

# Lesson 9

## Being Courageous

*"If Allah is your helper, no one can overcome you."*

*Noble Qur'ān, 3:160*



# Lesson 9: Being Courageous

**Objective:** Children will learn about how to be courageous like Ḥaḍrat ‘Abbās (‘a).

We know that doing good deeds is the right thing to do, but sometimes, doing those good deeds requires courage. For example, telling the truth takes courage because we fear that we may get in trouble. Standing up to bullies takes courage. Wearing a ḥijāb around people who do not wear one takes courage. So how do we become courageous?

Well, Ḥaḍrat ‘Abbās (‘a) role in Karbala teaches us how to be courageous to do the right thing. Ḥaḍrat ‘Abbās (‘a) was known for his courage and his skill in the battlefield. But when he went to get water for Imām Ḥusayn’s (‘a) children, the Imām told him not to fight with the enemy. He could not engage in the sword fight that he was famous for. Despite not having a sword, Ḥaḍrat ‘Abbās (‘a) courageously went through the enemy towards the Euphrates river. Any direction he went, the enemy would flee from there. He knew that Allah’s help was with him as he was doing the right thing by following his Imām’s orders. With Allah’s help, he was able to cut through thousands of enemy soldiers to reach the water.

Allah reminds us of this in the Qur’ān when He says, *“If Allah is your helper, no one can overcome you.”*<sup>1</sup> Doing the right thing may not always be easy, but we must believe that if we are following Allah’s orders, He will give us the required courage and strength, and make us successful. Today, we are going to make a craft to remember all of the brave martyrs in Karbala, and how we can be like them.

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<sup>1</sup>Noble Qur’ān, 3:160

