

## **Unit A:** Development of Leadership

### **Lesson 2:** The Stages of Development

#### **Student Learning Objectives:**

Instruction in this lesson should result in students achieving the following objectives:

1. Describe the four stages of development.
2. Identify components of the four stages.

**Recommended Teaching Time:** 1 hour

#### **List of Equipment, Tools, Supplies, and Facilities:**

- Writing surface
- PowerPoint Projector
- PowerPoint Slides
- Transparency Masters
- Copies of student worksheets

## **Interest Approach:**

Create student curiosity by conducting a “brain-teaser” activity that challenges students to figure out the sequence of four letters, “m, w, d, and s.” The four letters stand for the four stages of development: me, we, do, and serve. However, do not reveal what the letters stand for just yet. Allow time for students to wonder out loud. Place the four letters –D, M, S, and W—on the writing surface. Present the following instructions.

**Script for Teacher:** *Here, you will notice four letters. They are a part of a secret code, and you have been called in to crack the code. Your challenge is to work as an entire class to put the letters in the correct order. Each time you have presented your guess, I will tell you how many out of four you have correct. Your prior guesses will remain up front with the number correct so that you can make more educated guesses. We will continue guessing until the four letters are in the correct order and the code has been cracked. Good luck, and you may begin!*

As students make their guesses, have a representative of the class come to the front to record their guesses. After each guess, tell them how many are correct and write it next to their guess. Leave their codes on the writing surface, so the students can make more logical guesses. The correct order of the four letters: M, W, D, and S. These stand for Me, We, Do, and Serve.

**Script for Teacher:** *Excellent code breaking! You have definitely saved the day! You are probably wondering why the correct order is M, W, D, and then S. We are going to find out in today’s lesson as we explore the four stages of development.*

**Alternative Method:** Divide into small groups and have groups compete to see who can crack the code in the least amount of guesses.

**Script for Teacher:** *For what could the letters from the code stand? What do you think these four little words have to do with today’s lesson on the Stages of Development? Do you think there is a definite order to the four stages or can they happen in any order? Why?*

Transition into the overall goal of today’s lesson and set the context.

**Script for Teacher:** *Today, we are going to discover how we grow and develop as people. It really is an awesome thing—to experience personal development. To accomplish our mission of learning the four stages of development, we will need to be at our best. Let’s stay focused and have the desire to participate.*

# SUMMARY OF CONTENT AND TEACHING STRATEGIES

**Objective 1:** Describe the four stages of development.

*Anticipated Problem:* What are the four stages of development?

Distribute one piece of colored paper to each student. Markers or other colored writing instruments are optional. Demonstrate the following directions to the students on the writing surface. Instruct students to turn their paper lengthwise (landscape) and draw four rectangular boxes, which do not touch one another. Between each box, they are to draw an arrow. The boxes and arrows will create a flow chart that is read from left to right. The notes from TM: 2-1 (PowerPoint Slide 2) should be written in the four boxes. The first box will contain the notes for Me, the second box is for We, and so on.

*Write the heading at the top of the paper.*

## I. The Four Stages of Development

*Place in first box.*

A. ME—the focus is on developing personal skills and abilities.

*Place in second box.*

B. WE—the focus is on developing relationships with others.

*Place in third box.*

C. DO—the focus is on putting one's vision into action.

*Place in fourth box.*

D. SERVE—the focus is on growing and serving others.

In each box, have students draw a small picture or icon which represents that stage of development and which will help them to remember it. Transition into objective two.

**Script for Teacher:** Now, let's take a look at how we can grow in each of these four stages of development.

## **Objective 2:** Identify components of the four stages.

*Anticipated Problem:* What are the components of the four stages?

