

# World Health Organization Suicide Trends

Mental health is about more than just mental illness. Everything from your age or gender, to the amount of sunlight in a day has been shown to affect your mental state.

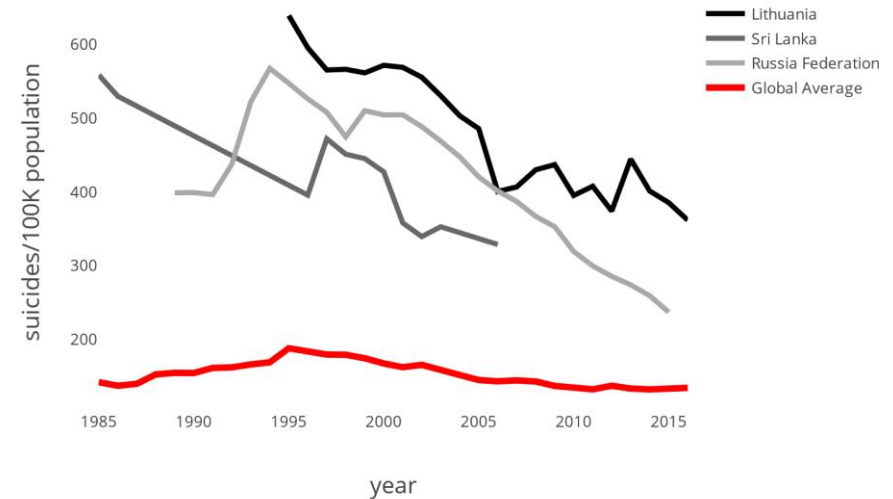
The World Health Organization (WHO) reports suicide as one of the global leading causes of death. Here we show a brief analysis of the suicide rate data collected by the WHO. **It is important to note** that this data is limited by a country's willingness to report. For example, Sri Lanka stopped reporting in 2006 and a number of countries did not report in 2016.

## Where are the most suicides committed annually?



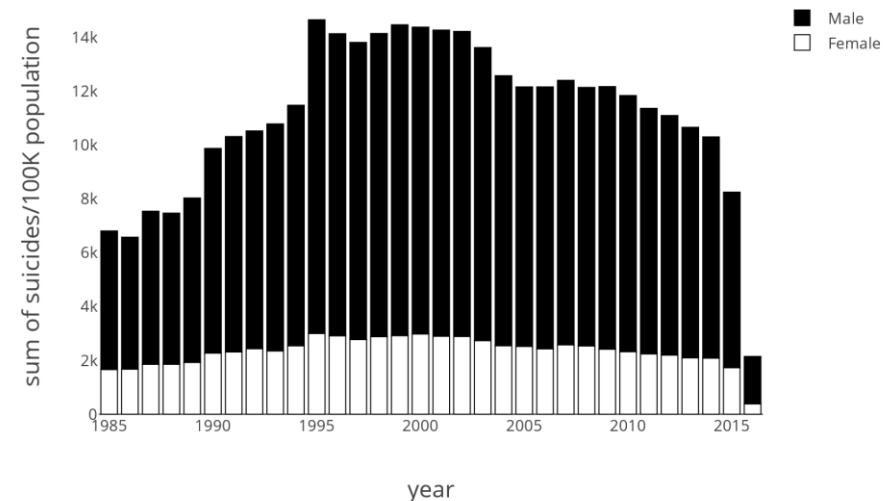
Annually the top 3 countries where the most suicides are committed are: Lithuania, Sri Lanka, and the Russia Federation. In the Russia Federation, for example, ~418 individuals per every 100 000 of the population commit suicide annually.

## How are the suicide trends changing over time?



The 3 countries with the highest annual suicide rates are shown. Overall the rates are decreasing but remain significantly above the global average.

## Is there a difference between the sexes and their suicide rates?



Overall, males commit suicide in larger numbers than females.