$ translates of H'.

Now we reduce further. We shall prove the following statement.

Theorem 8.3 (EPFR'). There is a constant $\eta > 0$ such that if X and Y are any two \mathbb{F}_2^n -valued random variables with d[X;Y] > 0, then there exist \mathbb{F}_2^n -valued random variables U and V such that

$$d[U; V] + \eta(d[U; X] + d[V; Y]) < d[X, Y].$$

Proposition 8.2. EPFR' implies EPFR.

Proof: By compactness, we can find U and V such that

$$\tau_{X,Y}[U;V] = d[U;V] + \eta(d[U;X] + d[V;Y])$$

is minimized. If $d[U;V] \neq 0$, then we can apply EPFR', to show there exists Z and W such that

$$\tau_{U,V}[Z;W] < d[U;V].$$

But then,

$$\tau_{X,Y}[Z;W] = d[Z;W] + \eta(d[Z;X] + d[W;Y])$$

$$\leq d[Z;W] + \eta(d[Z;U] + d[W;V]) + \eta(d[U;X] + d[V;Y])$$

$$< d[U;V] + \eta(d[U,X] + d[V;Y]) = \tau_{X,Y}[U;V].$$

It follows that d[U; V] = 0. So there exists H such that U and V are uniform on cosets of H, so

$$\eta(d[U_H, X] + d[U_H, Y]) < d[X, Y],$$

which gives EPFR with constant $\alpha = \eta^{-1}$.

Definition 8.1. We write $\tau_{X,Y}[U|Z;V|W]$ for

$$\sum_{z,w} \mathbb{P}(Z=z)\mathbb{P}(W=w)\tau_{X,Y}[U|Z=z;V|W=w],$$

and $\tau_{X,Y}[U;V||Z]$ for

$$\sum_{z} \mathbb{P}(Z=z)\tau_{X,Y}[U|Z=z;V|Z=z].$$

Remark. If we can prove EPFR' for conditioned random variable, then by averaging we get it for some pair of random variables, e.g. of the form U|Z=z, V|W=w.

Lemma 8.2 (Fibring Lemma). Let G and H be abelian groups, and let $\phi: G \to H$ be a homomorphism. Let X and Y be G-valued random variables. Then

$$d[X;Y] = d[\phi(X);\phi(Y)] + d[X|\phi(X);Y|\phi(Y)] + I[X-Y:\phi(X),\phi(Y)|\phi(X)-\phi(Y)].$$

Proof: We will follow our noses:

$$\begin{split} d[X;Y] - H[X - Y] - \frac{1}{2}H[X] - \frac{1}{2}H[Y] \\ &= H[\phi(X) - \phi(Y)] + H[X - Y|\phi(X) - \phi(Y)] - \frac{1}{2}H[\phi(x)] \\ &- \frac{1}{2}H[X|\phi(X)] - \frac{1}{2}H[\phi(Y)] - \frac{1}{2}H[\phi(Y)|Y] \\ &= d[\phi(X);\phi(Y)] + d[X|\phi(X);Y|\phi(Y)] + H[X - Y|\phi(X) - \phi(Y)] \\ &- H[X - Y|\phi(X),\phi(Y)]. \end{split}$$

But this last line of the expression equals

$$H[X - Y | \phi(X) - \phi(Y)] - H[X - Y | \phi(X), \phi(Y), \phi(X) - \phi(Y)]$$

= $I[X - Y : \phi(X), \phi(Y) | \phi(X) - \phi(Y)].$

We shall be interested in the following special case.

Corollary 8.1. Let $G = \mathbb{F}_2^n$, and let X_1, X_2, X_3 and X_4 be independent G-valued random variables. Then,

$$d[(X_1, X_2); (X_3, X_4)] = d[X_1; X_3] + d[X_2; X_4]$$

$$= d[X_1 + X_2, X_3 + X_4] + d[X_1|X_1 + X_2; X_3|X_3 + X_4]$$

$$+ I[X_1 + X_3, X_2 + X_4] + X_1 + X_2, X_3 + X_4|X_1 + X_2 + X_3 + X_4].$$

This is true by applying the fibring lemma with $X = (X_1, X_2)$, $Y = (X_3, X_4)$ and $\phi(x, y) = x + y$.

We shall now set $W = X_1 + X_2 + X_3 + X_4$.

