A wide-angle photograph of the Hindu Kush mountain range. The mountains are rugged with deep valleys and patches of snow on their peaks. The foreground shows a dry, brown landscape with some sparse vegetation. The sky is a clear, pale blue.

Introduction to Watershed Conservation

Kabul, 2009

Watershed Overview

Water and Soil – *It is important!*

What happens in our watershed affects our water and affects our soil.

Water

It is very important to our lives

Sometimes we do not have enough

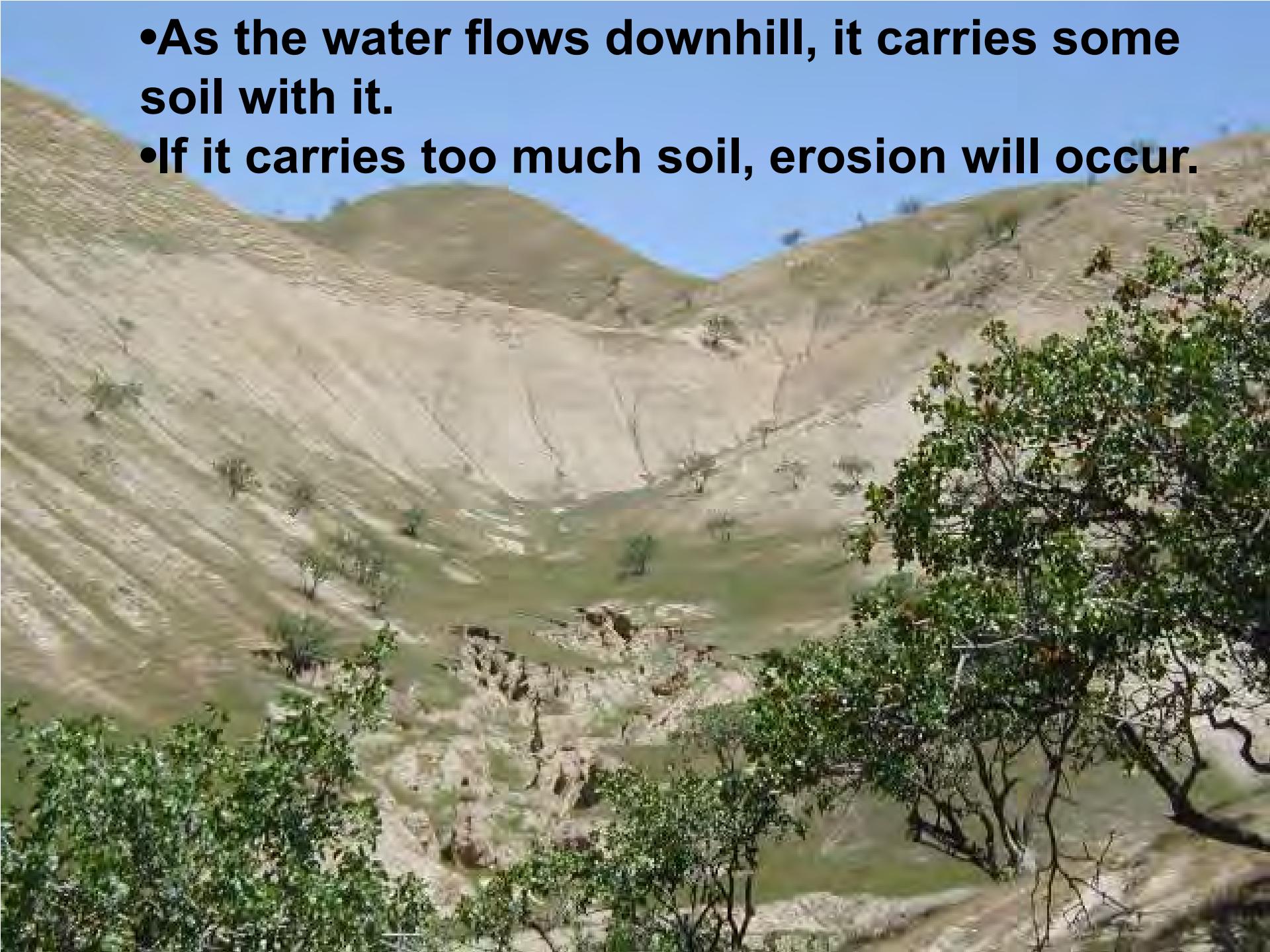
Sometimes we have too much



As snow melts at the tops of the mountains or rain falls on the land, the water both soaks into the ground as well as flows over the ground and then down into the rivers and streams.

- The water is used by plants, by livestock, and by people.
- Eventually it finds its way to a lake, a wetland or the ocean.
- Water is returned to the clouds from plants, and from lakes and wetlands.

- As the water flows downhill, it carries some soil with it.
- If it carries too much soil, erosion will occur.



Soil

When soil is gone, it is gone

Too much erosion and the plants will not grow



- It is also very important to important to our lives.
- Plants need soil.
- Live stock and people eat plants.

Erosion can also threaten:

- Buildings
- Bridges
- Roads
- Agriculture
- Water Supply
- Ecology
- Others?



Erosion can be good or bad

Natural Erosion

- Caused by rain, wind and flow action of rivers and streams
- Gradual
- Can be often be **managed** unless a large storm has occurred



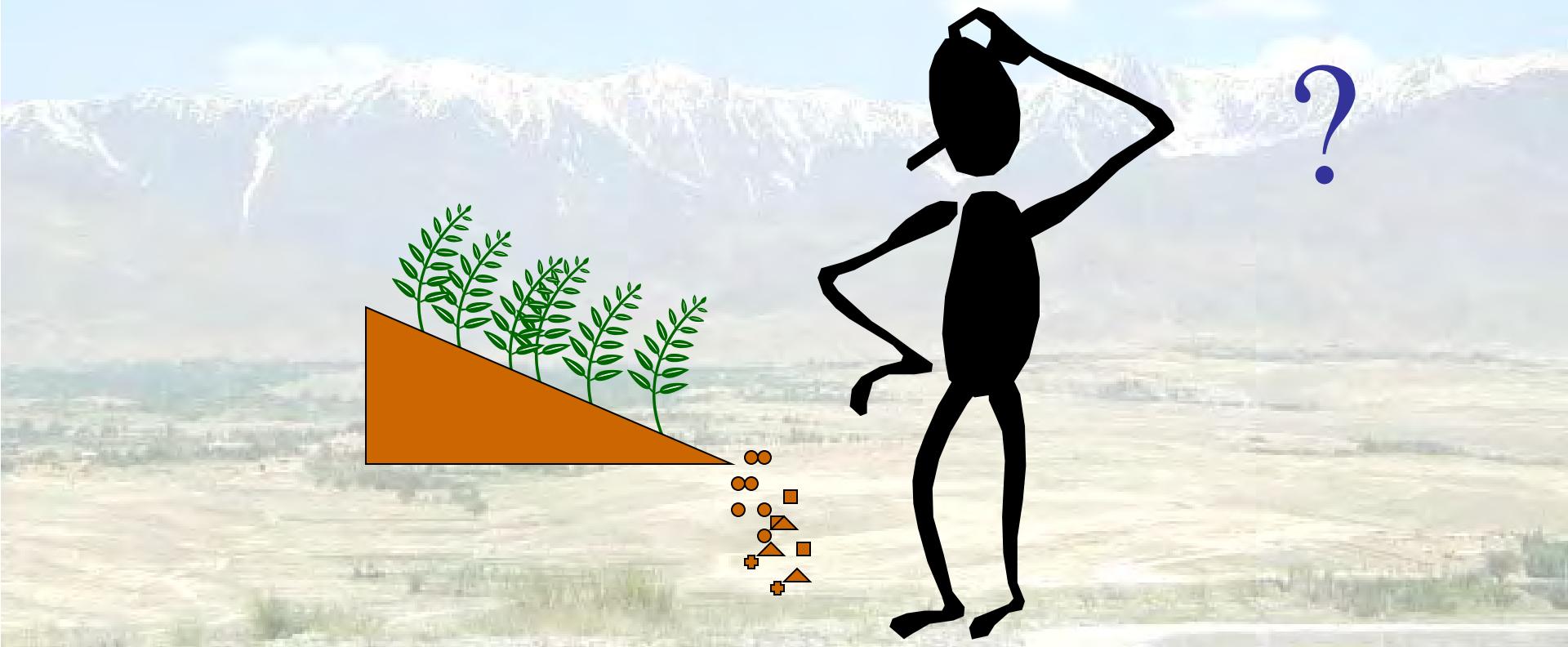
Man-Made Erosion

- Caused by overgrazing, poor farming practices, fire, construction activities, etc
- More damaging than natural erosion
- Puts the watershed out of balance
- May need **rehabilitation techniques**

We need to use the right management practices and the right rehabilitation techniques in the correct locations.

