

	Mean	Median	Min	Max
Window focus duration (s)	33.58 (74.45)	11.00	1.00	2733
Daily window switches	696.23 (372.08)	767.5	9	1508
Non-digital interruption duration (s)	1929.55 (2090.81)	1006	47.00	10457
Daily non-digital interruptions	2.37 (1.73)	2	1	7