Being Gourageous

"If Allah is your helper, no one can overcome you." Noble Qur'ān, 3:160



Lesson 9: Being Courageous

Objective: Children will learn about how to be courageous like Hadrat 'Abbās ('a).

We know that doing good deeds is the right thing to do, but sometimes, doing those good deeds requires courage. For example, telling the truth takes courage because we fear that we may get in trouble. Standing up to bullies takes courage. Wearing a hijāb around people who do not wear one takes courage. So how do we become courageous?

Well, Ḥaḍrat ʿAbbās' (ʻa) role in Karbala teaches us how to be courageous to do the right thing. Ḥaḍrat ʿAbbās (ʻa) was known for his courage and his skill in the battlefield. But when he went to get water for Imām Ḥusayn's (ʻa) children, the Imām told him not to fight with the enemy. He could not engage in the sword fight that he was famous for. Despite not having a sword, Ḥaḍrat ʿAbbās (ʻa) courageously went through the enemy towards the Euphrates river. Any direction he went, the enemy would flee from there. He knew that Allah's help was with him as he was doing the right thing by following his Imām's orders. With Allah's help, he was able to cut through thousands of enemy soldiers to reach the water.

Allah reminds us of this in the Qur'ān when He says, "If Allah is your helper, no one can overcome you." Doing the right thing may not always be easy, but we must believe that if we are following Allah's orders, He will give us the required courage and strength, and make us successful. Today, we are going to make a craft to remember all of the brave martyrs in Karbala, and how we can be like them.

1Noble Qur'ān, 3:160

Shield Craft

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Shield template
- Blank paper
- Crayons/colored pencils
- Marker/pen

Procedure:

- 1. Color and decorate the shield image however you like.
- 2. Think about the brave and courageous martyrs in Karbala. Write their names on the shield.
- 3. Cut out the shield from the template.
- 4. From the blank paper, make a handle by cutting out a long strip.
- 5. Glue the handle to the back of the shield vertically. Your hand/arm should be able to fit through the handle to hold the shield up.

