## Health

Mo Emish, Novia Wong, Jun Zhu, Meeshu Agnihotri, Nai-Yu (Nelly) Cheng

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## Overview

1 Introducing CHI Health Subcommittee & Its History

2 Beyond CHI Health

3 Framing papers

### HEALTH

This subcommittee is suitable for contributions related to health, wellness, and medicine, including physical, mental, and emotional well-being, clinical environments, self-management, and everyday wellness. Accepted papers will balance the rigor required in all CHI submissions with awareness of the challenges of conducting research in these challenging contexts. The research problem can be grounded in both formal and informal health and care contexts. Submissions to this subcommittee will be evaluated in part based on their inclusion of and potential impact on their stakeholders. We welcome papers that are empirical, theoretical, conceptual, methodological, design, and systems contributions. Papers must have a clear and novel contribution to HCI in terms of our understanding of people's interaction with technology in a healthcare context, or the design of health and wellness technologies. For example, systematic review or usability studies associated with clinical trials must also have contributions for the HCI community.

### **History of CHI Health Subcommittee**



# Featured Community (CHI 2011-2013)



Gillian R. Hayes



Madhu Reddy

**SIGCHI Health Community** 

# Health, Accessibility, and Aging (CHI 2017-2018)

This subcommittee is suitable for contributions to independent and healthy living over a lifetime. It combines the areas of (i) accessibility for people with disabilities, (ii) health, wellness, and aging; and, (iii) technology for and studies involving older adults. Submissions to this subcommittee will be evaluated in part based on their inclusion of and potential impact on their target user groups and other stakeholders. This subcommittee balances the rigor required in all CHI submissions with awareness of the challenges of conducting research in these important areas.

Accessibility papers are those that deal with technology design for or use by people with disabilities including sensory, motor, and cognitive impairments. We have indicated below which ACs will handle the "health" papers and which will handle "accessibility and aging"; please add the keyword "health," "accessibility," or "older adults" as appropriate to your submission in PCS so that we can be sure to direct your submission to the appropriate subset of this committee.

Reference: CHI 2017, CHI 2018

# **Health** (CHI 2019-2023)

This subcommittee is suitable for contributions related to health, wellness, and medicine, including physical, mental, and emotional well-being, clinical environments, self-management, and everyday wellness. This subcommittee balances the rigor required in all CHI submissions with awareness of the challenges of conducting research in these challenging contexts. This subcommittee welcomes all contributions related to health, including empirical, theoretical, conceptual, methodological, design, and systems contributions. Submissions to this subcommittee will be evaluated in part based on their inclusion of and potential impact on their stakeholders.

Reference: CHI 2019

# Most of the Subcommittee Description Stayed the Same

### 2019-2023

This subcommittee is suitable for contributions related to health, wellness, and medicine, including physical, mental, and emotional well-being, clinical environments, self-management, and everyday wellness. This subcommittee balances the rigor required in all CHI submissions with awareness of the challenges of conducting research in these challenging contexts. This subcommittee welcomes all contributions related to health, including empirical, theoretical, conceptual, methodological, design, and systems contributions. Submissions to this subcommittee will be evaluated in part based on their inclusion of and potential impact on their stakeholders.

### Addition and Changes to the Description Overtime

2020

Note that if your paper's topic is on "health of marginalized groups", it can potentially fit the description of Health and Specific Apps subcommittees. We suggest to use the following guideline for determining which subcommittee to submit your paper to. If your contribution is about how health or interaction with the healthcare system was improved for any population, then submission should be to Health. If your contribution is more about the marginalized community, then the submission should go to Specific Apps.

### Addition and Changes to the Description Overtime

### 2021

The research problem can be grounded in **both formal and informal health and care contexts.**Papers must have a **clear and novel contribution to HCI in terms of our understanding of people's interaction with technology in a healthcare context, or the design of health and <b>wellness technologies.** For example, systematic reviews or usability studies associated with clinical trials must also have contributions for the HCI community.

