

Partner Communication — Pre-Match Alignment

Use this alignment before doubles to avoid confusion and improve consistency.

SECTION A — Match Snapshot

Date:

Opponents:

Court / Location:

Format:

SECTION B — Roles & Positioning Plan

Preferred receiving side:

Preferred stacking:

We stack every play

We stack only on serve

We stack only on return

No stacking today

NVZ positioning preference:

Tight at the line

Slightly behind

Split coverage pattern

SECTION C — Communication Cues

"Yours/Mine" cue word:

"Switch" signal:

Middle ball decision:

Stronger player takes middle

Forehand takes middle

Alternating

"Reset call" phrase:

Motivation / encouragement phrases:

Partner Communication — In-Match Quick Guide

Use these simple cues during tight or confusing moments.

SECTION A — Simple Callouts

Reset

Drive

Drop

Switch

Mine / Yours

Bounce... breathe... reset.

Additional callouts:

SECTION B — Pressure Situations

When opponent speeds up randomly:

Play soft reset

Block middle

Drop to NVZ

When we're losing momentum:

Slow tempo

Longer rallies

Remove risky shots

Reset to patience

When opponents target one player:

Re-distribute coverage

Stronger player covers middle

Adjust positioning

Increase communication

SECTION C — Between-Points Mini-Huddle

What just happened?

One adjustment:

Reset phrase:

Partner Communication — Post-Match Debrief

Short debrief to identify improvements without tension.

SECTION A — Quick Review

Overall match rating (1–10):

Team synergy (1–10):

Communication (1–10):

SECTION B — What Worked

SECTION C — What to Improve

SECTION D — Next-Step Team Plan

One shared focus for next match:

One thing to keep doing:

One thing to stop doing:

Partner Strategy — Free Planning Page

Use this space to design tactics, patterns, or adjustments.

Tactical Notes:

Shot Selection Plan:

Patterns to Try: