Nuristan Province

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COLLEGE OF AGRICULTURAL
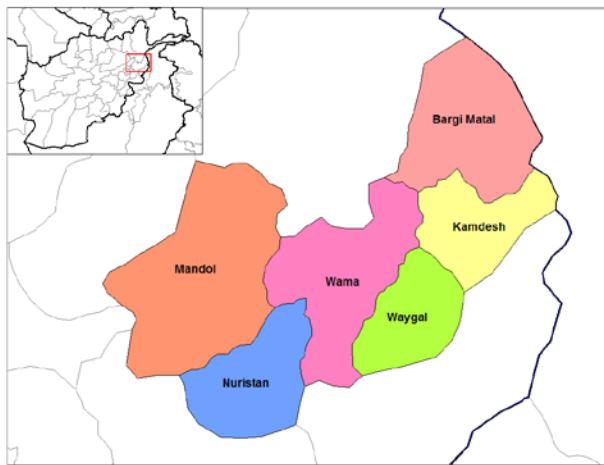& ENVIRONMENTAL SCIENCES

info sheet

About Nuristan

Nuristan is located on the eastern side of Afghanistan and is the third least populated province. Nuristan is also one of the most impassable regions. Most of the province is mountainous (99%), while just 1% is made up of flat land towards the Kabul River Basin. Nuristan has a total population of 130,964 people (2008 census).

Nuristan Districts: Agricultural Characteristics

Nuristan has 6 districts: Nuristan, Waygal, Wama, Mandol, Kamdesh, and Bargi Matal.

Crops and livestock are the main source of income for households in Nuristan (88%). The agriculture sector suffers due to the lack of sufficient technology and infrastructure for water and irrigation systems. Farmers produce cheese, butter, and milk and also export goats and cows to other provinces in the country.

Main Agricultural Crops

Fruit and Nuts	Grape, Mulberry
	Pomegranate
	Almond, Walnut
Grains	Wheat, Maize, Beans
Vegetables	Potato, Onion, Tomato
Industrial	Tobacco

Important Exports

Grape, Animals, Animal Products

Possible Opportunities for Agriculture Improvement

Agriculture is mainly based on crops like maize, wheat, beans, walnuts, mulberries, potatoes, and animal products like eggs, milk, cheese, yogurt, butter, and wool. Handicrafts and small industries include rug and honey production. Irrigation system improvement, financial services for farmers (credit), animal breeding, veterinary services, value adding (product processing), and post-harvest technology are some potential areas for development.

Prepared by Mark Bell and Hussain Sharifi 2011