

# GROSS MOTOR FUNCTION MEASURE (GMFM)

## SCORE SHEET (GMFM-88 and GMFM-66)

Child's Name: Ankit Kumar

ID#: chutkit

Assessment Date: 2025-11-17

Scale: GMFM-88

Session ID: 3

Total Score: 12.88%

Dimension	% Score	Items Scored
Lying & Rolling	66.7	7/17
Sitting	0.0	20/20
Crawling & Kneeling	0.0	14/14
Standing	0.0	13/13
Walking, Running & Jumping	0.0	24/24
Total	12.9	78/88

### Item A: LYING & ROLLING

Item	Description	0	1	2	3	NT
1	SUP, HEAD IN MIDLINE: TURNS HEAD WITH EXTREMITIES SYMMETRICAL					
2	SUP: BRINGS HANDS TO MIDLINE, FINGERS ONE WITH THE OTHER					
3	SUP: LIFTS HEAD 45 deg			X		
4	SUP: FLEXES R HIP & KNEE THROUGH FULL RANGE			X		
5	SUP: FLEXES L HIP & KNEE THROUGH FULL RANGE			X		
6	SUP: REACHES OUT WITH R ARM, HAND CROSSES MIDLINE TOWARD TOY					
7	SUP: REACHES OUT WITH L ARM, HAND CROSSES MIDLINE TOWARD TOY					
8	SUP: ROLLS TO PR OVER R SIDE					X
9	SUP: ROLLS TO PR OVER L SIDE					X
10	PR: LIFTS HEAD UPRIGHT					X
11	PR ON FOREARMS: LIFTS HEAD UPRIGHT, ELBOWS EXT., CHEST RAISED					X
12	PR ON FOREARMS: WEIGHT ON R FOREARM, FULLY EXTENDS OPPOSITE ARM FORWARD					
13	PR ON FOREARMS: WEIGHT ON L FOREARM, FULLY EXTENDS OPPOSITE ARM FORWARD					
14	PR: ROLLS TO SUP OVER R SIDE					X
15	PR: ROLLS TO SUP OVER L SIDE					X
16	PR: PIVOTS TO R 90 deg USING EXTREMITIES					X
17	PR: PIVOTS TO L 90 deg USING EXTREMITIES					X

### Item B: SITTING

Item	Description	0	1	2	3	NT
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18	SUP, HANDS GRASPED BY EXAMINER: PULLS SELF TO SITTING WITH HEAD CONTROL					
19	SUP: ROLLS TO R SIDE, ATTAINS SITTING					X
20	SUP: ROLLS TO L SIDE, ATTAINS SITTING					X
21	SIT ON MAT, SUPPORTED AT THORAX BY THERAPIST: LIFTS HEAD UPRIGHT, MAINTAINS 3 SECONDS					X
22	SIT ON MAT, SUPPORTED AT THORAX BY THERAPIST: LIFTS HEAD MIDLINE, MAINTAINS 10 SECONDS					X
23	SIT ON MAT, ARM(S) PROPPING: MAINTAINS, 5 SECONDS					X
24	SIT ON MAT: MAINTAIN, ARMS FREE, 3 SECONDS					X
25	SIT ON MAT WITH SMALL TOY IN FRONT: LEANS FORWARD, TOUCHES TOY, RE-ERECTS WITHOUT A					X
26	SIT ON MAT: TOUCHES TOY PLACED 45 deg BEHIND CHILD'S R SIDE, RETURNS TO START					X
27	SIT ON MAT: TOUCHES TOY PLACED 45 deg BEHIND CHILD'S L SIDE, RETURNS TO START					X
28	R SIDE SIT: MAINTAINS, ARMS FREE, 5 SECONDS					X
29	L SIDE SIT: MAINTAINS, ARMS FREE, 5 SECONDS					X
30	SIT ON MAT: LOWERS TO PR WITH CONTROL					X
31	SIT ON MAT WITH FEET IN FRONT: ATTAINS 4 POINT OVER R SIDE					X
32	SIT ON MAT WITH FEET IN FRONT: ATTAINS 4 POINT OVER L SIDE					X
33	SIT ON MAT: PIVOTS 90 deg, WITHOUT ARMS ASSISTING					X
34	SIT ON BENCH: MAINTAINS, ARMS AND FEET FREE, 10 SECONDS					X
35	STD: ATTAINS SIT ON SMALL BENCH					X
36	ON THE FLOOR: ATTAINS SIT ON SMALL BENCH					X
37	ON THE FLOOR: ATTAINS SIT ON LARGE BENCH					X

