

Duration (s)	Mean	Median	Min	Max
Window focus duration (s)	33.88 (80.74)	11.00	1.00	2893
Daily switches between windows	829.5 (422.85)	843	9	1741
Non-digital interruption durations (s)	1741.09 (1886.17)	992.5	47.00	10457
Daily non-digital interruptions	2.74 (1.96)	2	1	7