

### Composition

Cabolin® Tablet: Each tablet contains 0.5 mg Cabergoline BP.

## Pharmacology

Cabolin® is in a group of drugs called dopamine receptor agonists. It works by reducing the amount of prolactin (a hormone) that is released from the pituitary gland. Cabolin® is used to treat a hormone imbalance in which there is too much prolactin in the blood (also called hyperprolactinemia).

#### Indication

Cabolin® is used to stop breast milk production (lactation) soon after childbirth, stillbirth, abortion or miscarriage. It can also be used if do not want to continue to breastfeed.Cabolin® can also be used to treat other conditions caused by hormonal disturbance which can result in high levels of prolactin being produced. This include high levels of prolactin caused by tumours of the pituitary gland in both men and women.

#### **Dosage & Administration**

The recommended dosage of Cabolin® Tablets for initiation of therapy is 0.25 mg twice a week. Dosage may be increased by 0.25 mg twice weekly up to a dosage of 1 mg twice a week according to the patient's serum prolactin level. Dosage increases should not occur more rapidly than every 4 weeks, so that the physician can assess the patient's response to each dosage level. If the patient does not respond adequately and no additional benefit is observed with higher dosages, the lowest dosage that achieved maximal response should be used and other therapeutic approaches considered. After a normal serum prolactin level has been maintained for 6 months, Cabolin® may be discontinued, with periodic monitoring of the serum prolactin level to determine whether or when treatment with Cabolin® should be reinstituted.

- To prevent milk production (lactation): 1 mg (two 0.5 mg tablets) on the first day after delivery.
- To stop lactation once have started to breastfeed: 0.25 mg (one half of Cabolin® 0.5 mg tablet) every 12 hours for two days.
- To reduce prolactin levels in other conditions: Initially take one 0.5 mg tablet (to be taken in two dosages) spread out over a week (e.g. half a tablet on Monday and the other half of the tablet on Thursday). Dosage will be increased up to a maximum dose of 4.5 mg or until have responded fully to treatment

### Contraindications

- History of serious mental disease, particularly psychotic disorders
- · Liver or kidney disease
- High blood pressure in pregnancy associated with swelling and protein in the urine (toxaemia of pregnancy)
- Anti-psychotics or have a history of mental illness associated with child-birth (puerperal psychosis)

## **Precaution & Warning**

- Hypersensitive (allergic) to Cabolin®, to other medicines called ergot alkaloids, (e.g. pergolide, bromocriptine, lisuride, ergotamine or ergometrine) or to any of the other ingredients in the tablet
- Severe liver disease
- High blood pressure in pregnancy associated with swelling and protein in the urine (toxaemia of pregnancy)
- Anti-psychotics or have a history of mental illness associated with child-birth (puerperal psychosis)
- Pregnant or breastfeeding
- Treated with Cabolin® for a long period and have or had fibrotic reactions (scar tissue) affecting your heart

## Drug Interaction

- Medicines to lower blood pressure
- Medicines used to treat mental illness (e.g. antipsychotic medicines like chlorpromazine, haloperidol)
- Medicines for nausea and vomiting (e.g. domperidone, metoclopramide).
- Medicines for severe migraine headaches (e.g. pergolide bromocriptine, lisuride, ergotamine, dihydroergotamine, ergometrine or methysergide)

## Use In Pregnancy & Lactation

Pregnant or planning to get pregnant, discuss this with doctor before treatment though the pregnancy category B. Before start using Cabolin® check that patient is not pregnant. Pregnant for at least one month once have stopped taking Cabolin®, as Cabolin® will stop producing milk. If someone plan to breastfeed should not take Cabolin®.

# Storage

Store in a cool and dry place (below 25°C), protected from light and moisture. Keep out of the reach of the children.

#### Commercial Pack

Cabolin® Tablet: Each box contain (2X2) tablets in blister pack within Alu-Alu pillow pack.



<sup>®</sup> Trade Mark C-Code:6446/V01