**Item C: CRAWLING & KNEELING**

Item	Description	0	1	2	3	NT
38	PR: CREEPS FORWARD 1.8m (6')					X
39	4 POINT: MAINTAINS, WEIGHT ON HANDS AND KNEES, 10 SECONDS					X
40	4 POINT: ATTAINS SIT ARMS FREE					X
41	PR: ATTAINS 4 POINT, WEIGHT ON HANDS AND KNEES					X
42	4 POINT: REACHES FORWARD WITH R ARM, HAND ABOVE SHOULDER LEVEL					X
43	4 POINT: REACHES FORWARD WITH L ARM, HAND ABOVE SHOULDER LEVEL					X
44	4 POINT: CRAWLS OR HITCHES FORWARD 1.8m(6')					X
45	4 POINT: CRAWLS RECIPROCALLY FORWARD 1.8m ( 6')					X
46	4 POINT: CRAWLS UP 4 STEPS ON HANDS AND KNEES/FEET					X
47	4 POINT: CRAWLS BACKWARDS DOWN 4 STEPS ON HANDS AND KNEES/FEET					X
48	SIT ON MAT: ATTAINS HIGH KN USING ARMS, MAINTAINS, ARMS FREE, 10 SECONDS					X
49	HIGH KN: ATTAINS HALF KN ON R KNEE USING ARMS, MAINTAINS, ARMS FREE, 10 SECONDS					X
50	HIGH KN: ATTAINS HALF KN ON L KNEE USING ARMS, MAINTAINS, ARMS FREE, 10 SECONDS					X
51	HIGH KN: KN WALKS FORWARD 10 STEPS, ARMS FREE					X

**Item D: STANDING**

Item	Description	0	1	2	3	NT
52	ON THE FLOOR: PULLS TO STD AT LARGE BENCH					X
53	STD: MAINTAINS, ARMS FREE, 3 SECONDS					X
54	STD: HOLDING ON TO LARGE BENCH WITH ONE HAND, LIFTS R FOOT, 3 SECONDS					X
55	STD: HOLDING ON TO LARGE BENCH WITH ONE HAND, LIFTS L FOOT, 3 SECONDS					X
56	STD: MAINTAINS, ARMS FREE, 20 SECONDS					X
57	STD: LIFTS L FOOT, ARMS FREE, 10 SECONDS					X
58	STD: LIFTS R FOOT, ARMS FREE, 10 SECONDS					X
59	SIT ON SMALL BENCH: ATTAINS STD WITHOUT USING ARMS					X
60	HIGH KN: ATTAINS STD THROUGH HALF KN ON R KNEE, WITHOUT USING ARMS					X
61	HIGH KN: ATTAINS STD THROUGH HALF KN ON L KNEE, WITHOUT USING ARMS					X
62	STD: LOWERS TO SIT ON FLOOR WITH CONTROL, ARMS FREE					X
63	STD: ATTAINS SQUAT, ARMS FREE					X
64	STD: PICKS UP OBJECT FROM FLOOR, ARMS FREE, RETURNS TO STAND					X

**Item E: WALKING, RUNNING & JUMPING**

Item	Description	0	1	2	3	NT
65	STD, 2 HANDS ON LARGE BENCH: CRUISES 5 STEPS TO R					X
66	STD, 2 HANDS ON LARGE BENCH: CRUISES 5 STEPS TO L					X
67	STD, 2 HANDS HELD: WALKS FORWARD 10 STEPS					X
68	STD, 1 HAND HELD: WALKS FORWARD 10 STEPS					X
69	STD: WALKS FORWARD 10 STEPS					X
70	STD: WALKS FORWARD 10 STEPS, STOPS, TURNS 180 deg, RETURNS					X
71	STD: WALKS BACKWARD 10 STEPS					X
72	STD: WALKS FORWARD 10 STEPS, CARRYING A LARGE OBJECT WITH 2 HANDS					X
73	STD: WALKS FORWARD 10 CONSECUTIVE STEPS BETWEEN PARALLEL LINES 20cm (8") APART					X
74	STD: WALKS FORWARD 10 CONSECUTIVE STEPS ON A STRAIGHT LINE 2cm (3/4") WIDE					X
75	STD: STEPS OVER STICK AT KNEE LEVEL, R FOOT LEADING					X
76	STD: STEPS OVER STICK AT KNEE LEVEL, L FOOT LEADING					X
77	STD: RUNS 4.5m (15'), STOPS & RETURNS					X
78	STD: KICKS BALL WITH R FOOT					X
79	STD: KICKS BALL WITH L FOOT					X
80	STD: JUMPS 30cm (12") HIGH, BOTH FEET SIMULTANEOUSLY					X
81	STD: JUMPS FORWARD 30 cm (12"), BOTH FEET SIMULTANEOUSLY					X
82	STD ON R FOOT: HOPS ON R FOOT 10 TIMES WITHIN A 60cm (24") CIRCLE					X
83	STD ON L FOOT: HOPS ON L FOOT 10 TIMES WITHIN A 60cm (24") CIRCLE					X
84	STD, HOLDING 1 RAIL: WALKS UP 4 STEPS, HOLDING 1 RAIL, ALTERNATING FEET					X
85	STD, HOLDING 1 RAIL: WALKS DOWN 4 STEPS, HOLDING 1 RAIL, ALTERNATING FEET					X
86	STD: WALKS UP 4 STEPS, ALTERNATING FEET					X

87	STD: WALKS DOWN 4 STEPS, ALTERNATING FEET					X
88	STD ON 15cm (6") STEP: JUMPS OFF, BOTH FEET SIMULTANEOUSLY					X