We need to know what sort of management strategies work best in what parts of the watershed.

We need to be able to select appropriate rehabilitation treatments when management alone is not sufficient.



To accomplish this, we need to:

- Be able to assess the condition of the watershed.
- Understand how the parts of a watershed should behave naturally.
- Understand what suitable goals are for each watershed.
- Understand the sort of management practices and rehabilitation treatments that may be appropriate



And

We need to realize that any management practices or rehabilitation treatment has to be acceptable to those who use the land

There can be many problems in a watershed



Problems:

- A lack of trees and grasses
- Too much soil erosion
- Not enough water
- Water is of bad quality

These problems can affect people and the environment

PROBLEM

There is a lack
of trees and
grasses



Effect

- Grazing is limited
- More erosion

There is too
much soil
erosion



- Plants do not grow
- Water quality affected

There is not
enough water



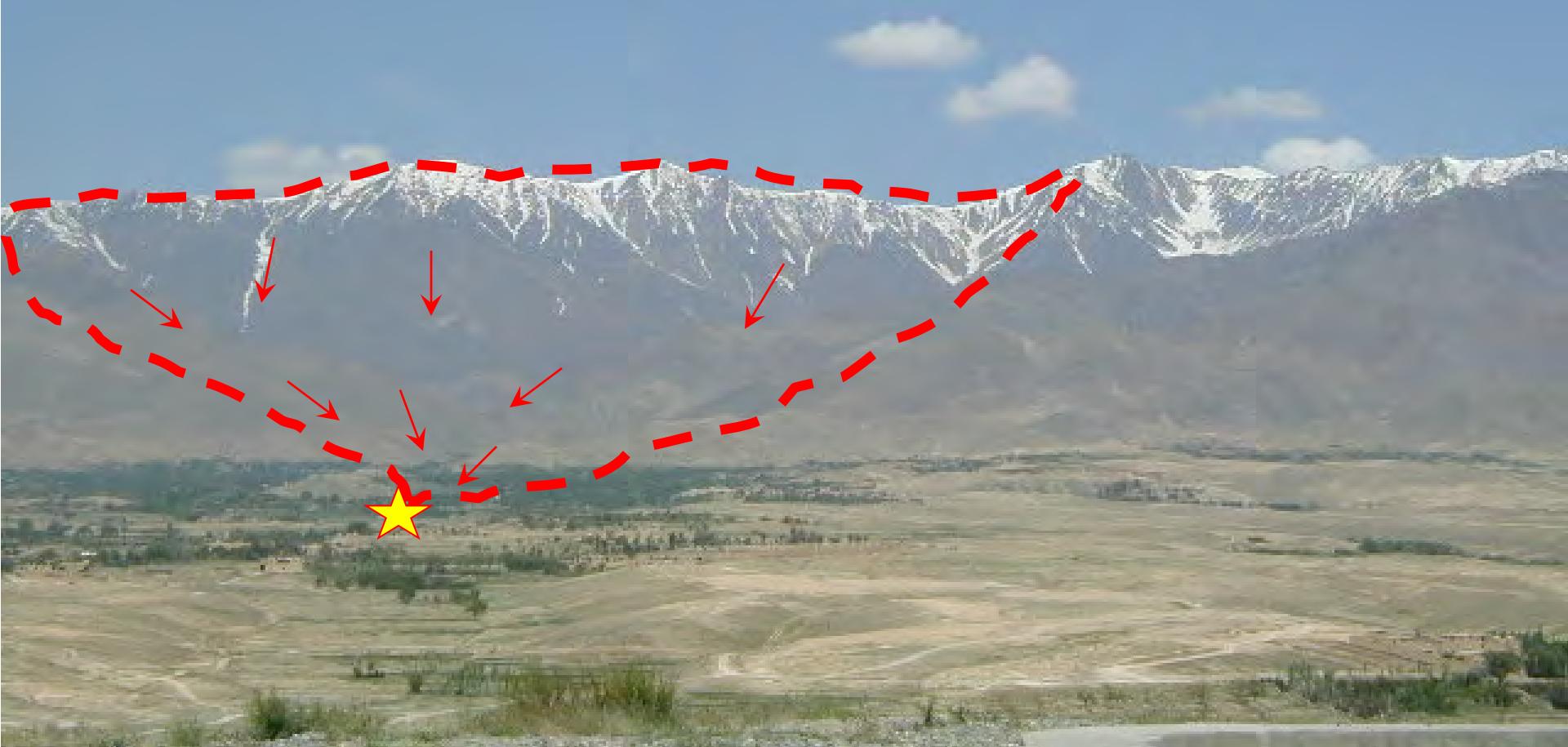
- It is hard to irrigate
- Hard to provide water for livestock

