

I Saw Nothing But Beauty

"And do good. Surely, Allah loves those who do good."

Noble Qur'ān, 2:195



Lesson 10: I Saw Nothing But Beauty

Objective: Children will learn about Sayyidah Zaynab's (‘a) famous phrase and what to think in difficult situations.

What do people normally do when they face problems in their lives? They may think, “Why me?!” or, “Why would God do this to me?” When faced with a difficult situation, we often see people complain about it because it is easier to do. Although being patient and focusing on the positive in a difficult situation is hard, it is the right thing to do. In the story of Karbala, we can see and learn this lesson from Sayyidah Zaynab (‘a).

Think about all of the inexplicable pain and suffering Sayyidah Zaynab (‘a) went through in Karbala and afterward. Still, she showed her immense faith in Allah and His will in the palace of ibn Ziyad when she said, “I saw nothing but beauty,” about the event of Karbala.

When we face a tough situation, like if we or someone who we love gets hurt, and we feel upset, it is important to remember Sayyidah Zaynab's (‘a) words and her positive outlook. We should also try and do good deeds even in difficult situations, because Allah says in the Qur’ān, “*And do good. Surely, Allah loves those who do good.*”¹

In order to be positive and do good, we should remind ourselves that Allah always has the best of plans for us and He would never put us in a situation we cannot handle. Allah says in the Qur’ān, “*Yet it may be that you dislike something, which is good for you, and it may be that you love something, which is bad for you, and Allah knows and you do not know.*”² When we put all our trust in Allah and His plans for us, we will see beauty even in hardship. Today we are going to make a set of binoculars that will help remind us to see the positive in difficult situations and to trust in Allah.

¹Noble Qur’ān, 2:195

²Noble Qur’ān, 2:216

Positivity Binoculars

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Binoculars template
- Empty paper towel roll (or two smaller rolls)
- Crayons/colored pencils
- Scissors
- Glue/tape

Procedure:

1. Color and decorate the box on the template however you like.
2. Cut out the box.
3. Carefully cut the empty paper towel roll in half (or use 2 smaller ones).
4. Attach the rolls together using tape.
5. Glue or tape the box with the saying to the top of the binoculars.
6. Finish decorating the binoculars however you like.
7. Get creative! You can use other materials, and even attach a string so that the binoculars can go around your neck.

I saw nothing but beauty.

Sayyidah Zaynab (‘a)