**Have the students capture the notes for objective two in their notebooks. Use TM: 2-2 (PowerPoint Slides 3, 4, 5, and 6). To save time and reduce note taking, distribute a copy of the transparency to each student.**

**Script for Teacher:** *We're going to look at each of these stages a bit further. The question we are asking is: "What types of activities can further our development in each stage?"*

### II. How we can develop in each stage

#### A. ME

1. Examine your values, beliefs, talents, attitudes, and interests
2. Define your personal vision and set goals
3. Take risks
4. Make sound decisions
5. Prepare for career success

#### B. WE

1. Build and maintain strong relationships
2. Meet new people
3. Build trust with others
4. Work in teams
5. Celebrate diversity

#### C. DO

1. Communicate your vision and goals to others
2. Listen to other's ideas
3. Prepare and plan
4. Solve problems
5. Evaluate your success

#### D. SERVE

1. Grow and develop others
2. Serve others and your community

**Have students star the one area in each stage in which they are the best.**

**Students should end up starring four numbered items.**

**Script for Teacher:** *Now, let's reflect on our talents. Star the one area in each stage of development in which you feel you are the best. For example, if I were really good at meeting people, then I would star number two under WE. Be sure to star one in each stage, so that when you finish, you should have four stars.*

**Discuss with the students why the stages are in the order they are in. A major idea of this lesson is for students to realize that development starts with ME. We cannot hope to impact others or our communities if we don't first examine and**

**work on developing ourselves. This idea is critical to understanding leadership and personal development.**

**Review/Summary:** Use the student learning objectives on PowerPoint Slide 7 to summarize the lesson. Have students explain the content associated with each objective. Student responses can be used in determining which objectives need to be reviewed or taught from a different angle.

Script for Teacher: *What is the first stage of development? The fourth? The second? The third? Name one thing you could do to grow in stage one? Stage two? Stage three? Stage four?*

**Application:** Have the students perform short skits that demonstrate the four stages of development. Give each group a specific setting for their skit and have them develop around that setting.

**Evaluation:** Evaluation should focus on student achievement of the objectives for the lesson. A sample written test is included.

## **Answers to Sample Test:**

### *Short Answer*

1. Me
2. Serve
3. We
4. Do

### *Essay*

5. Answer should mention that until we know and understand ourselves, we cannot work with or impact others.
6. Should have two answers for each of the four stages. Possible responses include:
  - A. ME
    1. Examine your values, beliefs, talents, attitudes, and interests
    2. Define your personal vision and set goals
    3. Take risks
    4. Make sound decisions
    5. Prepare for career success
  - B. WE
    1. Build and maintain strong relationships
    2. Meet new people
    3. Build trust with others
    4. Work in teams
    5. Celebrate diversity
  - C. DO
    1. Communicate your vision and goals to others
    2. Listen to other's ideas
    3. Prepare and plan
    4. Solve problems
    5. Evaluate your success
  - D. SERVE
    1. Grow and develop others
    2. Serve others and your community

## The Stages of Development

Name: \_\_\_\_\_

**Short Answer:** Write the correct stage of development in the blank.

- \_\_\_\_\_ 1. The focus is on developing personal skills and abilities.
- \_\_\_\_\_ 2. The focus is on growing others.
- \_\_\_\_\_ 3. The focus is on developing relationships with others.
- \_\_\_\_\_ 4. The focus is on putting one's vision into action.

**Essay:** Answer completely, using correct grammar and spelling.

- 5. Why are the stages in the order in which they are?
  
  
  
  
  
  
  
  
- 6. List two ways to develop for each of the four stages. Your list will have eight items. You may answer in list form.

## **THE FOUR STAGES OF DEVELOPMENT**

- I. The Four Stages of Development
  - A. ME—the focus is on developing personal skills and abilities.
  - B. WE—the focus is on developing relationships with others.
  - C. DO—the focus is on putting one's vision into action.
  - D. SERVE—the focus is on serving and growing others.

## HOW WE CAN DEVELOP IN EACH STAGE

### ❖ ME

- Examine your values, beliefs, talents, attitudes, and interests
- Define your personal vision and set goals
- Take risks
- Make sound decisions
- Prepare for career success

### ❖ WE

- Build and maintain strong relationships
- Meet new people
- Build trust with others
- Work in teams
- Celebrate diversity

### ❖ DO

- Communicate your vision and goals to others
- Listen to the ideas of others
- Prepare and plan
- Solve problems
- Evaluate your success

### ❖ SERVE

- Grow and develop others
- Serve others and your community