

IN4MATX 133: User Interface Software

Lecture 20:
Wrap-Up

Professor Daniel A. Epstein
TA Goda Addanki
TA Seolha Lee

Today's goals

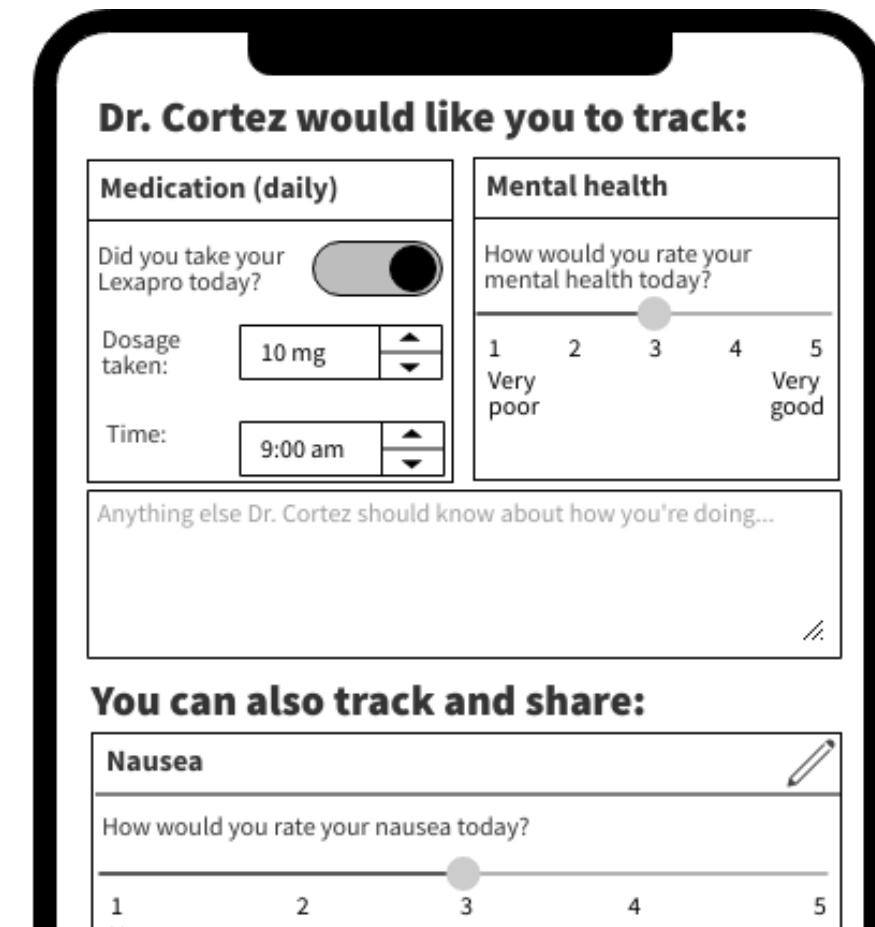
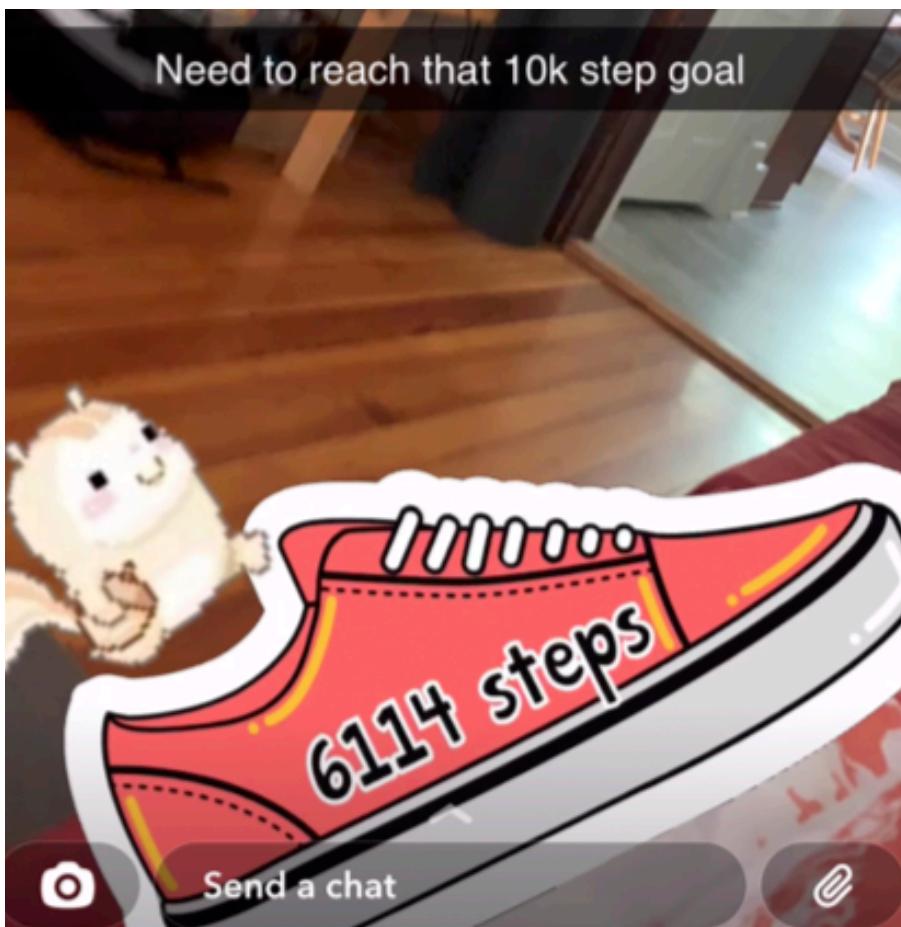
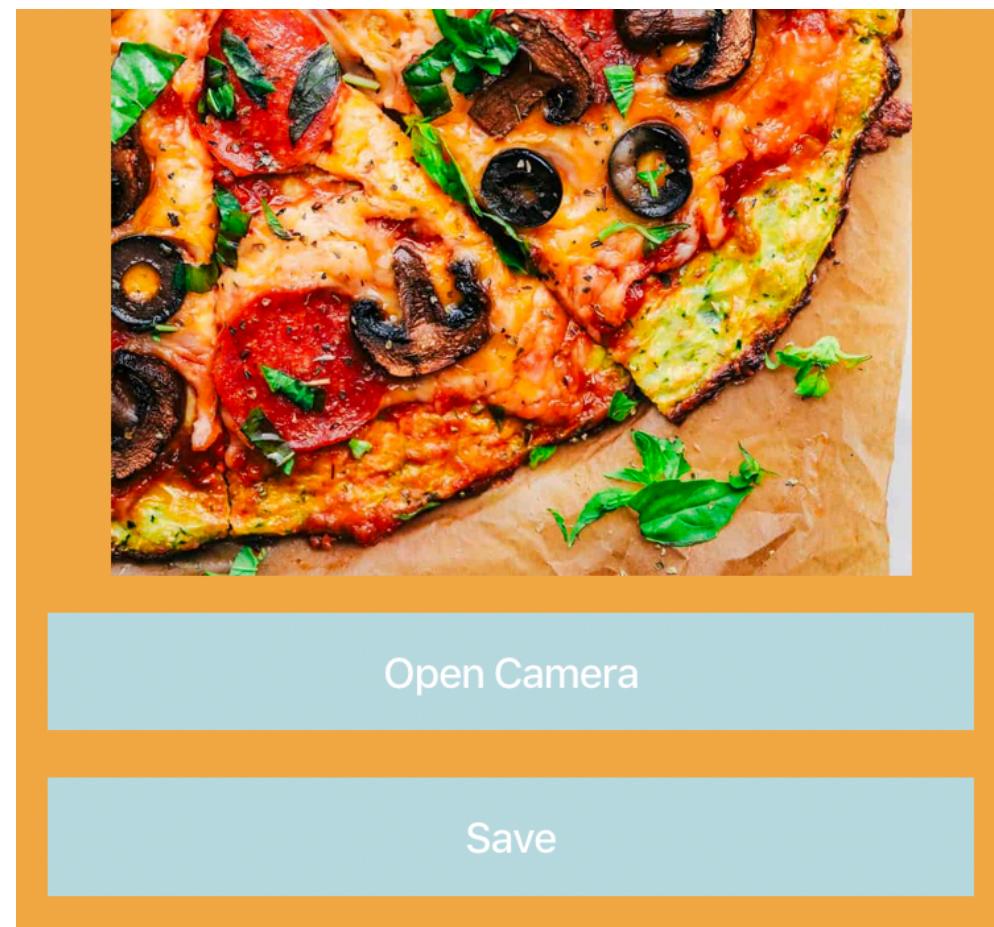
By the end of today, you should be able to...

- Describe how concepts from IN4MATX 133 can integrate into research and practice
- Summarize what you learned in IN4MATX 133
- Describe the relevance of the topics to different disciplines in industry
- Fill out the course evaluation!

Putting 133 concepts to use

- How can 133 concepts be used in research and practice?