The water is of
bad quality

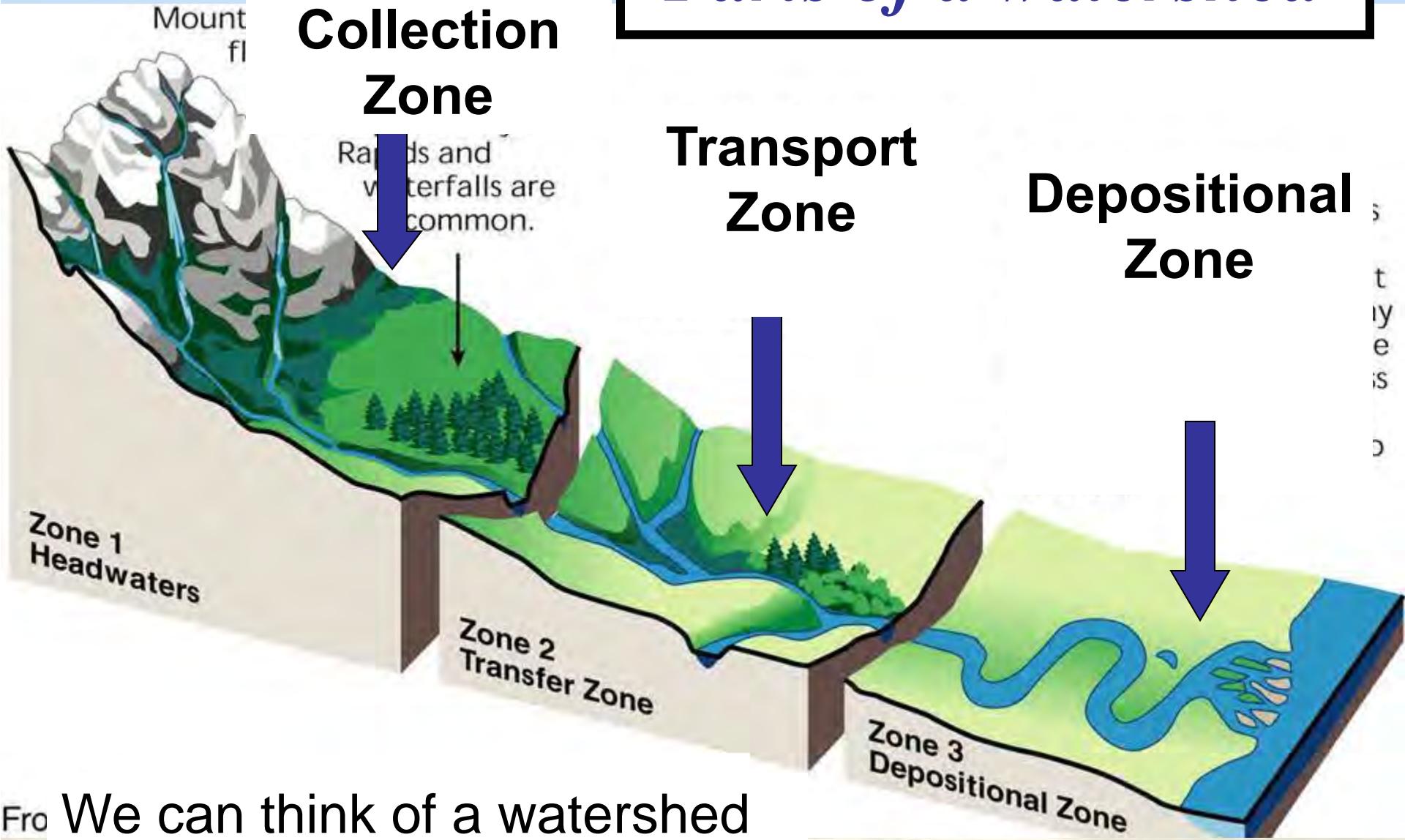


- Drip irrigation can not be done
- People become sick

The land that drains water to a point is called the **watershed** of that point. It is connected to the area above it.



Parts of a watershed



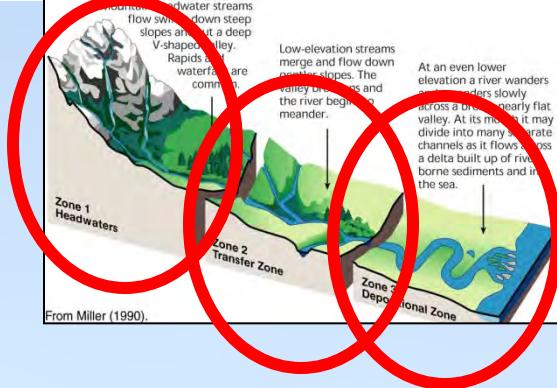
We can think of a watershed as three parts



The collection zone or headwaters is at the top of the watershed.



The transfer zone is in the middle of the watershed.

