

# Double Dig Lasagna Gardening

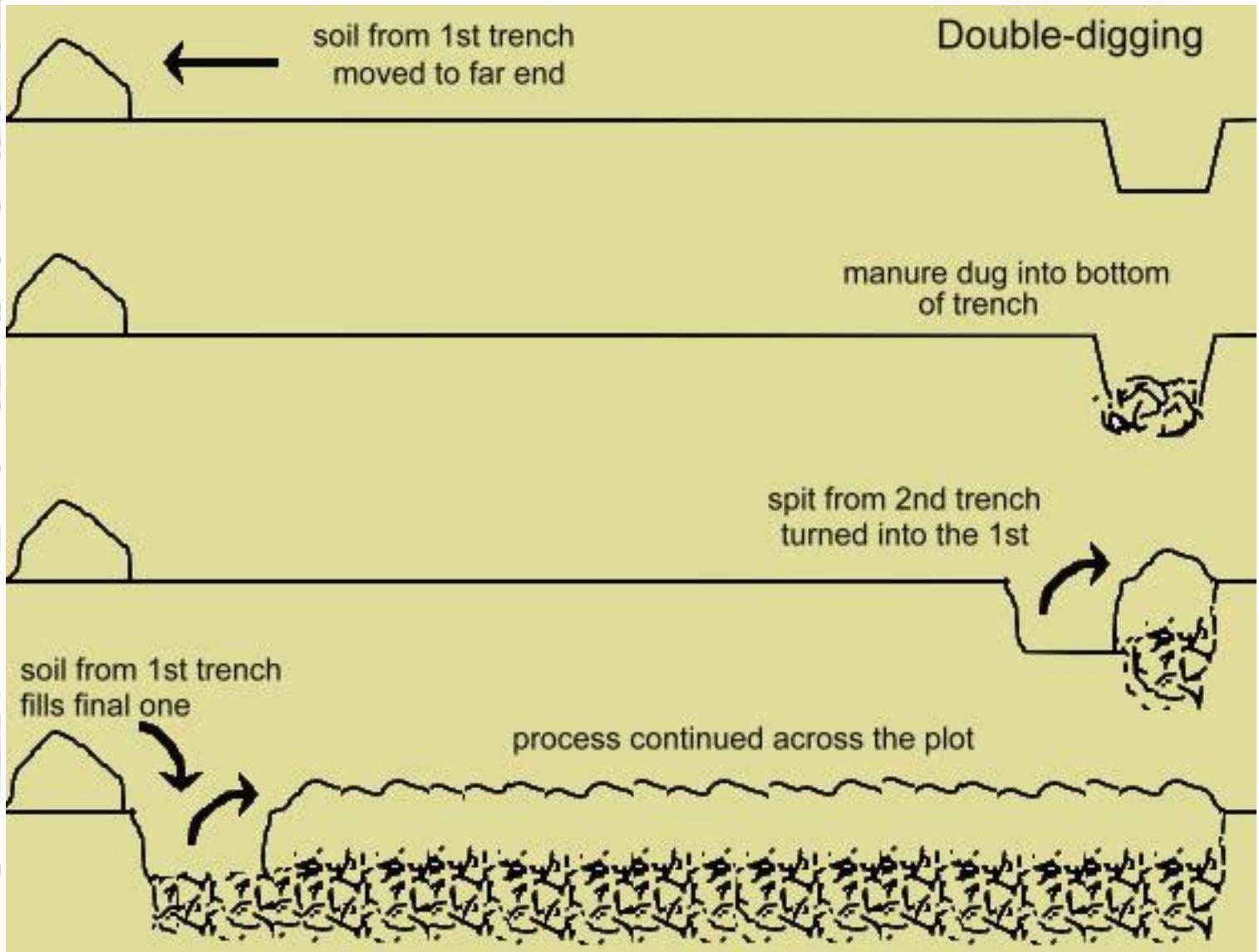
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# Double Dig 101

- 1. Dig a trench one shovel-length deep (nine or ten inches) and the length of your planting area.
- 2. Pile the soil in a wheelbarrow. (ours piled in front of first trench, although wheelbarrow makes it easier to transport to last trench at end of double dig.)
- 3. Loosen the soil at the bottom of the trench another nine to ten inches. (Spading fork works great for this)
- 4. Add organic material, such as compost, and any necessary soil amendments. Using a spading fork, thoroughly mix them into the subsoil.