### **Integrating Descriptions from 2019-2021**

### 2022-2023

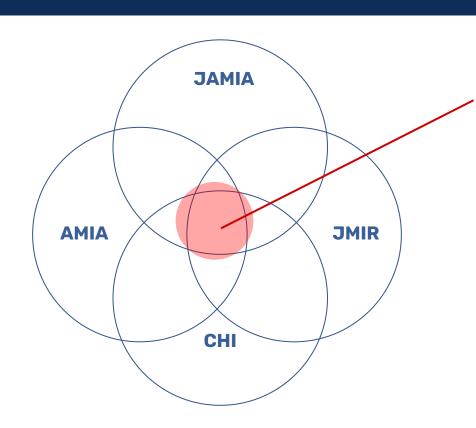
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### **Other Disciplines**

Majority of the references

Health & Medicine	Psychology	Medical & other adjacent informatics	Computational Systems & Software Engineering	Public Health & Social Work, Nursing, Sociology, etc.
<ul> <li>BMC Infectious Diseases</li> <li>International Journal of Gynecology &amp; Obstetrics</li> <li>American Journal of Clinical Medicine</li> </ul>	<ul> <li>American Psychological Association</li> <li>British Journal of Psychology</li> <li>Journal of Social and Clinical Psychology</li> </ul>	• JMIR	• Software Engineering in Health Care	<ul> <li>Social Work in Mental Health</li> <li>BMC Nursing</li> <li>Sociology of Health &amp; Illness</li> <li>News</li> </ul>

### **Beyond CHI Health**



#### **SIMILARITIES**

Health Informatics, medical informatics, Health-related HCI

Theoretical, methodology, evaluation, or new applications

#### **DIFFERENCES**

Target audience

### CHI: Computer-Human Interaction

The health subcommittee focuses on the **application of HCI research to health domains**. This includes studies on the design, evaluation, and deployment of interactive technologies for health-related contexts. Contributions in this venue may involve user-centered design, usability studies, and the development of novel interaction techniques or systems for health purposes.

#### **Example topics**

User-centered design, usability studies, and the development of novel interaction techniques or systems for health purposes

#### AMIA: American Medical Informatics Association

AMIA focuses on the **application of informatics** in healthcare, biomedical research, and public health. Research contributions in this venue tend to emphasize the development and evaluation of innovative informatics solutions, methods, and tools to improve healthcare delivery, patient outcomes, and clinical decision-making.

#### **Example topics**

Electronic health records, clinical decision support, data analytics, and natural language processing

# JAMIA: Journal of American Medical Informatics Association

Like AMIA, JAMIA focuses on the application of informatics in healthcare, biomedical research, and public health. However, as a journal, JAMIA provides a publication venue for in-depth, rigorously reviewed research articles.

#### **Example topics**

Electronic health records, clinical decision support, data analytics, and natural language processing (greater emphasis on methodological rigor and reproducibility)

#### JMIR: Journal of Medical Internet Research

JMIR focuses on the **intersection of technology, the Internet, and healthcare**, with an emphasis on **innovative applications** of emerging technologies to improve health outcomes.

#### **Example topics**

Telemedicine, mobile health, wearable devices, online interventions, and health-related social media

### Which RQ comes from which venue?

- 1. A study on the design and evaluation of a novel interaction technique for a health-related mobile application
  - 2. A paper on the development of a clinical decision support system using machine learning techniques
    - 3. A study exploring the effectiveness of a web-based intervention for mental health

### Which RQ comes from which venue?

1. A study on the design and evaluation of a novel interaction technique for a health-related mobile application

#### CHI

2. A paper on the development of a clinical decision support system using machine learning techniques

#### **AMIA or JAMIA**

3. A study exploring the effectiveness of a web-based intervention for mental health

#### **JMIR**

# Framing Papers

1 How to Evaluate Technologies for Health Behavior Change in HCI Research

2 A Review of 25 Years of CSCW Research in Healthcare: Contributions, Challenges and Future Agendas How to Evaluate Technologies for Health

Behavior Change in HCI Research

### What are the arguments in this paper?

Klasnja et al. argue that evaluating behavior change isn't always necessary or feasible for HCl research, especially in early design stages or with novel technologies. The common belief that assessments should only focus on behavior change is too limiting.