Putting 133 concepts to use

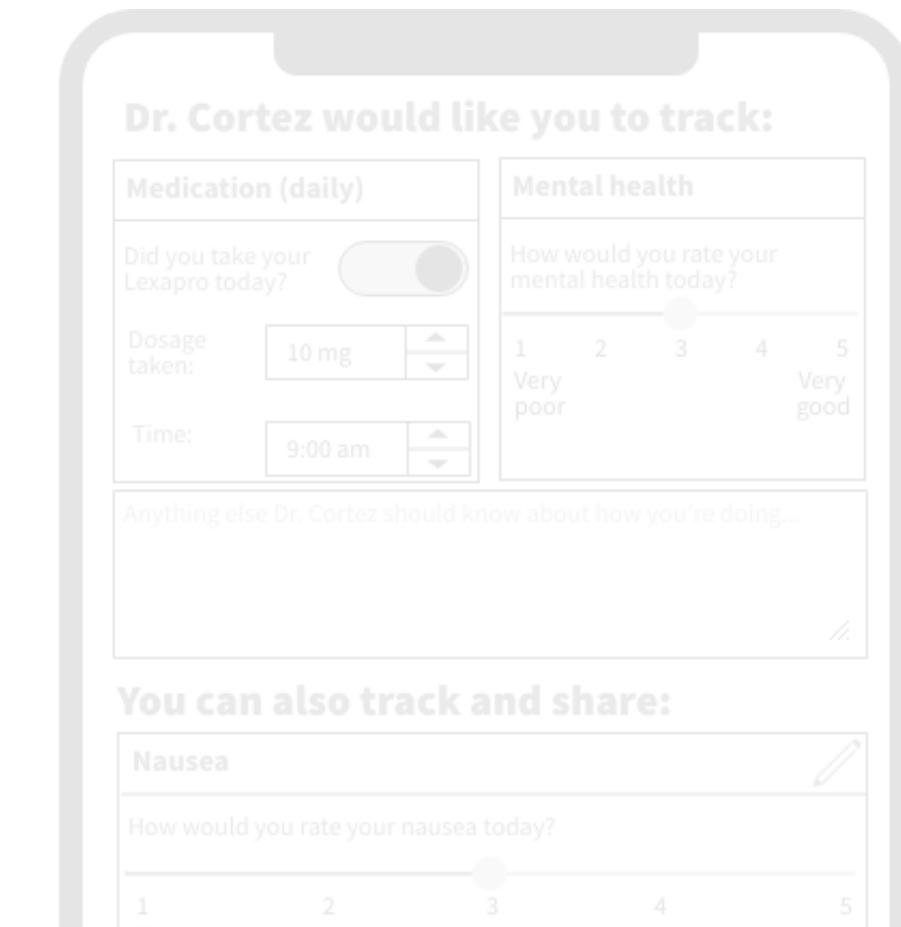
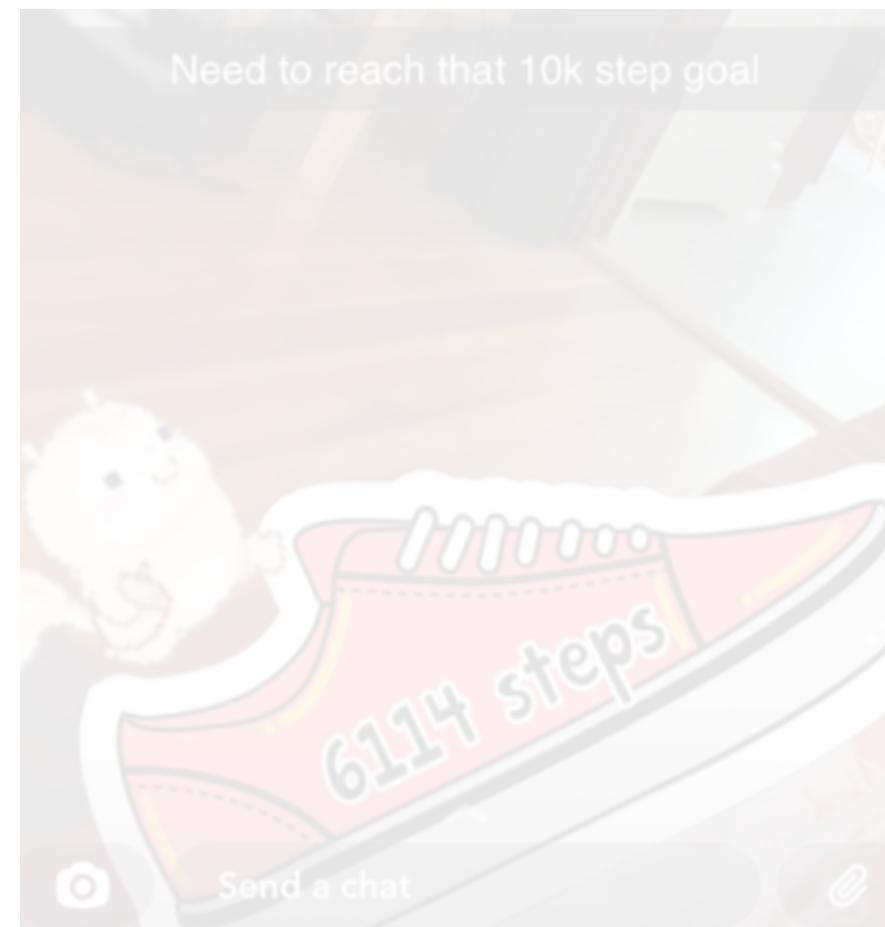
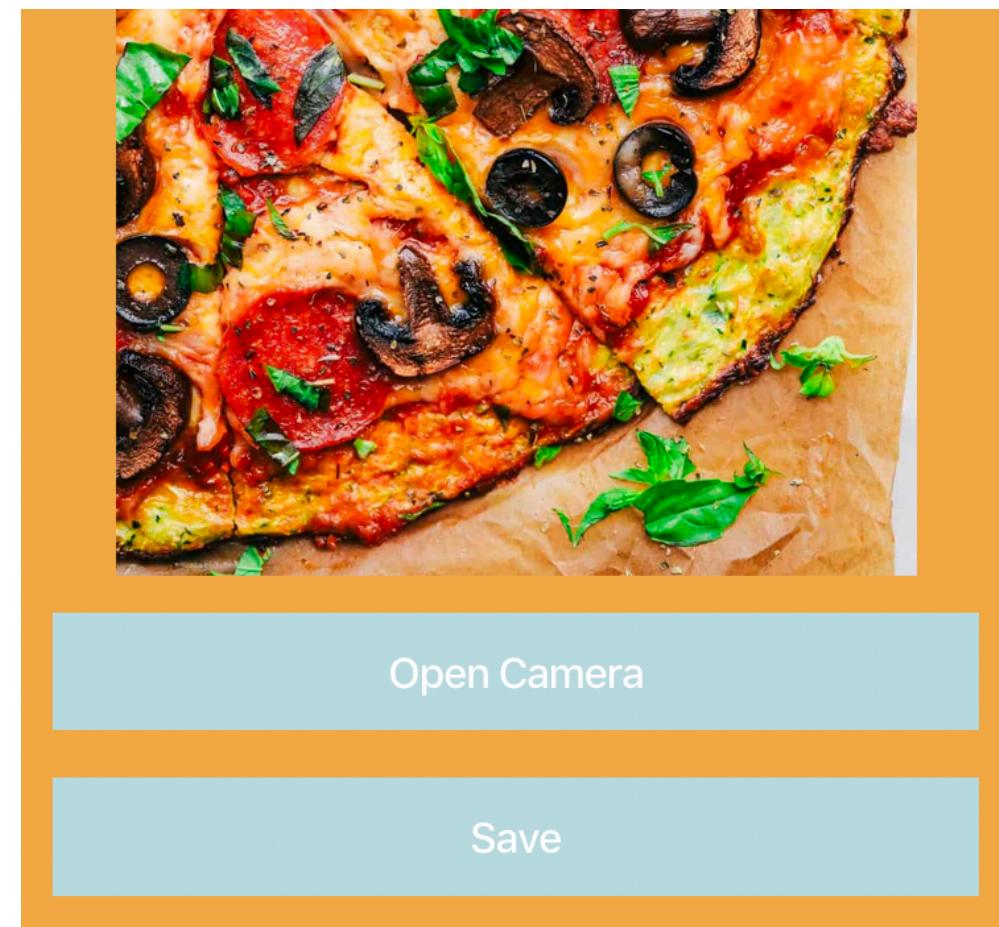


Multimodal and
multi-device tracking

Tracking embedded
in social technology

Bringing tracking
to clinical settings

Current research



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Current research

Multimodal & multi-device food journaling

Awareness of what they ate

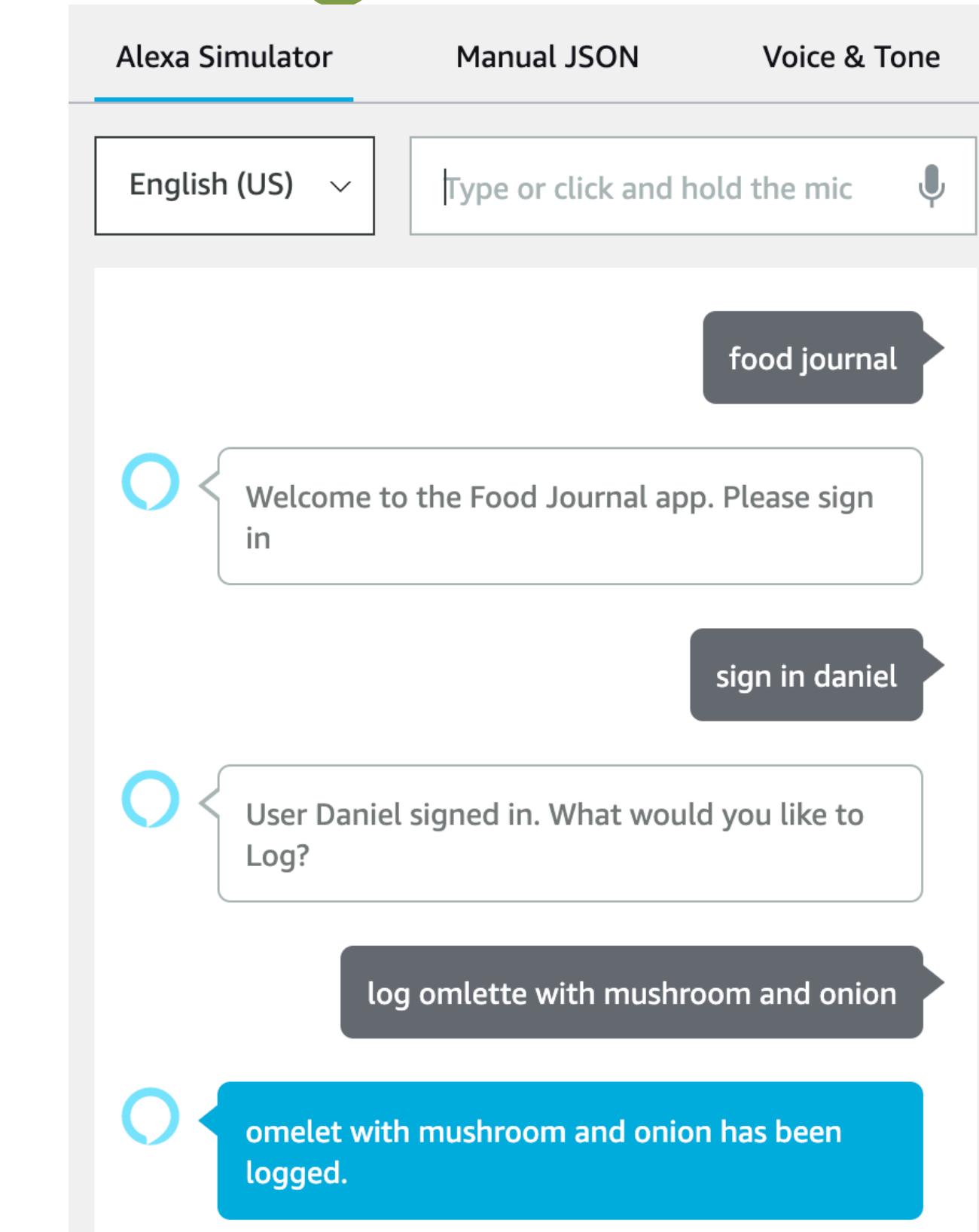
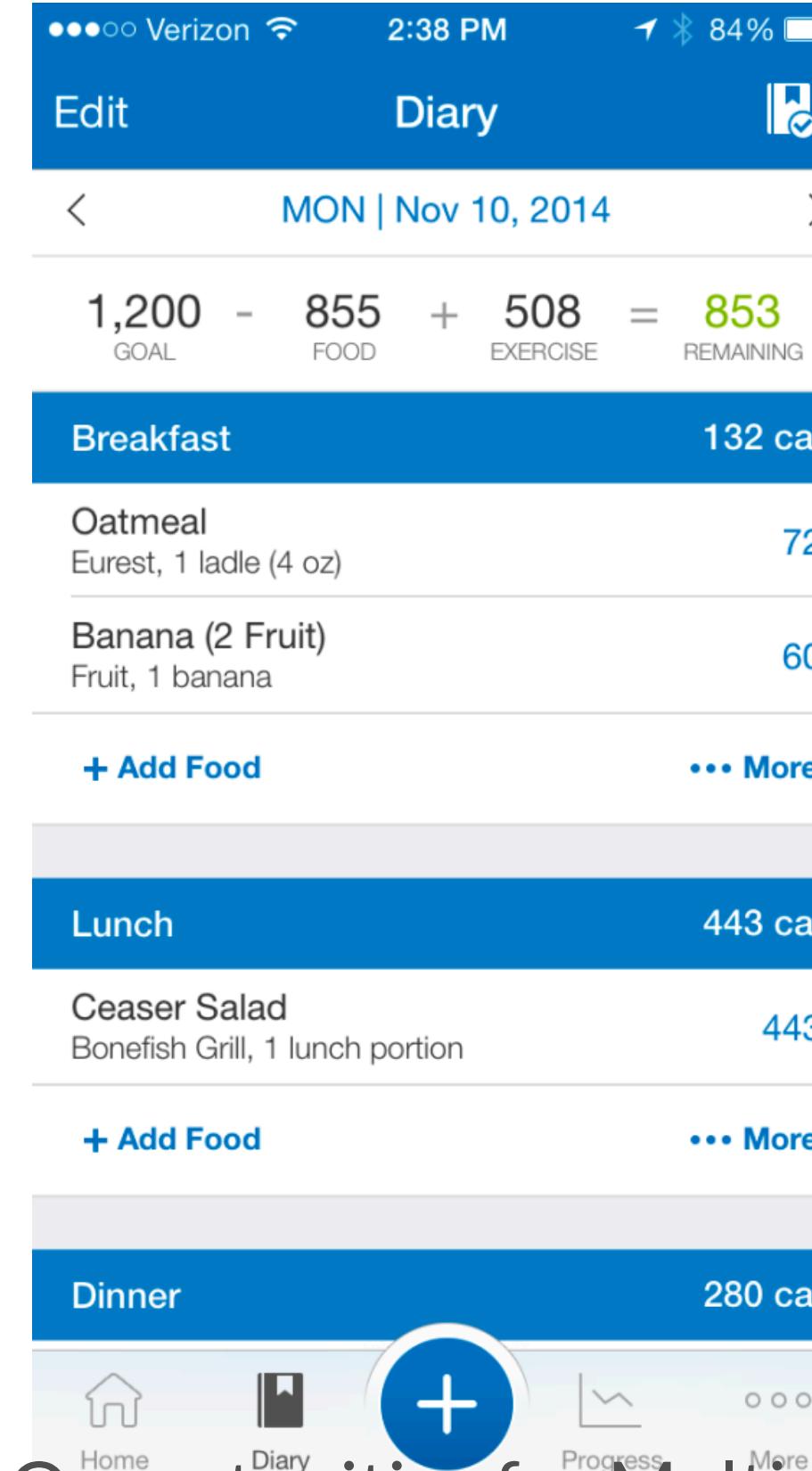
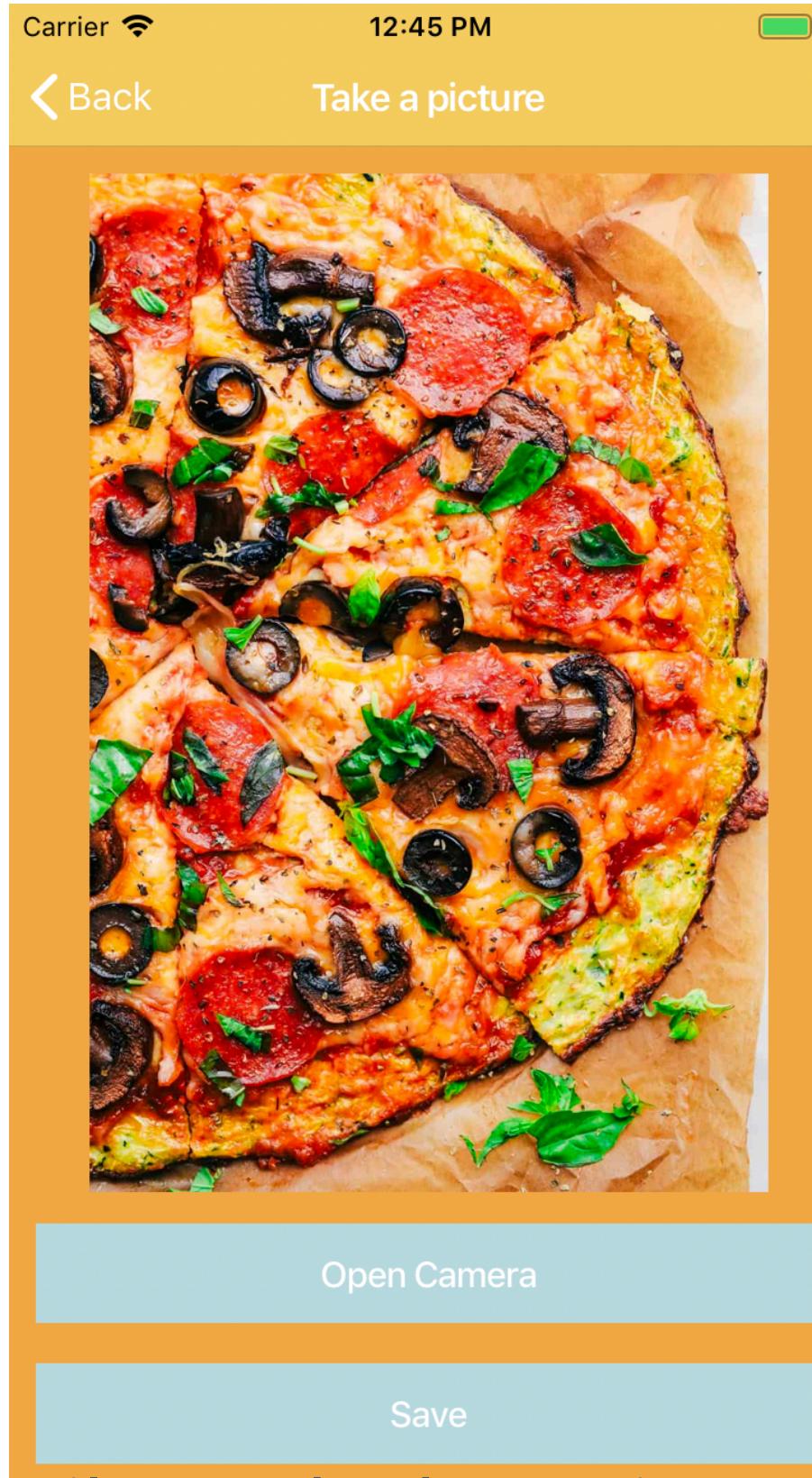
Weight loss or maintenance

