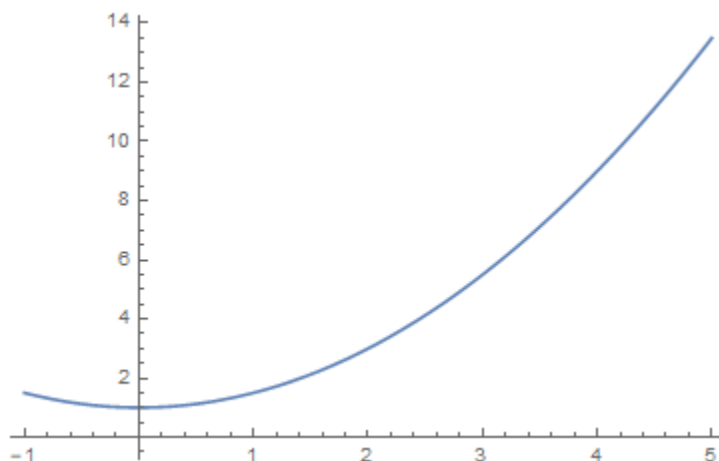


**For full credit you must show your work. Partial credit may be given for incorrect solutions if sufficient work is shown.**

For the function  $f(x) = \frac{1}{2}x^2 + 1$  plotted below:

1. (5 pts) Approximate the area under the curve on the interval  $[0, 4]$  using four left rectangles. Sketch the rectangles on the plot below.



2. (5 pts) Compute the exact area under the curve on the interval  $[0, 4]$  by evaluating

$$\int_0^4 \left( \frac{1}{2}x^2 + 1 \right) dx.$$

3. (Bonus: 1 pt) Compute the average value of  $f$  on  $[0, 4]$ .