HCI contributions should include tailored efficacy evaluations for behavior-change intervention strategies within the system, such as self-monitoring and conditioning, as well as studies that provide insights into users' experiences with the technology.

# How is this paper still relevant to today's HCI health research?

#### Evaluating behavior change isn't always necessary or feasible for HCI research

Still true? And accepted...

Extends to evaluating health outcomes for tech for other health domains/conditions such as mental health, chronic conditions, etc. → Health outcomes are out of scope in HCI

Longitudinal engagement is still considered difficult to study and measure.

Why is evaluation not required (and sometimes dissuaded) for artifact contributions?

How to Evaluate Technologies for Health Behavior Change in HCI Research

# How is this paper still relevant to today's HCI health research?

HCI contributions should include: (1) tailored efficacy evaluations for behavior-change intervention strategies within the system such as (self-monitoring and conditioning), (2) provide insights into users' experiences with the technology

Lot more studies that compare design alternatives or "standard study procedures" to test effectiveness of intervention.

Qualitative and mixed method studies  $\rightarrow$  specific user groups, populations and their use/ experiences with technology.

# How things have changed in HCI health research since this paper?

More collaboration between health researchers and HCI researchers, resulting in more informed study design.

Moved away from "behavior change" and "persuasive design" terminology; more user centered and focus more on user autonomy.

Healthcare: Contributions, Challenges ar	nd
Future Agendas	

A Review of 25 Years of CSCW Research in

### What are the key arguments in this paper?

Fitzpatrick and Ellingsen (2013)

At the time of the paper, contributions to CSCW primarily focused on workplace collaboration at a small scale. But, healthcare settings are complex, large-scaled, and involves multiple stakeholders and physical environments.

- (1) Get involved with policy-making and institutional level work
- (2) Involve more stakeholders and settings to center around the patient experience
- (3) Leverage findings from other CSCW settings (e.g., workplace studies) to understand healthcare collaboration

# How is this paper still relevant to today's HCI/CSCW health research?

Many studies now involve a user-centered approach that incorporates design research methodologies, or are centered around patient experience.

#### Improvements still need to be made

- (1) Studies are still largely cross-sectional, not much longitudinal studies like traditional ethnography (months to years)
- (2) Still not much contribution to policy-making

# Do you think policy contribution should be a part of HCI/CSCW contribution? If so, how?

# How things have changed in HCI/ CSCW health research since this paper?

Setting is no longer just offline (e.g., MyChart, more formalized telehealth since COVID, Al involvement, using wearables to support patient-provider communication/tracking).

More research is starting to looking at health work in non-Western context (e.g., Global South, ICTD).

More collaboration between HCI researchers and implementation science researchers to evaluate large-scale adoption of the technology.

# What direction(s) do you see HCI and Health going in the near future?

## Health

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April 20, 2023

# Discussion Papers

1 The TAC Toolkit: Supporting Design for User Acceptance of Health Technologies from a Macro-Temporal Perspective

Improving the Usability and Safety of Digital Health Systems: The Role of Predictive Human-Computer Interaction Modeling

Acceptance of Health Technologies from a Macro-Temporal Perspective

The TAC Toolkit: Supporting Design for User

# How does this paper argue that its topic is worthy of study?

HCI researchers do not account for **temporality** during their design process, which can influence the long-term *user acceptance of health technologies.* 

Developing a toolkit could be helpful because prior work has shown that design cards can be effective tools for theoretically abstract concepts:

Reflection

Ideation

**Communication** 

# Which of the typical HCI research contributions do you think this paper is making? And why?

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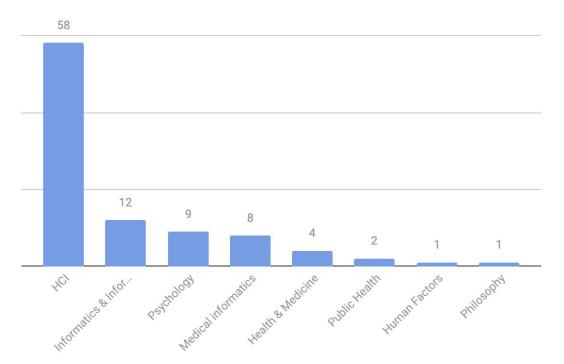
### **Empirical**

conducted interviews and ran workshops with 21 participants to evaluate the toolkit

#### **Artifact**

The end result was a toolkit that HCl researchers and designers can download and use

### What areas of inquiry within HCI and outside of HCI does this paper draw from?



### Why do you think the paper draws contributions from those areas?

### Why do you think the paper draws contributions from those areas?

#### HCI

**Language**: Target audience is HCI researchers and designers **Design thinking**: Components from design thinking methods

**DIS**: Bridging theory and practice

#### Health

Patient journey

#### **Information**

Theories and concepts from the larger informatics field

HCI

Information Systems

**Psychology** 

Health & Medicine

**Public Health** 

**Philosophy** 

### How does the paper expand on those areas to make its contribution?

### How does the paper expand on those areas to make its contribution?

Collates perspectives of technology user acceptance from different areas of inquiry

Makes the concept of temporality less abstract (from psychology and medical informatics). So that it becomes a **more actionable concept** for health technology designers.

**ICI** 

Information Systems

**Psychology** 

Health & Medicine

**Public Health** 

**Philosophy** 

### What are the main takeaways of this paper?

#### **HCI Practitioners**

Designing health technologies involves accounting for changing user acceptance over time and due to contextual factors.

#### **HCI Researchers**

Transforming conceptual research into designs that promote user acceptance and can be sustained over time.

#### **Overall**

The authors argue that the TAC toolkit can help HCI researchers and designers to consider the **full user cycle** that considers not only the different points of the interaction (e.g., pre-use, first time, first week, 3 weeks, first year) but also the context and other characteristics (e.g., trust)

The TAC Toolkit: Supporting Design for User Acceptance of Health Technologies from a Macro-Temporal Perspective

How could this paper be in conversation with work from your field of studies or even your own research (or interests)?

Predictive Human-Computer Interaction

Modeling

Improving the Usability and Safety of

Digital Health Systems: The Role of

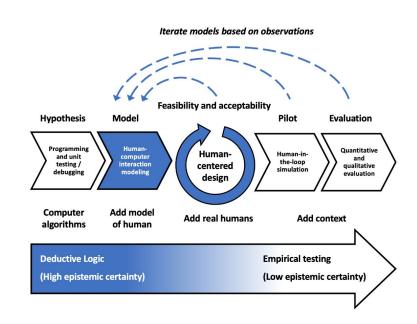
### How does this paper argue that its topic is worthy of study?

Lack of evidence for health tech design patterns to be used in medical interventions

Limited generalizability of health tech UI suggestions

#### Solving these can lead to

- Improve clinical safety of systems that deliver health interventions
- 2 Illuminate designs with poor usability, leading to accelerate innovation



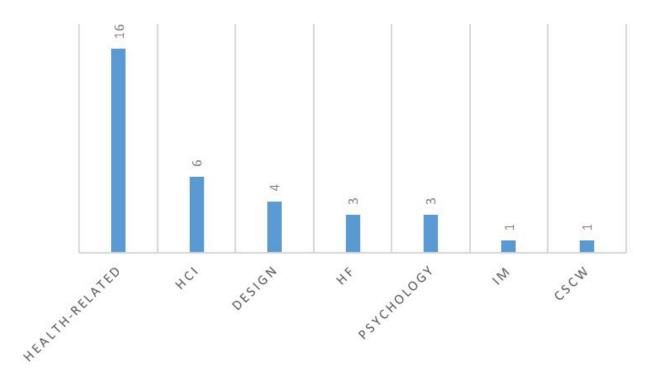
# Which of the typical HCI research contributions do you think this paper is resembling? And why?