Diagnosis of an intolerance or allergy

Silva, Ankrah, Huai, Epstein. Exploring Opportunities for Multimodality and Multiple Devices in Food Journaling.
In preparation.

Current research

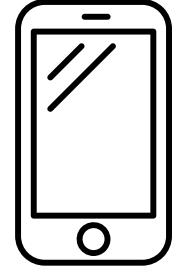
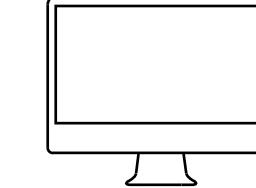
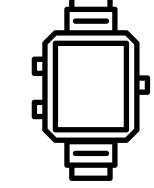
Multimodal & multi-device food journaling



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In preparation.

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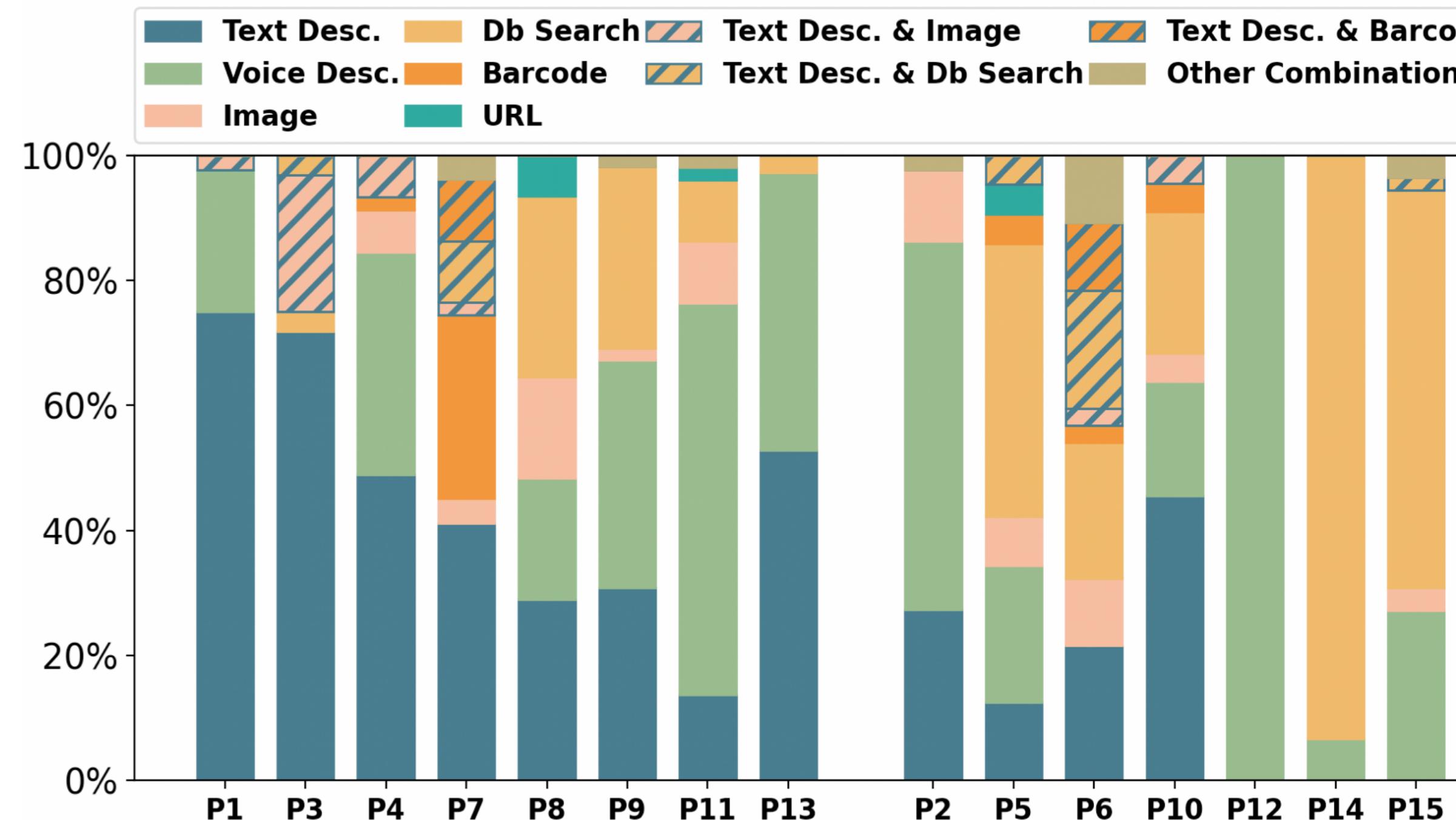
Multimodal & multi-device food journaling

				
Speaker	✓			
Phone		✓		
Desktop			✓	
Watch				✓
Voice	✓			
Photo		✓		
Barcode		✓		
Text description		✓		
Database lookup		✓		
Recipe link		✓		

Silva, Ankrah, Huai, Epstein. Exploring Opportunities for Multimodality and Multiple Devices in Food Journaling.
In preparation.

Current research

Multimodal & multi-device food journaling



Awareness goals

Weight loss goals

Awareness: open-ended
text descriptions

($p<0.05$, 95% CI 0.46-4.42x more often)

Weight loss: database searches

($p=0.07$, 95% CI 0.38x less - 4.45x more often)

Silva, Ankrah, Huai, Epstein. Exploring Opportunities for Multimodality and Multiple Devices in Food Journaling.
In preparation.

Current research

Multimodal & multi-device food journaling

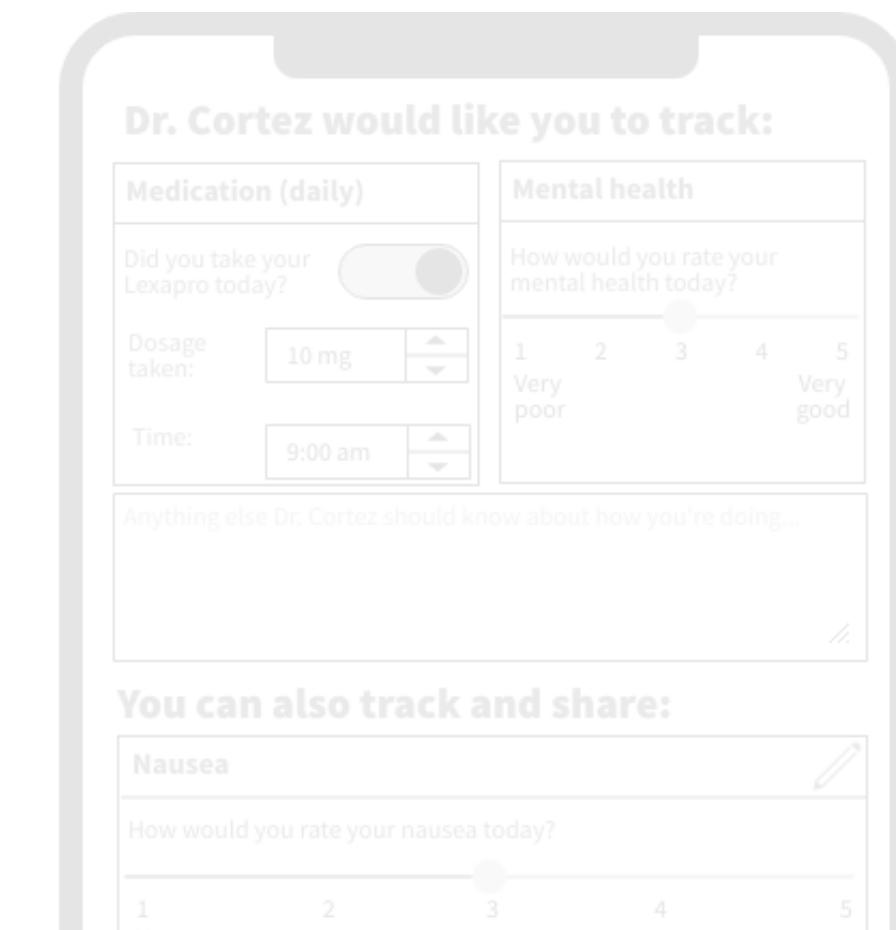
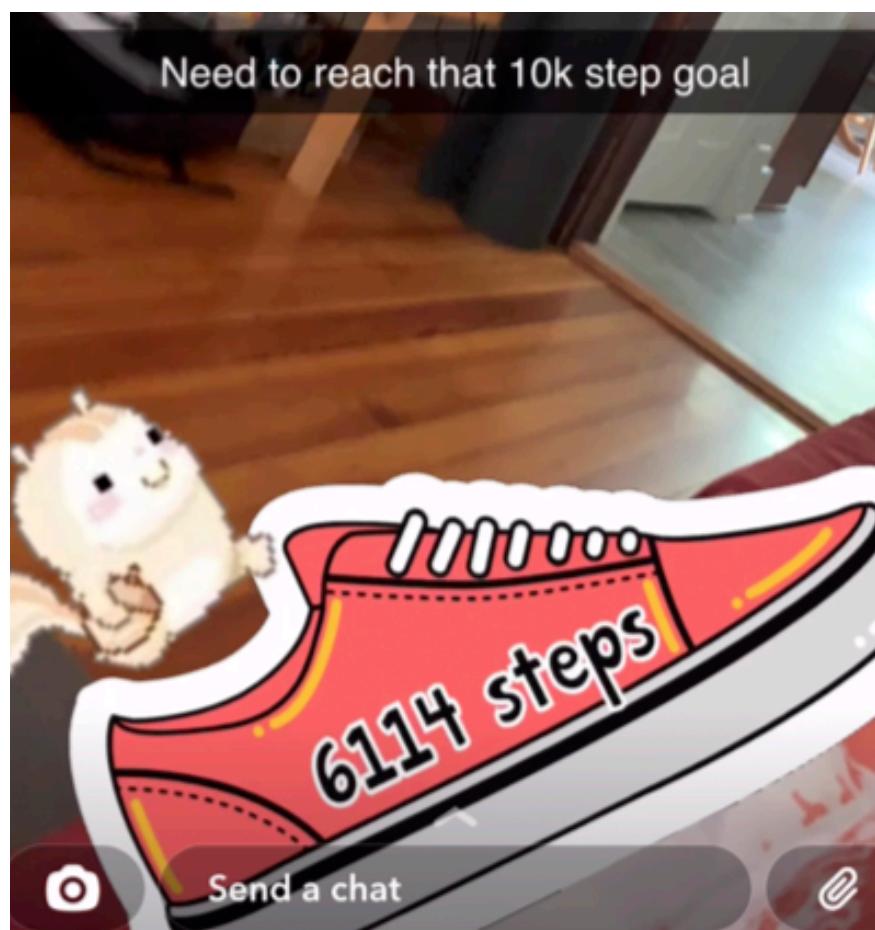
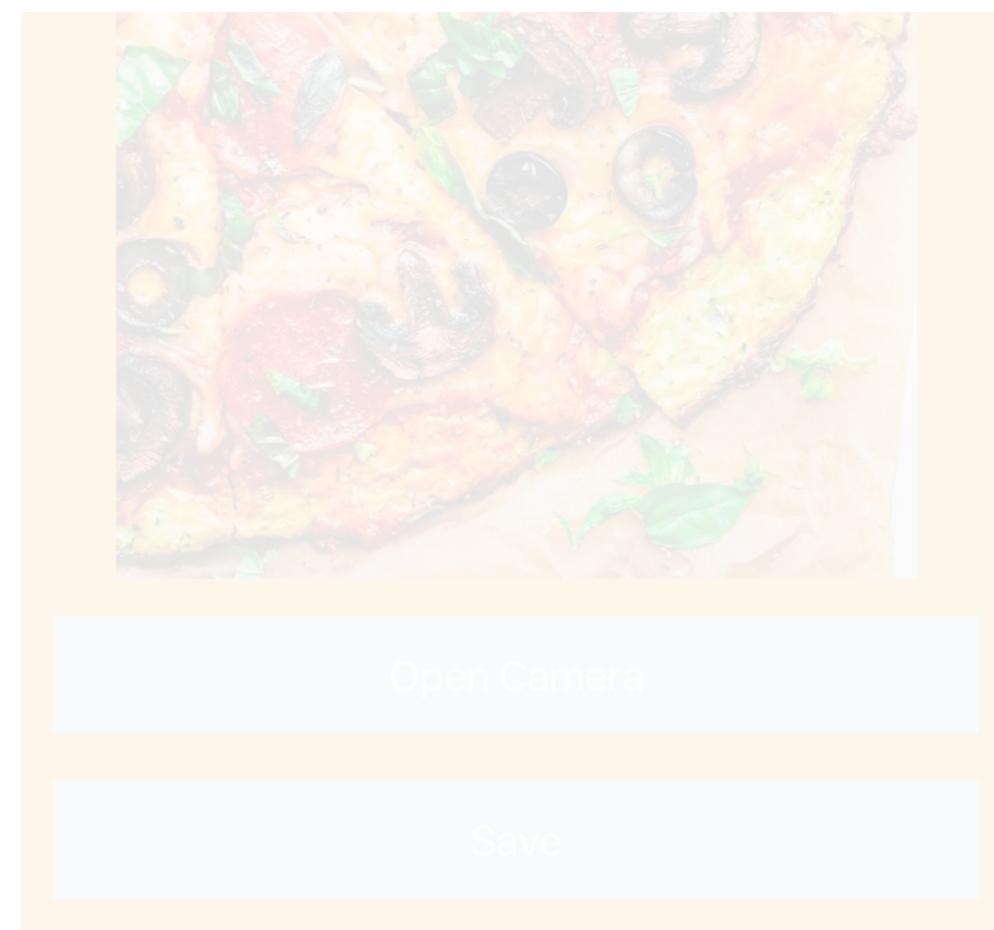
Availability “*Studying, doing something on my PC and I want something to eat, [...] so I might as well just start logging it*”