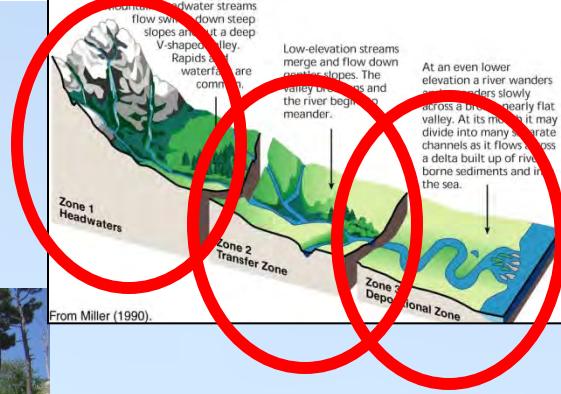


The deposition zone is at the end of the watershed.



Each zone has a different behavior

This is where the water is collected for the rest of the watershed. It has the steepest slope and the thinnest layer of good soil.



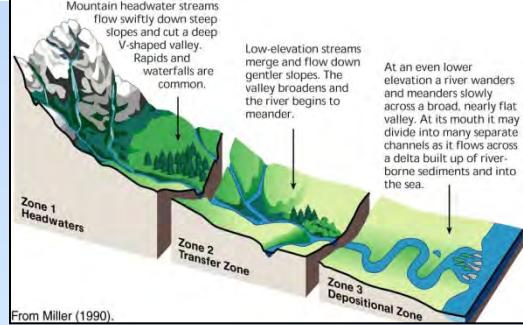
Water and eroded sediment moves through this area



Water and sediment stops here. It has the flattest slope and the thickest layer of good soil.