Recall that entropic BSG says that

$$d[X;Y||X+Y|] < 3I[X:Y] + 2H[X+Y] - H[X] - H[Y].$$

Equivalently,

$$I[X:Y] \geq \frac{1}{3} \left(d[X,Y||X+Y] + H[X] + H[Y] - 2H[X+Y] \right).$$

Applying this to the information term in this previous corollary, we get that it is at least

$$\frac{1}{3} \left(d[X_1 + X_3, X_2 + X_4; X_1 + X_2, X_3 + X_4 | | X_2 + X_3, W] + H[X_1 + X_3, X_2 + X_4 | W] + H[X_1 + X_2, X_3 + X_4 | W] - 2H[X_2 + X_3, X_2 + X_3 | W] \right).$$

This simplifies to

$$\frac{1}{3} \left(d[X_1 + X_3, X_2 + X_4; X_1 + X_2, X_3 + X_4 | | X_2 + X_3, W] + H[X_1 + X_3 | W] + H[X_1 + X_2 | W] - 2H[X_2 + X_3 | W] \right).$$

We also have the inequality

$$d[X_1; X_3] + d[X_2; X_4] \ge d[X_1 + X_2; X_3 + X_4] + d[X_1 | X_1 + X_2; X_3 | X_3 + X_4]$$

$$+ \frac{1}{3} \left(d[X_1 + X_2; X_1 + X_3 | | X_2 + X_3, W] + H[X_1 + X_2 | W] \right)$$

$$+ H[X_1 + X_3 | W] - 2H[X_2 + X_3 | W] \right).$$

Apply this to (X_1, X_2, X_3, X_4) , (X_1, X_2, X_4, X_3) and (X_1, X_4, X_3, X_2) and add. We look at the first entropy terms. We get

$$2H[X_1 + X_2|W] + H[X_1 + X_4|W] + H[X_1 + X_3|W] + H[X_1 + X_4|W] + H[X_1 + X_3|W] - 2H[X_2 + X_3|W] - 2H[X_2 + X_4|W] - 2H[X_1 + X_2|W] = 0,$$

where we made heavy use of the observation that if i, j, k, l are some permutation of 1, 2, 3, 4, then

$$H[X_i + X_j | W] = H[X_k + X_l | W].$$

This allows us to replace, for example

$$d[X + 1 + X_2, X_3 + X_4; X_1 + X_3, X_2 + X_4][X_2 + X_3]W]$$

by

$$d[X_1 + X_2; X_1 + X_3 || X_2 + X_3, W].$$

Therefore, we get the following inequality as well.

Lemma 8.3.

$$\begin{split} d[X_1;X_3] + 2d[X_2;X_4] + d[X_1;X_4] + d[X_2;X_3] &\geq 2d[X_1 + X_2;X_3 + X_4] \\ + d[X_1 + X_4;X_2 + X_3] + 2d[X_1|X_1 + X_2;X_3|X_3 + X_4] \\ + d[X_1|X_1 + X_4;X_2|X_2 + X_3] + \frac{1}{3} \bigg(d[X_1 + X_2;X_1 + X_3||X_2 + X_3,W] \\ + d[X_1 + X_2;X_3 + X_4||X_2 + X_4,W] + d[X_1 + X_4;X_1 + X_3||X_3 + X_4,W] \bigg). \end{split}$$

Now let X_1, X_2 be copies of X, and Y_1, Y_2 copies of Y and apply the previous lemma to (X_1, X_2, Y_1, Y_2) to get the following.

Lemma 8.4. Let X_1, X_2, Y_1, Y_2 be as above. Then,

$$\begin{aligned} 6d[X,Y] &\geq 2d[X_1 + X_2; Y_1 + Y_2] + d[X_1 + Y_2; X_2 + Y_1] + 2d[X_1|X_1 + X_2; Y_1|Y_1 + Y_2] \\ &\quad + d[X_1|X_1 + Y_1; X_2|X_2 + Y_2] + \frac{2}{3}d[X_1 + X_2; X_1 + Y_1||X_2 + Y_1, X_1 + Y_2] \\ &\quad + \frac{1}{3}d[X_1 + Y_1; X_1 + Y_2||X_1 + X_2, Y_1 + Y_2]. \end{aligned}$$

Recall that we want (U, V) such that

$$T_{X,Y}(U,V) = d[U;V] + \eta(d[U;X] + d[V;Y]) < d[X;Y].$$

This lemma gives us a collections of distances (some conditional), at least one of which is at most $\frac{6}{7}d[X;Y]$. So it will be enough to show that for all of them, we get

$$d[U;X] + d[V;Y] \leq Cd[X;Y]$$

for some absolute constant C. Then we can take $\eta \leq \frac{1}{7C}$.

Definition 8.2. We say that (U, V) is *C-relevant* to (X, Y) if

$$d[U;X] + d[V;Y] \leq Cd[X;Y].$$

Lemma 8.5. (Y, X) is 2-relevant to (X, Y).