“*I would use it when I want to multitask. If it's available right there and I'm prepping or if I'm cooking, [...] so I'll be like, 'Alexa, journal blah blah blah'*”

Presence of others “*my family is a bunch of eavesdroppers and control freaks and I don't want them hearing what I'm doing*”

Silva, Ankrah, Huai, Epstein. Exploring Opportunities for Multimodality and Multiple Devices in Food Journaling.
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Current research



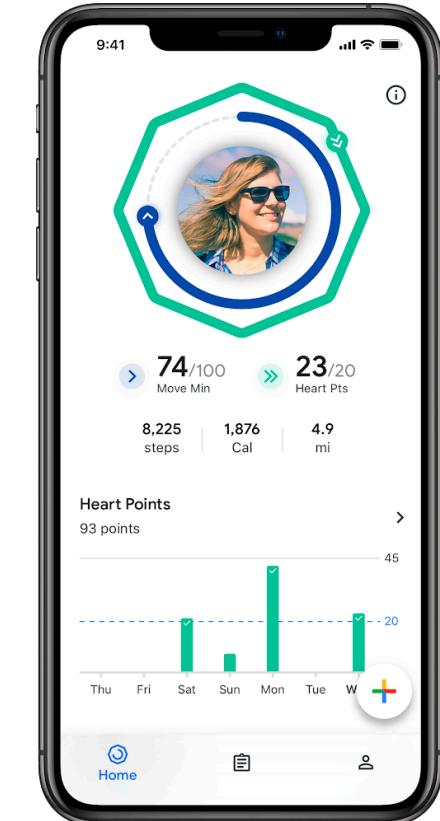
Multimodal and
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Tracking embedded
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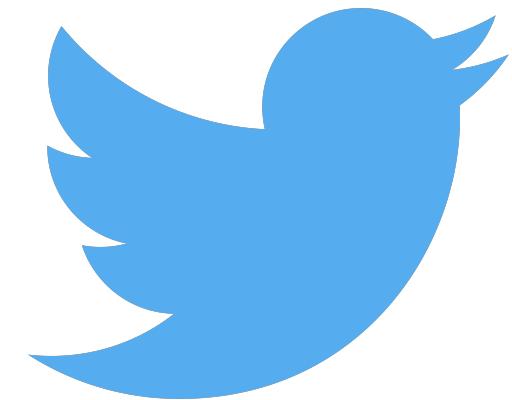
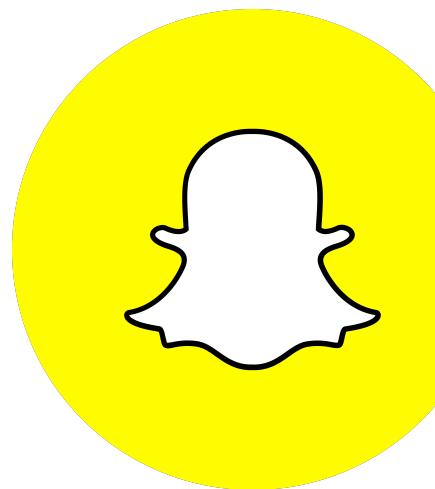
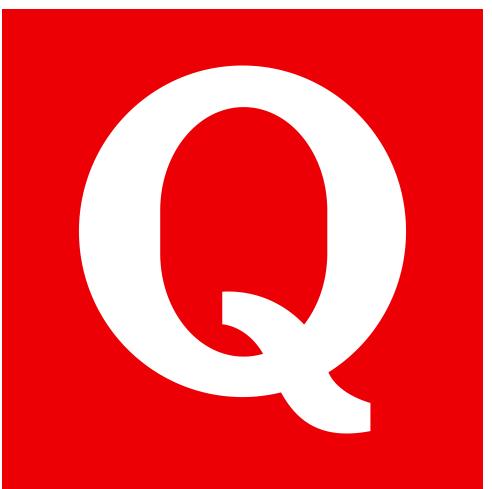
Bringing tracking
to clinical settings

Current research

Tracking embedded in social technology



Tracking technology

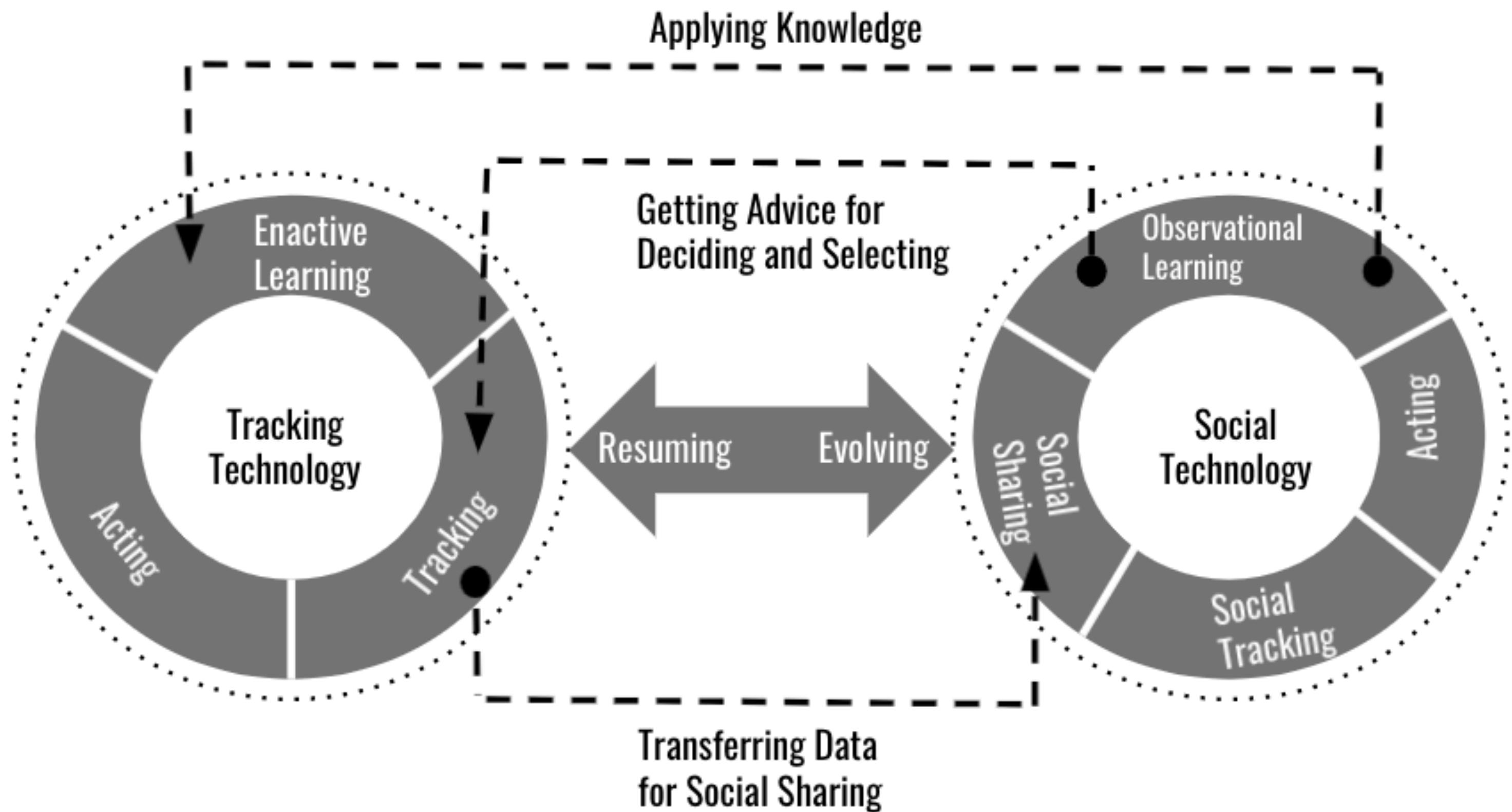


Social technology

Lu, Chen, Epstein. A Model of Socially Sustained Self-Tracking for Food and Diet.
CSCW 2021.

Current research

Tracking embedded in social technology



Lu, Chen, Epstein. A Model of Socially Sustained Self-Tracking for Food and Diet.
CSCW 2021.

Current research

Tracking embedded in social technology

Moving data
from tracking
to social

“When you say something publicly, you then must be persistent in it to not be discreditable. So [sharing] works as monitoring and encouragement.”

Transferring
knowledge
from social
to tracking

“When I first started losing weight [by the food journaling app], I valued my appearance a lot. Then, nutrition knowledge [learned on external social platforms] makes me realize that eating is as important as appearance. I more and more realize the importance of healthy eating.”