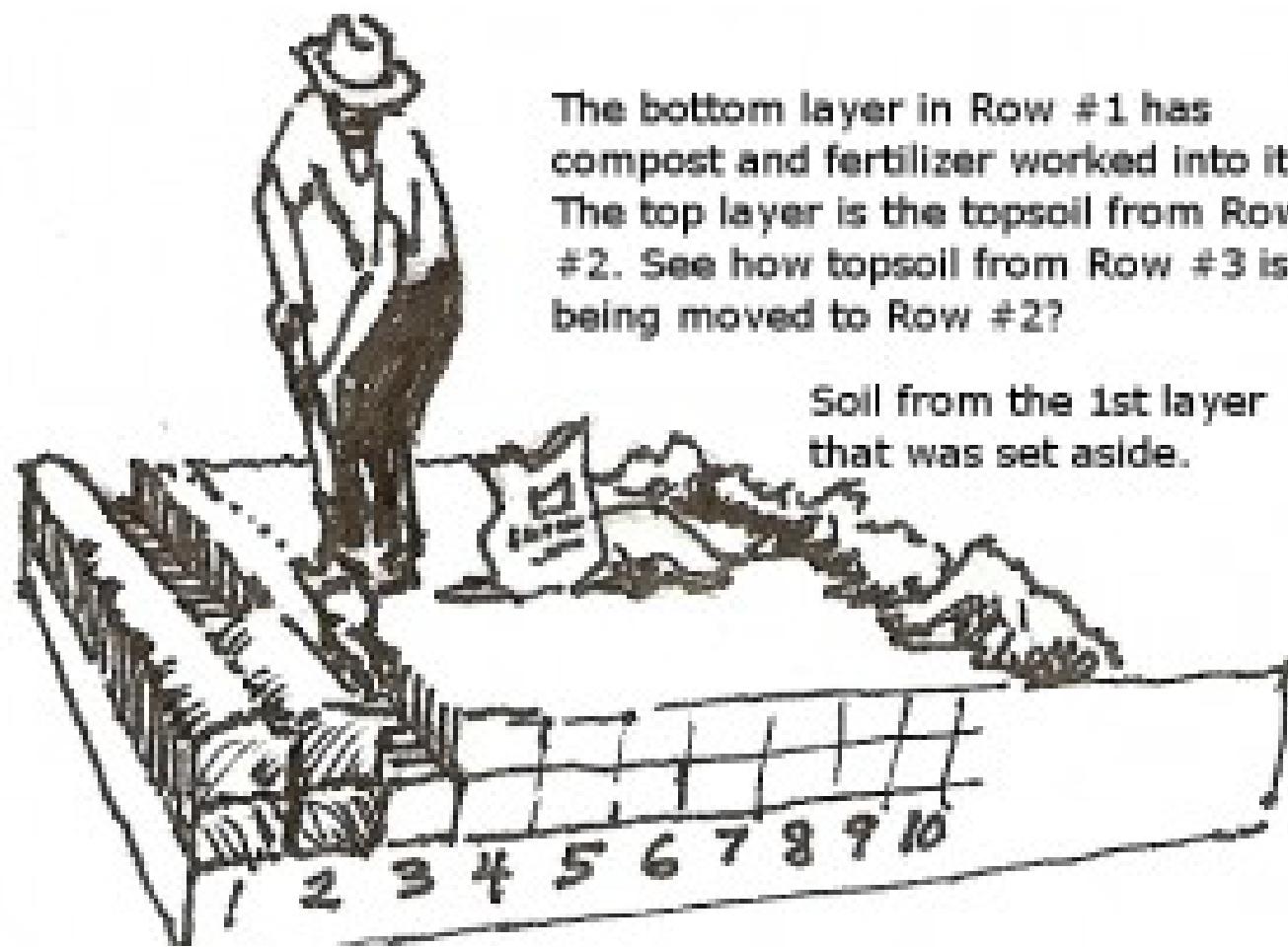


- 5. Dig a second trench parallel to the first and repeat **steps 2** and 3.
- 6. Use the topsoil from the second trench to fill the first one, adding more organic matter and mixing it in.
- 7. Repeat the procedure until you've dug, enriched and amended the entire planting area.
- 8. Fill the last trench with the topsoil you put in the wheelbarrow when you dug the first trench, enriching it with organic matter as you did before.

Visit the Grow Biointensive Website for more information and to order John Jeavon's books at: <http://www.growbiointensive.org>



<http://www.growbiointensive.org/PDF/FarmersHandbook.pdf>



The bottom layer in Row #1 has compost and fertilizer worked into it. The top layer is the topsoil from Row #2. See how topsoil from Row #3 is being moved to Row #2?

Soil from the 1st layer  
that was set aside.

