

# Unit B: Qualities of a Good Leader

## Lesson 2: Defining Core Values

# Values

- Things we believe in strongly. Things we don't compromise or change.
  - shaped at an early age
  - Parents, teachers, friends, religious leaders, and heroes help shape our values.
  - can change over time in response to changing life experiences

# Values Clarification

Doesn't state what values should be, only provides help to discover what they are.

- Values must be chosen freely
  - from alternatives
  - after thoughtful consideration of each alternative
- Values must be cherished
  - being happy with the choice
  - willing to affirm the choice publicly
- Values must be acted upon
  - doing something with the choice
  - repeating the choice consistently

# Strength of our values

Finish each of the statements:

- I would prefer to keep to myself that...
- I will share only with my friends that...
- I would quietly take a position in favor of...
- I would argue strongly in favor of...
- I would be willing to physically fight for...

# Review/Summary

1. Define core values.
2. Identify personal values.
3. Identify the benefits of living by personal values.