Lu, Chen, Epstein. A Model of Socially Sustained Self-Tracking for Food and Diet.
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Current research

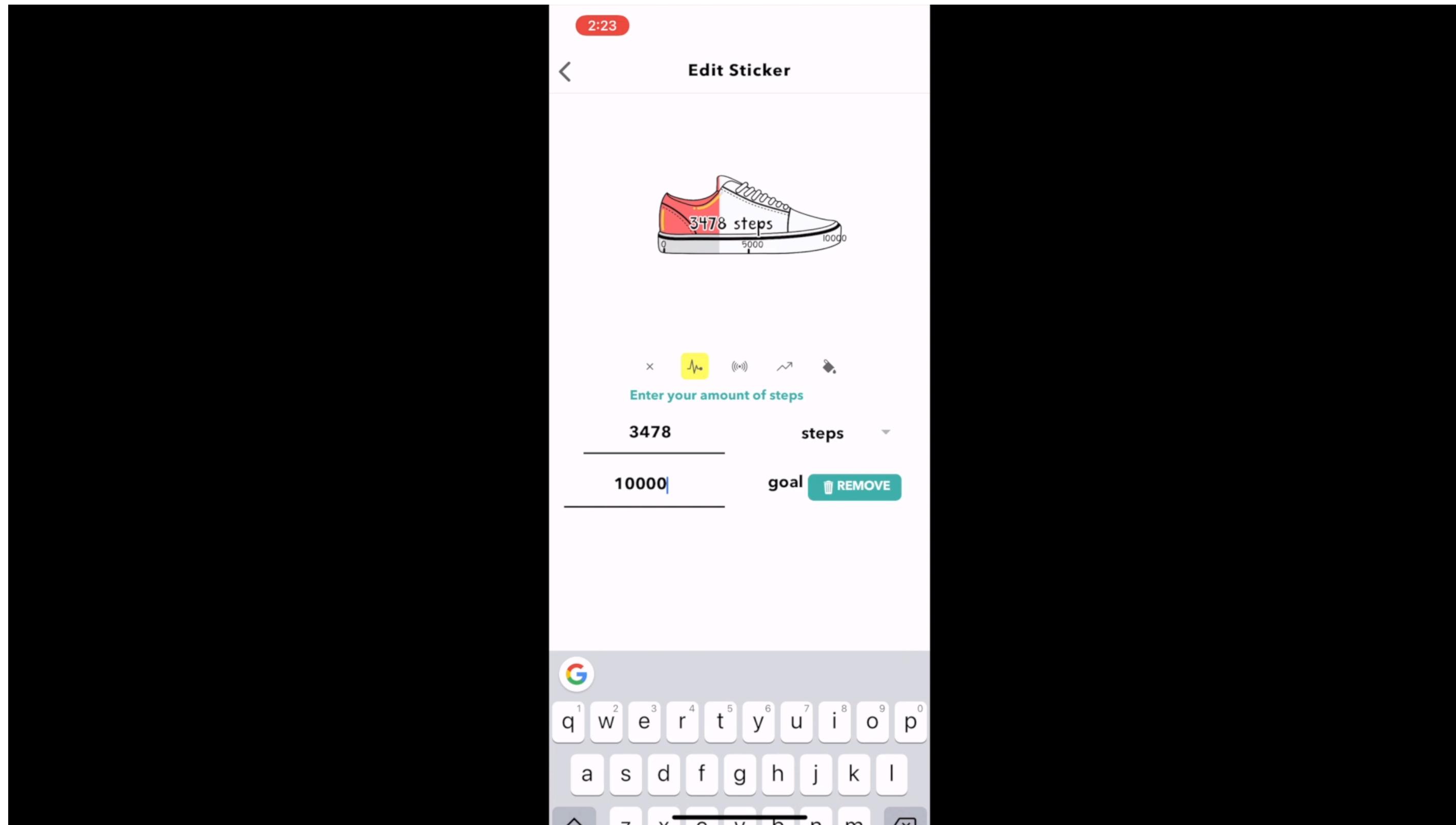
Tracking embedded in social technology

**Can we design technology which
supports moving health tracking data
to social technology?**

Wang, Chheang, Ji, Mohta, Epstein. SnapPI: Authoring and Sharing Personal Informatics Data Stickers on Ephemeral Social Media. Under review.

Current research

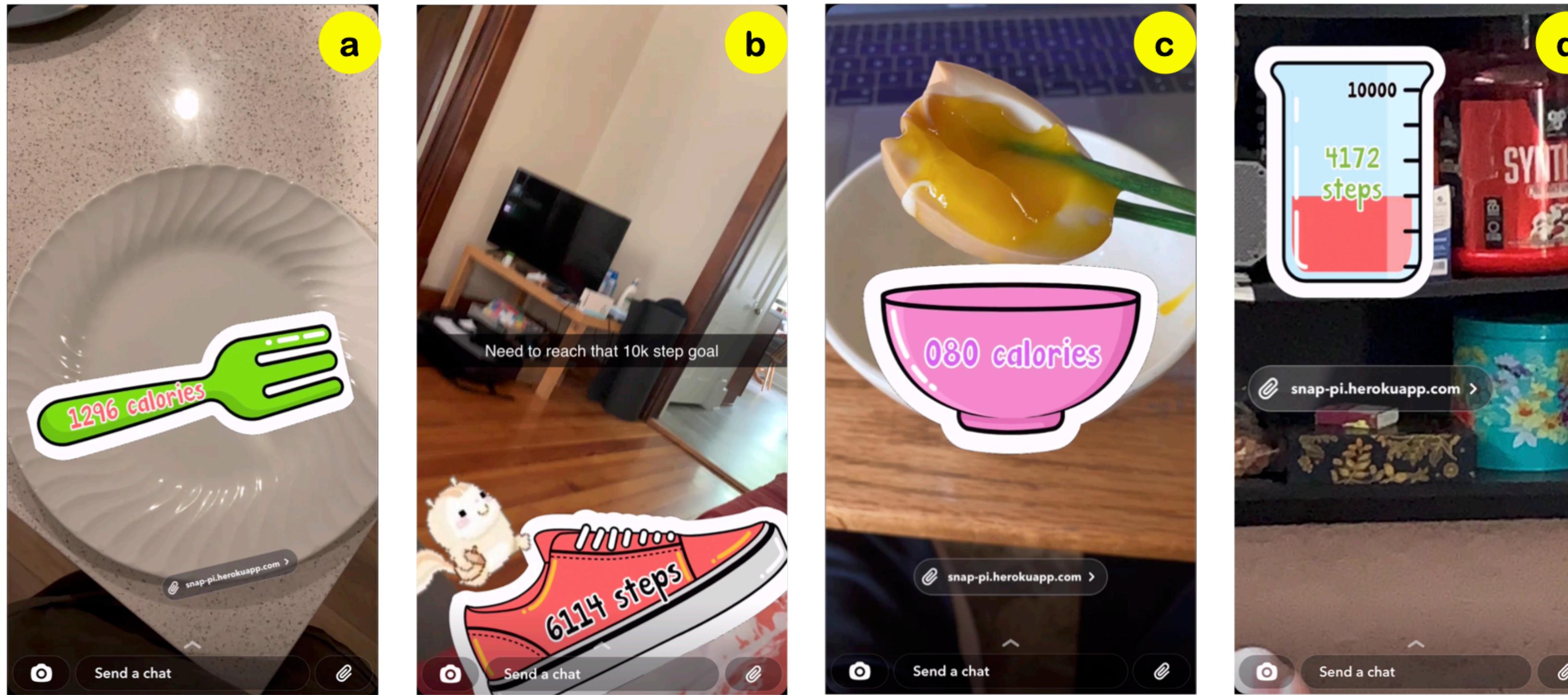
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Current research

Tracking embedded in social technology

Have playful engagements around health data

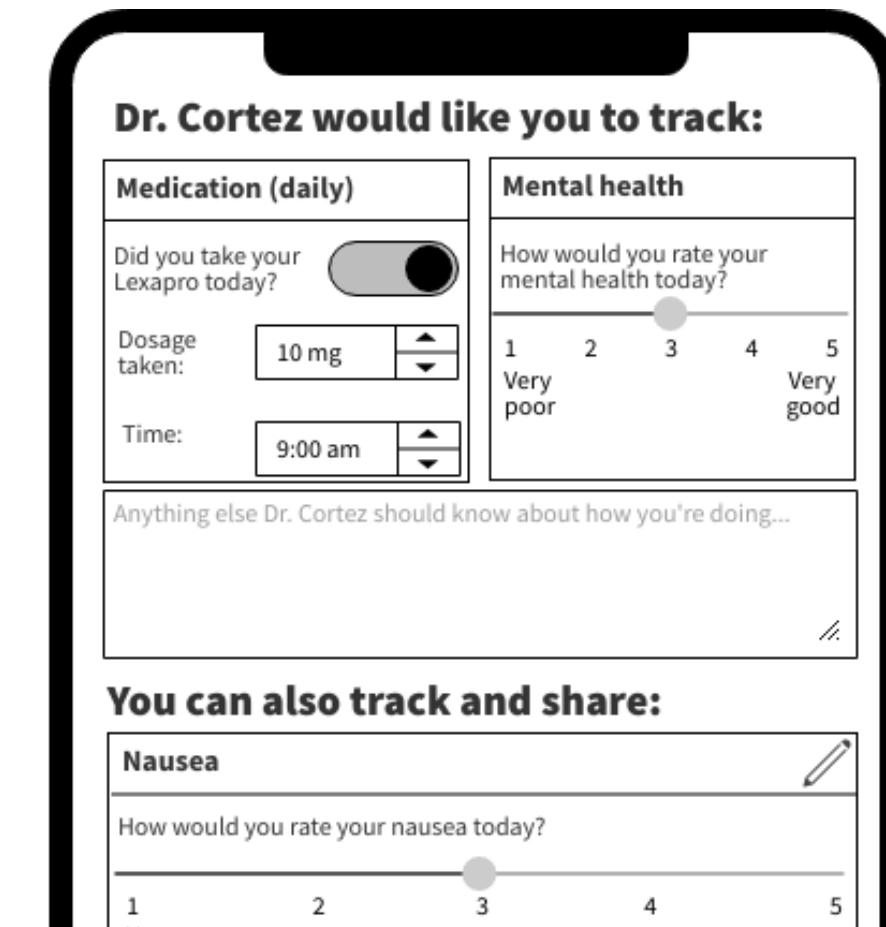
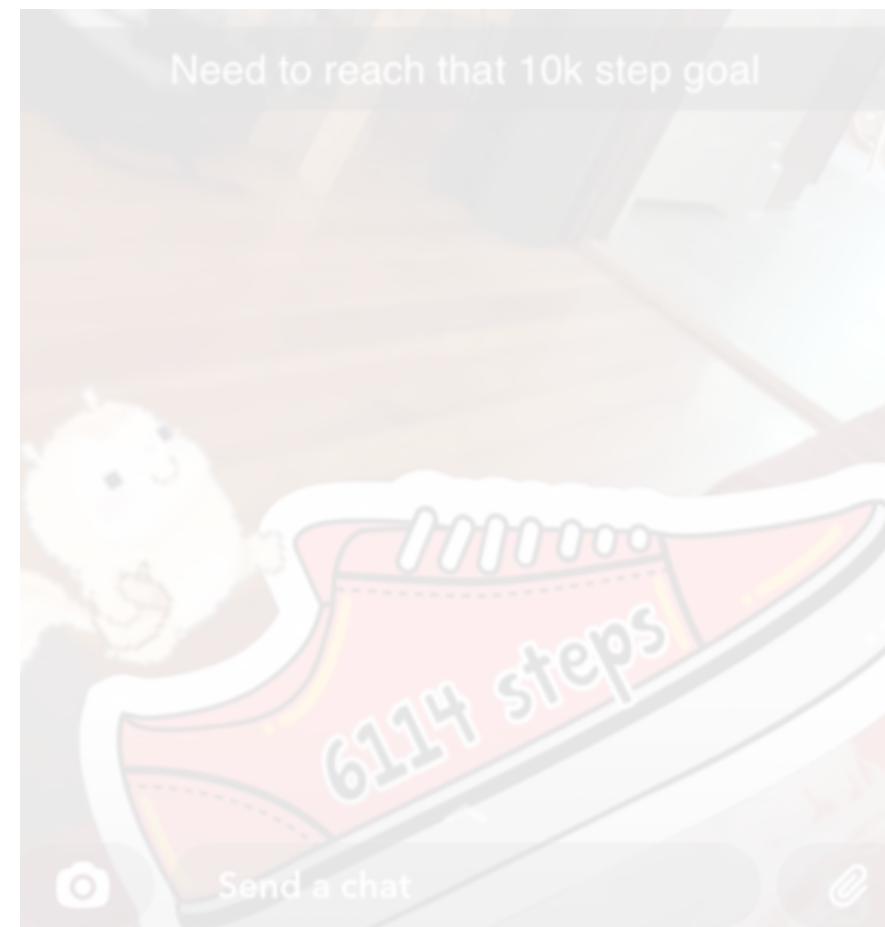
“I have some friends on another app, MyFitnessPal, where you track your calories, so they see that, but again, it’s numbers [...], it’s not as interactive or interesting to see. And Snapchat it’s sort of, I’m sending them Snaps anyway.”