# Which of the typical HCI research contributions is this paper resembling?

### **Opinion/Argument**

Although not published in a typical HCI venue, the authors used historical context and examples to suggest a new model or framework for "integrating predictive modeling with HCD"

### What areas of inquiry within HCI and outside of HCI does this paper draw from?



# What areas of inquiry within HCI and outside of HCI does each paper draw from?

#### **WITHIN HCI**

**User Experience and Usability or Design** 

Human-centered design Usability heuristics

#### Health

Building a more robust and generalizable evidence base for UI designs for digital health interventions

**Interaction Beyond the Individual** 

Distributed cognition

Health & Medicine

HCI

Design

Human Factors

**Psychology** 

Information Management

# What areas of inquiry within HCI and outside of HCI does each paper draw from?

#### **OUTSIDE OF HCI**

**Health (Medical Informatics, Healthcare)** 

Studies in Health Technology and Informatics (HTI)
Methods of Information in Medicine (Methods Inf Med)

**Design** 

Design Thinking 101 (By Gibbons S.) Heuristics for user interface design. (By Nielsen J.)

**Human Factor** 

**Human Factors & Ergonomics** 

Health & Medicine

HCI

Design

Human Factors

**Psychology** 

**Information Management** 

# What areas of inquiry within HCI and outside of HCI does each paper draw from?

**OUTSIDE OF HCI** 

**Information Management** 

The Communications of the ACM (CACM) journal

**Psychology** 

Journal of Experimental Psychology (J. Exp. Psychol.)

**Computer Supported Cooperative Work**CSCW

Health & Medicine

HCI

**Design** 

Human Factors

**Psychology** 

**Information Management** 

### Why do you think the paper draws contributions from those areas?

### Why do you think the paper draws contributions from those areas?

JMIR has a medical informatics and clinicians-oriented target audience, so it makes more sense to cite more medical informatics work

Medical informatics and health research emphasize **quantitative** research, and the authors are attempting to highlight the need of quantitative methods for HCI

HF/ Psychology: because early HCI modeling work originated from cognitive psychology domains

Health & Medicine

HCI

**Design** 

Human Factors

**Psychology** 

Information Management

### How does the paper expand on those areas to make its contribution?

### How does the paper expand on those areas to make its contribution?

**Expands** on the predictive models of HCI using the evidence-based approach from the fields of cognitive science, human factors, and psychology to address methodological challenges in UI design for digital health applications/systems.

**Extends** early HCI methodology of individual cognitive modeling or distributed/situated cognitive modeling by combining it "naturalistic observation and video coding"

### What are the main takeaways of this paper?

#### A note on predictive models of HCI

"Predictive" means something different in HCI, especially in AI and data

### **HCI Community**

We need to do more collaborative work with researchers in — understand the problems that other researchers in relevant non-HCI communities (e.g., medical communities) care about

#### **Other Research Communities**

How to apply (early) HCI methods and knowledge to the health research field How could this paper be in conversation with work from your field of studies or even your own research (or interests)?

### **Back to the Discussion on the Overview Day**

### Differences in Target Audience & Language Use

### TAC Toolkit Paper (CHI)

HCI practitioners and researchers

#### Predictive Models of HCI (JMIR)

Healthcare practitioners HCl researchers, designers, and developers

### **Complexity in Healthcare**

The idea of designing health tech for long-term use vs. cross-sectional evaluation

Both papers acknowledge and highlight the complexity of designing for healthcare settings and patient needs