

Normanal[®] 500mg



Each coated tablet of Normanal contains:
Micronized purified flavonoid fraction 500mg

- diosmin 450mg
- hesperidin 50mg

Micronization means that the active ingredient diosmin with hesperidin 500mg undergoes a high-tech grinding process with a jet of air at supersonic velocities, reducing the size of standard particles from more than 20 micron to less than 2 micron. Normanal 500mg has better and faster absorption and thus an increased bioavailability, which leads to faster and more powerful clinical efficacy in venous diseases.

Therapeutic Indications: This medicine is venotonic (it increases venous tone) and a vasculoprotector (it increases resistance in small blood vessels). It is recommended for treating venous circulation disorders (swollen legs, pain, restless legs) and for treating symptoms due to acute hemorrhoidal attack.

Side effects: Some cases of routine gastric disorders and neurovegetative disorders (feeling of discomfort) have been reported, not requiring discontinuation of treatment.

Precaution:

Pregnancy: Experimental studies in animals have not demonstrated any teratogenic effects, and no harmful effects have been reported in man to date.

Lactation: In the absence of data concerning the diffusion into breast milk, breast feeding is not recommended during treatment.

Acute haemorrhoidal attack: Doctors are to be consulted for advice if the hemorrhoidal symptoms do not disappear within 15 days.

Various circulation disorders: The most effective way of giving this treatment is in combination with healthy lifestyle. Exposure to the sun, heat excessive standing and being overweight are to be avoided. Walking and wearing special support stockings simulate blood circulation.

Interactions with other medicines: None.
Patients receiving any other treatment must tell to the doctor.

Contraindication: None.

Dosage and method of administration

Oral route: The tablets should be taken at meal times.

Venous Insufficiency: 2 tablets daily, one at mid day and one in the evening.

In acute hemorrhoidal attacks: A 4 day course of 6 tablets daily followed by 4 tablets daily over the next 3 days.

In chronic hemorrhoidal attacks: 2 tablets daily for 2 months.

Adjuvant with hemorrhoidectomy: 4 tablets daily for 10 days followed by 2 tablets daily for 20 days.

Lymphedema: 2 tablets daily. In all cases the patients must comply with doctors' prescription.

Pharmaceutical precaution: Store in a cool & dry place, away from light.
Keep all medicines out of reach of children.

Supply: 3x10 film coated tablets in blister strips.

[®] Trade Mark
Manufactured by
 **Renata Limited**
Mirpur, Dhaka, Bangladesh