Supported connection around health

“So with these stickers, they start a point of conversation, I think [...], if I went on a walk, and I use this sticker, my friend would ask me, [...] stuff like, ‘Where did you take the walk?’ Or like, ‘Oh, good, that you took the walk’”

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Current research



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Standard 10% taper Enter data in green cells below		cycle	dose	start date	% of start dose
starting date	9/15/2020	start	50.00	9/15/2020	100.00%
starting dose (see note)	50	1	45.00	10/13/2020	90.00%
reduction cycle (days)	28	2	40.50	11/10/2020	81.00%
% cut	10	3	36.45	12/8/2020	72.90%
		4	32.81	1/5/2021	65.61%
		5	29.52	2/2/2021	59.05%
NOTES		6	26.57	3/2/2021	53.14%
(1) If your starting dose is less than 0.5 mg, you may prefer using the "microdoses" tab.		7	23.91	3/30/2021	47.83%
(2) Use North American style for decimals, Example: 5.6 or 112.7, not 5,6 or 112,7		8	21.52	4/27/2021	43.05%
		9	19.37	5/25/2021	38.74%
		10	17.43	6/22/2021	34.87%
		11	15.69	7/20/2021	31.38%
		12	14.12	8/17/2021	28.24%
		13	12.71	9/14/2021	25.42%
		14	11.44	10/12/2021	22.88%

6 a.m. Woke with anxiety
8 a.m. Took 2.5mg Lexapro
10 a.m. Stomach is upset
10:30 a.m. Ate breakfast
11:35 a.m. Got a headache, lasted one hour
12:35 p.m. Ate lunch
4 p.m. Feel a bit better
5 p.m. Took 2.5mg Lexapro
6 p.m. Ate dinner
9:20 p.m. Headache
10:00 p.m. Took 50mg Seroquel
10:20 p.m. Feeling dizzy
10:30 p.m. Fell asleep
2:30 a.m. Woke, took 3mg Ambien (NOT
"took 1/2 tablet Ambien")
2:45 a.m. Fell asleep
4:30 a.m. Woke but got back to sleep

Papoutsaki, So, Kenderova, Shapiro, Epstein. Understanding Delivery of Collectively Built Protocols in an Online Health Community for Discontinuation of Psychiatric Drugs. CSCW 2021.

Jo, Ryu, Kenderova, So, Shapiro, Papoutsaki, Epstein. Designing Flexible Longitudinal Regimens: Supporting Clinician Planning for Discontinuation of Psychiatric Drugs. CHI 2022.

Current research

Bringing tracking to clinical settings

Providers
don't have
time to
review data

"If you have a 20-minute appointment [...] then you don't have a lot of time to do face-to-face time with patients."

Distrust of
patient-driven
health tracking

"Problem is at the beginning I went way too fast (On my idiot doctor's recommendation, of course). That's what put me where you are right now."

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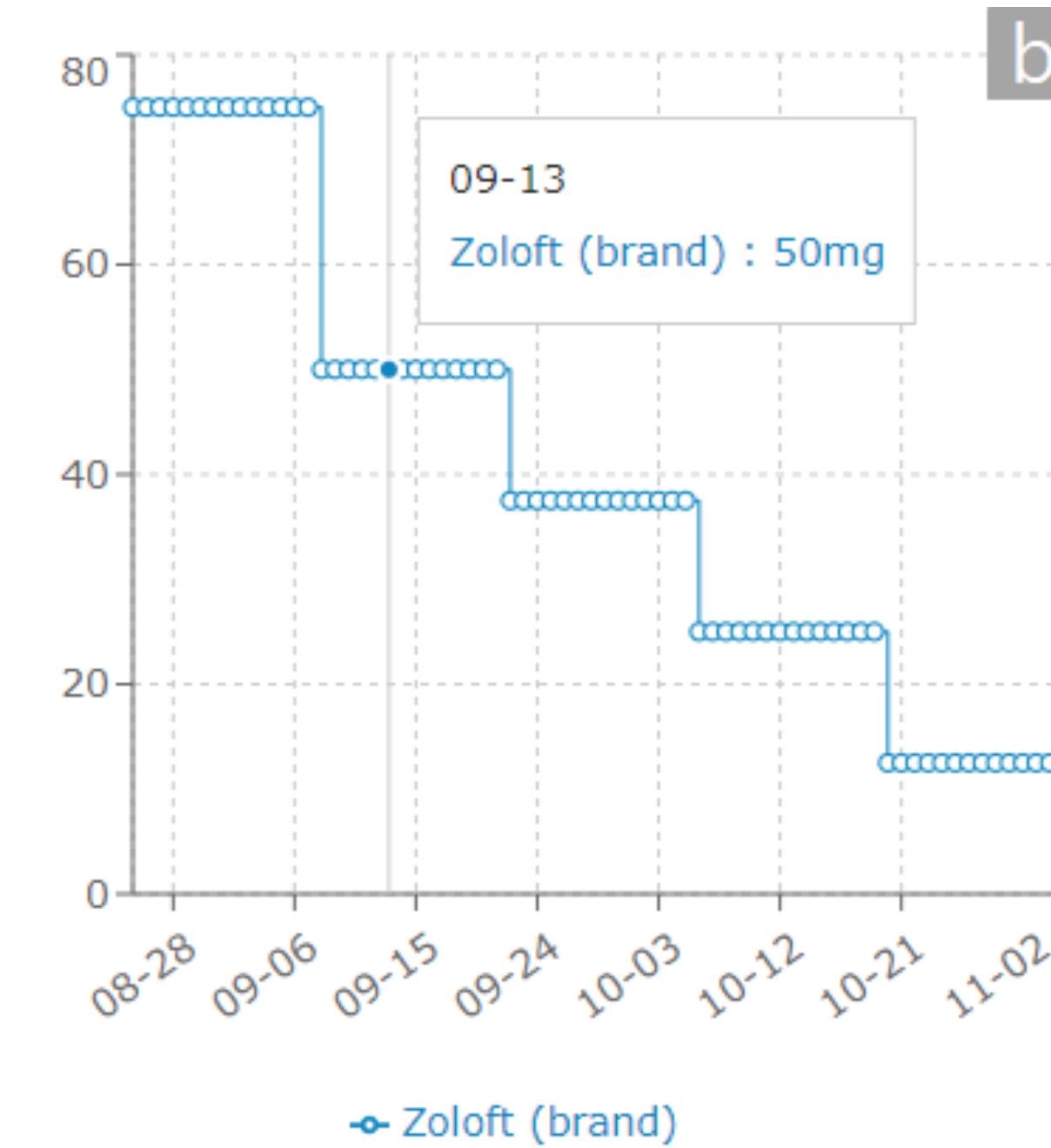
Bringing tracking to clinical settings

Prescribe

Projected Schedule based on the rates of reduction you specified.

Check all the rows that you would like to prescribe.

Medication	Dosage	Start Date	End Date
Zoloft (brand)	100 mg	08/25/2021	
<input checked="" type="checkbox"/> Zoloft (brand)	75 mg	08/25/2021	09/07/2021
<input checked="" type="checkbox"/> Zoloft (brand)	50 mg	09/08/2021	09/21/2021
<input checked="" type="checkbox"/> Zoloft (brand)	37.5 mg	09/22/2021	10/05/2021
<input type="checkbox"/> Zoloft (brand)	25 mg	10/06/2021	10/19/2021
<input type="checkbox"/> Zoloft (brand)	12.5 mg	10/20/2021	11/02/2021



Dr. Cortez would like you to track:

Medication (daily)	Mental health
Did you take your Lexapro today? <input checked="" type="checkbox"/>	How would you rate your mental health today?
Dosage taken: 10 mg	1 2 3 4 5 Very poor Very good
Time: 9:00 am	

Anything else Dr. Cortez should know about how you're doing...

You can also track and share:

Nausea
How would you rate your nausea today?
1 2 3 4 5 Very mild Very severe

Create a new field: Field name

Free text

Slider Radio 1 Radio 2

Numeric 5

Multiple choice

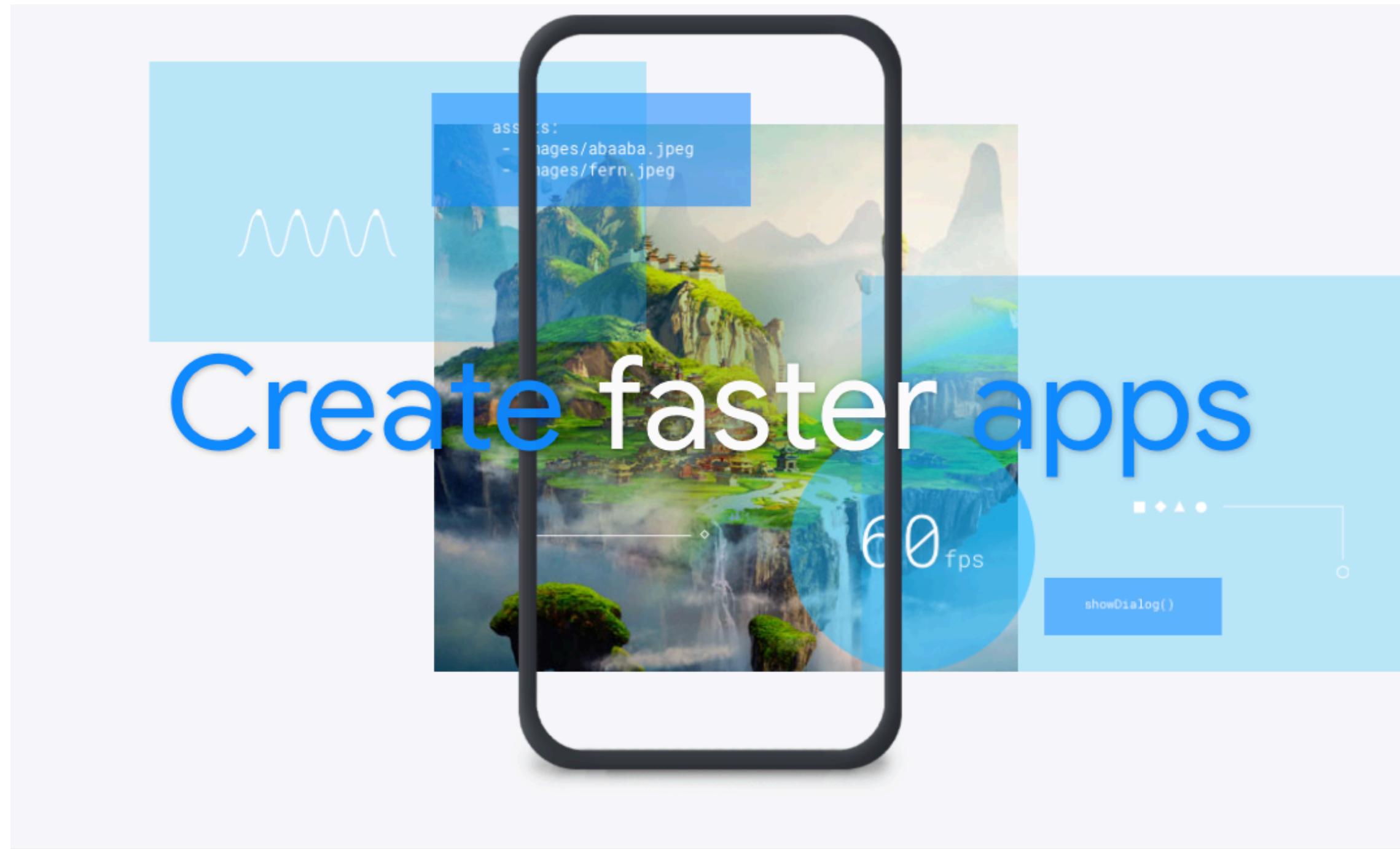
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Jo, Ryu, Kenderova, So, Shapiro, Papoutsaki, Epstein. Designing Flexible Longitudinal Regimens: Supporting Clinician Planning for Discontinuation of Psychiatric Drugs. CHI 2022.

Reflecting on 133

Technology changes quickly

Technology changes quickly



Made by [Google](#)

Flutter is Google's UI toolkit for building beautiful, natively compiled applications for [mobile](#), [web](#), and [desktop](#) from a single codebase.

[Get started](#)

[Watch video](#)

<https://flutter.dev/>

Take away messages from the course

Search before you build

- Do not reinvent the wheel!
- Use interfaces, algorithms, animations, etc. that have been created by other people



Build by example

- Learn from others
- Read source code on webpages, GitHub, StackOverflow
- Use the element inspector in your browser to see someone's design or implementation

The screenshot shows the developer tools of a web browser with the 'Elements' tab selected. The left pane displays the HTML structure of a page, including script tags for Google Fonts and Google Analytics, and a script for Google Tag Manager. The right pane shows the 'Styles' panel, which lists the CSS rules applied to the selected element. These rules come from 'tools.css' and the 'user agent stylesheet'. The 'body' element has a width of 100% and a height of 100%, with a font family of Helvetica, Arial, sans-serif. It also has margin and padding set to 0, and word-wrap set to break-word.