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## Shield Craft

**Suggested Ages:** 5+

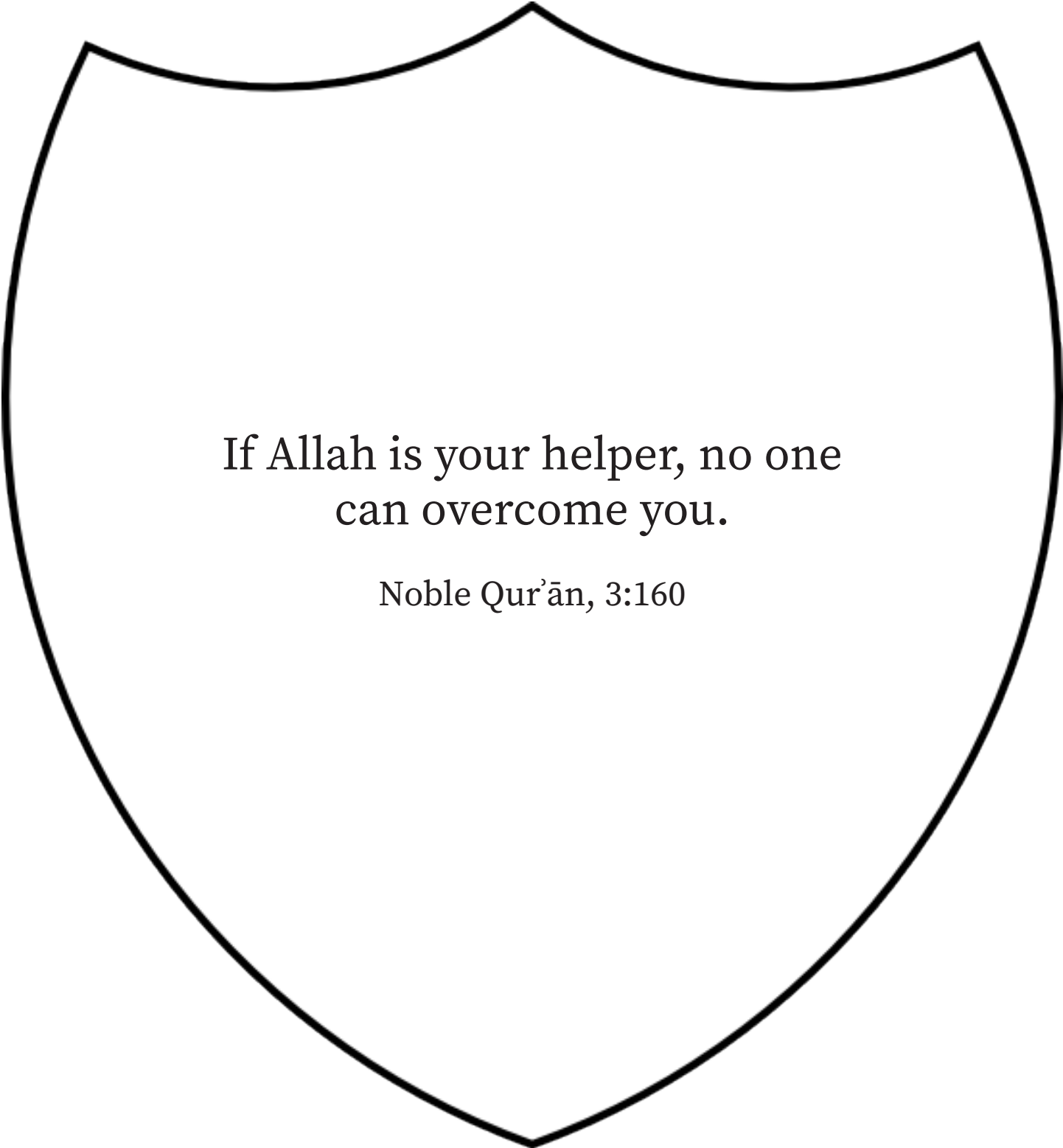
**Time:** 40 minutes

**Materials:**

- Shield template
- Blank paper
- Crayons/colored pencils
- Marker/pen

**Procedure:**

1. Color and decorate the shield image however you like.
2. Think about the brave and courageous martyrs in Karbala. Write their names on the shield.
3. Cut out the shield from the template.
4. From the blank paper, make a handle by cutting out a long strip.
5. Glue the handle to the back of the shield vertically. Your hand/arm should be able to fit through the handle to hold the shield up.



If Allah is your helper, no one  
can overcome you.

Noble Qur'ān, 3:160

# Lesson 10

## I Saw Nothing But Beauty

*"And do good. Surely, Allah loves those who do good."*

*Noble Qur'ān, 2:195*





# Lesson 10: I Saw Nothing But Beauty

**Objective:** Children will learn about Sayyidah Zaynab's (‘a) famous phrase and what to think in difficult situations.

What do people normally do when they face problems in their lives? They may think, “Why me?!” or, “Why would God do this to me?” When faced with a difficult situation, we often see people complain about it because it is easier to do. Although being patient and focusing on the positive in a difficult situation is hard, it is the right thing to do. In the story of Karbala, we can see and learn this lesson from Sayyidah Zaynab (‘a).

Think about all of the inexplicable pain and suffering Sayyidah Zaynab (‘a) went through in Karbala and afterward. Still, she showed her immense faith in Allah and His will in the palace of ibn Ziyad when she said, “I saw nothing but beauty,” about the event of Karbala.

When we face a tough situation, like if we or someone who we love gets hurt, and we feel upset, it is important to remember Sayyidah Zaynab's (‘a) words and her positive outlook. We should also try and do good deeds even in difficult situations, because Allah says in the Qur’ān, “*And do good. Surely, Allah loves those who do good.*”<sup>1</sup>

In order to be positive and do good, we should remind ourselves that Allah always has the best of plans for us and He would never put us in a situation we cannot handle. Allah says in the Qur’ān, “*Yet it may be that you dislike something, which is good for you, and it may be that you love something, which is bad for you, and Allah knows and you do not know.*”<sup>2</sup> When we put all our trust in Allah and His plans for us, we will see beauty even in hardship. Today we are going to make a set of binoculars that will help remind us to see the positive in difficult situations and to trust in Allah.

<sup>1</sup>Noble Qur’ān, 2:195

<sup>2</sup>Noble Qur’ān, 2:216

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## Positivity Binoculars

**Suggested Ages:** 5+

**Time:** 40 minutes

**Materials:**

- Binoculars template
- Empty paper towel roll (or two smaller rolls)
- Crayons/colored pencils
- Scissors
- Glue/tape

**Procedure:**

1. Color and decorate the box on the template however you like.
2. Cut out the box.
3. Carefully cut the empty paper towel roll in half (or use 2 smaller ones).
4. Attach the rolls together using tape.
5. Glue or tape the box with the saying to the top of the binoculars.
6. Finish decorating the binoculars however you like.
7. Get creative! You can use other materials, and even attach a string so that the binoculars can go around your neck.

I saw nothing but beauty.

Sayyidah Zaynab (‘a)



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