Proof: Trivial.

$$d[Y;X] + d[X;Y] = 2d[X;Y].$$

Lemma 8.6. Let U, V, X be independent \mathbb{F}_2^n -valued random values. Then,

$$d[U+V,X] \le \frac{1}{2} (d[U;X] + d[V;X] + d[U;V]).$$

Proof: Apply submodularity at (*):

$$\begin{split} d[U+V;X] &= H[U+V;X] - \frac{1}{2}H[U+V] - \frac{1}{2}H[X] \\ &= H[U+V+X] - H[U+V] + \frac{1}{2}H[U+V] - \frac{1}{2}H[X] \\ \stackrel{(*)}{\leq} \frac{1}{2}H[U+X] - \frac{1}{2}H[U] + \frac{1}{2}H[V+X] - \frac{1}{2}H[V] \\ &\quad + \frac{1}{2}H[U+V] - \frac{1}{2}H[X] \\ &= \frac{1}{2}(d[U;X] + d[V:X] + d[U;V]). \end{split}$$

Corollary 8.2. If (U, V) is C-relevant to (X, Y) and U_1, U_2, V_1, V_2 are copies of U, V, then $(U_1 + U_2, V_1 + V_2)$ is 2C-relevant to (X, Y).

Proof: We have

$$d[U_1 + U_2; X] + d[V_1 + V_2; Y] \stackrel{\text{LIO}}{\leq} \frac{1}{2} (2d[U; X] + d[U; U] + 2d[V; Y] + d[V; V])$$

$$\stackrel{\triangle}{\leq} 2(d[U; X] + d[V; Y]) \leq 2Cd[X : Y].$$

Corollary 8.3. $(X_1 + X_2, Y_1 + Y_2)$ is 4-relevant to (Y, X).

Proof: (X,Y) is 2-relevant to (Y,X), and we can use the previous corollary.

Corollary 8.4. If (U, V) is C-relevant to (X, Y), then (U + V, U + V) is (2C + 1)-relevant to (X, Y).

Proof: By the lemma on d[U+V;X],

$$\begin{split} d[U+V;X] &\leq \frac{1}{2} \bigg(d[U;X] + d[V;X] + d[U;V] \bigg) \\ &\leq \frac{1}{2} \bigg(d[U;X] + d[V;Y] + d[X;Y] + d[U;X] + d[X;Y] + d[V;Y] \bigg) \\ &= d[U;X] + d[V;Y] + d[X;Y]. \end{split}$$

The same holds for d[U+V;Y].

Lemma 8.7. Let U, V, X be independent \mathbb{F}_2^n -valued random variables. Then

$$d[U|U+V;X] \le \frac{1}{2} (d[U;X] + d[V;X] + d[U;V]).$$

Proof:

$$\begin{split} d[U|U+V;X] &= H[U+X|U+V] - \frac{1}{2}H[U|U+V] - \frac{1}{2}H[X] \\ &\leq H[U+X] - \frac{1}{2}H[U] - \frac{1}{2}H[V] + \frac{1}{2}H[U+V] - \frac{1}{2}H[X]. \end{split}$$

This comes from $H[A|B] \leq H[A]$ and from the definition of conditional entropy of H[U|U+V], using U,V are independent.

But, d[U|U+V;X] = d[V|U+V;X], so it is also at most

$$H[V+X] - \frac{1}{2}H[U] - \frac{1}{2}H[V] + \frac{1}{2}H[U+V] - \frac{1}{2}H[X].$$

Arranging the two inequalities gives the result.

Corollary 8.5. Let U, V be independent random variables and suppose that (U, V) is C-relevant to (X, Y). Then,

- (i) $(U_1|U_1 + U_2, V_1|V_1 + V_2)$ is 2C-relevant to (X, Y).
- (ii) $(U|U_1 + V_1, U_2|U_2 + V_2)$ is 2(C+1)-relevant to (X, Y).

Proof: Use the previous lemma. Then as soon as it is used, we are in exactly the situation when we were bounding the relevance of (U_1+U_2, V_1+V_2) and (U_1+V_1, U_2+V_2) .

It remains to tackle the last two terms in the big lemma. For the penultimate term, we need to bound

$$d[X_1 + X_2|X_2 + Y_1, X_1 + Y_2; X] + d[X_1 + Y_1|X_2 + Y_1, X_1 + Y_2; Y].$$

But the first term of this is at most (by lemma 8.6):

$$\begin{split} &\frac{1}{2}\bigg(d[X_1|X_2+Y_1,X_1+Y_2;X]\\ &+d[X_2|X_2+Y_1,X_1+Y_2;X]+d[X_1;X_2||X_2+Y_1,X_1+Y_2]\bigg)\\ &\leq d[X_1|X_1+Y_2;X]+d[X_2|X_2+Y_1;X]\\ &=2d[X|X+Y;X]. \end{split}$$

Then we can use lemma 8.7 and similarly for the other term.

Index

C-relevant, 40

binary entropy function, 21

 $\begin{array}{c} {\rm conditional\ distance,\ 33} \\ {\rm conditional\ entropy,\ 2} \end{array}$

conditional mutual information, 9 conditionally independent trials, 33

contribution, 13

difference set, 28

edge boundary, 19

entropy, 2

graph homomorphism, 10

lower shadow, 20

mutual information, 8

one-factor, 14

permanent, 12

Ruzsa distance, 28, 29

simultaneous conditional distance, 33

sumset, 28

triangle-intersecting, 17

union closed, 23