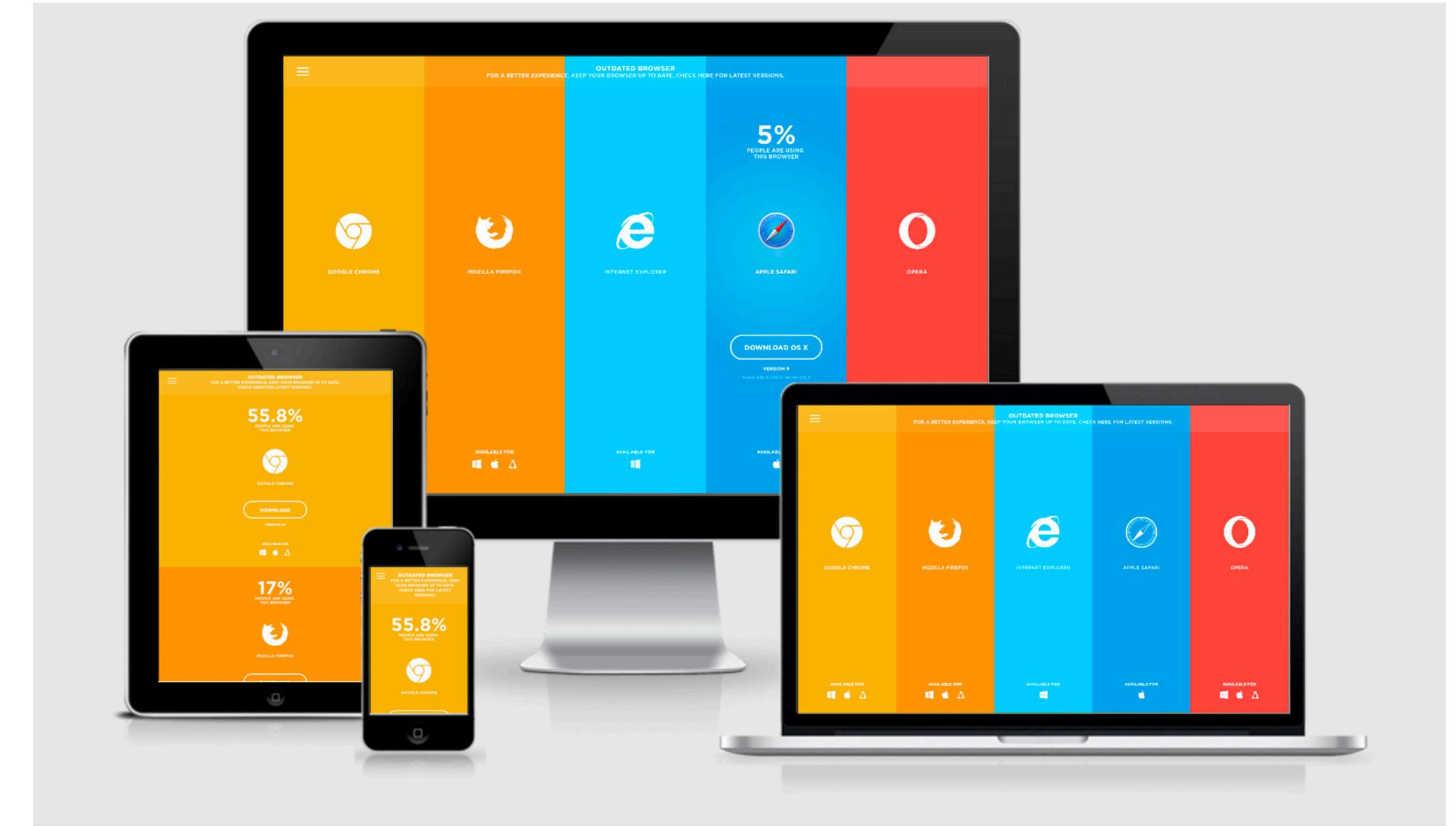
```
<!DOCTYPE html>
<html class="no-touch no-js mdl-js">
  <head>...</head>
  ...<body class="page--" itemscope itemtype="http://schema.org/WebSite"> == $0
    <div class="mdl-layout__container">...</div>
    <link href="https://fonts.googleapis.com/css?family=Roboto+Mono:400,700|Roboto:400,300,500,700,400italic,700italic" rel="stylesheet" type="text/css">
    <script type="text/javascript" async src="https://www.google-analytics.com/analytics.js"></script>
    <script async src="//www.googletagmanager.com/gtm.js?id=GTM-MB3LRF"></script>
    <script src="/static/js/material_design_lite_bundle.js"></script>
    <script>...</script>
    <!-- Google Tag Manager -->
    <noscript>...</noscript>
    <script>...</script>
    <!-- End Google Tag Manager -->
  </body>
</html>
```

html.no-touch.no-js.mdl-js body.page--

element.style {
}
body {
 width: 100%;
 min-height: 100%;
 font-family: Helvetica, Arial, sans-serif;
 margin: 0;
 padding: 0;
 word-wrap: break-word;
}
body {
 display: block;
 margin: 8px;
}
Inherited from html.no-touch.no-js.mdl-js
html {
 color: #rgba(0,0,0,.87);
 font-size: 1em;
 line-height: 1.4;
}
Pseudo ::selection element
::selection {

Build for accessibility

- Keep in mind who you are designing for!
- Make sure your app works for:
 - All users
 - All browsers
 - All devices



Build with caution

- Use version control!
- Test while you build
- Iteratively refine and debug



Build on a solid foundation

- A new framework will come out next year
 - Or next month or next week
- But some fundamental principles unite them all
 - Separating interface from data and interaction, for example

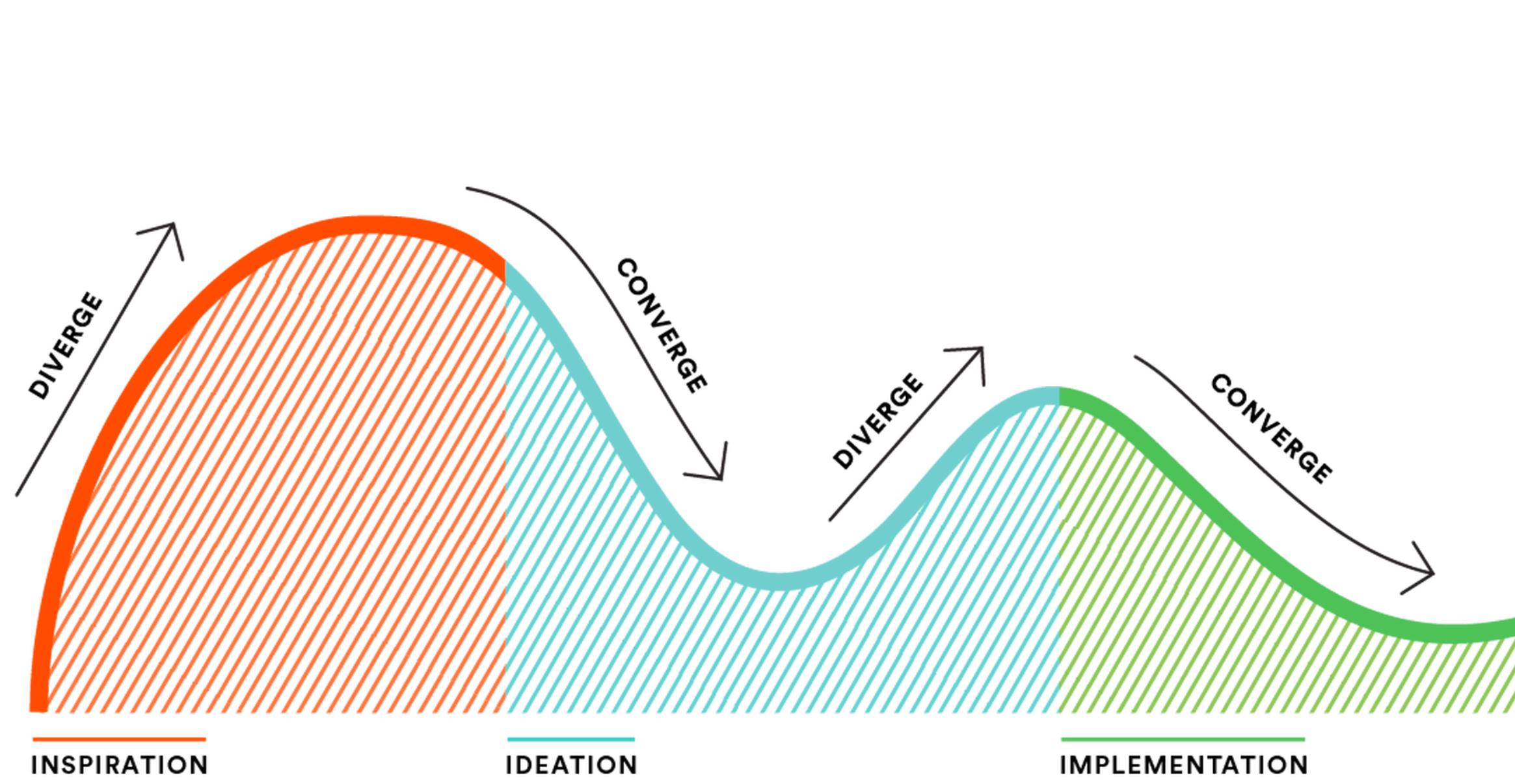


Take away messages

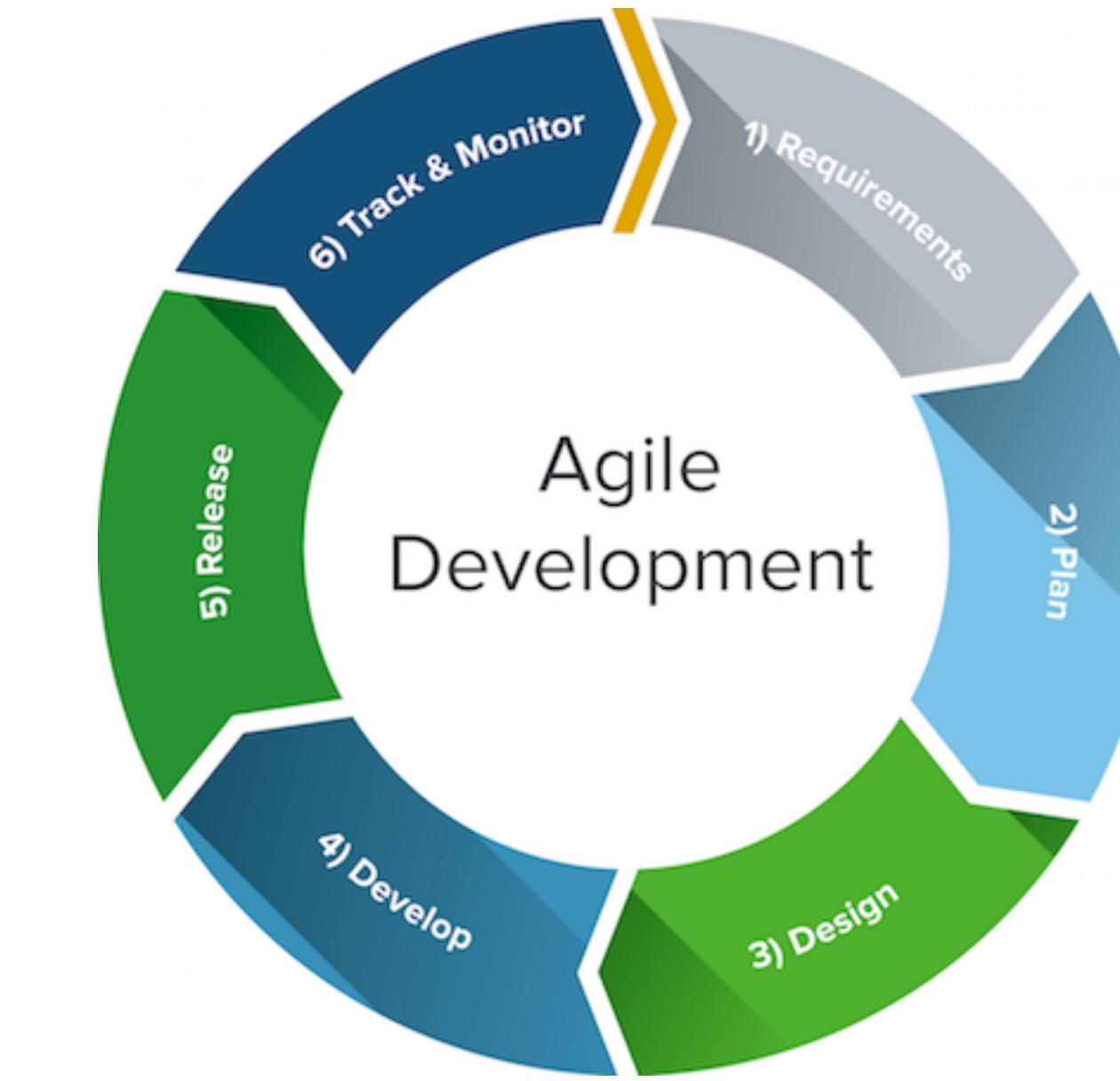
- Search before you build
- Build by example
- Build for accessibility
- Build with caution
- Build on a solid foundation