Each zone has a different strategy



Collection Zone



- Keep the soil where it is and encourage infiltration

Transport Zone



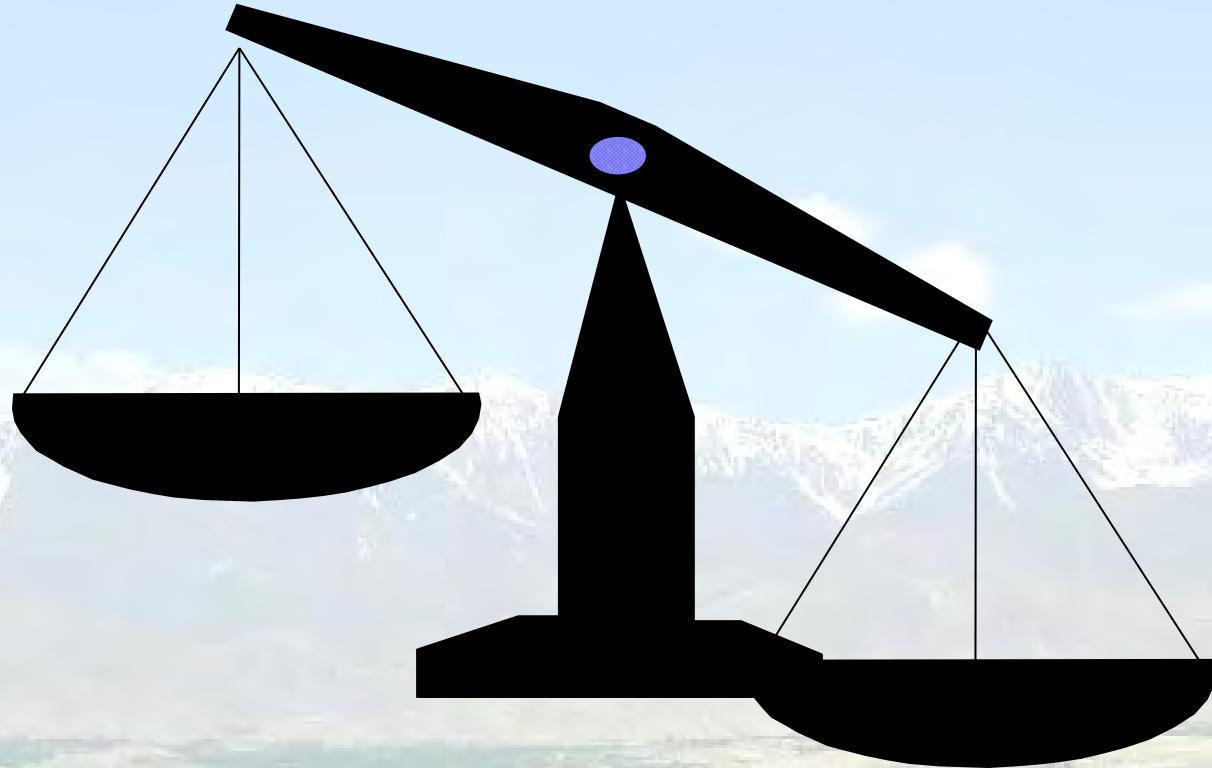
- Let the water and sediment flow through
- Protect and strengthen the banks

Deposition Zone



- Keep the soil from being blown away by the wind
- Keep too much sediment from being deposited
- Manage and use

If the strategy is not being met in one zone, it may affect a lower zone.



A problem in an upper zone can cause the entire watershed to become out of balance

For example: loss of vegetation in the collection zone may affect the amount of water and its quality in the deposition zone



Even within the zone, it may become out of balance



- Overgrazing in the collection zone causes lack of vegetation
- Lack of vegetation causes soil erosion and loss of good soil
- Loss of good soil reduces the vegetation
- Lack of vegetation may encourage the herder to overgraze what is left

- A watershed is like a chain
- Each link is important
- If one link is broken, there will be problems for the entire chain





Trees, shrubs, forbs, grasses and wetland plants are very important in protecting the watershed.

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The End