# "Double digging" A Bed



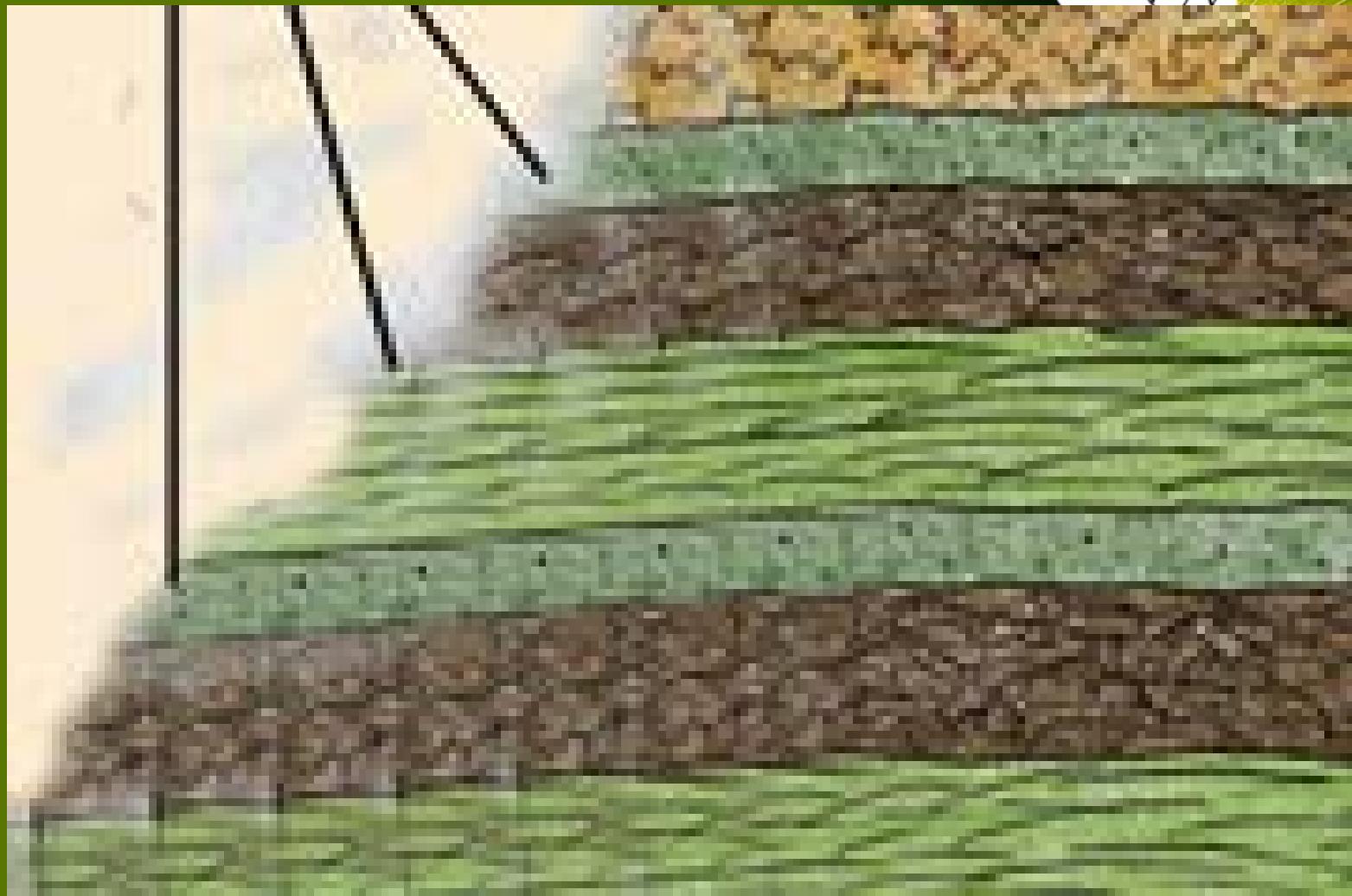
PLANT KEY:

1. LOPHOSTOMA
2. ALAHITONIA
3. ARACARIA
4. ALLOCH



## Lasagna Gardening

<http://thatllofarm.com/blog/starting-a-lasagna-garden>



Fence Posts

PLANT  
1. LO  
2.



## **Final Layer: Compost or Manure**

**\*Repeat layers 2-5 until Garden is 2-feet deep\***

### **Layer 5: "Greens"**

### **Layer 4: "Browns"**

### **Layer 3: Organic "Greens":- ex: vegetable scraps, garden trimmings, and grass clippings.**

### **Layer 2: Organic "Browns" - ex: Fall leaves, shredded newspaper, peat, and pine needles.**

### **Layer 1: Corrugated Cardboard or Newspaper**