Applying this course in practice

Product design process

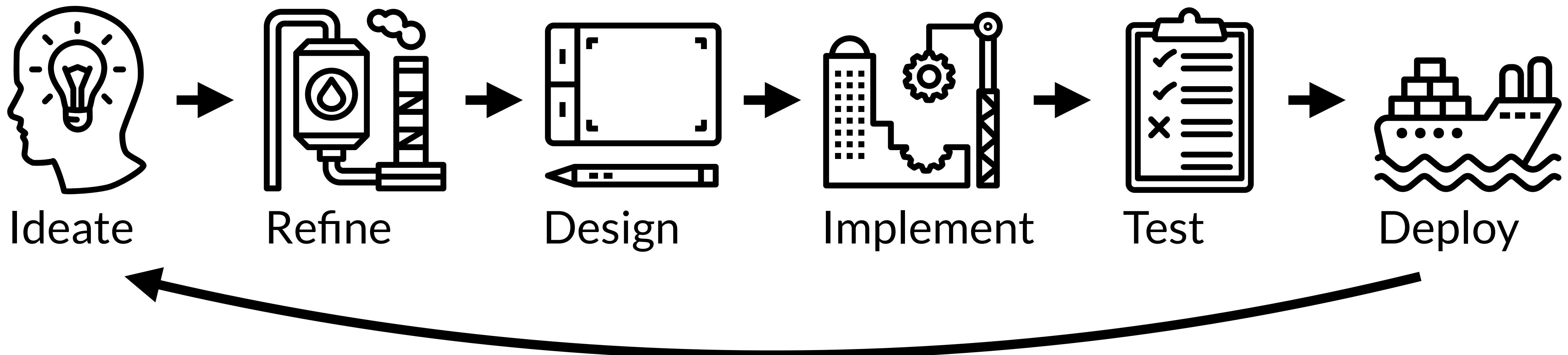


Human-Centered Design, IDEO



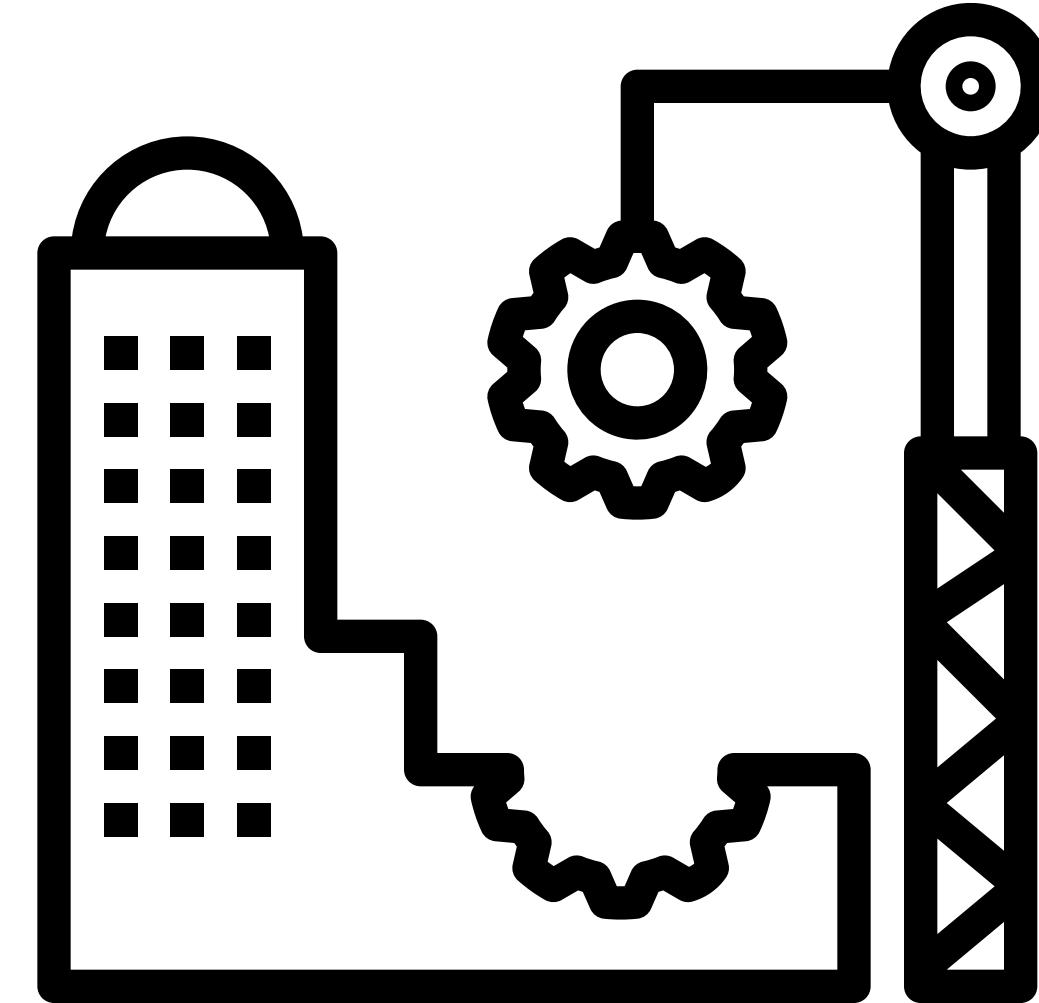
Agile Development, Agile Manifesto

Product design process, simplified



User interface implementation

- Has the power to turn ideas into reality
- Often dictates design decisions and timelines, for better or for worse
- Either you will be implementing, or you will need to communicate with your colleagues who are



**What job might you get
when you graduate?**

Some job options

- User experience designer
- User experience researcher
- Front-end software engineer
- Back-end software engineer
- Academic researcher (graduate student)
- Software consultant
- Something unrelated to technology
- ... others?

If you're going into UX, you can now...

- Follow principles of web, mobile, AR design
 - Responsive design! Error prevention! Give clear instruction!
- Be conversational in web and mobile programming
 - Be able to understand what tasks are easy and what are hard
 - And understand when a developer is BSing you about how long something will take
- Style a webpage
 - Use CSS and SASS to change a design and even add animations

Front-end software engineering...

- Build a webpage in plain HTML
 - Make it responsive with Bootstrap
- Use a framework to build a richer application
 - Angular for a web frontend
 - Ionic for a mobile frontend
- Style a webpage
 - Use CSS and SASS to change a design and even add animations

Back-end software engineering...

- Build a web server
 - Allow it to respond to requests from a front-end interface
 - Allow it to make requests to APIs made by other developers
- Follow authentication and authorization protocols
 - Enable users to sign on
- Use a database
 - Data can persist between sessions

Academic research...

- Explain some key problems in a couple of areas
 - Ubiquitous computing
 - Human performance
 - Mixed reality design
 - Conversational interfaces
 - Wearable computing
 - Augmented and virtual reality

Software consultancy...

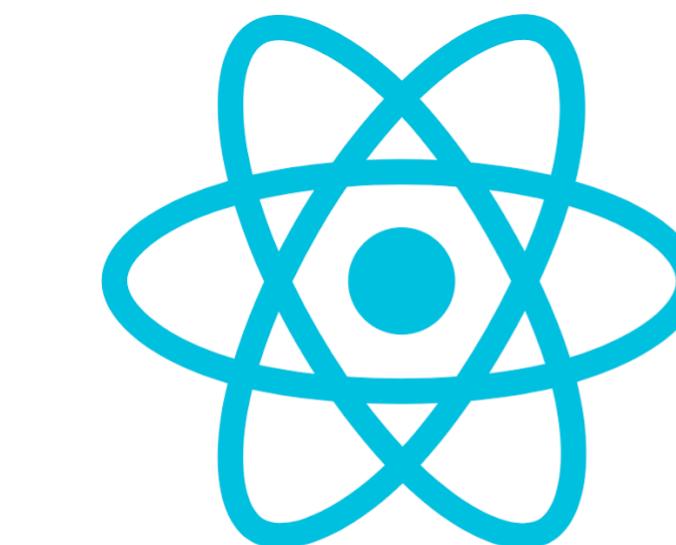
- Process and analyze data
 - Retrieve it from an API
 - Parse and process it to answer your question
- Visualize data
 - Use an appropriate tool for the task

Something unrelated...

- Make a portfolio to show off your skills
 - Selling yourself is key
- Judge new devices and apps that come along
 - Is this solving a real problem?
 - Is this well designed?

What is interface implementation today?

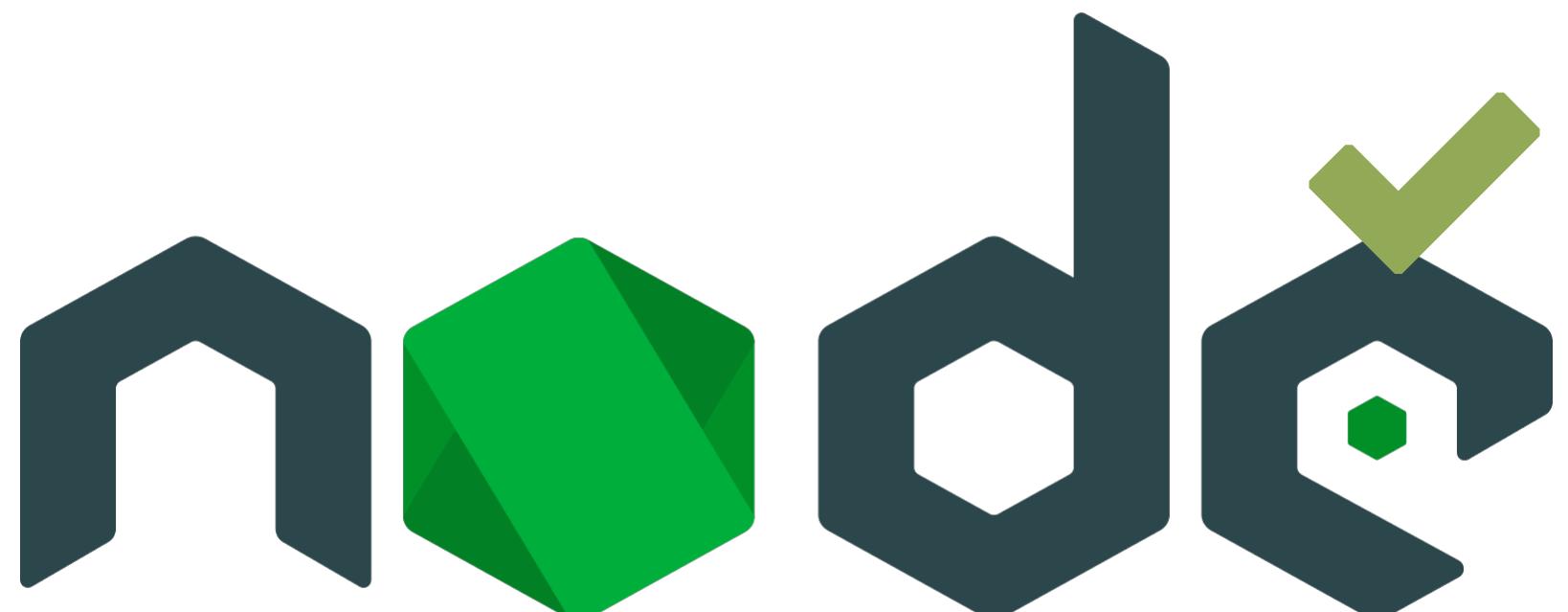
Often HTML, CSS, and JavaScript



React JS



Bootstrap



Vue.js



ionic

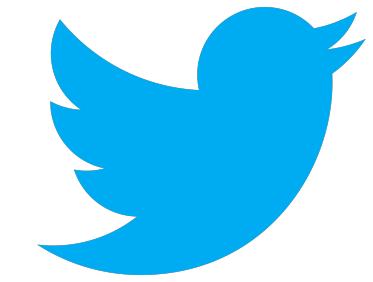
ember

Assignments

- A1: Personal web portfolio



- A2: Programming on the web



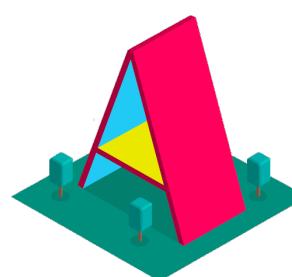
- A3: Web frameworks



- A4: Mobile development



- A5: Beyond Web & Mobile



Other skills

- Git and GitHub
- Package management in npm
- SASS
- Visualization in Vega-Lite

Question



What framework or language did you find the most challenging to pick up?

- A HTML and CSS
- B JavaScript and TypeScript
- C Angular
- D Ionic
- E Platforms beyond web & mobile

Question



What framework or language did you find the most rewarding to learn to use?

- A HTML and CSS
- B JavaScript and TypeScript
- C Angular
- D Ionic
- E Platforms beyond web & mobile

Congratulations!

- We said this class would be challenging
- You have risen to the challenge and worked hard (and still are)
- You have created impressive work as a result

**It's been an honor
to be able to teach you.**

**I look forward to seeing
what you do next!**

Today's goals

By the end of today, you should be able to...

- Describe how Jo and Lucas concepts from IN4MATX 133 in their research and practice
- Summarize what you learned in IN4MATX 133
- Describe the relevance of the topics to different disciplines in industry
- Fill out the course evaluation!

Today's goals

By the end of today, you should be able to...

- Describe how concepts from IN4MATX 133 can integrate into research and practice
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Lecture 20:
Wrap-Up

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TA Seolha Lee